

Name: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_



**Section 1: The checked symptoms were identified in your student at school:**

One or more common symptoms	Two or more less common symptoms
<ul style="list-style-type: none"><li><input type="checkbox"/> Cough</li><li><input type="checkbox"/> Difficulty breathing</li><li><input type="checkbox"/> New loss of taste or smell</li><li><input type="checkbox"/> Fever greater than or equal to 100.4F</li></ul>	<ul style="list-style-type: none"><li><input type="checkbox"/> Sore throat</li><li><input type="checkbox"/> Muscle pain</li><li><input type="checkbox"/> Excessive Fatigue (extreme tiredness)</li><li><input type="checkbox"/> New onset of severe headache</li><li><input type="checkbox"/> New onset of nasal congestion or runny nose</li><li><input type="checkbox"/> Chills</li><li><input type="checkbox"/> Nausea</li><li><input type="checkbox"/> Vomiting</li><li><input type="checkbox"/> Diarrhea</li></ul>

☐ Other: \_\_\_\_\_

- ☐ If options outlined below are not possible/preferred, your student will need to remain home in isolation for at least 10 days from the time symptoms started until symptoms improved AND no fever for at least 24 hours (without fever reducing medication).
- *Siblings attending in-person instruction and parents working in the district will be sent home while monitoring for symptoms*

**Ill student return date** (earliest): \_\_\_\_\_ **Household member return date** (earliest): \_\_\_\_\_

- If your student is clinically diagnosed with COVID-19 and the diagnosis was confirmed by a positive laboratory test, MDH will provide instructions in regards to when it is safe for your student to return to in-person school.
- *Siblings attending in-person instruction and parents working in the district must remain at home for at least 14 days while monitoring for symptoms.*

- If your student is clinically diagnosed (by a healthcare provider) with COVID-19, but a lab test was not completed; the student needs to stay home at least 10 days from the time symptoms started until symptoms improve AND no fever for at least 24 hours (without-fever reducing medication).
- *Siblings attending in-person instruction and parents working in the district must remain at home for at least 14 days while monitoring for symptoms.*

- If your student is clinically evaluated by a healthcare provider and their symptoms are consistent with an alternative diagnosis or laboratory confirmed condition (e.g. strep throat, influenza, norovirus, etc.), please email alternative diagnosis document to: covid\_return\_to\_school@bhmschools.org or fax to 763.682.8577 prior to the student and siblings returning.
- *If two tests are done (e.g. strep & flu; strep & COVID; Rapid & PCR COVID test), results for both tests must be finalized before returning to school.*

- If your student has a negative COVID-19 test, please email a copy of results to: **covid\_return\_to\_school@bhmschools.org** or **fax to 763.682.8577** prior to the student and siblings returning. *Please remember - ill student should remain home until symptoms improve AND no fever for at least 24 hours (without-fever reducing medication) even if COVID-19 test is negative.*