



# Hanover Herald

2020-2021 SCHOOL YEAR, VOL. 3



## From the Principal's Desk...

**DECEMBER  
2020**

### INSIDE THIS ISSUE:

Musical Notes	2
Phy Ed Update	3
Kitchen Korner	3
Media Musings	4
Health Headlines	5
PTO Page	7
Hanover Collects	8
Donations	9
Upcoming Events	9
Parent Articles	9
Picture Gallery	11



*Hanover Elementary School*  
274 LaBeaux Ave NE  
Hanover, MN 55341  
Phone: 763-682-0800  
Fax: 763-682-0868  
[bhmschools.org](http://bhmschools.org)



As I look back on December Newsletters from previous years I'm reminded of all the wonderful events that our students and families have been able to experience during this time of the year. Typically in November we have our American Education Lunch where we have over 250 parents, grandparents and other family members join us for lunch. In December we have musical performances and choir concerts that allow our students to showcase their talents for fellow students and their own families. It is certainly sad that we are not able to host these events this year.

Having school in the midst of a pandemic has been extremely challenging and has meant giving up so many things that make a school year great. We now find ourselves needing to shift into hybrid learning for the time being, which means less days for our students to physically be in the school building. None of this has been easy and we know we are not out of the woods yet.

As I reflect on these challenges, I also find myself being thankful for all the great things we have going on at Hanover Elementary. First and foremost, I am so thankful and proud of our staff. They have shown bravery, flexibility, passion, and caring as they navigate all the changes and obstacles that this year has brought. I am also thankful for our students, who come into our building with smiles on their faces each day and are ready to learn and try their best. They make all the hard work worth it! Lastly, I am thankful for our parent community who have been so understanding and supportive through all the interruptions and changes that are needing to take place. None of this would be possible without all of you. I certainly look forward to the day where we can welcome families and volunteers into our building again and host some of these wonderful events that allow our students to showcase their gifts and talents and make Hanover great!

Reflection is also important in terms of learning and growth. As a school, it is important that we constantly reflect on our practices and make adjustments to ensure all of our students are prepared for success. As individuals and as a school it's important to know what our purpose or "why" is. Clarifying our purpose gives us direction and ensures the work we do is aligned and impactful. One thing we have recently done at Hanover Elementary is to review and clarify our Vision and Mission statements. Our Vision is our "why" and our Mission identifies the work that is being done to make that vision a reality. I would like to close by sharing with you our updated Vision and Mission for Hanover Elementary.

(continued on next page)

## Principal's Note continued...

**HES Vision:** Preparing all students for success in a global society.

### HES Mission Statement

- We at Hanover Elementary School believe that all children can learn and succeed.
- We will provide children with a supportive, caring environment which fosters the development of a growth mindset, positive self-esteem, intrinsic motivation, and a sense of responsibility.
- We will create an atmosphere where all children can develop to their greatest academic, social, and physical potential to lay the foundation for college and career readiness.
- We will utilize teaching strategies that are designed to ensure that all children are making progress towards meeting the state standards.
- We will establish effective partnerships between home, school, and the community.

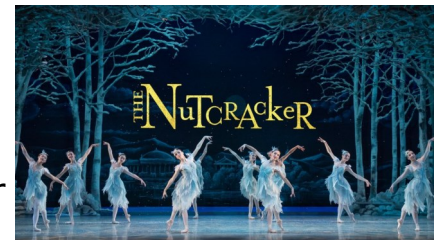
Thanks again for all you do to help make Hanover a great place to be!

~Brad Koltes, Principal~

## Musical Notes

Happy December greetings to all!

In music class during the month of December, all students will be composing rhythms and melodies to create a holiday composition for handbells. Students will also practice playing along as a class on various songs. In addition, all grades will study the Nutcracker Ballet story and listen to the music.



Kindergarten, 1st and 2nd grade curriculum in December will focus around the Nutcracker, holiday songs and games.

Students in grades 3, 4 and 5 will continue to work in our "Quaver" curriculum and create electronic music compositions.



A big thank you to our PTO for donating 30 bell sets to use this year in music class! We will begin our bell set unit in January.

Happy Holidays to Everyone!

Mrs. Bolton

763-682-0855

[mbolton@bhmschools.org](mailto:mbolton@bhmschools.org)

# Physical Education Update

Dear Parents,

Now that the snow has fallen, many students are coming to school wearing boots. For safe and maximum participation, please make sure your child(ren) have tennis shoes that fasten when it is their P.E. day. Thank you for your efforts!



Activities for the month of December will include:



All students will begin a basketball unit. They will work on ball handling, passing, dribbling and shooting technique at various levels.

Grades 3-5 will participate in lead-up basketball games that will assist them in learning the game. At the end of the month all students will have a short scooter unit and participate in holiday activities.

*During the Holiday break, please remember that "Children who are physically active tend to be happier, more secure and have a lower risk of becoming involved in drugs or other risky behaviors. Take the time to eat healthy and eat together. Watch your children grow in health, self-esteem and energy. It is never too late to help them begin healthy habits. Teach your children how wonderful life is when it is lived actively."*  
~~Janel Swanson~~

**Have a happy and healthy Holiday break!**

Ms. Peters

Physical Education Specialist

763-682-0865/[cpeters@bhmschools.org](mailto:cpeters@bhmschools.org)

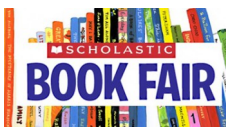
## Kitchen Korner

In person, hybrid, distance learning! So many things going on in the district and the kitchen, my goodness. Just a reminder that we are offering meals for pick up for students. If you haven't signed up yet please contact Allison at [abarkley@bhmschools.org](mailto:abarkley@bhmschools.org) to get on our list. Pick up is on December 4th, 11th and 18th from noon until 1:00 pm at the front entrance of Hanover Elementary. The package includes 5 lunches, 5 breakfasts, miscellaneous items and milk is optional.

Hope to see you there!



# Media Musings



You're invited to shop our Scholastic Book Fair **ONLINE** from now through Thursday, December 10, 2020. All purchases benefit our school and connect kids with new books, favorite characters, complete series, and more!

Reading increases knowledge and vocabulary, lowers stress, and supports your child's emotional growth. But perhaps the best benefit is the lasting bond you create with your child when you read with them.

You'll love the NEW option to shop for **Book Fair exclusives** directly from the interactive booklist and enjoy these special online shopping features:

- Over 6,000 items, including new releases, best sellers, and value packs
- All orders ship **direct to home**
- Currently, there is a 10-day average between ordering and receiving your books
- **FREE shipping** on book-only orders over \$25
- If you meet the \$25 in a book-only order, we suggest you separate your order for any non-book items (then you're paying shipping on only the non-book items)
- All purchases **support our school** and earn 25% in rewards

Visit our Book Fair Homepage and click "Shop Now" to get started:

<https://www.scholastic.com/bf/hanover>

Books make wonderful presents! Be sure to share the link with grandparents and other relatives.

Some suggestions:

- *Diary of a Wimpy Kid #15, The Deep End* was released at the end of October.
- 5 of the Maud Hart Lovelace nominees are available
  - *Because of the Rabbit* by Cynthia Lord
  - *Front Desk* by Kelly Yang
  - *Insignificant Events in the Life of a Cactus* by Dusti Bowling
  - *New Kid* by Jerry Craft
  - *Restart* by Gordon Korman



- We watched the Scholastic Book Fair video, and students really liked these:
  - *Dog Man: Grime and Punishment* by Dav Pilkey
  - *Baby-sitter's Club* by Ann M. Martin & Raina Telgemeier
  - *Bunbun and Bonbon* by Jess Keating
  - *Nubby's Story* by Aubre Andrus
  - *Lily to the Rescue* by W. Bruce Cameron
  - *Elbow Grease* by John Cena



Happy reading!

Mrs. Lenzmeier  
HES Media Specialist & Technology Teacher  
763-682-0839 / [klenzmeier@bhmschools.org](mailto:klenzmeier@bhmschools.org)





# Health Headlines

Holiday greetings from the entire health office staff! Although this time of year can be stressful for everyone, we hope you will have the opportunity to enjoy some relaxing time with family and friends.

## 2020-2021 Flu Season Update



The Centers for Disease Control and Prevention (CDC) has indicated the flu season is just getting started (typically runs October-May; peaking between December and February). Per the CDC, it's not too late to get vaccinated. Flu vaccination is always the best way to prevent flu and its potentially serious complications. If you and your children have not had a current vaccination for influenza, you may want to contact your healthcare provider to determine if your family should receive a flu shot. It is not too late!!

## FREE COVID19 Saliva Test Kits



With the current rates of COVID 19 in Wright County as well as across Minnesota, it is never a bad idea to order saliva test kits in advance and have them available in your home should you or someone you live with develop COVID like symptoms (cough, fever, shortness of breath, etc.).

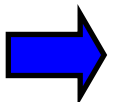
The test kits are FREE and provided by the state. It's reported that this test is just as accurate as the nasal swab test. This test only determines if you have COVID-19. It's NOT an antibody test that looks for whether you have had COVID-19 in the past. You can request up to five tests per household through the website link below. Tests are sent to a lab in Oakdale, Minnesota, using a prepaid package. Test results will be provided as soon as 24-48 hours after they have been processed.

Request a FREE saliva test at: <https://learn.vaulthealth.com/state-of-minnesota/>. Insurance coverage is not an issue. If you do have insurance, you will need to provide your information so your insurance can pay for your test. If insurance doesn't cover the entire cost of the test or you DON'T have insurance, the state will cover the cost. You will NOT receive a bill.

Please remember, if you or someone in your home has COVID like symptoms, let the school know and keep your child(ren) home until test results are received. If your family chooses not to test, please follow the [BHM COVID Decision tree](#) or contact your school health office for return to school guidance.

BHM School District Families  
COVID-19 Decision Tree  
September 25, 2020

(Health Headlines continued on next page)



# More Health Headlines

**Save the Date: Give Kids a Smile February 5<sup>th</sup> and 6<sup>th</sup>**



Each year, dental professionals from across the state participate in *Give Kids a Smile*, providing free dental care to children in need. The event takes place on the first Friday and Saturday of February and is made possible by the collaborative effort of the Minnesota Dental Association, volunteer dentists, and other generous sponsors. Registration begins January 1, 2021. More details should be available soon at [www.mndental.org/events/give-kids-a-smile](http://www.mndental.org/events/give-kids-a-smile) and [www.mndental.org/events/give-kids-a-smile/patients](http://www.mndental.org/events/give-kids-a-smile/patients).

## **Tips for Staying Healthy, Happy and Safe during the Holidays**

Give the gift of being healthy this holiday season with a few simple tips to keep you, your family and your friends, healthy this time of year and all year round!



**Wash your hands.** Washing your hands often will help limit the spread of germs that can make you and others sick. Wash your hands with soap and running water for at least 20 seconds.



**Eat healthy and get plenty of exercise!** Enjoy the holidays the healthy way with balance and moderation. Skip the tempting sweets and heavy side dishes by mixing in fresh fruits and seasonal vegetables. With the kids off of school, be active as a family everyday.



**Bundle up!** Stay warm and dry by wearing appropriate clothing for being outdoors. Dress in layers of light, warm clothing and remember to wear hats, scarves, mittens and warm boots!



**Handle and prepare food safely.** Follow these four simple steps to decrease your chance of getting sick from holiday eats. Wash your hands and food preparation surfaces often, avoid cross contamination between raw and cooked foods, cook foods, especially meats, to proper internal temperatures and refrigerate leftovers promptly.



**Stress management!** Amongst all of the hustle and bustle, remember to take time for yourself. Take a moment to do some deep breathing exercises or meditation. Get plenty of sleep and don't overcommit yourself to prevent anxiety and pressure.

For more ideas to keep the whole family healthy, happy and safe during this holiday season, visit [healthpoweredkids.org](http://healthpoweredkids.org).



# PTO Page

Your fundraising dollars are at work. HES PTO has been able to fund the following projects for your children.

**Hanover Elementary School Forest** - Did you know our school has 30 acres registered with the MN DNR since 1994 as an outdoor education classroom? It gets the kids outside and into nature! With your fundraiser contribution, Mrs. Boldt (4<sup>th</sup> Grade teacher) set up two Hanover Cafes complete with deer feeding stations and bird feeders with trail cameras to catch the visitors enjoying their meals. All HES children will be going out to enjoy nature and utilizing their very own unique outdoor classroom.

**Blessing Bags 5<sup>th</sup> Grade Community Outreach Project** - The 5<sup>th</sup> grade classes will be putting together blessing bags filling them with personal care items. In a partnership with the Roseville High School National Honor Society the bags will be handed out by the high school students to people in need. These students will then write a letter to our 5<sup>th</sup> graders telling them a little about who received their Blessing Bags. This is an incredibly special opportunity for our children to show kindness. Your fundraiser dollars helped purchase the personal care items for this service project.

**Giving Tree** - Help less fortunate children in our community experience the joy of the holidays by donating to The Giving Tree. From now through Friday, December 11<sup>th</sup>, the PTO and HES 3<sup>rd</sup> graders will be collecting:

- New unwrapped toys, newborn to 18 years old
- New mittens, hats, and gloves
- New clothes, newborn to 18 years old
- Non-perishable food items
- Cash donations with matching funds up to \$200 by Bank West



Collection boxes will be by the "Giving Tree" in the HES front hallway. Cash donations should be given to the office. All donations go to St. Paul's Lutheran Church in Hanover to be used on a "holiday gift shopping day" for parents in-need that live in the area. Non-perishable food items will be given to the Hanover Area Food Shelf. Thank you for your donations!

*The best ideas come when we work together. We would love to have you at our next PTO meeting to share your ideas with us. E-mail us at [hespto2020@gmail.com](mailto:hespto2020@gmail.com) Our meetings are held virtual for the time being. We can share the Google Meet link with you.*



# Hanover Collects

**Hanover Elementary uses several different programs to help earn extra cash for our school. Check out their websites to learn more about each program.**

- \* **Box Tops for Education** ([btfe.com](http://btfe.com))
- \* **Coca-Cola GIVE** (<https://us.coca-cola.com/give/schools/>)
- \* **The Cartridge Recycling Center** ([cartridgerecyclingcenter.com](http://cartridgerecyclingcenter.com))
- \* **Coborn's MORE School Rewards** ([moreRewards.com/school](http://moreRewards.com/school))
- \* **Loaves 4 Learning** ([loaves4learning.com](http://loaves4learning.com)).



Box Tops for Education has traditionally been a clip and submit program. It has changed so points are earned digitally. You scan your receipt using an app and it gives the school of your choice credit. Check out their website at [btfe.com](http://btfe.com) to enroll and see how it works. If you still find box tops on packages, by all means, clip them and send them in to school with your student.



**GIVE** Give Back to HES with Coca-Cola products. We're excited to share that our school is part of the Coca-Cola Give program. When you make Coca-Cola purchases, you simply enter the product codes here: <https://us.coca-cola.com/give/schools/> and our school receives a donation. Help us make the most of this program and learn more at [Coke.com/give](http://Coke.com/give). You can also send in your product codes on bottle caps and packaging to the school.



HES also collects empty inkjet cartridges for recycling. We receive up to \$2 for each cartridge recycled. A list of acceptable cartridges can be found at [cartridgerecyclingcenter.com](http://cartridgerecyclingcenter.com). Drop off your empty cartridges in the collection bin located in the hall just outside the office. **Laser cartridges are not** a part of this program, so please do not bring them in.



You can earn rewards for HES when you shop at Coborn's. Simply sign up for their MORE Rewards program at [moreRewards.com](http://moreRewards.com) or in the store. Designate our school to receive the rewards when you buy qualifying products. Your points will automatically be tabulated and our school will be awarded a percentage of Coborn's donation to schools based on the corresponding percentage of all points earned for HES.



Save UPCs and earn cash for HES by clipping UPC Proof-of-purchases from participating products from Country Hearth, Village Hearth, Artisan Hearth and Fiber Up breads. Send the UPCs in to school with your student. Check out



## Donations

Many thanks to the HES PTO for donating \$497.47 for Raz Kids licensing and for supplies to use in the school forest.

The Raz-Kids logo features a stylized sun with rays above the text "Raz-Kids" in a blue, sans-serif font.

**DATES TO  
REMEMBER**

### Upcoming Events

December 11	Last day for the Giving Tree
December 22&23	Dress Up Day—Red & Green
December 24–January 3:	No school, Winter Break
January 4	School Resumes

**Happy Holidays**

## Promote a growth mindset to strengthen academic success

School is filled with challenges—and your child's success depends on how she responds to those challenges. Encourage her to develop what researchers call a growth mindset.

A growth mindset determines how kids think about problems. Suppose, for example, your child is having trouble understanding a concept in science. Some kids would throw up their hands and say, "I'm not good at science"—and quit trying. But other kids would take another view. "This is a challenge and I love a challenge."

Children in the second group have a growth mindset. They believe that even if they don't understand something now, they will be able to learn it in the future. They're more likely to stick with a problem—and solve it.

You can encourage this mindset by praising your child's effort. "That was challenging, but you kept trying different things until you got it!"

Reprinted with permission from the December 2020 issue of Parents make the difference!® (Elementary School Edition) newsletter. Copyright © 2020 The Parent Institute®, a division of PaperClip Media, Inc. Source: C. Romero, "What We Know About Growth Mindset from Scientific Research," *Mindset Scholars Network*.

## Show your child that reading is enjoyable and rewarding

Strong reading skills make it easier to learn every school subject. But experts say that to build reading abilities, children must want to read. Unfortunately, many kids just aren't interested.

To inspire your child to read:

- Listen to audiobooks together. This is an effective way to show a reluctant reader how interesting books can be. You can download audiobooks from the library, or record yourself reading aloud. Encourage your child to follow along with the book while listening.
- Follow current events. Is there a developing news story that interests your child? Read the latest reports together each night.
- Sign your child up for a pen pal. Kids love receiving mail and learning about life in other countries. Ask your child's teacher or a librarian about how to get involved.
- Take a virtual field trip. Challenge your child to research online about attractions in your area, such as museums. Then ask him to be your tour guide through their websites and share what he's learned.
- Give reading coupons. Show your child that you think reading is special by giving him reading coupons. Some might be for 30 minutes of reading with you. Others might be good for a new book. Reading coupons also make great rewards for good behavior.

Reprinted with permission from the December 2020 issue of Parents make the difference!® (Elementary School Edition) newsletter. Copyright © 2020 The Parent Institute®, a division of PaperClip Media, Inc.

## Fun activities keep learning alive for your child over winter break

Your child looks at the calendar and imagines the joy of having free time for the entire winter school break. You look at the same blank squares on the calendar and have a mild moment of panic.

To keep from hearing "I'm bored" during your child's time off from school, here are some activities that will keep her learning:

- Help your child focus on someone other than herself. This is the season for the "I wants." Insist that your family take part in an activity that will help those less fortunate.
- Prepare food together. Nearly every culture has some special foods associated with the holiday season. With your child, prepare foods you remember from your childhood. Share your memories. Or do some research and cook a dish you've never tried.
- Select a movie that is based on a book. After you and your child finish reading the book, watch the movie together. Discuss how the two are alike and how they are different.
- Encourage your child to learn more about the past and your family history by talking with grandparents, aunts, uncles— even you. Help her come up with a list of questions to ask, such as, "What was school like for you when you were my age?" and "What trends were popular?" She can record the conversations, write them down, or just listen.

Reprinted with permission from the December 2020 issue of Parents make the difference!® (Elementary School Edition) newsletter. Copyright © 2020 The Parent Institute®, a division of PaperClip Media, Inc.



# INTO THE WOODS...

