



# Hanover Herald

2020-2021 SCHOOL YEAR, VOL. 5



## FEBRUARY 2021

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## From the Principal's Desk...

We are so excited to welcome back all of our students in K-5 to everyday in person learning starting on February 1st! The month of December and January saw a need for us to shift into hybrid learning for a period of time. Though we were thankful to still be able to have students in the building during that time, we know the challenges the hybrid model brought. We are hopeful to be able to stay with the in person model for as long as possible and get back to a more consistent routine for our students. We are so thankful for your flexibility and support so far this year. We know we are not out of the woods yet, but we are hopeful for what the rest of the school year will bring.



As you may know, COVID numbers are going down week by week, which is a promising sign. With that said, it's important that all of us continue to proceed with caution and continue to do our part to ensure we can stay in our "in-person" learning model. We will continue to ensure we are doing our part to implement mitigation strategies to keep our students and staff safe and we need your continued support and help outside of school. If your child or other members in your household are showing symptoms, please keep them home and follow our BHM Decision Tree before returning to school. As inconvenient as this can be at times, it's important for all of us to follow this in order to stay in person for as long as possible.



As we move into February, we highlight "I Love to Read Month" and our theme at HES this year is "Reading is Our Thing!" A love of reading is something we encourage throughout the year, but this month allows us to shine a light on the power of reading. We talk with our students about the importance of reading and how it is a skill they will use for the rest of their lives. I encourage you to share with your children your own love of reading and the role it plays in your life. The best thing you can do to help support them in this area is to have a nightly routine of reading. They can read to themselves, another family member, or listen to you read. The more students practice reading, the more fluent they will become. You can help increase their reading comprehension by asking questions about what they read or have them make connections to their own lives. Again, anything you can do to encourage reading will benefit your child.

Thanks again for all of your support and efforts!

*Brad Kottes, Principal*

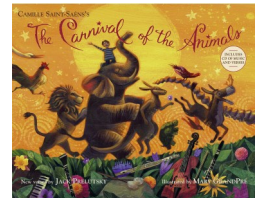
# Music Notes

It's hard to believe February is here!



In January, students in grades 2, 3 and 5 were busy learning and remembering how to play their ukuleles. This is an exciting instrument opportunity for the kids. We will conclude our unit with a ukulele composition that we perform in class at a later date.

Students in Kindergarten, 1st and 4th grades have been exploring rhythms and melodies with our new xylophone bell sets (Thank you, PTO!) as well as other percussion instruments. This month we will also be discovering the instruments of the band and orchestra by listening to "Carnival of the Animals."



Kindergartners and first graders will continue to listen for and recognize one and two sounds to a beat, and listening for louder and softer and faster and slower in the music. Our second, third and fifth graders will begin learning songs on the xylophones and 4th graders will start their ukulele unit.

I'm looking forward to a lot of great music-making in our next month!

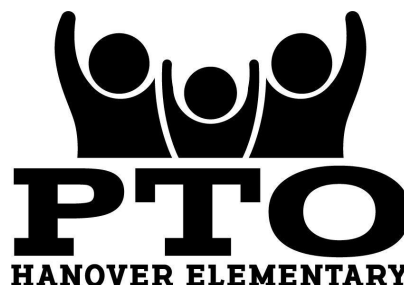
Have a fantastic February!

Mrs. Bolton

763-682-0855 / [mbolton@bhmschools.org](mailto:mbolton@bhmschools.org)

## PTO Page

*The best ideas come when we work together. We would love to have you at our next PTO meeting to share your ideas with us. E-mail us at [hespto2020@gmail.com](mailto:hespto2020@gmail.com) Our meetings are held virtual for the time being. We will share the Google Meet link with you.*



# Fitness Focus

I ♥ PE

This month in P.E., all classes will review Daily P.E. Goals and Rules.

## P.E. Goals:

- \* Have fun
- \* Try your best
- \* Learn
- \* Improve
- \* Have success
- \* Get sweaty
- \* Play safely
- \* Help somebody



## P.E. Rules:

- \* Wear sneakers
- \* Listen & follow directions
- \* Try your best
- \* Play fairly & honestly
- \* Be cooperative & respectful to all
- \* Play safely
- \* Exit the gym quietly



Activities for February will include:

K-2 will participate in health-related tag games and review throwing and catching skills in a variety of target games.

Grades 3-5 will participate in volleyball and racket skills in a variety of lead-up activities. They will also have a lesson on the "Anatomy of the Heart."

All Grades: Cardiorespiratory Endurance - PACER

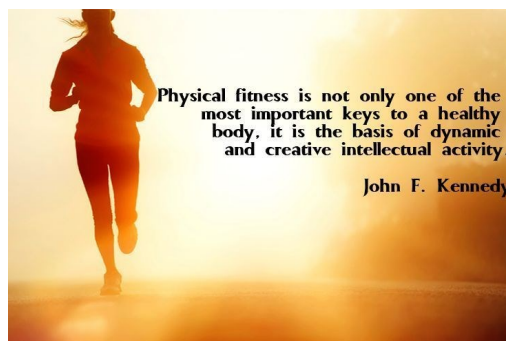
The PACER practice is a progressive running test where students run back and forth across a 15-meter distance at a set pace that gets faster each minute. The students run as long as they can until they fail to cross the entire 15 meters in the given time.



Fitness Fact: *\*Did you know... With the average person's stride length, it takes about 2,000 steps to go 1 mile.\**

*Enjoy and a happy and healthy month!*

**Ms. Peters/Physical Education Teacher**  
763-682-0865/[cpeters@bhmschools.org](mailto:cpeters@bhmschools.org)



# Media Musings



Hello Parents!

February is **I LOVE TO READ** month. Hanover Elementary School's 2021 reading challenge is **"Reading is Our Thing!"** It's based on Dr. Seuss' most famous book, *Cat in the Hat*. Each grade level has different reading goals to earn the status of The Cat in the Hat, Sam-I-Am, or Fox in Socks. Student participants in our **Reading Challenge** can complete reading levels and become a Dr. Seuss book character!

The reading challenge for our students will be 4 weeks in length. Each week the challenge will begin on Friday and end on Thursday, and the reading log should be turned in each Friday morning with a parent's signature. The challenge starts on this Friday, February 5<sup>th</sup> and ends on Thursday, March 4<sup>th</sup>. Students have the opportunity to complete 4 levels—one level for each of the 4 weeks of the challenge.

## Minutes per week required for completed Reading Levels



	<i>CAT in the Hat</i>	<i>Sam-I-Am</i>	<i>Fox in Socks</i>
Kindergarten	100	75	50
1 <sup>st</sup> grade	125	100	75
2 <sup>nd</sup> grade	150	125	100
3 <sup>rd</sup> grade	150	125	100
4 <sup>th</sup> grade	175	150	125
5 <sup>th</sup> grade	175	150	125



Please note that reading with an adult or listening to "stories on CD/tape" counts toward the student's reading goal. Each grade level will have a bulletin board outside their pod/classroom to exhibit the accomplishments of their reading levels.

### Special Clothing Days—Fridays

- February 5—Reading Makes Us Bright! (Wear neon/bright colors.)
- February 12—We are Well-Read! (Wear red.)
- February 19—Reading Makes Us Wild! (Wear mismatch clothes, wacky socks and crazy hair.)
- February 26—Read My T-Shirt! (Wear a t-shirt with words on it.)
- March 5—Kindergarten, 1<sup>st</sup> & 2<sup>nd</sup> grades: PJ Read Day (Wear pajamas.)  
3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> grades: Curl Up With a Good Book! (Wear comfy clothes.)

Encourage your children to participate in our **Reading is Our Thing** Reading Challenge to earn a variety of prizes such as books, pencils, bookmarks, posters, stickers, etc.

Mrs. Lenzmeier  
Library Media Specialist & Technology Teacher  
klenzmeier@bhmschools.org  
763-682-0839



*"You can find magic wherever you look. Sit back and relax, all you need is a book."*  
~~Dr. Seuss~~

# Health Headlines

Greetings from the health office!

It is wonderful to have everyone back in school! While we continue to try to maintain distance between students, 6 feet is no longer the requirement. With that change, please know that while we are in the "in-person" learning model, we are not able to reduce quarantine times due to exposure to COVID to less than 14 days. Please continue to call in for all student illnesses and share all symptoms your student is experiencing. This allows our health ESP to give correct guidance regarding return dates. We appreciate your partnership and help in ensuring the health of our students during these times of COVID!

## **Parents of Preschoolers and Kindergartners**

If you have a child who is 3½ to four years old or one who is entering kindergarten in September and have not been contacted for Early Childhood Screening, please call Cheri at 763-682-8408. Early Childhood Screening is an early intervention program targeted for children ages 3½ to 4½ years old. It is a mandated program for all children entering kindergarten in public school; however, it is intended to be administered between 3½ - 4 years of age.

**Parents of Kindergarten Students starting '21-'22 school year:** If you have a child beginning kindergarten in September, please consider taking care of their immunization needs now. It is the law that all students must submit an updated immunization status before starting kindergarten. Please submit one of the following: an immunization record, a notarized non-medical exemption form or a physician signed medical exemption form.

Required shots for vaccinated students include:

- **5 DTP**
- **4 Polio (IPV or OVP)**
- **3 Hepatitis B (HBV - not to be confused with Hib, which is the Haemophilus Influenza)**
- **2 MMR (Measles, Mumps & Rubella)**
- **2 Varicella (Chicken Pox)** – If your child has had the chicken pox illness, the school will need a statement from your health care provider indicating one of the following statements:

- \*The signature of a provider along with the date of the child's varicella illness
- \*The signature of a provider along with a statement that the parent's or legal guardian's description of the child's varicella disease history is indicative of past varicella infection, or
- \*The signature of a provider or a representative of a public clinic along with laboratory evidence of the child's varicella immunity.

If you have questions, please contact Heidi Gallart, RN, at [hgallart@bhmschools.org](mailto:hgallart@bhmschools.org) or 763-682-8514.





## Kindergarten Registration for 2021-2022

If you have a child eligible for kindergarten this fall, you should be receiving a registration information packet in the mail by the end of February. If you do not receive one, please contact Melissa Steward at [msteward@bhmschools.org](mailto:msteward@bhmschools.org) or (763) 682-0824. **Unfortunately, we will not be able to have our**

**traditional in-person registration night this year.** More information will be sent out to kindergarten families sometime this spring.



Kindergarten  
Registration



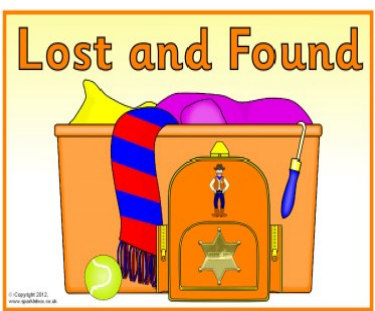
HES received the following donation:

◆ \$74.20 from Box Tops for Education

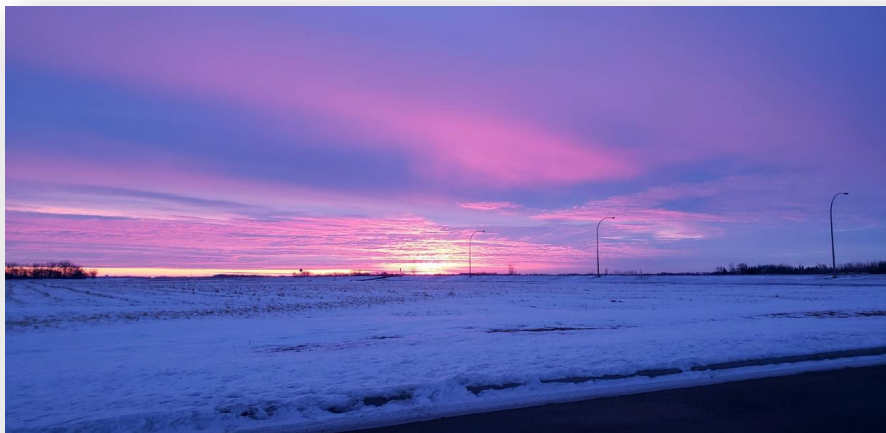
"Giving is not just about making a donation."

It is about making a difference."

Kathy Calvin



Make sure you have your kids check out the "lost and found" boxes located in the hallway across from the health office. There's lots of good stuff in there. They might find the matching mitten or boot to the single one that's at home... or find that piece of clothing that they have no idea where it is!



# DATES TO REMEMBER

## Upcoming Events

- February 2 Groundhog Day
- February 3 Distance learning material pick-up, 8am-2pm
- February 5 Reading Makes Us Bright! – wear neon/bright colors
- February 5 Report cards sent home
- February 8 Virtual PTO meeting, 6pm
- February 9,11,16 Virtual conferences, 3:30-7pm
- February 12 We are Well-Read! – wear red
- February 14 Happy Valentine's Day!
- February 15 President's Day – no school
- February 17 Distance learning material pick-up, 8am-2pm
- February 19 Reading Makes Us Wild! – wear mismatched clothes, wacky socks and crazy hair
- February 26 Read My T-Shirt! – wear a t-shirt with words on it
- March 3 Distance learning material pick-up, 8am-2pm
- March 5 Kindergarten, 1st & 2nd Grades: PJ Read Day – wear pajamas
- March 5 Grades 3-5: Curl Up with a Good Book! – wear comfy clothes



February is "I Love to Read" month!

## Motivate reluctant readers with appealing reading material

Some kids just don't like reading. One way to encourage your child to read is to help him find reading material related to things he is interested in.

If your child loves soccer, for example, help him find:

- A book about the history of the sport.
- A how-to book with tips on improving his game.
- A biography of one of his favorite players.
- Kid-friendly websites that contain sports-related articles.

If you aren't sure what your child likes, ask yourself:

- What are three activities he and his friends are involved in?
- What are three adult activities he might like to try some day?
- What were the last three books that he seemed to enjoy?

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## Research disproves these five common myths about learning

Research shows that while people often believe they understand what "effective learning" looks like, they're frequently mistaken.

Here are five common myths about learning, along with the research-based facts:

- Myth #1: Everyone has a specific learning style. Fact: Kids learn in all kinds of ways. In one situation, they may do better hearing new material. But in another? Seeing examples could be key.
- Myth #2: You're either born smart or you're not. Fact: Intelligence and abilities can increase over time—especially when kids are given access to books and learning opportunities.
- Myth #3: Long study sessions are the best way to prepare for a quiz or test. Fact: Kids retain facts much better if they study it repeatedly over time. Studying a little each day is much more effective than trying to digest everything in one sitting.
- Myth #4: Reading material over and over is the best way to learn it. Fact: It's more effective for students to restate key ideas in their own words.
- Myth #5: Right-brained students learn differently than left-brained ones. Fact: There's no evidence that being left-brained (favoring logic and math) or right-brained (favoring art and emotions) has an impact on learning. Actually, there's no proof that one side of the brain even dominates at all.

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## A reboot can help your child get back on the right track

When you run into a problem on your laptop or smartphone, do you ever power it off and restart it? Rebooting a device can help it correct processing issues and start over.

If your child's school year is not going as well as you'd hoped, it may be time to help him reboot, too! Here are a few ways to help your child get back on track:

- Make change a family affair. If you've decided that your child needs to spend more time doing schoolwork, make his study time quiet time for the whole family. You can work on paperwork or read while your child works.
- Replace bad habits. Breaking a habit is hard. It's much easier to put a different one in its place. If your child is in the habit of playing video games right after his classes end for the day, suggest that he read for 30 minutes instead. He'll still have a chance to relax—but he will also strengthen his reading skills.
- Get organized. You may still be able to find lots of great-looking calendars available on sale. Look for one your child will enjoy using. Then help him get into the habit of writing down his responsibilities for home and school. That can help avoid a last-minute panic.
- Celebrate successes. Help your child see the link between his new habits and his results. "You studied for that test and got nine out of 10 correct. That's great!"

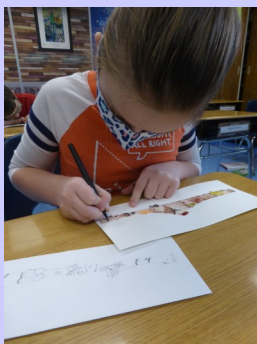
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Fourth  
Grade Fun  
in the  
Snow  
~~~  
Mrs.  
Schaaf's  
Class



Watercolor  
Lichen  
Painting

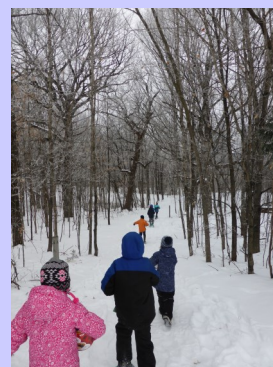


## Fourth Grade Fun ~~~~~ Mrs. Boldt's Class

Painting  
with  
Shadows  
and  
Light



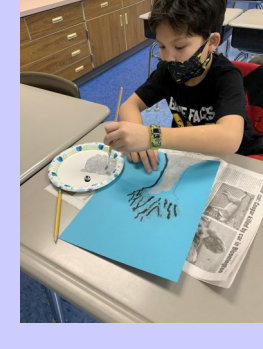
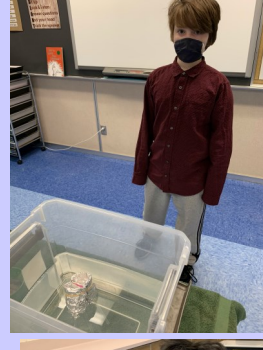
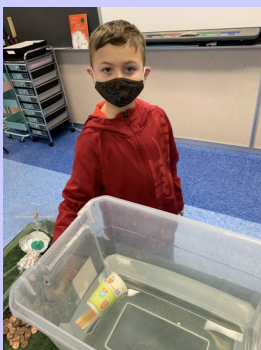
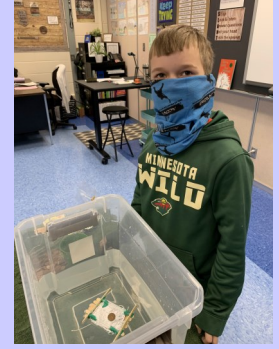
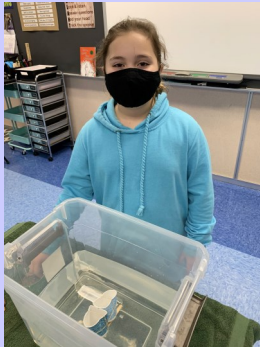
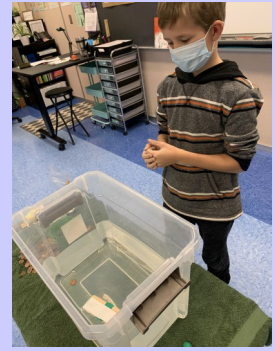
Snowshoeing  
in the Forest







# Fourth Grade Fun ~~~~~ Mrs. Mutterer's Class





# Hanover's Forest

