

Hanover Herald

JANUARY 2022

INSIDE THIS ISSUE:

| Phy Ed Update | 2 |
|------------------|---|
| Musical Notes | 3 |
| Kitchen Korner | 3 |
| Media Musings | 4 |
| PTO Page | 5 |
| Health Headlines | 6 |
| Conferences | 6 |
| Upcoming Events | 6 |
| Parent Articles | 7 |
| Picture Gallery | 8 |





Hanover Elementary School 274 LaBeaux Ave NE Hanover, MN 55341 Phone: 763-682-0800 Fax: 763-682-0868





From the Principal's Desk...

Happy New Year! I hope that all of you had an opportunity to rest, relax, and spend quality time with family over the holiday season. We are excited for students to get back to school and start 2022 on a positive note. These next few months are a great time for learning and we tend to see a lot of growth in our students during this time of year. It will be fun to witness all of the learning that will take place here at HES.

Speaking of learning, I wanted to take some time to update you on the work that we have been doing with AVID. AVID stands for <u>A</u>dvancement <u>V</u>ia <u>I</u>ndividual <u>D</u>etermination. AVID is not a curriculum or program, but rather an elementary through postsecondary college and career readiness system that is designed to increase school-wide learning and performance. Hanover Elementary, along with the rest of the BHM schools, has been providing teachers with professional development on best practices in education in relation to AVID.

AVID's mission is to close the achievement gap by preparing all students for college readiness and success in a global society. This is done by ensuring staff use research-based teaching strategies to help enhance instruction while providing ALL students with rigorous and challenging learning experiences. AVID places a strong emphasis on WICOR strategies (Writing to Learn, Inquiry, Collaboration, Organization, and Reading to Learn) as well as helping all children develop a growth mindset that will help them problem-solve and overcome obstacles on their journey to success and learning. W = Writing I - Urguiry CollaborationO - OrganizationR - Reading

The AVID framework matches the work we are doing at Hanover Elementary and in the BHM School District. Our BHM mission of preparing all students for a successful future in a changing world aligns perfectly with AVID's mission. Our goal is to ensure ALL of our students are college and career ready when they leave the BHM school district and we are excited to see how AVID's framework will help us deliver on that promise.

What impact can you expect to see in terms of AVID as a parent? You may



have noticed your child utilizing a binder or folder organizational system or begin taking/using their notes in a more intentional way. You will hopefully hear them talk about having a "growth mindset" rather than a "fixed mindset". They may catch themselves and say "I'm not good at math...yet!" You may hear them begin to talk about careers they want to explore or colleges they

want to attend someday. Feel free to ask them more about these things and help them make the connection to how their education is preparing them for their future careers. This year, our 5th graders have had the opportunity to hear from some HES parents about their own careers and how school helped prepare them. Thank you to all the parents who have come in to share!

(con't on next page →)



I also wanted to give you a couple reminders as we return from break. With winter fully upon us, please remember everyday to send students with warm clothing as if they are going to go outside for recess. We check the temperature daily and as long as the temperature/windchill is -5 degrees or warmer, students will be going outside.

END OF IST SEMESTER

Lastly, our semester ends on January 27th and students will not have school on Friday, January 28th. Conferences are scheduled for February 8th, February 10th, and February 15th. You will be receiving information on how and when

to schedule your conferences online. Parent participation in conferences has been amazing and our partnership with you is why our students continue to be so successful! Thanks for all you do to support Hanover Elementary School.



~Brad Koltes, Principal~

Physical Education Update

"Every Body Needs P.E."

Happy New Year! The beginning of a new year can bring fresh new attitudes about health and fitness. Start the year out right and set new goals to become a better healthier you!



"<u>Get Fit Program</u>" is a program sponsored by the MN Timberwolves and Lynx Teams. The program is designed to encourage movement and activity outside of the school day. The challenge runs from January 10 through February 11. Students in grades 1-5 who achieve 75

points or more for their movement and activity during this time will receive a special Timberwolves drawstring bag and a free ticket offer for a 2022 Timberwolves game!

*<u>Coming at the very end of January is</u>...SKATETIME! All students will engage in a roller skating unit starting January 31st-February 18th. Skates, helmets and wrist guards are provided for all students. The equipment is provided through Skatetime. ***Students are encouraged to bring their own helmets for this unit.**





Winter and Tennis Shoes: Please remind your child to wear their tennis shoes on days he/she has P.E. The tennis shoes are required for your child to participate in class and should be designed for athletic use. Wearing other types of shoes inhibits skill development and presents safety concerns in class. Please know that ensuring your child's safety at all times is a top priority of our program.

<u>Activities for the month of December will include</u>: All students will begin a basketball unit. They will work on ball handling, passing, dribbling and shooting technique at various levels. Grades 3-5 will participate in lead-up basketball games that will assist them in learning the game.



"Great things are done by a series of small things brought together." ~~ Vincent Van Gogh~~

Ms. Peters Physical Education Specialist 763-682-0865 / cpeters@bhmschools.org

Musical Notes

January has arrived! Music students at Hanover will be exploring the staff this month.



Third, fourth and fifth graders will be working on recorders. This unit will be about 6 weeks long and will conclude with a performance assessment on their recorder playing.

2nd Graders will start learning the ukulele this month.





First graders will compose this month with rhythms and high and low sounds on the staff and strive to master recognizing longer and shorter rhythms.

Our kindergartners will also be practicing rhythms using classroom instruments.

Our HES 4th grade class presented two wonderful performances of their musical, "The Lights of Jingle Bell Hill!" in December. It was so exciting to watch the final performance knowing how hard they worked to achieve their goals. Congratulations to the 4th grade class! Also, thanks again to our PTO who donated money for the set, props and costumes. It was greatly appreciated!



We're looking forward to making a lot of music in the new year!

Mrs. Bolton 763-682-0855 mbolton@bhmschools.org



Kitchen Korner

Welcome to the new year! Things in the kitchen are running smoothly for now, but we will be experiencing a hiccup this January. The Nutrition Services Assistant job will be open. By the time you read this I'm hoping it will have been posted on the district website at https://www.bhmschools.org/

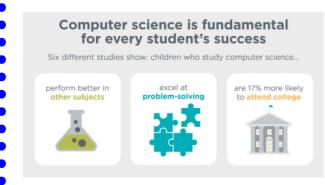


This is a 6.5-hour position starting at 7:15 a.m. and ending at 1:45 p.m. It's a great job if you have kids in the district!!

Thanks to everyone that makes our meal program at Hanover successful and have a great new year!

Media Musings

Hour of Code during media/technology classes. The Hour of Code takes place each year during Computer Science Education Week which was December 6-12, 2021. Computer Science Education Week is a call to action to inspire K-12 students to learn computer science, and it's held annually in recognition of the birthday of computing pioneer Admiral Grace Murray Hopper (December 9, 1906). According to hourofcode.com, the Hour of Code is an introduction to computer science, designed to demystify "code, to show that anybody can learn the basics, and to broaden participation in the field of computer science. Why study computer science, you might ask? Computer science is changing every industry on the planet! Every 21st-century student should have the opportunity to learn how to create technology.



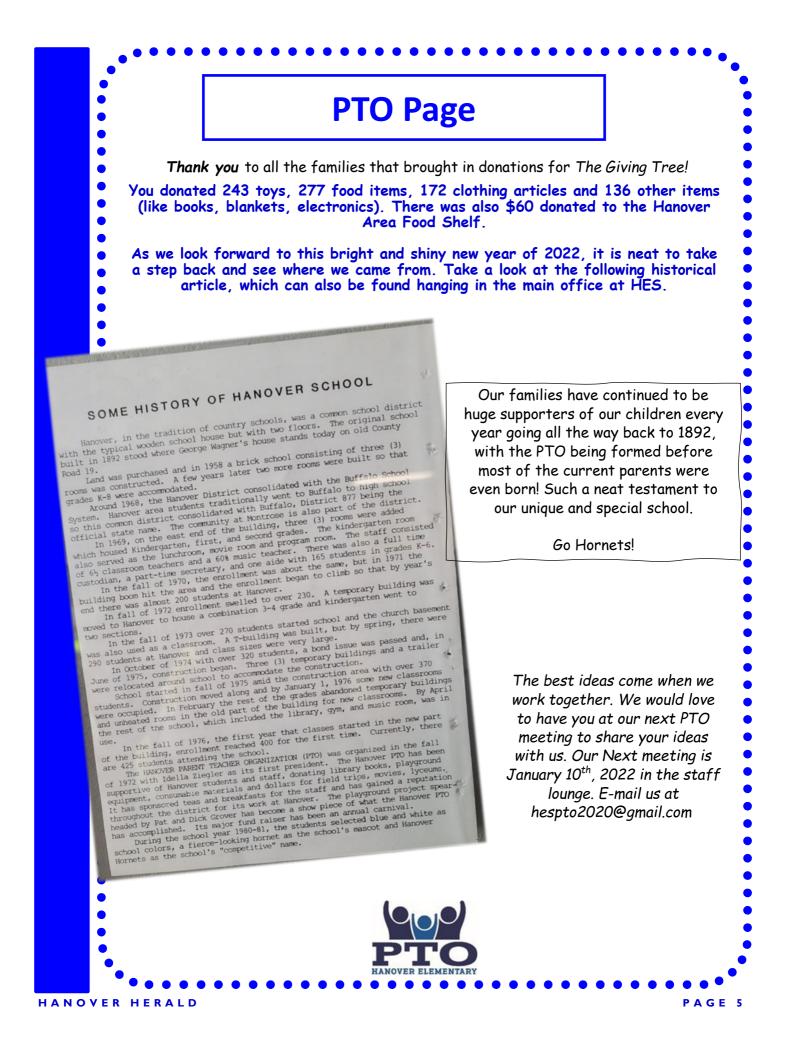
Hundreds of millions of students in 180+ countries using 45+ languages have engaged in Hour of Code activities since its inception. Code.org states, "Every student should have the opportunity to learn computer science. It helps nurture problem-solving skills, logic, and creativity. By starting early, students will have a foundation for success in any 21st-century career path."

- The kindergarteners and 2nd graders used santatracker.google.com for their coding activities.
- Coding on Santa Tracker included programming elves to find presents and programming elves
- in a dance competition. The 3rd-5th graders worked on Code.org with
- over 150 choices. The most popular coding activities were Minecraft,
- Dance Party, and making a flappy game. The students used basic coding
- concepts to sequence instructions and write procedures. We worked on coding for several class periods and not just an hour! The HES students
- thought it was fun that the Hour of Code is promoted for ages 4 to 104. I suggested they
- should do some coding with their grandparents!

In addition to coding, the 3rd-5th graders continued to work on their keyboarding online unit while the primary students enjoyed some fun holiday reads!

"I wouldn't be a songwriter if it wasn't for books that I loved as a kid. I think that when you can escape into a book it trains your imagination to think big and to think that more can exist than what you see." TAYLOR SWIFT Happy New Year! Happy reading!

Mrs. Lenzmeier HES Media Specialist and Technology Teacher <u>klenzmeier@bhmschools.org</u> 763-682-0839 (a[c]. ы



Health Headlines

2021-2022 Flu Season Update



The Centers for Disease Control and Prevention (CDC) has indicated the flu season is just getting started (typically runs October-May; peaking between December and February). Per the CDC, it's not too late to get vaccinated. Flu vaccination is always the best way to prevent flu and its potentially serious complications. If you and your children have not had a cur-

Give Kids a

rent vaccination for influenza, you may want to contact your healthcare provider to deter mine if your family should receive a flu shot. It is not too late!!

Save the Date: Give Kids a Smile February 4th and 5th

- Each year, dental professionals from across the state partici-
- pate in *Give Kids a Smile*, providing free dental care to low-
- income children in need. The event takes place on the first
- Friday and Saturday of February and is made possible by the
- collaborative effort of the Minnesota Dental Association, vol-
- unteer dentists, and other generous sponsors. Registration
- begins January 1, 2022. Parents can find local participating
- clinics by visiting <u>mndental.org</u> or by calling United Way 2-1-1 or 1-800-543-7709. Please
- note: Every child must be accompanied by a parent or legal guardian and must have an ap-
- pointment in advance. Walk-in care is <u>not</u> available.



Online signup for winter parent/teacher conferences opens January 24th at *www.myconferencetime.com/hanover*. Flyers will be coming home with your child soon. If you prefer a **virtual conference**, you will still need to sign up for a conference time and add a note to "optional comments." Conferences for all grades are February 8, 10 and 15.



- January 10: 5th grade field trip, U of M January 10: PTO meeting, 6pm
- January 17: No school, MLK Jr. Day
 - January 24: Online conference sign-up begins
- January 27: Dress up day—wear your favorite color
 - January 28: No school, teacher workshop

Take time to review the first half of the school year

It's the beginning of a new calendar year—and nearly the halfway point in the school year. So it's a good time to take stock of your child's habits and make needed adjustments.

Talk with your child about how he thinks the school year is going. If the two of you set learning goals at the start of the year, review those goals now. Is he making progress? How can he make the rest of the school year even better?

Then, help your child make some resolutions. Here are four to consider:

- 1. Recommit to routines. Has your child's bedtime begun to slip? Are mornings more rushed? Is his regular study time now not quite so regular? Sleep and study routines make life easier—and help kids do better in school.
- 2. Spend more time reading. There is no skill that will help your child more in school. And reading ability, like other skills, gets better with practice. Encourage your child to read every day. Let him read about anything, from sports to his favorite movie characters.
- 3. Limit recreational screen media. Talk about ways to reduce the amount of time your child spends watching videos and shows, playing games and browsing online. Set and enforce daily limits.
- 4. Have a positive mindset. Positive thinking makes it easier for students to tackle challenges and ask for help. To promote positivity, help your child manage his stress, visualize a successful outcome and learn from his mistakes.

Reprinted with permission from the January 2022 issue of Parents make the difference![®] (Elementary School Edition) newsletter. Copyright © 2022 The Parent Institute[®], a division of PaperClip Media, Inc.



Focus on four areas as you help your child develop character

Your child may have been born with certain personality traits, but think of her character as a work in progress. In other words, the kind of person she'll eventually become is still being shaped. Teach her to:

- 1. Be flexible. Model compromise and negotiation by listening to the opinions of others. Encourage your child to do the same.
- 2. Show empathy. Teach your child to imagine how others might feel and to treat them with kindness. Make caring for others a priority in your family.
- 3. Have self-control. Tell your child that she can't control others, but she can control her choices, actions and reactions. Encourage her to always think before she acts.
- 4. Take responsibility. Let your child know that responsibilities are like promises. They are things she has to do—especially when others are counting on her.

Reprinted with permission from the January 2022 issue of *Parents make the difference!*[®] (*Elementary School Edition*) newsletter. Copyright © 2022 The Parent Institute[®], a division of PaperClip Media, Inc.

Try these highly effective ways to teach your child respect

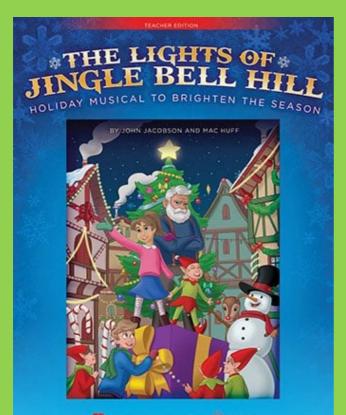
In today's society where disrespect is common, it can be challenging to raise respectful children. To encourage respect:

- Be a good role model. Respect, like most values, is caught, not taught. When your child sees you treating everyone with respect—from his teacher to the homeless person on the street—he'll learn that it's the proper way to behave.
- Name it when you see it. When you see other people behaving in respectful ways, make a positive comment. "Did you see how that man gave up his seat so that elderly woman could sit down? What a respectful thing to do." No lecture is necessary. Your child will get the message.
- Praise it when your child demonstrates it. "Cole, I felt very proud of you when you held the door for Mrs. Jones. I know she appreciated that respectful gesture."
- Correct it. If your child slips up, help him make a course correction. In private, say something like, "Remember what we said about how to greet guests?"
- Report what you hear. If a teacher or neighbor tells you that your child greeted her politely, let your child know how pleased you are with his respectful behavior.

Reprinted with permission from the January 2022 issue of *Parents make the difference!*[®] (*Elementary School Edition*) newsletter. Copyright © 2022 The Parent Institute[®], a division of PaperClip Media, Inc.

Third Grade Giving Tree Elves





HAL-LEONARD ExpressiveArts













Media Center Fun





















HANOVER'S FOREST





































