



# Catch a free meal!



## BUFFALO-HANOVER-MONTROSE SUMMER FOOD PROGRAM

Free meals this summer for all kids age 18 and under and individuals 19 and over with state-defined mental or physical disabilities who participate in school programs. Meals must be consumed on site.

Curbside pick-up or take-home meals are not available.

**NORTHWINDS ELEMENTARY – 1111 7<sup>th</sup> AVENUE NW, Buffalo**  
**OPEN TO THE PUBLIC MONDAY – THURSDAY, JUNE 14 – AUGUST 10**  
**CLOSED: Monday, June 19, Monday, July 3, Tuesday, July 4**

**BREAKFAST 8:15 – 8:45 AM**

**LUNCH 12:00 – 1:00 PM**

Adult Breakfast Price: \$2.85

Adult Lunch Price: \$5.00

Cash Payments Only for Adult Meals

Exact change will be required for adult meal purchases.

No pre-registration is required for these meals.

### JUNE/JULY/AUGUST 2023

Monday	Tuesday	Wednesday	Thursday	Friday
6/12  <b>SUMMER FOOD SITE CLOSED</b>	6/13  <b>SUMMER FOOD SITE CLOSED</b>	6/14  <b><u>Breakfast</u></b> Whole Grain Mini Donuts  <b><u>Lunch</u></b> Mini Corn Dogs w/Goldfish Crackers, Baked Beans	6/15  <b><u>Breakfast</u></b> Breakfast Bread  <b><u>Lunch</u></b> Cheese Filled Breadsticks, Marinara, Pasta	6/16  <b>SUMMER FOOD SITE CLOSED</b>

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

**Meals are served with a variety of fruits, vegetables and a choice of milk.**

**Daily Breakfast Alternate: Cereal    Daily Lunch Alternate: Soybutter Uncrustable (Peanut Free)**

6/19  <b>SUMMER FOOD SITE CLOSED</b>	6/20  <u><b>Breakfast</b></u> Cinnamon Roll  <u><b>Lunch</b></u> Chicken Alfredo with Pasta, Garlic Bread	6/21  <u><b>Breakfast</b></u> Breakfast Pizza  <u><b>Lunch</b></u> Chicken Tenders, Mac & Cheese, Cookie	6/22  <u><b>Breakfast</b></u> Banana Bread  <u><b>Lunch</b></u> Homemade Muffin, Hash Brown, Yogurt & Fruit Juice	6/23  <b>SUMMER FOOD SITE CLOSED</b>
6/26  <u><b>Breakfast</b></u> Mini Cinnis  <u><b>Lunch</b></u> Chicken Patty Sandwich w/Chips, Jonny Pop	6/27  <u><b>Breakfast</b></u> Homemade Muffin  <u><b>Lunch</b></u> Garlic French Bread Pizza, Marinara, Caesar Salad	6/28  <u><b>Breakfast</b></u> Whole Grain Donut  <u><b>Lunch</b></u> Taco in a Bag w/Fixings	6/29  <u><b>Breakfast</b></u> Breakfast Bread  <u><b>Lunch</b></u> French Toast Sticks w/Sausage & Fruit Juice	6/30  <b>SUMMER FOOD SITE CLOSED</b>
7/3  <b>SUMMER FOOD SITE CLOSED</b>  Have a great 4 <sup>th</sup> of July!	7/4  <b>SUMMER FOOD SITE CLOSED</b>  Have a great 4 <sup>th</sup> of July!	7/5  <u><b>Breakfast</b></u> Whole Grain Mini Donuts  <u><b>Lunch</b></u> Mini Corn Dogs w/Goldfish Crackers, Baked Beans	7/6  <u><b>Breakfast</b></u> Breakfast Bread  <u><b>Lunch</b></u> Cheese Filled Breadsticks, Marinara, Pasta	7/7  <b>SUMMER FOOD SITE CLOSED</b>
7/10  <u><b>Breakfast</b></u> Breakfast Bar  <u><b>Lunch</b></u> Hamburger w/Fixings & Tator Tots	7/11  <u><b>Breakfast</b></u> Cinnamon Roll  <u><b>Lunch</b></u> Chicken Alfredo with Pasta, Garlic Bread	7/11  <u><b>Breakfast</b></u> Breakfast Pizza  <u><b>Lunch</b></u> Chicken Tenders, Mac & Cheese, Cookie	7/13  <u><b>Breakfast</b></u> Banana Bread  <u><b>Lunch</b></u> Homemade Muffin, Hash Brown, Yogurt & Fruit Juice	7/14  <b>SUMMER FOOD SITE CLOSED</b>
7/17  <u><b>Breakfast</b></u> Mini Cinnis  <u><b>Lunch</b></u> Chicken Patty Sandwich w/Chips, Jonny Pop	7/18  <u><b>Breakfast</b></u> Homemade Muffin  <u><b>Lunch</b></u> Garlic French Bread Pizza, Marinara, Caesar Salad	7/19  <u><b>Breakfast</b></u> Whole Grain Donut  <u><b>Lunch</b></u> Taco in a Bag w/Fixings	7/20  <u><b>Breakfast</b></u> Breakfast Bread  <u><b>Lunch</b></u> French Toast Sticks w/Sausage & Fruit Juice	7/21  <b>SUMMER FOOD SITE CLOSED</b>

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<b>7/24</b> <u><b>Breakfast</b></u> Pop Tart, Yogurt  <u><b>Lunch</b></u> Pizza, Corn, Cinnamon Graham Crackers	<b>7/25</b> <u><b>Breakfast</b></u> Waffle  <u><b>Lunch</b></u> Chicken Nuggets, Mashed Potatoes & Gravy, Dinner Roll	<b>7/26</b> <u><b>Breakfast</b></u> Whole Grain Mini Donuts  <u><b>Lunch</b></u> Mini Corn Dogs w/Goldfish Crackers, Baked Beans	<b>7/27</b> <u><b>Breakfast</b></u> Breakfast Bread  <u><b>Lunch</b></u> Cheese Filled Breadsticks, Marinara, Pasta	<b>7/28</b>   <b>SUMMER FOOD SITE CLOSED</b>
<b>7/31</b> <u><b>Breakfast</b></u> Breakfast Bar  <u><b>Lunch</b></u> Hamburger w/Fixings & Tator Tots	<b>8/1</b> <u><b>Breakfast</b></u> Cinnamon Roll  <u><b>Lunch</b></u> Chicken Alfredo with Pasta, Garlic Bread	<b>8/2</b> <u><b>Breakfast</b></u> Breakfast Pizza  <u><b>Lunch</b></u> Chicken Tenders, Mac & Cheese, Cookie	<b>8/3</b> <u><b>Breakfast</b></u> Banana Bread  <u><b>Lunch</b></u> Homemade Muffin, Hash Brown, Yogurt & Fruit Juice	<b>8/4</b>   <b>SUMMER FOOD SITE CLOSED</b>
<b>8/7</b> <u><b>Breakfast</b></u> Mini Cinnis  <u><b>Lunch</b></u> Chicken Patty Sandwich w/Chips, Jonny Pop	<b>8/8</b> <u><b>Breakfast</b></u> Homemade Muffin  <u><b>Lunch</b></u> Garlic French Bread Pizza, Marinara, Caesar Salad	<b>8/9</b> <u><b>Breakfast</b></u> Whole Grain Donut  <u><b>Lunch</b></u> Taco in a Bag w/Fixings	<b>8/10</b> <u><b>Breakfast</b></u> Breakfast Bread  <u><b>Lunch</b></u> French Toast Sticks w/Sausage & Fruit Juice	<b>8/11</b>   <b>SUMMER FOOD SITE CLOSED</b>
<b>8/14</b>   <b>SUMMER FOOD SITE CLOSED</b>	<b>8/15</b>   <b>SUMMER FOOD SITE CLOSED</b>	<b>8/16</b>   <b>SUMMER FOOD SITE CLOSED</b>	<b>8/17</b>   <b>SUMMER FOOD SITE CLOSED</b>	<b>8/18</b>   <b>SUMMER FOOD SITE CLOSED</b>
<b>8/21</b>   <b>SUMMER FOOD SITE CLOSED</b>	<b>8/22</b>   <b>SUMMER FOOD SITE CLOSED</b>	<b>8/23</b>   <b>SUMMER FOOD SITE CLOSED</b>	<b>8/24</b>   <b>SUMMER FOOD SITE CLOSED</b>	<b>8/25</b>   <b>SUMMER FOOD SITE CLOSED</b>

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