Catch Spring Fever with Community Ed!

Jr Bison Baseball Registration, p. 14
Welcome to Community Education

### What’s Inside!

<table>
<thead>
<tr>
<th>Program</th>
<th>Age Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>KidKare Program (ages 3-12 years)</td>
<td>3</td>
</tr>
<tr>
<td>Early Childhood Family Education</td>
<td>4-5</td>
</tr>
<tr>
<td>Youth Programs</td>
<td>6-11</td>
</tr>
<tr>
<td>Youth Recreation</td>
<td>12-15</td>
</tr>
<tr>
<td>Aquatics</td>
<td>16-17</td>
</tr>
<tr>
<td>Adult Programs</td>
<td>18-25</td>
</tr>
<tr>
<td>WEST Adult Basic Education &amp; GED</td>
<td>26-27</td>
</tr>
<tr>
<td>Opening Doors (Age 16+ with a disability)</td>
<td>28</td>
</tr>
<tr>
<td>Buffalo Community Center</td>
<td>29</td>
</tr>
<tr>
<td>Buffalo Hospital Health Classes</td>
<td>30</td>
</tr>
<tr>
<td>Registration</td>
<td>31</td>
</tr>
</tbody>
</table>

**Office Telephone:** 763.682.8770  
**Office Location:** 301 2nd Ave NE, Buffalo (door 1)  
**Office Hours:** 8 am - 4 pm, Monday-Friday  
**Office Closed:** February 19, April 5, May 27

### Easy Ways to Register
- Online at [bhmschools.ce.eleyo.com](http://bhmschools.ce.eleyo.com)
- Phone at 763.682.8770
- In-Person or Mail at 301 2nd Ave NE, Buffalo

### Registration
- Register at least one-week prior to start date. Classes with low enrollment may be canceled at that time.
- Once registered, you will receive an email class confirmation if an email address is provided.
- **Cancellations** within 3 business days of the class is assessed a $5 service fee. Other restrictions may apply. If we cancel a class, you will be notified and your payment refunded.

### Weather Cancellations
- Community Education and ECFE classes do not meet when school is closed during the day due to weather.
- 2-Hour Late Start: No morning ECFE classes.
- KidKare sites remain open.

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**Think Outside the Box!**

Having a tough time thinking of a special gift to give someone? Give a Community Education Gift Certificate to your loved one or friend.

Call Community Education and we will mail the certificate to you. **Now that’s easy shopping!**
KidKare Program

Providing quality child care with flexible scheduling.

Summer 2024 Registration Opens
for current families on February 26
for new families on March 11

School Year 2024-25 Registration Opens
for current families on June 24
for new families on July 1

Register at bhmschools.ce.eleyo.com
Click on KidKare under “Explore All Programs”.

Non-school day and Summer care $38.50/day
Before school care $7.50/day
After school care $14.00/day
Full day care Ages 3-5 $38.50/day

Contact:
Tiffany Lund, Coordinator
763.682.8787
tlund@bhmschools.org

More information: bhmschools.org/kidkare
**Little Artists**  
**St. Patrick’s Day**  
(Age 1-5 years old)  
Come enjoy a festive day with your child. Celebrate the day with entertaining activities designed for you and your little learner. Enjoy a story, playtime, art activities and a special snack. (Limit 12)

**W4030B**  
Tuesday, March 12  10:45-11:45 am  
Hanover Elementary  
Room 200  
$5 per family  
Julie Kirkpatrick/Catherine Frisbie

**Home Tweet Home**  
(Age 1-5 years)  
Explore the world of animals that live in trees with your child by creating an eco-friendly bird feeder and homemade “binoculars.” Kids and grown-ups will delight in this early spring activity that will include make and take crafts, a read aloud, and snack. (Limit 12)

**W4032B**  
Saturday, March 23  10-11:30 am  
Montrose Early Ed Center ECFE Room  
$5 per family  
Anita Gruenhagen

**Tree-mendous Fun**  
(Age 1-5 years old)  
Join us as we learn more about the wonder of the world around us! Enjoy some playtime, storytime, and a collaborative art activity with your child. Our little learners and their adults will delight in the interactive book, *Tap the Magic Tree* which guides our scientific discovery and exploration of changes over time. (Limit 12)

**W4044B**  
Thursday, April 18  5:30-6:45 pm  
Montrose Early Ed Center ECFE Room  
$15 per family  
Patty Lammers

**Amazing Athletes**  
(Age 2.5 - 5 years)  
Develop your child’s motor skills, hand-eye coordination and cardiovascular fitness. Each class encompasses two different developmental sport lessons, muscle identification and fruit or vegetable introduction, using fun activities to build their skills, at their own pace, in a non-competitive atmosphere. **Parent participation is encouraged.**

Thursdays, February 29-March 28  
5 sessions - $90  
Discovery Center Cafeteria  
**W792A**  4:30-5:15 pm  
**W792B**  5:20-6:05 pm

**Every Family Counts**

Being on the census ensures you will receive ECFC mailings, be notified of Early Childhood Screening and receive kindergarten information when your child becomes eligible. **Call 763.682.8737 if you:**
- Recently had a baby or have adopted a child  
- Moved to this district or changed your address  
- Did not receive this catalog in the mail

**Join our Bison Family!**

Registration for Preschool 2024-2025 opens February 29 at 8 am

You’re invited to join one of our many preschool options.  
**Little Bison Preschool** is for children ages 2.5-3.5 years.  
**Bison Preschool** is for children ages 3-5 years.

Check out our Preschool Registration catalog online at *bhmschools.org/catalogs* or contact ECFE for a copy.

The place to dream, believe and achieve.
Early Childhood Family Education

Open House
Come meet Early Childhood staff, play in our classrooms, and learn what ECFE is. Please register all family members that will be attending this free event. We are excited to see you!

Buffalo
SP4044A
Monday, May 20  10:30 am - 12 pm
Discovery Center  Room EC1

Hanover
SP4044B
Tuesday, May 21  10:30 am - 12 pm
Hanover Elementary  Room 200

Montrose
SP4044C
Friday, May 24  10:30 am - 12 pm
Montrose Early Education Center  ECFE Room

Early Childhood Screening
(Ages 3-5 years)
Screening will check your child’s overall development. The state of Minnesota recommends all children be screened before their 4th birthday in order to start kindergarten in any Minnesota public school. Screening is required within 90 days of beginning ECFE preschool. Call 763.682.8408 or 763.682.8780 to schedule. Appointments are available in Buffalo on the following dates:
April 24, 26
May 3

Family Fair
Gather your loved ones and come experience the fun of our delightful event designed for the whole family!

Questions?
Call ECFE at 763.682.8780 or visit bhmschools.org

Family & Child Activities
BHM Board of Education Book Giveaway
Community Partners Entertainment
ECFE Advisory Council Silent Auction
And much more!

Discovery Elementary Gym
301 2nd Ave NE, Buffalo
Youth Programs

ZAPS ACT Prep Seminar
Unlock your student’s potential! In this seminar, your student will learn tips to improve ACT test scores, practice strategies to eliminate wrong choices, take practice tests, reduce their test anxiety, and gain confidence.

SP6010
Monday & Tuesday, March 11 & 12
2 sessions - $99
Discovery Center
Doorway to College

Art-Arama (Grades K-5)
Have fun and use cool materials! You and your friends will learn to draw the easy KidzArt way and experiment with different artistic mediums. Create a 3-D sculpture using wire and model magic, learn to draw quails on a sparkling background, and use crayons on sandpaper to draw a day at the beach.

W6093
Tuesdays, March 12 – April 23
2 sessions - $95
Hanover Elementary
KidzArt

Horse Riding Camp for Beginners
Callie Farms Day Camps teach kids the basics of horse care, grooming, and riding. Students provide their own lunch and should wear long pants with close-toed shoes. It is recommended to dress in multiple layers as we will be both inside and outside. We will provide the rest! Parents will be required to complete a waiver form upon drop-off. Camp is located at Callie Farms Inc, 9209 Iffert Ave NE in Monticello.

SP6075
Monday, April 1
9 am-2pm

June Classes
M-F, June 10-24 (No class Wednesday, June 19)
SUDE24A 8-11 am  Buffalo High School
SUDE24B 8-11 am  Hanover Elementary
SUDE24C 11:15 am-2:15 pm  Buffalo High School
Makeup Day: Tuesday, June 25, 8-11 am at BHS.

July Classes
M-F, July 8-19
SUDE24D 8-11 am  Buffalo High School
SUDE24E 5-8 pm  Buffalo High School
Makeup Day: Monday, July 22, 8-11 am at BHS

M-F, July 29-August 9
SUDE24F 8-11 am  Montrose Elementary
Makeup Day: Monday, August 12, 8-11 am at MES

Get Your Driving Permit This Summer!

Our program includes 30-hours of classroom instruction, 6-hours of Behind-the-Wheel (BTW) instruction with a licensed teacher AND all classroom materials for $395!

Plan to attend the Parent and Student Safety Presentation this summer at Buffalo High School. The student fee is $10. Register online or by calling Community Education after March 1.
Technology for Kids!

3D Printing: Harry Potter
(Grades 2-7)
Learn 3D design and modeling skills using Tinkercad. Students will create a Deathly Hallow model and their own magical pendant. Students will choose one design to be printed and mailed to their home. Additional technical requirement: Tinkercad (login information will be provided during class), PC needed (Windows or MacBook). Software will not work on Chromebook, tablets or phones. Include email with registration.

SP6080
Saturday, March 23
9-11 am
1 session - $40
Tech Academy
Online – Login information will be emailed to families

Virtual Reality Coding
(Grades 3-7)
Design, develop, and create 3D virtual reality environments and characters! Students will make their own 3D games and other virtual reality for kids on Metaverse’s new platform Hatch. Hatch is an incredibly fun and stimulating way to learn STEM! Parents will receive information on how to register for a Hatch VR account. VR programs can be viewed on most mobile phones, and VR systems like oculus or google cardboard. You only need a laptop/computer to get started. Additional technical requirement: PC needed to do development work (Windows or MacBook), will not work on Chromebook, tablets, or phones. To view VR, you must have an oculus or other VR glasses. But worlds can be viewed on normal PC/phones/tables in 3D. Include email with registration.

SP6081
Saturdays, April 6 & 13
10:30 am-12:30 pm
2 sessions - $75
Tech Academy
Online – Login information will be emailed to families

Hacking Java Games
(Grades 4-8)
Hack into the code of classic games! Students will learn Java coding skills while modifying games. Coding beginners and more experienced students will love this class. This fun class is our staff and students’ favorite coding class. We will be editing text files. No experience is necessary, but familiarity with common tasks using a computer operating system (text-editing and understanding directory structures) and good keyboarding skills is required. Additional technical requirement: Replit and Replit account. PC needed (Windows or MacBook), will not work on Chromebook, tablets, or phones. Include email with registration.

SP6082
Saturday, April 20
9 am-12 pm
1 session - $55
Tech Academy
Online – Login information will be emailed to families
Youth Programs

Spring Break
March 29-April 5

F.A.S.T. KIDS
(Ages 7-10)
Staying Safe While Home Alone First Aid and Safety Trained Kids helps prepare children for staying safe at and away from home. Lessons cover basic first aid, water safety, vehicle safety, home emergencies, injury prevention, stranger and internet safety. Students will receive a book, handouts and a home first aid kit as part of the class.

SP6008
Friday, March 29
1 session - $59
Discovery Center
8:30 am-12:30 pm
Emergency Outfitters
Room 204

Babysitting 101
(Ages 10-13)
This course is best suited for youth interested in learning the current practices of caring for young children and how to manage their babysitting business. Students will learn safety and injury prevention, first aid basics, feeding and caring for infants and how to handle behavior problems. Students receive a reference book, handouts, babysitting bag and first aid kit. Please bring a bag lunch and a baby doll to class.

SP6009
Tuesday, April 2
1 session - $75
Discovery Center
8:30 am-4 pm
Emergency Outfitters
Room 204

Canvas Fun: Lovely Llama
(Grades K-5)
Grab your friend and join us for a fun one-day painting workshop. Everyone will get their own 9x11 stretched canvas to paint a fun and festive llama with acrylic paints.

SP6060
Friday, March 29
1 session - $25
Discovery Center
2-3 pm
Kidzart
Room 202
Youth Programs

Spring Break
March 29-April 5

Spring/Pastel Cookie Decorating
(Grades K-5)
Beautiful Pastels! Come and have fun with your friends and enjoy some Spring cookie decorating! At the end of this class you will bring home some beautifully decorated spring cookies for your family! Yum!! A fun class activity is also planned while the cookies are drying.

SP6100A
Wednesday, April 3 2:30-4 pm
1 session - $25 Charlene Bzdok
Montrose Elementary Room 115

SP6100B
Friday, April 5 2:30-4 pm
1 session - $25 Charlene Bzdok
Discovery Center Room 202

Minnesota Children’s Museum Trip
(Grades K-2)
Bring your child to explore three floors of fun! From the irresistible pretend town in Our World to the delightful toddler play spaces in Sprouts, our experiences spark joy and foster growth through the awesome power of play. Bring a bag lunch and beverage.

SP6001
Wednesday, April 3 8:45 am-2:15 pm
1 session - $20/person Discovery Center Meet at door 1

Science Museum of Minnesota Trip
(Grades 3-6)
At the Science Museum, student learners will find interactive exhibits filled with stories about science, cultures, discoveries, and the people who observe and analyze our world. From exhibits like RACE: Are We So Different, which shares the lived experiences and history of people of color and the science behind race, to the Dinosaurs and Fossils gallery, where fossil remains showcase the scale and biodiversity of ancient life on earth, students and their family have the opportunity to engage with one another and spark a lifelong love of science. Bring a bag lunch and beverage.

SP6000
Wednesday, April 3 8:45 am-2:15 pm
1 session - $20/person Discovery Center Meet at door 1

Crayola Universe & Moose Mountain
(Grades K-6)
At Crayola Universe, students will learn the science behind melted wax and discover the secrets behind how Crayola crayons are made and more in this memorable day of creative play. Bring a bag lunch and after lunch we’ll head over to Moose Mountain for a round of mini-golf before returning to Buffalo.

SP6002
Friday, April 5 9 am-3:30 pm
1 session - $40/person Discovery Center Meet at door 1
Youth Programs

Dojo Karate
(Grades K-5)
Karate is a great tool for learning self-discipline, respect for self and others, keeping fit, building confidence and character development. Trained professional instructors specialize in helping kids develop a healthy body and mind. Sign up for one or both sessions - new skills each week. Classes include a free uniform!

SP6011A
March 12 – April 9
2:30-3:15 pm
(No class April 2)
4 sessions - $45
Dojo Buffalo
Hanover Elementary
Gym

SP6011B
April 16 – May 7
2:30-3:15 pm
4 sessions - $45
Dojo Buffalo
Hanover Elementary
Gym

RC Car Racing
(Grades K-8)
Interested in RC Cars? Want to try racing them on a track? Then come join us for some fun as we explore what makes them work and then get to try them out. Participants will leave with a better understanding of the hobby, and get some time testing out their driving skills on a few different types of RC Cars and Trucks. Participants can bring their own RC Cars on approval from Party Crashers RC Racing.

SP6090A
Monday, April 29
1 session - $23
Discovery Center
Gym

SP6090B
Monday, April 29
7:15-8:15 pm
1 session - $23
Discovery Center
Gym

Cotton Candy Making
(Grades K-5)
Come and learn how cotton candy is made WITH and WITHOUT a machine. In this class we will be learning how cotton candy is made by heating and spinning flavored sugar and Jolly Ranchers. We will also be playing games for fun prizes like a carnival and everyone will go home with cotton candy and prizes. Come and have some fun with your friends and enjoy the carnival!

SP6101A
Wednesday, May 1
2:30-4 pm
1 session - $30
Charlene Bzdok
Discovery Center
Room 202

SP6101B
Tuesday, May 21
2:30-4 pm
1 session - $30
Charlene Bzdok
Montrose Elementary
115

School of Fish
(Grades 3 and up)
School of Fish is a 2 1/2-hour kids fishing class open to kids (and adults!) from grades 3 and up taught by pro angler and fishing TV show host Mike Frisch. Students learn about lakes, finding fish in those lakes, and some great ways to catch them. They also learn to tie a fishing knot and rig and use a slip-bobber setup. Students will receive:

- Rod & Reel
- Hannay’s Marine/School of Fish Hat
- Tackle box and tackle
- School of Fish full color workbook

One adult is invited to attend with a child at no additional charge, provided they share one equipment packet. Most importantly, graduates leave class with the knowledge, skills, and equipment to go fishing!

SP6007
Monday, May 13
6-8:30 pm
1 session - $60
Mike Frisch
Discovery Center
Cafeteria
Youth Programs

These art classes are held at Artistic Me, 205 5th Street NE in Buffalo. Parents may drop off their child at Artistic Me or choose to have your child meet at the Community Education office at Discovery Elementary after school to walk with a chaperone to Artistic Me. Please call Bridget Lindeman, Youth Enrichment Coordinator, at 763.682.8733 to make arrangements. Parents will pickup their student at Artistic Me after class.

**Holiday Figurines** *(Grades K+)*
Create some fun figurines for the Easter holiday. Pick from a selection of holiday items that may include plates, eggs, rabbits or chicks.

SP6061
Wednesday, March 6
3-4 pm
1 session - $40
Artistic Me

**Night Lights and Magnets** *(Grades K+)*
Let your imagination run wild as you create a custom night light and two magnets. You will use a variety of glass including chips, stringers and tumbled glass.

SP6062
Wednesday, March 27
3-4 pm
1 session - $40
Artistic Me

**Butterfly Sun Catcher** *(Grades K+)*
Sun-catchers are a fun addition to a window. Choose from a butterfly or dragonfly shape and decorate using colorful bits of glass, stringers and dots. Once fired, a chain will be added for hanging.

SP6063
Wednesday, April 17
3-4 pm
1 session - $45
Artistic Me

**Little Houses** *(Grades K+)*
Create some fun garden or plant décor. You will choose from fairy houses, bird houses or planters. Paint with some bright colors and welcome visitors to your creations.

SP6064
Wednesday, May 8
3-4 pm
1 session - $35
Artistic Me
# Jr Bison Gymnastics

**Classes held in the Buffalo High School Gymnastics Room**

## Parent/Child - Boys & Girls
*(Ages 18 months - 3 years)*

Parent/guardian assist the child on the equipment learning basic shapes and movements to improve balance, strength and coordination. Obstacle courses, trampoline and foam pit will be set up.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Description</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>SP687A</td>
<td>Parent/Child - Boys &amp; Girls</td>
<td>Mondays, March 4-May 13</td>
<td>4:15 - 5 pm</td>
<td>10 sessions - $150</td>
</tr>
<tr>
<td>SP687B</td>
<td>Parent/Child - Boys &amp; Girls</td>
<td>Saturdays, March 2-May 18</td>
<td>12:15-1 pm</td>
<td>10 sessions - $150</td>
</tr>
</tbody>
</table>

## Boys Beginners
*(Ages 5+ years)*

Basics of core gymnastics skills on floor, vault and bars. Focus on building strength and coordination. Obstacle courses, trampoline and foam pit will be set up.

<table>
<thead>
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<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>SP685</td>
<td>Boys Beginners</td>
<td>Mondays, March 4-May 13</td>
<td>6-7 pm</td>
<td>10 sessions - $200</td>
</tr>
</tbody>
</table>

## Girls Beginners
*(Ages 5+ years old)*

Learn basic gymnastics shapes and skills on all four events. Focus on improving balance, strength, flexibility and coordination. To move up to next level students need: strong bridge, handstand and cartwheel on floor, pullover on bars with spot and correctly hit a springboard.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Description</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>SP681A</td>
<td>Girls Beginners</td>
<td>Tuesdays, March 5-May 14</td>
<td>6:15-7:15 pm</td>
<td>10 sessions - $200</td>
</tr>
<tr>
<td>SP681B</td>
<td>Girls Beginners</td>
<td>Wednesdays, March 6-May 15</td>
<td>5-6 pm</td>
<td>10 sessions - $200</td>
</tr>
<tr>
<td>SP681C</td>
<td>Girls Beginners</td>
<td>Saturdays, March 2-May 18</td>
<td>10:30-11:30 am</td>
<td>10 sessions - $200</td>
</tr>
</tbody>
</table>

## Preschool - Boys and Girls
*(Ages 3 - 5 years)*

Learn basic shapes and positions for core gymnastic skills to improve balance, strength and coordination. Obstacle courses, trampoline and foam pit will be set up.

<table>
<thead>
<tr>
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<th>Description</th>
<th>Days</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>SP680A</td>
<td>Preschool - Boys and Girls</td>
<td>Mondays, March 4-May 13</td>
<td>5-545 pm</td>
<td>10 sessions - $150</td>
</tr>
<tr>
<td>SP680B</td>
<td>Preschool - Boys and Girls</td>
<td>Wednesdays, March 6-May 15</td>
<td>4:15-5 pm</td>
<td>10 sessions - $150</td>
</tr>
<tr>
<td>SP680C</td>
<td>Preschool - Boys and Girls</td>
<td>Saturdays, March 2-May 18</td>
<td>12:15-1 pm</td>
<td>10 sessions - $150</td>
</tr>
</tbody>
</table>
Open Gymnastics Gym

Open gymnastics gym is where students can bring their friends and family to explore and get used to equipment, practice gymnastics skills and have lots of FUN! All ages welcome.

Saturdays, March 2-May 18
1-2 pm
(Closed March 30, April 6, May 4)
$10/student/visit  (cash or check at the door)

Girls Intermediate  (Ages 5+ years old)
Continue learning and improving gymnastics skills on all four events.
Vault: Forward roll and handstand flatback
Bars: Pullovers, casts, back hip circles, glides
Beam: Basics on low and high beams
Floor: Various cartwheels, roundoffs, back bends and kickovers.

To move up to next level students need a strong round off, back walkover and pullover/back hip circle on bars.

SP682A
Mondays, March 4-May 13  6:45-8 pm
(No class April 1)
10 sessions - $250

SP682B
Wednesdays, March 6-May 15  6:15-7:30 pm
(No class April 3)
10 sessions - $250

Girls Advanced  (Ages 8+ years old)
Continue advanced skills on all four events.
Vault: Handstand flatback and handsprings
Bars: Skills from intermediate level and introduce one-leg circles, tap swings, front hip circles, kips, squat ons and more.
Beam: Continue basics on low and high beams such as jumps, turns, handstands, cartwheels, mounts and dismounts.
Floor: Continue improving various cartwheels, roundoffs, back bends and kickovers.

SP683A
Tuesdays, March 5-May 14  7-8:30 pm
(No class April 2)
10 sessions - $250

SP683B
Thursdays, March 7-May 16  6-7:30 pm
(No class April 4)
10 sessions - $250

Girls High School  (Grades 7-12)
Work on skills for Minnesota State High School League requirements.

SP684A
Tuesdays, March 5-May 14  4-6 pm
(No class April 2)
10 sessions - $250

SP684B
Thursdays, March 7-May 16  4-6 pm
(No class April 4)
10 sessions - $250

Jr Bison Gymnastics
Classes held in the Buffalo High School Gymnastics Room

No classes
March 29-April 6

Youth Recreation
Youth Recreation

Jr. Bison Baseball Program

Registration
Open Now!

Online bhmschools.ce.eleyo.com
or call Community Education
at 763.682.8770.

* Registration deadline is April 1 *

For Players age 5-13

- This program is offered through Buffalo Hanover Montrose Community Education.
- The Jr Bison Baseball season begins early May and concludes end of June.
- Evening practices and games will be played in Buffalo and Montrose beginning at 6:15 pm.
- The focus of this program is on instruction of proper baseball techniques and FUN.
- We rely heavily on volunteer coaches. We can’t have teams without coaches. Please contact Todd Lunning, Recreation Coordinator, at tunning@bhmschools.org or 763.682.8176 to help.
- Questions, contact Community Education 763.682.8770 or Todd Lunning, Recreation Coordinator, 763.682.8176.

*T-Ball

- Ages 5-6 $95
  Class SP6450 (Tue/Thur evenings)

*Baseball

- Minor League (Age 7-8) $110
  Class SP6451 (Mon/Wed evenings)

- National League (Age 9-10) $110
  Class SP6452 (Tue/Thur evenings)

- American League (Age 11-13) $110
  Class SP6453 (Mon/Wed evenings)

*Child’s age as of June 1, 2024 Please register for the appropriate age group.

Youth Baseball is FUN!
Youth Recreation

Bison Girls Soccer Indoor Futsal  
(Grades 9-12)  
Open soccer play led by the girls varsity soccer captains.  
SP722  
Sundays, March 17-April 28  
5-7 pm  
(No meet March 31, April 7)  
5 sessions - $30  
Bison Activity Center

Legacy FC/Wright County Soccer  
Recreational and competitive soccer for kids in Buffalo and surrounding Wright County communities. Ages 4-18 years. Visit Legacyfc.org or call Erica at 763.568.1941.

Boys Spring Basketball   
(Grades 4-8)  
Skills and Competitive Games  
This is an awesome opportunity to continue the skills developed during the winter basketball season. Students in this clinic will work on fundamental skills, while incorporating competitive games such as 3 on 3.

SP6430A  
(Grades 4-6)  
Tuesdays & Thursdays, April 9, 11, 16, 18  
6-7:15 pm  
4 sessions- $50  
Coach Ortmann  
Bison Activity Center  
Court 6

SP6430B  
(Grades 7-8)  
Monday-Thursday, April 8-11  
6-7:15 am  
4 sessions- $50  
Coach Ortmann  
Buffalo Community Middle School  
Main Gym

Jr. Bison Track Meet  
(Boys and Girls, Grades K-6)  
Bison Varsity Track Coach Scott Palmer, along with assistant coaches and track members, run this one day event with the emphasis on FUN! Students participate in up to 4 events in their age group. Bison Youth Track Team T-shirt included.

SP6440  
Saturday, May 18  
Check-in at 9 am. Meet begins 9:20 am  
1 session- $20  
Bison Activity Center at Buffalo High School

Open Gym  
Opportunities  
Bison Activity Center  
(Gym & Walking Track)  
Monday - Thursday, 6 - 9 pm  
(Closed Feb. 19)  
Gym: $5/person or $10/family  
Walking: $2/person/day or walking pass

Buffalo Middle School  
(Gym & Pool)  
Sundays, 2 - 4 pm  
(Closed Feb 18, Mar 31, Apr 7, May 12)  
$5/person or $10/family  
(*Will close at 2:15 if no attendees)

Montrose Elementary  
(Gym)  
Wednesdays, 6 - 7 pm  
(Closed on non-school days)  
Free!

Spring Break  
Open Gym  
Bison Activity Center  
Monday-Thursday  
April 1-4, 5-8 pm  
$5/person or $10/family

Looking for a fun activity for your younger child?  
Check out Amazing Athletes (ages 2.5-5 years) on page 4 for all the details!

BHM COMMUNITY EDUCATION | 763.682.8770 | bhmschools.ce.eleyo.com
Buffalo Community Middle School Pool

Open Swim, Lap Swim & Open Gym

Sundays, 2 - 4 pm
February 25 - May 19
(Closed Feb 18, Mar 31, Apr 7, May 12)

- To help with staffing, please arrive at 2 pm. We will close at 2:15 pm if no attendees.
- Enter door #3, lower west side.
- A lap lane is designated.
- Fee for Open Swim and/or Open Gym is $5 per person or $10 per family. Please bring the exact amount as we may not be able to make change.

*Please check our website for pool/gym updates at bhmschools.org/open-swim-information

Pool Rental

The Buffalo Community Middle School pool is available for private use any time the pool is not scheduled. Pool rental may include birthday parties, lock-ins, gym/swim activities or aquatic conditioning for sports teams. Rental rates are $75 per hour for In-District groups or $90 per hour for Out-of-District groups. Fee includes 2 lifeguards. For more information, contact Sheila at 763.682.8752 or sjohnso@bhmschools.org.

Clip & Save Coupon

$5 off a Sunday pool rental
Valid until 5/19/24

About Our Pool

- The pool is located at the Buffalo Community Middle School on Hwy 25. Enter door 3 (facing the football fields).
- Participants are responsible for their valuables.
- Appropriate swimwear is required.
- Pool depth ranges from 3 feet 6 inches to 12 feet.
- An adult must accompany children if under 48 inches in height.
- The use of approved life jackets/ vests and other floatations are allowed when accompanied by an adult in the water.
- Non-swimmers wishing to watch can sit in the bleacher area.
- To use the deep end of the pool, swimmers must be able to swim the width of the pool using the American Red Cross Level 3 front crawl. Swimming ability will be at lifeguard discretion.
- Children are not allowed to jump off the diving boards into the arms of an adult in the water.
- Open swim passes available at the pool or the Community Education office. 10 individual for $40 or 10 family for $90.

Wright County WAVE Swim Club
For more information, visit waveswimclub.com

Lap Swimming

- Sundays, 2 - 4 pm during open swim
- Cost is $5 per visit - Pay at the pool

*Please check our website for pool updates at bhmschools.org/open-swim-information
Aquatics

American Red Cross Learn to Swim program offers comprehensive levels to teach students how to swim skillfully and safely. The pre-requisite for each level is the successful demonstration of skills from the preceding level. Note: The shallow end of our pool is 42” deep. Therefore, children must be 48” in height and at least 6 years old to participate in levels 1-5. Children under 48” in height should enroll in the Preschool program. Each level of Learn to Swim includes basic water safety and helping a swimmer in distress.

Parent and Child Aquatics
Preschool Aquatics
25 minute each session
Fee: 7-sessions, $64

Learn to Swim: Levels 1-5
45 minutes each session
Fee: 7-sessions, $69

The pool is located at the Buffalo Community Middle School. Enter door 3, lower west side.

Parent & Child Aquatics (6 months to 3 years) Fee: $64
Parent and child learn together to increase a child’s comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The two levels are fun-filled and introduce water safety.

- Change body position in the water
- Learn how to play safely
- Experience wearing a life jacket
- Expectation for adult supervision
- Enter and exit the water safely
- Submerge in a rhythmic pattern

Preschool Aquatics (4–5 years old) Fee: $64
Children are taught basic aquatic safety, survival and swimming skills, while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoy social interactions with other children. As in all Swimming and Water Safety courses, your child will always know that it’s safety first.

Learn to Swim Levels 1-5
(Age 6+)
Fee: $69

Level 1: Intro to Water Skills
Orient participants to the aquatic environment and help gain basic aquatic skills. Begin to develop positive attitudes and safe practices.

Level 2: Fundamental Aquatic Skills
Build basic aquatic skills, water safety and concepts learned in level 1.

Level 3: Stroke Development
Build on the skills learned in Levels 1 and 2 to help achieve basic water competency in a pool environment. Head first entry, survival floating and treading water will be covered.

Level 4: Stroke Improvement
Improve proficiency in performing swimming strokes introduced in Level 3. Skills include swimming front crawl 25 yards, breaststroke, back crawl and butterfly 15 yards.

Level 5: Stroke Refinement
Participants refine their performance of all six swimming strokes (front and back crawl, butterfly, breaststroke, elementary backstroke and sidestroke).

Registration for spring lessons opens March 1 at 8 am
Register online bhmschools.ce.eleyo.com
Adult Programs

Crystal Bowl Sound Meditation
Enjoy the relaxing sounds of crystal singing bowls for a 60-minute sound meditation session. Bring a yoga mat and blankets where you can sit or lie down on the floor and allow yourself to immerse in the soothing vibrations. This is a great end of the day class that can reduce anxiety and stress and help facilitate a restful night sleep. June 29 will include gongs.

Qigong
Qigong (chee-gong) is an ancient practice that promotes holistic healing through balancing and clearing your energy fields. It is a simple yet effective method to help you reduce stress and help you to heal physically, emotionally, and spiritually. This basic introductory class will learn about Qigong and how it can enhance the quality of your life and the lives of those around you. Package discount available!

SP1012A
Saturday, February 23 6:30-7:30 pm
1 session - $25 Amee Pribyl
Discovery Center

SP1012B
Friday, March 15 6:30-7:30 pm
1 session - $25 Amee Pribyl
Discovery Center

SP1012C
Friday, May 10 6:30-7:30 pm
1 session - $25 Amee Pribyl
Discovery Center

SP1011A
Saturday, March 2 10am-12 pm
1 session - $15 Amee Pribyl
Discovery Center

SP1011B
Saturday, April 13 10am-12 pm
1 session - $15 Amee Pribyl
Discovery Center

SP1011C
Saturday, May 11 10am-12 pm
1 session - $15 Amee Pribyl
Discovery Center

SP1011D (Package Discount)
Saturday, March 2, April 13, May 11 10am-12 pm
3 sessions - $35 Amee Pribyl
Discovery Center

Open Pickleball Play
Open play provides time for players to rotate in and out of games while playing with different partners. Everyone gets a chance to play and it’s a great way to get to know other pickleball players.

Bison Activity Center
Wednesdays, February 21-April 24 6:30-8 pm
(No play when school is closed)
$5/ session at the door Bison Activity Center

Buffalo Community Middle School
Sundays, March 3-May 19 2-4 pm
(Closed March 31, April 7, May 12)
$5/ session at the door
Paranormal Investigating 101
You've seen it on TV, now you can learn the basics of ghost hunting and paranormal investigations. See evidence from actual investigations, discover what equipment works best, and learn ethics and proper investigation techniques. What does it take to run an investigation? We'll cover what you need to know from start to finish. You'll even have a chance to get hands-on experience with equipment and techniques during a mini-investigation at the end of class.

SP1115
Wednesday, March 6 7-9:30 pm
1 session - $45
Heidi Steffens
Discovery Center

Paranormal Investigating 102
Now that you have learned the basics in Paranormal Investigating 101, let's put your skills to the test with a full investigation! We'll split into groups to investigate and come together at the end to compare notes.

Bring any equipment you may have to use during class. We will have some equipment to borrow as well. Prerequisite: Paranormal Investigating 101

SP1116
Wednesday, March 20 7-9:30 pm
1 session - $45
Heidi Steffens
Discovery Center
Adult Programs

Join Us Online

Cooking Classes

Join Tess for her fun cooking classes and embark on a flavor-filled journey that will wake-up your taste buds and boost your culinary confidence!

(Please provide your email to receive login information.)

Homemade Creamy Tuscan Gnocchi with Chicken & Homemade Bread

Gnocchi: Bite-sized tender soft pillows of pasta-ish goodness. Very versatile with the ability to take on the flavor of added goodness creating mouthwatering meals. During this fun filled class, participants will learn how to create these little morsels of goodness, and then turn them into a scrumptious meal the instructor has created called Creamy Tuscan Gnocchi with Chicken. We will make a wonderful loaf of fresh bread as well! **One fee can include immediate family members living full-time in the SAME HOME.**

SP1300
Saturday, April 27 4-6 pm
1 session - $35 Tess Georgakopoulos
Online - Login information will be emailed to participants

California Sushi Roll Extravaganza

When it comes to actual sushi made with sushi grade raw fish such as salmon or tuna wrapped in rice and seaweed, the sushi tolerance spectrum runs from a strong “YES” or a strong “NO”. Enter California “sushi” Rolls that turn the “NO’s” into yeses! Join Tess as she walks you through how to make a variety of marvelous California rolls. California “sushi” roll combinations are only limited by your imagination! Make them vegetarian, with or without seaweed, spicy or not, it is totally up to you! **One fee can include immediate family members living full-time in the SAME HOME.**

SP1301
Saturday, May 11 4-6 pm
1 session - $35 Tess Georgakopoulos
Online - Login information will be emailed to participants

Spring Roll Symphony: Crafting Crispy & Fresh Spring Roll Delights

Join Tess as she shares the process of creating two types of spring rolls bursting with a SYMPHONY of flavors bold and bright enough to wake up your taste buds. Choice of meat (chicken or pork) and veggies will fill the CRISPY spring rolls, and fresh veggie and precooked protein of choice will fill the FRESH spring rolls. Two types of wrappers will be used. Participants will be able to customize filling ingredients and seasonings according to their taste or dietary preferences. Freezing and reheating tips will also be shared! **One fee can include immediate family members living full-time in the SAME HOME.**

SP1302
Saturday, May 18 4-6:30 pm
1 session - $40 Tess Georgakopoulos
Online - Login information will be emailed to participants

From Dough to Delights: Flatbread Pizza & Pizza Panini from SCRATCH

Apart from cheese and toppings, homemade dough and sauce, are the key ingredients used to create mouthwatering pizza of course! Tess will help answer these questions as she guides you in her latest pizza class where you will create fantastic FLATBREAD PIZZAS and Pizza Panini from scratch! Take-out pizza may just become a thing of the past! **One fee can include immediate family members living full-time in the SAME HOME.**

SP1303
Saturday, May 25 4-6:30 pm
1 session - $40 Tess Georgakopoulos
Online - Login information will be emailed to participants
Adult Programs

Panoramic Sugar Eggs
Assemble and decorate a panoramic sugar egg. Learn about the folklore behind these eggs during class. A great project for spring.

SP1100
Thursday, March 21   6-8 pm
1 session - $45   Rose Borman
Discovery Center   Room 204

Paint a Stool
Create your own design on a cute little stool with templates provided by the instructor using acrylic paint. Bring your creativity and flare to make it your own!

SP1101
Monday, April 8   6:30-8:30 pm
1 session - $50   Rose Borman
Discovery Center

Photo Organization – Print and Digital
Photo Mess...imagine ALL your photos organized and in one place, permanently and safely. Find any old photo quickly including old slides, movies and memorabilia. We’ll discuss digital scanners, digitizing old media, cloud storage, organization and photo restoration. Leave with options to access/share your memories!

About the Instructor: Susan has been scrapbooking memories of her life for many years to create her legacy and wants to help others preserve theirs.

SP1114
Thursday, April 11   7-8:30 pm
1 session - $29   Susan DeJute
Discovery Center   Room 202

Vision Disorders in a Visual World
What does it mean when children struggle to learn with vision disorders in a visual world? We will discuss eyesight vs vision. Identify the visual skills needed to learn, the symptoms of visual problems and how they affect learning. We will discuss how vision therapy can help.

About the Instructor: Jeri Schmidt is a Certified Optometric Vision Therapist with 24 years of experience as a vision therapist working with both children and adults experiencing visual processing difficulties.

SP1010
Monday, March 25   6:30-7:30 pm
1 session - $15   Jeri Schmidt
Discovery Center   DO Conference Room

Instant Piano for Busy People
In just a few hours, learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do using chords. Since this class is being held online with ZOOM, you can sit at your piano or keyboard with no pressure. And since this course includes an online book and online follow up video lessons, you are able to continue your practice on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. The course is partly lecture/demonstration and partly hands on instruction. Please provide the email address to send the Zoom link to you.

Topics include:
• How chords work in a song
• How to get more from sheet music by reading less
• How to form the three main types of chords
• How to handle different keys and time signatures
• How to avoid “counting”
• How to simplify over 12,000 complex chords

SP1112
Saturday, April 27   9 am-12 pm
1 session - $59   Craig Coffman
Online via Zoom
**Adult Programs**

**Intro to Voiceover**
Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90 minute, one-on-one, video-chat class! Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience. Please provide your email address.

SP1250  
Date and Time scheduled with Voices for All  
1 session - $49  
Online

**Instant Guitar for Busy People**  
**(Ages 13 to Adult)**
In just a few hours, learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with ZOOM, you can sit at home with your guitar without any pressure. And since the class includes an online book and online follow-up video lessons, you are able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. Please provide the email address to send the Zoom link to you.

Topics include:
- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

SP1113  
Saturday, April 27  
1 session - $59  
Online via Zoom

**Grow Your Business with Instagram**
What can you do on Instagram that can result in huge growth for your customer base and sales? We’ve got the answers you need in this fun beginner level class to grow your business with Instagram. You’ll learn the key steps needed in order to improve your company bottom line and also gain more followers. Plus, you’ll learn to make your content irresistible and have fun in the process! Please provide your email.

SP1200  
Thursday, May 9  
12-1 pm  
1 session - $24  
Social Club Simple  
Online via Zoom

**Using Snapchat Safely in 2024**
Have you been curious as to what Snapchat is exactly? We will cover everything adults need to know about one of the most popular social media apps in the world. You’ll learn the foundation for how Snapchat is used, what the basic features include, and more. Stay up to date in today’s digital world with this fun and informational class. Attendees will learn the basic fundamentals of how the app works, how to set up safety features, how to check for profile details, and how advertisers work to target audience members. Please provide your email.

SP1201  
Tuesday, May 14  
12-1 pm  
1 session - $24  
Social Club Simple  
Online via Zoom
Adult Programs

A Parent’s Guide to TikTok
Have you heard about the latest new app called TikTok? Learn how it’s used and how parents can also help their kids stay safe while on it. You'll leave the class with helpful action items for your family to help gain a better understanding on what to do/what not to do within the app. The class will help set up a healthy foundation for technology habits your family members can use for the rest of their life whether in school or in their professional careers. Please provide your email.

Google Sheets for Awesome Beginners
Whether it’s for work or for play, this class will teach you comprehensive skills which will turn you from a Sheets novice into a Sheets expert. You will learn to enter, organize, refine, analyze, and visualize your data using Google Sheets! Please provide your email.

My Kid Wants to Be a YouTuber – Help!
Does your child dream of having their own YouTube channel? Eliminate the worry with this helpful class as we walk you through the steps on how to set up a YouTube channel, safety settings, and consideration for kids having their own channel. Parents will learn the basic guidelines to help manage and monitor their activity, all while incorporating practical business skills to manage your own channel. Learn how this hobby can become a practical career, safety practices, and even create fun videos! Parents will leave class with helpful guidelines to get their kid’s channel started safely with a solid foundation for their child’s new creative outlet. Please note, legally children must be age 13 and have parental permission to start a YouTube channel.

How to Present Social Media Analytics with Ease
Expand your skills as you learn the basics to discuss social media analytics from Facebook, Instagram and YouTube. This critical skill is a must for anyone of all ages, whether you’re an employee, small business owner, volunteer, etc.! You will learn a step-by-step process so that you can get started today and confidently present and discuss how a post performed on social media. Please provide your email.

SP1202
Thursday, May 16
1 session - $24
Online via Zoom
12-1 pm
Social Club Simple

SP1204
Monday, June 3
1 session - $24
Online via Zoom
12-1 pm
Social Club Simple

SP1203
Thursday, May 30
1 session - $24
Online via Zoom
12-1 pm
Social Club Simple

SP1205
Tuesday, June 4
1 session - $24
Online via Zoom
12-1 pm
Social Club Simple
Adult Programs

Medicare 101
Turning 65 in 2024? Join us to learn about enrolling in Medicare. This informational class is suitable for anyone who is or will become Medicare eligible and will help answer questions including: What if I’m going to continue working after I turn 65? How is my spouse affected by my enrollment? What is Original Medicare? What is the difference between a Medicare Supplement Plan and a Medicare Advantage Plan, and how do they work with Original Medicare? What about my prescriptions? How do I enroll in Medicare, and when should I do it? What if I don’t enroll? How might my HSA impact my Medicare decision-making?

SP1210A
Tuesday, March 12
1 session - $15
Discovery Center

SP1210B
Tuesday, April 16
1 session - $15
Discovery Center

SP1210C
Tuesday, May 14
1 session - $15
Discovery Center

Savvy Social Security
Discover the strategies for maximizing your Social Security benefits including five factors to consider when deciding when to apply for benefits, how to minimize taxes on Social Security and the health insurance dilemma.

SP1211
Tuesday, April 16
6:30 – 7:30 pm
1 session - $15
MN Safety Council
Discovery Center

Defensive Driving
4 Hour Refresher Course
If you have taken a state approved 8-hour Defensive Driving Course (55+) prior to taking this class, you can renew your three year car insurance discount by taking this state-approved, 4-hour refresher course. There is no driving and no test. You will receive a certificate of completion to provide to your insurance company.

SP1110A
Thursday, March 28
1-5 pm
1 session - $35
MN Safety Council
Discovery Center

SP1110B
Thursday, May 23
1-5 pm
1 session - $35
MN Safety Council
Discovery Center

Reinvent your insurance discount
DayTrippers Dinner Theatre
Thursday, April 25

This side-splitting romp about marriage and careers introduces us to the Haydens, Suzannah and her husband Gibby, a local TV weatherman. They are a couple who both work and decide an assistant is needed to help put their house in order. So, they hire a highly motivated, gregarious southerner named Beth. Little do they know, Beth is after Suzannah’s job! Throw in wise-cracking best friends and a British boss lady, and you discover the hazards of hiring an assistant can be hilarious!

Green Mill Lunch Menu: Turkey breast with gravy, Swedish meat balls, Fettuccini Alfredo prima vera, Mashed potatoes, Tuscan vegetable medley, Raspberry vinaigrette salad with berries and mandarin oranges, Dinner rolls with butter, Dessert bar, Coffee, iced tea and water.

SP1000
- Motor coach bus departs Discovery Center, door 1, at 11:15 am
- Bus returns to Buffalo approximately 4 pm
- $99 fee includes motorcoach transportation, show ticket, lunch and chaperone
- Deadline to register is Thursday, April 11

Sidekick Theatre
Thursday, May 16

The Fabulous LIPITONES
Not so Traditional Barbershop Quartet

What happens when an a cappella quartet loses a key member to a heart-stopping high “B flat?” The three surviving members suddenly find themselves scrambling to find a tenor before the national competition. When the golden tones of “Bob” are heard through the phone the Lipitones are all ears...but when they meet him in person, he’s not quite what they expected. An uproarious comedy of misunderstanding, stereotypes and the path to perfect harmony. The theater is located in Bloomington.

Lunch Menu: Creamy chicken breast, Roasted red potatoes, Glazed carrots, Coleslaw, Dinner rolls, Assorted desserts, Coffee and hot tea.

SP1001
- Motor coach bus departs Discovery Center, door 1, at 10:30 am
- Bus returns to Buffalo approximately 4 pm
- $99 fee includes motorcoach transportation, show ticket, lunch and chaperone
- Deadline to register is Thursday, May 2
We Are ABE

At WEST Adult Basic Education (ABE) sites in the west metro suburbs, caring teachers help adults with a variety of learning goals. WEST ABE is a partnership between 17 area school districts, several correctional facilities, and the Monticello Career Force Center. Teachers at dozens of nearby sites serve adult learners throughout the majority of the year. WEST ABE welcomes adults, 17 or over, who are not currently enrolled in a regular school program.

ABE teachers understand the unique challenges of adult learners. Materials are designed to help adult learners, and learning plans are individualized to help meet adult learners’ needs. Learners study in the classroom and online. Let us help you meet your goals!

Academic Open Lab
ABE helps adult learners acquire or improve their math, reading or writing skills for the GED test, college entrance or employment.
- Mondays & Wednesdays from 1:30-4 pm
- Tuesdays & Thursdays, from 6-8:30 pm
- Closed the same days as BHM Schools
- For more information, call 763.682.8509 or drop in

Get Your GED
Each June, adult learners from several adult basic education sites around Wright County come together to be recognized for earning their General Education Development (GED) certificates. Be one of these graduates in 2024!

You can do it! Earn your GED and celebrate! Create new opportunities for yourself.

To get started, call Terrisa in Buffalo at 763.682.8509 or Jill in Monticello at 763.272.2040 who can help you locate the program near you.

Why Choose ABE
ABE teachers understand the unique challenges of adult learners. Materials are designed to help adult learners, and learning plans are individualized to help meet adult learners’ needs. Learners study in the classroom and online. Let us help you meet your goals!

westabe.org  hotline.mnabe.org
Buffalo Adult Basic Education classes meet at Discovery Elementary, 301 2nd Ave NE, Buffalo.
All adult basic education classes are **FREE**. Study materials are also **FREE** – including textbooks, workbooks, online learning platforms, and GED practice tests. Some textbooks may be purchased in certain situations. Call **682.763.8509** or email tfisher@bhmschools.org for more information.

**WHAT:** Family Learning Program
1) parent & child time with childhood experts
2) parents with a parenting specialist
3) parents work on their own learning goals with a teacher of adults-
study for GED or English language for example.

**WHO:** Any parent with a child or children, 6 months to kindergarten age, U.S. born or immigrants - all are welcome.

**WHERE:** Discovery Elementary - Early Childhood Family Education (ECFE) 301 2nd AVE NE, Buffalo.

**WHEN:** Tuesdays and Thursdays, 10 am-2 pm, September through May.

**WHY:** (As described by a parent participant) *Family Learning is an interesting, fun, and friendly place where parents gain information they want about the upbringing and development of children. In turn, children develop emotional, affective capacity, in addition to learning social skills and participating in different activities such as: playing, drawing, painting, music, dancing and making crafts which help to develop children’s creativity, imagination, and school readiness.*

**HOW:** Call Terrisa at **763.682.8509** or Tiara at **763.682.8782**.

**English Language Class**
In this welcoming environment, classes meet the needs of people whose native language is other than English, including recent immigrants, refugees, migrant workers, permanent residents and citizens. In-person classes provide opportunities for reading, writing, listening and speaking practice, at all skill levels. Classes are free!

- Tuesdays & Thursdays, from 6-8:30 pm.
- Discovery Elementary, 301 2nd AVE NE, Buffalo.
- Closed same days as BHM Schools.
- Questions, call Elizabeth at 763.682.8507 or Terrisa at **763.682.8509** or drop in.
About Us

Opening Doors activities and classes are designed and adapted for adults with cognitive and physical disabilities.

Participants can:

Discover New Skills
Arts ~ Crafts ~ Cooking

Explore the Community
Outings ~ Theater ~ Sporting Events

Socialize and Meet People
BINGO ~ Games ~ Movie Nights

Become More Active
Bowling ~ Dances ~ Nature Walks

The Opening Doors Program offers activities and classes in the school districts of Buffalo-Hanover-Montrose, Becker, Big Lake, Howard Lake-Waverly-Winsted and Monticello.

Looking beyond disabilities... Focusing on abilities!

Spring Highlights

Bingo & Pizza Nights
Various dates & locations, 6-7:30 pm

St. Patrick’s Day Dance, March 15
St. Francis Xavier School, Buffalo, 5:30-8 pm

Spring Fling Dance, April 19
Big Lake Independence Elementary, 6-8 pm

The Summer Opening Doors catalog will be available at the end of May. We would love to add you to the mailing list. Call Community Education at 763.682.8770 to receive our catalog.

To learn more about Opening Doors or to register for classes and activities, visit us at bhmschools.ce.eleyo.com or call 763.682.8770.

To request the current Opening Doors catalog, call Community Education at 763.682.8770.

Sheila Johnson, Program Coordinator
sjohnso@bhmschools.org
763.682.8752
**Tot Spot** – Every Tuesday at 9:30 am
Children ages 2-5 meet others during our structured play time with crafts, snacks and special events. Kids Toy Swap is held the 1st Tuesday of each month. Bring in a gently used toy to exchange with others.

**Movie Day** – Every Thursday at 1:30 pm
Check our newsletter for the list of upcoming shows. Make a day of it and stop in for Zingo at 12:30 pm followed by movie and popcorn.

**Table Top Gaming** - 2nd Friday, 6:30 pm
Board games or role-playing games like D&D.

**Family Fun Night** - 3rd Friday, 4-8 pm
Occasional special events, with food for sale and Zingo at 7 pm. Great fun for the whole family.

**Sci-fi Saturday** - 4th Saturday, 7 pm
Range of topics including Anime, comic books, magic, video games, dragons, space travel, AI, time travel, etc.

We have live entertainment, holiday parties, speakers, craft classes, tournaments and more! Drop in anytime to enjoy our **free activities** like Zingo, board games, pool tables, air hockey, ping pong, video games. **FREE WiFi too!**

**Attention Families**
Looking for something different to do with the kids during a day off or after school? Come hang out at the Community Center. Enjoy a coffee and let the kids play a game or participate in an activity listed in our newsletter for the week.

**We are open Monday-Friday from 8 am to 4 pm**

**Scan to view the most current newsletter!**

Still want more information? Email us at CommunityCenter2@ci.buffalo.mn.us

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**Building Reservations**
Looking for a meeting room, a place to host a baby shower, bridal shower, graduation party, family gathering, etc.? Check out our rental options by scanning the code below or visit [ci.buffalo.mn.us/182/Community-Center](http://ci.buffalo.mn.us/182/Community-Center)

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**City of Buffalo Parks and Recreation**
Website: [ci.buffalo.mn.us/158/Parks-Recreation](http://ci.buffalo.mn.us/158/Parks-Recreation)

Check out these great offerings and more are available throughout the parks.

- Bike/Boat rentals
- Community Gardens
- Concerts in the Park
- Dog Park
- Flora of Buffalo
- Parks
  - Community Parks
  - Neighborhood Parks
  - Regional Parks
- Park Shelter Reservations
- Trails
  - Bike Skills Park
  - Fat Tire
- Skate Park
- Volunteer Flower Gardens
FREE WELLNESS COACHING
Are you ready to improve your health, enhance your life balance and make lasting changes? The Health and Wellness Coaches have the training and experience to help you succeed. Common areas of focus include exercise, nutrition, sleep and stress. Individual coaching includes appointments in person, over the phone or both. In-person coaching is available at Buffalo Hospital.

FREE STROKE SUPPORT GROUP
The Stroke Support Group provides encouragement and guidance for stroke, brain injury and head injury survivors and their loved ones, helping them to cope with physical, lifestyle and relationship changes following their stroke or injury. Second Tuesday of every month, 1-2 pm, Buffalo Hospital Conference Center.

THRIVING WITH CHRONIC PAIN WORKSHOP
This 6-week class is designed for people who have a diagnosis of chronic pain, offering strategies for dealing with their symptoms. Thursdays, April 11-May 16, 3-4 pm, Conference Room D and via Microsoft Teams.

HEALTHY EATING FOR BETTER HEALTH
This 6-week program is for people who want to learn more about how nutrition and lifestyle changes can promote better health. Class includes learning how to read nutrition labels, cooking skills, new information about latest changes in nutritional world and even a grocery store tour! Thursdays, April 11-May 16, 12-1 pm, Conference Room D or via Microsoft Teams.

BABY CAFÉ
A family-friendly drop-in breastfeeding support group. Every Wednesday, 10 am-12 pm at the Wright County Historical Society/Heritage Society, 763.684.7630.

BIRTH CENTER TOUR
Tour labor and delivery rooms, postpartum rooms, and nursery before the arrival of your baby. Thursday tours meet 6:30-7:30 pm, March 7, April 4, May 2, May 30, FREE

BUFFALO HOSPITAL GIFT SHOP
Shop the Buffalo Hospital Gift Shop and give back to your community. Your purchases go toward scholarships for high school students pursuing a career in health care.

COME JOIN OUR VOLUNTEER TEAM
Volunteering can be a great way to make a positive difference in your community.

Pet Therapy Visits – Join our team of certified pet therapy dogs and help bring joy and comfort to patients and their families.

Guest Service Greeter - Greeters are the first point of contact for our patients, staff and visitors. This volunteer opportunity is a great way to sharpen your people skills and learn more about the healthcare field.

Gift Shop Volunteer - Buffalo Hospital is looking for friendly, responsible, and energetic people (16+) that would like to volunteer at our hospital gift shop.

Call 763.684.7125 or email Brenda.christensen@allina.com for more information.
Community Education offers activities for every age group!

Register Today!

Community Education Registration Form
Mail to: Community Education Registration, 301 2nd Avenue NE, Buffalo, MN 55313

Participant Name________________________________________________ (Youth) DOB__________ Grade_____
   (Last)                 (First)

Parent/Guardian (if applicable) ____________________________________________________________________

Address  ______________________________________________________________________________________
   (Street)                    (City)             (Zip)

Primary Phone # _______________________________     Daytime Phone # ________________________________

*Email ___________________________________________ Special Needs/Allergies _________________________
   (Receive class confirmation and payment receipt)

Course Title                    Course #                   Fee
________________________________________ __________________________ _____________________
________________________________________ __________________________ _____________________
________________________________________ __________________________ _____________________

TOTAL $___________________

Check # ________________

Card Type "_________________________ - _______ - _______ - _______  Exp. Date _________

UCare ID # (if applicable) _________________________________________
Join Our TEAM!
Impact Lives in Our Community

**KidKare**
Buffalo, Hanover and Montrose KidKare is looking for fun, energetic, reliable employees to be a positive role model for students ages 3-12. **Responsibilities include:**
- Assist classroom teachers with activities.
- Build positive relationships with students.
- Keep students engaged and safe.

Interested? Contact Tiffany at tlund@bhmschools.org or 763.682.8787.

**Aquatics**
Community Education Aquatics is seeking individuals who love the water, children and teaching! **Required Qualifications:** Red Cross Certified Lifeguard or Water Safety Instructor. Flexible hours and competitive pay. **Responsibilities Include:**
- Teach youth swim lessons.
- Monitor safety of patrons in the pool.
- Provide a friendly and educational experience.

Apply online at bhmschools.org/job-opportunities

Want more information, contact Sheila Johnson, 763.682.8752 or sjohnso@bhmschools.org

**Youth Programming**
Are you looking for fun, rewarding part-time employment this summer? We need licensed and non-licensed adults to teach summer youth enrichment classes Monday-Thursday, 8:30-11:30 am. We offer three, 2-week, class sessions between June 17-August 1. Teach one, two or all three sessions! Possible class ideas are: STEM, Arts, Music, Robotics, Coding, Photography, Book Club, Knitting, Cooking, Gardening or Sports related. **Use your imagination!**

We are also looking for licensed teachers to lead summer Targeted Service Remedial Reading and Remedial Math for district youth going into grades 1-4. **Curriculum is provided.**

For more information, please contact Bridget Lindeman at 763.682.8733 or blindeman@bhmschools.org.