



Hanover Herald

2019-2020 SCHOOL YEAR, VOL. 5



FEBRUARY 2020

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From the Principal's Desk...

It is hard to believe that we have completed half of a school year already. It's been a great year so far and we just capped off the month of January with our recognition program on January 31st. It is always fun to honor our students for their hard work and good deeds. As you may already know, February is "I Love to Read Month" and our theme at HES is "Reading is Out of This World". A love of reading is something we encourage throughout the year, but this month allows us to shine a light on the power of reading. We talk with our students about the importance of reading and how it is a skill they will use for the rest of their lives. I encourage you to share with your children your own love of reading and the role it plays in your life.

The middle of winter can be a challenge with the cold temperatures and snow, but it can also be difficult in terms of illness and school attendance. Illnesses seem to spike more during this time of year and we also know that some families will elect to take vacation in late winter to escape the cold. That being said, I wanted to give you a couple reminders on attendance. Our goal is to avoid having students miss any days of school, but there are some circumstances when we know they will need to stay home. In regards to illness, here are some examples of when students should remain home:

- Temperature of 100.5 degrees or higher, vomiting or diarrhea, chicken-pox, head lice, pink eye, undiagnosed rashes, and strep throat.
- Students who become ill during the day should report to the health office. If needed, they will be sent home after contact is made with parents or guardians. If your child is going to miss school, please remember to call the attendance line at 763-682-0822.

In regards to family vacations, we strongly encourage taking those during school holidays, such as winter and spring break. In the event this is not possible, we do ask that you contact the school ahead of time for the absence to be excused. Please note that teachers are not expected to provide students with all the homework that will be missed prior to leaving for the vacation and instead will work with the student to catch up when they return. The rationale behind this practice is the following:

- Homework is meant to reinforce learning after instruction and since students will be missing instruction, we don't want them to reinforce poor habits.
- Teachers are constantly adjusting their lesson plans to meet student needs, so homework and instruction can change on a daily/weekly basis.
- Lastly, we want you and your family to enjoy the vacation while you are on it!

If you do want your child to keep up on school work during a vacation, the best thing you can have them do is read, read, and read some more!

Thanks again for all of your support and efforts!

Brad Kottes, Principal

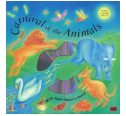
Music Notes

It's hard to believe February is here!

In January, students in grades 3, 4 and 5 have been busy learning and remembering how to play their recorders. This is an exciting performance opportunity for the kids. We will conclude our unit with a performance assessment on their recorder.



Students in 1st and 2nd grade have been exploring rhythms and melodies with xylophones and other percussion instruments. We will also be using rhythm charts to accompany songs using classroom instruments. This month we will also be discovering the instruments of the band and orchestra by listening to "Carnival of the Animals."



Kindergartners will continue to listen for and recognize one and two sounds to a beat, using "cloud" singing voices and listening for louder and softer in the music.



Our second graders will begin learning the songs for our upcoming spring musical called, "Bugz".

Spring Choir will start on Monday, February 10th; sign-up is still available through Buffalo Community Education.



I'm looking forward to a lot of great music-making in our next month!

Have a fantastic February!

Ms. Dotzler
763-682-0855
mdotzler@bhmschools.org

Kitchen Korner



Hello from the Hanover Kitchen!

Breakfast is a good thing!

When students need to take achievement tests, schools strongly urge them to eat breakfast first on testing days. Why? Because we know that when students eat breakfast, they perform better and are better able to concentrate.

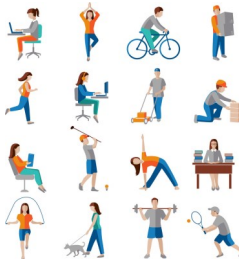
Yet on "normal" days, many students fail to eat breakfast: they're too busy, too tired, or just don't know what to eat.

Let's help students to perform better every day, by making sure they eat a healthy breakfast at home or at school.

*Students on the Free and Reduced program along with all kindergarteners are eligible for FREE breakfast.

Our next hot chocolate day will be on Valentine's Day. Make sure to mark your calendar!

Fitness Focus



Teaching healthy behaviors at a young age is important because change becomes more difficult with age. Research shows that healthy behaviors are established by the time children are 13.

Physical activity and good nutrition are cornerstones for preventing overweight children and adolescents. Families and schools are the two most critical factors in establishing these behaviors.

(AAHPERD- 2004)

To help promote fitness and nutrition, students will work through periodic lessons about the concept of energy balance and how to make healthy choices.

Grades 3-5 will go through a lesson on heart rate and wear pedometers that will measure their steps and the amount of time they are physically active. *Students in grades K-2 will focus on pulse point checks at various levels of activity.*



This month in P.E., an instructor from “DOJO” will come in and provide a lesson on self-defense to all students. All grade levels will continue to work on throwing skills in a variety of different target activities. They will also participate in health-related tag games and practice jump ropes and racket skills.

*“We are what we repeatedly do.” – Aristotle
Make a lifetime commitment and embrace fitness for life!*

*Ms. Peters/Physical Education Teacher
763-682-0865/cpeters@bhmschools.org*

Kindergarten Registration for 2020-2021

If you have a child eligible for kindergarten this fall, you should be receiving a registration information packet in the mail by mid-February. If you do not receive one, please contact Melissa Steward at msteward@bhmschools.org or (763) 682-0824. The mailing includes a survey which we request you return asap.



*Kindergarten
Registration*

**Kindergarten Registration Night is on
Monday, March 2nd at 6 p.m.
We look forward to meeting you!**

Media Musings

Hello Parents,

February is **I LOVE TO READ** month. Hanover Elementary School's 2020 reading challenge is "**Reading is Out of This World, Blast Off to Reading!**" Each grade level has a different reading goal to earn the status of Astronaut, Mission Specialist, or Space Cadet. Student participants in our **Reading Challenge** can complete missions and become an astronaut!



The reading challenge for our students will be 4 weeks in length. Each week the challenge will begin on Friday and end on Thursday, and the reading log should be turned in each Friday morning with a parent's signature. The challenge started last Friday, January 31st and ends on Thursday, February 27th. Students have the opportunity to complete 4 missions—one mission for each of the 4 weeks of the challenge.

Minutes per week required for completed space missions

	<i>Astronaut</i>	<i>Mission Specialist</i>	<i>Space Cadet</i>
Kindergarten	100	75	50
1 st grade	125	100	75
2 nd grade	150	125	100
3 rd grade	150	125	100
4 th grade	175	150	125
5 th grade	175	150	125

Please note that reading with an adult or listening to "stories on CD/tape" counts toward the student's reading goal. Each grade level will have a bulletin board outside their pod/classroom to exhibit the accomplishments of their space missions.

Special Clothing Days—Fridays

January 31—Reading Makes Us Smart! (Wear a college, career, or business shirt.)

February 7—Hats Off to Reading! (Wear a fun hat or cap.)

February 14—We are Well-Read! (Wear red.)

February 21—Reading Makes Us Wild! (Wear mismatch clothes, wacky socks, and crazy hair.)

February 28—Curl Up With a Good Book! (Wear comfy clothes for K, 3rd, 4th, & 5th grades.) (PJ Read Day for 1st & 2nd grades.)

Encourage your children to participate in our **Reading is Out of This World, Blast Off to Reading** Challenge to earn a variety of prizes such as books, pencils, bookmarks, posters, stickers, etc.

If you have any questions, please contact me at 763-682-0839 or klenzmeier@bhmschools.org.

Mrs. Lenzmeier, Library Media Specialist & Technology Teacher

Health Headlines

Greetings from the health office!

Welcome to February! We always feel like we are over the hump of winter once January is behind us!

We want to make you aware that we are seeing an increase in absences due to illness throughout the district. Most commonly seen are strep throat, stomach illness, influenza-like illness and Flu (both A and B). Please remember to encourage your child to wash their hands (preferably with soap and water), cover their cough, eat well and get plenty of rest. **Also, please remember to call the attendance line for every day your child is going to be absent.** This helps us make sure your child's absence is coded correctly, but more importantly, it helps us assure your child is safe and accounted for. Students are welcome to **return to school 24 hours after their last symptom (fever, vomiting, diarrhea), with no fever reducing medications.** We appreciate your cooperation.

Parents of Preschoolers and Kindergartners

If you have a child who is 3½ to four years old or one who is entering kindergarten in September and have not been contacted for Early Childhood Screening, please call Cheri at 763-682-8408. Early Childhood Screening is an early intervention program targeted for children ages 3½ to 4½ years old. It is a mandated program for all children entering kindergarten in the public school however it is intended to be administered at the 3½ - 4 years of age.

Parents of Kindergarten Students Starting '20-'21 school year: If you have a child beginning kindergarten in September, please consider taking care of their immunization needs now. It is the law that all students must submit an updated immunization status before starting kindergarten. Please submit one of the following: immunization record, notarized non-medical exemption form or physician signed medical exemption form.

Required shots for vaccinated students include:

5 DTP

4 Polio (IPV or OVP)

3 Hepatitis B (HBV - not to be confused with Hib, which is the Haemophilus Influenza)

2 MMR (Measles, Mumps & Rubella)

2 Varicella (Chicken Pox) – If your child has had the chicken pox illness, the school will need a statement from your health care provider indicating one of the following statements:

- *The signature of a provider along with the date of the child's varicella illness
- *The signature of a provider along with a statement that the parent's or legal guardian's description of the child's varicella disease history is indicative of past varicella infection, or
- *The signature of a provider or a representative of a public clinic along with laboratory evidence of the child's varicella immunity.

If you have questions, please contact Heidi Gallart, RN, at hgallart@bhmschools.org or 763-682-8514.



PTO Page

On January 24th PTO hosted Family Movie Night. Over 250 people gathered to watch the movie "*Inside Out*." A smashing good time was had by all eating pizza, winning prizes and being together.

Save the date for Friday, March 20th, 2020 Family Fun Night! More details will be shared as we get closer.

The next PTO meeting will be held Monday, February 3rd, 2020 in the art/science room. Please join us as we plan out our big Spring event. We would love to hear your ideas!

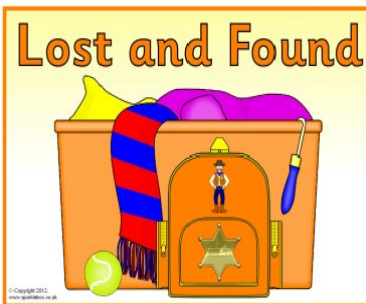
The meeting starts at 6:00 pm and we will be done by 7:00!

HES PTO can be reached at hespto2020@gmail.com



HES received the following donation:

◆ \$38.40 from Box Tops for Education



Whenever you're at school, please check out the "lost and found" boxes located in the hallway across from the health office. There's lots of good stuff in there and the bins are overflowing. You might be able to find the matching mitten or boot to the single one you have at home... or find that piece of clothing that you can't imagine what happened to it!



DATES TO REMEMBER

Upcoming Events

February 3	Conferences
February 3	PTO Meeting, 6 pm
February 7	Hats Off to Reading! – wear a fun hat or cap
February 7	Early Childhood Screening
February 11	100th Day of School
February 14	Happy Valentine's Day!
February 14	We Are Well-Read! – wear red
February 17	No school– President's Day
February 21	Reading Makes Us Wild! – wear mismatched clothes, wacky socks and crazy hair
February 28	Curl Up with a Good Book! – wear comfy clothes
February 28	1st & 2nd Grade – PJ Read Day
March 2	Kindergarten Registration, 6 pm
March 2	PTO Meeting, 6 pm



February is "I Love to Read" month!

Ways you can support your child during homework time

There's no question that today's students have more homework than students did in the past. And it can be quite a challenge to fit homework into busy family schedules.

But homework is a fact of life. To make the most of homework time:

- Help your child manage her time. Set a regular time for homework each day. Don't let homework be the last thing your child does before going to bed.
- Help your child decide which homework to complete first. Some kids prefer to start with the easier work, while others like to get the toughest work out of the way first. Have your child experiment to see which works best for her.
- Offer help, but don't do the assignment for her. Doing homework helps your child learn to be independent. If you do the work, your child won't learn that lesson.
- Have your child read aloud to you every night. As you are reading together, stop and ask questions.
- Stay in touch with the teacher. Be sure to let the teacher know if your child seems to struggle with homework often. Ask what you can do at home to support your child.
- Remain positive. Your attitude will affect your child.

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Do you encourage your child to work independently?

"Mom, I can't do it. I need help!" Every child makes that plea once in a while. But if your child says it every day, you may need to help her become more independent.

Answer yes or no to the questions below to find out if you are fostering self-reliance:

1. Do you tell your child that you believe she can do it?
2. Do you help your child break big projects down into smaller pieces that are easier to finish?
3. Do you remind your child of the importance of persistence? "You couldn't ride a bike the first time you tried. But you kept at it. You'll learn this, too, if you keep at it."
4. Do you ask questions when your child gets stuck? "What did you learn when you read the chapter?"
5. Do you compliment your child when she finishes work on her own?

How well are you doing?

If most of your answers are yes, you are helping your child learn how to work on her own. For no answers, try those ideas.

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Help your child discover the joy of reading

Some kids seem to have their noses constantly in a book. But others haven't found the joy of reading yet.

To encourage your child to read:

- Ask your librarian to recommend high-interest books. There are books that appeal to almost every child. Kids who enjoy adventure may find that they love the Percy Jackson and the Olympians series. Those who like to laugh may enjoy the Diary of a Wimpy Kid series.
- Make a library scavenger hunt. The next time you're in the library, make up a list of questions that require your child to use different reference books. Make these fun—the batting average of a famous baseball player, the average temperature at Disney World.
- Keep track of how many books your child reads. Paste a sticker on a chart for each book he completes. Or, encourage him to make a paper chain—one link for each book. Challenge him to make a chain long enough to stretch around his room.
- Suggest audiobooks. There are wonderful recordings of favorite books—many may be available from your public library. Some-times just hearing the words in a book can encourage a child to go back and read it later.
- Read aloud. It's one of the most traditional ways to get kids to read—and it really works! Choose a book you both enjoy, set aside 15 minutes for reading and invite your child to snuggle up with you.

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Hanover Lion's "Say No to Drugs" Poster Contest Winners



Pictured above: Gavin Baker, Kaci Strehler, Aubrey Ganfield, Jemma Ganfield and Max Dixon.

Hanover winners...

Kindergarten—1st Grade

3rd place—Aubree Erickson

2nd & 3rd Grades

1st place—Jemma Ganfield

2nd place—Max Dixon

4th & 5th Grades

1st place—Gavin Baker

2nd place—Kaci Strehler

3rd place—Aubrey Ganfield