Catch a free meal!



Free meals this summer for all kids age 18 and under! SUMMER FOOD PROGRAM

June 12 – August 23



JUNE 2019				
Monday	Tuesday	Wednesday	Thursday	Friday
All meals are served with a variety of fruits and vegetables.	<u>Breakfast</u> 8:00 – 8:45 AM <u>Lunch</u> 11:45 – 12:30 PM	6/12 Breakfast Whole Grain Banana Bread Lunch Chicken Nuggets, Mashed Potatoes, Gravy & Dinner Roll	6/13 Breakfast Egg & Cheese Breakfast Sandwich Lunch Garlic Cheese Bread w/Marinara Sauce & Apple Crisp	6/14 Breakfast Breakfast Bar & Yogurt Lunch Waffle Sticks OR Cereal w/Turkey Sausage & Juice Cup
6/17 Breakfast Snack Bread Lunch Chicken Patty Sandwich, Seasoned Potato Wedges	6/18 Breakfast Breakfast Pizza Lunch Spaghetti w/Meat Sauce, Garlic Toast & Caesar Salad	6/19 Breakfast Whole Grain Long John Lunch French Toast Sticks OR Cereal w/Scrambled Eggs & Juice Cup	6/20 Breakfast Homemade Muffin & Yogurt Lunch Taco in a Bag w/Fresh Fixings	6/21 Breakfast Cinnamon Roll Lunch Teriyaki Chicken, Seasoned Brown Rice, Steamed Broccoli & Fortune Cookie
6/24 Breakfast Toaster Pastry Lunch Personal Size Pan Pizza & Sorbet	6/25 Breakfast Mini Pancakes Lunch Burger Bar w/Fresh Fixings & Curly Fries *Vegetarian Burgers Available	6/26 Breakfast Whole Grain Banana Bread Lunch Beef or Chicken Super Nachos w/Fresh Fixings	6/27 Breakfast Egg & Cheese Breakfast Sandwich Lunch Deli Sandwich, Sun Chips & Rice Krispie Bar	6/28 Breakfast Breakfast Bar & Yogurt Lunch Pancakes w/Fruit Toppings OR Cereal w/Yogurt, Hashbrowns & Juice Cup
7/1 Breakfast Snack Bread Lunch BBQ Chicken Sandwich, Baked Cheetos & Cookie	7/2 Breakfast Breakfast Pizza Lunch Mini Corn Dogs, Baked Beans & Tator Tots	7/3 Breakfast Whole Grain Long John Lunch Chicken Nuggets, Mashed Potatoes, Gravy & Dinner Roll	7/4 SUMMER FOOD SERVICE PROGRAM CLOSED Have a great 4 th of July!	7/5 SUMMER FOOD SERVICE PROGRAM CLOSED Have a great 4 th of July!

Discovery Elementary 301 2nd Ave NE Buffalo

Montrose Elementary 100 2nd St S Montrose Northwinds Elementary 1111 7th Ave NW Buffalo

Adults are welcome to eat with their children.

Adult Breakfast: \$2.50

Adult Lunch: \$4.25

QUESTIONS: 763-682-8477