



Hanover Herald

2023 - 2024 SCHOOL YEAR, VOL. 2



From the Principal's Desk...

**NOVEMBER
2023**

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The month of October was a great one here at Hanover Elementary School. The theme for the month of October was Responsibility. Students learned what it means to be responsible and made connections throughout the month on the many different ways they can show responsibility at school and home. Hopefully as a family you were able to have some great conversations about what it means to be responsible.



The theme for the month of November is: Gratitude. Gratitude is choosing to appreciate the people and things in our lives. It can be easy at times to **GRATITUDE** think about what we don't have, but taking time to be thankful for what we do have and who we have in our lives can make all the difference. I included some family talking points on Gratitude from our Character Strong: Purposeful People resource. Hopefully as a family you can find some time during the month of November to talk about Gratitude.

As I mentioned earlier in the year, we are constantly working on ensuring that our students are college and career ready when they leave BHM schools. One way we will bring attention to that this year is to let students wear their favorite college and career wear on our Early Release days the first Friday of each month. Teachers will continue to find ways at school for students to make connections to the work they are doing as elementary students in preparing them for their future education and careers, but there might be some opportunities for you to help in this work.



Your child's teacher may be reaching out to you to see if there are ways you can share your college and career experiences with students in meaningful ways. It could be coming in to speak to a class or just having conversations at home with your child about how school prepared you for your career. If you have ideas of ways you can help support, please don't hesitate to reach out to your child's teacher.

At HES, we are also trying to grow our college pennant collection in our media center, so if you have any college pennants you are willing to donate to HES, please feel free to drop them off in the main office and we can add them to our collection.



Lastly, with the weather changing and winter on its way, I wanted to be sure to give you some reminders. Our district uses an automated notification system to call, text, and email all families for school closings, late starts and early releases. If our schools don't close and you feel the conditions warrant you keeping your child(ren) home, it will be an excused absence. You need to remember that our school district covers a very large area and that weather conditions can be quite different depending upon where you are.



Continued →

From the Principal's Desk... (con't)

Be sure your child knows what to do if we close early. In the event we would close early we would typically send students home around 12:30 pm. One of our biggest concerns would be dropping a child off at a locked, empty house. Be sure they know what to do and where they are supposed to go if this would ever happen. Also, be sure that our HES office and your child's classroom teacher knows end of the day plans in the event of an early release.

Also, please help to ensure your child dresses appropriately for the cold and snow. Students will go outside for recess unless the temperature or wind chill is below -5 degrees. When this is the case, outside recess may be shortened or students may spend it in their classrooms. All students should have hats and gloves or mittens. Boots and snow pants are needed to play in the snow covered areas and are encouraged for students in grades 3-5 and are required for grades K-2. If your child needs to stay in because of a medical condition, please send a note to their teacher.

Thank you again for your continued support and teamwork!

~ Brad Koltes, Principal ~

Fitness Focus

This October in grades 4-5 we focused on collaboration activities with one another. In 3rd grade we focused on skill work in stations. In grades K-2 we focused on collaboration with one another, underhand and overhand throwing, and kicking skills. Two areas we will continue to focus with all students throughout the entire school year will be personal responsibility and treating each other with respect and kindness.

Looking ahead to November, we will be working on cup stacking activities, skill work in stations, and the start of Table Ball. In Table Ball we are focused on the skill of striking without implements. Also, in Table Ball we are focused on working together! We will talk about good sportsmanship and its importance during every PE class.



On November 7th, 8th and 9th we will be having the bounce house in PE. The students earned the bounce house by being amazing fundraisers! Thank you to all who contributed! During those PE days we will be doing stations and rotating through the bounce house. It will be a great time for all! In Grades K-2 we will continue to focus on spatial awareness, chasing, fleeing and dodging. We are also going to do some cup stacking activities. We will continue to talk about being a great sport in everything we do. I'm thankful for a great October and looking forward to an excellent November in PE.

One thing I wish to remind you about is to help your child remember to bring gym shoes to PE. As the weather turns colder and both fashion and snow boots become the norm, it's easy to forget our tennis shoes for PE. If able, it's helpful to keep an extra pair of shoes in your child's locker for class. Thank you!



Actively,

Mr. Turner
763-682-0865
joeturner@bhmschools.org

Musical Notes

November Music Activities will include a lot of performance rehearsal (especially for 3rd, 4th and 5th graders!) and some instrument playing, too!

5th graders are working on learning about many composers as well as the instruments of the band and orchestra. In late November, fifth graders will take a listening assessment in music class to prepare them for their music choices next year at the middle school. We will also be learning about the songs from each military branch in observance of Veteran's Day.

4th graders are working very hard on their musical, "The Great Big Holiday Bake Off" We will present this musical on Thursday, November 16th to students and staff in the afternoon and to parents, relatives and friends at 6:30 p.m. in our Hanover cafeteria. Fourth graders are excited to perform soon!

3rd graders are working on many djembe drums and creating electronic songs on the computer. We will be learning the notes on the musical staff and incorporating that with boomwhackers. This month will also include some Thanksgiving musical activities.

Kindergartners, 1st and 2nd graders have been learning about rhythm (one and two sounds to a beat and quarter rests and singing (the four ways to use our voice). Next month they will learn the spaces and lines of the musical staff and play the boomwhackers and xylophones. In November, they will also participate in some Thanksgiving activities.



Mrs. Bolton
763-682-0855
mbolton@bhmschools.org

amazonsmile
You shop. Amazon gives.

If you use Amazon to shop for the holiday season or for every day, use this link: smile.amazon.com/ch/41-1355288 and Amazon will support our school with every dollar you spend!

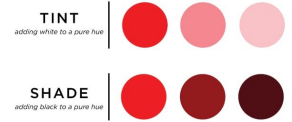


Interested in being a substitute teacher or ESP? The district is looking to hire substitute teachers (all grade levels) and ESPs (health office, special ed or instructional/supervision) for the school year. If you are interested, go to the BHM Website to see the qualification requirements and to fill out an application. Feel free to contact the HES office at 763-682-0800 if you have any questions.

Artistic Expressions

Greetings from the art room! Here are a few of the highlights of things we have been working on and learning about.

5th graders are learning about tints and shades. We are becoming pros at using white and black to make many shades and tints of various colors. We have our final paintings already in the works. Be sure to look out for those once they are finished.



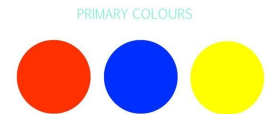
4th grade students are finishing up our unit on symmetry. We use our name, written in cursive, to create a "name alien." Some classes have already finished, and we are starting to work on a special project involving portraits for the month of November.

2nd graders just finished making their fall trees. Most classes have theirs on display in the hallways at HES. Coming up next, we will focus on the 5 types of line and use them to draw various objects. Also up soon will be learning about collage.



1st graders are reading "Why Is Blue Dog Blue?" This is one of my favorite units to do with first graders. We read the book "Why is Blue Dog Blue" and will learn about the artist behind blue dog, George Rodrigue.

Kindergarten artists are just finishing up learning about Piet Mondrian, an artist who helps us remember the primary colors. We are moving on to our big unit on texture, which is another one of my favorites. Last month we also read "Go Away, Big Green Monster" by Ed Emberly which inspired some monster art for October.



Mrs. Rausch - Art Integration
763-682-0867/krausch@bhmschools.org



- If your child will be absent, please call the attendance line at 763-682-0822. Leave a message with why your child is absent and if ill, what their symptoms are. Another option is to send an email to our attendance address at hesattendance@bhmschools.org with the information.

- Any correspondence about attendance to your child's teacher - sickness, vacation, coming in late, leaving early, end of day plans, etc. - should also be copied to the attendance email hesattendance@bhmschools.org so the office knows the plans or where a child is going if there are any questions.
- If there are **any** changes to your child's end of day transportation, please call the office at 763-682-0800 **by 1:00 pm**. We will make sure your child and their teacher know where they are to go. If you email the teacher, be aware they may not get the message because they do not always check their messages in the afternoon, so also copy hesattendance@bhmschools.org

PTO PAGE

Our fundraiser was a huge success!!! We raised just over \$38,000!

The weeklong bounce house celebration will be November 6th- November 9th during P.E. class.

HES Families are the best!

THANK YOU for being so generous!



*Help less fortunate children in our community
experience the joy of the holidays by donating to*



The Giving Tree

From Monday, November 20th – Thursday, November 30th the PTO and HES 3rd graders will be collecting donations of toys, clothing and non-perishable food items to help families in need that live in the local area.

While toys are always appreciated, please consider giving the gift of warmth! More than ever, requests from families are for winter coats, snow pants, boots, socks and under garments.

Please consider giving any of the following suggestions:

- ◆ new unwrapped toys, newborn to 18 years old
- ◆ new winter coats, snow pants, boot, mittens, hats, and gloves
- ◆ new clothes, newborn to 18 years old, especially socks and under garments
- ◆ non-perishable food items
- ◆ cash donations

The Hanover Elementary School families have always been very supportive of our community. Thank you for all of your generosity and for spreading the joy of giving this holiday season!

Collection boxes will be by the "Giving Tree" in the HES front hallway. Cash donations should be given to the office. Third graders will be sorting, packing, and recording all donations to be delivered to St. Paul's Lutheran Church in Hanover. These will be used for holiday gift shopping for parents in need that live in the area. Non-perishable food items will be given to the Hanover Area Food Shelf.

3rd Grade Parent? Consider helping out your student in the collection and sorting of donations. Sign-up link will be coming via email soon.

Thank you for your time and donations!

Our next meeting is on Monday, November 6th, 2023 at 6 p.m. in the staff lounge at HES.

Health Headlines

2022-2023 Flu Season Update

The Centers for Disease Control and Prevention (CDC) has indicated the flu season is just getting started (typically runs October-May; peaking between December and February). Per the CDC, it's not too late to get vaccinated. Flu vaccination is always the best way to prevent flu and its potentially serious complications. If you and your children have not had a current vaccination for influenza, you may want to contact your healthcare provider to determine if your family should receive a flu shot. It is not too late!!

Tips for Staying Healthy, Happy and Safe as we approach the holidays

Give the gift of being healthy this holiday season with a few simple tips to keep you, your family and your friends, healthy this time of year and all year round!

- **Wash your hands.** Washing your hands often will help limit the spread of germs that can make you and others sick. Wash your hands with soap and running water for at least 20 seconds.
- **Eat healthy and get plenty of exercise!** Enjoy the holidays the healthy way with balance and moderation. Skip the tempting sweets and heavy side dishes by mixing in fresh fruits and seasonal vegetables. With the kids off of school, be active as a family every day.
- **Bundle up!** Stay warm and dry by wearing appropriate clothing for being outdoors. Dress in layers of light, warm clothing and remember to wear hats, scarves, mittens and warm boots!
- **Handle and prepare food safely.** Follow these four simple steps to decrease your chance of getting sick from holiday eats. Wash your hands and food preparation surfaces often, avoid cross contamination between raw and cooked foods, cook foods, especially meats, to proper internal temperatures and refrigerate leftovers promptly.
- **Stress management!** Amongst all of the hustle and bustle, remember to take time for yourself. Take a moment to do some deep breathing exercises or meditation. Get plenty of sleep and don't over-commit yourself to prevent anxiety and pressure.

For more ideas to keep the whole family healthy, happy and safe during this holiday season, visit healthpoweredkids.org.



Mark your
calendar

Upcoming Events

November 3	College & career dress up day
November 3	Early release, 12:25 pm
November 5	Daylight Saving Time ends
November 6	PTO meeting, 6 pm
November 7	Election Day
November 10	No school, teacher workshop
November 11	Veterans Day
November 16	4th Grade musical, 6:30 pm
November 22-24	No school, Thanksgiving break

Donations



From the Hanover Athletic Association:
\$3,797.90 for Phy Ed equipment



Support your child's reading progress with six strategies

You're proud of your child for learning to read. But remember that reading skills must be developed and maintained. The older your child gets, the more important reading skills become for learning.

To foster reading progress:

1. Make connections. Have your child read about historical events that happened near your home. If your child is passionate about something, find books related to the topic.
2. Build excitement. Make reading irresistible. Let your child stay up 15 minutes later to read in bed. Or, have your child build a fort and read by flashlight.
3. Role-play. Turn favorite books into family plays or movies. Add props and costumes.
4. Suggest your child start a book club with friends. They can meet in person or online and have book-related discussions and activities.
5. Set a timer. If your child resists reading, say, "Read to me for three minutes. When the timer beeps, you can stop." Add a minute every few days.
6. Read aloud. Try reading more advanced books. When parents read to them, kids enjoy more challenging words and stories.

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Retelling can improve your child's reading comprehension

You've just finished reading a story with your child. One of the best ways to check for understanding is to ask your child to retell the story.

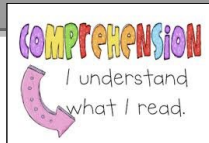
Retelling a story requires your child to think about the details and decide what's really important.

Give your child these three rules for retelling a story:

1. Tell what's important.
2. Tell it in a way that makes sense.
3. Don't tell too much.

Your child should be able to tell you what happens at the beginning, the middle and the end of the story. If your child doesn't remember certain details, go back and look at that part of the story again. Revisiting parts of the story demonstrates that sometimes it's necessary to read things more than once to gain a thorough understanding.

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Working well with others is a vital skill for school and life

There's a lot to be said for encouraging children to show leadership. But, let's face it—some kids are just plain bossy. They won't take turns. They won't share. They won't listen to what anyone says.

In school and life, your child will be expected to work with others. So, whether there is a group project in social studies or a student council meeting, your child needs to know how to cooperate.

To reinforce this skill:

- Allow family members to take turns making decisions for everyone—from which movie to watch this weekend to what to have for dinner.
- Establish basic house rules. For example, if one child chooses the game, the other gets the first turn.
- Teach fair ways to make decisions. Have your children play “rock, paper, scissors” to see who gets on the computer first. Flip a coin to decide who takes the first bath.
- Talk about the importance of being open-minded and respectful of other people's ideas, opinions and perspectives.
- Offer praise when your child thinks of others. “That was nice of you to let your brother pick the cookie he wanted first.”

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GRATITUDE

Family Newsletter

PurposeFULL
People

Gratitude Overview

We are looking forward to focusing on Gratitude this month! One way to think about Gratitude is "choosing to appreciate the people and things in our lives." Practicing Gratitude can increase our well-being and even our happiness!

Gratitude is 1 of 3 traits we will focus on throughout the year that helps students **Be Well**. Across grade levels, students will be developing skills like emotion regulation, positive self-talk, and stress-management.

Conversation Starters



- Can you share or show what it means to practice Gratitude?
- What is something you are Grateful for every day?

PurposeFull Pursuits

Have some fun connecting as a family this month while practicing Gratitude. Here are 2 "PurposeFull Pursuits" you can complete together!

#1

What are some small, specific things that you are Grateful for? Maybe it is your favorite water cup, the way the cat sleeps on the chair, or when your grandma bakes banana bread. Spend some time as a family trying to think of at least 10 small things that you have Gratitude for and then choose to notice them this week with a smile.



#2

Review Gratitude as a family! Remember that Gratitude is choosing to appreciate the people and things in our lives.

Find a place in your home to display a glass jar. Cut up small slips of paper and place them next to the jar. Use the jar to collect special people, places, events, and memories that your family is thankful for. Find a time each week to add slips of Gratitude to the jar and assist students in writing or drawing gratitude as needed. Having a gloomy day or a challenging time as a family? Pull out the slips of Gratitude and read them aloud together as a reminder of your Grateful moments.

ARTISTIC EXPRESSIONS



Tint and shade tree
landscapes by 5th grade.

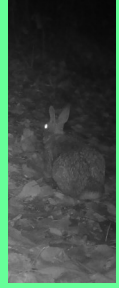


Piet Mondrian inspired art
work by Kindergartens.



Big green monsters
by Kindergarten.

Hanover School Forest



FALL PARTIES



Old time fun in Mrs. Boldt's class!



FALL PARTIES



FALL PARTIES

