



BHM SCHOOLS
Buffalo Hanover Montrose

January 14, 2022

Dear BHM Families,

In alignment with new guidelines from the Centers for Disease Control and Prevention (CDC) and the Minnesota Department of Health (MDH), BHM Schools will be updating our isolation procedures effective Monday, January 17th.

A shorter isolation period of 5 days (for asymptomatic and mildly-ill people) will now be in place to focus on the period when a person is most infectious. Students who test positive can end isolation **AFTER** 5 full days if they are fever-free for 24 hours without the use of fever-reducing medication and their other symptoms have improved. The 5-day isolation period will start as day 0 being the first day symptoms started OR the day of the positive test if no symptoms are present. Day 1 is the first full day after your symptoms developed or your test specimen was collected. Upon return students should wear a well-fitting mask for the remaining 5 days.

Students who were previously given a 10-day isolation or/return date, can now return using the 5-day period following instructions provided above. If you have questions about your students return date, please contact their health office.

Sincerely

Scott Thielman
Superintendent