

Community Education

BUFFALO HANOVER MONTROSE SCHOOL

Relax and Enjoy Winter with Community Ed!



Welcome to Community Education

REGISTER ONLINE TODAY! BHMSCHOOLS.CE.ELEYO.COM

What's Inside!

Early Childhood Family Education	3-6
Youth Programs	7-16
Aquatics	.17-18
Adult Programs	.19-23
WEST Adult Basic Education & GED	.24-25
Opening Doors (Age 16+ with a disability)	26
Buffalo Community Center	27
Wright County Parks	.28-29
Buffalo Hospital Health Classes	30
Registration Form	31

Registration

- Register at least one-week prior to start date. Classes with low enrollment may be canceled at that time.
- Once registered, you will receive an email class confirmation if an email address is provided.
- Cancellations within 48 business hours of the class is assessed a \$5 service fee. If we cancel a class, you will be notified and your payment refunded.

Weather Cancellations

- Closings are posted on Facebook, the district website bhmschools.org and on KRWC radio
- Community Education/ECFE classes do not meet when BHM schools are closed due to weather
- 2-Hour Late Start: No morning ECFE classes
- KidKare sites remain open

Office Location: Discovery Center, 301 2nd Ave NE, Buffalo (East side, door #1) Office Hours: 8 am - 4 pm, Monday-Friday

Closed: Nov. 23, 24, Dec. 22, 25, 29, Jan. 1, Feb. 19

Office Telephone: 763.682.8770

Web Sites:

Online Registration bhmschools.ce.eleyo.com School District bhmschools.org/community-ed



We are currently full for the 2023-24 school year program.



KidKare KinderKids: Child care for ages 3-5, not yet in Kindergarten KidKare School Age: Child care for ages 5-12

Summer 2024 Registration Opens

for <u>current</u> families on February 26 for <u>new</u> families on March 11 bhmschools.ce.eleyo.com

For more information

- 1. Visit **bhmschools.org** (click community ed tab)
- 2. Contact Tiffany Lund, KidKare Coordinator, at 763.682.8787 or **tlund@bhmschools.org**
- 3. Join KidKare on Facebook, BHM Schools KidKare



Separating Parent & Child

ECFE Mixed Ages

Separating parent group (Birth to 5 years by Sept. 1, 2023)

Parents and children have playtime together, then parents separate and have a discussion led by a parent educator. For children, playtime continues with a children's educator. Activities for children 6 months to Kindergarten entrance include stories, snack time and active play. Topics for parent discussions are based on parent needs. Children under 6 months are invited to stay with parents. (Limit 10)



W4005A (Buffalo)

Mondays, January 8 - May 13 8:30-10:15 am

(No class Jan 15, 29, Feb 19, Apr 1)

Discovery Center Room EC1 & EC4 Julie Kirkpatrick/Catherine Frisbie Fee: 15 week session - Sliding fee scale

W4005B (Buffalo)

Mondays, January 8 - May 13 10:30 am-12:15 pm

(No class Jan 15, 29, Feb 19, Apr 1)

Discovery Center Room EC1 & EC4
Julie Kirkpatrick/Catherine Frisbie
Fee: 15 week session - Sliding fee scale

W4005C (Buffalo)

Tuesdays, January 2 - May 14 8:30-10:15 am

(No class Apr 2)

Discovery Center Room EC1 & EC4 Patty Lammers/Danielle Stein

Fee: 19 week session - Sliding fee scale

W4005D (Buffalo)

Wednesdays, January 3 - May 15 8:15-10 am

(No class Apr 3)

Discovery Center Room EC1 & EC4

Patty Lammers/Danielle Stein

Fee: 18 week session - Sliding fee scale

W4005F (Hanover)

Tuesdays, January 2 - May 14 8:30-10:15 am

(No class Apr 2)

Hanover Elementary ECFE Rooms Julie Kirkpatrick/Catherine Frisbie Fee: 19 week session - Sliding fee scale

W4005G (Hanover)

Thursdays, January 4 - May 16 8:30-10:15 am

(No class Apr 4)

Hanover Elementary ECFE Rooms Nicole Tuchscherer/Catherine Frisbie Fee: 18 week session - Sliding fee scale



Terrific Tuesdays

(Age 2-Grade 2)

Join a parent educator for a family style pizza dinner from 5:30-6 pm. After, parents and children will separate with parents participating in parent talk time and children receiving care from our ECFE assistant staff. A final circle and story close out the evening. (Limit 12)

W4100

Tuesdays, January 2 - May 14
5:30 -7 pm (No class April 2)
Montrose Early Ed Center ECFE Room
Patty Lammers/Danielle Stein
19 week session - Sliding Fee

Tournevs

For families who may, or are currently, accessing Early Intervention Services

Parents and children birth to 5 years, explore activities designed just for them. Children participate in story time, snack time and active play. Parents work with a parent educator, connecting to their parenting community and discuss the joys and challenges of parenting a child with special needs. Registration is required. (Limit 10)

W4005J

Fridays, January 5 - May 17 8:30-10:15 am

(No class Jan 26, Mar 29, Apr 5)

Discovery Center Room EC1 & EC4
Free! Catherine Frisbie

ECFE Sliding Fee Scale

Find your class fee based on your family's income.

# of sessions	15	16	17	18	19	2nd Child
0-19,999	\$18	\$20	\$22	\$24	\$26	\$5
20,000-39.999	\$48	\$51	\$54	\$57	\$60	\$6
40,000-59,999	\$79	\$82	\$85	\$88	\$91	\$7
60,000-79,999	\$110	\$113	\$116	\$119	\$122	\$8
80,000-99,999	\$141	\$144	\$147	\$150	\$153	\$9
100,000+	\$172	\$175	\$178	\$181	\$184	\$10

Budget tight? Please call the ECFE office at 763.682.8780.

■■■ Non-Separating Parent & Child



Registration opens
November 28

Preschool STEAM Lab

(Age 1-5 years)

Join Miss Nicole in the exploration of **S**cience, **T**echnology, **E**ngineering, **A**rt and **M**ath activities



for parents/grandparents and children. **Registration** is required. (Limit 10)

W4006

Mondays, 11 am-12 pm January 8-May 13 (No class Jan 15, 29, Feb 19, Apr 1) Hanover Elementary Room 200

FREE! Nicole Tuchscherer

Yoga with Me (Age 2.5-5 years old)

Bring your little one and join the ECFE family for child yoga! Be sure to wear comfortable clothes and enjoy the benefits that yoga has to offer. (Limit 8)

W4007

Tuesdays, January 2-February 6 10:45-11:45 am Hanover Elementary Room 200 \$15 per family Julie Kirkpatrick/Catherine Frisbie

Little Builders (Age 0-5 years old)

This interactive class is designed for your family to explore hands-on activities with age appropriate building materials. (Limit 12)

W4032A

Saturday, January 13 10-11:30 am
Discovery Center Room EC1
\$5 per family Julie Kirkpatrick

Messy Masterpieces (Age 0-5 years old)

Join us in this fun and engaging offering. Together with us, you and your child will play, create, and learn through art, sensory, music and movement activities. (Limit 12)

W4008

Tuesdays, February 20-April 9 10:45-11:45 am (No class Mar 12, Apr 2)
Hanover Elementary Room 200
\$15 per family Julie Kirkpatrick/Catherine Frisbie



Trains, Planes and Automobiles

(Age 0-5 years old)

Does your child love Thomas the Tank Engine? Are they fascinated by dump trucks and tractors? Learn more about things that go through play, books, art, and music activities designed for little learners and their grown-ups. (Limit 12)

W4009

Tuesdays, April 16-May 14 10:45-11:45 am Hanover Elementary Room 200 \$15 per family Julie Kirkpatrick/Catherine Frisbie

Daytime Stay and Play (Birth – Kindergarten Entrance)

Non-separating parent-child group, where parents participate in incidental parent education experiences and children have the opportunity to explore age-appropriate activities in a fun new environment. **Registration is required.** (Limit 15)

W4054A

Fridays, January 5-May 17 10:15-11:15 am
(No class Jan 26, Mar 29, Apr 5)
Hanover Elementary Room 200
FREE! Nicole Tuchscherer

W4054B

Fridays January 5-May 17 10:30-11:30 am
(No class Jan 26, Mar 29, Apr 5)
Montrose Education Center ECFE Room
FREE! Anita Gruenhagen

W4054C

Fridays January 5-March 1 10:45-11:45 am
(No class Jan 26)
Discovery Center Room EC1
FREE! Catherine Frisbie

W4054D

Fridays, March 8-May 17 10:45-11:45 am
(No class Mar 29, Apr 5)
Discovery Center Room EC1
FREE! Catherine Frisbie



Non-Separating Special Events ■■■

Little Artists-Valentine's Day

(Age 1-5 years old)

Join us as we celebrate the joy of having others in our lives. We will create new memories through play, child directed art activities, and a festive snack. (Limit 12)



W4030A

Tuesday, February 13 10:45-11:45 am Hanover Elementary Room 200 Fee: \$5 per family Julie Kirkpatrick/Catherine Frisbie

(Age 1-Celebra ties des

Little Artists- St. Patrick's Day

(Age 1-5 years old)

Celebrate the day with entertaining activities designed for you and your little learner. Enjoy a story, playtime, art activities and a special snack. (Limit 12)



W4030B

Tuesday, March 12 10:45-11:45 am Hanover Elementary Room 200 Fee: \$5 per family Julie Kirkpatrick/Catherine Frisbie



Discover Nature

(Age 1-5 years)



Explore our outdoor classrooms to get your wiggles out, interact, and socialize with other families. In this class, the group will remain outdoors as much as possible. In the event of inclement weather class will be held indoors. There will be fun movement-based songs, sensory experi-

ences, circle time, and outdoor activities. **Registration is required.** (Limit 12)

W4042A

Mondays, January 8-May 13 10-11 am (No class Jan 15, 29, Feb 19, Apr 1)

Montrose Early Ed Center ECFE Room/Nature Space Free! Anita Gruenhagen

W4042B

Thursdays, January 4-February 8 10-11 am Hanover Elementary Room 200/Playground Free! Nicole Tuchscherer/Catherine Frisbie

W4042C

Thursdays, February 15-March 21 10-11 am Hanover Elementary Room 200/Playground Free! Nicole Tuchscherer/Catherine Frisbie

W4042D

Thursdays, April 11-May 16 10-11 am Hanover Elementary Room 200/Playground Free! Nicole Tuchscherer/Catherine Frisbie

ECFE Evening Story Time

(Age 2-5 years)

Our staff will design age-appropriate activities focused on a particular early childhood book title. Each session offers playtime, circle time and fun activities around the book's theme. **Limit 10**

It's A Bugs Life For Me

(Age 1-5 years old)

Come and enjoy a fun night with your child filled with indoor activities where we explore and learn more about BUGS! We will end the night with the book, *Can You Make A Scary Face?* Little learners and



their adults will be entertained by the silly adventures of the bug in this book.

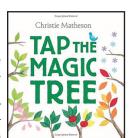
W4044A

Thursday, February 15 5:30-6:30 pm
Discovery Center Room EC 1
Fee: \$15 per family Patty Lammers

Treemendous Fun

(Age 1-5 years old)

Join us as we learn more about the wonder of the world around us! Enjoy some playtime, storytime, and a collaborative art activity with your child. Our little learners and their adults will delight in the interactive



book, *Tap the Magic Tree* which guides our scientific discovery and exploration of changes over time.(Limit 12)

W4044B

Thursday, April 18 5:30-6:45 pm
Montrose Early Education Center ECFE Room
Fee: \$15 per family Patty Lammers

■■■ *Preschool & Supporting Families*



WELCOME TO 123

PRESCHOOL!



Fall 2024 Preschool Registration will open February 2024

Learn | Grow | Thrive

Spring Into Preschool

2.5 - 3.5 year olds

A preschool class designed for our youngest learners. For parents, on designated dates one time per month, participation in a parent group sharing joys and challenges.

Ready Set Grow Preschool

3-5 year olds

Children are invited to nurture and explore friendships, build routines, and social skills. Activities include language and literacy, art, large and fine motor activities, math, and free choice. Teachers plan activities based on Pyramid Model, Creative Curriculum, and access children's development using the Teaching Strategies Gold Assessment.

Current School Year 2023-24 Availability

Contact the Early Childhood Office at 763.682.8780 for available space options.

Marvelous Monday Evenings

(Age birth-5 years)

Join us for family storytime! Program includes books read aloud, a story based activity or craft and time to browse the library shelves. Questions? Call the Buffalo public library at 763.682.2753. (Limit 30)

January 8, 22, February 5, 12, 26, March 4, 11, 18, 25, April 8, 15, 22, 29, May 6 5:30-6:30 pm FREE! Buffalo Public Library



Early Childhood Screening (ages 3-5 years)

Screening is required by law in the state of MN. All children must be screened prior to starting public kindergarten. Early Childhood Screening is a free and simple check of how your child is developing and growing.

Screening consists of the following components:

Cognitive development, Large and small muscle development, Language and communication skills, Social and emotional development, Vision and hearing, Height and weight, Health history and Immunization review.

To schedule a screening appointment for your child, please call 763.682.8408.

Screening Dates at Buffalo Discovery Center

January 5, 10, 19, February 2, 7, 9, 21, March 1, 13, 15, 27, 28, April 10, 12, 24, 26, May 3

Baby Bison Bags

We want to welcome your little one to our **Bison Family** with a FREE gift from ECFE! Stop by the ECFE office at the Discovery Center for a **Baby Bison Bag** containing a book, a Bison onesie and child development information.



Family Learning Class

WEST Adult Basic Education (ABE) partners with Early Childhood Family Education (ECFE) to offer this family literacy class. Parents study English or prepare for the GED, participate in parenting education and have learning time with their children. Children must be pre-school age. Call 763.682.8780 for information and to register. Space is limited. Lunch and rest time scheduled

Tuesdays & Thursdays, January - May (No class Mar 28, Apr 2, 4)

10 am – 2 pm Discovery Center

Video Production: YouTube Shorts & IG Reels (Grades 2-6)

Learn the art of production video shorts for TikTok, YouTube Shorts and Instagram Reels. Edit video, add motion graphics, and special effects while practicing storytelling and film production techniques. Additional Technical Requirement: Cell Phone video camera or external webcam and Filmora (Free version) software. Include email with registration.

F6067

Saturdays, December 2 & 9 10:30 am-12 pm 2 sessions - \$65 Tech Academy Online, login information will be emailed to families



Winter Magic (Grades K-5)

Join KidzArt for this enchanting and creative class inspired by all things MAGICAL in Winter! Bring your ice powers and be amazed at all the wonderous things you'll create. Paint snowflakes with watercolor and crayon resist, sculpt a snowman out of Sculpey clay and draw kids having a ball sledding down a snow-covered hill

F6094

Tuesdays, December 5, 12, 19 3 sessions - \$45 Hanover Elementary 2:30-3:30pm Kidzart Art Room



Artistic Me - Ornaments (Grades K+)



You will create four fun, colorful ornaments. Using clear glass shapes, students will create four ornamants to decorate using colorful glass pieces, noodles, stringers and dots. The ornamants will be picked up at a later date due to kiln firings. This class is held at Artistic Me - 205 5th Street

NE, Buffalo. Parents may drop off their child at Artistic Me or choose to have your child meet at the Community Education office in the Discovery Center to walk with a chaperone to Artistic Me. Please contact Bridget at **blindeman@bhmschools.org** or call 763.682.8733 to make arrangements. Pick up at Artistic Me after class.

W6060

Wednesday, December 6 1 session - \$40 3 - 4 pm Artistic Me

Cinderella Field Trip

Sidekick Theatre



This is a joyous, magical musical is based on the beloved fairy tale which touches our heart with lots of laughs, audience participation and lovable characters! This play is intended

for youngsters of all ages. It's the perfect story for the holiday season. We encourage parents and children to attend together. Fee includes one Community Education chaperone.

W6000

Thursday, December 28 1 session - \$20 per person Discovery Center 8:45 am - 12:15 pm

Meet at Door 1



Babysitting 101 (Ages 10-13)

This course is best suited for students age 10 to 13 year-old interested in learning the current practices of caring for young children and how to manage their babysitting business. Students will learn safety and injury prevention, first aid basics, feeding and caring for infants and how to handle behavior problems. Students receive a reference book, handouts, babysitting bag and first aid kit.

W6011

Thursday, December 28 1 session - \$75 Discovery Center 8:30 am - 4 pm Emergency Outfitters Room 204

3D Printing: Harry Potter (Grades 2-6)

Learn 3D design and modeling skills using Tinkercad. Students will create a Deathly Hallow model and their own magical pendant. Students will choose one design to be printed and mailed to their home.



Additional Technical Requirement: Tinkercad (log in information will be provided during class), PC Needed (Windows or MacBook). Software will not work on Chromebook, tablets or phones. **Include email with registration.**

W6061

Saturdays, January 6 & 13 10:30 am - 12:30 pm 2 sessions - \$85 Tech Academy Online, login information will be emailed to families

Multiplayer Minecraft: World Builder

(**Grades 1-6**)

Unleash your creativity as you work collaboratively! Create a world with others in multiple unique, themed lands. Build different biomes or base a section on your favorite movie or video game! Stu-



dents will get a copy of the world to continue development at home. Additional Technical Requirement: Minecraft Java Edition and PC Needed (Windows or MacBook). Software will not work on Chromebook, tablets or phones. Include email with registration.

W6060

Saturdays, January 6 & 13 8 - 10 am 2 sessions - \$70 Tech Academy Online, login information will be emailed to families

Dojo Karate

(Grade K-5)

Karate is a great tool for learning self-discipline, respect for self and others, keeping fit, building confidence and character development. Trained professional instructors specialize in helping kids develop a healthy body and mind. Sign up for one or both sessions - new skills each week. **Class includes a free uniform!**

W6073A

Tuesdays, January 9 - 30	2:30 - 3:15 pm
4 sessions -\$45	Buffalo Dojo
Hanover Elementary	Gym

W6073B

Tuesdays, February 13 - March 5 2:30 - 3:15 pm 4 sessions -\$45 Buffalo Dojo Hanover Elementary Gym



Artistic Me - Create Your Own Dinnerware (Gra

(Grades K+)

Make meal or snack time fun with dinnerware you paint yourself. Choose from our selection of animal plates or mugs, choose your paint colors and let your imagination run wild. Items will be clear



glazed and fired for pick up at a later date. This class is held at Artistic Me - 205 5th Street NE, Buffalo. Parents may drop off their child at Artistic Me or choose to have your child meet at the Community Education office in the Discovery Center to walk with a chaperone to Artistic Me. Please contact Bridget at blindeman@bhmschools.org or call 763.682.8733 to make arrangements. Pick up at Artistic Me after class.

W6061

Wednesday, January 10 1 session - \$32 3 - 4 pm Artistic Me



Intro to Video Game Design with Nintendo (Grades 1-4)

Create YOUR OWN VIDEO GAME! Choose your storyline with popular Nintendo characters as your stars. Add challenges and difficulty levels. **Additional Technical Requirement:** Scratch and Scratch account, PC Needed (Windows or MacBook). Software will not work on Chromebook, tablets or phones. **Include email with registration.**

W6067

Saturdays, January 17 & February 3 10:30 am - 12:30 pm 2 sessions - \$70 Tech Academy Online, login information will be emailed to families



Welcome to the Kingdom of Crescendo, a musical place to live! You've arrived just in time for the Mourning of the Lost Voice. King and Queen Coda's daughter Rapunzel was stolen away by the Evil Witch long ago, and Crescendo has never been the same. When King and Queen Coda develop a taste for a magical fruit, Bradley Baker must save the day! Alongside Bart the Bard, he travels into the woods to find the sought-after berries. Along the way they meet Unicorns but also some rock-obsessed Witches in Training and the awfully noisy Punk Rocks. Will our heroes be able to discover Rapunzel's true identity and return her to Crescendo?

- Auditions open to ages 7-16 and will be held on Monday, January 15, 12-4 pm, at Discovery Center.
- Everyone who registers will be assigned a part.
- Cast assignments and practice schedule for the remainder of the week will be handed out at the end of auditions.
- 1 or 2 student volunteers are needed to be sound/ light technicians. Technicians need to be at rehearsals Wednesday thru Friday night's performance. Call Bridget at 763.682.8733 to be a technician.
- The public performance is Friday, January 19, 7 pm in the Discovery Center Auditorium.
- Tickets are \$7 adults and \$4 students and will be available beginning January 15 in the Community Education office and at the door the night of the performance. Doors open at 6 pm.

W6102

Monday, January 15
Tuesday-Thursday, January 16-18
Friday, January 19
5 sessions - \$80
Discovery Center

12-4 pm
4-8:15 pm
Call time 3:30 pm
Auditorium



KidzArt's Creator Club (Grades K-5)

Your creativity will shine as we walk through six weeks of different art lessons. Use white charcoal to draw a Snowshoe Hare camouflaged in the snow, use your imagination to design an out of this world space scene on velour paper, and use color pencils and crayons to show lots of texture in a picture of cuddly sloth.

W6092

Tuesdays, January 23 - March 5 2:30 - 3:30 pm (No class Feb 6) 6 sessions - \$95 Kidzart Hanover Elementary Art Room

Will You Be My Valentine Cookie Decorating (Grade K-5)

Have fun with your friends and enjoy decorating Valentines cookies! You will bring home beautifully decorated Valentine cookies for your family... Yum! A fun activity is also planned while the cookies are drying.

W6095

Friday, January 26 1 session - \$30 Discovery Center



3:15 - 4:45 pm Charlene Bzdok Room 202

Video Production: Special Effects (Grades 3-7)

Learn film editing basics and how to use Hollywoodstyle special effects techniques. We will be teaching students how to create magical special effects. Additional Technical Requirements: Wondershare Filmora (free download), PC Needed (Windows or MacBook). Software will not work on Chromebook, tablets or phones. Include email with registration.

W6062

Saturdays, January 27 & February 3 8 - 10 am 2 sessions - \$70 Tech Academy Online, login information will be emailed to families

Extreme Coding: (4) Artificial Intelligence

(Grades 3-6)

Dive into more advanced computer science topics, including augmented reality, artificial intelligence, and machine learning. Computers are getting smarter every day due to advances in machine learning algorithms. Coders can teach computers to recognize faces, play games, and find patterns. In our class, we will create a chatbot, Rock Paper Scissors game, and more. Additional Technical Requirement: Scratch and scratch account. Software will not work on Chromebook, tablets, or phones. Include email with registration.

W6066

Wednesdays, January 31 & February 7 6-7:30 pm 2 sessions - \$55 Tech Academy
Online, login information will be emailed to families



Artistic Me - Heart Plate

(Grades K+)

Express yourself! The heart shape is a perfect background for your creation. Fill the heart with a design, write a message or create a valentine.



The finished item will be fired and slumped into a shallow bowl that can be used for trinkets or candies. Items will need to be picked up at a later date at Artistic Me. This class is held at Artistic Me - 205 5th Street NE, Buffalo. Parents may drop off their child at Artistic Me or choose to have your child meet at the Community Education office in the Discovery Center to walk with a chaperone to Artistic Me. Please contact Bridget at blindeman@bhmschools.org or call 763.682.8733 to make arrangements. Pick up at Artistic Me after class.

W6062

Wednesday, January 31 3 - 4 pm 1 session - \$50 Artistic Me

Artistic Me - Wands

(Grades K+)

Whether you are a fan of wizardry or fantasy these wands are for you. You will customize your 16" long wand to your liking using acrylic paints so make sure



you are wearing paint friendly clothes. This class is held at Artistic Me - 205 5th Street NE, Buffalo. Parents may drop off their child at Artistic Me or choose to have your child meet at the Community Education office in the Discovery Center to walk with a chaperone to Artistic Me. Please contact Bridget at **blindeman@bhmschools.org** or call 763.682.8733 to make arrangements. Pick up at Artistic Me after class.

W6063

Wednesday, February 7 1 session - \$25 3 -4 pm Artistic Me



Young Americans School (Ages 4-14) of Self Defense/Safety Awareness

Students are instructed in self-defense, emergency notifications, physical techniques and abduction safety. This program promotes self confidence, physical fitness, personal empowerment, and respect for others. New students will earn the yellow belt and ranking students will earn advanced belts. Instructors are certified black belts trained in run, yell, tell and stranger danger curricula.

- Registration is February 8, 6:30 7:30 pm
- Discovery Center Cafeteria
- Registration fee is \$5
- Weekly class fee is \$8
- Classes meet Thursdays, February 15-May 9
- (No class April 4)
- Beginners: 6:30 7:15 pm
- Intermediate/Advanced: 7:30 -8:15 pm
- Discovery Center Cafeteria



Dungeons & Dragons 101 Character Creation (Grades 2-6)

What's it like to play Dungeons and Dragon? Dungeons and Dragons, a timeless game of fantastical elements such as magic, mythical creatures, and fairies, offers great opportunities to develop problem-solving skills, team-building abilities, and creative thinking that cannot be replicated elsewhere. Start by learning its basics, creating your own character, and embarking on an amazing roleplaying game. Additional Technical Requirements: PC (Windows or MacBook), Software will not work on Chromebook, tablets or phones. Include email with registration.

W6063

Saturdays, February 10 9 am-12 pm 2 sessions - \$55 Tech Academy Online - Login information will be emailed to families



Champion Force Cheer (Ages 4-14)

This fun course will teach students popular cheers, chants, choreographed pom/dance routines, jumps, splits, parade marching techniques, and other skills that are required for school cheerleading tryouts. Improve self confidence, physical fitness and overall coordination. Register online with the Champion Force

program at: erp.championforce.com/onlineregistration and use class #10478 prior to class start date.

Thursdays, February 15 - June 13 (No class April 4)

Division 1 (ages 4-6): 6 pm

Division 2 (ages 7-9): 6:45 pm

Division 3 (ages 10 & up): 7:30 pm

One-time registration fee is \$10 and \$9 per class session can

be paid weekly to Champion Force

Parkside Elementary Cafeteria

Note: February 15 & June 13 at Discovery Center Cafeteria

Video Production: TikTok, Shorts & Reels (Grades 3-7)

Learn the art of production video shorts for TikTok, YouTube Shorts, and Instagram Reels. Edit the video, add motion graphics, and special effects to your own video short, while practicing storytelling and



film production techniques. Additional Technical Requirement: Wondershare Filmora (free download), PC Needed (Windows or MacBook). Software will not work on Chromebook, tablets or phones. Include email with registration.

W6064

Saturdays, February 17 & 24 10:30 am - 12:30 pm 2 sessions - \$70 Tech Academy Online - Login information will be emailed to families



Art-Arama

(Grades K-5)

Have fun and use cool materials! You and your friends will learn to draw the easy KidzArt way and experiment with different artistic mediums. Create a 3-D sculpture using wire and model magic, learn to draw quails on a sparkling background, and use crayons on sandpaper to draw a day at the beach.

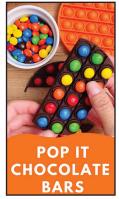
W6093

Tuesdays, March 12 - April 23 2:30 - 3:30 pm (No class April 2) 6 sessions - \$95 Kidzart Hanover Elementary Art Room

Popit Fidget Chocolate Bar Creations

(Grade K-5)

Let's make some M&M chocolate bars using a Popit Fidget!! Come and have some fun with your friends while making beautifully designed chocolate bars. At the end of this class you will bring home your own Popit Fidget of choice as well as some chocolate for your family! YUM! Just another fun way to use a fidget.



2:30-4 pm Charlene Bzdok Staff Lounge

W6097

Wednesday, February 21 1 session - \$30 Montrose Elementary



3D Printing: Jewelry Design & Fabrication (Grades 3-8)

Bring your creations to life in this 3D printing class. The ancient craft of jewelry making is brought to the modern world using Tinkercad. Students will learn to build 3D models on the computer using CAD software. They will design a pair of earrings and a ring. Picking one to be printed and be mailed home. Additional Technical Requirement: Tinkercad (log in information will be provided during class), PC Needed (Windows or MacBook). Software will not work on Chromebook, tablets or phones. Include email with registration.

W6065

Saturdays, March 9 & 16 9 - 11 am 2 sessions - \$85 Tech Academy Online - Login information will be emailed to families



Youth Hunter Gun Safety

For boys and girls 11 years old by January 1, 2024. Students who complete all the requirements receive a MN Dept of Natural Resources Firearms Safety Certificate. Questions contact Jerry Veches at 763.269.2583, M-F, 8 am-7 pm.

Registration:

- Register in-person on Tuesday, January 30, 7-8:30 pm, Buffalo High School, south entrance.
- Birth certificate is required!
- Classes held Tuesdays, February 6 April 23
- ◆ 7-9 pm at Buffalo High School
- (No class February 27, April 2)
- Local fee is \$7.50. An additional \$7.50 DNR fee will be paid directly to the DNR online. This information will be given at registration.
- Co-sponsored by Buffalo Conservation Club, MN DNR and Community Education.

Save the Date



with Community Ed

- F.A.S.T. Kids Home Alone Safety
- Babysitting Class
- Science Museum/Children's Museum
- Crayola Experience
- Painting Class

Our spring catalog will be mailing to residents mid-February!

High School Driver Education

Registering now for upcoming classes!

Register online at **bhmschools.ce.eleyo.com**, visit **bhmschools.org/drivers-education** to download the registration form or call **763.682.8770**.

- During the school year, the classroom is held 3:45-6:45 pm, two-days a week, at Buffalo High School.
- \$395 fee includes 30-hours of classroom instruction <u>AND</u> 6-hours behind-the-wheel instruction with a licensed teacher.

Winter: T & Th, January 4-February 6 (FULL)

Spring A: M & W, February 12-March 18

Spring B: M & W, April 8-May 13

<u>Summer 2024</u>: Multiple classes are offered throughout the summer including morning, afternoon and evening options! Registration will open for summer classes in March.



Parent & Teen Safety Presentation

To help new drivers and their parents prepare for teens getting behind the wheel.

February 7, 2024

6:30-8 pm at Buffalo High School

Students must pre-register. \$10 student fee.

bhmschools.ce.elevo.com



Winter Tennis

(Age 5 to Adult)

Whether your child is just starting tennis or is already into the game, Quickstart Tennis is sized just right for them. This makes tennis EASY and FUN and allows kids to get into the game immediately — while also developing agility, coordination, and balance. Getting your children started early in tennis is a good way to prepare them for a healthy and active lifestyle. This format will help foster a lifelong "love" for the game of tennis. *Students provide their own rackets.

Sundays, Dec 3, 10, Jan 7, 14, 28, Feb 4 Bison Activity Center, Gym

W727A W727B W727C	Quickstart 1 (ages 5-6) Quickstart 2 (ages 7-8) Quickstart 3 (ages 9-10)	12-12:45 pm 1-1:45 pm 2-2:45 pm	\$84 \$84 \$84
Middle Sc W727D	hool Group Lessons Grades 6-8	3-4 pm	\$90
	ol/Adult Open Hit and Pla Grade 9 to Adult	y 4-5 pm	\$90

Amazing Athletes (Age 2.5 - 5 years)

Develop your child's motor skills, hand-eye coordination, cardiovascular fitness and more. Each 45-minute class encompasses two different developmental sport lessons, muscle identification and fruit or vegetable introduction, using fun activities to build their skills, at their own pace, in a non-competitive atmosphere.

* Parent participation is encouraged.

Session 1: Thursdays, January 18-February 15

5 sessions - \$90 Discovery Center, Cafeteria

W791A 4:30-5:15 pm **W791B** 5:20-6:05 pm

Session 2: Thursdays, February 29-March 28

5 sessions - \$90 Discovery Center, Cafeteria

W792A 4:30-5:15 pm **W792B** 5:20-6:05 pm

Jr Bison Basketball is for boys & girls, grades K-6. The program is held January through February on Saturday mornings. Registration deadline was November 15.

To check availability, call
Community Education at 763.682.8770.

Buffalo Figure Skating Club

Learn to Skate classes begin in January. Register at **buffalofigureskating.com**

Hanover Youth Ball

Boys & girls ages 5-16. Online registration begins in February at **hanoveryouthball.org**

Open Gym & Open Swim Opportunities

Bison Activity Center (Gym & Walking Track) Monday - Thursday, 6 - 9 pm (Closed Nov. 23, Dec. 25, Jan. 1, Feb. 19)

Gym: \$5/person or \$10/family Walking: \$2/person/day or walking pass

Buffalo Middle School (Gym & Pool)

Sundays, 2 - 4 pm (*Will close at 2:15 if no attendees) December 3 - February 11 (Closed Nov. 19, 26, Dec. 24, 31,

Feb. 18) S/person or \$10/famil Montrose Elementary (*Gym*)
Wednesdays, 6 - 7 pm
(Closed on non-school days)
Free!

Jr Bison Gymnastics



Due to the high school competition season, we have limited availability for coaches and time in the gym. There will only be classes for beginner, intermediate and advanced, as well as open gym on Saturdays, offered this winter. The program will resume fully in the spring. (Max 15/class)

Beginners (Girls, Ages 5+)

Learn basic positions and core skills on all 4 events. To move up to next level students need a strong bridge, handstand and cartwheel on floor.

W681A

Mondays, December 4-February 12 6:15-7:15 pm (No class Dec 11, 25, Jan 1, 15) 7 sessions - \$140

W681R

Wednesdays, December 13-February 21 6:15-7:15 pm (No class Dec 27, Jan 24, Feb 14) 8 sessions - \$160

Intermediate (Girls, Ages 5+)

Continue learning more complex skills on all 4 events while building strength and improving technique. Must have bridge kickover and roundoff on floor and pullover/back hip circle on bars to move to Advanced class.

W682A

Wednesdays, December 13-February 21 7-8:15 pm (No class Dec 27, Jan 24, Feb 14) 8 sessions - \$200

W682B

Thursdays, December 14-February 22 6:15-7:30 pm (No class Dec 28, Jan 25, Feb 15) 8 sessions - \$200



Advanced (Girls, Ages 8+)

(Based on experience/prerequisite skills)
Continue working on more complex skills on all 4
events while building strength and improving technique. Skills required are: Bridge Kickover, RoundOff on Floor, Pullover and Back Hip Circle on bars
and Handstand on beam.

W683

Mondays, December 4-February 12 7-8:30 pm (No class Dec 11, 25, Jan 1, 15) 7 sessions - \$175

Open Gymnastics Gym

Open gym is for students registered in the Jr Bison Gymnastics program to explore and get used to equipment, practice gymnastics skills and have lots of FUN! All ages welcome. Fee is \$10/student/visit (cash or check at the door).

Saturdays, December 9- February 17 1-2 pm (Closed Dec 23, 30, Jan 20)

Register for Ski and Snowboard Program

- Online at bhmschools.ce.eleyo.com or by phone 763.682.8770.
- Register by Monday, November 27 to get special rates and guarantee a spot on the bus.
- NEW! Package price DOES NOT include transportation. Register for transportation separately.
- Questions, contact Community Education at 763.682.8770.



Helmet use strongly encouraged.

Ski or Snowboard at Powder Ridge!
We can get you there on the bus or
you can choose to drive to Powder Ridge.
*NEW - Transportation "Add-On" to the package price.

Elementary Grades 4-5

Mondays, December 11, 18 January 8, 22, 29, Feb 5 (No ski Dec 25, Jan 1, 15)

Students may store equipment in their classrooms. NEW! To ride the bus, you must register for transportation separately.

F6301S - Fee: \$175 6 Lifts & <u>Ski</u> equipment

F6301B - Fee: \$175

6 Lifts & <u>Snowboard</u> equipment

F6301LT - Fee: \$125

6 Lifts only (No equipment)

F6301T - Fee: \$125 Transportation

F6301H - Fee: \$25 Helmet Rental Optional Add-On's

F6301LS - Fee: \$25 3 - 30 minute lessons

Depart from:

- Hanover Elementary cafeteria, 2:40 pm
- Discovery Center, door 6, 3 pm

Return to:

- Discovery Center, 8 pm
- Hanover Elementary, 8:15 pm

Middle School Grades 6-8

Mondays, December 11, 18 January 8, 22, 29, Feb 5 (No ski Dec 25, Jan 1, 15)

Students may store equipment in the mezzanine area. Meet at the concession stand after school. NEW! To ride the bus, you must register for transportation separately.

F6302S - Fee: \$175 6 Lifts & <u>Ski</u> equipment

F6302B - Fee: \$175

6 Lifts & <u>Snowboard</u> equipment

F6302LT - Fee: \$125

6 Lifts only (No equipment)

F6302T - Fee: \$125
Transportation

Transportation

F6302H - Fee: \$25 Helmet Rental

F6302LS - Fee: \$25 3 - 30 minute lessons

Depart from:

 Buffalo Middle School, door 3, 3:45 pm

Return to:

- Buffalo Middle School, 9 pm
- Hanover Elementary, 9:15 pm

High School Grades 9-12

Mondays, December 11, 18 January 8, 22, 29, Feb 5 (No ski Dec 25, Jan 1, 15)

Students may store equipment in the commons. Meet in the cafeteria after school. NEW! To ride the bus, you must register for transportation separately.

F6303S - Fee: \$175 6 Lifts & <u>Ski</u> equipment

F6303B - Fee: \$175

6 Lifts & Snowboard equipment

F6303LT - Fee: \$125

6 Lifts only (No equipment)

F6303T - Fee: \$125 Transportation

F6303H - Fee: \$25

Helmet Rental

F6303LS - Fee: \$25 3 - 30 minute lessons

Depart from:

 Buffalo High School, cafeteria, 3:45 pm

Add-On's

Return to:

- Buffalo High School, 9 pm
- Hanover Elementary, 9:15 pm

Optional

Add-On's

Buffalo Community Middle School Pool Open Swim, Lap Swim & Open Gym

Sundays, 2 - 4 pm
December 3 - February 11
(Closed Dec 24, 31, Feb 18)

- Enter door #3, lower west side
- A lap lane is designated
- Open Swim and/or Open Gym \$5/person or \$10/family
- We will close at 2:15 pm if no attendees
- Check website for changes bhmschools.org/ open-swim-information

About Our Pool

- The pool is located at the Buffalo Community Middle School. Enter door #3 (facing Wal-Mart)
- Pool participants are responsible for their own valuables. We recommend bringing a lock. These locks must be removed after each swim visit
- Appropriate swimwear is required
- Pool depth ranges from 3 feet 6 inches to 12 feet
- An adult must accompany children if under 48 inches in height
- The use of approved life jackets/vests and other floatations are allowed when accompanied by an adult in the water
- Non-swimmers wishing to watch can sit in the bleacher area
- To use the deep end of the pool, swimmers must be able to swim the width of the pool using the American Red Cross Level 3 front crawl. Swimming ability will be at the lifeguard's discretion
- Children are not allowed to jump off the diving boards into the arms of an adult in the water
- Open swim passes available at the Community Education office or the pool. 10 individual for \$40 or 10 family for \$90

Wright County WAVE Swim Club

For more information, visit waveswimclub.com



Pool Rental

The Buffalo Community Middle School pool is available for private use any time the pool is not scheduled. Pool rental may include birthday parties, lock-ins, gym/swim activities or aquatic conditioning for sports teams. Rental rates are \$75 per hour for In District Groups or \$90 per hour for Out of District Groups. Fee includes 2 lifeguards. For more information call Sheila Johnson 763.682.8752.

Clip & Save Coupon

\$5 off any Sunday pool rental. Present coupon to staff at the pool.

Valid until 5/19/24



Lap Swimming

- Sundays, 2 4 pm during open swim
- Cost is \$5 per visit Pay at the pool
- Check website for pool schedule updates at bhmschools.org/announcements

■■■ Youth Swimming Lessons

American Red Cross Learn to Swim program offers comprehensive levels to teach students how to swim skillfully and safely. The pre-requisite for each level is the successful demonstration of skills from the preceding level. Note: The shallow end of our pool is 42" deep. Therefore, children must be 48" in height and at least 6 years old to participate in levels 1-5. Children under 48" in height should enroll in the Preschool program. Each level of **Learn to Swim** includes basic water safety and helping a swimmer in distress.



No winter lessons. Registration for spring lessons opens March 1 at 8 am

Parent and Child Aquatics **Preschool Aquatics** 25 minute each session Fee: 7-sessions, \$64

Learn to Swim: Levels 1-5 45 minutes each session Fee: 7-sessions, \$69

The pool is located at the Buffalo Community Middle School. Enter door 3, lower west side.

Monday Lessons April 8, 15, 22, 29, May 6, 13, 20				
6 pm	Pre-School Parent Child SP5201M SP5101M		Level 1	
6:30 pm	Pre-School SP5202M	Parent Child SP5102M	SP5311M	
7 pm	Level 2 SP5321M	Level 3 SP5331M	Level 4/5 SP5341M	

Parent & Child Aquatics (6 months to 3 years) Fee: \$64

Parent and child learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The two levels are fun-filled and introduce water safety.

- Change body position in the water

 Expectation for adult supervision
- Learn how to play safely
- Experience wearing a life jacket
- Enter and exit the water safely
- Submerge in a rhythmic pattern

Preschool Aquatics (4–5 years old) Fee: \$64

Children are taught basic aquatic safety, survival and swimming skills, while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoy social interactions with other children. As in all Swimming and Water Safety courses, your child will always know that it's safety first.



Learn to Swim Levels 1-5 (Age 6+) Fee: \$69

Level 1: Intro to Water Skills

Orient participants to the aquatic environment and help gain basic aquatic skills. Begin to develop positive attitudes and safe practices.

Level 2: Fundamental Aquatic Skills Build basic aquatic skills, water safety and concepts learned in level 1.

Level 3: Stroke Development

Build on the skills learned in Levels 1 and 2 to help achieve basic water competency in a pool environment. Head first entry, survival floating and treading water will be covered.

Level 4: Stroke Improvement

Improve proficiency in performing swimming strokes introduced in Level 3. Skills include swimming front crawl 25 yards, breaststroke, back crawl and butterfly 15 yards.

Level 5: Stroke Refinement

Participants refine their performance of all six swimming strokes (front and back crawl, butterfly, breaststroke, elementary stroke and sidestroke).



Calm and Gentle Yoga

This flowing yoga class links poses to create strength, flexibility and balance. Breath awareness and breathing exercises are incorporated to help remove tension and lessen stress. A well-rounded class for a wide variety of participants and ability levels — all poses can be modified to fit the individual's flexibility level, and options are given. Please bring a yoga mat or large towel.

W1262A

Wednesday, December 6-27 6:30-7:30 pm 4 sessions - \$28 Elizabeth Muellerleile Parkside Elementary Cafeteria

W1262B

Wednesday, January 3-24 6:30-7:30 pm 4 sessions - \$28 Elizabeth Muellerleile Parkside Elementary Cafeteria

W1262C

Wednesday, January 31-February 21 6:30-7:30 pm 4 sessions - \$28 Elizabeth Muellerleile Parkside Elementary Cafeteria

W1262D

Wednesday, February 28-March 20 6:30-7:30 pm 4 sessions - \$28 Elizabeth Muellerleile Parkside Elementary Cafeteria

Qigong Saturday Sampler (All Levels)

Sample the benefits of Qigong without committing to a multi-session class. Qigong will enhance the quality of your life and the lives around you. Join us to experience this activity and further enhance your Qigong work. Open to all levels.

Saturdays, 10 am-12 pm, \$15 per session Discovery Center Board Room Amee Pribyl

W1257A - Saturday, December 9

W1257B - Saturday, January 13

W1257C - Saturday, February 3

Dence Perty Workoutl



Oula

Oula merges cardio of varying intensity levels with easy-to-follow choreography, mindfulness practices, and a culture of inclusivity — all to an energetic pop soundtrack. Every Oula class empowers participants to challenge their bodies and process their emotions through music, movement, and, most importantly, a community connection.

W1263A

Tuesdays, January 9-30	6:30-7:30 pm
4 sessions - \$49	Rachel Muller
Discovery Center	Cafeteria

W1263B

Tuesdays, February 6-March 5 6:30-7:30 pm (No class Feb 27)
4 sessions - \$49 Rachel Muller Discovery Center Cafeteria

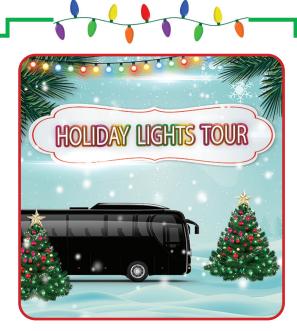


Open Pickleball Play

Open play provides time for players to rotate in and out of games while playing with different partners. Everyone gets a chance to play and it's a great way to get to know other pickleball players. Community Education will have four courts set up for play.

Wednesdays, December 6-February 28 6:30-8 pm (No play when school is closed)
\$5/ session at the door Bison Activity Center

■■ Home & Hobby



New! St. Paul Holiday Lights Tour Wednesday, December 20

Join us as we hop aboard a comfy motorcoach bus and head to St. Paul to take in the holiday lights and displays of Rice Park, Summit Ave and York Ave. Treats provided on the bus. Bring your own beverage.

W1200

- Bus leaves Discovery Center, door 1, at 5 pm
- Bus returns to Buffalo approximately 9 pm
- Fee is \$40 per person. Motorcoach bus with bathroom, comfy seating and large windows for viewing the scenery.

Woodworking 101

Open to beginners interested in learning the basics of woodworking or immediate to advanced woodworkers just wanting to use the equipment. Select your own project based on your skill level. Work independently if desired or local woodworking enthusiasts will be on hand to guide and teach you the basics or maybe help you learn a new technique. Come ready with your project already selected or pick it out the first night.

Register with Brian Koslofsky at 218.232.6970. The registration fee can be paid the first night of class and does not include materials.

Thursdays, January 11 – February 29 6 - 9 pm 8 sessions - \$25 Wright Technical Center Room 324



New! Intro to the Power of Story

This 3-session class uses Norse and Celtic storytelling to dive into 3 basic principles: The Power of the stories we tell ourselves, and allow others to tell us about ourselves. "Feeding the story" as a life skill for interpersonal communication skills and deepening authentic connections. We will learn how the stories we tell ourselves, and allow others to tell us about ourselves can carry a powerful influence over our lives, and how through intentionality, we can recraft our own personal stories. In feeding the story we will learn a powerful technique that has brought healing to many people, but also how this technique can be applied to our daily interactions with others, and in so doing greatly deepen our understanding of others and allow us to build more authentic understanding relationships. Through these stories we will also gain valuable insight into what they are trying to teach us about the nature and purpose of suffering in our lives. We will also learn a new perspective on suffering, that when applied to daily life has also brought great healing and transformation to many people. Include email with registration.

W1220A

"The Nester Stillworm" Celtic version

Sundays, January 7, 14, 28 (No class Jan 21) 2 - 3:30 pm 3 sessions - \$70 Arthur Crowell Online - Login information will be emailed to participants

W1220B

"The Maiden on The Glass Mountain" Norse Version

Mondays, February 12, 19, 26 6 - 7:30 pm 3 sessions - \$70 Arthur Crowell Online - Login information will be emailed to participants

Register Today!

bhmschools.ce.eleyo.com or call 763.682.8770 More classes listed online... Check it out!



Easy Partner Dancing

No matter the occasion, you will be prepared to dance! Be one of the best dancers at your event or just have some fun dancing together at home! Taking steps from classic ballroom dances, learn easy to remember miniroutines, danceable to all your favorite songs including pop, blues, rock, country and more! If you think you have no rhythm and 2 left feet, this is the perfect course for you! Couples stay dancing together and singles rotate with other singles. *Casual dress*.

W1268

Fridays, January 19 - February 9 7-8:30 pm 4 Sessions - \$64 Deanna Constantine Parkside Elementary Cafeteria

On The Wright Track (Ages 8-Adult) Model Railroad Club

If you like trains and things that go, this club is for you! Explore basic construction, electrical and mechanical principles of trains. Artistic ideas and creativity encouraged. The club leader will help members understand the importance of transportation history and industry trends for the future. Club leader is an experienced model railroader.

W1232

Fridays, January 19, February 9, March 1, 22,
April 19, May 17 6:30-8:30 pm
7 sessions - \$28 Tim Pacel
Discovery Center Board Room



Painting with Charlene

Charlene makes painting fun and easy! Step by step instruction will be provided for a beautiful Blue Jay Winter painting on canvas. All levels of experience are welcome. All instruction and supplies are included in the fee. Bring yourself, clothes you can get messy, a small snack and a positive attitude! Original design by artist and instructor.

W1290

Saturday, January 13 1 session - \$40 Discovery Center 10 am - 1 pm Charlene Lundberg Room 202



New!

Save Money with Extreme Couponing!

Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you: where to find all different types of coupons, how to find the best coupon apps and websites and how to match coupons with sales for maximum savings. Informative handouts for future use are included in class fee. The webinar login information will be emailed to participants the day before class. Include your email with registration.

W1260

Fridays, March 1 5 - 6 pm 1 session - \$25 LeeAnne Krusemark Online - Login information will be emailed to participants



Puppy Training and Dog Obedience

can be found online at **bhmschools.ce.eleyo.com** or by calling 763.682.8770.



Cooking with Tess

Classes offered online via Zoom Include your email address with registration.



Wholesome Hoagies: Chicken Parmesan on Freshly Baked Rolls

Few things bring more joy than the smell of freshly made bread. This class is sure to provide this experience as you create your own WHOLESOME HOAGIE ("Hero") Rolls from scratch. You will also master the art of creating the most wonderful chicken Parmesan to fill the "Hero" with. Say hello to a masterfully seasoned breaded exterior that STAYS IN PLACE and maintains its crispiness while keeping the chicken juicy and delicious. NO DEEP FRYING INVOLVED! One registration fee for this online virtual interactive class can include immediate family members living full-time in the same home ONLY. If children are participating, adult supervision is required.

W1270

Saturday, January 27 1 session - \$40 Online via Zoom 4-6:30 pm Tess Georgakopoulos

Sweethearts' Delights: Elegant Éclairs & Paczki (Polish Doughnuts)

Learn to make two dreamy mouthwatering sweets to share or give to your sweetheart, family, friends or loved ones on Valentine's Day! Make a decadent French pastry known as a Chocolate Éclair filled with pastry cream and covered in chocolate ganache, and a rich yeasted desert knows as Paczki (Polish Doughnuts) filled with preserves or pastry cream. The steps for each dessert will be simplified so that any home cook will be able to create these professional looking and tasting desserts. One registration fee for this online virtual interactive class can include immediate family members living fulltime in the same home ONLY. If children are participating, adult supervision is required.

W1271

Saturday, February 3 1 session - \$40 Online via Zoom

4 - 6:30 pm Tess Georgakopoulos

Soup & Bowls! Creamy Chicken & Wild Rice, Creamy Broccoli-Cheddar, Italian Bread Bowls

Warm, delicious, soothing, satisfying soups are such a welcome treat for dinner any time of year. All the stresses of the day seem to melt away with the smell of freshly made soup that brings smiles to the entire family. Choose one soup for your cook-along, and watch a demonstration of the other or choose to make both! It's up to you! Both will pair perfectly served in the amazing Italian Bread BOWLS we will be making from scratch! You will feel so accomplished! One registration fee for this online virtual interactive class can include immediate family members living full-time in the same home ONLY. If children are participating, adult supervision is required.

W1272

Saturday, February 24 1 session - \$40 Online via Zoom

4 - 6:30 pm Tess Georgakopoulos

Classic Homemade Pierogi

Have some fun participating in this virtual class! Learn how to make your own homemade Classic Pierogi with homemade dough and filling that will make your taste buds dance for joy! We will also be learning how to cook, and freeze these little dumplings that you can make ahead and store for a rainy day. No fancy equipment needed. One registration fee for this online virtual interactive class can include immediate family members living full-time in the same home ONLY. If children are participating, adult supervision is required.

W1273

Friday, March 8 1 session - \$35 Online via Zoom

4 - 6 pm Tess Georgakopoulos



Don't Worry Retire Happy

Is Saturday the day you set aside to play golf, spend time with your grandkids or enjoy your hobby? In retirement everyday can be like Saturday. That's a lot of time to fill and it's important to have a plan. Learn from financial expert Tom Hegna's book, Don't Worry, Retire Happy: 7 Steps to a Secure Retirement

W1215

Tuesday, January 2 6:30 - 7:30 pm 1 Session - \$15 Justin Bettinger Discovery Center District Office Conference Room

Keeping More of Your Wealth: Retirement Tax Planning Strategies

Understanding tax strategies and managing your tax bill are integral parts of a sound financial plan. Ignoring the tax consequences to your specific situation may result in paying more than you need to. Whether it's determining where to save for retirement, how to create a tax efficient retirement paycheck or the implications of state residency with careful and consistant planning you can potentially reduce the impact of taxes on your overall financial picture.

W1217

Tuesday, February 206:30-7:30pm1 session - \$15Thomas ScheckDiscovery CenterDO Conference Room





Savvy Tax Strategies

This workshop helps attendees learn how an efficient retirement tax strategy can help avoid mistakes — and help keep more of their hard-earned money.

W1216

Thursday, February 29 6:30 - 7:30 pm 1 session - \$15 Justin Bettinger Discovery Center District Office Conference Room

Medicare 101: The Basics

This informational class is for anyone who is or will soon become Medicare eligible. What if I continue working after age 65? How is my spouse affected by my enrollment? What is the difference between a Medicare Supplement Plan and a Medicare Advantage Plan, and how do they work with Original Medicare? What about my prescriptions? How do I enroll and when should I do it? What if I don't enroll? How might my HSA impact my Medicare?

W1213

Tuesday, March 12 5:30-6:30 pm 1 session - \$15 Chris McClory Discovery Center Board Room



Mature Driving Courses

We are in the process of looking for in-person Mature Driving couses to offer in Buffalo. Please visit our website at **bhmschools.ce.eleyo.com** or call 763.682.8770 to inquire about upcoming 8-Hour class and 4-Hour refresher class.

WEST Adult Basic Education (ABE)

WEST Adult Basic Education programs are supported by regional community education departments including Buffalo Community Education. Programs are to help adults age 17 years or older (who are not enrolled in high school) develop basic skills. Visit westabe.org for more information. See below for WEST ABE services.



ABE Academic Open Labs

ABE helps adult learners who want to acquire or improve their math, reading, or writing skills. Some learners might need to brush up on their skills before taking the GED tests or college entrance exam, for example. Others are learning information for the first time. Day and evening classes are available.

- Discovery Center, 301 2nd Ave NE, Buffalo
- Room M4
- ◆ Mondays & Wednesdays, 1:30-4 pm
- Tuesdays & Thursdays, 6-8:30 pm
- Open every month except August
- Closed same days as BHM Schools
- Call **763.682.8509** or drop in

GED Preparation – see ABE Academic Open Lab

English Language (ELL/ESL) Class

Learners improve their speaking, listening, reading, and writing skills in English. This friendly, multi-level group meets two nights a week.

- Discovery Center, 301 2nd Ave NE, Buffalo
- Room M5
- Tuesdays & Thursdays 6-8:30 pm
- Open every month except August
- Closed same days as BHM Schools
- Call **763.682.8507** or drop in

Distance Learning – Online Programs

Actively enrolled learners can study anytime, anywhere by using an online program such as PLATO, Moby Max or Rosetta Stone for example. To enroll, call **763.682.8509**.



Reading Classes

There are two reading classes available: one for adults who struggle to "get the word off the page" and another for adults who can read but do not understand everything they read. Pre-registration and reading assessments are required for these classes. Call Terrisa at **763.682.8509** for more information.

Family Learning Classes

WEST Adult Basic Education (ABE) partners with Early Childhood Family Education (ECFE) to offer this family literacy class. Parents study English or prepare for the GED, participate in parenting education and have learning time with their children. Children must be preschool age. Call 763.682.8780 for information and to register. Space is limited. Lunch and rest time scheduled

Tuesdays & Thursdays, January - May 10 am – 2 pm (No class Mar 28, Apr 2, 4)
Discovery Center



GED Testing & Volunteering

The GED® in Minnesota

To Get Started: Register online at **ged.com** or contact your local Adult Basic Education (ABE) program. [See box below for a program near you.] Staff at each ABE program will be able to walk you through the registration process and also provide resources and classes to prepare for taking the test.

<u>The Test In Minnesota:</u> Individuals who do not have a high school diploma may be able to earn a state of Minnesota GED® Diploma by passing the GED test. The four tests in the GED battery measure academic competencies similar to many of those required of a Minnesota high school graduate.

<u>Eligibility:</u> If you are 19 years old, do not already have a recognized and documented high school diploma, and are not currently enrolled in high school, you are eligible to take the GED® in Minnesota without an age waiver.



<u>Getting an Age Waiver:</u> If you are 17 or 18 years old and are not currently enrolled in high school, you must apply for an age waiver before testing. [An ABE teacher can assist you with the process.]

<u>Once You Pass All the Tests in the GED:</u> The Minnesota Department of Education (MDE) will receive your information from GED Testing Service and print you an official diploma and transcript which will be mailed via U.S. Mail to your address that you have listed in ged.com.

Warning Regarding Misleading GED® Claims

The state of Minnesota GED® Diploma cannot be earned or obtained on the Internet or through correspondence programs. The Tests of General Educational Development developed by the GED Testing Service® often require extensive preparation.... Tests are administered only ... under the direction of Pearson VUE® and the GED Testing Service. Any other GED diploma ... not issued by the Minnesota Department of Education may not be accepted by employers, colleges and universities or the military.

<u>Minnesota Adult Literacy Hotline:</u> Find an approved ABE program to help you earn your diploma as an adult, visit **literacymn.org/classesforadults** or call 1-800-222-1990. The programs listed below are approved ABE programs.

WEST ABE Programs Near You! Visit westabe.org

Annandale	. 320.274.3058
Big Lake	. 763.262.2523
Buffalo/Hanover/Montrose	. 763.682.8509
Delano	. 763.972.6210
Howard Lake/Waverly/Winsted	. 320.543.4670
Lester Prairie	. 320.395.2521
Maple Lake	. 320.963.5991
Monticello	. 763.272.2132
Monticello Work Force Center	. 763.271.3768
Orono	. 952.449.8350
Rockford	. 763.477.4563
St. Michael/Albertville	. 763.497.6550
Watertown/Mayer	. 952.955.0280

For help preparing preparing for the GED, come to your local Adult Basic Education class. **Questions? Contact Jill at 763.272.2040.**

Rewarding Volunteer Opportunities

As a volunteer, you can make a difference in the lives of your neighbors. Attend a virtual* New Volunteer Information Session to find out if literacy volunteering is the right fit for you! Learn about how you can use your unique talents and skills to assist adult learners with their reading, writing, math, GED preparation, technology, and English skills. Remote and in-person volunteer opportunities are available.

Literacy Minnesota provides the information session as well as virtual pre-service training. Volunteers who work with adult learners are required by the Minnesota Department of Education to receive either Foundations of Adult Education Tutoring (12 hours) or Foundations of Volunteering in the Adult Education Classroom (4 hours), depending on their role. The majority of volunteers in your area need only the four hour training. For more information, call area adult volunteer coordinator Elizabeth at 763.682.8507 or visit literacymn.org/volunteerfoundations-training#

Looking beyond disabilities... Focusing on abilities!

ABOUTUS

Opening Doors activities and classes are designed and adapted for adults with cognitive and physical disabilities.

Participants can:

Discover New Skills

Arts ~ Crafts ~ Cooking

Explore the Community

Outings ~ Theater ~ Sporting Events

Socialize and Meet People

BINGO ~ Games ~ Movie Nights

Become More Active

Bowling ~ Dances ~ Nature Walks

The Opening Doors Program offers activities and classes in the school districts of Buffalo-Hanover-Montrose, Becker, Big Lake, Howard Lake-Waverly-Winsted and Monticello.

To learn more about *Opening Doors* or to register for classes and activities, visit us at **bhmschools.ce.eleyo.com or call** 763.682.8770.

To request the current Opening Doors catalog, call Community Education at 763.682.8770.

Sheila Johnson, Program Coordinator sjohnso@bhmschools.org 763.682.8752



Holiday Dinner and Dance

Winter/Spring Highlights



Holiday Dance, December 17

Discovery Elementary Gym, 3-5 pm



Bingo & Pizza Nights

Various dates & locations, 6-7:30 pm



St. Patrick's Day Dance, March 15 St. Francis Xavier School, Buffalo, 5:30-8 pm



Spring Fling Dance, April 19

Big Lake Independence Elementary, 6-8 pm



The Winter/Spring Opening Doors catalog will be available at the end of December. We would love to add you to the mailing list. Call Community Education at 763.682.8770.

Community Center Activities

Fun Activities for the Entire Family!

Tot Spot – Every Tuesday at 9:30 am

Children ages 2-5 meet others during our structured play time with crafts, snacks and special events. Kids Toy Swap is held the 1st Tuesday of each month. Bring in a gently used toy to exchange with others.

Movie Day - Every Thursday at 1:30 pm

We will be showing a different movie. Check out our newsletter for the list of upcoming shows. Make a day of it and stop in for Zingo at 12:30 pm followed by a movie and popcorn.

RPG Gaming - 2nd Friday of the month, 6:30 pm Traditional board games or role-playing games (RPG)

Family Fun Night - 3rd Friday of the month, 4-8 pm Occasional special events, with food for sale and Zingo at 7 pm. Great fun for the whole family.

Sci-fi Saturday - 4th Saturday of the month, 7 pm Range of topics including Anime, comic books, video games, dragons, space travel, AI, time travel, magic, etc.

We have live entertainment, holiday parties, speakers, craft classes, tournaments and more! **Drop in anytime** to enjoy our **free activities** like Zingo, board games, pool tables, air hockey, ping pong, video games. **FREE WiFi too!**

Building Reservations







Looking for a meeting room, a place to host a baby shower, bridal shower, graduation party, family gathering, etc. Check out our rental options by scanning this code or visit ci.buffalo. mn.us/182/Community-Center

Scan to view the most current newsletter!



Winter Outdoor Activity Locations

Outdoor Rinks

- Bentfield Mills Park—Hockey, Pleasure Rink with lights and warming house
- Greenbriar Park—Hockey with lights and warming house
- Lions Park—Hockey with lights and warming house
- Shonhaugen Park—Pleasure Rink, no lights
- Sturges Park on Buffalo Lake—Pleasure Rink with lights and warming house
- Sundance Ridge Park—Hockey with lights

Sledding Hills

- Buffalo Heights Golf Course
- Prairie View Park

Snowshoeing

The trail is located behind the Buffalo Target and the parking lot for the trail is located behind the Buffalo Civic Center by the City compost site.

Winter Break Activities

Movie Marathon

December 22, 8:15 am-3:45 pm, Open to all ages! 8:15 am *Home Alone,* 10:15 am *Grinch,* 12:30 pm *Elf,* 2:15 pm *The Santa Clause*

Lego Challenge

December 26, 11 am-12 pm, Open to ages 5-14! Work individually or as a team in several Lego challenges that will test your building skills.

Mario Cart Wii Tournament

December 27, 2-4 pm

Race 1on1 against other kids in the 10-14 or 15-19 age group categories. While you wait, play on the MICRO RC course that is set up from Party Crashers RC Rental.

Individual 8-Ball Pool Tournament

December 28, 5 pm until champion is crowned! Open to anyone ages 16-23 years old. Put your skills to the test at this double elimination 8-ball tournament. Play traditional 8-ball with a few house rule exceptions.

Jindo Music Party

December 29, 5-7 pm, Open to ages 10-15!

Link up your cell phone to our DJ's musical bingo party game and get ready to sing and dance. Win prizes for musical bingo, limbo or during the tape ball game!

Attention Families

Come hang out at the Community Center during winter break. Enjoy a coffee and let the kids play a game or participate in an activity listed in our newsletter for the week. We are open Monday-Friday, 8 am to 4 pm, closed Monday December 25.

■■■ Wright County Parks & Recreation

- Most activities listed below require pre-registration. To register, or for more information, visit us at co.wright.mn.us/parks, look for us on Facebook at WrightParksMN, call 763.684.2387 or email parksandrecreation@co.wright.mn.us.
- The Ney Nature Center is located at 5212 73rd St NW, Maple Lake.
- Bertram Chain of Lakes Regional Park is located at 9842 Briarwood Ave NE, Monticello.
- Otsego Prairie Park is located at 13355 90th St NE, Otsego.



Youth Activities





Nature & Learn

Robert Ney Nature Center is now offering classes for Homeschool students and groups a like! This winter class will go over basic skiing skills.

Thursday, January 11 : Cross Country Skiing 9:30 - 11:30 am | \$8 | AGE 6-12 1 - 3 pm | \$8 | AGE 6-12 ROBERT NEY NATURE CENTER



Little Naturalist at Robert Ney Nature Center

For the little naturalist in your home! Start the morning at the Robert Ney Nature Center for story time, followed by nature play and crafts!

Childern must be accompanied by an adult.

Wednesday, January 17: Snowflake

Wednesday, February 14: Snowy Owl

Wednesday, March 13: Red Pines

10:30 - 11:30 am | \$5 | AGE 1-5 with Adult

Winter WonderKids

Join our exciting after-school winter program to embark on thrilling adventures in the great outdoors! This after-school program is 4 weeks and will cover topics such as skiing, snowshoeing and more! **Snack will be provided.**

Tuesday January 23- Feburary 13 3:30 – 5 pm | \$25 | AGE 6-12 ROBERT NEY NATURE CENTER

Winter Fest

Bundle up for some frosty fun at the winter festival! Activities will include snowshoeing, dog sledding, snowman building contest, and more! This event is in partnetship with the City of Otsego Parks and Recreation.

Saturday, February 17
10 am – 2 pm | FREE! | ALL WELCOME
OTSEGO PRAIRIE PARK

Winter Rentals

Bundle up and hit the trails this winter! Starting January 6, we will have ski and snowshoe rentals every Saturday and Sunday at two locations!

9 am – 5 pm | \$5 | ALL WELCOME BERTRAM CHAIN OF LAKES REGIONAL PARK ROBERT NEY NATURE CENTER





Adult & Families



Dog Sledding at Robert Ney Nature Center

Come to Ney Park to learn everything you need to know about Dog Sledding. This is a great opportunity to learn from some of the best mushers around. At the end of the presentation, you will have a chance to experience the thrill and excitement of being pulled by a team sled dogs! At the end of your outing, warm up with hot cocoa or cider! **Space is limited to 25 per session.**

Friday, January 5 and Saturday, January 6
CHECK SITE FOR TIMES | \$25 | ALL WELCOME
ROBERT NEY NATURE CENTER

Lantern Ski

Join Running Fearless at Ney Park for a night of Cross-Country Ski fun! The trails will be groomed and lit with lanterns to help guide you through the winter wonderland of Ney Park. Inside the Nature Center, there will be sweet treats and warm drinks to enjoy. Once you have your treats and drinks, you can head outside to sit fireside to warm your toes.

Saturday, January 20 6 – 9 pm | \$5/SKI RENTALS | ALL WELCOME ROBERT NEY NATURE CENTER

Moonlit Snowshoe

It's time to discover winter's wonders off the beaten path as we venture through areas accessible only by snowshoe in winter. **Either bring your own snowshoes or reserve a pair when you register.**

Thursday, January 25
7 – 8:30 pm | \$7 | AGES 10 AND UP
ROBERT NEY NATURE CENTER



Here is how to register...

Pre-registration is required with Wright County Parks to guarantee your spot. Call **763.684.2387**.

Sweetheart Snowshoe Hike

Spend the evening with your sweetheart at Bertram Chain of Lakes Park! The evening begins with a catered dinner followed by a guided hike. We also have the opportunity for six couples to choose the "sweet-



heart cabin package", which includes dinner, a hike, and a one-night stay at one of our camper cabins. The evening will end with a dessert social at the chalet.

Saturday, February 10 \$50: MEAL PACKAGE \$110: CABIN PACKAGE 6 – 8:30 pm | AGE 18 PLUS BERTRAM CHAIN OF LAKES REGIONAL PARK

Family Snowshoe

It's time to discover winter's wonders off the beaten path as we venture through areas accessible only by snowshoe in winter. **Either bring your own snowshoes or reserve a pair when you register.**

Sunday, February 11 2 – 3:30 pm | \$7 | AGES 5+ ROBERT NEY NATURE CENTER

Buckthorn Hiking Sticks

Select, cut, and create a buckthorn hiking stick. Learn about invasive species, how to identify buckthorn shrubs, and why removing them from the Park System is essential. This year, we will have two sessions! The first session is for families, which will have a shorter presentation and focus more on the hiking stick-making portion. The second session will be for adults and focus more on Buckthorn identification, removal, and history of removal in our county parks; this session will also make hiking sticks.

Sunday, March 10 1 – 2:30 pm | \$5 | FAMILY CLASS 3:30 – 5 pm | \$5 | ADULT CLASS ROBERT NEY NATURE CENTER

■■■ Health Promoting Classes

Allina Health 爺 BUFFALO HOSPITAL

Community Health Programs

303 Catlin Street, Hwy. 25 N., Buffalo, MN 55313 763.684.7025

Buffalo Hospital invites you to register for a health-promoting class, events and support groups at allinahealth.org/classes or by calling 763.684.7025.

Health & Wellness



FREE WELLNESS COACHING

Are you ready to improve your health, enhance your life balance and make lasting changes? The Health and Wellness Coaches have training and experience to help you succeed. Common areas of focus include exercise, nutrition, sleep and stress. Individual coaching includes appointments in person, over the phone or both. Inperson coaching is available at Buffalo Hospital.

FREE STROKE SUPPORT GROUP

The Stroke Support Group provides encouragement and guidance for stroke, brain injury and head injury survivors and their loved ones, helping them to cope with physical, lifestyle and relationship changes following their stroke or injury. Second Tuesday of every month, 1-2 pm.

THRIVING WITH CHRONIC PAIN WORKSHOP

Thursdays, January 11 - February 15, 2-3 pm

This 6-week, 1 hour a week, class is designed for people who have a diagnosis of chronic pain, offering strategies for dealing with their symptoms. **FREE**

HEALTHY EATING FOR BETTER HEALTH

Thursdays, January 11 - February 15, 12-1 pm

This 6-week program is for people who want to learn more about how nutrition and lifestyle changes can promote better health. Class includes learning how to read nutrition labels, cooking skills, new information about latest changes in nutritional world and even a grocery store tour! **FREE**

BIRTH CENTER TOUR

Tour labor and delivery rooms, postpartum rooms and nursery before the arrival of your baby.

Thursday tours meet from 6:30 - 7:30 pm December 14, January 11, February 8, March 7. FREE

BABY CAFÉ

A family-friendly drop-in breastfeeding support group. **Every Wednesday, 10 am-12 pm** at the Wright County Historical Society/Heritage Society, 763.684.7630. **FREE**

SAY "HELLO" FOR HEALTH

There is good evidence that increasing social connections positively affects our health—reducing blood pressure, lowering levels of stress hormones, and improving immune responses. Check out **Hello4Health. org** for more information.

CHANGE TO CHILL

The everyday hustle and bustle can be overwhelming. However, when your schedule is tight, making time for self-care can boost your mental and physical health. Visit **Changetochill.org** for resources to help you create a self-care routine that works for you.

HEALTH POWERED KIDS

A free library of online resources designed to provide fun wellness activities for kids through a series of Power Charger video teasers. Visit **Healthpoweredkids.org** for more information.

BUFFALO HOSPITAL GIFT SHOP

Shop the Buffalo Hospital Gift Shop and give back to your community. Proceeds from sales go toward scholarships for local high school students pursuing a career in health care.

COME JOIN OUR VOLUNTEER TEAM

Volunteering can be a great way to make a positive difference in your community. Did you know that volunteering is good for the volunteer as well? Research shows social connection can significantly improve mental and physical health. Call 763.684.7125 or email Brenda.christensen@allina.com for more information.



Register Today!

of

Community Education Registration Form

Mail to: Community Education Registration, 301 2nd Avenue NE, Buffalo, MN 55313

Participant Name		(Youth) DOB	Grade
(Last) Parent/Guardian (if applicable)	(First)		
Address			
(Street)	(City)	(Zip)	
Primary Phone #	Daytime P	hone #	
*Email	Special I	Needs/Allergies	
(Receive class confirmation and payment receipt) Course Title	Course	2#	Fee
Check #		TOTAL \$	
Card Type VISA Mastercard AMERICAN DISCOVER #		Exp. Date	e
UCare # (if applicable)			
Registration is fast and easy onli	ne Register a	t bhmschools.ce.ele	eyo.com



301 NE 2nd Ave, Buffalo, MN 55313 763.682.8770 bhmschools.org

The place to dream, believe and achieve.

Dated Material, Please Deliver Promptly

Non-Profit Org. U.S. Postage PAID Princeton, MN 55371 Permit No. 81

*****ECRWSS**
Resident, School District 877
Buffalo-Hanover-Montrose Schools

