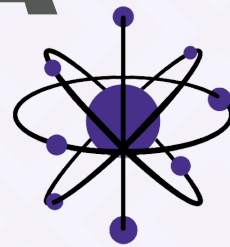
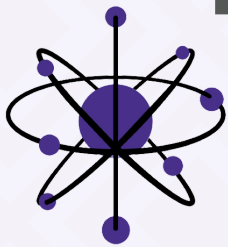
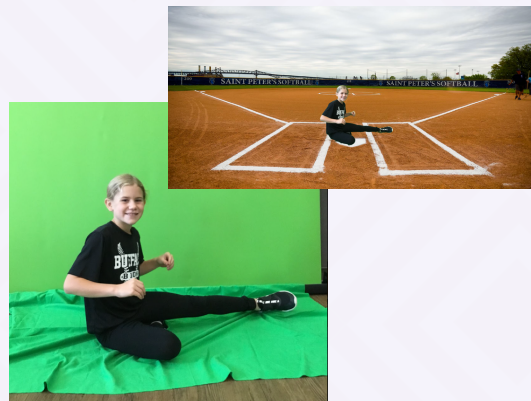
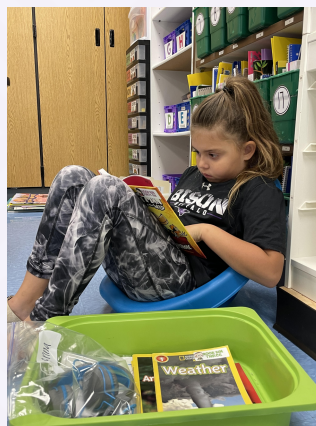
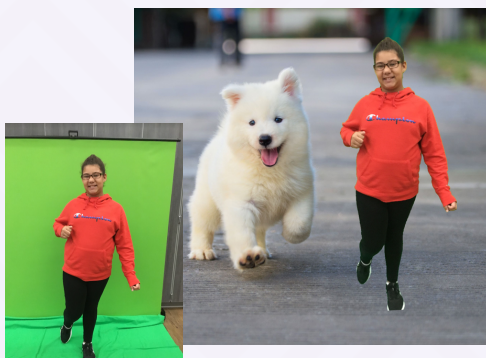


SEPTEMBER 23, 2021

THE TATANKA TIMES



ENGINEERING OUR FUTURE



IMPORTANT DATES

Latinx Heritage Month
September 15-October 15

2nd-5th grade NWEA/MAP Assessment
September 20-October 15

PTO Movie Night-**CANCELLED**
September 24

Vision & Hearing Screening
September 28

Parent Teacher Evening Conferences &
Scholastic Book Fair in STEM Lab
October 5,7,11

Donuts with Grownups

Come join Ms. Iden in the STEM lab to talk about what is going well at Tatanka and what you would like to see improved at Tatanka
October 15 from 8:15-8:45

STEM Lab Donations



We are looking for thin cardboard such as cereal boxes, cracker boxes, and tissue boxes. If you have these and are able to donate, please bring them to the STEM Lab, main office or Mrs. Wykle.

FROM THE PRINCIPAL'S DESK

Tatanka Caregivers,

It is hard to believe we are already rounding the corner of the 3rd week of school. Our 2nd-5th grade students are in the process of completing their MAP Reading and Math assessments, some of our 4th graders learned all about using green screens to highlight special aspects of their personal identities, and our 1st graders have been working hard to build their reading stamina! It is fun to see all the joy for learning in the building!

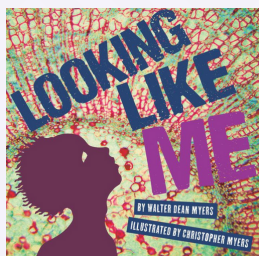
Unfortunately, this week we had to make the hard decision to cancel the PTO Movie Night. We look forward to rescheduling the event in the future. Thank you for your understanding of this change.

Best,
Ms. Iden



End of Day Changes

If you have changes to your child's end of day plans (e.g., parent pick up, bus), please make sure to contact **Mrs. Erickson** in the main office at **763-682-8601** by **1pm** of the day the change is needed. She can also be reached at merickson@bhmschools.org



The fourth graders in **Mrs. Volk's Class** read the story Looking Like Me by Walter Dean Myers. In the story the main character realizes all of the things that identifies him. The students then created a list of all of the things that identifies them. Once their list was created they transferred it to a finger print paper to showcase how each student is different and unique. Then, they chose one identity and brought it to life with the green screen.



COMFORTING CORNER WITH MRS. LANDRUS, SCHOOL SOCIAL WORKER

This week's calming activity is called Rocks & Socks. When a child's body is feeling anger or worry they can experience tightened muscles or feel the need to complete "heavy work" to help expel the built up tension in their bodies. Sometimes this can come out as physical aggression or increased need for jumping, running, etc. **Rocks & Socks** allows students a safe way to tighten their muscles and then release the built up tension. Students will learn this activity during Tatanka's Monday announcements.



ROCKS & SOCKS

1. Take in a deep, strong breath.
2. Make fists with your hands.
3. Squeeze your hands with so much force, it is as if your strength can transform your fists into solid, indestructible rocks.
4. When you can't stand it any longer, exhale and release your fists.
5. Let go of all that tension and relax as if your hands and arms have turned into dangling socks.
6. Try turning other parts of your body, such as your shoulders, legs, and feet, into rocks and socks, too!

WHOLE HEARTED