



Hanover Herald

2023 - 2024 SCHOOL YEAR, VOL. 8



From the Principal's Desk...

**MAY
2024**

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It's crazy to think that we have less than 30 school days left in our year! It's been an amazing year and we are so proud of all of the great things our students at Hanover Elementary have accomplished so far. At our April Recognition Program, we recognized many of our students' accomplishments. We also talked about our theme for the month, which was courage. Courage is being brave or doing the right thing even when it's scary or hard. We talked about how showing courage helps us overcome obstacles and can help us show positive leadership. Our theme for the month of May is: Creativity. One way to think about creativity is "using your imagination to create something new or solve a problem." Please feel free to reference the Purposeful People family newsletter about creativity and have a conversation at home regarding ways we can nourish this trait.

I want to take a minute to thank all of our volunteers that have helped throughout the year. One of the many things that makes Hanover Elementary great is the amount of volunteers we have on a regular basis. We are truly blessed to have so many people willing and able to give their time and support to help our students learn at high levels. Thank you again to all of our volunteers for making this a great place for our kids!

A couple reminders regarding morning drop-off. For those of you who drop off your student(s) at North Door (Door 2) in the morning, please remember that there are no left turns out of the parking lot from 7:15-7:45am (same for dismissal) when you are exiting the parking lot. This is due to the amount of morning traffic on LaBeaux and it also keeps our student drop off line moving. Also, be sure to pull up as far as you can in the loading/unloading zone by door 2. I also ask that you remember to yield to any school buses that are waiting to turn left into the bus loop. This ensures that everyone arrives at school safely. Thanks for your help with this!

We have many fun events coming this spring including field trips, class picnics, our PTO spring event, the HES school picnic, and track and field days. Please mark your calendars for the PTO Spring Event, which will be Friday, May 17th from 6-8pm. There will be a DJ with dancing in the cafeteria and fitness activities and games in the gym. Our HES school picnic is on Thursday, May 30th from 4:30-6:30pm. Please come out and celebrate a great school year and enjoy what we hope is some nice spring weather!

Lastly, I want to update you on plans for next school year. Based on current student enrollment numbers our staffing allocation for the 2024-25 school year will have HES at 3 sections in grades K-3 and 2 sections at 4th and 5th grade. We know that there are new homes being built in the area, so if you know of any new families moving in, please encourage them to call the HES office to enroll. We are very proud of our school and believe that Hanover Elementary has a great tradition of providing students with a high quality education and experience.

This last month of school will go by quickly and we have many fun events to help finish off the year on a great note. Thanks again for all of your support and I hope to see you at our end of the year celebrations!

Brad Koltes, Principal



Hanover Elementary School
 274 LaBeaux Ave NE
 Hanover, MN 55341
 Phone: 763-682-0800
 Fax: 763-682-0868
 bhmschools.org



Fitness Focus

This April in grades 4 and 5 we focused on collaborative games and fitness testing. In K-2 we focused on spatial awareness, being collaborative and courageous, and have started parachute activities. 1st grade will be doing the parachute soon.



Looking forward to May/June, we will begin the collaborative games unit. Fourth and fifth grade will complete fitness testing. We will be attempting to get in some football activities that focus on speed and agility along with throwing and catching, route running and offensive/defensive strategies. We will also play some kickball games, hit off tees, and practice track and field activities.

On May 28th, HES will be having their Field Day. Look for more information to come. Also, on May 31st, HES fifth graders will participate in the district 5th grade field day. That will take place at the Buffalo High School. More information will come for that as well.



The 5th grade students will have the opportunity to be leaders at HES' field day. They will lead the stations for all the other K-4 students. I am looking forward to a great month of fun in PE!

In May and June we will try to get outside as much as possible. In the morning the grass can be wet, so if it's possible on PE days, have your child bring some extra socks and shoes. Our focus continues to practice being a good sport in all activities, treating each other and the equipment with respect, and working hard in PE! Thank you to all as we look forward to having a great May and June.



Please help your child remember their gym shoes for PE class. We are still occasionally having non-gym shoes worn to class. Have a great May and June. Thank you.

Sincerely,

Mr. Turner / 763-682-0865
joeturner@bhmschools.org



Thank you to our Nutrition Services workers that help to make a difference for every child that comes through the cafeteria!

Artistic Expressions

As we near the end of the school year, I like to save a lot of my favorite art projects for this time of year. I hope your student enjoys these projects as much as I do!

5th grade : The oldest students at HES are learning about one point perspective. Eventually, students will showcase their knowledge of one point perspective with a drawing featuring at least 5 buildings, a road and the surroundings of their choice: mountains, desert, a jungle...it's up to each individual student.



4th grade : As 4th grade will not have regular art time with me next year, due to smaller sections for '24-'25, I have started some of my favorite 5th grade art projects with the soon-to-be 5th graders since I won't see them next year. They will be working on stitching, aluminum foil sculptures and perspective art projects.

2nd grade : We have finally finished our clay unit and are moving on to our big study on the artist Vincent Van Gogh. 2nd graders become very familiar with his sunflower paintings as we use those as inspiration for our own art-work in class.



1st grade : Last month we learned about Henri Rousseau and his paintings that featured tropical jungle scenes. We are continuing to learn about the artist by creating tropical birds in different mediums: paint, colored pencils and, if time allows, we will make a tropical bird sculpture.

Kindergarten : Warm and cool colors! I hope kindergarten students will have these colors memorized by the end of the school year...we sure are doing a lot of projects in the art room to help them remember. Students make an outer space scene with a cool colored moon and warm colored sun they get to paint. We also will be drawing "cool cats" and "hot dogs" this month.



Mrs. Rausch—Art Integration
763-682-0867 /
krausch@bhmschools.org



Music Notes

Happy Spring Everyone!

Our music classes will soon begin working their way through songs on the piano keyboards.

Students in 3rd, 4th and 5th grade have been learning the ukulele and acoustic guitar during April. They have been busy playing chords and creating songs that they have shared with their classes.



Kindergarten, 1st and 2nd graders have been learning about the instruments of the orchestra and learning about the treble clef. They have also been doing many musical centers to help learn symbols and rhythms for the piano.

During the last part of May students in grades 3, 4 and 5 will be finishing units in Quaver (our online music curriculum) and putting final touches on their electronic songs they have been working on all year. Students will share some of these song creations for classes as well.



Kindergarten, 1st and 2nd graders will wrap up the year with singing assessments, learn more about *do, mi, so* and *la*, and activities from Quaver. They will also be using their instrument bags and playing on the classroom percussion instruments.

It has been such a productive year in music and it has gone by so quickly!

Thank you for your support of our music programs at Hanover!

Mrs. Bolton
763-682-0855



All-School Picnic is
Thursday, May 30th
from 4:30-6:30.



MOVING?

If you plan to move or transfer schools this summer, please contact the office at 763.682.0824 or email imischke@bhmschools.org as soon as possible.

Thank you!

PTO Page



YOU'RE INVITED TO A

GLOW PARTY

& spring dance!

at Hanover Elementary School

FRIDAY **17** 6-8PM
MAY

Hanover students & families are invited to wear a bright/neon colored shirt & come celebrate a night of dancing, fitness activities, food, treats and fun!

GLOW STICKS PROVIDED

Glow party/Dance	Lunchroom
Fitness activities	Gym
Food trucks (for purchase)	Parking lot
Concessions (for purchase)	Lunchroom
Frozen treat (free for students)	Lunchroom

Event sponsored by HES PTO

The mission of the Hanover PTO (Parent/Teacher Organization) is to promote an open line of communication between parents, teachers and administration to give our students extra educational opportunities, what we call the "Hanover Experience". This experience provides our students with opportunities in the classroom and family focused events that make their time at HES both more enjoyable and a better atmosphere for learning. This support demonstrates to our children that education is important and we are behind them in every way.

Our next and final meeting of the 2023-2024 school year is Monday, May 6th, at 6:00 P.M. in the staff lounge.

DONATIONS

- Thanks to Caden Meints (and family), the Hanover Lions, the HES PTO, and Ric Thompson for the storage shed in the HES Forest.
- Thanks to the Weber family (Grayson and Finley) for the rain gauge and thermometer for the HES Forest.

Health Headlines

Did you know? According to the Harvard School of Public Health, “There is no health without Oral Health. There is growing research revealing the link between oral health and overall health. Studies show that poor oral health is linked to heart disease, diabetes, pregnancy complications and more, while good oral health can enhance both mental and overall health.

Continued from the April 2024 edition, please read below for additional oral health care tips.

What About Flossing?

Brushing is important but it won't remove the plaque and particles of food between your teeth and near the gumline. You'll need to floss these spaces at least once a day. With any floss, you should be careful to avoid injuring your gums. Follow these instructions:

- Carefully insert the floss between two teeth, using a back and forth motion. Gently bring the floss to the gumline, but don't force it under the gums. Curve the floss around the edge of your tooth in the shape of the letter “C” and slide it up and down the side of each tooth.
- Repeat this process between all your teeth.

Does What I Eat Affect My Teeth?

Eating sugar, as you probably already know, is a major cause of tooth decay. But it's not just how much sugar you eat — when and how you eat it can be just as important. If you eat sugary foods or drink sodas throughout the day, you give the bacteria in your mouth food. Well-fed bacteria make cavities more likely. Hard candies, cough drops, and breath mints that contain sugar are especially harmful because they dissolve slowly in your mouth. It's best not to eat sugary foods between meals. Sugary or starchy foods eaten with a meal are less harmful to teeth than when they are eaten alone. This might be because our mouths make more spit during eating, which washes away the sugar and bacteria. Eating sugary foods before bedtime can be the most damaging (especially if you don't brush your teeth afterward) because we don't make as much spit when we sleep. For most people, it's hard to cut out sweets completely. So try to follow these more realistic guidelines:

- Eat carbohydrates (sugars and starches) with a meal.
- If you can't brush your teeth after eating, rinse your mouth with water or mouthwash, or chew sugarless gum.
- Don't eat sugary foods between meals.
- If you snack, eat non-sugary foods, such as cheese, popcorn, raw veggies, or yogurt.

When Should I Go to the Dentist?

Going to the dentist every 6 months can help prevent tooth decay, gum disease, and other problems. The dentist will let you know if any cavities need to be filled. Your dentist also may refer you to an orthodontist if you may need braces or have other issues. Besides preventive visits, also see the dentist if you notice any pain or other problems with your teeth, gums, or jaw.

Wright County Public Health Asthma Program

Wright County Public Health offers a unique home-based service to help those who have asthma. A nurse can come to your home and provide you with asthma education, review your asthma action plan, assess your home environment for triggers, and answer any questions you may have about asthma. Children 0-17 or who are still in high school and live in Wright County and have been diagnosed with asthma are eligible for this program.

Upcoming Events

- May 3: Early release, 12:25 pm
- May 3: Dress Up Day: Beach Wear
- May 3: 5th Grade Bus Patrol to Twins game, 5:30 pm
- May 6: PTO meeting, staff lounge, 6 pm
- May 12: Mother's Day
- May 13: HES Board Workshop, 4:30 pm
- May 17: PTO Spring Event, 6-8 pm
- May 21: 5th Grade field trip, Target Center
- May 23: 3rd Grade field trip, MN Zoo
- May 24: All library books due
- May 27: Memorial Day, no school
- May 28: All school Track & Field Day
- May 30: HES Spring Picnic, 4:30-6:30 pm
- May 30: Scholastic Book Fair
- May 31: 5th Grade Track & Field Day at BHS
- June 4: 5th Grade Graduation Program, 1:30 pm
- June 5: 4th Grade field trip, Science Museum
- June 6: Dress Up Day: Hanover Pride
- June 6: Last Day of School!



Mark your
calendar!



Inspire journal writing with creative ideas

This upcoming summer is a great time to begin writing in a journal. All your child needs is an empty notebook and a few fun ideas to get started.

Suggest that your child keep:

- A research log. Have your child pick a subject, such as penguins, and then research and write about it. What do penguins eat? Who are penguins' predators? How do penguins communicate? How do penguins move from one place to another?
- A travel log. Each time you go somewhere special—whether it's far away or close to home—your child can keep a record by taking pictures, drawing or writing notes. What did your child see? Who did your child meet? What did your child think about the place?
- An observation log. Suggest that your child observe something over a period of time, such as a summer vegetable as it grows. Or, suggest things to describe in great detail, such as bugs or animals.

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Review the school year with your child and set new goals

It's almost the end of another school year. Students have navigated learning challenges, read new books and mastered new skills. Now is the perfect time to sit down and talk about everything your child has learned this year.

During your discussion:

- Take a look back. What was your child's favorite school project this year? How did your child manage to overcome obstacles? What goals did your child accomplish? Help your child recognize personal growth. "You worked very hard to master division this year. You can do challenging things when you have a positive attitude and put in the time and effort!"
- Take a look forward. What is your child looking forward to this summer? What seems exciting about next year? Is there a subject or an area your child would like to improve in? Are there books your child would like to read? Is there an extracurricular activity your child would like to try? Together, make a list of things your elementary schooler hopes to accomplish in the months to come.
- Set summer learning goals. Talk about how learning doesn't stop at the end of the school year. One of the great things about the summer is that it offers the opportunity to learn new things. Together, think about something your child would like to learn during the summer. It could be a new sport, a new language, or an artistic skill. Then, help your child make a detailed plan to achieve the learning goal.

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Three activities will keep your child learning all summer long

Children are as ripe for learning during the summer as they are throughout the rest of the year. So don't miss out on chances to boost your child's smarts during the warmer months.

1. Here are three brain-building activities to enjoy this summer:
Plant a garden together. Your child will have a real-world chance to use reasoning and math skills. "We have a 10-foot by 4-foot plot in the yard. If tomatoes need to be planted at least two feet apart, how many should we buy? What else should we plant?"
2. Host a family game night. Set aside one evening each week to play board games together. Classics like Scrabble and Boggle are good for keeping language skills sharp. And more complex games like Monopoly and chess require your child to use reasoning and think critically.
3. Participate in a library program. Summer library programs often include storytelling sessions, interactive read-alouds, book clubs and arts and crafts.

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Creativity

Family Newsletter

PurposeFULL
People

Creativity Overview

Get ready for some fun as we focus on Creativity this month! One way to think about Creativity is “using your imagination to create something new or solve a problem.” Opportunities to be Creative are all around us! How can you find ways to be Creative as a family this month?

Creativity is 1 of 3 traits we will focus on throughout the year that helps students **Be Well**. Across grade levels, students will be developing skills like emotion regulation, positive self-talk, and stress-management.

Conversation Starters



- Can you share or show what Creativity is?
- How can being Creative help you solve problems?

PurposeFull Pursuits

Have some fun connecting as a family this month while practicing Creativity. Here are 2 “PurposeFull Pursuits” you can complete together!

#1

Get Creative with expressing your emotions through a game of emotion charades! Gather as a family and brainstorm some emotion words. Write them on slips of paper and turn them facedown. Then, take turns choosing a slip of paper and acting out the emotion (assist with reading as needed). Other family members will guess the emotion that is being acted out. After each person’s turn, take a moment to talk about what we may need when experiencing these emotions.



#2

Review Creativity as a family! Creativity is using your imagination to create something new or solve a problem. This challenge is about creating something new – together! Find a large cardboard box and unleash your Creativity as you work together to create something totally new. What can the box become? Perhaps it will be a spaceship, an ice cream shop, a fairy castle, or a race car. Use any craft supplies or scraps on hand and your imagination to turn an ordinary box into a new creation!

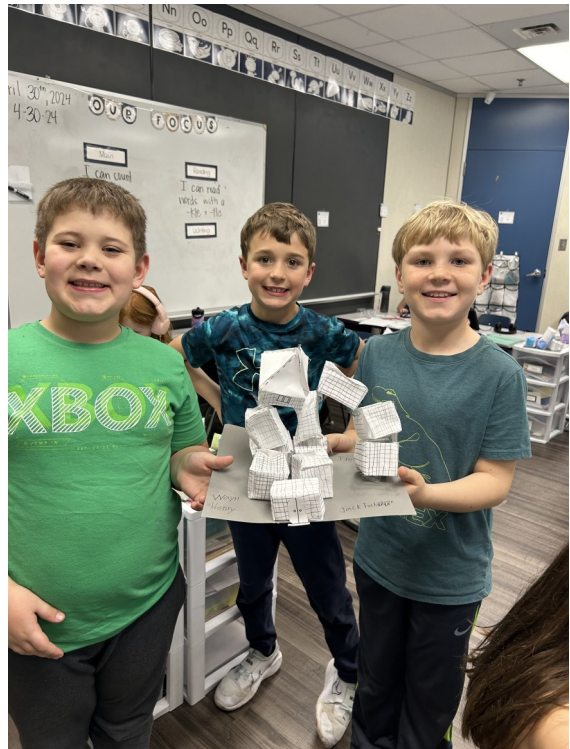
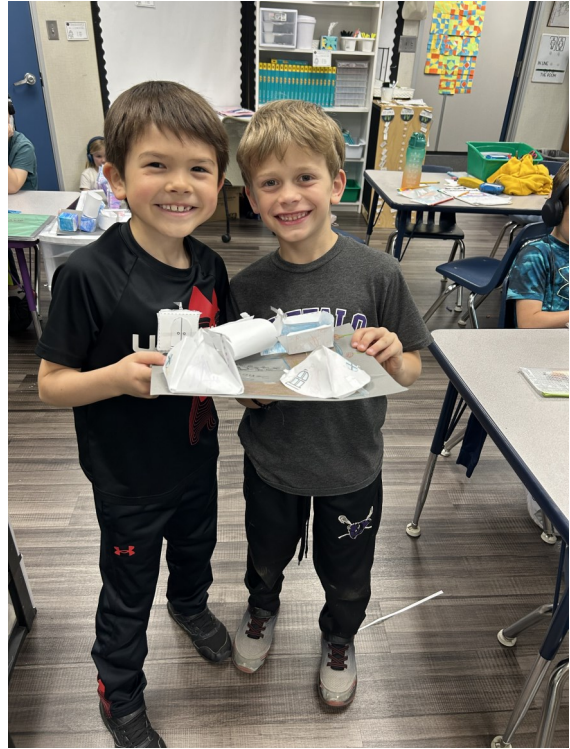
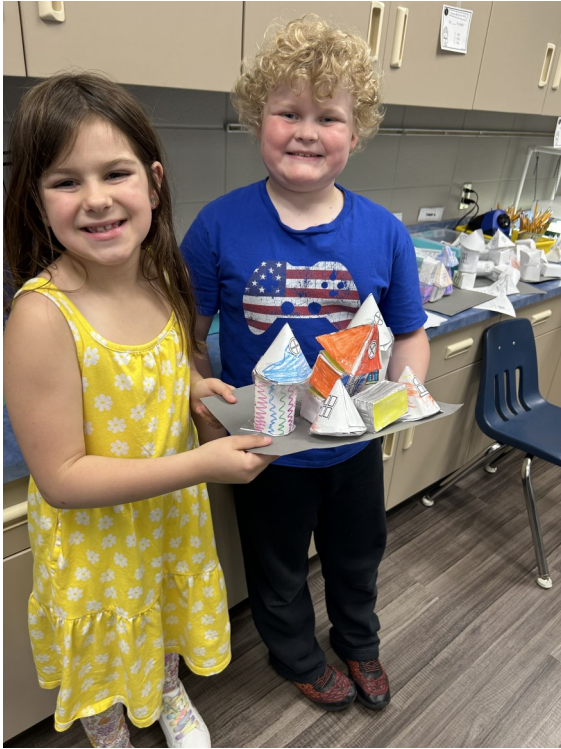
Mrs. Boldt's Class—Grade 4 Art Installation Project



Mrs. Anderson's Class—Grade 3

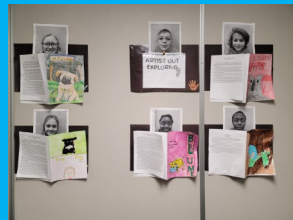
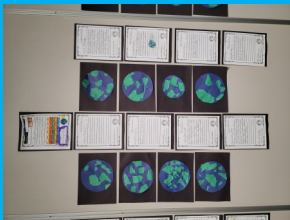


Mrs. Price's Class—Grade 2



The Halls of Hanover!

Our students are busy being creative every day! Here's a "stroll" through the halls of Hanover for you to enjoy their work.



Hanover School Forest

A big thank you for the new addition to the School Forest goes to Caden Meints for completing his Eagle Scout project build!



Thanks for the rain gauge and thermometer!

