



Hanover Herald

2019-2020 SCHOOL YEAR, VOL. 3



From the Principal's Desk...

**DECEMBER
2019**

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Thank you to all the families that came out to visit during American Education Week. Over 250 parents, grandparents and other family members joined us for lunch on Friday, November 15th. Our kitchen staff, custodians and office staff did a wonderful job making this happen. Many parents also came to volunteer and visit classrooms during the week. We are so thankful for all of the parent volunteers and support we have here at Hanover Elementary School! It was a great week and another reminder of the great community we have.



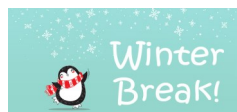
There are several special events taking place in December. The 4th graders have their musical performance on Thursday, December 5th and our 3rd-5th grade choir concert will be on Tuesday, December 10th. It will be exciting to see all of these students showcase their talents!



We will wrap up the month with a recognition program on Friday, December 20th. Our monthly recognition programs are a great way to honor our students for their good deeds and great work they have been doing.



Just a reminder that December 20th is the students' last day before winter break and students don't return until Thursday, January 2nd. I hope you had a wonderful Thanksgiving and be sure to take time to enjoy this holiday season with friends and family!



~Brad Koltes, Principal~

Hanover Elementary School
274 LaBeaux Ave NE
Hanover, MN 55341
Phone: 763-682-0800
Fax: 763-682-0868
bhmschools.org



**Hanover
Elementary**
BHM SCHOOLS



Physical Education Update

COMING IN JANUARY.... "Get Fit" - a program sponsored by the Minnesota Timberwolves and Lynx teams encouraging students to be more physically active outside of the school day. Watch for Activity/Movement cards to come home at the end of December! Prizes will be awarded to students who successfully meet the challenge.



Activities for the month of December will include:



All students will begin a basketball unit. They will work on ball handling, passing, dribbling and shooting techniques at various levels. Grades 3-5 will participate in lead-up basketball games that will assist them in learning the game.

At the end of the month all students will have a short scooter unit and participate in holiday activities.



During the Holiday break, please remember that *"Children who are physically active tend to be happier, more secure and they have a lower risk of becoming involved in drugs or other risky behaviors. Take the time to eat healthy and eat together. Watch your children grow in health, self-esteem and energy. It is never too late to help them begin healthy habits. Teach your children how wonderful life is when it is lived actively."*

HEALTHY HABITS

~~Janel Swanson~~

Have a happy and healthy Holiday break!

Ms. Peters

Physical Education Specialist

763-682-0865 / cpeters@bhmschools.org

Kitchen Korner



Although December is a quiet month in the kitchen, please check the HES website for possible menu changes and new menu items.

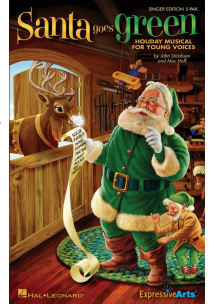
Please note that when there is a snow emergency and school is CANCELED, the menu will continue as printed.

From all of us in the kitchen, Happy Holidays!!

Musical Notes

Happy December greetings to all!

Our fourth graders will be performing their holiday musical in a few days. The title of their musical this year is "Santa Goes Green." They will perform their shows on Thursday, December 5th at 1:30 pm for the student body and at 6:30 pm for family and friends in the Hanover lunchroom gymnasium. MANY THANKS to all the parents who volunteered their time and donated set design and costumes! Also, thank you to the PTO for donating monies toward costumes and set design.



Our HES Choir, comprised of 50+ wonderful singers in grades 3, 4 and 5 has their holiday concert on Tuesday, December 10th at 6:30 pm in the lunchroom/gymnasium. We have a great program filled with songs to get you and your family in the holiday mood! Our next sign-up for our spring choir will begin in January.



During the month of December, all students will be singing holiday songs from around the world. In addition, all grades will study the Nutcracker Ballet story and listen to the music. Kindergarten, 1st and 2nd grade curriculum in December will focus around the Nutcracker, holiday songs and games. Students K-5 will also start our handbell unit with some composing.



A recorder unit begins for 3rd, 4th and 5th graders starting mid-January. A letter and order form will be sent out during December.



Happy Holidays to Everyone!

Ms. Dotzler
763-682-0855



Media Musings

Recently, the kindergarteners started a new reading program in the computer lab called "Teach Your Monster to Read." Its primary aim is to develop children's speed and accuracy of letter recognition. Children work through each grapheme (letter) practicing each one using one of four mini games. Students created their own monster by selecting the monster's arms, legs, body, face, head, and ears/horns. Therefore, each student's monster is truly unique to them. The first graders have also continued on with "Teach Your Monster to Read" with Game 2: Fun With Words and Game 3: Champion Reader. Fun With Words concentrates on the comprehension of short sentences to longer ones, and Champion Reader focuses on lots of reading for meaning and comprehension. The second graders have been reading books on Epic!, a digital library for kids! Getepic.com gives students instant access to 35,000 of the best books for kids.



The third through fifth grades have started our keyboarding unit. We've been stressing correct posture and finger position. Their speed and accuracy rates are improving every day with continued practice. We have been using Dance Mat Typing for our introduction to keyboarding, and just this week started utilizing our keyboarding program called keyboardingonline.com.



Every school year, the Minnesota Youth Reading Awards nominate 10 books for the Maud Hart Lovelace Book Award. Students in 3rd, 4th, & 5th grades who read at least 3 of the 10 nominees are eligible to vote for their favorite book at the end of March. All the votes across the state of Minnesota are tallied, and the winners are announced in April. The award is named after Mankato, MN author, Maud Hart Lovelace, who is best known for the Betsy-Tacy series written in the 1940's and 1950's.



More Media Musings

Here are the nominees for the 2019-2020 school year:

- **Amina's Voice** by Hena Khan
- **The End of the Wild** by Nicole Helget
- **Framed!** by James Ponti
- **Lemons** by Melissa Savage
- **The Losers Club** by Andrew Clements
- **The Parker Inheritance** by Varian Johnson
- **Save Me a Seat** by Gita Varadarajan and Sarah Weeks
- **The Secret of Dreadwillow Carse** by Brian Farrey
- **Towers Falling** by Jewell Parker Rhodes
- **Wish** by Barbara O'Connor



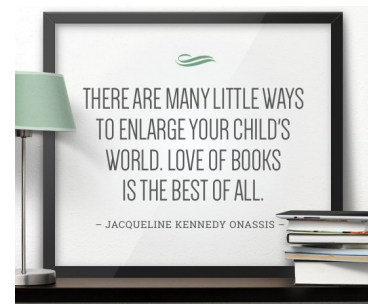
Please encourage your student to read at least 3 of these recommended books!

Happy Reading!

Mrs. Lenzmeier

HES Media Specialist and Technology Teacher

klenzmeier@bhmschools.org



Health Headlines

Holiday greetings from the entire health office staff! Although this time of year can be stressful for everyone, we hope you will have the opportunity to enjoy some relaxing time with family and friends.

2019-2020 Flu Season Update



The Centers for Disease Control and Prevention (CDC) has indicated the flu season is just getting started (typically runs October-May; peaking between December and February). Per the CDC, it's not too late to get vaccinated.

Flu vaccination is always the best way to prevent flu and its potentially serious complications.

We are starting to see cases of influenza (flu) in the schools. If you and your children have not had a current vaccination for influenza, you may want to contact your healthcare provider or the Wright County WOW Van at 763-682-7516 to determine if your family should receive a flu shot. It is not too late!!

More Health Headlines

Save the Date: *Give Kids a Smile* February 7th and 8th



Each year, dental professionals from across the state participate in *Give Kids a Smile*, providing free dental care to children in need. The event takes place on the first Friday and Saturday of February and is made possible by the collaborative effort of the Minnesota Dental Association, volunteer dentists, and other generous sponsors. More details should be available soon at www.mndental.org.

Tips for Staying Healthy, Happy and Safe during the Holidays

Give the gift of being healthy this holiday season with a few simple tips to keep you, your family and your friends, healthy this time of year and all year round!



Wash your hands. By washing your hands often will help limit the spread of germs that can make you and others sick. Wash your hands with soap and running water for at least 20 seconds.



Eat healthy and get plenty of exercise! Enjoy the holidays the healthy way with balance and moderation. Skip the tempting sweets and heavy side dishes by mixing in fresh fruits and seasonal vegetables. With the kids off of school, be active as a family everyday.



Bundle up! Stay warm and dry by wearing appropriate clothing for being outdoors. Dress in layers of light, warm clothing and remember to wear hats, scarves, mittens and warm boots!



Handle and prepare food safely. Follow these four simple steps to decrease your chance of getting sick from holiday eats. Wash your hands and food preparation surfaces often, avoid cross contamination between raw and cooked foods, cook foods, especially meats, to proper internal temperatures and refrigerate leftovers promptly.



Stress management! Amongst all of the hustle and bustle, remember to take time for yourself. Take a moment to do some deep breathing exercises or meditation. Get plenty of sleep and don't overcommit yourself to prevent anxiety and pressure.

For more ideas to keep the whole family healthy, happy and safe during this holiday season, visit healthpoweredkids.org.



PTO Page

Your fundraising dollars are at work! The PTO Board and Representatives have finalized the 2019/2020 budget. A few of the highlights and new additions to HES:

- Classroom celebrations (Halloween, Valentine's Day, 100 Day Party, Christmas, Mother's/Father's Day gifts) and all the special extras that add to your student's HES experience? **THEY WILL ALL CONTINUE BECAUSE OF THIS YEAR'S FUND-RAISER**
- Technology funding
- New books for the Media Center
- Visiting author to HES during "I Love to Read" month
- Community giving programs are fully funded so all students will have an opportunity to learn the value of giving to those in need
- Every teacher will receive funds for their students' classroom needs
- Hornetdale, Book-it, DARE, Engineering Night, Art Adventures, Picnics, Math Masters, Hardship Fund, Art Teacher, Musicals and Plays *WILL BE FUNDED BECAUSE OF YOUR FUNDRAISING DOLLARS*

Thank you to those who attend our meetings and for their input and involvement in the allocation of fundraising dollars. The PTO Board and HES thank you for your time!



Upcoming PTO Sponsored Events:

Giving Tree—runs through December 12th



Hanover Gear, sent home before winter break

Movie Night, in January—more information to follow



Next PTO meeting—January 6th



Hanover Collects

Hanover Elementary uses several different programs to help earn extra cash for our school. Check out their websites to learn more about each program.

- * **Box Tops for Education** (btfe.com)
- * **Coca-Cola GIVE** (<https://us.coca-cola.com/give/schools/>)
- * **The Cartridge Recycling Center** (cartridgerecyclingcenter.com)
- * **Coborn's MORE School Rewards** (moreRewards.com/school)
- * **Loaves 4 Learning** (loaves4learning.com).



Box Tops for Education has traditionally been a clip and submit program. It is now changing so points are earned digitally. You scan your receipt using an app and it gives the school of your choice credit. Check out their website at btfe.com to enroll and see how it works. If you still find box tops on packages, by all means, clip them and send them in to school with your student.



GIVE Give Back to HES with Coca-Cola products. We're excited to share that our school is part of the Coca-Cola Give program. When you make Coca-Cola purchases, you simply enter the product codes here: <https://us.coca-cola.com/give/schools/> and our school receives a donation. Help us make the most of this program and learn more at Coke.com/give. You can also send in your product codes on bottle caps and packaging to the school.



HES also collects empty inkjet cartridges for recycling. We receive up to \$2 for each cartridge recycled. A list of acceptable cartridges can be found at cartridgerecyclingcenter.com. Drop off your empty cartridges in the collection bin located in the hall just outside the office. **Laser cartridges are not** a part of this program, so please do not bring them in.



You can earn rewards for HES when you shop at Coborn's. Simply sign up for their MORE Rewards program at moreRewards.com or in the store. Designate our school to receive the rewards when you buy qualifying products. Your points will automatically be tabulated and our school will be awarded a percentage of Coborn's donation to schools based on the corresponding percentage of all points earned for HES.



Save UPCs and earn cash for HES by clipping UPC Proof-of-purchases from participating products from Country Hearth, Village Hearth, Artisan Hearth and Fiber Up breads. Send the UPCs in to school with your student. Check out

Giving Tree: Runs through Dec. 12

We are collecting unwrapped toys, outer wear, new clothing (birth through age 18) and non-perishable food items. These gift items are donated to St. Paul's Church to host a "shopping day" for parents in need who live in the NW Hennepin and Wright County areas. This event helps over 400 children in our community to enjoy the holidays! Please bring in your donations and place them by the tree on the wall in the front hallway. Thanks for your help!



Mark your
calendar!

Upcoming Events

December 5	4th Grade Musical, 6:30 pm
December 10	Grades 3-5 Choir Concert, 6:30 pm
December 12	Last day for the Giving Tree
December 20	Dress Up Day—Red & Green
December 23–January 1:	No school, Winter Break
January 2	School Resumes

Are you helping your child read fluently?

Studies consistently show that students who read aloud with fluency are most likely to have a strong understanding of what they've read. Your child reads fluently if he reads aloud smoothly, accurately and with expression.

Answer yes or no to the questions below to find out if you are helping your child develop this valuable reading skill:

1. Do you set aside time for your child to read to you in addition to the time you spend reading to him?
2. Do you let your child pick what to read? Even if you think it's too easy, nothing succeeds like success.
3. Do you try not to interrupt when your child reads a word incorrectly?
4. Do you offer help if your child asks how to pronounce a word, and then encourage him to keep reading?
5. Do you discuss a book after your child is finished reading?

How well are you doing?

If most of your answers are yes, you're helping your child develop fluency. For each no answer, try that idea.

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Encourage your elementary schooler to become a leader

Some children seem to be born leaders. They have the self-confidence, helpfulness and friendliness that make other people want to work with them.

But all children, whether they are born leaders or not, have the ability to become leaders. Here are some ways you can help your child develop leadership skills:

Look at leaders in the news. Whether you're watching a story about a winning football team or a community effort to build a park, help your child see that someone was the leader of that group. Talk about what makes people good leaders.

- Be a leader yourself. When you take a leadership role—whether it's at school, in business or in your community—tell your child about what you're doing and why. "I'm volunteering to help your school raise money so they can purchase more classroom computers."
- Teach your child to see things from other people's points of view. Good leaders aren't bossy. They make people want to work together.
- Find leadership opportunities. Children can learn leadership skills in houses of worship, clubs, Scouts, athletic teams and many other organizations. Family meetings are another good way to develop "home-grown" leadership. Let children take turns chairing the meetings and managing family projects.
- Don't push. Pressuring a child beyond his abilities will destroy self-esteem, not build it. If your child seems stressed or unhappy, it's time to lighten up.

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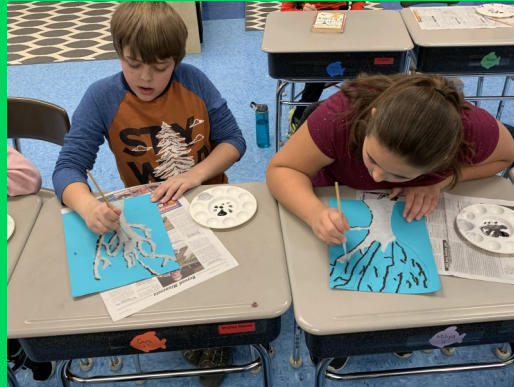
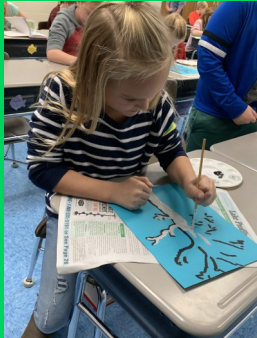
Teach your child to persevere when faced with challenges

If your child has a goal he wants to reach, such as earning an A on a project or making the competitive soccer team, achieving it will probably take hard work. And there may be times your child will feel like giving up. That's why it's important to teach him to persevere, even when things are difficult. Here's how:

- Discuss past successes. Did your child save to buy something with his own money? How did he do it? What did success feel like? What did he learn?
- Choose a fun, realistic goal. Make it something your child is likely to complete soon. If he wants to read an entire series of books, start small. Have him set a goal to read the first book. Achievement is a great motivator to keep going.
- Listen for ideas. Kids often mention goals without actually setting them. ("I'd love to be in the talent show" or "I hope I finish my report on time.") Together, create a step-by-step plan for success.
- Be a cheerleader. Say things like, "You are really sticking with this. I'm very impressed!" Even if your child misses the mark, praise his efforts. Trying hard and learning from mistakes are major accomplishments on their own!

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4TH GRADE LEARNING



Mrs. Mutterer's Class -
Shadows & Light
Painting



Mrs. Boldt's
Class
How-to
Presentations

