

October 2019

Buffalo-Hanover-Montrose Elementary Lunch



Monday

Did You Know?

Columbus Day is celebrated the second Monday every October.

Tuesday

Hot Dog on a Bun **1**
OR
Deli Turkey Sandwich

Served with Baked Beans and Baked Cheetos

Wednesday

French Bread **2**
Cheese Pizza
OR
BBQ Chicken Sandwich

Served with Chocolate Chip Cookie

Thursday

Taco in a Bag with **3**
Fresh Fixing & Rice
OR
Muffin & Yogurt
Bison Box

Friday

Pancakes **4**
OR
Cereal

Served with Hashbrown Wedge, Sausage & Fruit Juice

All meals are served with a choice of milk and a variety of fresh fruits and vegetables.

Parents are always welcome to eat breakfast or lunch with their children. Please call the Nutrition Services Office to make a meal reservation.

Elementary Lunch: \$2.80

Non-Student Lunch: \$3.85

Single Milk: \$.50

This institution is an equal opportunity employer.

Menu subject to change due to availability.

763.682.8477

Cheesy Breadsticks **7**
OR
Uncrustable & String Cheese

Served with Sorbet

Super Nachos **8**
OR
Deli Ham Sandwich

Served with Fresh Fixings, Refried Beans & Dinner Roll

Chicken Patty Sandwich **9**
OR
Sloppy Joe Sandwich

Served with Tator Tots

Spaghetti with **10**
Meat
Sauce & Garlic
Toast
OR
Muffin & Yogurt
Bison Box

Breakfast Pizza **11**
OR
Cereal

Served with Yogurt, Fruit Juice & Cinnamon Roll

Cheese or **14**
Pepperoni
Personal Pizza
OR
Uncrustable & String Cheese
Served with Fruit Crisp

Hamburger or **15**
Cheeseburger on a Bun
OR
Deli Turkey Sandwich
Served with Baked Beans

16
NO SCHOOL

17
NO SCHOOL

18
NO SCHOOL

Chicken Bites **21**
OR
Uncrustable & String Cheese
Served with Mashed Potatoes, Gravy & Animal Crackers

Hot Dog on a Bun **22**
OR
Deli Turkey Sandwich
Served with Baked Beans and Baked Cheetos

French Bread **23**
Cheese Pizza
OR
BBQ Chicken Sandwich
Served with Chocolate Chip Cookie

Taco in a Bag **24**
with Fresh Fixings
& Rice
OR
Muffin & Yogurt
Bison Box

Pancakes **25**
OR
Cereal
Served with Hashbrown Wedge, Sausage & Fruit Juice

Cheesy Breadsticks **28**
OR
Uncrustable & String Cheese
Served with Sorbet

Super Nachos **29**
OR
Deli Ham Sandwich
Served with Fresh Fixings, Refried Beans & Dinner Roll

Chicken Patty Sandwich **30**
OR
Sloppy Joe Sandwich
Served with Tator Tots

HALLOWEEN CHICKEN NUGGETS **31**
POTATO SMILES
SPOOKY COOKIE
***NO ALTERNATE**



October 2019

Buffalo-Hanover-Montrose Elementary Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
Did You Know? Columbus Day is celebrated the second Monday every October.	1 Whole Grain Long John OR Cereal	2 Mini Waffles OR Cereal	3 Breakfast Bar & Fruit Smoothie OR Cereal	4 Cinnamon Roll OR Cereal
7 Mini Pancakes OR Cereal	8 Cinni Mini OR Cereal	9 Mini Snack Bread with Yogurt OR Cereal	10 Whole Grain Bagel OR Cereal	11 Banana or Cinnamon Bread Slice OR Cereal
14 Toaster Pastry OR Cereal	15 Egg & Cheese Breakfast Sandwich OR Cereal	16 NO SCHOOL	17 NO SCHOOL	18 NO SCHOOL
21 Mini Pancake & Sausage Wraps OR Cereal	22 Whole Grain Long John OR Cereal	23 Mini Waffles OR Cereal	24 Breakfast Bar with Fruit Smoothie OR Cereal	25 Cinnamon Roll OR Cereal
28 Mini Pancakes OR Cereal	29 Breakfast Bar with Fruit Smoothie OR Cereal	30 Mini Waffles OR Cereal	31 Whole Grain Long John OR Cereal	

All meals are served with a choice of milk, string cheese and a variety of fresh fruits and vegetables.

Parents are always welcome to eat breakfast or lunch with their children. Please call the Nutrition Services Office to make a meal reservation.

Elementary
Breakfast: \$1.90

Kindergarten
Breakfast:
FREE

Non-Student
Breakfast: \$2.20

Single Milk: \$.50

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