



# Hanover Herald

2019-2020 SCHOOL YEAR, VOL. 2



## From the Principal's Desk...

**NOVEMBER  
2019**

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The month of October was a great one here at Hanover Elementary School. The theme for the month of October was bullying prevention. We talked a lot about how each one of us has different gifts and talents that we bring to our school. It's our differences that make us great! We talked about preventing bullying by focusing on working hard, being kind to others, and being positive leaders in our school. I encouraged all of our students to "Be the Nice Kid." We had parent volunteers surprise our students with "Kindness in Chalk" messages on our school sidewalks this month. These messages lasted for a whole week and were great reminders for how we want to lead each and every day.



With winter around the corner, I want to remind you about some important items pertaining to school closings. School cancellations are called into radio stations KRWC (1360 AM) and WCCO (830 AM) and TV stations KARE 11, KMSP 9, KSTP 5 and WCCO 4 as soon as possible in the morning. Our district also uses an automated notification system to call all families for school closings, late starts and early releases. If our schools don't close and you feel the conditions warrant you keeping your child(ren) home, it will be an excused absence. You need to remember that our school district covers a very large area and that weather conditions can be quite different depending upon where you are.



Be sure your child knows what to do if we close early. In the event we would close early we would typically send students home around 12:30 pm. One of our biggest concerns would be dropping a child off at a locked and/or empty house. Be sure they know what to do and where they are supposed to go if this would ever happen.



Also, please help to ensure your child dresses appropriately for the cold and snow. Students will go outside for recess unless the temperature or wind chill is below 0 degrees. When this is the case, outside recess may be shortened or students may spend it in their classrooms. All students should have hats and gloves or mittens.



Boots are strongly encouraged for students in grades 3-5 and are required for grades K-2. If your child needs to stay in because of a medical condition, please send a note to their teacher.

Thank you again for your continued support and teamwork in ensuring that ALL of our students succeed at high levels!

~Brad Koltes, Principal~

# Physical Education Update

**Lessons for the month of November will include:** Finish fitness testing, striking with long implements in a tennis unit (grades 3-5), striking and volleying in a volleyball unit (grades K-5), and holiday fitness activities.

***"A winner is someone who has fun playing the game!"***



## **Top Fall Cardiovascular Scores in each grade level include:**

### **Mile Run:**

**5th Grade Boys:** Cole Kariniemi – 6:57 and Max Peterson – 7:06

**5th Grade Girls:** Katherine Donlan – 7:25 and Peytyn Lindberg – 8:39

**4th Grade Boys:** Landon Besonen – 7:07 and Reid Poser – 7:39

**4th Grade Girls:** Alyssa Simonson – 7:48 and Jasmin Roiko – 8:29

**3rd Grade Boys:** Isaac Johnson – 7:27 and Parker Williamson – 7:32

**3rd Grade Girls:** Allie Cavanaugh – 9:07 and Sierra Kolasa – 9:18

**2nd Grade Boys:** Ian Schwan – 8:12 and Drew Loukusa – 8:18

**2nd Grade Girls:** Avery Fuller – 8:51 and Mamie Ojalehto – 8:57

### **\*1/2 Mile Run:**

**1st Grade Boys:** Jarrett Day – 3:45 and Brayden Englert – 4:00

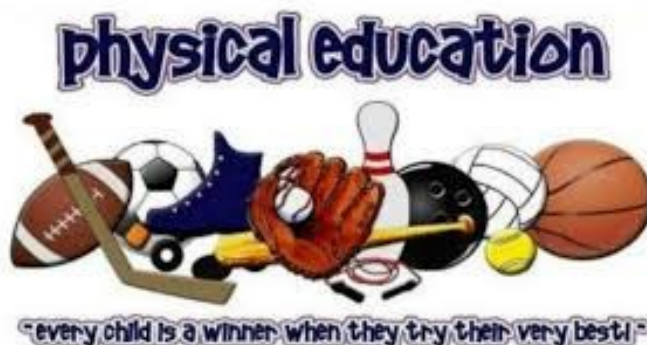
**1st Grade Girls:** Tilly Scherer – 4:39 and Sierra Eisenzimmer – 4:41

**K- Boys:** Connor Fink – 4:18 and Jack Sager – 4:34

**K- Girls:** Kaitlyn Heinz – 4:41 and Lily Sobiech – 4:41

Ms.Peters/682-0865

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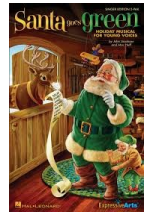
# Music Notes

November Music Activities will include a lot of performance rehearsal (especially for 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> graders!) and some instrument playing, too!

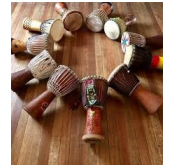
**5<sup>th</sup> graders** are working on learning about many composers as well as the instruments of the band and orchestra. In late October, fifth graders took a listening assessment in music class to prepare them for their music choices next year at the middle school. We will also be learning about the songs from each military branch in observance of Veteran's Day.



**4<sup>th</sup> graders** are working very hard on their musical, "Santa Goes Green." We will present this musical on Thursday, December 5<sup>th</sup> to our student body in the afternoon and to parents, relatives and friends at 6:30 pm in our Hanover lunchroom. Speaking parts and songs have already been sent home. Please help your child memorize their parts. All parts should be memorized by the week of November 4<sup>th</sup>.



**3<sup>rd</sup> graders** are working on many patriotic songs and adding some instruments, too. We will be practicing more rhythms and circle drumming also. This month will also include many Thanksgiving musical activities.



**Kindergartners, 1<sup>st</sup> and 2<sup>nd</sup> graders** will be learning more about rhythm (one and two sounds to a beat and quarter rests), singing (the four ways to use our voice), and this month will culminate with some Thanksgiving activities.



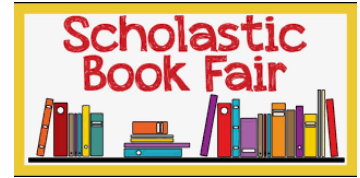
**After School Choir:** Our 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> Grade Choir has been busy preparing for their first concert of the year! We will be performing as a choir on Tuesday, December 10<sup>th</sup> at 1:40 pm for students and staff and at 6:30 pm for family and friends in the Hanover cafeteria.



Ms. Dotzler  
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[mdotzler@bhmschools.org](mailto:mdotzler@bhmschools.org)

## Media Musings

The Scholastic Book Fair was a great success! We had approximately \$8400 in sales. At the end of the book fair while we were packing everything up, I selected and purchased over 135 new books for the media center. That adds up to approximately \$1500 in brand new



books. Thanks for stopping at the Book Fair during parent-teacher conferences or attending with your child during their class time. Each purchase helps increase the size of the media center's collection. It was fun to see your children share their excitement with you about the books they were looking forward to read! I want to personally thank all of the volunteers who worked during the



school day and the evening conferences. Your time and help are greatly appreciated. We could not have done it without you! Also, a special thank you to Mindy Day for coordinating all the volunteers. Thank you all for your fabulous support of our media center.

During October, we learned about many of the books and authors who had books for sale at the Scholastic Book Fair. We watched a video clip that Scholastic produced, and I also created a Google presentation highlighting several of the books for the students to consider picking up to read! In the computer lab, the primary students concentrated on logging onto the computers, manipulating the mouse, and directing the scroll bar up and down.

Just last week, the kindergarteners started on their Teach Your Monster to Read program. For every grade level, we also covered Internet Safety and the school district's policy for acceptable Internet use.



*"There is more treasure in books than in all the pirate's loot on Treasure Island." – Walt Disney*

Happy Reading!

Mrs. Lenzmeier, Media Specialist and Technology Teacher  
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# Health Office Update

**Illness at school:** We are coming to that time of year when we start hearing a lot about illness and influenza season in the media. As is typical for this time of year across the district, we are seeing a variety of illnesses: viral, strep throat and gastrointestinal among them. Please continue to monitor your child's health and incorporate strategies to keep them healthy. Some things you can do to help prevent the spread of illness are:




- For the safety of all students - do not send your child to school if they are ill.
- Please continue to encourage your children to cover their cough by coughing into their elbow.
- Wash your hands. **Handwashing is the single most effective way to prevent the spread of illness.** Hand sanitizer is okay to use when soap and water are not available.
- Assure your child is getting adequate sleep. Elementary aged children need 9-11 hours of *sleep* each night.
- Encourage a colorful diet, filled with fruits and vegetables and lean meats.
- Listen to your child....if he or she is complaining of stomachache, general feeling of malaise, fever or sore throat over a period of days, consider having them seen by your health care provider.
- Review and follow the school district's exclusion policy for illness.
- When calling in your child's absence, if you feel comfortable please note the type of symptoms your child is experiencing. This allows the health office to better track illness trends.

**Health Screenings:** Health screenings (hearing, vision, height and weight) are in the final phase of completion for this school year. If there were any concerns as a result of the screenings, a referral to your health care provider will be sent home. Our hope is to have all referrals completed by mid-November. If you have any questions or concerns, please contact the district nurse, Heidi Gallart at [hgallart@bhmschools.org](mailto:hgallart@bhmschools.org)



## More Health Office Update

**Cold or Flu:** The CDC has much information on its website at [CDC.gov](http://CDC.gov). Below is a summary of the signs and symptoms of flu versus cold.

Is it a cold or flu?		
		
Signs and Symptoms	Influenza	Cold
Symptom onset	Abrupt	Gradual
Fever	Usual	Rare
Aches	Usual	Slight
Chills	Fairly common	Uncommon
Fatigue, weakness	Usual	Sometimes
Sneezing	Sometimes	Common
Stuffy nose	Sometimes	Common
Sore throat	Sometimes	Common
Chest discomfort, cough	Common	Mild to moderate
Headache	Common	Rare

Stay healthy!

Heidi Gallart, District Nurse  
[hgallart@bhmschools.org](mailto:hgallart@bhmschools.org)  
763-682-8514

## Kitchen Korner



Hello! The kitchen staff at Hanover would like to take this opportunity to invite you all to the American Education lunch on Friday, November 15th. The meal consists of a very nice turkey and gravy dinner with mashed potatoes, peas, berries, a dinner roll and a cookie. The alternate will be a ham sandwich. Please come and bring your appetite! More information has been sent home with your student already. The meal costs \$3.85 per adult and siblings. We hope to see you here on the 15<sup>th</sup>!



# PTO Page

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## Family **BINGO** Night



Friday, November 1<sup>st</sup>

A fun time was had by all who attended.

There were prizes, hot dogs ...  
and more prizes -

What more can you ask for at Bingo Night?



### ART ADVENTURES

This month a parent volunteer will be in your child's classroom to teach three presentations on works of art from MIA (Minneapolis Institute of Art). Visiting MIA in south Minneapolis is free, so please consider taking your child to see these pieces and many others up close!

### Hanover Gear is Back



Fall Hanover Elementary gear is back! Ordering information will come home in November with a guaranteed delivery before Christmas. We have a new logo this year and clothing options for the whole family. Hanover athletic wear samples will be available to view at school or online.

### Give to the PTO via Amazon Smile



Amazon will now donate 0.5% of eligible purchases made by you to the Hanover PTO. It's easy, just follow this link and start shopping! <https://smile.amazon.com/ch/41-1355288>

*Next PTO Meeting: Monday, November 11th at 6:00 pm*



All Hanover Parents are welcome and encouraged to come share your thoughts! Or contact us by email at: [jaci.l.donlan@gmail.com](mailto:jaci.l.donlan@gmail.com)

## UPCOMING EVENTS

### Upcoming Events

November 5	Election Day - Vote
November 11	November PTO Meeting, 6 pm
November 15	American Education Lunch
November 25	Early Childhood Screening
November 26	Dress Up Day - Minnesota Pride
November 27-29	No School, Thanksgiving Break
December 2	December PTO Meeting, 6 pm
December 5	4th Grade Musical, 6:30 pm
December 10	3 <sup>rd</sup> -5 <sup>th</sup> Grade Choir Concert, 6:30 pm

### Donations

From the PTO:

RazKid licences

\$1,063.01

Field trip t-shirts

\$546.25

From Coke Rewards

\$78.03



## Are you making read-aloud time the best it can be?

Time spent reading aloud is critical to helping children become better readers. It's also fun! Are you making the most of your read-aloud time? Answer yes or no to each of the questions below to find out:

1. Do you have a regular read-aloud time with your child that lasts at least 20 minutes each day?
2. Do you let your child take a turn reading aloud to you?
3. Do you make read-aloud time fun for your whole family by taking turns picking books you want to read together?
4. Do you stop reading at an exciting place so your child will want to read again the next day?
5. Do you sometimes stop to talk about what you've just read or to make predictions about what's about to happen?

### How well are you doing?

More yes answers mean you're making the most of the time you spend reading aloud with your child. For each no answer, try that idea in the quiz.

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## Downtime is vital for your child's health and academic success

Some parents schedule every minute of their children's time in an effort to prepare them for success in later life. But studies suggest that kids benefit from enjoying unscheduled free time.

When days are packed with lessons, sports and other structured activities, children can become overwhelmed and stressed out. As a result, they don't do as well in school and are more likely to get sick.

To determine if your child's schedule is balanced, ask yourself:

- Does my child have time to play with friends? Practices that are planned and run by adults don't count. Kids need time to relax and just "hang out" with other children.
- When does my child do homework? Does she work on it while traveling from one activity to the next? Schoolwork takes concentration, and that takes time.
- Why is my child in these activities? Sometimes, parents are the ones who want their child to take a class or participate in a sport.
- Does my child get enough sleep? Children between the ages of six and 12 need nine to 12 hours of sleep each day. Without that sleep, their brains don't function as well.

School is your child's most important job. If too many activities are getting in the way, ask your child to choose only one or two she truly enjoys. She'll be happier and healthier— and she'll do better in school.

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## Three simple strategies can boost reading comprehension

As your child gets older, he will be expected to read and understand more complex text. He will transition from learning to read to reading to learn.

To support this transition, share these reading comprehension strategies with your child:

1. See the big picture. Before he starts to read an assignment, have your child think about what he will be reading. What is the title of the chapter or assignment? Does it offer any clues about the content? Suggest he look for other clues, such as subheadings, words in boldface or italics, pictures or graphs.
2. Take notes. Taking notes while reading will make it easier for your child to comprehend and remember information. It will also make reading active and engaging. Your child should write down the most important ideas in the reading assignment. He should also write down any words he doesn't know so he can look them up later.
3. Make connections. The best way to remember new information is to relate it to something already learned. When your child finishes reading, have him answer questions such as: How is this topic similar to something else I know? What key ideas did I already know? What new information did I learn?

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# HALLOWEEN





# HALLOWEEN



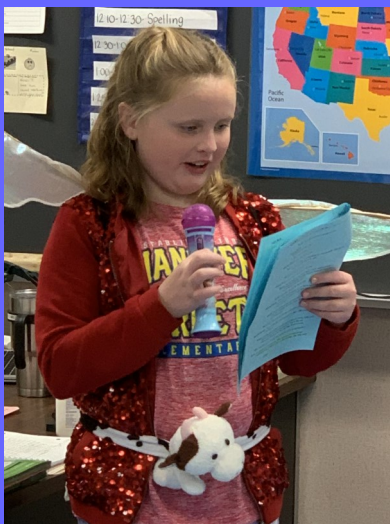
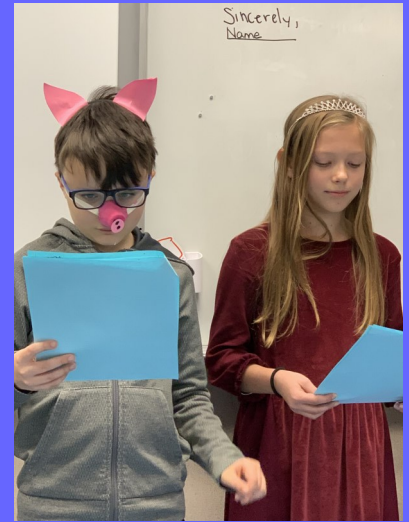
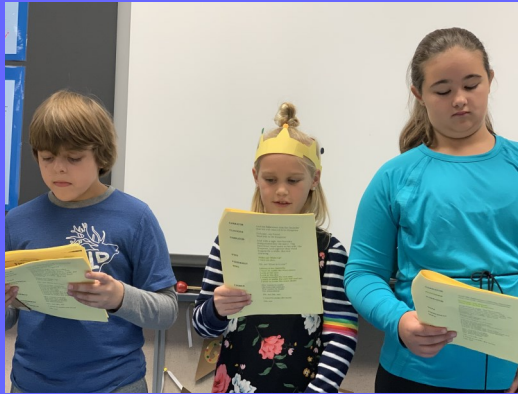
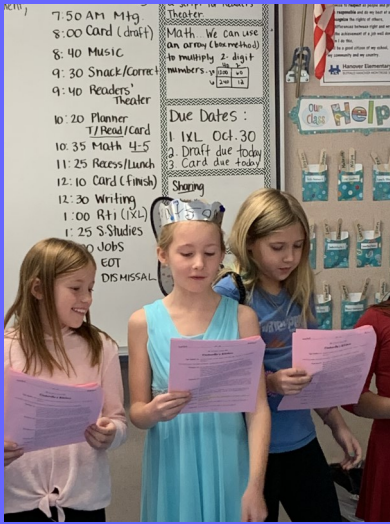


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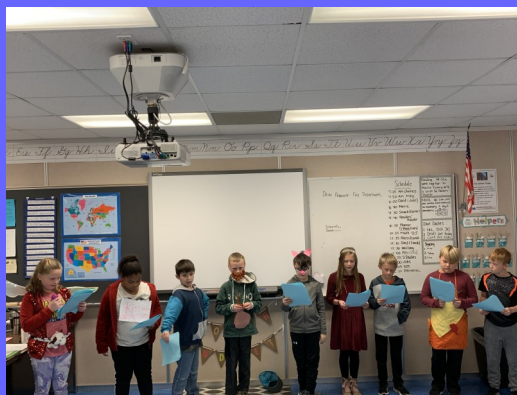
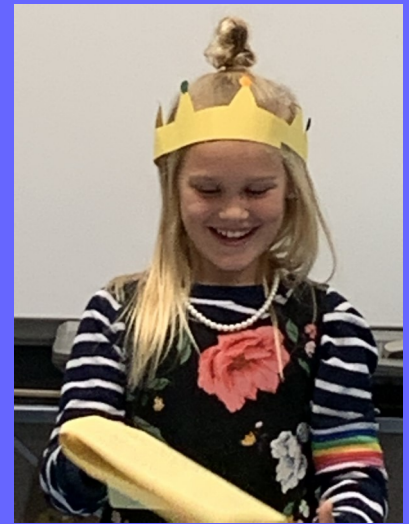




# 4TH GRADE FUN



## Reader's Theater





# 4TH GRADE FUN

