

Hanover Herald

JANUARY 2020

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From the Principal's Desk...



Happy New Year! I hope that all of you had an opportunity to rest, relax, and spend quality time with family over the Holiday Season. We are excited for students to get back to school and start 2020 on a great note. These next few months are a great time for learning and we tend to see a lot of growth in our students during this time of year. It will be fun to witness all of the learning

that will take place here at HES.

Speaking of learning, I wanted to take some time to update you on some new learning our students and staff having been diving into so far this

school year. Some of you may be familiar with the term AVID, especially if you have an older student at the middle or high school level. For most, it's likely a new term and concept. Hanover Elementary, along with the rest of the BHM schools,



have been providing teachers with professional development on best practices in education in relationship to AVID.

AVID stands for <u>A</u>dvancement <u>V</u>ia <u>I</u>ndividual <u>D</u>etermination. AVID is not a curriculum or program, but rather an elementary through postsecondary college and career readiness system that is designed to increase school-wide learning and performance.

AVID's mission is to close the achievement gap by preparing all students for college readiness and success in a global society. This is done by ensuring staff use research based teaching strategies to help enhance instruction while providing ALL students with rigorous and challenging learning experiences. AVID places a strong emphasis on WICOR strategies (Writing to Learn, Inquiry, Collaboration, Organization, and Reading to Learn) as well as helping all children develop a growth mindset that will help them problem-solve and overcome obstacles on their journey to success and learning.

The AVID framework matches the work we are doing at Hanover Elementary and in the BHM School District. Our BHM mission of preparing all students for a successful future in a changing world aligns perfectly with AVID's mission. Our goal is to ensure ALL of our students are college and career ready when they leave the BHM school district and we are excited to see how AVID's framework will help us deliver on that promise.

(Continued on next page)

What impact can you expect to see in terms of AVID as a parent? You may notice your child utilize a binder or organizational system more regularly or begin taking/using their notes in a more intentional way. You will hopefully hear them talk about having a "growth mindset" rather than a "fixed mindset". They may catch themselves and say "I'm not good at Math…yet!" You may hear them begin to talk about careers they want to explore or colleges they want to attend someday. Feel free to ask them more about these things and help them make the connection to how their education is preparing them for their future careers.

Lastly, I want to remind you that our first semester ends on January 17th and students will not have

school on Monday, January 20th. Conferences are scheduled for January 28th, January 30th, and February 3rd. You will be receiving information on how and when to schedule your conferences online. Parent participation in conferences has been amazing and our partnership with you is why our students continue to be so successful! Thanks for all you do to support Hanover Elementary School.

~Brad Koltes, Principal~

Musical Notes

January has arrived! Music students at Hanover will be exploring the staff this month. Third, fourth and fifth graders will be working on



recorders. This unit will be about 6 weeks
 long and will conclude with a performance assessment on their recorder playing. Second
 graders will start learning the ukulele this

month. First graders will compose with rhythms and high and low sounds on the staff and strive to master recognizing longer and shorter rhythms. Our kindergartners will also be practicing rhythms using class-

room instruments.

Our HES 4th grade class presented two wonderful performances of their musical, "Santa Goes Green!" in December. It was so exciting to watch the final performance knowing how hard they worked to achieve their goals. Congratulations to the 4th grade class! Also, thanks again to the awesome parents who volunteered their time to help make our show set and props. Your extra time is greatly appreciated!

> Our Hanover Elementary 3rd, 4th and 5th grade Choir performed beautifully at their holiday concert. We had a choir of 53 students. Amazing singers! The next sign-up will begin in January. We will start our next set of choir rehearsals on Monday, February 10th.

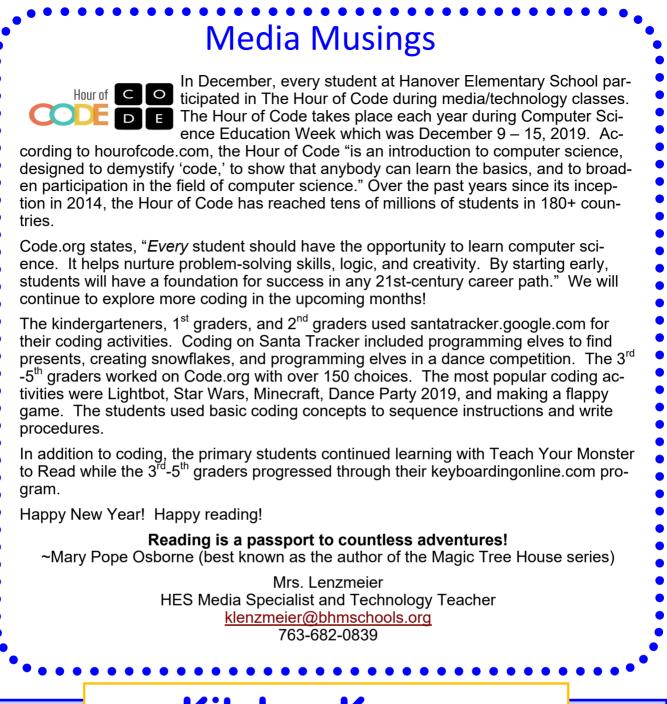
> > Ms. Dotzler 763-682-0855





END OF 1ST

SEMESTER



Kitchen Korner



Did you know that January 31st is National Hot Chocolate day?? In celebration Hanover Kitchen will be serving hot chocolate with a choice of toppings (whipped cream, chocolate chips and sprinkles) to go along with our cinnamon roll for breakfast that day.



Just a quick reminder Free/Reduced and Kindergarten students are all eligible for FREE breakfast. Breakfast at Hanover is served from 7:25 am until 7:45 am. Thanks to everyone that makes our meal program at Hanover successful and have a great New Year!

Physical Education Update

"Every Body Needs P.E."

Happy New Year! The beginning of a new year can bring fresh new attitudes about Health and Fitness. Start the year out right and set new goals to become a better healthier you!



GET FIT: Reminder! "Get Fit" Activity/movement logs were sent home with students in grades 2-5 right before winter break. The activity challenge started January 1st and goes until January 24th. Students are to turn in fitness logs to Ms. Peters by January 29th in order to qualify for a prize. The program is sponsored by the Minnesota Timberwolves and Lynx Teams.

Winter and Tennis Shoes



Please remind your child to wear their tennis shoes on days he/she has P.E. The tennis shoes are required for your child to participate in class and should be designed for athletic use. Wearing other types of shoes inhibits skill devel-

opment and presents safety concerns in class. Please know that insuring your child's safety at all times is a top priority of our program.

This month in P.E., all students will be working on volleying and striking skills in volleyball and hockey units.

Coming in February... A resident will come in during P.E. classes and teach a lesson on DOJO. DOJO is a school for training in various arts of self-defense.

ZAP THE MYTH...Physical activity zaps your energy and will leave you too tired to do anything afterward.



FACT: Being active uses your body's energy but you'll feel like it does just the opposite. Physical activity makes you feel like you can tackle anything! Don't forget to keep it up! You will need to refuel with healthy snacks.

Make it a great month!

Wishing you a healthy, fit and happy new year!

Ms. Peters Physical Education Specialist 763-682-0865 / cpeters@bhmschools.org

Report Cards



Health Headlines

Give Kids a

Free Dental Care - Feb. 7 & 8, 2020

What you need to know about finding care for your child

Give Kids a Smile is a charitable program coordinated by the Minnesota Dental Association to provide free care to low-income children in need. The two-day,

statewide event is Friday, Feb. 7, and Saturday, Feb. 8, 2020. The Association is committed to doing what it can to make quality care accessible to every child in Minnesota. If you know a child who could benefit from this program, please provide his or her parent/guardian with the following information. Answers to common questions How are appointments scheduled? The list of participating dental offices is available online, allowing parents/guardians to call the office directly (check back regularly as additional clinics may be added and may offer alternative dates). After Jan. 1, parents/guardians may call United Way 211 (just dial 2-1-1) or 1-800-543-7709. Operators will have a list of participating dental offices and will be able to direct people to a location in their area. Parents will then call the dental office to schedule an appointment. Referral Specialists at United Way 211 can also assist in Hmong, Somali and Spanish Monday-Friday from 8am-5pm. When is free dental care available? On Friday, Feb. 7, and Saturday, Feb. 8, 2020. Participating dental offices typically provide care on one of the two days and office hours and services vary. In past years, especially in the Twin Cities metro area, some clinics have had dental appointments that have gone unused. So, if you know of someone who would benefit from this free service, please spread the word. Are there eligibility requirements? Dental professionals who are donating their time and talents to this program are concerned about the growing number of children who are unable to access needed dental care. Patients will typically not be asked to verify their eligibility for this free care. It's important to know that children must be accompanied by a parent or legal guardian and must have an appointment in advance. Sorry, but same-day, walk-in care is not available on these days. What services will be provided? Services will vary from preventive care, which includes cleanings, sealants and fluoride treatment, to restorative care, which includes fillings. Information on specific services that will be provided on Feb. 7 and 8 will be outlined when an appointment is scheduled. What is the age range of kids who will be seen? Each participating dental office can set its own age range. Typically, the age range is 3 to 18. But, since it may vary, it's important that parents ask this guestion when making an appointment for their child. (Continued on next page) HANOVER HERALD

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More Health Office Update

Other things to keep in mind



In the weeks before the child's appointment, families or teachers should read age-appropriate books to familiarize the child with what to expect during their dental exam. Your school or community library should have some good choices.

On the day before the appointment, encourage families to drive together to the clinic. Just driving past the clinic helps ensure families know where the clinic is located and helps the child visualize - and feel more confident about the will visit the dentist

- where he or she will visit the dentist.

• Please remind families to respect the clinic's time and dedication. *For every child who*

doesn't show up for his or her appointment, another child could have been helped. If the family must cancel, they should give the clinic at least a day's notice, so the clin-

- ic can identify another child who could benefit from free care.
- Reduced-cost clinics are available year round
- Give Kids a Smile provides two days of free dental care for low-income children in need. In some cases, more immediate dental attention may be necessary. To assist you in finding
- ongoing dental services, the Minnesota Dental Association has compiled a list of clinics that
 may take medical assistance, general assistance, or offer services on a sliding fee scale.
- Please note that information on this list is subject to change.
- Before making an appointment, please call the appropriate clinic to discuss your needs and clarify fees, eligibility and other details. Click here to find <u>Resources for Ongoing Care</u>.
- If you have any questions, please contact the district nurse, Heidi Gallart, at 763-682-8514 or hgallart@bhmschools.org.

PTO Page

GIVING TREE RESULTS for 2019

Thank you to the HES community for a very generous year of the Giving Tree. 3rd graders worked hard every day, collecting money, toys, clothing and canned goods to help those in need. Thank you to the volunteers that helped collect, sort and organize gifts, ensuring another successful year! We collected 335 toys, 262 food items, 159 items of clothing, plus 83 miscellaneous items. Also, \$736.90 in cash donations was collected for the Hanover Area



Food Shelf; and with BankWest of Hanover's contribution, the grand total given to the food shelf was \$936.90. Third grade students were also able to help sort all of the donated items at the church prior to the shopping day for families in the NW Hennepin and Wright County areas.



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Upcoming PTO Sponsored Events:

PTO Meeting, January 6th, 6:00 pm—HES Staff Lounge Movie Night, January 24th—details will be sent home soon...





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	January 6:	PTO meeting at 6 pm	
	January 10:	Online conference sign-up begins	
	January 14:	5th grade field trip to U of M	
	January 20:	No school, teacher workshop	
JANUARY	January 24:	Report cards sent home	
S H T W T F 1 2 3 5 6 7 8 9 10 12 13 14 15 16 17 19 20 21 22 23 25 24 27 29 20 21 22 23 25	January 24:	PTO movie night	
26 27 28 29 30 31	January 28:	Parent-teacher conferences	
	January 30:	Parent-teacher conferences	
January 31: Dress up day—college/career day			
	February 3:	Parent-teacher conferences	
	February 3:	PTO meeting at 6 pm	
	February 7:	ECFE screening	
LICC measived the following densitienes			
HES received the following donations:			
	Lifetouch Commi	•	
	Cartridge Recycl	ng \$76.55	
Thank you for your support!!!			
Thanks for			
Donating			
Parent Sign up for winter parent/teacher conferences Teacher Sign up for winter parent/teacher conferences Conferences Online at www.myconferencetime.com/hanover, between January 10-24. Flyers will be coming home with your child. Conferences for all grades are January 28, 30 and February 3.			



Five ways to motivate your child to read

When Children like to read, they do it more often-which boosts their reading skills and overall school success. To ignite your child's love of reading:

1. Celebrate. Instead of simply checking out books at the library, make an event of it. Select interesting books, then choose a special place to enjoy reading together.

2. Explore. Help your child find an appealing book series. He may not be able to resist picking up the next book.

3. Investigate. If he doesn't know what a word means, have your child take a guess. Look it up together and see if he is right.

4. Play. Turn something you just read together into a fun challenge: Ask your child to summarize the story using only three sentences. Or, ask him to use the characters from the story in a new story.

5. Experiment. Try new kinds of books with your child. If he's used to reading fiction, have him try a biography or how-to book, for example.

Source: www.parent-institute.com

High expectations can motivate your child to succeed in school

Don't just hope your child will succeed-expect him to succeed! If you express high, yet realistic, expectations for your child, he's likely to meet them. To help your elementary schooler succeed in the classroom and beyond:

- **Don't act surprised** when he does well. Did your child just bring home a B+ on a super-hard science test? Instead of acting shocked, act like you never doubted that he'd do well. "That's awesome! I knew all of your extra studying this week would pay off!"
- **Support him when he stumbles.** Never belittle your child when he messes up. Remind him that failure happens to everyone sometimes. Besides, plenty of other people in the world will be there to criticize him. That's why your constant love and acceptance are so vital. Always be your child's "safe place."
- **Discourage "victim mode."** When unfortunate things happen, don't chalk them up to bad luck or a mean teacher. That will make your child feel as if he's a victim and has no control over situations. Instead, empower him to take action. When something goes wrong, ask him what he learned from it. Help him think about how he might handle similar situations in the future.

Source: www.parent-institute.com

Take five steps to address school misbehavior

It's wonderful to have a good sense of humor. But it's no laughing matter when a student constantly disrupts class with jokes and rude body sounds. If your child is clowning around in school, take these steps:

1. Look for what's behind the behavior. Sometimes children need attention or want to impress their classmates. Often, they try to use humor to cover up academic shortcomings.

2. Work with the teacher. Together, try to identify when the problem behavior started and what might have triggered it. If your child tends to act up after recess, for example, she may need help settling down. The teacher might help by assigning her a high-profile task like handing out worksheets.

3. Talk to your child. She might not understand when it's OK to be silly and when it's not. Help her see there's a time when being funny and "clever" is actually being disrespectful.

4. Establish clear guidelines. With the teacher's help, explain to your child what type of behavior you both expect from her.

5. Set consequences that you and the teacher will enforce if your child breaks the rules.

By following these five steps, you and the teacher should be able to get your child's behavior back on track!

Source: K. Levine, What To Do...When Your Child Has Trouble at School, Reader's DIgest Books.



Cole Kariniemi, a fifth grader in Mrs. Mueller's class, solved all 17 of these Rubik's cubes in less than 45 minutes. Cole can solve one Rubik's cube in 1-1/2 minutes. Yikes!!!!!!!









Fourth Grade Fun!







































SANTA GOES GREEN!



























