

# BHM School District Families COVID-19 Decision Tree

September 25, 2020

## What do I do if someone in our household.... was in close contact with someone who tested positive for COVID-19?

A close contact is a person who was within 6 feet for at least 15 minutes of someone who is infected. This includes anyone who lives in the same household.

The close contact person must stay home from all activities for at least 14 days since the last contact with the positive case.

The Minnesota Department of Health recommends testing 5-7 days after your last contact with the positive case.

Other members in your household, NOT being tested, do NOT need to stay home or be excluded from school or child care while waiting for test results if the person being tested does not have any symptoms. If symptoms are present, household members must quarantine.

Contact your health care provider, and your child's school(s), who will work with the BHM COVID-19 Coordinator to determine the next steps.

### **Symptoms Develop/Positive Test Result**

If symptoms develop and/or a positive test result is received, **stay at home in isolation** for at least 10 days from the time symptoms started until symptoms improve AND NO fever for 24 hours (without fever-reducing medications).

Household members stay home and **quarantine** from all activities for at least 14 days starting on the last day they were in close contact with the household member in **isolation**. *This means that a household member could be in quarantine for up to 24 days.*

### **Negative Test Result**

If the test result is negative for the close contact person, he/she must continue in quarantine for the remainder of the 14 days before returning to school.

Household members DO NOT need to stay home or quarantine.

# What do I do if someone in our household.... has ONE "more common" symptom or at least TWO "less common" symptoms?

## **More Common Symptoms:**

- Fever greater than or equal to 100.4° F
- New Onset and/or Worsening Cough
- Difficulty Breathing
- New Loss of Taste or Smell

## **Less Common Symptoms:**

- Sore Throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle Pain
- Excessive Fatigue
- New Onset of Severe Headache
- New Onset of Nasal Congestion or Runny Nose

The person with symptoms must stay home (or child will be sent home) and contact your child's school(s). Household members remain at home or are sent home. You decide on one of the following choices:

Evaluation and/or COVID-19 test from a health care provider.

Does NOT seek evaluation and/or COVID-19 test from a health care provider.

Receives a **POSITIVE** COVID-19 test result.

Contact your child's school(s), who will work with the BHM COVID-19 Coordinator to determine the next steps.

The person who receives a **NEGATIVE** COVID-19 test result OR an alternative diagnosis, may return to school/work 24 hours after the symptom(s) improves.

Household members RETURN to school/work.

Stay at home in **isolation** for at least 10 days from the time symptoms started until symptoms improve AND no fever for 24 hours (without fever-reducing medications).

Household members stay home and **quarantine** from all activities for at least 14 days starting on the last day they were in close contact with the household member in **isolation**.

*This means that a household member could be in quarantine for up to 24 days.*

# What do I do if my school-age child... has ONE "less common" symptom?

## **Less Common Symptoms:**

- Sore Throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle Pain
- Excessive Fatigue
- New Onset of Severe Headache
- New Onset of Nasal Congestion or Runny Nose

Evaluate the symptom and determine if your child is well enough to be in school.  
If you determine that your child is NOT able to be in school, do the following:

Keep child home (or if your child is sent home from school) and consider evaluation from a health care provider and/or COVID-19 test and contact your child's school(s).

### **COVID-19 Test**

The person being tested and household members need to stay home and quarantine while waiting for the test results and then follow the guidance below.

Receives a **POSITIVE** COVID-19 test result.

Contact your child's school(s), who will work with the BHM COVID-19 Coordinator to determine the next steps.

The person who receives a **NEGATIVE** COVID-19 test result OR an alternative diagnosis, may return to school/work 24 hours after the symptom improves.

Household members RETURN to school/work.

### **No COVID-19 Test**

If your school-age child receives an alternative diagnosis or the symptom improves, he/she may return to school 24 hours after the symptom improves or as instructed by the health care provider.

Household members do NOT need to stay home or quarantine.

Stay at home in **isolation** for at least 10 days from time symptoms started until symptoms improved AND no fever for 24 hours (without fever-reducing medications).

Household members stay home and **quarantine** from all activities for at least 14 days starting on the last day they were in close contact with the household member in **isolation**. *This means that a household member could be in quarantine for up to 24 days.*

# What do I do if someone in our household... is asymptomatic (does NOT have symptoms of COVID-19) and is being tested?

For example, this instance could come up if you or someone in your household needs to take a COVID-19 test for a medical procedure or work requirements.



If the person being tested is asymptomatic and has NOT come into contact with someone who has COVID-19, he/she must stay home and quarantine until test results are received.

The other household members NOT being tested, do NOT need to stay home or be excluded from school or child care.



## **Positive Test Result**

If the tested household member receives a **POSITIVE** COVID-19 test result, that person must stay home and contact your child's school(s). Children should remain home (or will be sent home).



## **Negative Test Result**

If the test result is **NEGATIVE**, the person tested may return to work/school.



The **POSITIVE** COVID-19 household member must be in **isolation** for at least 10 days from the day he/she was tested (if asymptomatic or from the time symptoms started), they feel better AND there is no fever for 24 hours—without fever-reducing medications).

Household members must stay home and **quarantine** from all activities for at least 14 days, starting on the last day they were in close contact with the person who has COVID-19. If the child cannot be separated from the household member with COVID-19, their 14-day quarantine period starts AFTER the household member is no longer in **isolation**. (A household member could be in quarantine for up to 24 days depending on the ability to separate from the affected household member in isolation.)