

Catch a free meal!



Free meals this summer for all kids age 18 and under!

SUMMER FOOD PROGRAM

June 12 – August 23



JULY 2019				
Monday	Tuesday	Wednesday	Thursday	Friday
7/1 <u>Breakfast</u> Snack Bread <u>Lunch</u> BBQ Chicken Sandwich, Baked Cheetos & Cookie	7/2 <u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Mini Corn Dogs, Baked Beans & Tator Tots	7/3 <u>Breakfast</u> Long John <u>Lunch</u> Chicken Nuggets, Mashed Potatoes, Gravy & Dinner Roll	7/4 SUMMER FOOD PROGRAM CLOSED Have a great 4th of July!	7/5 SUMMER FOOD PROGRAM CLOSED Have a great 4th of July!
7/8 <u>Breakfast</u> Toaster Pastry <u>Lunch</u> Chicken Patty Sandwich, Seasoned Potato Wedges	7/9 <u>Breakfast</u> Mini Pancakes <u>Lunch</u> Spaghetti w/Meat Sauce, Garlic Toast & Caesar Salad	7/10 <u>Breakfast</u> Banana Bread <u>Lunch</u> French Toast Sticks OR Cereal w/Scrambled Eggs & Juice Cup	7/11 <u>Breakfast</u> Egg & Cheese Breakfast Sandwich <u>Lunch</u> Taco in a Bag w/Fresh Fixings	7/12 <u>Breakfast</u> Breakfast Bar & Yogurt <u>Lunch</u> Teriyaki Chicken, Seasoned Brown Rice, Steamed Broccoli & Fortune Cookie
7/15 <u>Breakfast</u> Snack Bread <u>Lunch</u> Personal Size Pan Pizza & Sorbet	7/16 <u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Burger Bar w/Fresh Fixings & Curly Fries *Vegetarian Burgers Available	7/17 <u>Breakfast</u> Long John <u>Lunch</u> Beef or Chicken Super Nachos w/Fresh Fixings	7/18 <u>Breakfast</u> Homemade Muffin & Yogurt <u>Lunch</u> Deli Sandwich, Sun Chips & Rice Krispie Bar	7/19 <u>Breakfast</u> Cinnamon Roll <u>Lunch</u> Pancakes w/Fruit Toppings OR Cereal w/Yogurt, Hashbrowns & Juice Cup
7/22 <u>Breakfast</u> Toaster Pastry <u>Lunch</u> BBQ Chicken Sandwich, Baked Cheetos & Cookie	7/23 <u>Breakfast</u> Mini Pancakes <u>Lunch</u> Mini Corn Dogs, Baked Beans & Tator Tots	7/24 <u>Breakfast</u> Banana Bread <u>Lunch</u> Chicken Bites, Mashed Potatoes, Gravy & Dinner Roll	7/25 <u>Breakfast</u> Egg & Cheese Breakfast Sandwich <u>Lunch</u> Garlic Cheese Bread w/Marinara Sauce & Apple Crisp	7/26 <u>Breakfast</u> Breakfast Bar & Yogurt <u>Lunch</u> Waffle Sticks OR Cereal w/Turkey Sausage & Juice Cup
7/29 <u>Breakfast</u> Snack Bread <u>Lunch</u> Chicken Patty Sandwich, Seasoned Potato Wedges	7/30 <u>Breakfast</u> Breakfast Pizza <u>Lunch</u> Spaghetti w/Meat Sauce, Garlic Toast & Caesar Salad	7/31 <u>Breakfast</u> Long John <u>Lunch</u> French Toast Sticks OR Cereal w/Scrambled Eggs & Juice Cup	8/1 <u>Breakfast</u> Homemade Muffin & Yogurt <u>Lunch</u> Taco in a Bag w/Fresh Fixings	8/2 <u>Breakfast</u> Cinnamon Roll <u>Lunch</u> Teriyaki Chicken, Seasoned Brown Rice, Steamed Broccoli & Fortune Cookie

Discovery Elementary
301 2nd Ave NE Buffalo

Montrose Elementary
100 2nd St S Montrose

Northwinds Elementary
1111 7th Ave NW Buffalo

Adults are welcome to eat with their children.

Adult Breakfast: \$2.50

Adult Lunch: \$4.25

QUESTIONS:

763-682-8477