



Community Education

BUFFALO HANOVER MONTROSE SCHOOLS

SUMMER
2024

Jump Into Summer with Community Ed!



The place to
dream, believe
and achieve.

SWIM GAMES, P. 18, 20, 21
OPEN SWIM, P. 28
YOUTH SWIM LESSONS, P. 29

763.682.8770 BHMSCHOOLS.CE.ELEYO.COM

Welcome to Community Education

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Office Telephone: 763.682.8770
Office Location: 301 2nd Ave NE, Buffalo (door 1)
Office Hours: 8 am - 4 pm, Monday-Friday
Office Closed: May 27, June 19, July 4, 5

Easy Ways to Register

- ◆ Online at bhmschools.ce.eleyo.com
- ◆ Phone at 763.682.8770
- ◆ In-Person or Mail at 301 2nd Ave NE, Buffalo

Registration

- ◆ Register at least one-week prior to start date. Classes with low enrollment may be canceled at that time.
- ◆ Once registered, you will receive an email class confirmation if an email address is provided.
- ◆ **Cancellations** within 3 business days of the class is assessed a \$5 service fee. Other restrictions may apply. If we cancel a class, you will be notified and your payment refunded.

Weather Cancellations

- ◆ Community Education and ECFE classes do not meet when school is closed during the day due to weather.
- ◆ 2-Hour Late Start: No morning ECFE classes.
- ◆ KidKare program remains open.



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Think Outside the Box!

Having a tough time thinking of a special gift to give someone? Give a Community Education Gift Certificate to your loved one or friend.



Call Community Education and we will mail the certificate to you.
Now that's easy shopping!

KidKare Program



BUFFALO • HANOVER • MONTROSE
COMMUNITY EDUCATION

Providing quality
child care with
flexible scheduling.

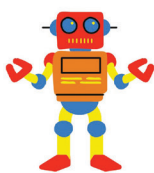


School Year 2024-25 Registration Opens
for current families on June 24
for new families on July 1

Register at bhmschools.ce.eleyo.com
Click on KidKare under "Explore All Programs".

SUMMER 2024

FULL!



* Non-school day and
Summer care \$38.50/day

* Before school care \$7.50/day
After school care \$14.00/day

* Full day care
Ages 3-5 \$38.50/day

Contact:

Tiffany Lund, Coordinator

763.682.8787

tlund@bhmschools.org



More information:
bhmschools.org/kidkare

Early Childhood Family Education

Free!



Open House

Come meet Early Childhood staff, play in our classrooms, and learn what ECFE is.

Please register all family members that will be attending this FREE event.

We are excited to see you!

Buffalo SP4044A

Monday, May 20 10:30 am - 12 pm
Discovery Center Room EC1

Hanover SP4044B

Tuesday, May 21 10:30 am - 12 pm
Hanover Elementary Room 200

Montrose SP4044C

Friday, May 24 10:30 am-12 pm
Montrose Early Education Center ECFE Room



Summer Bison Preschool (Ages 3-5 by September 1, 2023)

Join us as we keep the preschool fun going during the summer months. During Bison Summer Preschool sessions, children will have the opportunity to play and learn alongside friends AND build their early academic skills. The daily routine will include opportunities for outdoor play, art, snack, large and small group activities. (Limit 18)

SU4100A

Mondays, Wednesdays, Fridays
June 10, 12, 14, 17, 21, 24, 26, 28 (No class Wednesday, June 19)
8:30 - 11:30 am
8 sessions - \$100
Discovery Center

Emily Pearson/TBD
Room EC2

SU4100B

Mondays, Wednesdays, Fridays
July 29, 31, August 2, 5, 7, 9, 12, 14, 16
8:30 - 11:30 am
9 sessions - \$115
Discovery Center

Emily Pearson/TBD
Room EC2



Preschool 2024-2025

The Bison Preschool program offers educational programs intentionally designed for our youngest learners ages 2.5 years to Kindergarten entrance.

Little Bison Preschool

Children ages 2.5-3.5 by Sept 1, 2024

Bison Preschool

Children ages 3-5 by Sept 1, 2024

For more information visit

bhmschools.org/preschool-classes

Early Childhood Family Education

ECFE Summer Drop In & Play

Gym Time!

Non-separating, Ages birth-kindergarten entrance and their grown-up(s)

Stay for a little while or the whole time. This Summer Drop in and Play class will provide opportunities for children to move their bodies, explore gym time, and play with friends. (Limit 15)

SU4054

Mondays, June 10-August 12

1 - 2 pm

(No class July 1)

9 sessions - FREE!

Discovery Center

Emily Pearson/TBD
Gym

ECFE Summer Drop In & Play

Outdoors!

Non-separating, Ages birth-kindergarten entrance and their grown-up(s)



Stay for a little while or the whole time. This Summer Drop In and Play option will provide opportunities for children to enjoy outdoor time with friends. Fun with chalk, bubbles, balls, hula hoops, and more. In the event of inclement weather, children will have the opportunity to play in an Early Childhood classroom. (Limit 15)

SU4055

Wednesdays, June 12, 26, July 31, August 7, 14

1 - 2 pm

5 sessions - FREE!

Discovery Center

Emily Pearson/TBD
Playground Area

ECFE Picnic & Storytime at the Park

Non-separating, Ages birth-kindergarten entrance and their grown-up(s)

After enjoying an ECFE Summer in the Park Tuesday concert, pack a lunch and enjoy a picnic with friends on the shores of Buffalo Lake. After lunch, join us for storytime at Sturges Park led by an ECFE teacher! **No registration required.**

June 11, 18, 25, July 9, 16, 23

11:30 am - 12:30 pm

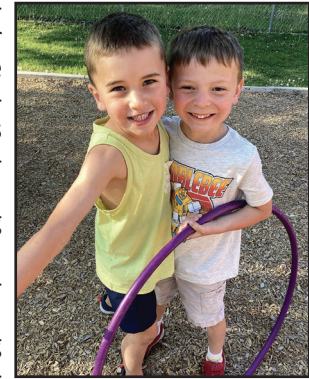
6 sessions - FREE!

Sturges Park, Buffalo

Nature Camp

(Ages 4-5 by September 1, 2023)

Join us at the Montrose Early Education Center outdoor classroom. Kids will have fun exploring the great outdoors through nature walks and other hands-on activities. Examples include bird watching, tree rubbings, bug collecting, and gardening! Activities will provide opportunities for children to build and practice their learning skills as they prepare to enter Kindergarten. **In the event of inclement weather, class will be held indoors.** (Limit 18)



SU4200

Monday, Wednesday, Thursday, Friday July 22, 24, 25, 26
8:30 - 11:30 am

4 sessions - \$40

Teacher TBD

Montrose Early Education Center
ECFE Room/Outdoor Classroom



Early Childhood Screening

(Ages 3-5 years)

Screening will check your child's overall development. The state of Minnesota recommends all children be screened before their 4th birthday in order to start kindergarten in any Minnesota public school. Screening is required within 90 days of beginning ECFE preschool. **Call 763.682.8408 or 763.682.8780 to schedule.** Upcoming appointments in Buffalo on the following dates:

June 21, 26, 27, 28

Early Childhood Family Education

ECFE Music in the Park

Sturges Park, Buffalo
Tuesdays at 10:30 AM



June 11

Kick-off the Buffalo Days Celebration with BHM ECFE and *The Teddy Bear Band*

June 18

Continue the summer fun with music & movement with the dad band, *The Jolly Pops*



June 25

Fan favorite *Hooperina* is back!

July 9

Wonderful World of Woody will entertain with music, juggling, sing-a-longs all rolled into one fun interactive show



July 16

Music from the Andes program shares the beauty of music, language, & story telling from the Andes Mountain region

July 23

Join *Kid Power with Rachael* for lots of dancing, music, laughs, & good times



Questions?
Call ECFE at 763.682.8780

In the event of inclement weather event will be held at
Discovery Elementary Gym, 301 2nd Ave NE, Buffalo
Updates will be posted to our Facebook page:
BHM Schools Early Childhood Family Education

Cotton Candy Making (Grades K-5)

Learn how cotton candy is made WITH and WITHOUT a machine by heating and spinning flavored sugar and Jolly Ranchers. We will also play games for fun prizes.

SP6101A

Wednesday, May 1
1 session - \$30
Discovery Center

2:30-4 pm
Charlene Bzdok
Room 202

SP6101B

Tuesday, May 21
1 session - \$30
Montrose Elementary

2:30-4 pm
Charlene Bzdok
Room 115

Little Houses (Grades K+)



Choose to create a fairy house, bird house or planter. Paint with bright colors and welcome visitors to your creations. Parents may drop off at Artistic Me or have your child meet at the Community Education office at Discovery Elementary after school to walk with a chaperone to Artistic Me. Parents will pickup their child at Artistic Me.

SP6064

Wednesday, May 8
1 session - \$35

3-4 pm
Artistic Me

School of Fish

(Grades 3 and up)

School of Fish is a 2 1/2-hour kids fishing class open to kids (and adults!) from grades 3 and up taught by pro angler and fishing TV show host Mike Frisch. Students learn about lakes, finding fish in those lakes, and some great ways to catch them. They also learn to tie a fishing knot and rig and use a slip-bobber setup.



Students will receive:

- ◆ Rod & Reel
- ◆ Hannay's Marine/School of Fish hat
- ◆ Tackle box and tackle
- ◆ School of Fish full color workbook

One adult is invited to attend with a child at no additional charge, provided they share one equipment packet. Most importantly, graduates leave class with the knowledge, skills, and equipment to go fishing!

SP6007

Monday, May 13
1 session - \$60
Discovery Center

6-8:30 pm
Mike Frisch
Cafeteria

Get Your Driving Permit This Summer!

June Classes

M-F, June 10-24 (No class Wednesday, June 19)

SUDE24A 8-11 am Buffalo High School
SUDE24B 8-11 am Hanover Elementary
SUDE24C 11:15 am-2:15 pm Buffalo High School

Makeup Day: Tuesday, June 25, 8-11 am at BHS.

July Classes

M-F, July 8-19

SUDE24D 8-11 am Buffalo High School
SUDE24E 5-8 pm Buffalo High School

Makeup Day: Monday, July 22, 8-11 am at BHS

M-F, July 29-August 9

SUDE24F 8-11 am Montrose Elementary
Makeup Day: Monday, August 12, 8-11 am at MES

Our program includes 30-hours of classroom instruction, 6-hours of Behind-the-Wheel (BTW) instruction with a licensed teacher AND all classroom materials for **\$395!**

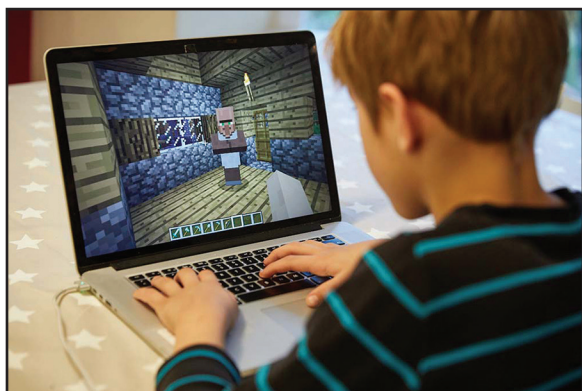
Plan to attend the **Parent and Student Safety Presentation June 18 or July 31** at Buffalo High School. The fee is \$10/student. Register online or by calling Community Education.



Community Education
BHM SCHOOLS

June Classes

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Minecraft Mod Development: Custom Sword & Super-Tools (Grades 3-7)

This class is for Minecraft enthusiasts that want to learn how to create their own custom sword. Learn how to make custom tools and Java mods for Minecraft: Java Edition using MCreator. **Bring a USB drive to save your creations on the last day.**

SU6090

Monday – Thursday, June 10-13
4 sessions - \$140
Discovery Center

9 am-12 pm
Tech Academy
Room 204

Engineering: Crazy Action Contraptions (Grades K-3)

Unleash your imagination as you journey through the wide-ranging world of LEGO® building. Students work in pairs to build models and discuss the engineering science behind each. This fun, hands-on class shows students how engineering can be fun and silly yet still educational. Students will then be challenged to improve the model and customize their creations. Possible models include the never-look-back machine, skittletops, do-nothing machine, coat hanger daredevil, trapdoor cable car parachute machine, rubber band racer, balloon-powered car, and other crazy action contraptions.

SU6091

Monday – Thursday, June 10-13
4 sessions - \$130
Discovery Center

1-4 pm
Tech Academy
Room 204

Slime Time with Mickey & Minnie with Kidcreate Studio (Ages 4-9)

Get ready Disney® fans! This slime-tastic activity is the perfect way to create a memory that is sure to stick. "Hey there," "Hi there" and last but not least, 'Ho There!' Be prepared for your mini Mouseketeer to have ooey gooey fun as they make their own Mickey or Minnie Mouse slime with a themed jar to hold it all together.

SU6060

Thursday, June 20
1 session - \$45
Discovery Center

9 am-12 pm
Kidcreate Studios
Room 202



Young Americans School (Ages 4-14) of Self Defense/Safety Awareness

Students are instructed in self-defense, emergency notifications, physical techniques and abduction safety. This program promotes self confidence, physical fitness, personal empowerment, and respect for others. New students will earn the yellow belt and ranking students will earn advanced belts. Instructors are certified black belts trained in run, yell, tell and stranger danger curricula.

- ◆ **Registration is Thursday, June 13, 6:30 - 7:30 pm**
- ◆ Discovery Center, East Gym
- ◆ Registration fee is \$5
- ◆ Weekly class fee is \$8
- ◆ Classes meet Thursdays, June 20-August 22
- ◆ **(No class July 4)**
- ◆ Beginners: 6:30 - 7:15 pm
- ◆ Intermediate/Advanced: 7:30 - 8:15 pm
- ◆ Discovery Center, East Gym

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Paint Like Picasso with Kidcreate Studio



(Ages 4-9)

This is your child's chance to paint on a real canvas board, just like Picasso! We'll learn all about the Cubist style as we draw and paint our own self-portrait. **Please pack a nut free snack and drink for your child.**

SU6061

Thursday, June 20
1 session - \$45
Discovery Center

1-4 pm

Kidcreate Studios
Room EC1

Fantastic Mr. Fox

(Grades K+)

Day Trip to Sidekick Theatre

Mr. Fox is smart, clever and rather fantastic, but can he save his family and friends from a trio of spiteful, nasty, smelly farmers who are out to get them? This high-spirited, toe-tapping show is a celebration of courage, family and community with lots of laughs, audience participation and lovable characters along the way. **Bring a snack for the bus ride back after the show. We encourage parents/guardians to attend with their children. Chaperones needed.**



SU6000

Friday, June 28
Bus departs Discovery Center, door 1, at 11:15 am
Approximate return to Buffalo 2:30 pm
Fee is \$20 per person

Battle Drones

(Grades 3-8)

Battle Drones features an exciting combination of aerial acrobatics with an engineering design challenge to teach students STEM concepts, teamwork, and how to skillfully fly a drone. Teams of students build robotic launchers designed to fling projectiles at their opponents' drones. Students are guided by experienced camp instructors in how to construct their launchers to maximize projectile speed and accuracy. The camp will culminate in an epic battle where students pilot their drones to safety by dodging opponent projectiles while using their own launchers to take down opponent drones. **Participants have the option to purchase a drone.**



SU6082A (Includes drone to take home)

3 sessions - \$150

SU6082B

3 sessions - \$100

Monday – Wednesday, June 24, 25, 26
Buffalo Community Middle School
COR Robotics

9 am–12 pm
Room 802

Drone Racing

(Grades 3-8)

Students will learn how to fly like the pros in the Drone Racing League by training on a flight simulator. Once they learn the basics of flying, they'll assemble their very own drone. After learning drone safety and maintenance, students take their drone to the skies and compete in numerous races and challenges. Led by experienced instructors, students will leave camp with the skills and knowledge to pilot their drones and keep them running. The drones used in camps have cameras, and are perfect for entry level pilots. **Participants have the option to purchase a drone.**

SU6083A (Includes drone to take home)

3 sessions - \$150

SU6083B

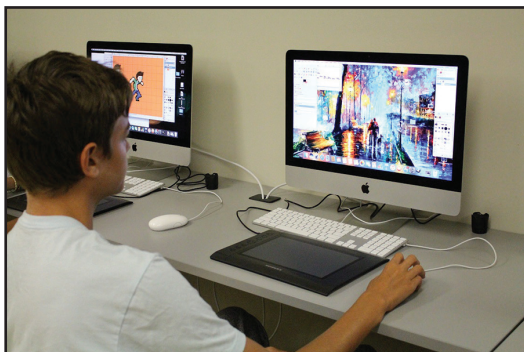
3 sessions - \$100

Monday – Wednesday, June 24, 25, 26
Buffalo Community Middle School
COR Robotics

1-4 pm
Room 802

July Classes

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Intro to Digital Art (Grades 3-8)

Dive into the captivating world of creativity and technology! This immersive three-day program combines hands-on learning with engaging digital tools, offering a dynamic journey into digital art. Students explore the fundamentals of digital drawing and apply what they learn to an exciting real-world application. Intro to Digital Art is the perfect blend of fun, skill development, and boundless imagination, providing young artists with the tools and confidence to bring their visions to life. **Through a partnership with No Grit No Pearl, students will get their favorite design printed on a canvas or t-shirt which will be shipped to their house after camp!**

SU6084

Monday – Wednesday, July 8, 9, 10
3 sessions - \$100
Buffalo Community Middle School

9 am-12 pm
COR Robotics
Room 802

Exploring Photography (Grades 3-8)

Capture the essence of summer with, *Exploring Photography*, an exciting experience designed to ignite the passion for visual storytelling and photography in students. Learn the secrets of photography and transform ordinary moments into extraordinary snapshots. Guided by experienced instructors, this immersive experience strikes the perfect balance between having a blast and allowing creativity to shine. Discover the skills to freeze time through the lens – join "Exploring Photography" for a snapshot of a summer you'll never forget!

SU6085

Monday – Wednesday, July 8, 9, 10
3 sessions - \$100
Buffalo Community Middle School

1-4 pm
COR Robotics
Room 802

Summer Orchestra Camp

(Incoming Grades 8-9 in the fall)

Join your fellow orchestra friends to help maintain your playing skills in the middle of summer! The day camp will include large ensemble work, sectionals, working with our high school orchestra mentors, and listening to special performances by our guest artists. The camp session will conclude with a concert for family and friends. **This camp is for students who has a minimum of two years' experience playing the violin, viola, cello, or bass.**

SU6101

Monday – Friday, July 8-12
5 sessions - \$70
Buffalo High School

9 am – 12 pm
Kristine Wiese
Music Wing



Summer Orchestra Camp

(Incoming Grades 10-12 in the fall)

This is an orchestra experience for students looking for a moderate challenge in a relaxed and fun environment. The day camp will include: large ensemble work, sectionals, and listening to special performances by our guest artists. The camp session will conclude with a concert for family and friends at the end of the week. **This camp is for students who has a minimum of three years' experience playing the violin, viola, cello, or bass.**

SU6102

Monday – Thursday, July 8-11
Friday, July 12
5 sessions - \$100
Buffalo High School

11 am – 4 pm
9 am – 12 pm
Kristine Wiese
Music Wing

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Camp Invention (Grades K-6)

Join us for **ILLUMINATE**, this year's Camp Invention program, where bright ideas and the bright look of summer fun and learning come together! **ILLUMINATE** is designed to inspire confidence and persistence while building essential STEM skills.

- ◆ **IN THE GAME** gives campers the chance to be innovative all-stars as they engineer their own light up ball game and create a unique sports ball.
- ◆ In **LET'S GLOW** campers learn about biophysics, optics, and electrical engineering as they discover illuminating inventions and build their own one-of-a-kind Glow Box to help their ideas shine.
- ◆ Campers embark on an epic global operation in **HYDRODROP** to explore and solve water challenges around the world using a personalized light up, robotic Lab-on-Wheels inspired by cutting-edge marine science technology.
- ◆ In **PROTOTYPING STUDIO** campers star as game show contestants where they go on an innovative journey to discover the ultimate place to complete rapid prototyping challenges and learn that invention can happen anywhere!

Register with Camp Invention at
INVENT.ORG/CAMP

Monday-Friday, July 8-12
5 sessions - \$280
Buffalo Community Middle School

9 am-3:30 pm
Camp Invention Staff
Room 501-506

Gem-Tastic with Kidcreate Studio

(Ages 4-9)

We're bringing out our best bling for these sparkling masterpieces! In this popular camp, you will create dazzling works of art, all covered in glittery GEMS! Make clay cakes that sparkle and shine, along with a collage that glimmers and gleams. You will even make your very own gem-covered crown out of clay. Come get Gem-Tastic with us! **Please pack a nut free snack and drink for your child each day.**



SU6062

Thursday & Friday, July 11 & 12
2 sessions - \$95
Buffalo Community Middle School

9 am-12 pm
Kidcreate Studios
Room 801

Design Your Own T-Shirt (Grades 3-8)

Have you ever wanted a T-shirt with your very own design on it? Now's your chance! Students will work to design their own custom T-shirt using digital graphic design tools. A professional screen-printing company will turn the design into a real-life T-shirt and ship it to your house! Experienced instructors will teach students how to run the software and guide them as they turn their visions into a reality!



SU6063

Thursday, July 11
1 session - \$55
Buffalo Community Middle School

9 am-12 pm
COR Robotics
Room 802

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Advanced Watercolor Techniques with Kidcreate Studio (Ages 9-14)

Take your watercolor painting skills to new heights with our thrilling advanced art class! Dive into the world of watercolors and uncover exciting techniques that will truly elevate your artwork. This class is tailor-made for students who are ready to take their skills to the next level. As you explore different watercolor techniques, you'll have the opportunity to create breathtaking misty mountain landscapes, and a garden of mushrooms, and even unleash your inner creativity with whimsical doodle flowers. **Please pack a nut free snack, lunch and a drink for your child.**

SU6064

Monday – Thursday, July 15-18
4 sessions - \$155
Buffalo Community Middle School

9 am-12 pm
Kidcreate Studios
Room 802

Babysitting 101 (Ages 10+)

This course is for youth interested in learning the current practices of caring for young children and how to manage their babysitting business. Students learn safety and injury prevention, first aid basics, feeding and caring for infants and how to handle behavior problems. **Students receive a reference book, handouts, babysitting bag and first aid kit. Bring a bag lunch and water bottle.**

SU6010

Wednesday, July 17
1 session - \$75
Buffalo Community Middle School

8:30 am-4 pm
Emergency Outfitters
Room 801

Mario Mushroom (Ages 4-9)

Be inspired by Mario games as you sculpt a gold mystery block with a mushroom on top! So, what are you waiting for? Get ready for some serious fun! **Please pack a nut free snack and drink for your child.**

SU6065

Friday, July 19
1 session - \$45
Discovery Center

9 am-12 pm
Kidcreate Studios
Room 202

Watermelon Slime (Ages 4-9)

What's messier than a slice of juicy watermelon? WATERMELON SLIME! Artists create their very own slime that looks just like goopy, gloopy, drippy watermelon, seeds and all! **Dress for a mess! Please pack a nut free snack and drink for your child.**

SU6066

Friday, July 19
1 session - \$45
Discovery Center

1-4 pm
Kidcreate Studios
Room 202

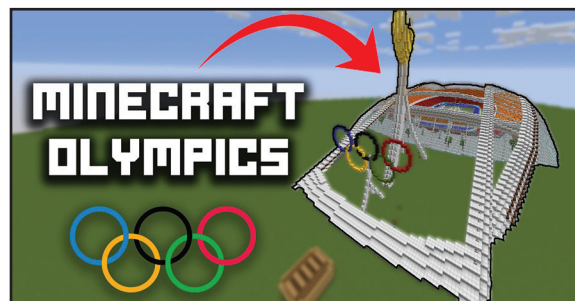
Minecraft Olympics (Grades 3-8)

Campers engage in daily Build Battles, showcasing their imaginative prowess in constructing awe-inspiring structures aligned with diverse themes. Through this immersive experience, students not only deepen their understanding of Minecraft's gameplay but also cultivate camaraderie and problem-solving skills in a fun and supportive environment. This class promises a thrilling adventure for campers seeking to combine their love for Minecraft with a collaborative team experience.

SU6086

Monday – Wednesday, July 22, 23, 24
3 sessions - \$100
Buffalo Community Middle School

9 am-12 pm
COR Robotics
Room 802



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July Classes



Intro to Esports (Grades 3-8)

Turn your passion for video games into valuable life skills! We will introduce the world of Esports and teach students about the many opportunities available to them by getting involved. Students will get to play some of the most popular Esports games, compete with and against each other in tournaments, and learn important lessons along the way.

SU6087

Monday – Wednesday, July 22, 23, 24
3 sessions - \$100
Buffalo Community Middle School

1-4 pm
COR Robotics
Room 802

Scent-Sational Art with Kidcreate Studio (Ages 4-9)

Come for the pretty pineapple printmaking, but stay for the sweet citrus scent! In this class, we'll draw, paint, sculpt and more, but we'll do it all with a very special twist- these SCENT-SATIONAL works of art all smell as sweet as they look! Come learn the secret ingredients for sweet-smelling artwork as we create cute pointillism cupcakes, a field of tulips, and more. Yes, you read it all right- this class is full of scratch and sniff artwork that smells as sweet as it looks! **Please pack a nut free snack and drink for your child each day.**



SU6067

Thursday & Friday, July 25 & 26
2 sessions - \$95
Discovery Center

9 am-12 pm
Kidcreate Studio
Room 202

Science Magic with KidScientific

(Ages 5-12)

Experience the thrill of defying gravity with your very own hovercraft! Amaze your friends with secret messages written in magical ink, and create wands that light up with enchantment. Join us on this captivating journey, where you'll witness the seemingly magical results of your experiments and unravel the scientific secrets behind each spellbinding phenomenon. Get ready for a blend of learning and fun where every child becomes a wizard of wonder! **Please pack a nut free snack and drink for your child each day.**

SU6088

Monday-Thursday, July 29-August 1
4 sessions - \$155
Buffalo Community Middle School

9 am – 12 pm
Kidscientific Studios
Room 802

Game On! with Kidcreate Studio

(Ages 5-12)

Take a break and go "AFK" (away from keyboard) while exploring your favorite games in a brand new way! In this camp, we'll draw, sculpt, paint, and more as we create projects inspired by some of our favorite video games. Design your own avatar on a real canvas board, sculpt your favorite Among Us Crewmate, create Sonic the Hedgehog and so much more! This camp covers some of the hottest new games plus awesome throw-back classics, too. Come get your game on! **Please pack a nut free snack and drink for your child each day.**

SU6068

Monday – Thursday, July 29-August 1
4 sessions - \$155
Buffalo Community Middle School

1-4 pm
Kidcreate Studio
Room 802



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Wilderness Inquiry – Canoe Field Trip (Grades 5-8)

This Mississippi River Canoe Day Trip will last for four hours and go from Hidden Falls Regional Park to Harriet Island. Participants will paddle on the Mississippi River in a 10-person North canoe that includes a stop for lunch and educational activities. All gear and equipment, safety instruction, and Wilderness Inquiry guides who lead the experience is provided. Participants will connect with the local environment, see the community from a new perspective and have fun bonding as a team. **Chaperones are needed. If interested, please contact Bridget at blindeman@bhmschools.org or 763.682.8733.**

SU6001

Friday, August 2
Bus departs Discovery Center, door 1, at 8:30 am
Approximate return to Buffalo is 4 pm
\$75 per student

3D Printing: Star Wars (Grades 2-6)

Students will design 3D objects using TinkerCAD (an online web app) and use the 3D slicing program Cura to bring their creations to life. We will be designing a droid. Create fun designs to complete different out of this world CAD challenges. Two 3D models will be printed to bring home. **Printing and material fees are included.**

SU6092

Monday – Thursday, August 5-8
4 sessions - \$150
Discovery Center

9 am-12 pm
Tech Academy
Room 204

Video Production for YouTube:

“Top” List Creator

(Grades 2-6)

This class is specially designed for kids eager to dive into the exciting world of content creation on YouTube. Learn tricks that filmmakers use to create favorite videos. Edit your video, add transitions, insert a soundtrack and share your finished video with the world. **Bring a USB drive (at least 8 GB) to save your games on the last day.**



SU6093

Monday – Thursday, August 5-8
4 sessions - \$145
Discovery Center

1-4 pm
Tech Academy
Room 204

Foam, Slime & Potions with KidScientific

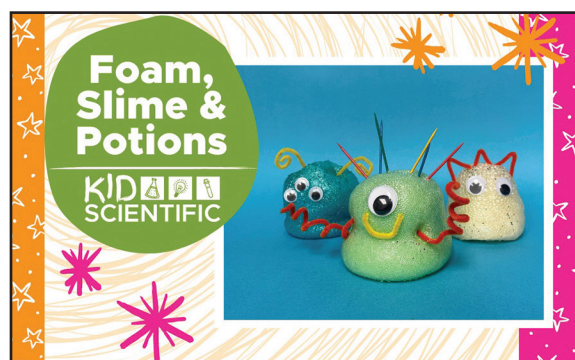
(Ages 5-12)

This hands-on camp will unravel some of the secrets of science. Prepare to concoct elixirs that magically change color, create your own bouncy balls, and whip up some homemade PopRocks that fizz in your mouth. Each experiment combines the perfect blend of creativity and scientific exploration. And while having a blast, you'll uncover a wealth of scientific facts and theories, transforming learning into a bubbling cauldron of pure excitement! **Please pack a nut free snack and drink for your child each day.**

SU6069

Monday – Thursday, August 5-8
4 sessions - \$155
Discovery Center

9 am-12 pm
Kidscientific Studios
Room 202



August Classes

Summer
SunBlock youth
enrichment
begins on
page 16

Pet Shop with Kidcreate Studio

(Ages 5-12)

Every kid dreams of owning a hamster or a dog or maybe a kitty! In this critter-filled camp, their dream will come true...sort of! The kids will create pets galore! At this camp we will work with clay, paint and draw too! No trips to the pet store are required! **Please pack a nut free snack and drink for your child each day.**

SU6070

Monday – Thursday, August 5-8
4 sessions - \$155
Discovery Center

1-4 pm
Kidcreate Studios
Room 202

LED's, Circuits & Conductivity with KidScientific

(Ages 5-12)

In this electrifying camp, kids will craft their own light-up greeting cards and fireflies as they bring their creations to life with the magic of LEDs. Explore the captivating realm of electromagnets, learning the principles that power many everyday devices, and conduct hands-on experiments to unravel the mysteries of magnetism. **Please pack a nut free snack and drink for your child each day.**

SU6089

Monday-Thursday, August 12-15
4 sessions - \$155
Discovery Center

9 am – 12 pm
KidScientific Studios
Room 202

STEAM-sational Art with Kidcreate

(Ages 5-12)

Get ready to explore S.T.E.A.M. concepts in totally rad and creative ways that will result in cool creations you'll be proud to brag about! From your very own pinball machine, a creative Venus flytrap, a colorful kaleidoscope and magic ink that will light up a cityscape, plus loads of experiential learning and messy fun along the way! Let's get our science on like never before with this one-of-a-kind **S**(mart) **T**(alented) **E**(xperimental) **A**(Awesome!) **M**(Magnificent) camp experience! **Please pack a nut free snack and drink for your child each day.**

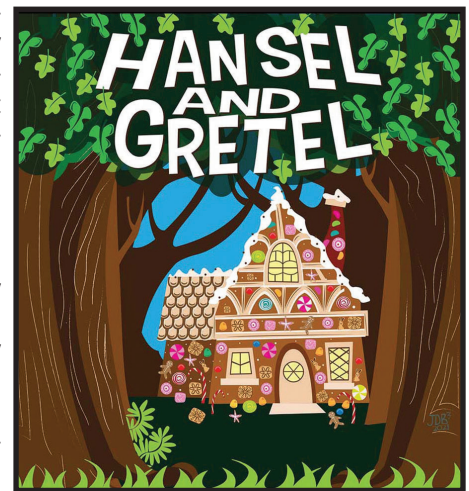
SU6071

Monday – Thursday, August 12-15
4 sessions - \$155
Discovery Center

1-4 pm
Kidcreate Studios
Room 202

Storybook Theatre Presents:

Hansel and Gretel are like any brother and sister...they can't stand each other! But when their parents sign them up to be Adventure Scouts, they have no idea the adventure they are in for! Troop Leader Paul takes his Adventure Scouts on a camping trip and tells a scary story about Brunhilda the Witch and her house made of Candy. Excited by the prospect of all that sugar, Hansel takes off into the forest after everyone has gone to sleep, and Gretel goes after him! What will happen when they meet Brunhilda? Will they ever get back home again?



- ◆ **Auditions are open to students ages 7-16.**
- ◆ Auditions will be Monday, August 12, 12-2 pm at the Discovery Center auditorium.
- ◆ The audition process can last up to two hours.
- ◆ The cast will be announced at the end of the two-hour audition; each cast member will receive a rehearsal schedule for the remainder of the week.
- ◆ Rehearsals will be 12-4 pm throughout the week.
- ◆ **The public performance is Friday, August 16 at 7 pm in the Discovery Center Auditorium.**
- ◆ We need 1-2 student volunteers to be sound/light technicians. Technicians need to be at the rehearsals Wednesday through Friday night's performance. **Call 763.682.8733 to sign up to be a technician.**
- ◆ Tickets for the performance are \$7 adults and \$5 students. Tickets will be available the week of August 12 at the Community Education office and at the door the night of the performance.
- ◆ **Doors will open at 6 pm. (No reserved seating.)**

SU6009

Monday – Thursday, August 12 - 15
Friday, August 16
5 sessions - \$85
Discovery Center

12-4 pm
Call time 3:30 pm
Auditorium

Summer SunBlock Information

Summer

SunBlock is a great way for your child to stay on top of his or her academic skills in reading, writing, math and science **all while having fun!** Students can also explore their creative side with a variety of art classes. In addition, students will stay active with recreation and outdoor games. No matter what classes you choose, you can count on a summer of learning and fun!

Registration opens Monday, May 6



Block A

M-Th, June 17 - 27
(No class Wednesday, June 19)

Block B

M-Th, July 8 - July 18

Block C

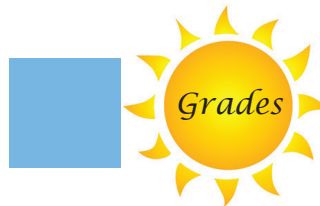
M-Th, July 22 - August 1

- ◆ **Hour 1** 8:30-9:30 am
- ◆ **Hour 2** 9:30-10:30 am
- ◆ **Hour 3** 10:30-11:30 am

*Schedule confirmations will be mailed to homes one-week prior to the start of each block.



Classes held at Buffalo Community Middle School, Hwy 25 in Buffalo. Centralized bussing is available from/to Elementary schools (see Bussing info to the right).



Students entering grades 2-4 in the fall 2024



\$65 per class
\$75 Red Cross Babysitting



Centralized bussing to/from Buffalo Community Middle School is available at district elementary schools. The bus picks up and drops off the student at the elementary school you choose. Centralized bussing provided at no additional cost. **Students should register for all 3 hours during the block to utilize bussing.** If registering online, don't forget to register for "SunBlock Transportation", then choose the school your child will be picked up/dropped off.



Currently KidKare is full for summer. Contact Tiffany to be placed on the waiting list, tlund@bhmschools.org or **763.682.8787**. Students entering grades 2-4 attending the summer school-age care program, can participate in **Summer SunBlock** classes for no additional fee for most classes.

Summer Food Program

Free breakfast and lunch will be offered at Buffalo Community Middle School. Watch the district website for more details!

Register for Summer SunBlock classes online beginning May 6

bhmschools.ce.eleyo.com or call Community Ed 763.682.8770.

Summer SunBlock A: June 17-June 27

Registration Opens May 6

Monday-Thursday for 2-weeks (No class June 19) \$65 per class

More classes being added. Visit us online!



Craft Camp

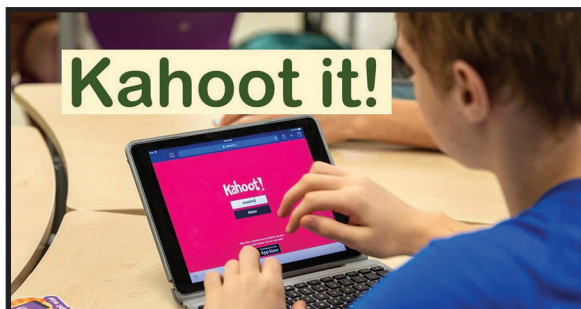
It's time for Craft Camp! Our fun and unusual crafts include glitter bugs, duct tape bowties and feather clips, and clay backpack charms. Plus we'll play games and share a camp mystery. (Annette Muckenheim)

Class #	Time	Entering Grades
SU1A1	8:30 – 9:30 am	2-4
SU1A2	9:30 – 10:30 am	2-4
SU1A3	10:30 – 11:30 am	2-4

Design Your Own Kahoot Computer Game

Have you played a Kahoot on the computer in class with your teacher to review what you've learned? Have you ever wondered HOW Kahoots are made or wanted to make one yourself? Kahoot is a free online learning platform where users can create their own quizzes on any topic. In this class, you will learn how to create Kahoot quiz questions. You will get to lead the class in playing your finished Kahoot as well as play Kahoots made by others in the class. (Robin Nyquist)

Class #	Time	Entering Grades
SU2A1	8:30 – 9:30 am	2-4
SU2A2	9:30 – 10:30 am	2-4
SU2A3	10:30 – 11:30 am	2-4



Gym Games Galore

This course is all about playing different Physical Education games. Students will learn to use different skills such as improving hand and eye coordination, team work and athleticism. **Wear tennis shoes.** (Tyler Bruder)

Class #	Time	Entering Grades
SU3A1	8:30 – 9:30 am	2-4
SU3A2	9:30 – 10:30 am	2-4
SU3A3	10:30 – 11:30 am	2-4

Make It and Take It

Use your imagination, creativity and critical thinking to create and design arts, crafts and more. Gain confidence in your self expression and work cooperatively with peers. Make a monster bookmark, a kite that flies, pom pom animals, pebble art, and more. Come create and join the fun! (Pam Melenich)

Class #	Time	Entering Grade
SU4A1	8:30 – 9:30 am	2-4
SU4A2	9:30 – 10:30 am	2-4
SU4A3	10:30 – 11:30 am	2-4

Master Builders

Calling all future engineers! Come create with building bricks. We will think, plan and then build creations like never before. (Jen Robeck)

Class #	Time	Entering Grades
SU5A1	8:30 – 9:30 am	2-4
SU5A2	9:30 – 10:30 am	2-4
SU5A3	10:30 – 11:30 am	2-4



Summer SunBlock A: June 17-June 27

Registration Opens May 6

Monday-Thursday for 2-weeks (No class June 19) \$65 per class

Memory Keepers

Design and create a scrapbook from scratch! Learn how to organize your photos to tell your story of family, friends and special events. There will be scrapbooking tools and supplies provided. **Please bring your own pictures to class.** (Betty Koepsell)

Class #	Time	Entering Grades
SU6A1	8:30 – 9:30 am	2-4
SU6A2	9:30 – 10:30 am	2-4
SU6A3	10:30 – 11:30 am	2-4

Outdoor Games

This course is all about playing different type of outdoor games. This includes traditional games, fun variations on old time favorites and some new games. Because they're outside, your kids will be running around and running off lots of energy and getting exercise while playing. **Wear tennis shoes.** (Irina Anderson)

Class #	Time	Entering Grades
SU7B1	8:30 – 9:30 am	2-4
SU7B2	9:30 – 10:30 am	2-4
SU7B3	10:30 – 11:30 am	2-4

Sew Much Fun

Learn how to hand-sew multiple projects. You will cut felt using a pattern, sew different kinds of stitches, including how to sew on a button, and then sew it all together with teacher support. We will use felt to create colorful stuffies, a travel tic-tac-toe game, and a key chain. With the skills you learn in class, you can continue creating projects at home with only a few supplies. (Jen Colgan)



Class #	Time	Entering Grades
SU8A1	8:30 – 9:30 am	2-4
SU8A2	9:30 – 10:30 am	2-4
SU8A3	10:30 – 11:30 am	2-4

Swim Games

Splash up some fun in the pool with water games. Led by a certified lifeguard, play a variety of games in the water! **Participants should have completed Red Cross Level 1 swim and be above 48 inches in height.** The instructor will do a water test to gauge the skills of the participants. (Sam Yost)

Class #	Time	Entering Grades
SU9A1	8:30 – 9:30 am	2
SU9A2	9:30 – 10:30 am	3
SU9A3	10:30 – 11:30 am	4

Summer Science Explorers - Engineering & Technology

Join our exciting science adventure, where young minds explore the wonders of STEM through hands-on experiments and interactive activities. From building mini volcanoes, unique robots, and weather trackers, students will unleash their creativity while learning about the fascinating world of science. (Ahnalee Pedersen)

Class #	Time	Entering Grades
SU10A1	8:30 – 9:30 am	2-4
SU10A2	9:30 – 10:30 am	2-4
SU10A3	10:30 – 11:30 am	2-4

Welcome to the Wizarding World

In this fun Harry Potter-inspired class, we will stop at Diagon Alley to make our own wands, quills, and owls. We will be sorted into our Hogwarts Houses and make house themed art projects and play Harry Potter trivia. (Sunshine Hedlund)

Class #	Time	Entering Grades
SU11A1	8:30 – 9:30 am	2-4
SU11A2	9:30 – 10:30 am	2-4
SU11A3	10:30 – 11:30 am	2-4

Unleashing Imagination

Doodling with intention and learning "process art." Exploring various art mediums and the step by step to get to the final project using many various mediums. (Tammy Bjorklund)

Class #	Time	Entering Grades
SU12A1	8:30 – 9:30 am	2-4
SU12A2	9:30 – 10:30 am	2-4
SU12A3	10:30 – 11:30 am	2-4

Summer SunBlock B: July 8-July 18

Registration Opens May 6

**More classes being added.
Visit us online!**

Monday-Thursday for 2-weeks. \$65 per class

Adventures in Scratch Computer Coding

Explore the exciting and creative world of computer programming by using Scratch, a free online software coding program developed by MIT Media Lab. Learners will combine creativity with logic to create and code games with audio, video, animated characters and more!
(Robin Nyquist)

Class #	Time	Entering Grades
SU13B1	8:30 – 9:30 am	2-4
SU13B2	9:30 – 10:30 am	2-4
SU13B3	10:30 – 11:30 am	2-4



The Age of Castles

Hear ye, Hear ye, Lords and Ladies! Come to the Age of Castles class to learn about knights, jousting, dragons, catapults and all things Medieval! (Colleen Douglas)

Class #	Time	Entering Grades
SU14B1	8:30 – 9:30 am	2-4
SU14B2	9:30 – 10:30 am	2-4
SU14B3	10:30 – 11:30 am	2-4

Come Explore a Galaxy Far, Far Away

You will make your own pool noodle light sabers and a Groggu (aka Baby Yoda) art project. You'll get to design a droid out of recycled materials and create your own Mandalorian helmet design. We will do a fun art project making your ship, a TIE fighter or X-Wing, flying through hyperspace. We will also explore your Star Wars knowledge with trivia, and have daily discussions about lessons we can learn about life on earth through Star Wars stories. (Sunshine Hedlund)

Class #	Time	Entering Grades
SU15B1	8:30 – 9:30 am	2-4
SU15B2	9:30 – 10:30 am	2-4
SU15B3	10:30 – 11:30 am	2-4

Craft Camp 2

Craft Camp 2 brings you all new crafts and games! We will be making duct tape wallets, washer friendship bracelets, and puffy paint window clings. You will even be making your own clay! Join us for crafting and games.
(Annette Muckenheim)

Class #	Time	Entering Grades
SU16B1	8:30 – 9:30 am	2-4
SU16B2	9:30 – 10:30 am	2-4
SU16B3	10:30 – 11:30 am	2-4

Gym Games Galore

This course is all about playing different Physical Education games. Students will learn to use different skills such as improving hand and eye coordination, team work and athleticism. **Wear tennis shoes.**
(Tyler Bruder & Irina Anderson)

Class #	Time	Entering Grades
SU17B1	8:30 – 9:30 am	2-4
SU17B2	9:30 – 10:30 am	2-4
SU17B3	10:30 – 11:30 am	2-4



Summer SunBlock B: July 8-July 18

Registration Opens May 6

Monday-Thursday for 2-weeks. \$65 per class



Optical Illusion – Creative Art

We will learn about focal points and how lines can make an optical illusion. Create your own op art using shapes, colors and patterns in special ways to create images that look as if they are moving or blurring. (Bette Koepsell)

Class #	Time	Entering Grades
SU18B1	8:30 – 9:30 am	2-4
SU18B2	9:30 – 10:30 am	2-4
SU18B3	10:30 – 11:30 am	2-4

Unleashing Imaginations

Doodling with intention and learning “process art.” Exploring various art mediums and the step by step to get to the final project using many various mediums. (Tammy Bjorklund)

Class #	Time	Entering Grades
SU19B1	8:30 – 9:30 am	2-4
SU19B2	9:30 – 10:30 am	2-4
SU19B3	10:30 – 11:30 am	2-4



Summer Science Explorers - Ocean

Join our exciting science adventure, where young minds explore the wonders of STEM through hands-on experiments and interactive activities. Students will unleash their creativity while learning about the fascinating world of science. We will dive into the world around us, inspiring students to embrace the endless possibilities of scientific discovery and innovation. (Annalee Pedersen)

Class #	Time	Entering Grades
SU20B1	8:30 – 9:30 am	2-4
SU20B2	9:30 – 10:30 am	2-4
SU20B3	10:30 – 11:30 am	2-4

Swim Games (One grade each hour)

Splash up some fun in the pool with water games. Led by a certified lifeguard, play a variety of games in the water! **Participants should have completed Red Cross Level 1 swim and be above 48 inches in height.** The instructor will do a water test at the beginning of each session to gauge the skills of the participants. (Sam Yost)

Class #	Time	Entering Grades
SU21B1	8:30 – 9:30 am	2
SU21B2	9:30 – 10:30 am	3
SU21B3	10:30 – 11:30 am	4



Summer SunBlock C: July 22-August 1

Registration Opens May 6

More classes being added.
Visit us online!

Monday-Thursday for 2-weeks. \$65 per class

Ancient Egypt

Travel down the Nile and learn about ancient Egypt! Mummies, Pharaohs and Tombs! (Colleen Douglas)

Class #	Time	Entering Grades
SU22C1	8:30 – 9:30 am	2-4
SU22C2	9:30 – 10:30 am	2-4
SU22C3	10:30 – 11:30 am	2-4

Art for Kids Hub

Students will draw along with Art For Kids Hub lessons, and then add their own details, backgrounds, and colors to their drawings. We will create folding surprises using what we've learned in the videos. (Sunshine Hedlund)

Class #	Time	Entering Grades
SU23C1	8:30 – 9:30 am	2-4
SU23C2	9:30 – 10:30 am	2-4
SU23C3	10:30 – 11:30 am	2-4

Red Cross Babysitting

Learn how to be professional and responsible as a caregiver. Students who meet the course criteria will be awarded a Red Cross Babysitting certificate. **Bring a baby doll to practice your skills on.**

Class #	Time	Ages
SU24C1	8:30 – 9:30 am	10+
SU24C2	9:30 – 10:30 am	10+
SU24C3	10:30 – 11:30 am	10+

Gym Games Galore

This course is all about playing different Physical Education games. Students will learn to use different skills such as improving hand and eye coordination, team work and athleticism. **Wear tennis shoes.** (Tyler Bruder)

Class #	Time	Entering Grades
SU25C1	8:30 – 9:30 am	2-4
SU25C2	9:30 – 10:30 am	2-4
SU25C3	10:30 – 11:30 am	2-4

Master Builders

Come Create with building bricks. We will think, plan and then build creations like never before. (Jen Robeck)

Class #	Time	Entering Grades
SU26C1	8:30 – 9:30 am	2-4
SU26C2	9:30 – 10:30 am	2-4
SU26C3	10:30 – 11:30 am	2-4

Outdoor Games

This course includes traditional games, fun variations on old time favorites and some new games. **Wear tennis shoes.** (Irina Anderson)

Class #	Time	Entering Grades
SU27B1	8:30 – 9:30 am	2-4
SU27B2	9:30 – 10:30 am	2-4
SU27B3	10:30 – 11:30 am	2-4

Summer Celebration

Students will do group games one day and a same day craft the next day. (Bette Koepsell)

Class #	Time	Entering Grades
SU28C1	8:30 – 9:30 am	2-4
SU28C2	9:30 – 10:30 am	2-4
SU28C3	10:30 – 11:30 am	2-4

Summer Science Explorers - Space

We will dive into the world around us, inspiring students to embrace the endless possibilities of scientific discovery and innovation. (Annalee Pedersen)

Class #	Time	Entering Grades
SU29C1	8:30 – 9:30 am	2-4
SU29C2	9:30 – 10:30 am	2-4
SU29C3	10:30 – 11:30 am	2-4

Swim Games

Splash up some fun in the pool with water games. Led by a certified lifeguard, play a variety of games in the water! **Participants should have completed Red Cross Level 1 swim and be above 48 inches in height.** The instructor will do a water test to gauge the skills of the participants. (Sam Yost)

Class #	Time	Entering Grades
SU30C1	8:30 – 9:30 am	2
SU30C2	9:30 – 10:30 am	3
SU30C3	10:30 – 11:30 am	4

Unleashing Imagination

Explore various art mediums and doodle with intention learning "process art". (Tammy Bjorklund)

Class #	Time	Entering Grades
SU31C1	8:30 – 9:30 am	2-4
SU31C2	9:30 – 10:30 am	2-4
SU31C3	10:30 – 11:30 am	2-4

Youth Recreation



Jr. Bison Track Meet (Grades K-6)
 Bison Varsity Track Coach Scott Palmer, along with assistant coaches and track members, run this one day event with the emphasis on FUN! Students participate in up to 4 events in their age group. **Bison Youth Track Team T-shirt included. Registration deadline is May 13.**

SP6440
 Saturday, May 18
 Check-in at 9 am. Meet begins 9:20 am
 1 session- \$20
 Bison Activity Center at Buffalo High School

Beginners Archery (Grades 4-8)
 Students will learn the proper stance, technique, and form for shooting a bow and arrow. Experienced instructors will provide hands-on guidance to ensure that each student is safely and effectively learning the skills necessary to become a successful archer. By the end of class, students will have developed a solid foundation in archery and the confidence to continue practicing and improving their skills on their own.

SU740
 Monday, June 17 3:30-5:30 pm
 1 session - \$15
 Montrose Elementary School Fields



Jr. Bison Football registration is open!

- ◆ The Jr. Bison Football Program is designed for students entering grades 1-6 in the fall of 2024.
- ◆ The program begins mid-August and concludes mid-October.
- ◆ Grades 1-2 and 3-4 play flag football.
- ◆ Grades 5-6 play tackle football. ****Each player is required to provide their own helmet.***
- ◆ No special arrangements of players. We set our grade levels for safety and liability.

Grades 1-2 Games on Saturday mornings
 Grades 3-4 Games on Saturday mornings
 Grades 5-6 Games on Tuesday evenings

This program relies heavily on volunteers to ensure its success. We can't have teams without coaches! Please contact Todd Lunning, Recreation Coordinator, at tlunning@bhmschools.org or 763.682.8176 to sign on to help.

Register online by July 15 to guarantee a roster spot. Registrations received after July 15 will only be placed on a roster if space allows.

SU744A	Grades 1-2	\$110
SU744B	Grades 3-4	\$110
SU744C	Grades 5-6	\$125



Bison Training

(BHS Students Entering Grades 9-12 Fall 2024)

Appropriate training methods will be taught to produce stronger, more coordinated and confident student athletes. This program will include flexibility, movement preparation, acceleration, footwork, speed, agility and strength training. The goal is to build athletes with good training habits and a solid foundation of efficient movement with strength and speed.

Monday-Thursday, June 10-August 1
(No class June 19 and week of July 1-4)

Buffalo High School Weight Room

Fee: \$150

Discounted Fee: \$125 if signed up for another summer sport camp offered through Community Education.

Head Bison Strength Coach Austin Youngmark

Session 1 SU750A 6-7:15 am
 Football/Baseball

Session 2 SU750B 7-8:15am
 Girl's Basketball/Girl's Lacrosse/Wrestling

Session 3 SU750C 8-9:15am
 Boy's Basketball

Session 4 SU750D 9-10:15am
 Volleyball/Gymnastics/Boy's Soccer

Session 5 SU750E 10-11:15am
 Girl's Soccer/Tennis/Golf/Swimming

Session 6 SU750F 11 am-12:15 pm
 Dance/Track & Field/Boy's Lacrosse/Softball



Buffalo Junior Golf Program (Ages 7-13)

Our beginning golf clinic offers a great opportunity to learn new skills or can be used as a refresher if you have spent time away from the game or want to continue building on the skills you already have! This Junior Golf program will be held at the Buffalo Heights Golf Course. Conducted by PGA Life members Joe Malone and Jerry Kroc and assisted by past member Troy Malo and golf enthusiast Mark Gavic. **(Limited to 32 students)**

Session 1 SU742A

Monday-Wednesday, June 24, 25, 26

8-9:15 am

3 sessions - \$55

Buffalo Heights Golf Course

Session 2 SU742B

Monday-Wednesday, June 24, 25, 26

9:30-10:45 am

3 sessions - \$55

Buffalo Heights Golf Course

Amazing Athletes

(Ages 2.5 years - 5 years)

Develop your child's motor skills, hand-eye coordination, cardiovascular fitness and more through Amazing Athletes. Each 45-minute class encompasses two different developmental sport lessons, muscle identification and fruit or vegetable introduction, using fun activities so they can build their skills, at their own pace, in a non-competitive atmosphere.

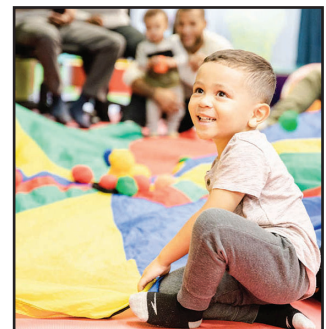
Thursdays, July 18-August 15

Each 5 week session - \$90

Discovery Elementary Cafeteria

SU791A 5:15-6 pm

SU791B 6:10-6:55 pm



Youth Recreation



- ◆ Register for the grade the student will attend in the fall of 2024-25 school year.
- ◆ For planning purposes, please register at least ONE WEEK prior to the start of camp.
- ◆ Fast, easy, convenient... Register online at bhmschools.ce.eleyo.com.
- ◆ Camps will not meet June 19 and during mandated black out week, July 1-5.

Bison Buddies Co-Ed Basketball Camp

SU712A Gr. K-2 June 24, 25, 26 (M, T, W)
 SU712B Gr. K-2 July 8, 9, 10 (M, T, W)

Bison Activity Center
 10-11 am \$55
 1-2 pm \$55

Ortmann/Eggers

Boys Youth Basketball Camp

SU710A Gr. 3-5 June 10, 11, 12 (M, T, W)
 SU710B Gr. 3-5 June 17, 18, 20 (M, T, Th)

Bison Activity Center
 10-11:15 am \$60
 10-11:15 am \$60

Ortmann/Staff

Boys Middle School Basketball Camp

SU710C Gr. 6-8 June 10-26 and July 8-24 (M, T, W)

Bison Activity Center
 8:30-9:45 am \$145

Ortmann/Staff

Boys Varsity Basketball Camp

SU710D Gr. 8-12 June 10-27 and July 8-25 (M-Th)

Bison Activity Center
 7-8:15 am \$180

Ortmann/Staff

Bison Basketball Co-Ed Shooting Camp

SU713A Gr. 3-8 July 8, 9, 10 (M, T, W)

Bison Activity Center
 10-11:15 am \$60

Ortmann/Eggers

Bison Basketball Co-Ed Ball Handling/Scoring Camp

SU713B Gr. 3-8 July 15, 16, 17 (M, T, W)

Bison Activity Center
 10-11:15 am \$60

Ortmann/Eggers

Girls Basketball Camp

SU711D Gr. 7-12 June 11-27 & July 9-25 (T, W, Th)

Buffalo High School Main Gym
 8:15-9:45 am \$135

Eggers/Staff

Bison Football Youth Camp

SU721A Gr. 1-5
 SU721B Gr. 6-8

Buffalo High School Football Fields
 July 29, 30, 31 (M, T, W) 8:30-10 am
 July 29, 30, 31 (M, T, W) 10:15-11:45 am

Litterer
 \$50
 \$50

Bison Football High School Camp

SU721C Gr. 9-12

Buffalo High School Football Fields
 June 24-27, July 8-11, July 15-18 (M-Th) 5-8 pm

Litterer
 \$115

Youth Recreation



Youth Tennis Camps

SU715A	Ages 5-6	June 17, 18, 20 (M-Th)	11-11:50 am	Lubben/Berg	
SU715B	Ages 7-8	June 17, 18, 20 (M-Th)	12-12:50 am	Discovery Courts	\$40
SU715C	Ages 9-12	June 17, 18, 20 (M-Th)	1-1:50 pm	Discovery Courts	\$40
				Middle School Courts	\$40

Gymnastics Camp

SU716	Gr. 6-12	Buffalo High School Gym	June 11-August 1 (T, W, Th)	9:30 am-12 pm	BHS Coaches
					\$330

Youth Volleyball Co-Ed Camp

SU724A	Gr. 1-8	June 10-13 (M-Th)	Buffalo High School Main Gym	1-3 pm	Zumach/Coaches
SU724B	Gr. 1-8	July 22-25 (M-Th)		6-8 pm	\$60
SU724C	Gr. 1-8	August 5-8 (M-Th)		1-3 pm (in the BAC)	\$60

Bison Volleyball Varsity Camp

SU724D	Gr. 7-12	June 11-August 1 (T, W, Th)	Buffalo High School Main Gym	10:30 am-12:30 pm	Zumach/Coaches
					\$100

Boys Soccer Advanced Camp

SU722A	Gr. 9-12	June 10-July 25 (M, T, Th)	Bison Field East	7:45-9 am	Varsity Coaches
					\$160

Boys Soccer Intermediate Camp

SU722B	Gr. 6-8	June 10-July 25 (M, T, Th)	Bison Field East	10-11 am	Varsity Coaches
					\$125

Boys Soccer Youth Camp

SU722C	Gr. 3-5	June 17-27 (M, T, Th)	Bison Field East	9-10 am	Varsity Coaches/Players
SU722D	Gr. 3-5	July 15-25 (M, T, Th)		9-10 am	\$60
					\$60

(NOTE: A special alumni event will be held for Soccer Camp participants on Monday, July 22, 6-8 pm)

Bison Girls Competitive Summer Soccer Camp

SU723A	Gr. 8-12	June 12-28 & July 19 (W, F)	Bison West Fields	8-10 am	Varsity Coaches
					\$150

Girls Soccer Goalkeeper Camp

SU723B	Gr. 8-12	June 12-July 19 (W, F)	Bison West Fields	8-9:15 am	Varsity Coaches
					\$150

Jr Bison Youth Girls Soccer Camp

SU723C	Gr. 5-8	June 12-28 (W, F)	Bison West Fields	10:15-11:30 am	Varsity Coaches
SU723D	Gr. 5-8	July 10-19 (W, F)		10:15-11:30 am	\$50
					\$50

Youth Recreation

Jr Bison Gymnastics

No classes
June 19, July 1-4

Classes held in the Buffalo High School Gymnastics Room



Parent/Child - Boys & Girls (Ages 18 months thru age 2 years)

Parent/guardian assist the child on the equipment learning basic shapes and movements to improve balance, strength and coordination. Obstacle courses, trampoline and foam pit will be set up.

SU687A

Tuesdays, June 4-August 13

4:15 - 5 pm

(No class July 2)

10 sessions - \$150

Girls Beginners (Ages 5+ years old)

Learn basic gymnastics shapes and skills on all four events. Focus on improving balance, strength, flexibility and coordination. To move up to next level students need: strong bridge, handstand and cartwheel on floor, pullover on bars with spot and correctly hit a springboard.

SU681A

Tuesdays, June 4-August 13

3-4 pm

(No class July 2)

10 sessions - \$200

SU681B

Wednesdays, June 5-August 14

5-6 pm

(No class June 19, July 3)

9 sessions - \$180

SU681C

Thursdays, June 6-August 15

4-5 pm

(No class July 4)

10 sessions - \$200

Preschool - Boys and Girls (Ages 3 - 5 years)

Learn basic shapes and positions for core gymnastic skills. Focus is on fun while improving balance, strength and coordination. Obstacle courses, trampoline and foam pit will be set up.

SU680A

Tuesdays, June 4-August 13

5:15-6 pm

(No class July 2)

10 sessions - \$150

SU680B

Wednesdays, June 5-August 14

4:15-5 pm

(No class June 19, July 3)

9 sessions - \$135

Build confidence through conditioning, training and practice... practice... practice!

Jr Bison Gymnastics

No classes
June 19, July 1-4

Classes held in the Buffalo High School Gymnastics Room



Girls Intermediate (Ages 7+ years old)

Continue learning and improving gymnastics skills on all four events.

Vault: Forward roll and handstand flatback

Bars: Pullovers, casts, back hip circles, glides

Beam: Basics on low and high beams

Floor: Various cartwheels, roundoffs, back bends and kickovers.

To move up to next level students need a strong round off, back walkover and pullover/back hip circle on bars.

SU682A

Mondays, June 3-August 12 4:15-5:30 pm
(No class July 1)
10 sessions - \$250

SU682B

Wednesdays, June 5-August 14 6:15-7:30 pm
(No class June 19, July 3)
9 sessions - \$225

SU682C

Thursdays, June 6-August 15 5-6:15 pm
(No class July 4)
10 sessions - \$250

Girls Advanced (Ages 8+ years old)

Continue advanced skills on all four events.

Vault: Handstand flatback and handsprings

Bars: Skills from intermediate level and introduce one-leg circles, tap swings, front hip circles, kips, squat ons and more.

Beam: Continue basics on low and high beams such as jumps, turns, handstands, cartwheels, mounts and dismounts.

Floor: Continue improving various cartwheels, roundoffs, back bends and kickovers.

SU683A

Mondays, June 3-August 12 6:30-8 pm
(No class July 1)
10 sessions - \$250

SU683B

Thursdays, June 6-August 15 6-7:30 pm
(No class July 4)
10 sessions - \$250

Open Gymnastics Gym

Open gymnastics gym is where students can bring their friends and family to explore and get used to equipment, practice gymnastics skills and have lots of FUN! All ages welcome.

Tuesdays, June 6-August 13 6-7 pm
(Closed July 2)

\$15/student/visit (cash or check at the door)

Aquatics

Summer Open Swim

Mondays & Wednesdays
1-2:30 pm
June 17-July 31
(Closed June 19, July 1, 3)

- ◆ Note: We will close at 1:15 pm if no attendees
- ◆ Buffalo Community Middle School Pool
- ◆ Enter door 3, lower west side
- ◆ A lap lane is designated
- ◆ \$5/person or \$10/family



About Our Pool

- ◆ The pool is located at the Buffalo Community Middle School. Enter door #3 (facing football field)
- ◆ Locker rooms are available to change after lessons
- ◆ Appropriate swim wear required
- ◆ Pool depth ranges from 3 feet 6 inches to 12 feet
- ◆ An adult must accompany children if under 48 inches in height
- ◆ The use of approved life jackets/ vests and other floatations are allowed when **accompanied by an adult in the water**
- ◆ To use the deep end of the pool, swimmers must be able to swim the width of the pool using the American Red Cross Level 3 front crawl. Swimming ability will be at the lifeguard's discretion
- ◆ Children are not allowed to jump off the diving boards into the arms of an adult in the water

Youth Swim Lessons



Parent & Child Aquatics (6 months to 3 years) Fee: \$64

Parent and child learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The two levels are fun-filled and introduce water safety.

- ◆ Change body position in the water
- ◆ Learn how to play safely
- ◆ Experience wearing a life jacket
- ◆ Expectation for adult supervision
- ◆ Enter and exit the water safely
- ◆ Submerge in a rhythmic pattern

Preschool Aquatics (4-5 years old) Fee: \$64

Children are taught basic aquatic safety, survival and swimming skills, while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoy social interactions with other children. As in all Swimming and Water Safety courses, your child will always know that it's safety first.

Learn to Swim Levels 1-5 (Age 6+) Fee: \$69

Level 1: Intro to Water Skills

Orient participants to the aquatic environment and help gain basic aquatic skills. Begin to develop positive attitudes and safe practices.

Level 2: Fundamental Aquatic Skills

Build basic aquatic skills, water safety and concepts learned in level 1.

Level 3: Stroke Development

Build on the skills learned in Levels 1 and 2 to help achieve basic water competency in a pool environment. Head first entry, survival floating and treading water will be covered.

Level 4: Stroke Improvement

Improve proficiency in performing swimming strokes introduced in Level 3. Skills include swimming front crawl 25 yards, breaststroke, back crawl and butterfly 15 yards.

Level 5: Stroke Refinement

Participants refine their performance of all six swimming strokes (front and back crawl, butterfly, breaststroke, elementary backstroke and sidestroke).



Aquatics



**STRONG Swimmers
CONFIDENT Kids**

**Swim lesson registration
opens April 29 at 8 am**

Register online bhmschools.ce.eleyo.com

Did You Know?

- ◆ The pre-requisite for each level is the successful demonstration of skills from the preceding level.
- ◆ The shallow end of our pool is 42" deep. Therefore, **children must be 48" in height and at least 6 years old to participate in levels 1-5.**
- ◆ Children under 48" in height should enroll in the Preschool program.
- ◆ Each level of *Learn to Swim* includes basic water safety and helping a swimmer in distress.

Parent and Child Aquatics Preschool Aquatics 25 minutes each lesson Fee: \$64	Levels 1-5 45 minutes each lesson Fee: \$69
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The pool is located at the Buffalo Community Middle School. Enter door 3, lower west side.

Pool Session A June 17 - 27 (Monday-Thursday) No class June 19			
9:30 am	Level 1 SU5311A	Level 2 SU5321A	Parent Child SU5001A
10 am			Parent Child SU5002A
10:30 am	Level 1 SU5312A	Level 2 SU5322A	Level 3 SU5331A
11:30 am	Pre-School SU5201A	Level 4 SU5341A	Level 5 SU5351A
12 pm	Pre-School SU5202A		

Pool Session C July 22-August 1 (Monday-Thursday)			
9:30 am	Level 1 SU5311C	Level 2 SU5321C	Parent Child SU5001C
10 am			Parent Child SU5002C
10:30 am	Level 1 SU5312C	Level 2 SU5322C	Level 3 SU5331C
11:30 am	Pre-School SU5201C	Pre-School SU5202C	Level 4 & 5 SU5351C

Pool Session B July 8-18 (Monday-Thursday)			
9:30 am	Level 1 SU5311B	Level 2 SU5321B	Parent Child SU5001B
10 am			Parent Child SU5002B
10:30 am	Level 1 SU5312B	Level 2 SU5322B	Level 3 SU5331B
11:30 am	Pre-School SU5201B	Level 4 SU5341B	Level 5 SU5351B
12 pm	Pre-School SU5202B		



Parent & Child FUN

Adult Programs



Pottery for Beginners

Introduction to the wheel

The main objective of this class is to introduce you and help you gain understanding of throwing on the pottery wheel. The first five classes will be throwing and trimming your pots. The last class will be glazing your pots. Participants will leave class with the basic knowledge of making and throwing pottery and also take home a finished pot you created!

SU1100

Tuesday & Thursday, June 11-27
6 sessions-\$360
Buffalo High School

6:30-8 pm
Kai Brisk
Art Room

Writing for Online Blogs, Magazines and Websites

You don't need a journalism degree or previously published articles to write for anyone's online blog, magazine, or website. Some opportunities offer exposure, while many pay well, \$1 a word and more. You will learn how to: find ideas, sources, and more than 1,000 opportunities that pay, conduct interviews and create interesting content, protect your copyright, write query letters, and use this credibility to sell other articles or even your self-published novel. **Informative handouts for future use are included in class fee.**

The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. **The webinar login information will be emailed the day before class.**

SU1200

Tuesday, July 9
1 session - \$30
Online via Zoom

4-6 pm
LeeAnne Krusemark

Fantasy Football 101

Participants will learn how to draft players (there will be a mock 4-round draft), understand important terms and abbreviations needed to succeed in fantasy football, be provided tools (websites) that make it fun and easy to compete week to week, and how to startup a fantasy league. Learn how fun and easy fantasy football can be. **Participants are encouraged to bring a laptop or smart phone but it is not necessary.**



SU1112

Wednesday, July 17
1 session - \$25
Discovery Center

6-8 pm
Matthew Dodge
DO Conference Room

Beginner's Guide to Using FREE ChatGPT

ChatGPT (AI) is here to stay and is the future for writers and content creators. No prior AI experience required. Learn how to incorporate the power of cutting-



edge technology to gain ideas and inspiration, write web content, articles, and even novels or scripts?

Learn how to:

- ◆ Register for a FREE ChatGPT account
 - ◆ Input effective writing prompts to avoid nonsense responses
 - ◆ Build creative content from stories to marketing
 - ◆ Determine its capabilities and limitations
 - ◆ Understand ethical/legal usage considerations
- ChatGPT and similar AI systems will force the job market to evolve. It's crucial to adapt, learn new skills, and be open to working in collaboration with AI.

The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. Informative handouts for future use are included in class fee. **The webinar login information will be emailed the day before class.**

SU1203

Thursday, July 18
1 session - \$30
Online via Zoom

6-8 pm
LeeAnne Krusemark

Intro to Medical Terminology

Medical terminology is the first step to any career in the medical field or can be helpful to understand your family's medical visits. This highly specialized language involves word building with root words, prefixes, suffixes, and abbreviations. You will leave with a solid foundation of medical language, as well as basic medical billing and coding terminology. **After submitting and passing the open-book exam included in the workbook you receive in class, you will earn a Certificate of Completion.** No prior experience is necessary. This comprehensive course is taught by longtime educator LeeAnne Krusemark, and Credentialed Medical Professional Vanessa Grinnell, RRT. **The webinar login information will be emailed the day before class.**

SU1202

Monday, July 15
1 session - \$30
Online via Zoom

4-6 pm

LeeAnne Krusemark



Intro to Voiceover

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. This is a one-time, 90 minute, one-on-one, video-chat class! **Upon registration you will be contacted by Voices for All to schedule your class for a day and time of your convenience. Please provide your email address.**

SU1250

Date and Time scheduled with Voices for All
1 session - \$49 Online

Cooking with Tess!

California Sushi Roll Extravaganza

Join Tess to learn how to make a variety of marvelous California rolls. California "sushi" roll combinations are only limited by your imagination! Make them vegetarian, with or without seaweed, spicy or not, it is totally up to you! **One fee includes immediate family members living full-time in the SAME HOME.**

SP1301

Saturday, May 11
1 session - \$35

4-6 pm

Tess Georgakopoulos

Online - Login information will be emailed to participants

Spring Roll Symphony: Crafting Crispy & Fresh Spring Roll Delights

Join Tess as she shares the process of creating two types of spring rolls bursting with flavors. Fresh veggies and precooked protein of choice will fill the FRESH spring rolls. Participants are able to customize filling ingredients and seasonings according to their taste or dietary preferences. Freezing and reheating tips will also be shared! **One fee includes immediate family members living full-time in the SAME HOME.**

SP1302

Saturday, May 18
1 session - \$40

4-6:30 pm

Tess Georgakopoulos

Online - Login information will be emailed to participants

From Dough to Delights: Flatbread Pizza & Pizza Panini from SCRATCH

Apart from cheese and toppings, homemade dough and sauce, are the key ingredients used to create mouthwatering pizza! Tess will guide you in her latest pizza class where you will create fantastic FLAT-BREAD PIZZAS and Pizza Panini from scratch! Take-out pizza may just become a thing of the past! **One fee includes immediate family members living full-time in the SAME HOME.**

SP1303

Saturday, May 25
1 session - \$40

4-6:30 pm

Tess Georgakopoulos

Online - Login information will be emailed to participants

Adult Programs

Calm and Gentle Yoga

This flowing yoga class links poses to create strength, flexibility and balance. Breath awareness and breathing exercises are incorporated to help remove tension and lessen stress. A well-rounded class for a wide variety of participants and ability levels – all poses can be modified to fit the individual’s flexibility level, and options are given. **Please bring a yoga mat or large towel.**

SP1013B

Wednesdays, May 1-22
4 sessions - \$28
Parkside Elementary

6:30-7:30 pm
Elizabeth Muellerleile
Cafeteria

SU1010A

Wednesdays, May 29-June 26
(No class June 19)
4 sessions - \$28
Discovery Center

6:30-7:30 pm
Elizabeth Muellerleile
Board Room

SU1010B

Wednesdays, July 10-31
4 sessions - \$28
Discovery Center

6:30-7:30 pm
Elizabeth Muellerleile
Board Room

Qigong

Qigong (chee-gong) is an ancient practice that promotes holistic healing through balancing and clearing your energy fields. It is a simple yet effective method to help you reduce stress and help you to heal physically, emotionally, and spiritually. This basic introductory class will learn about Qigong and how it can enhance the quality of your life and the lives of those around you.

Each session \$15 with Ameer Pribyl
Discovery Center, Board Room, 10 am-12 pm

SP1011C Saturday, May 11
SU1011A Saturday, June 8
SU1011B Saturday, June 15
SU1011C Saturday, July 20
SU1011D Saturday, July 27



Crystal Bowl Sound Meditation

Enjoy the relaxing sounds of crystal singing bowls for a 60-minute sound meditation session. Bring a yoga mat and blankets where you can sit or lie down on the floor and allow yourself to immerse in the soothing vibrations. This is a great end of the day class that can reduce anxiety and stress and help facilitate a restful night sleep.

\$25 each session with Ameer Pribyl
Discovery Center, Board Room, 6:30-7:30 pm

SP1012C Friday, May 10
SU1012A Friday, June 7
SU1012B Friday, June 14
SU1012C Friday, July 19
SU1012D Friday, July 26

Open Pickleball Play

Buffalo Community Middle School

Open play provides time for players to rotate in and out of games while playing with different partners.

Sundays thru May 19, 2-4 pm **(Closed May 12)**
\$5/session at the door

Open Pickleball Play at Swan Park

Make new friends and set up play other nights of the week. **Bring a water bottle**, no drinking fountain on site. **Bring your own racquet and pickleballs.** If you are looking for a “game” visit playtimescheduler.com/login.php

Wednesdays, June 5- End of Season, 6-8 pm
Swan Park - Buffalo Pickleball Courts, North of 30th St NE, in the SE corner of Greenbriar Hills

Grow Your Business with Instagram

What can you do on Instagram to grow your customer base and sales? Learn the key steps needed to improve your companies bottom line and gain more followers. Plus, you will learn to make your content irresistible and have fun in the process! **The webinar login information will be emailed the day before class.**

SP1200

Thursday, May 9 12-1 pm
1 session - \$24 Social Club Simple
Online via Zoom

Using Snapchat Safely in 2024

Stay or get up-to-date in today's digital world with this fun and informational class. Attendees will learn the basic fundamentals of how the app works, how to set up safety features, how to check for profile details, and how advertisers work to target audience members. **The webinar login information will be emailed the day before class.**

SP1201

Tuesday, May 14 12-1 pm
1 session - \$24 Social Club Simple
Online via Zoom

A Parent's Guide to TikTok

Learn how TikTok is used and how parents can help their kids stay safe while using this app. Leave class with helpful action items for your family to gain a better understanding on what to do/what not to do within the app. Set up a healthy foundation for technology habits your family can use whether in school or in their professional careers. **The webinar login information will be emailed the day before class.**

SP1202

Thursday, May 16 12-1 pm
1 session - \$24 Social Club Simple
Online via Zoom

Present Social Media Analytics

Expand your skills as you learn the basics to discuss social media analytics from Facebook, Instagram and YouTube. Learn a step-by-step process to get started today and confidently present and discuss how a post performed on social media. **The webinar login information will be emailed the day before class.**

SP1203

Thursday, May 30 12-1 pm
1 session - \$24 Social Club Simple
Online via Zoom

Google Sheets for Awesome Beginners

Learn to enter, organize, refine, analyze, and visualize your data using Google Sheets! **The webinar login information will be emailed the day before class.**

SP1204

Monday, June 3 12-1 pm
1 session - \$24 Social Club Simple
Online via Zoom

My Kid Wants to Be a YouTuber – Help!

Eliminate the worry with this helpful class as we walk you through the steps on how to set up a YouTube channel, safety settings, and consideration for kids having their own channel. Parents will learn the basic guidelines to help manage and monitor their kids activity, all while incorporating practical business skills to manage your own channel. **Legally children must be age 13 and have parental permission to start a YouTube channel. The webinar login information will be emailed the day before class.**

SP1205

Tuesday, June 4 12-1 pm
1 session - \$24 Social Club Simple
Online via Zoom

How to Start Any Home Business

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. This is probably the most comprehensive business start up workshop you will ever find. You will discover:

- ◆ More than 250 legitimate home business ideas
- ◆ Mandatory legal documentation
- ◆ Many ways to market your product/service
- ◆ How to take tax deductions (this workshop included)
- ◆ Informative handouts for future use are included



The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. **The webinar login information will be emailed the day before class.**

SU1201

Wednesday, July 10 6-8 pm
1 session - \$30 LeeAnne Krusemark
Online via Zoom

Adult Programs

Preventing Elder Financial Abuse

Elder financial abuse, also known as financial exploitation, is the illegal or unauthorized use of an older adult's funds or resources for the benefit of someone other than the older adult. This includes fraud, theft, and act of deception to gain control over a senior's money or property. You will learn about common types of financial abuse, indicators and signs, and how to report and get help. **This class is for older adults and their families.**

SU1110

Tuesday, July 9
1 session - \$15
Discovery Center

10:30-11:30 am
Vaughn Kavlie
DO Conference Room



Medicare 101

Turning 65 in 2024? This informational class is suitable for anyone who is or will become Medicare eligible soon. This class will help answer questions including: What if I'm going to continue working after I turn 65? How is my spouse affected by my enrollment? What is Original Medicare? What is the difference between a Medicare Supplement Plan and a Medicare Advantage Plan, and how do they work with Original Medicare? What about my prescriptions? How do I enroll in Medicare, and when should I do it? What if I don't enroll? How might my HSA impact my Medicare decision-making?

SP1210C

Tuesday, May 14
1 session - \$15
Discovery Center

7-8 pm
Chris McClory
DO Conference Room

SU1115A

Tuesday, July 30
1 session - \$15
Discovery Center

5:30 – 6:30 pm
Chris McClory
Board Room

SU1115B

Tuesday, August 27
1 session - \$15
Discovery Center

5:30 – 6:30 pm
Chris McClory
Board Room

Should I Stay or Should I Go?

Steps To Review Your Housing Needs For Today & Tomorrow

We will discuss lifestyle options for senior living. Should I stay and age in place? Should I make home modifications to reduce safety risks? OR should I go - moving to a home option that may be handicapped accessible, single level living? We will take an assessment and give you the tools to make educated decisions.

SU1111

Wednesday, July 24
1 session - \$15
Discovery Center

10:30-11:30 am
Vaughn Kavlie
DO Conference Room

Renew your insurance discount

Defensive Driving 4 Hour Refresher

If you have taken a state approved 8-hour Defensive Driving Course (55+) prior to taking this class, you can renew your three year car insurance discount by taking this state-approved, 4-hour refresher course. There is no driving and no test. **You will receive a certificate of completion to provide to your insurance company.**

SP1110B

Thursday, May 23
1 session - \$35
Discovery Center

1-5 pm
MN Safety Council
DO Conference Room

SU1114

Tuesday, August 6
1 session - \$35
Discovery Center

1-5 pm
MN Safety Council
DO Conference Room

Defensive Driving 8 Hour Course

If you are age 55 or older, save money on your car insurance premiums and become a better driver! This course is two sessions of classroom - no driving or test required. You will receive a certificate of completion to provide to your insurance company. Attendance at both sessions is required to receive credit. **You have the option of taking this class through Zoom at home or online in-person in our Board Room and leave the technology to US! If attending the class from home, please include your email. The Zoom link will be emailed to you the day before the class.**

SU1113

Tuesday and Wednesday, July 16 & 17
2 sessions - \$35
Discovery Center

1:30-5:30 pm
MN Safety Council
Board Room



Twins Baseball at Target Field Wednesday, June 12

Join us for an afternoon at Target Field as the MN Twins take on the Colorado Rockies. Game time is 12:10 pm. Seats are in the lower level and in the shade.

Please Note: Target Field is a cashless venue.

SU1000

- ◆ Bus departs Discovery Center, door 1, at 10:30 am
- ◆ Bus returns to Buffalo approximately 4:15 pm
- ◆ \$75 fee includes motorcoach transportation, game ticket and chaperone



Minnesota Landscape Arboretum Thursday, June 27

The Minnesota Landscape Arboretum is best known for its beautiful display gardens, nationally recognized tree collections, protected natural areas and research activity. Enjoy a 60 minute guided tram tour, lunch and time to explore the gardens on your own. **Lunch Menu:** Turkey, Ham, Roast Beef or Vegetarian sandwich, chips, apple, cookie and bottled water in private dining space.

SU1001

- ◆ Bus departs Discovery Center, door 1, at 9 am
- ◆ Bus returns to Buffalo approximately 3 pm
- ◆ \$99 fee includes motorcoach transportation, entry ticket, lunch and chaperone



Magnolia Blossom Cruise Thursday, July 18

Float past Pike Island and the confluence of the Minnesota and Mississippi rivers. Take in views of Crosby Park and Nature Center, Lilydale sandstone bluffs and caves, an operational swing train bridge and the stunning downtown St. Paul skyline. **Lunch Menu:** Mexican Flair Fajita Bar includes seasoned chicken breast and flank steak, flour tortilla, mexican rice, black beans, red and green peppers, and all the fixings. Soda, coffee or tea. Cash bar available on the boat.

SU1002

- ◆ Bus departs Discovery Center, door 1, at 10:15 am
- ◆ Bus returns to Buffalo approximately 3:30 pm
- ◆ \$109 fee includes motorcoach transportation, cruise, lunch and chaperone



Minnesota Zoo Thursday, August 8

Cutting-edge exhibits provide exciting experiences with animals and their habitats introducing guests to species from around the globe. Explore the zoo and **lunch on your own** with several dining options available. Electric Conveyance Vehicles are available for \$30/day. Manual wheelchairs are free on a first come, first served basis.

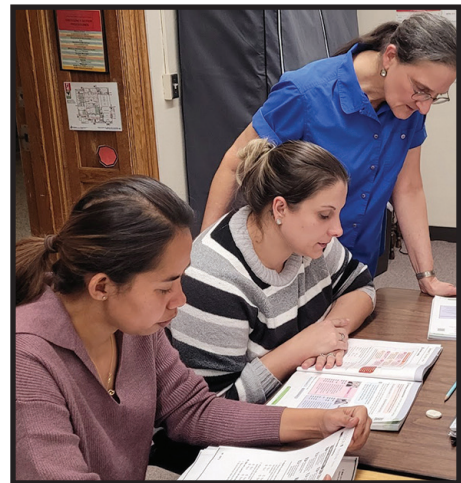
SU1003

- ◆ Bus departs Discovery Center, door 1, at 9 am
- ◆ Bus returns to Buffalo approximately 3:30 pm
- ◆ \$75 fee includes motorcoach transportation, Zoo ticket and chaperone (Lunch is on your own)

Adult Basic Education & GED

We Are ABE

At WEST Adult Basic Education (ABE) sites in the west metro suburbs, caring teachers help adults with a variety of learning goals. WEST ABE is a partnership between 17 area school districts, several correctional facilities, and the Monticello Career Force Center. Teachers at dozens of nearby sites serve adult learners throughout the majority of the year. WEST ABE welcomes adults, 17 or over, who are not currently enrolled in a regular school program.



Academic Open Lab

ABE helps adult learners acquire or improve their math, reading or writing skills for the GED test, college entrance or employment.

- ◆ Mondays & Wednesdays from 1:30-4 pm
- ◆ Tuesdays & Thursdays, from 6-8:30 pm
- ◆ Discovery Elementary, 301 2nd AVE NE, Buffalo.
- ◆ Closed the same days as BHM Schools. Closed August thru Labor Day holiday.
- ◆ For more information, call 763.682.8509 or drop in

Get Your GED

Each June, adult learners from several adult basic education sites around Wright County come together to be recognized for earning their General Education Development (GED) certificates. Be one of these graduates in 2024!

To get started, call Terrisa in Buffalo at 763.682.8509 or Jill in Monticello at 763.272.2040 who can help you locate the program near you.

English Language

In-person classes provide opportunities for reading, writing, listening and speaking practice, at all skill levels. **Classes are free!**

- ◆ Tuesdays & Thursdays, from 6-8:30 pm.
- ◆ Discovery Elementary, 301 2nd AVE NE, Buffalo.
- ◆ Closed same days as BHM Schools. Closed August thru Labor Day holiday.
- ◆ Questions, call Elizabeth at 763.682.8507 or Terrisa at 763.682.8509 or drop in.

Buffalo Adult Basic Education classes meet at Discovery Elementary, 301 2nd Ave NE, Buffalo.

All adult basic education classes are **FREE**. Study materials are also **FREE** – including textbooks, workbooks, online learning platforms, and GED practice tests. Some textbooks may be purchased in certain situations. Call **682.763.8509** or email tfisher@bhmschools.org for more information.

Opening Doors Program for Adults with Disabilities

ABOUT US

Opening Doors activities and classes are designed and adapted for adults with cognitive and physical disabilities.

Participants can:

Discover New Skills

Arts ~ Crafts ~ Cooking

Explore the Community

Outings ~ Theater ~ Sporting Events

Socialize and Meet People

BINGO ~ Games ~ Movie Nights

Become More Active

Bowling ~ Dances ~ Mini Golf

The Opening Doors Program offers activities and classes in the school districts of Buffalo-Hanover-Montrose, Becker, Big Lake, Howard Lake-Waverly-Winsted and Monticello.

Looking beyond disabilities...
Focusing on abilities!

Summer Highlights

- ★ **Bingo & Pizza Nights**
Various dates and locations, 6-7:30 pm
- ★ **Demolition Derby**
Wright County Fair, July 26, 5:45-9 pm
- ★ **Fishing Forever**
Various Buffalo dates, Wednesdays, 5:30-7:30 pm
- ★ The Summer Opening Doors catalog will be available the end of May. We would love to add you to the mailing list. Call Community Education at 763.682.8770 to receive our catalog.

To learn more about *Opening Doors* or to register for classes and activities, visit us at bhmschools.ce.eleyo.com or call 763.682.8770.

To request the current Opening Doors catalog, call Community Education at 763.682.8770.

Sheila Johnson, Program Coordinator
sjohnso@bhmschools.org
763.682.8752



Bowling & Pizza



Celebrating July 4th



Summer Mini Golf Fun!

Buffalo Parks and Recreation

City of Buffalo Parks and Recreation

Website:

<https://ci.buffalo.mn.us/158/Parks-Recreation>

Check out these great offerings and more available throughout the parks.

- ◆ **Bike/Boat rentals**
- ◆ **Community Gardens**
- ◆ **Concerts in the Park**
- ◆ **Dog Park**
- ◆ **Flora of Buffalo**
- ◆ **Parks**
 - ◆ Community Parks
 - ◆ Neighborhood Parks
 - ◆ Regional Parks
- ◆ **Park Shelter Reservations**
- ◆ **Trails**
 - ◆ Bike Skills Park
 - ◆ Fat Tire
- ◆ **Skate Park**
- ◆ **Volunteer Flower Gardens**

Scan for
Parks and Rec Website:



Buffalo Boat Rentals

Griffing Park

NEW - Electric Bikes

Bikes - Kayaks - Pontoon Boats
Standup Paddleboards

Buffalo Community Center

Open Monday-Friday from 8 am to 4 pm

Activities for all ages!

- * \$5 Dining Meals
- * Bounce House
- * Bingo/Prizes
- * Crafts
- * Games
- * Lego Day
- * Live Music
- * Marble Day
- * Picnic Lunches
- * Pool Tables
- * State Fair Day
- * Totspot
- * Tournaments
- * Video Games
- * Family Fun Days - 3rd Friday of the month
- * **Open until 8 pm on Mondays all summer long**



Scan to view
current newsletter!



Disc Golf Tournament

June 15, 2024

10 am start

at Buffalo Covenant Course



- Men & Women divisions
- 18-hole Open & Youth categories
- 12-hole Beginner & Youth categories

Lunch & player pack included with registration.

Hosted by Buffalo Parks & Recreation, Buffalo Covenant Church and sponsored by Play it Again Sports.

Scan for more info
and Register online!



Concerts in the Park series takes place from **June 27 to August 29** and is held at the Sturges Park bandshell. These concerts are designed to be fun family events

to bring the community together and enjoy summer evenings on Buffalo Lake. **Concerts are held on Thursday nights from 7:00 pm until 8:30 pm.** Vendor spots available too.

The City of Buffalo Parks & Recreation Department relies solely on donations from the public to book the finest talent for Concerts in the Park. Donations are welcome year round.

Watch for the concerts schedule to be posted on the Parks and Recreation website and around town.



New for 2024

Guided Fishing Trips on Buffalo Lake

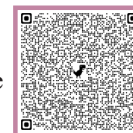
Catch walleye, bass or panfish with a guide who has 60 years of fishing experience on Buffalo Lake. Pricing starts at \$250 for a three hour trip.



Facility Reservations



Looking for a meeting room, a place to host a baby shower, bridal shower, graduation party, family gathering, etc.? Check out our rental options by scanning the QR code or visit:



www.ci.buffalo.mn.us/182/Community-Center.

Allina Community Health Programs



Community Health Programs



Buffalo Hospital invites you to participate in one of our free classes, events and support groups by calling 763.684.7025 for more information or scan the QR codes.



FREE WELLNESS COACHING

If you're ready to improve your health, enhance your life balance and make lasting changes, contact one of our Health and Wellness Coaches. They have the training and experience to help you succeed with exercising, nutrition, sleep, and stress. Individual coaching includes appointments in person, over the phone or both. In-person coaching is available at Buffalo Hospital.

STROKE SUPPORT GROUP

Our Stroke Support Group provides encouragement and guidance for stroke, brain injury and head injury survivors and their loved ones. The groups help participants learn to cope with physical, lifestyle and relationship changes following stroke or injury. **Second Tuesday of every month, 1-2 pm, Buffalo Hospital Conference Center.**



BIRTH CENTER TOUR

Tour our labor and delivery rooms, postpartum rooms, and nursery before the arrival of your baby. **Thursday tours meet 6:30-7:30 pm, May 2, May 30, June 27, July 25.**

BABY CAFÉ

A family-friendly drop-in breastfeeding support group. Every Wednesday, 10 am-12 pm at the Wright County Historical Society/Heritage Society, 763.684.7630.



JOIN OUR VOLUNTEER TEAM

When you give, you get back in a big way. Share your time and talents and become a volunteer at Buffalo Hospital. Call 763.684.7125 or email Brenda.christensen@allina.com for more information.

Guest Service Greeter

Greeters are the first point of contact for our patients, staff and visitors. This volunteer opportunity is a great way to sharpen your people skills and learn more about the health care field

Gift Shop

Buffalo Hospital is looking for friendly, responsible and energetic people (16+) who like to work with the public at our hospital gift shop. Sale proceeds go toward funding scholarships for area high school students who are pursuing a career in health care.

Pet Therapy Visits

Join our team of certified pet therapy dogs and help bring joy and comfort to patients and their families.



BUFFALO HOSPITAL GIFT SHOP

Shop the Buffalo Hospital Gift Shop and give back to your community. Your purchases go toward scholarships for high school students pursuing a career in health care.

303 Catlin Street, Highway 25 N., Buffalo, MN 55313

The place to
dream, believe
and **achieve.**

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*****ECRWSS**
Resident, School District 877
Buffalo-Hanover-Montrose Schools

Dated Material, Please Deliver Promptly

Spend Your Summer with Community Ed!

Summer SunBlock

(for students entering grades 2-4)

*Join your friends
at Summer SunBlock
for fun and learning!*

Begins on page 16

- ★ Craft Camp
- ★ Sew Much Fun
- ★ Age of Castles
- ★ Ocean Science Explorers
- ★ Gym Games Galore
- ★ Master Builders



Adult Enrichment



Summer is the perfect time to get out and enjoy time with friends or meet new friends. Community Education has you covered!

- ★ Pottery for Beginners
- ★ Intro to Medical Terminology
- ★ Calm and Gentle Yoga
- ★ How to Start Any Home Business
- ★ Should I Stay or Should I Go?
- ★ Day Trips
(Twins Baseball, Landscape Arboretum, Magnolia Blossom Cruise, Minnesota Zoo)