



Hanover Herald

2020-2021 SCHOOL YEAR, VOL. 8



**MAY
2021**

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From the Principal's Desk...

It's crazy to think that we have less than 30 school days left in our year! I'm sure it has seemed like a long year in some respects due to everything we have been dealing with during the pandemic, yet it's hard to believe the school year is almost over. First and foremost I can't thank all of you enough for your patience, flexibility, and support as we navigated such a challenging year. Having to endure quarantines, classes being out on distance learning, and shifting between in person and hybrid schedules has not been easy, yet the support from our families has been nothing short of amazing. I also can't thank our staff enough for all of their hard work, dedication, and flexibility throughout the year. Their love and caring for our students has never been more evident. Even though we have had many interruptions this year, we have been fortunate to be in person in some form or fashion for the entire year! This spring we have been lucky to have some long stretches of consistency and are seeing a lot of growth and learning take place because of it. Through all of this, I have been so proud of the resiliency our students have shown. They are excited to be at school everyday and give their best effort, even though school looks a little different than in previous years. Their enthusiasm and love of learning gives energy to all of us here and makes all the challenges well worth it.

At our April recognition program we were able to honor many of our students for their hard work and positive choices. This month we also took some time to discuss college and career readiness and the importance of school and the role of learning in our lives. We talked about how our job as teachers is to prepare them for their future careers, even if they don't know what those currently are yet. On April 16th, students were able to dress up in their favorite college or career wear. Our goal is to help students make connections to what they are learning in school to their own lives and the impact that a quality education has on their future. Thank you for your efforts at home to reinforce the importance of lifelong learning and getting a good education.

I know many of you are likely wondering what next fall will look like and if schools will be able to relax some of our current mitigation procedures. We currently don't know what fall will look like and are waiting for some more clarification at the state level. We are hopeful that we are getting closer to "normalcy", yet we are prepared to adjust as needed in order to provide the very best education for your children and we will keep you updated as we know more. We are looking forward to the time when we can welcome all of our families back into the building.

This last month of school will go by quickly and we are looking forward to finishing off the year on a great note. Thanks again for all of your support and for helping to make Hanover Elementary a great place to be!

Brad Koltes, Principal

Music Notes

Happy Spring everyone!



Our music classes have been busy working their way through songs on the piano keyboards. As students in grades K-5 continue with their second week of our piano unit in May, they will be assessed on their techniques and have opportunities to share songs for the class.



During the last part of May students in grades 3, 4 and 5 will be finishing units in Quaver (our online music curriculum) and putting final touches on their electronic songs they have been working on all year. Students will share some of these song creations for classes as well.



Kindergarten, 1st and 2nd graders will wrap up the year with singing assessments; learn more about do, mi, so and la; and do activities from Quaver. They will also be using their instrument bags and playing on the bucket drums.

It has been such a productive year in music and it has gone by so quickly! I have loved witnessing the musical growth of the students throughout the year.

Thank you for your support of our music programs at Hanover!

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MOVING?

If you plan to move or transfer schools this summer, please contact the office at 763.682.0800 or email msteward@bhmschools.org as soon as possible.

Thank you!



P.E. Update



Track and Field Day: On Friday, May 28th, students in grades 1-5 will be participating in a track and field day. There will be approximately 1½ hours of events for them to participate in. Students should be sure to bring a water bottle, sunscreen and dress in layers. Unfortunately, **no spectators** will be allowed.



Activities for the month of May include: Cardio-respiratory testing, track and field events and invasion games.

Did you know?

One big reason that movement is so critical to learning is that physical activity increases blood flow to the brain. The brain relies on blood for nourishment, particularly oxygen. The more physically fit a person is, the greater the blood flow to the brain. Increased blood flow means increased oxygen to the brain, enhancing a person's ability to learn, think, problem-solve and create. We can help our children to learn better when we give them many opportunities to move and get fit, such as playing an organized sport, playing in neighborhood games with friends, or fun family activities like bike riding. The best way to keep our kids fit is to provide a variety of activities that are above all else FUN! If it's fun, they'll want to come back and do them again and again!



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*"Winning doesn't
always mean being first.
Winning means you're
doing better than you've
done before. "*

Bonnie Blair

Bonnie Blair is a retired American speed skater. She is one of the top skaters of her era, and one of the most decorated athletes in Olympic history. Blair competed for the United States in four Olympics, winning five gold medals and one bronze medal.

Media Musings

DATES TO REMEMBER:

LAST DAY TO CHECK OUT HES LIBRARY BOOKS – Wednesday, May 19th

ALL HES LIBRARY BOOKS SHOULD BE RETURNED BY – Wednesday, May 26th

In technology classes, the 3rd, 4th, and 5th graders are wrapping up our keyboarding unit utilizing keyboardonline.com. Since keyboarding is a motor skill, we have been working on proper form. We've been concentrating on keeping our hands on the home row keys, using the correct finger for each letter, and keeping our thumbs on the space bar.



Here are the top 10 "fastest fingers" at HES:

Top 5th graders (wpm)	Top 4th graders (wpm)	Top 3rd graders (wpm)
Meghan Reeves 43	Mason Perkins 37	Emma Florescu 34
Alexis Burgess 38	Ashton Schumacher 32	Lillyonna Woods 27
Jenna Karvonen 37	Kira Peppe 31	Luna Cortes Ferreyra 26
Alana Watercott 37	Gunner Faatz 30	Harvey Mousel 26
Alyssa Simonson 36	Avery Flatten 30	Hadley Tschaekofske 26
Emma Belous 35	Daisy Ende 29	Cambrie Gilmore 23
Avery Ross 35	Isaac Johnson 28	Katherine Gustafson 23
Gunner Youngquist 33	Brent McNeill 28	Elena Hroncich 23
Max Pegg 32	Sierra Kolasa 27	Gavin Schlosser 22
Sarah Cotton 31	Bennett Smiglewski 27	Alora Vehkalampi 22

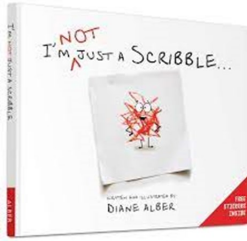
In the primary grades, we participated in a book study that focused on the previous winners of the Star of the North books. Since the Star of the North reading awards started eight years ago, we had so many different picture books to explore. We spent time reading and discussing the First Place winners, as well as many of the 2nd and 3rd place finishers.



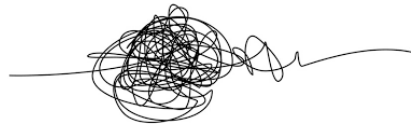
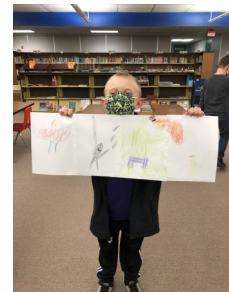
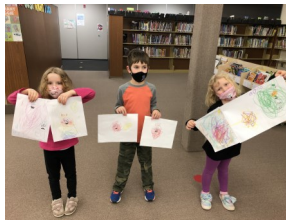
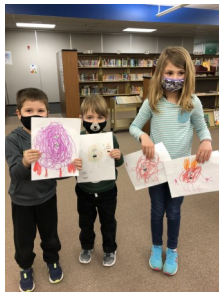
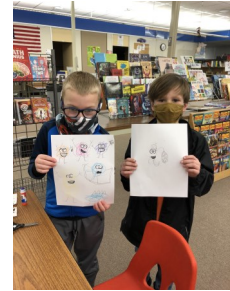
The primary students also learned about important character traits using the Character Tree website. We enjoyed learning about empathy with Clara Barton and the Irwin family and bravery with Terry Fox and Simone Biles. The students also explored hope with Misty Copeland, curiosity with Mae Jemison and George Washington Carver, and kindness with Fred Rogers!

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More Media Musings

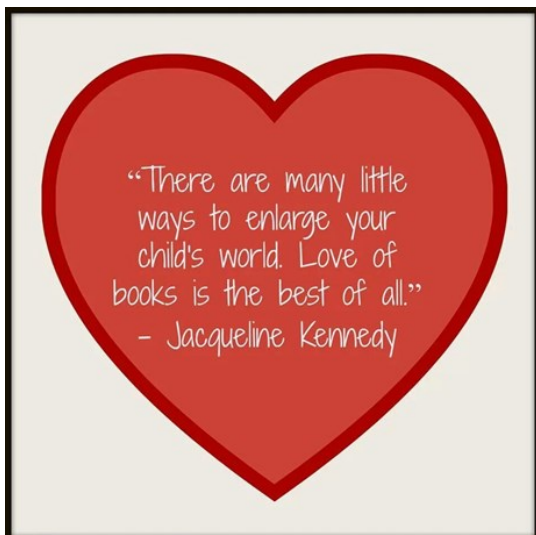


The primary classes also celebrated National Scribble Day! We read the book, *I'm Not Just a Scribble...* written and illustrated by Diane Alber. Scribble, the book's main character, teaches the drawings how to accept each other for who they are. The students loved the message that "Great art starts with just a scribble!"



Happy reading!

Mrs. Lenzmeier
HES Media Specialist & Technology Teacher
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I want to be
a librarian!

C
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I want to be
an author!

Health Headlines

The health office staff would like to thank you for all of your cooperation and patience with adhering to the Minnesota Department of Health COVID guidance throughout the school year. We appreciate your help in keeping all of our students healthy and safe at school!

For those of you with students with special health needs or medications, further information will be sent directly to you in regard to your student's needs.

Please see below for some Summer Safety Tips from the American Academy of Pediatrics (AAP). We hope you will have a wonderful summer and we look forward to working with you in September!

Summer Safety Tips: Staying Safe Outdoors

Fireworks Safety:

- Fireworks can result in severe burns, blindness, scars, and even death.
- Fireworks that are often thought to be safe, such as sparklers, can reach temperatures above 1000 degrees Fahrenheit, and can burn users and bystanders.
- Families should attend community fireworks displays run by professionals rather than using fireworks at home.

Bug Safety:

- Don't use scented soaps, perfumes or hair sprays on your child.
- If possible, eliminate stagnant water, such as in bird baths or fish ponds, in your yard. Dump any buckets or tires that may contain standing water. Check that your window screens are tightly fitted and repair any holes to keep bugs out of the house.
- Avoid dressing your child in clothing with bright colors or flowery prints.
- To remove a visible stinger from skin, gently back it out by scraping it with a credit card or your fingernail.
- Combination sunscreen/insect repellent products should be avoided because the sunscreen needs to be reapplied every two hours, but the insect repellent should not be reapplied that often.
- Use insect repellents containing DEET when needed to prevent insect-related diseases. Ticks can transmit Lyme Disease, and mosquitoes can transmit West Nile, Zika virus, Chikungunya virus and other viruses.
 - * The current AAP and CDC recommendation for children older than 2 months of age is to use 10% to 30% DEET. Do not use on children under 2 months of age.
 - * The effectiveness is similar but the duration of effect varies. Ten percent DEET provides protection for about 2 hours, and 30% protects for about 5 hours. Choose the lowest concentration that will provide the required length of protection.
 - * The concentration varies significantly by product, so read the label of any product you purchase. Children should wash off repellents when they return indoors.
 - * As an alternative to DEET, picaridin has become available in the U.S. in concentrations of 5% to 10%.

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Health Headlines (cont.)

- When outside in the evenings or other times when there are a lot of mosquitoes present, cover up with long sleeved shirts, pants and socks to prevent bites.
- Children should wear hats to protect against ticks when walking in the woods, high grasses or bushes. Check hair and skin for ticks at the end of the day.

Bicycle Safety:

- A helmet protects your child from serious injury, and should always be worn. And remember, wearing a helmet at all times helps children develop the helmet habit.\
- Many injuries happen in driveways, on sidewalks, and on bike paths, not just on streets. Children learn best by observing you. Set the example: Whenever you ride, put on your helmet.
- When purchasing a helmet, look for a label or sticker that says the helmet meets the CPSC safety standard.
- Your child should ride on the right, facing the same direction as traffic, and should be taught to obey all stop signs and other traffic control devices. Children should never ride at night.



Kitchen Korner

School Meals are Cool!



Every day is a perfect day for school meals!

As the summer approaches, kids are often more restless and distracted at school. You can help to make sure that their last weeks of school are productive by ensuring that they have a healthy nutritious day. Studies

show that good nutrition makes kids more alert, less distractible and better behaved in school; it even improves their test scores!

Let's keep our students focused by making sure that every school day consists of healthy nutritious meals, either from home or school!

PTO Page

Save the Date!

Spring Event Thursday May 20th 2021

Free Ice Cream

Scavenger Hunt

and more!



Details to follow in a flyer that will be sent home.

*The best ideas come when we work together. We would love to have you at our next PTO meeting to share your ideas with us. E-mail us at hespto2020@gmail.com
Our meetings are held virtual for the time being. We can share the Google Meet link with you.*



Upcoming Events

- May 5: Distance learning material pick-up, 8 am-2 pm
- May 9: Mother's Day
- May 19: Distance learning material pick-up, 8 am-2 pm
- May 19: Last day to checkout library books
- May 20: PTO Spring Event
- May 26: 5th Grade DARE Graduation
- May 26: All library books due
- May 28: Track & Field Day, Grades 1-5
- May 31: No School, Memorial Day
- June 2: Distance learning material pick-up/drop off, 8 am-2 pm
- June 10: Dress Up Day: Hanover Pride
- June 10: Last Day of School!

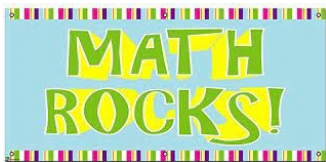
**DATES TO
REMEMBER**

Simple everyday activities can bolster your child's math skills

Math is a vital life-long skill, so it's important to involve your child in everyday math activities. You can have your child help you:

- Make a meal. Put him in charge of weighing and measuring. Discuss sizes, shapes and fractions. Ask him questions such as, "How could we double this recipe?" and "When we add $\frac{1}{4}$ cup to $\frac{1}{4}$ cup, what do we get?"
- Save money. Ask your child to choose a goal, such as saving for a book. How much does he need to save each week? How long will it take him to reach the total? Help him track his progress on a chart. Then have fun shopping together!
- Plan a trip. Before leaving, ask your child to measure the air pressure in your car or bike tires. Calculate how many miles you'll go. If you are driving, how much gas will you use? As you travel, say a number between 1 and 10. Who can find a license plate with numbers that add up to the number you called out?
- Start a family project. Planning to paint a bedroom? Involve your child in figuring out how much paint you will need to do the job.
- Play games. There are lots of fun math games you can play together. Try dominoes, Uno and Connect 4.

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Maintain a consistent schedule over the summer months

Summer is a time to relax—but not a time to relax important routines. Routines help your child cooperate, develop responsibility and become self-disciplined. They also make it easier to adjust when school starts again. Maintain routines for:

- Sleep. When school is out, your child's bedtime and rising time may be later than usual. Once you choose a reasonable sleep schedule, however, stick with it.
- Reading. Schedule time for it. Keep your home stocked with reading material and encourage reading every day, including in fun spots, such as the pool or the park.
- Meals. Make it a priority to have at least one meal as a family each day. This is a chance to catch up and enjoy one another's company.
- Screen time. Extra free time should not mean more time for screen media. Maintain healthy limits for the amount of time your child spends in front of screens.

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Five strategies can keep children reading through summer months

Students who don't read over the summer months can lose months of growth in reading skills. Those who keep reading often experience gains.

The more your child reads, the easier reading will be for him—and the more he'll want to read. See that he reads for at least 30 minutes every day.

Try these activities to make reading enjoyable:

1. Read the newspaper together. Give your child the comics to read. Ask him which one's the funniest. Discuss sports, the weather, letters to the editor, travel destinations, etc.
2. Read aloud together. You read a line or page of a book. Then your child does. Or you read the narrative and let your child read what the characters say.
3. Dramatize what you read. Select a simple scene from one of your child's books. Assign character roles. Discuss what happens first, second, next. Then act it out, adding lots of dialogue.
4. Promote practical reading. Ask your child to read the recipe while you bake cookies. Involve him in reading instructions to build or repair something.
5. Create reading-related jobs. Ask your child to recopy damaged recipes. He could also organize the family bookshelf or kitchen spices in alphabetical order.

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Hanover School Forest

