



Opening Doors

ADULTS WITH
DISABILITIES

WINTER / SPRING
2023

Register Online: BHMSCHOOLS.CE.ELEYO.COM

WELCOME

Opening Doors provides opportunities to access and explore life's journey. Come travel with us as we open the doors to social, emotional and educational experiences. Be your own guide and enjoy the pleasures of the journey. Opening Doors is a program for Adults with Disabilities (ages 16+). This program offers classes/activities in the school districts of Buffalo-Hanover-Montrose, Big Lake, Becker, Howard Lake-Waverly-Winsted and Monticello. Specialized activities offer educational, social, life skills and recreation learning opportunities for adults with a disability.

EXCITING EVENTS



Let's DANCE!

Join adults with disabilities from across the Twin Cities and greater Minnesota for a fabulous online Winter Sparkle Dance experience! Dress up in your rhinestone glasses, sequined vests or hats, and everything sparkling! The DJ might even call out your name! You will receive a Zoom link emailed to you the day before the event.

Course: Zoom
Date / Time: Friday, January 27 from 7-8pm
Cost: \$9 per participant
Location: Online via Zoom

St. Patrick's Celebration

Come in your favorite green outfit and enjoy some Irish music & a jig or two. Dinner will also be served starting at 5:30pm. We will have prizes for the best green fashionable, and many Irish jokes that will make this evening one that will turn you green with gladness!

Course: W301B
Date / Time: Friday, March 17 from 5:30-8 pm
Cost: 1 session / \$5
Location: St Francis Xavier Catholic School, Fellowship Hall (½ mile West of Functional Industries in Buffalo)

This event is made possible with a generous donation from the Knights of Columbus and St. Francis Xavier Catholic Church.

Autism Allies Annual Disabilities Resource Fair

Saturday, April 15, 2023, 9:00 a.m.—3:00 p.m.

Monticello High School | 5225 School Blvd., Monticello, MN | Door #1 or #6

Save the Date!
Sessions to be Announced



- Free Admission & Parking
- Training Sessions
- Providers
- Vendors
- Resources
- AuSM Bookstore
- Food for Purchase

Please contact Bernie Aberle with questions at news@autismallies.org

Big Lake High School Presents:



Willy Wonka (the Musical)

Here's a sweet opportunity for you to enjoy an evening with local high school students as they perform their version of Willy Wonka. This delicious adventure awaits you!

Course: W311BL
Date / Time: Friday, April 21 at 7:00pm
Cost: \$9 per participant
Location: Big Lake High School, Auditorium

Spring Fling

Dinner & Dance

Celebrate spring, get moving and dance to the latest tunes. DJ Roger will be on-site to provide a variety of great music and funny jokes. Sub style sandwiches, chips and treats will be served along with water. We would like to thank the Big Lake Spud Fest committee for their support. Come fling into spring with us!

Course: W312BL
Date / Time: Friday, April 28 from 6-8pm
Cost: \$7 per participant
Location: Big Lake Independence Elementary, Cafeteria Door A

HANDS ON CRAFTS

How Deep is Your Love-for Snow

Join us as we track the snow by making a one of a kind measuring tool. We will then take your best guess and follow up in the spring with a gift for the closest guess.

Course: W301BL
Date / Time: Thursday, February 2 / 6-7pm
Cost: \$9 per participant
Location: Big Lake Independence Elementary, Community Room-Door J

Course: W301HL
Date / Time: Thursday, February 2 / 6-7pm
Cost: \$9 per participant
Location: Howard Lake Middle School, Room E106

Winter Snowman Ornament

This charming snowman ornament will add a touch of class to your indoor living area. Paint on a mini canvas and add snowman features with a variety of craft supplies. A project sure to warm your heart!

Course: W302BL
Date / Time: Thursday, February 9 / 6-7pm
Cost: \$9 per participant
Location: Big Lake Independence Elementary, Art Room-Door A

Course: W302HL
Date / Time: Thursday, February 9 / 6-7pm
Cost: 1 session / \$9
Location: Howard Lake Middle School, Room E106



Fleece Blanket Making with a Snip

A super easy way to make a fleece blanket without having to tie a thing! Just snip, pull- and “voila”!

Course: W308BL
Date / Time: Tuesday, March 7 / 6-7pm
Cost: \$10 per participant
Location: Big Lake Independence Elementary, Community Room-Door J

Course: W308HL
Date / Time: Tuesday, March 7 / 6-7pm
Cost: \$10 per participant
Location: Howard Lake High School, Food Room A134

National Hot Chocolate Day

What a perfect way to celebrate the coldest month of the year with a cup of hot chocolate along with a treat. We will create a mixture for you to take home in honor of this national day.

Course: W325B
Date / Time: Tuesday, January 31 / 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Center, Room 202

Course: W325M
Date / Time: Tuesday, January 31 / 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge

Course: W325BE
Date / Time: Tuesday, January 31 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

Cherry Pie

In honor of George Washington, we will make our own cherry pie. Each participant will leave class with an unbaked cherry pie to bake at home or freeze for later. We will serve samples and juice. Register 1 week in advance, so we have time to collect the groceries.

Course: W326B
Date / Time: Tuesday, February 21 / 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Center, Room 202

Course: W326M
Date / Time: Tuesday, February 21 / 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge

Course: W326BE
Date / Time: Thursday, February 23 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

FUN WITH FOOD

Cheesecake Tacos (Back by Popular Demand)

Don't miss out on this one! You heard it here-yes tacos that will taste like cheesecake. This yummy treat will satisfy your sweet cravings!

Course: W323B
Date / Time: Wednesday, February 8 / 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Room 202

Course: W323M
Date / Time: Monday, February 13 / 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge

Course: W323BE
Date / Time: Wednesday, February 15 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305



2 Ingredient Homemade Ice Cream

Strawberries and cream make up this tasty recipe. We will blend those ingredients together to make a sweet treat you can enjoy this Valentine season.

Course: W303BL
Date / Time: Tuesday, February 14 / 6-7pm
Cost: \$9 per participant
Location: Big Lake Independence Elementary, Staff Lounge-Door A

Course: W303HL
Date / Time: Tuesday, February 14 / 6-7pm
Cost: \$9 per participant
Location: Howard Lake High School, Food Room A134



Basketball Snack Cups

Basketball season is upon us. Join us for a snack to kick off the season. We will have cups that resemble a hoop and fill it with mini basketballs (cheese balls).

Course: W307BL
Date / Time: Thursday, March 2 / 6-7pm
Cost: \$9 per participant
Location: Big Lake Independence Elementary, Community Room-Door J

Course: W307HL
Date / Time: Thursday, March 2 / 6-7pm
Cost: \$9 per participant
Location: Howard Lake High School, Foods Room A134



Grilled Sandwiches & Great Times

Come melt down with us. There's nothing like a hot grilled cheese sandwich with a side of tomato soup to warm the soul. We will also have some cheesy games to play.

Course: W328B
Date / Time: Wednesday, March 8 / 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Center, Room 202

Course: W328M
Date / Time: Monday, March 13 / 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge

Course: W328BE
Date / Time: Wednesday, March 15 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

FUN WITH FOOD



Pancake Bunny

We have a yummy class for you if you're a pancake lover. We will create a bunny using pancake batter, bananas, berries and cream for a cottontail-hip, hop!

Course: W309BL
Date: Tuesday, March 14
Time: 6-7pm
Cost: \$9 per participant
Location: Big Lake Independence Elementary, Staff Lounge-Door A

Course: W309HL
Date: Tuesday, March 14
Time: 6-7pm
Cost: \$9 per participant
Location: Howard Lake High School, Food Room A134

Meatballs on a stick

Minnesotans love anything on a stick! This meatball sub on a stick is a super fun adaptation to a plain old meatball sandwich. Come for the fun and "stick" around for a meatball, we may add a side of pasta too, so bring that appetite.

Course: W327B
Date / Time: Tuesday, March 21 / 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Center, Room 202

Course: W327M
Date / Time: Wednesday, March 22 / 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge

Course: W327BE
Date / Time: Thursday, March 23 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

Cherry Cheesecake

Here's a class for those of you who are more of the traditional cheesecake consumer. We will make the treat and put it in a jar for easy transportation, of course we will indulge in some samplers during our class time.

Course: W329B
Date / Time: Tuesday, March 28 / 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Center, Room 202

Course: W329BE
Date / Time: Wednesday, March 29 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

Course: W329M
Date / Time: Thursday, March 30 / 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge

Waffle Hash Browns

This food class will be impressive because we will be pressing hash browns using a waffle iron-how fun is that! Yes we will eat them in class! Cheese, onions and lots of ketchup will also be added to the menu.

Course: W310BL
Date / Time: Tuesday, April 11 / 6-7pm
Cost: \$9 per participant
Location: Big Lake Independence Elementary, Staff Lounge-Door A

Course: W310HL
Date / Time: Tuesday, April 11 / 6-7pm
Cost: \$9 per participant
Location: Howard Lake High School, Food Room A134

Banana Bread-in-a-Jar



Photo credit: Kitchen Fun with My Three Sons

Put on your apron and get ready to mash some bananas that we will add to this tasty treat. We will mix the ingredients together and pour the mixture into jars so you can take them home and bake them!

Course: W330B
Date / Time: Tuesday, April 18 / 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Center, Room 202

Course: W330BE
Date / Time: Wednesday, April 19 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

Course: W330M
Date / Time: Tuesday, April 25 / 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge

FUN WITH FOOD

Hot Diggity Dogs

Finally, we can get outside and do some grilling—"Hot Diggity Dogs" will be on the menu! Come enjoy hot dogs with all the fixings and chips with your friends. We will have music and plenty of time to socialize and take in the arrival of spring!

Course: W324B
Date / Time: Monday, May 22 / 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Center, Room 202

Course: W324BE
Date / Time: Tuesday, May 23 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

Course: W324M
Date / Time: Wednesday, May 24 / 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge

Buzz the Bumble Bee with a side of Honey Granola

Come create Buzz our Bumblebee. We will also make some Honey Granola to eat in class and take home the leftovers. An easy recipe will also be provided.

Course: W313BL
Date / Time: Wednesday, May 3 / 6-7pm
Cost: \$9 per participant
Location: Big Lake Independence Elementary, Community Room-Door J

Course: W313HL
Date / Time: Wednesday, May 3 / 6-7pm
Cost: \$9 per participant
Location: Howard Lake High School, Foods Room A134

Course: W313BE
Date / Time: Thursday, May 4 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305



National Pigs in a Blanket Day

Celebrate National Pigs in a Blanket Day with us and everyone across the world. We will wrap up this tasty appetizer in class. Hats off to Betty Crocker's creativity.

Course: W312HL
Date / Time: Monday, April 24 / 6-7pm
Cost: \$9 per participant
Location: Howard Lake High School, Food Room A134

Course: W312BE
Date / Time: Monday, April 24 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

Popcorn and Pajama Night

We make some popcorn and watch a movie. Kick back and relax in your pajamas. We will have a few movies to choose from. If you have a favorite flick, bring it along to share with your friends.

Course: W315BL
Date / Time: Thursday, May 25 / 6-7pm
Cost: \$9 per participant
Location: Big Lake Independence Elementary, Community Room-Door J

Course: W315HL
Date / Time: Thursday, May 25 / 6-7pm
Cost: \$9 per participant
Location: Howard Lake High School, Food Room A134



Burger Bash

Bring a friend and come join us for a burger bash. We will build the best burger ever! It wouldn't be a burger bash without the beans so please bring your appetite too!

Course: W331B
Date: Thursday, May 11
Time: 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Center, Room 202

Course: W331M
Date: Thursday, May 18
Time: 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge

ACTIVITIES



Let's Roll (the Dice)

We will have an evening of creativity with Dice. We will add some movement for each throw of the dice along with some work on a coloring graph, all inspired by the throw of dice. Join us, it will be nice!

Course: W322B
Date / Time: Thursday, February 16 / 6-7 pm
Cost: 1 session / \$9 per participant
Location: Buffalo Discovery Center, Room 202

Course: W322BE
Date / Time: Monday, February 27 / 6-7 pm
Cost: 1 session / \$9 per participant
Location: Becker High School, Paes Lab-305

Course: W322M
Date / Time: Tuesday, February 28 / 6-7 pm
Cost: 1 session / \$9 per participant
Location: Monticello High School, Staff Lounge

Chair Yoga with Elizabeth

Yoga Instructor Elizabeth would like to share some simple techniques that will help you increase your flexibility so that you can keep mobile and have a pain free lifestyle. We will supply the chair and the mats. You bring your interest!

Course: W336M
Date / Time: Mondays, April 17 & 24 / 6-6:45pm
Cost: 2 Sessions / \$15 per participant
Location: Buffalo Discovery Center, Room 204

Bowling at Huikko's

Let's strike up some fun! Bowling is an excellent activity that keeps you fit all season long! Bring your friends for some added excitement!

Course: W337A
Dates: Sundays, February 5, 12, 19 & 26
Time: 11am-1pm
Cost: \$50 per person
Location: Huikko's Bowling Center - Buffalo

Course: W337B
Dates: Sundays, March 5, 12, 19 & 26
Time: 11am-1pm
Cost: \$50 per person
Location: Huikko's Bowling Center - Buffalo

Course: W337C
Dates: **Saturdays**, April 1, 15, 22 & 29
Time: 2-4pm
Cost: \$50 per person
Location: Huikko's Bowling Center - Buffalo

Course: W337D
Dates: **Saturdays**, May 6, 13, 20 & June 3
Time: 2-4pm
Cost: \$50 per person
Location: Huikko's Bowling Center - Buffalo



Bowling at McPete's - Big Lake

Let's strike up some fun! Join your friends for a game of bowling and Pizza. Bowling is a great activity to keep you fit all season long.

Course: W333BL
Date / Time: Friday, April 14 / 6-7:30pm
Cost: \$16 per person for bowling & pizza
Location: McPete's Bowling Center - Big Lake

Course: W334BL
Date / Time: Friday, May 19 / 6-7:30pm
Cost: \$16 per person for bowling & pizza
Location: McPete's Bowling Center - Big Lake

Course: W335BL
Date / Time: Friday, June 2 / 6-7:30pm
Cost: \$16 per person for bowling & pizza
Location: McPete's Bowling Center - Big Lake

ACTIVITIES

Bingo Yes!

The prizes, the fun, the pizza and the friends make this an event you don't want to miss. Mark your calendars!

Course: W328B
Date / Time: Friday, February 3 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Buffalo Discovery Center, Board Room

Course: W304M
Date / Time: Friday, February 10 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Monticello High School, Staff Lounge

Course: W304BL
Date / Time: Friday, February 24 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Big Lake Independence Elementary, Community Room-Door J

Course: W304HL
Date / Time: Friday, February 24 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Howard Lake High School, Food Room A134

Course: W304BE
Date / Time: Friday, March 3 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Becker High School, Paes Lab-305

Course: W305M
Date / Time: Friday, March 10 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Monticello High School, Staff Lounge

Course: W305BL
Date / Time: Friday, March 24 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Big Lake Independence Elementary, Community Room-Door J

Course: W305HL
Date / Time: Friday, March 24 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Howard Lake High School, Food Room A134

Course: W307BE
Date / Time: Thursday, April 6 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Becker High School, Paes Lab-305

Course: W307M
Date / Time: Wednesday, April 12 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Monticello High School, Staff Lounge

Course: W307B
Date / Time: Thursday, April 27 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Buffalo Discovery Center, Board Room

Course: W306HL
Date / Time: Friday, April 21 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Howard Lake High School, Food Room A134

Course: W306BL
Date / Time: Friday, May 5 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Big Lake Independence Elementary, Community Room-Door J

Course: W307HL
Date / Time: Friday, May 19 / 6-7:30 pm
Cost: 1 session / \$10 per participant
Location: Howard Lake High School, Food Room A134



HANDS ON CRAFTS

Fuzzy Friends

What do caterpillars and fireflies both have in common, well come to class and find out? We will create a couple of fuzzy friends to add charm to the beginning of spring.



Course: W337B
Date / Time: Monday, May 1 / 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Center, Room 202

Course: W337BE
Date / Time: Monday, May 8 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

Course: W337M
Date / Time: Monday, May 15 / 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge

Garden Stone Creation

Create a decorative garden stone to put in your garden to help with plant identification or simply to brighten your favorite outdoor pathway. Keep a stone yourself and give the other as a gift. *Hint: Mother's Day is May 14.*



Photo credit: Magic Stones Art Shop

Course: W314BL
Date / Time: Tuesday, May 9 / 6-7pm
Cost: \$9 per participant
Location: Big Lake Independence Elementary, Community Room-Door J

Course: W314HL
Date / Time: Tuesday, May 9 / 6-7pm
Cost: \$9 per participant
Location: HLWW Middle School, Room E106

Course: W314BE
Date / Time: Wednesday, May 10 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

DIY Sun Catchers

This unique project can be given as a gift or added to your own window. Choose from an array of colors. Just 3 easy steps and you'll have an awesome sun catcher!

Course: W332B
Date / Time: Tuesday, May 16 / 6-7pm
Cost: \$9 per participant
Location: Buffalo Discovery Center, Room 202

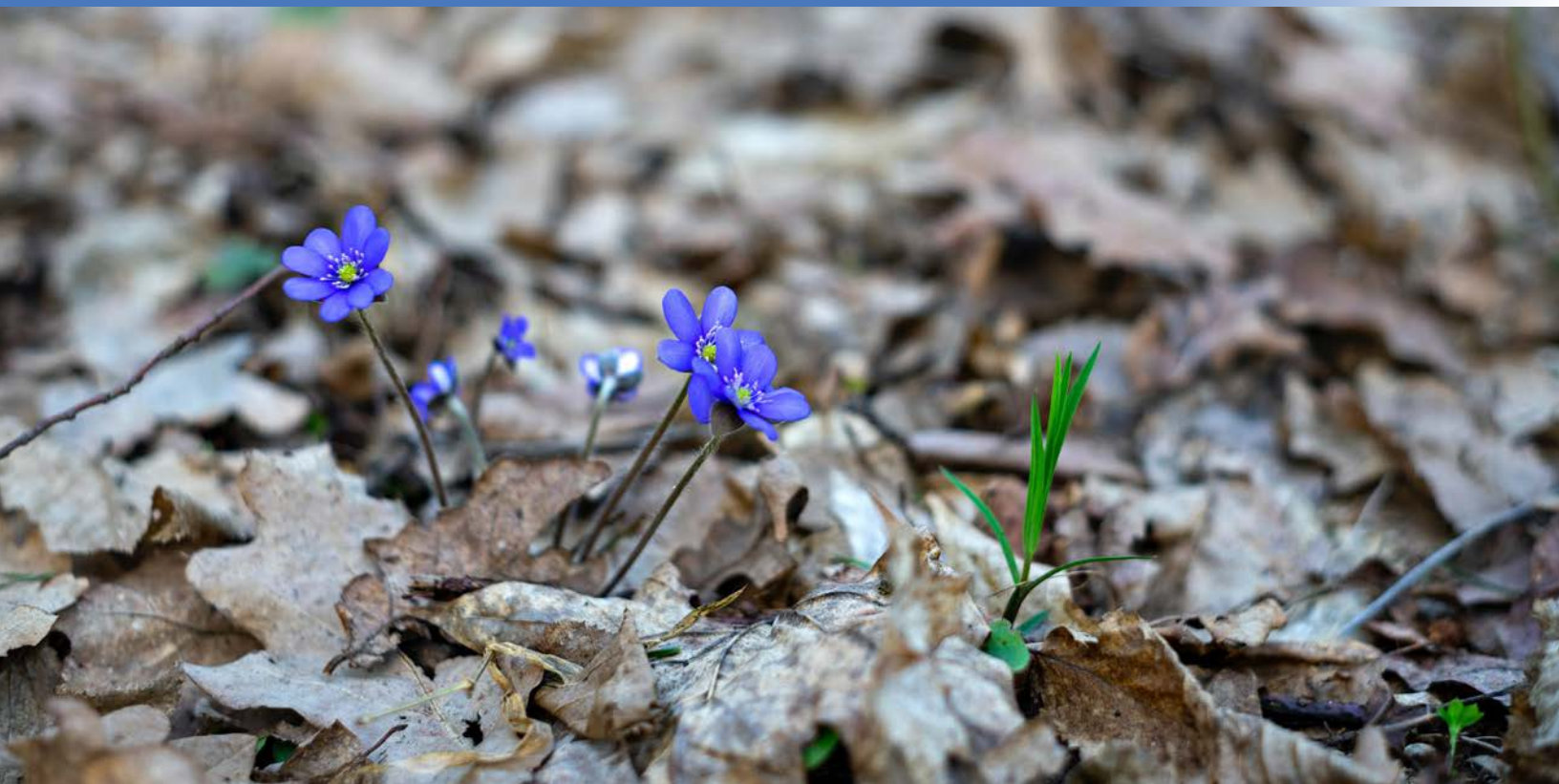
Course: W332BE
Date / Time: Wednesday, May 17 / 6-7pm
Cost: \$9 per participant
Location: Becker High School, Paes Lab-305

Course: W332M
Date / Time: Wednesday, May 31 / 6-7pm
Cost: \$9 per participant
Location: Monticello High School, Staff Lounge



Photo credit: Maggy Woodley - Red Ted Art

REGISTRATION FORM



MAIL TO: Opening Doors, 301 2nd Ave NE, Buffalo, MN 55313 or register online at: bhmschools.ce.eleyo.com

Name: _____

Group Home: _____

Caregiver & Caregiver Phone: _____

Address: _____

Home Phone: _____

Special or Medical Needs: _____

Class #: _____ Class Name: _____ Fee: _____

Payment Cash _____ Check # _____ Visa _____ Mastercard _____ Discover _____

Card Number _____ Exp Date _____



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Opening Doors Program

301 2nd Avenue NE
Buffalo, MN 55313
763-682-8770

This document is available in alternate formats upon a 72-hour request. Please call 763-682-8770 to make a request. Examples of alternate formats may include large print, braille, audio cassette, electronic, etc.

OPENING DOORS CONSORTIUM MEMBERS



Becker Public Schools

Community Education
Michelle Peacock, Director
1200 Hancock Street
Becker, MN 55308
763-261-4506
www.becker.k12.mn.us



Big Lake Public Schools

Community Education
Stephanie Hillman, Director
17901 205th Avenue
Big Lake, MN 55309
763-262-2523
www.biglakeschools.org



Monticello Public Schools

Community Education
Jeremiah Mack, Director
302 Washington Street
Monticello, MN 55362
763-272-2030
www.monticello.k12.mn.us



Buffalo-Hanover-Montrose Schools

Community Education
Kim Carlson, Director
301 2nd Avenue NE
Buffalo, MN 55313
763-682-8770
www.bhmschools.org



Howard Lake-Waverly-Winsted Schools

Community Education
Rachel Bender, Director
PO Box 708
Howard Lake, MN 55347
320-543-4670
www.hlww.k12.mn.us

We hope you and your family are doing well and adjusting to a world with Covid-19. We feel the pressure of adjusting to constant change too. Please know that Opening Doors will keep your health and safety our number one priority. We will share updates with you as soon as we know what is needed. We look forward to a future full of opportunity and exploration.