

JANUARY 2020

Buffalo-Hanover-Montrose Elementary Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

In the Southern Hemisphere, January is a summer month the equivalent of July.

Chicken Nuggets **6**
OR
Uncrustable & String Cheese
Served with Mashed Potatoes,
Gravy & Dinner Roll

Hot Dog on a Bun **7**
OR
Deli Ham Sandwich
Served with Baked Beans and Baked Cheetos

French Bread Cheese Pizza **8**
OR
BBQ Chicken Sandwich
Served with Chocolate Chip Cookie

Taco in a Bag **9**
with Fresh Fixings & Rice
OR
Muffin & Yogurt Bison Box

Pancakes **10**
OR
Cereal
Served with Hashbrown Wedge, Sausage & Fruit Juice

Cheesy Breadsticks **13**
OR
Uncrustable & String Cheese
Served with Mini Rice Krispie Bar

Super Nachos **14**
OR
Deli Turkey Sandwich
Served with Fresh Fixings, Refried Beans & Animal Crackers

Chicken Patty Sandwich **15**
OR
Sloppy Joe Sandwich
Served with Tator Tots

Spaghetti with Meat Sauce & Garlic Toast **16**
OR
Muffin & Yogurt Bison Box

Mini Waffles **17**
OR
Cereal
Served with Yogurt, Cinnamon Roll & Fruit Juice

20
NO SCHOOL

Hamburger or Cheeseburger **21**
OR
Deli Ham Sandwich
Served with Baked Beans

Mini Corn Dogs **22**
OR
BBQ Pork Sandwich
Served with French Fries

Chicken Alfredo with Breadstick **23**
OR
Muffin & Yogurt Bison Box
Served with Caesar Salad

French Toast **24**
Sticks
OR
Cereal
Served with Scrambled Eggs & Fruit Juice

Chicken Nuggets **27**
OR
Uncrustable & String Cheese
Served with Mashed Potatoes,
Gravy & Dinner Roll

Hot Dog on a Bun **28**
OR
Deli Turkey Sandwich
Served with Baked Beans and Baked Cheetos

French Bread Cheese Pizza **29**
OR
BBQ Chicken Sandwich
Served with Chocolate Chip Cookie

Taco in a Bag **30**
with Fresh Fixings & Rice
OR
Muffin & Yogurt Bison Box

Pancakes **31**
OR
Cereal
Served with Hashbrown Wedge, Sausage & Fruit Juice



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@bhmnutritionservices

All meals are served with a choice of milk and a variety of fresh fruits and vegetables.

Parents are always welcome to eat breakfast or lunch with their children. Please call the Nutrition Services Office to make a meal reservation.

Elementary Lunch: \$2.80

Non-Student Lunch: \$3.85

Single Milk: \$.50

The Uncrustable offered at BHM Elementary Schools is a peanut free product.

This institution is an equal opportunity employer.

Menu subject to change due to availability.

763.682.8477

JANUARY 2020

Buffalo-Hanover-Montrose Elementary Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

In the Southern Hemisphere, January is a summer month the equivalent of July.

6
Mini Pancake
& Sausage Wraps
OR
Cereal

7
Whole Grain
Long John
OR
Cereal

8
Oatmeal & Toast
OR
Cereal

9
Breakfast Bar
& Fruit Smoothie
OR
Cereal

10
Cinnamon Roll
OR
Cereal

13
Mini Pancakes
OR
Cereal

14
Cinni Mini
OR
Cereal

15
Cheese Omelet
& Graham Crackers
OR
Cereal

16
Whole Grain
Bagel & Hard
Boiled Egg
OR
Cereal

17
Banana or
Cinnamon
Bread Slice
OR
Cereal

20
NO SCHOOL

21
Egg & Cheese
Breakfast
Sandwich
OR
Cereal

22
Homemade Muffin
& Yogurt
OR
Cereal

23
Breakfast Pizza
OR
Cereal

24
Mini Cinnamon
Breakfast Bites
OR
Cereal

27
Mini Pancake
& Sausage Wraps
OR
Cereal

28
Whole Grain
Long John
OR
Cereal

29
Oatmeal & Toast
OR
Cereal

30
Breakfast Bar
& Fruit Smoothie
OR
Cereal

31
Cinnamon Roll
OR
Cereal



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All meals are served
with a choice of milk,
string cheese and a
variety of fresh fruits
and vegetables.

Parents are always
welcome to eat
breakfast or lunch with
their children. Please
call the Nutrition
Services Office to make
a meal reservation.

Elementary
Breakfast: \$1.90

Kindergarten Breakfast:
FREE

Non-Student
Breakfast: \$2.20

Single Milk: \$.50

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