

OCTOBER 2023

INSIDE THIS ISSUE:

Artistic Expressions	2
Music Notes	3
Fitness Focus	4
Attendance	4
Health Headlines	5
PTO Page	6
Hanover Pledge	6
Parent Handbook	6
Donations	7
Upcoming Events	7
Subs Needed	7
New Staff	8
Purposeful People	9
Annual Notification	11
Truancy	12
Parent Articles	14
Photo Gallery	15



Hanover Elementary School 274 LaBeaux Ave NE Hanover, MN 55341 Phone: 763-682-0800 Fax: 763-682-0868 bhmschools.org



Hanover Herald

2023-2024 SCHOOL YEAR, VOL.I



From the Principal's Desk...

What a great start to the school year we are having at Hanover Elementary! Students and staff are having fun, working hard, and you can see everyone beginning to settle into their routines. As

we start our year, I wanted to share our school's vision and mission with you:

HES Vision: Preparing all students for success in a global society. **HES Mission Statement:** We at Hanover Elementary School believe that all children can learn and succeed. We will provide children with a supportive, caring environment which fosters the development of a growth mindset, positive self-esteem, intrinsic motivation, and a sense of responsibility. We will create an atmosphere where all children can grow academically, socially, and physically to lay the foundation for college and career readiness. We will utilize teaching strategies that are designed to ensure that all children are making progress towards meeting the state standards. We will establish effective partnerships between home, school, and the community.

One of the ways we are looking to accomplish our goals is to recognize students for the great work they are doing. We do that through our monthly Recognition Programs. On Friday, October 6th, we will have our first Recognition Program where we will recognize many students for their hard work, kindness, and leadership in the Month of September as well as discuss a theme for the month of October.

This year, we will also have monthly themes where teachers will be able to incorporate lessons around these key ideas in the hopes that students can make deeper connections and continue to grow as good citizens. Teachers will be utilizing lessons from Character Strong: Purposeful People, which is a research-based social and emotional learning resource for students Pre-K-5. There are also great resources for families to use and I will include those in our newsletters, so you can help reinforce these concepts at home.

The theme for the month of September was RESPECT. Students learned different ways that we show respect for others, ourselves, our school, and our community. It was a great

theme to kick-off our year and showing respect is at the core of what we value at HES.



The theme for the month of October will be RESPONSIBILITY, so keep an eye ear out for your students talking about responsibility and thank you for anything you can do at home to encourage ways for them to be responsible young people.

(Continued on next page ——

More from the Principal's desk...

A few other reminders as the year is underway:

- 1. Be sure to let the office know as well as your child's teacher, if there is a change in your child's end of the day routine for getting home or if your child will be absent.
- 2. Students cannot ride a different bus home for playdates or parties. Parents need to coordinate this between themselves. However, if there is an emergency where they need to ride a different bus home or change a drop-off location, please contact the office.
- 3. Please be careful at parent drop-off and pick-up to only let students out and pick them up in the drop off zone near the curb. If you need to walk your student to the door #2 or get out of your vehicle to pick them up at door #2, we ask that you pull into a parking spot in order to keep the line moving. Also, please yield to our school buses so they can get in and out of the bus loop in the morning and afternoon as this helps keep their routes on time.
- 4. Please review our Student/Parent Handbook at: http://hanover.bhmschools.org. If you need a hard copy, please contact our office.

I continue to be amazed at the support we receive at Hanover Elementary and I thank you for your engagement and partnership.

~ Brad Koltes, Principal ~

Artistic Expressions

Hello from the art room! My name is Mrs. Rausch and I'm the new art teacher at Hanover Elementary. This is my 14th year teaching and I'm excited to call Hanover my new home. I have loved getting to know your student(s) so far and I'm excited for all of our art adventures to come in the 2023-2024 school year.





Most students are eager to use their sketchbooks, as am I! One of our first projects has been designing a name tag for the front of our sketchbooks. Everyone's name tag turns out different and unique, it has been a great way for me to get to know the artists at Hanover.

Each class has also been busy creating self portraits that will hang in the art room this school year. Every class has a class color, so we end up with an awesome collection of

portraits in rainbow order. Some classes are still finishing up their self portraits, I can't wait to see our big mural finished. Feel free to stop in and see it! Both of our first big art projects are ones that are staying in the art room, so if you haven't seen much artwork come home yet that is why.



We are off to an amazing school year in the art room, I'm looking forward to what else is in store for us!



Mrs. Rausch
Art Integration
763-682-0867
krausch@bhmschools.org



Music Notes



5th graders have been reviewing musical rhythms and musical symbols. In October fifth graders will continue working on their Instruments of the Orchestra and Band unit. We will be studying about each instrument and taking a listening assessment to prepare for next year's music choices in sixth grade. Students have been playing on the bucket drums and will writing their own songs as well as creating songs on the computer.

4th graders have been reviewing reading note names on the staff and we have been busy working on rhythm values review. We have already begun practicing for our holiday program, "The Great Big Holiday Bake Off". All fourth graders will perform for family and friends on Thursday, November 16th, at 6:30pm in our lunchroom gymnasium.



3rd graders have been reviewing rhythm by clapping and saying different rhythms that are one sound to a beat and two sounds to a beat. We have also been learning about the note names on the treble staff and finding the melodic direction as well as form in music. We will be working in small groups to practice writing notes on the staff. Students have been playing on the bucket drums and writing their own songs as well as creating songs on the computer.

2nd graders have been focusing on listening for and performing steady beat, and reviewing the four ways to use the voice. We have been listening for higher and lower pitches, and singing so, mi and la. In October, 2nd graders will continue work with quarter notes, two eighths and quarter rests. We will also talk about higher, middle and lower pitches (la, so, mi, do).

1st graders have worked hard on finding the steady beat in music by patting, clapping, showing body echoes, and playing percussion instruments. We have been practicing creating rhythms using popsicle sticks and shapes. We have also learned many songs in our music curriculum called, Quaver. In October we will study longer and shorter rhythmic sounds, high and low pitch, and tone color.

Kindergarteners have been working on our music room rituals and learning many songs! We have worked on finding the steady beat in music by patting, clapping, and playing percussion instruments. We have also learned the four ways to use the voice (singing, speaking, whispering and calling). We have been learning how to create rhythms with popsicle sticks and shapes! In October we will study high and low sound and continue our practice with percussion instruments.

Mrs. Bolton, (763)682-0855, mbolton@bhmschools.org https://sites.google.com/a/bhmschools.org/dotzler



Fitness Focus

The month of September has gone well and quickly! We started out the year with establishing class routines, expectations and "get to know each other" activities. We quickly transitioned to soccer/kicking skills for grades 3-5. We will be starting a collaborative games unit next. Our focus will be on working together to achieve results for our group. Each game has different skills and goals that we wish to achieve and put our focus on.





For kindergarten, we have started out talking about what physical education is and answering these questions: How do we move and play together safely? Why is it important to follow directions immediately? Are we having fun? We then began with different spatial activities. We will soon focus on having awareness of others as well Physical Education as foot skills/kicking activities.

In grades 1 and 2 we have focused on new school year routines, collaboration with one another, chasing, fleeing, dodging and spatial awareness skills. Spatial awareness is when we move around in space safely with one another. It is important to focus on this skill with all students but especially develop this with younger students because it is a foundational skill that needs to be mastered in order to be safe during all activities in PE class.



Two areas of focus for all students throughout the entire school year will be personal responsibility and treating each other with respect and kindness. Looking ahead to October, we will be working on foot skills in both grades.

This year I have implemented Mindful Minute into physical education. This is something that



I used to do at Tatanka Elementary. Mindful Minute is always at the end of class and is about 1 minute and 20 seconds long. The students lay down at their squad spot and they listen to some calming classical music that also teaches them to focus on their breathing. We are still working through the routine of Mindful Minute but as we become more used to it this should help us with our lining up and transitioning out of the gym and back into the classroom.

Mindful Minute helps students calm their minds and bodies and gets them ready for learning. I am thankful to be at Hanover Elementary School and am looking forward to a great school year! Please remind your child to always have tennis shoes for class.

> Actively yours, Mr. Turner 763-682-0865/joeturner@bhmschools.org

- If your child will be absent, please call the attendance line at 763-682-0822. Leave a message with why you're child is absent and if ill, what their Attendance symptoms are. Another option is to send an email to our attendance address at hesattendance@bhmschools.org with the information.
- Any correspondence about attendance to your child's teacher sickness, vacation, coming in late, leaving early, end of day plans, etc. - should also be copied to the attendance email hesattendance@bhmschools.org so the office knows the plans or where a child is going if there are any questions.
- If there are **any** changes to your child's end of day transportation, please call the office at 763-682-0800 by 1:00 pm. We will make sure your child and their teacher know where they are to go. If you email the teacher, be aware they may not get the message because they do not always check their messages in the afternoon, so also copy hesattendance@bhmschools.org

Health Headlines

Welcome to a new school year! A few updates and reminders from the health office.

Health Updates: If your student has any of the following diagnoses - Diabetes, Asthma, Allergies or Seizures - please be sure to bring in an updated order set/action plan (signed by both parent and healthcare provider) along with any emergency medications (if you haven't done so already).

BHM Illness and Injuries Guideline for school attendance can be found here. Please



remember to call the attendance line for every day your **itendance** student is going to be absent. This helps us make sure your Matters student's absence is coded correctly, but more importantly, it Every student. Every day. helps us assure your student is safe and accounted for. Students are welcome to return to school 24 hours after their last

symptom (fever, vomiting, diarrhea), with no fever reducing medications. If a student tests positive for COVID, it is recommended that the student stay home for 5 days from the start of symptoms. If a fever or other symptoms cause the student to stay home, it is required that the student be fever-free for 24 hours without feverreducing medication and have improved symptoms before returning to school.

As always, thank you for encouraging your student to wash their hands (preferably with soap and water), cover their cough, eat well and get plenty of rest in order to stay as health as possible as we move into this new school year.

Medications: If you are sending any medication to the health office please remember that it must be in its original container. We cannot accept any medications in a baggie or envelope. All prescription medications need to come in a labeled pharmacy contain-



make a er. When you get the prescription filled, just request the pharmacy make a Medical Co second bottle for school. They are happy to do that. The health care provider and parent signature must accompany all prescribed medications.

Over the counter medications require parent signature only unless you are requesting a dosage outside of the package directions. A health care provider will then need to sign in that situation.





Medical notes: When your student is seen in clinic and there may be restrictions for school, please obtain a written note from the provider at the time of the visit. Many clinics no longer fax to the schools, so it is important for you to provide that information in order for us to provide ongoing accom-

modations. Students may be allowed to sit out of physical education for one class without medical verification. In that case, they will also remain indoors for recess on that day.

~~ Heidi Gallart, RN, LSN ~~



PTO Page





Together we move mountains!

HES PTO will be holding our annual fundraiser Monday, October 9 - Friday, October 13. As our community continues to grow, we want to carry on the tradition of Hanover Elementary being a strong start for each child's education journey. Every dollar given to the fundraiser is used to support your child and to bring them additional educational opportunities, known as The Hanover Experience. The PTO-sponsored programs, materials, and activities throughout the year help create this experience. This would not be possible without this fundraiser.

Please watch your students' take home items for the fundraiser packet.

The best ideas come when we work together. We would love to have you at our next HES PTO meeting, November 6, 2023 at 6:00 P.M. in the staff lounge.



The Hanover Pledge

As a Hanover Elementary School student,
I promise to respect all people and property,
to be responsible and do my best at all times,
to recognize the rights of others,
the differences between right and wrong,
and the achievement of a job well done.
When I do this,
I will be a good citizen of my school,
my community and my country.





If you would like to review our parent/ student handbook, it is available online at https://www.bhmschools.org/hanover. It is an excellent resource to see what our policies and procedures are.





From HES PTO:

Raz Kids \$2,048.00 Scholastic subscription \$395.34 4th grade musical \$350.46 Hanover Harvest Festival Parade \$902.46

Thank you for your generous support!



6: Dress up day - Minnesota Twins

6: Early release, 12:25 pm

9: Indigenous Peoples Day

9-13: Fundraiser collection

12: 1st grade field trip to MN Children's Museum

12 & 16: Conferences

13: Fire Safety Programs

16: 2nd Grade Field Trip to Nelson's Farm

18: Teacher Workshop, No school

19-20: Fall Break, No school

23: School Picture Retakes

24: Hearing & Vision Screening

31: Halloween



Interested in being a substitute teacher or ESP? The district is looking to hire substitute teachers and ESPs (health office, special ed or instructional/supervision) for the school year. If you are interested, go to the BHM

Website to see the qualification requirements and to fill out an application. Feel free to contact the HES office at 763-682-0800 if you have any questions.

New Staff at HES

••••••

We welcomed 10 new staff members to HES this fall!



Mrs. Robeck First Grade



Mrs. Anderson Third Grade



Mrs. Turner Fourth Grade



Mrs. Rausch Art



Mr. Tibbetts Psychologist



Mrs. Mischke Secretary



Mrs. Fadden ESP



Ms. Gutknecht



Mrs. Malmquist ESP



Mrs. Williams ESP





Respect Overview

This month's focus is Respect.
One way to think about Respect is "seeing value in all people and things & treating them with care."
Many people feel Respected in different ways. We hope this month inspires discussions with your family about what Respect means to you and how you can practice it together!

Respect is 1 of 3 traits we will focus on throughout the year that helps students **Be Kind**. Across grade levels, students will be developing skills like perspective-taking, conflict resolution, and leadership.

Conversation Starters



- Can you share or show what Respect means?
- What is 1 way you have practiced Respect lately?

PurposeFull Pursuits

Have some fun connecting as a family this month while practicing Respect. Here are 2 "PurposeFull Pursuits" you can complete together!

#1

A fun way to remind students to show Respect to others is to create a non-verbal cue. As a family, come up with a non-verbal way to cue your student to remember to show Respect to others. An example of this would be anytime you raise the "Respect Rooster" on your hand by closing the middle 2 fingers and bringing your pointer finger and pinky finger up, your student would be reminded to practice living out Respect.



#2

Review Respect as a family! In our lessons we are teaching that Respect means to see value in people and things and treat them with care.

Agree as a family to set aside a certain time each day this week to unplug from devices and plug into family time. It shows Respect to practice being present in the moment without the distractions that can come from technology. Debrief and discuss this challenge afterward. Consider to embracing this practice at least 1 day each week!





Responsibility Overview

This month we are talking about Responsibility. One way to define Responsibility is "taking action and understanding the impact of our choices." Taking action can mean doing the right thing or completing the tasks you have been assigned. Understanding the impact of our choices means that our actions matter. Positive and responsible actions can help people and irresponsible actions can hurt others.

Responsibility is 1 of 3 traits we will focus on throughout the year that helps students **Be Strong**.

Across grade levels students will be developing skills like focusing, organizing, and goal-setting.

Conversation Starters



- Can you share or show what it means to be Responsible?
- How can we help each other practice being more Responsible?

PurposeFull Pursuits

Have some fun connecting as a family this month while practicing Responsibility. Here are 2 "PurposeFull Pursuits" you can complete together!

#1

As a family, think of ways in which you might make someone's life a little easier by helping a neighbor or family friend with 1 of their Responsibilities. Could you bring the garbage to the chute or out to the curb? Could you carry things in from the grocery store? Could you invite someone over for a meal or a show?



#2

Review Responsibility as a family! Responsibility is taking action and understanding the impact of our choices.

Choose 1 household chore (or more!) that requires multiple steps. Then have each member of the family select 1 step to complete to help get the job done! Maybe it's washing the dishes, doing laundry, cleaning the living room, or unloading the groceries – whatever it is, see who can be the quickest or most effective at their task!



Annual Notifications from Buildings and Grounds

2023-2024 School Year

• Asbestos: Annual Notification of Availability of the Management Plan and Related Activities

The Management Plan is available for viewing by interested parties, Monday through Friday, 8:00 a.m. to 3:00 p.m. in the Principal's Office at each school site. Copies of the management plan are available from the District for nominal cost. The Asbestos Emergency Response Act (AHERA) requires that each school district notify parents, guardians, and staff annually regarding asbestos-related activities. All of the Buffalo-Hanover-Montrose School District buildings have been inspected for asbestos-containing materials according to AHERA protocol, using accredited inspectors.

As required by Federal law, the condition of asbestos in our school is surveyed every six months as part of an ongoing operations and maintenance program. The most recent survey was completed in May 2023. A comprehensive inspection is conducted every three years. The latest three-year inspection was completed in December 2020. Concerns identified from these inspections are remedied by professional asbestos abatement contractors in a timely manner. The remaining asbestos in the district buildings will remain unless its condition deteriorates, or it becomes necessary due to renovation. ISD 877 has on file a complete and updated management plan dealing with asbestos containing building material (ACBM) within the School District's Buildings. The management plan is available for viewing by interested parties, Monday through Friday, 8:00 a.m. to 3:00 p.m. in the Principal's office at each school site. If you have any questions or concerns, please address them to the District "Designated Person" for asbestos management, Tim Helppi, Director of Buildings and Grounds, at 763.682.8773.

• Janet B. Johnson, Parents Right-To-Know Act, August 2003

A Minnesota state law went into effect in the year 2000 that requires schools to inform school employees and parents if they apply pesticides on school property.

Specifically, this law requires schools that apply these pesticides to maintain an estimated schedule of pesticide applications and to make the schedule available to employees and parents for review or copy at each school's office. If you would like to be notified prior to pesticide applications made on days other than those specified in the estimated schedule (excluding emergency applications), please contact Tim Helppi at 763.682.8773.

The long-term health effects on children from the application of such pesticides or the class of chemicals to which they belong may not be fully understood.

ISD 877 is continuing to work closely with its health and safety resources to comply with integrated pest management guidelines. If you have any questions or concerns, please address them to Tim Helppi, Director of Buildings and Grounds.

• Indoor Air Quality Management Plan

As an additional requirement by the Department of Education, ISD 877 has developed and implemented an Indoor Air Quality Management Plan that addresses indoor air quality issues throughout the District. Walkthroughs and inspections of the buildings are performed annually to detect current problems and prevent future problems from occurring. Information is also available from the Minnesota Department of Health at http://www.health.state.mn.us/divs/eh/indoorair/schools/index.html. If you have any questions or concerns regarding indoor air quality, please contact the District's IAQ Coordinator, Tim Helppi.

HANOVER HERALD



Wright County Attorney

Brian A. Lutes

Justice Center 3700 Braddock Ave. NE Suite 2100 Buffalo, MN 55313

Ph: (763) 682-7340 Fax: (763) 682-7700

www.co.wright.mn.us

July 14, 2023

Dear Parents:

As we approach a new school year, I am once again asking everyone (parents, guardians, schools, teachers, social workers) for their support and assistance in reducing truancy. The last few years with COVID-19, distance learning and transitions back to in-person education have presented many challenges for our school districts, families, and students causing escalated truancy rates. Prior to the problems associated with COVID-19, we have all made a concerted effort, over the last several years, to reduce truancy and were making progress. Your support and assistance in reducing the truancy rate was greatly appreciated. It was truly a team effort. As we return to a normal learning model, let's continue working together to get our children in school and reduce truancy.

I believe all children deserve a solid education to prepare them for the challenges of today's world. Likewise, I firmly believe parents want their children to receive the best possible education. Unfortunately, truancy deprives many children of their chance to obtain an education. If this letter does not pertain to you, I apologize. However, from my perspective the issue of truancy is important enough that I wanted to share with you some of my thoughts and concerns.

As the Wright County Attorney, I have supported open communication with our schools and have given many talks to various schools regarding the criminal justice system, the opportunities our great country offers, what it takes to be a good citizen, and the need for an education. I also believe that to the best of our collective ability our children need to get an education without fearing drugs or violence. That is why I choose to sit on a number of Safe School Committees throughout the County. One of the issues raised in those committees is truancy. I have made the truancy issue a priority within my office. Ten years ago, my office participated in creating a truancy program by collaborating with schools, Social Services, Court Services, and the Courts to assist families facing truancy issues. The goal of the truancy program is to help families facilitate successful completion of their child's education. The program has been a success. Over ³/₄ of all families referred to the program in the last several years, excluding the difficult last couple of years, have been able to correct the truancy problem before Court involvement.

In the State of Minnesota, all children should attend school until the age of 18 and **must** attend school until the age of 17. *Minn. Stat.* §120A.22, Subd. 8. **Continuing Truant** ...means a child who is under 17 years who is absent from attendance at school without lawful excuse for three days if the child is in elementary school or for three or more class periods on three days if the child is in middle school, junior high or high school. *Minn. Stat.* §260A.02, Subd. 3. **Habitual truant** ...means a child under the age of 17 years who is absent from attendance at school without lawful excuse for seven school days if the child is in elementary school or for one or more class periods on seven school days if the child is in middle school, junior high or high school and who has not lawfully withdrawn from school. *Minn. Stat.* §260C.007, Subd. 19. Children who are truant can end up before a judge on a CHIPS (Children in Need of Protection or Services) Petition. It is the hope that through the truancy program, families who have a concern over truancy can be provided help to address the problem before a petition is filed.

There are many reasons why a child does not attend school: illness, family emergency, mental health issues, funeral, religious holiday, bullying at school, parent forgot to wake their child, parent did not know school schedule, child missed the bus and there was no back-up plan for

transportation, child overslept, lack of awareness of the importance of an education, child didn't feel like going to school, child was sleepy, child thinks school is boring, and the parents did not understand their child's school attendance policy. Some of the above reasons are considered lawful excuses but many of the above are considered unlawful excuses.

The following are some tips for improving school attendance:

- Make your child's education a family priority.
- Tell your child how important his or her education is to them and you.
- Insist that your child attend school and do homework.
- Understand your child's school attendance policy.
- Make sure your child obeys curfew laws and gets plenty of sleep at night.
- Buy your child an alarm clock.

Brian a. Lute

- Praise your child's effort.
- If possible, help with his or her homework.
- Do not enable your child by calling the school to cover illegal absences.
- If your child does not want to attend school, find out why. Talk to your child and listen for an
 answer. If there is a problem, try to solve it together.
- If your child refuses to go to school, do not be afraid to ask for help. Talk to school staff to find out if your child has a problem and what resources are available to you.
- Advocate for your child in the school system.

Regular school attendance is one of the most reliable predictors of academic achievement. Research shows that children who do not attend school do not learn at the same rate as children who do attend school. Also, in law enforcement circles, truancy is widely regarded as a gateway to crime. Research confirms that missing school is a key factor in predicting future delinquency and criminal behavior. Keeping children in school does not only promote educational success but is also a key crime prevention strategy.

Let us work together to reduce the truancy rate in Wright County. We owe it to our children. I ask for your help. I ask for your support. I thank you for your time and effort.

It is my sincere wish that our children's 2023-2024 school year is safe, productive and enjoyable. Have a great year!

Brian A. Lutes County Attorney

Regular exercise boosts your child's health and academics

Physical fitness provides many benefits for kids. Studies show that regular physical activity is linked to higher self-esteem and attentiveness in classes. It also lowers the chance of health problems such as type 2 diabetes.

To increase your child's activity level:

- Add movement to screen time. Encourage your child to take breaks that involve activity when watching TV or playing video games.
- · Plan family outings. Pick activities your family enjoys and create some new healthy traditions. You might go for a short walk before dinner every night, or take a hike every Sunday afternoon.
- Play active games. Encourage your child play games that involve movement, such as tag, soccer and jumping rope. Indoors, try games such as Simon Says and Red Light, Green Light.
- Be creative. During chore time, play music or race to finish a job. While doing errands, park a few blocks away from a store and walk. Or, make a quick stop at a playground on the way home.
- Set an example. Kids who see their family members staying fit (stretching, walking with a friend, etc.), are more likely to be active themselves.

Reprinted with permission from the October 2023 issue of Parents make the difference![®] (Elementary School Edition) newsletter. Copyright © 2023 The Parent Institute®, a division of PaperClip Media, Inc. **Source:** A. McPherson and others, "Physical activity, cognition and academic performance: an analysis of mediating and confounding relationships in primary school children," BMC Public Health, BioMed Central.



Reinforce learning by having your child teach you something

Students are more motivated to learn when they feel capable, connected and in control. Having your child teach you things nurtures these feelings.

When children try to explain what they are doing, it can help them understand assignments better. It also reinforces what they know and reveals gaps in comprehension.

Try these strategies:

- · Show an interest in what your child is learning in school. Ask your student to show you an assignment, teach you a concept or read a chapter from a textbook aloud.
- · Ask your child to help you solve a problem or create something. What should you do first, second, next?
- Let your child quiz you about topics the class is studying. Take turns asking each other to define vocabulary words and recall math or science facts.
- · Ask your child to teach you how to play a game. Then play it together.
- · Ask for your child's opinion about something and consider it before making your own decision.

Reprinted with permission from the October 2023 issue of Parents make the difference! (Elementary School Edition) newsletter. Copyright © 2023 The Parent Institute, a division of PaperClip Media, Inc.

Help your child bounce back and learn from mistakes

Mistakes are a part of life. It probably won't be long before your child makes one on a school assignment or test—and that's OK. What matters is how children and families respond to those mistakes.

Instead of criticizing or ignoring errors, help your child learn from them. Research shows that when students are encouraged to learn from their errors, they do better in school.

By fixing mistakes, children learn they can improve—that "smarts" aren't something they either have or they don't. Intelligence can be increased. And when students understand their errors and don't repeat them, they become more optimistic about their own ability to learn.

When reviewing schoolwork, first point out what your child did well. Then, to help your student learn from mistakes:

- Talk about them. Rather than saying, "Don't worry—you'll do better on the next test," ask if your child understands why the answers were wrong. If so, your child should correct them. If not, offer suggestions or encourage your child to ask the teacher for help.
- Praise progress. Did your child miss only two problems on the latest test? After reviewing mistakes, talk about how your student is improving. Paying attention to past mistakes—and correcting them—likely made a difference.

Reprinted with permission from the October 2023 issue of Parents make the difference!® (Elementary School Edition) newsletter. Copyright © 2023 The Parent Institute®, a division of PaperClip Media, Inc. Source: H.S. Schroder and others, "Neural evidence for enhanced attention to mistakes among school-aged children with a growth mindset," Developmental Cognitive Neuroscience, Elsevier B.V.





Hanover School Forest





































HANOVER HERALD