



Speaking of the Bison...

BUFFALO HIGH SCHOOL

FEBRUARY 2019

SPECIAL POINTS OF INTEREST:

- BHS Parent/Teacher conferences are Monday, February 25, 5-8p.m.
- FREE ACT Testing for BHS Juniors: April 24
- Daylight Savings Time begins on Sunday, March 10.

INSIDE THIS ISSUE:

- Counselor's Corner 2
- Intro to Ed 3
- Culinary Demo
- Student Stress
- Phoenix Learning Center
- Night out for Music 4
- Driver Ed
- WTC Open House
- AVID 2020 5
- ANGP
- State Testing
- Prom Info
- Upcoming Events 6

Mr. Mischke's Message

"The Courage to Connect"- this was the theme of our recent RAVE week, February 11-15, at Buffalo High School. RAVE stands for Respect And Value Everyone and is an annual event sponsored by our BHS Student Council. During the week, our school focused on finding ways to intentionally connect with each other. Monday was "Mix it up Monday" when teachers switched up seating charts. Tuesday was "Name Tag Tuesday" when every student and staff were asked to wear a nametag all day to promote introductions and connections. Wednesday was "Welcome Wednesday" when BHS students were going to all of our BHM elementary schools to welcome elementary students into school. Thursday was "Thank you Thursday" when students and staff were given a thank you card to write and send to someone who has helped them along the way. Friday was "Fire up Friday" when staff had students participate in different ice breaker activities to get to know each other.

Our "Welcome Wednesday", which was moved to February 20, is being sponsored by our [Buffalo Bounce Back](#) team. The theme from RAVE week will be extended across all of our elementary schools, and hopefully into homes, throughout our district. Over 100 BHS students will be at all of our elementary schools welcoming students as they arrive to school. Then, as a part of "I Love to Read" month, those same BHS students will read books focused on connection to all of our elementary classrooms. They will leave each student with a wristband that reminds them of the power of simply saying hello. Elementary students will be asked to go home and share what they learned with their parents. If you are blessed with an elementary age child, feel free to take a picture with them and their wristband and share the connection on twitter at #justsayhello.

We need to continue to be intentional about making face to face connections. It is so easy for people to disconnect through the constant access to technology. As we know, a text, a snapchat, or a facebook post are not the same as talking to someone in person. In fact, the increased access to technology often increases the feelings of loneliness and isolation in people. As we look at ways to be more intentional in creating connections among our students and staff, we are working to create an advisory time and a structured academic support time embedded in our weekly schedule. We want to make sure *every student and all staff feel connected at BHS. More information will be coming this spring on this potential change for the 2019-20 school year.*

Finally, I'd like to invite you all to our **Parent/Teacher Conferences on Monday, February 25 from 5-8 p.m.** This is a wonderful opportunity to connect with your student's teachers and advisors to make sure your student is on the right track and make a face to face connection with them. We look forward to seeing you at BHS on the 25th.

Thank you for your continued support as we work to make Buffalo High School a home where everyone feels welcome and supported.

Sincerely,

Mark Mischke
Buffalo High School Principal
763.682.8101

Counselor's Corner

Registration

Infinite Campus portal closed for the 2019-2020 Registration on February 15th for students in grades 9-11. Please feel free to contact your student's counselor if you would like to follow up about the registration process.

ACT & ACT Test Prep:

The ACT Plus Writing college entrance exam will be given at Buffalo High School to 11th grade students only during the school day on Wednesday, April 24th, 2019. There will be **no cost** to students for this exam and scores may be used for college admission testing requirements (at the individual college's discretion).



Students have been preparing for this exam throughout their education and will be tested in the areas of English, math, reading, science, and writing. Some students may wish to do extra preparation before taking the ACT Plus Writing, if they have specific score goals. Preparation materials can be found through multiple vendors and publishers as well as at most public libraries.

1. Free online prep course and practice tests available through the Minnesota Career Information System (www.mncis.intocareers.org) for all BHS students. See your school counselor for details.

2. Free ACT prep guides in the Student Services Office.

3. There are also test prep courses through **BHM Community Education** for a fee. Please contact **BHM Community Ed** to find out more information on classes, dates, and fees.

Financial Aid

The Scholarship Newsletter is updated the first week of each month and emailed out to all senior students. Many local scholarships are now available and can be found in Student Services. Students can also find scholarship opportunities on the BHS web page under Student Services and "Paying for College". *The District 877 scholarship information will be made available and communicated to senior students near spring break time.*

Juniors Meetings

School counselors will be meeting with junior students over the months of March, April, and the first part of May. We will be discussing post secondary plans and providing resources to students. Students interested in attending a college after high school are encouraged to meet with admissions representatives that visit BHS.

Transcripts

All official high school transcripts must be sent using our online transcript ordering service at www.parchment.com. Students will need to set up an account and place an order.

National School Counseling Week!

National School Counseling Week was February 4th-8th. The week is spent thanking students, staff, and other stakeholders for supporting our work with students. School counselors work with all students in the areas of personal/social development, career development, and academic achievement.

Here is a tweet from the American School Counseling Association: "Fact: [#schoolcounselors](https://twitter.com/schoolcounselors) are uniquely qualified to provide valuable assistance to students at all levels - elementary, middle and high school. Our goal: ensuring today's students become the productive, well-adjusted adults of tomorrow. #NSCW19"



BUFFALO HIGH SCHOOL REGISTRATION GUIDE



COURSE DESCRIPTION 2019-2020



PHOTOS TAKEN BY SENIOR CHLOE PAUL
BUFFALO-HANOVER-MONTROSE SCHOOLS

BHS portal registration for 2019-2020 classes closed on February 15.

BHS Counselors:

Mark Jones (A-F)

763.682.8107

Kristen Lane (G-K)

763.682.8054

Christina Cox (L-P)

763.682.8075

Jennifer Blair (Q-Z)

763.682.8139

Building Knowledge & Skills for Careers in Teaching

Seniors Sydney and Ahnalee are two of the students learning about being a classroom teacher in the new BHS course CIS Introduction to Education. Throughout the semester, the group is developing their understanding of learning



styles, human growth and development, brain-based learning, and barriers to learning.

Along with classroom observations, students will complete a three week field experience with an elementary or middle school teacher within the BHM district. Students earn college credit through the partnership with St. Cloud State University.

Animal Science Biotech Lab



The students in Gary Wirkus' Animal Science Biotech class had another successful lab where they experimented with chick coloring. Eggs are injected with coloring and hatch displaying said color. They return to their normal coloring at about two weeks old.

Is Your Teen Stressed?

Have you heard your teen talk about being stressed out? These are words that we hear from time to time from students. Teens have a variety of stressors that they are trying to deal with; everything from tests, relationships, homework, sports, and pressure to do and be their best.

Here are some ideas you can use with your teen if they are feeling stressed:

- Keep lines of communication open with your child.
- Talk with your child about what is stressing them out.
- Encourage good nutrition.



- Encourage your child to get about 8-9 hours of sleep each night.
- Make sure they are taking time to do an activity they enjoy each day.
- Encourage physical activity. It's a great stress reliever.
- Structure daily activities so their day is not overbooked.
- Make sure they take some time to relax.

When to get help:

If you notice that stress is interfering with your teen's everyday life or he or she is having physical health problems due to stress; it is

time to seek help! Here are resources that can help: Talk with your health care provider, a school counselor, mental health counselor, or school nurse. Also check out the following helpful website: www.changetochill.org

If you or someone close to you is in crisis, here are some emergency help resources: National Suicide Prevention Lifeline 1-800-273-TALK (1-800-273-8255), Four County Crisis Response: 1-800-635-8008, or 911.

Karen Schultz, RN, LSN
BHM School Nurse grades 6-12
(763)682-8120
kschultz@bhmschools.org

Culinary Team Demos Skills

You could smell the sweet aroma of plantains pan-frying in the Fundamentals of Food Preparation classes when students prepared one of the recipes that won the Culinary Team 3rd place in the statewide Culinary Competition last year.

The team was fortunate to work side-by-side with famous chefs from around the country at last year's pre-Super Bowl event in Minneapolis.

Learn ServSafe food safety skills in Culinary Foods 2 course and you will be prepared to participate on the Culinary Team!



What is Phoenix Learning Center?



Phoenix Learning Center is a small alternative program that's part of the BHM school district. The small program serves students in grades 10-12; most students are referred through BHS, although there are a few open-enrolled students at Phoenix as well.

Phoenix's programming supports a relationship-based approach with small class sizes. Students at Phoenix often have not had their academic or social/emotional needs met in the traditional school setting. They do much of their learning and work in the

moment, during class time. A focus on meeting standards in various and differentiated ways is paramount at Phoenix.

The talented staff support each student where they are at and work to meet various academic needs each day. Phoenix staff also focus effort on creating healthy and authentic relationships with students in a trusting and caring setting. Questions regarding Phoenix Learning Center can be directed to Assistant Principal Stephanie Ward at sward@bhmschools.org or 763-682-8104.

STOMPIN' AT THE SAVOY

NIGHT OUT FOR MUSIC
SATURDAY MARCH 23 | 6:00 PM



Join us on
Saturday,
March 23 at
6:00 pm.

The Buffalo High School Music Department invites you to attend their annual **Night Out For Music** Jazz Concert and Silent Auction on Saturday, March 23. Doors open at 6:00 p.m. with the Silent Auction items on display.



Early bird pricing
ends April 1!

Spring B Driver's Education: NOW OPEN!

Spring B Driver's Education class registration is open and ready for you to sign up!

Class dates are Mondays & Wednesdays, April 8 - May 8, (except Tuesday, May 7 replaces Monday, May 6).

Time is 3:35-6:35 pm, in room D106 with Mr. Holtz. The fee is \$360 which includes 30 hours of classroom instruction AND 6 hours of behind-the-wheel instruction.

Deadline to register for this early-bird pricing is April 1, 2019.

ANNUAL NIGHT OUT FOR MUSIC

Entertainment will begin at 7:00 p.m. in the Performing Arts Center and will be provided by Jazz Ensemble I, BHS Singers, Treble Singers and Chamber Strings. During intermission, guests will enjoy a variety of decadent, gourmet desserts and can complete final bidding on the Silent Auction.

This year's theme is "*Stompin' At the Savoy*" and is a fundraiser that directly supports all BHS music students. Last year, we were able to purchase a bass amplifier, garment bags, music for each of the concert ensembles, commission a piece for Concert Orchestra, have a clinician/composer work with the bands, as well as helping

offset the cost of last year's spring music trip.

AGAIN this year—you can purchase tickets and bid on Silent Auction items online!



Check out the electronic bidding site sponsored by Bid Partner of Buffalo at <https://bidpartner.net/nofm/>.

Ticket prices are \$12/Adult, \$10/Senior and \$8/Student and may be purchased through Bid Partner (see website above) or by contacting Jill Starr at jstarr@bhmschools.org or 763-682-8129.

Mark Your Calendars: Wright Tech Center Open House

WTC will be holding an Open House on Monday, March 11 from 4 - 7pm. This event is open to all students, parents, business partners, and community members.

You're invited to visit their state-of-the-art facility and learn more about the exciting Career & Technical programs they have to offer.

Come for dinner and the chance to win a fabulous door prize! Please contact the WTC main office at 763-682-4112 with any questions.



AVID Class of 2020 Gives Back

BHS AVID Class of 2020 student, Colton Friendshuh, went through treatment for Leukemia at Children's Minnesota as a small child. His story and memories of the blankets, gifts and nurses at Children's inspired his AVID elective class to create a service-learning project on Pediatric Oncology treatments so they could help other children like Colton as they go through treatments today. "We wanted to help other little Coltons," said BHS Junior Regan Stenberg.

Students collaborated to research five aspects of Pediatric Oncology in order

to fully understand the issue and arrive at a project they could do to benefit kids. The AVID students learned a lot about research, the writing process and Pediatric Oncology (and each other) along the way.

In the end, the AVID students found that making fleece tie-blankets was the most appropriate way to help children and families going through cancer treatments at Children's Minnesota. The Rotary Club of Buffalo, MN awarded us a grant to purchase materials. Together, the AVID 10 and AVID 11 classes made 36

fleece blankets and Colton's family delivered them to the hospital.



All Night Grad Party Volunteers Needed



Many volunteers are needed to make the Class of 2019 All Night

place on Friday, June 7, 2019 following the Graduation Ceremony. This is an event your senior will not want to miss! Please watch the mail and the BHS website for the ANGP registration form, this mailing will come from the ANGP committee in early March.

Graduation Party (ANGP) a success. If you are interested in volunteering or have any questions on the event, please email the co-chairs, Sally O'Borsky, Carmen Wyatt, and Kathy Hanson at buffaloangp@hotmail.com.

Freshmen, Sophomore and Junior parents are also encouraged to volunteer for this event as a way to pay it forward. Please know that a separate letter with specific BHS graduation information will be sent from BHS at a later date.

The All Night Grad Party will take

PROM 2019

Prom 2019 will be held at Crowne Plaza Minneapolis West on Saturday, May 4th. The dance will take place from 8-11 pm, with the Grand March preceding the dance at 4:30-5:30 pm at Buffalo High School. Tickets will go on sale in early April and will be \$40 per person. More details will be coming soon. Please watch the school website or follow us on Instagram ([bhsprom19](https://www.instagram.com/bhsprom19)), SnapChat ([bhsprom2019](https://www.snapchat.com/add/bhsprom2019)) and Facebook (BHS Prom 2019).

Spring Testing at BHS

A phone call and corresponding email went out in early February regarding Spring testing at BHS beginning in early March.

- All BHS 11th graders will take the MCA, or Minnesota Comprehensive Assessment, Math test in the window of March 5th-8th.
- BHS students enrolled in Biology during semester 1 will take the MCA Science test in the window of March 12th-14th.
- On April 24th, all 10th grade students will take the MCA Reading test, while all 11th graders

who choose to opt-in will take the ACT test. 9th grade and 12th grade students will not attend school on this day.

- BHS students enrolled in Biology during semester 2 will take the MCA Science test in the window of May 2nd-8th.

Families of 11th graders received additional information on how to Opt-In for the ACT Test. The ACT Plus Writing Test is being offered, free of charge, to all of BHS juniors on Wednesday, April 24th, 2019. Juniors no longer need to complete this test for their State Graduation Requirement; however, we are

strongly encouraging that all of our juniors take advantage of this free opportunity to take the ACT. Juniors who wish to opt in and take the ACT Test on April 24th will need to have a parent/guardian complete the Opt-In form that was distributed. **A response is required of all families. Please be sure to complete the online form by March 1st or call 763.682.8103 to complete the form over the phone.**

More details can be found on our website by [clicking here](#).



Buffalo High School
877 Bison Blvd.
Buffalo, MN 55313

2018-2019 Yearbook Orders



Order your yearbook before they sell out again!

Prices go up at the end of the month. Head to bhs.cc or balfour.com to place your order now to guarantee that your child gets a yearbook. The Buffalo High School yearbook was named the best yearbook in Minnesota for the sixth consecutive year. It's produced to celebrate and save memories for a lifetime.

Questions? Email yearbook@bhs.cc

BHS Upcoming Events

- | | | | |
|---------|--|---------|--|
| 2/25 | Parent/Teacher Conferences - Cafeteria, 5-8 p.m. | 4/9 | "Strings and All That Jazz" Jazz Band Concert - DES AUD, 7:30 p.m. |
| 2/28 | World Music Choir Concert - PAC, 7:30 p.m. | 4/11 | 877 Endowment Pork Chop Dinner - BCMS, 4:30-7 p.m. |
| 3/4 | Spring Sports Meeting - PAC, 7 p.m. | 4/25-27 | Spring Musical - PAC, 7:30 p.m. |
| 3/5 | Orchestra Concert - PAC, 7:30 p.m. | 4/28 | Spring Musical - PAC, 2 p.m. |
| 3/9 | Tri-M Variety Show - PAC, 7:30 p.m. | 5/2 | Spring Band Concert - PAC, 7:30 p.m. |
| 3/23 | Night Out for Music - PAC, 7 p.m. | 5/3 | Senior Appreciation Day |
| 3/25 | Arts Magnet Capstone Night - PAC, 7:30 p.m. | 5/4 | Prom, Grand March - Gymnasium, 4:30 p.m. |
| 3/29 | NO SCHOOL K-12, Teacher Workshop (End of Term 3) | | |
| 4/1-4/5 | Spring Break, NO SCHOOL K-12 | | |