

Early Childhood Family Education

BUFFALO HANOVER MONTROSE SCHOOLS

We Are Waiting For You at ECFE!



What's Inside

- Pyramid Model Innovation
- Mixed Ages Parent Child Classes
- Hanover and Montrose Stop By & Stay Playtime
- Journeys Parenting a Child with Special Needs
- Boo Bash 2019



763.682.8780 bhmschools.org





Welcome to Early Childhood Family Education



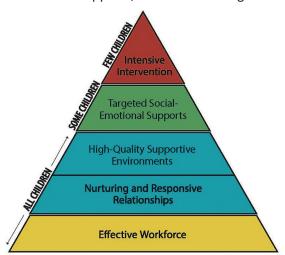
Barbara Eckberg

From the Coordinator.....

Research has shown that the skills your child needs to be successful in the future are social and emotional skills! The more socially skilled children are, the more likely they are to succeed in school. Because this is so important for your child, we are implementing the **Pyramid Model** in our Ready Set Grow, Kid Kare and Early Childhood Special Education programs.

What is the Pyramid Model?

The Pyramid Model is a framework for supporting the social and emotional development of our children. The goal of the Pyramid Model is to create an environment of success by designing classrooms that promote engagement in learning and by building positive relationships among children, families, and staff. In our use of the Pyramid Model, our classroom staff will work together to ensure that all children understand behavior expectations, receive instruction in social skills, and those children who demonstrate a need for additional support, receive individual supports, from the teaching team.



What's Inside.....

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What Happens in a Parent and Child Class...



Class begins with activities for parents and children together.



Parents separate from children for discussion facilitated by a Parent Educator.



Children remain with an Early Childhood Educator for age-appropriate education.

Parent Child Classes



Infant Class

(0-6 month old and their parents)

Enjoy exploring the "firsts" during the first few months with your new baby. You are invited to gather with other parents of infants to learn about the development of your 0-6 month old, facilitated by licensed parent educator. Diane Mastel.

F4000A

Discovery Center

Fridays, October 25-November 22 11 am-12 pm 5 sessions - FREE Diane Mastel



Room FC1



Hey, registration for ECFE classes opens at 8 am **August 20**

ECFE is an Early Childhood Family Education and School Readiness program.

We provide parent education, together with early childhood education, for parents and their children aged birth to kindergarten enrollment. This also includes expectant parents. Parents and children participate in classes, parent discussion groups, home visits, or special events. We are part of Community Education and are funded by a local tax levy, state aid, and fees. Classes are taught by licensed early childhood or parent educators. We believe that "home is the child's first learning environment and parents are the child's first and most important teachers." To learn more call 763.682.8780.

Mixed Ages

Separating parent group classes for children birth to 5 years by September 1, 2019

Parents and children have playtime together then parents separate have a discussion led by a Parent Educator. For children, playtime continues with a Children Educator. Activities for children 6 months to Kindergarten entrance include stories, snack time, and active play. Topics for parent discussion are based on parent needs. Children under 6 months are invited to stay with parents. (Limit 12)

F4005A (Buffalo)

Mondays, September 9 - December 16 8:30-10:15 am

(No class Nov. 4, 25)

Discovery Center Room EC1 & EC4 Patty Lammers/Andrea Jonasson Fee: 13 week session - Sliding fee scale

F4005B (Buffalo)

Mondays, September 9 - December 16 10:30 am-12:15 pm

(No class Nov. 4, 25)

Room EC1 & EC4 **Discovery Center** Patty Lammers/Andrea Jonasson Fee: 13 week session - Sliding fee scale

F4005C (Buffalo)

Wednesdays, 8:30-10:15 am September 11 - December 18

(No class Oct. 16, Nov. 27)

Discovery Center Room EC1 & EC4 Patty Lammers/Diane Mastel

Fee: 13 week session - Sliding fee scale

F4005D (Buffalo)

Wednesdays, 10:30 am-12:15 pm September 11 - December 18 (No class Oct. 16, Nov. 27)

Room EC1 & EC4 **Discovery Center** Patty Lammers/Diane Mastel

Fee: 13 week session - Sliding fee scale



F4005E (Hanover)

Tuesdays, September 10 - December 17 8:30-10:15 am

(No class Nov. 26)

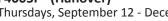
Hanover Elementary **ECFE Rooms** Jen Dismang/Andrea Jonasson Fee: 14 week session - Sliding fee scale

F4005F (Hanover)

Thursdays, September 12 - December 19 8:30-10:15 am

(No class Oct. 17, Nov. 28)

Hanover Elementary **ECFE Rooms** Jen Dismang/Andrea Jonasson Fee: 13 week session - Sliding fee scale



F4005H (Montrose)

F4005G (Montrose)

September 11 - December 18

Jen Dismang/Andrea Jonasson

Montrose Early Ed Center

Wednesdays,

(No class Nov. 27)

Fridays, September 13 - December 20 8:30-10:15 am

Fee: 13 week session - Sliding fee scale

(No class Oct. 4, 18, Nov. 29)

Montrose Early Ed Center **ECFE Rooms** Jen Dismang/Andrea Jonasson Fee: 12 week session - Sliding fee scale



8:30-10:15 am

ECFE Rooms



Parent Child Classes

Marvelous Mondays in Buffalo

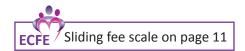
Monday nights are MARVELOUS, for parents and children birth to 5 years, to explore parent/child activities designed just for them. This gently-separating class will focus on parents and children who want some time together...after the childcare day, with a grandparent, or other important adult in the life of a young child. We will create a great environment of activities, offer a circle time, get "messy" with paint, sand, and sensory table activities.

F4005J

Mondays, September 9 - December 16 5:30 - 7 pm (No class Nov. 4, 25)

Discovery Center Room EC1 & EC4

Annette Rabusch/Andrea Jonasson Fee: 13 week session - Sliding Fee



Tournevs

For Families who may, or are currently, accessing **Early Intervention Services**

Parents and children birth to 5 years, explore parent/child activities designed just for them. Parents and children separate, with children remaining with the early childhood teacher to continue the fun. Children participate in story time, snack time and active play. Parents work with a parent educator, connecting to their parenting community and discuss the joys and challenges of parenting a child with special needs. This is a class with a focus on families who may or are accessing early intervention services.

F4008

Fridays, September 13 - December 20 9 - 10:45 am (No class Oct. 18, Nov. 29) Room EC1 & EC4 **Discovery Center**

Diane Mastel/Patty Lammers

Fee: 12 week session - Free!



Registration for ECFE classes opens at 8 am **August 20**



Drop By, Stay and Play Time in Hanover and Montrose

Children Birth-5 years and their parents/caregiver

Playtime fun for everyone! Stop by to have fun in our early childhood classroom. Parents/caregivers and children stay together to participate in fun activities, meet other families with young children and find support in shared community resources. There will be new toys and activities each week, songs, fingerplays and new friends for everyone. Registration is necessary with a one-time fee.

F4054A

Mondays, October 21-December 9	9-10:30 am
(No class Nov. 4, 25) 6 sessions - \$20 per family Hanover Elementary	Annette Rabusch ECFE Room

F4054B

Mondays, October 21-December 9	9-10:30 am
(No class Nov. 4, 25)	
6 sessions - \$20 per family	ECFE Staff
Montrose Early Education Center	ECFE Room

Family Learning

Who is the Family Learning Class for?

Parents with young children who want to:

- work on a GED diploma
- prepare to go back to college or into the job market
- · work on individual education needs
- be better prepared to help their child with learning
- have time to discuss the challenges of parenting

Interested? Give us a call at 763.682.8780 to inquire about registration. Limited transportation available. School lunch provided.

F4029

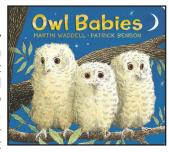
Tuesdays & Thursdays, September 17 - December 19 (No class Oct. 17, Nov. 28) 10 am - 2 pm **Discovery Center** Rooms EC1 & EC4 Diane Mastel, Patty Lammers, Terrisa Fisher

Parent Child Classes



Owl Babies

Three baby owls, Sarah, Percy and Bill wake up one night in their hole in a tree to find that their mother has gone and they wonder where she is. So they sit on a branch and wait. Parents and children will enjoy this story about the parent



child relationship. Each family will receive a copy of this touching story. Limit 12 per session.

F4007A

Thursday, September 26	5:30-6:30 pm
1 session - \$5 per family	ECFE staff
Discovery Center	Room EC1

F4007B

Thursday, November 7	5:30-6:30 pm
1 session - \$5 per family	ECFE staff
Montrose Early Education Center	ECFE Room

F4007C

Thursday, December 12	6-7 pm
1 session - \$5 per family	ECFE staff
Hanover Elementary	ECFE Room

Power Up with Math (ages 3-5 years)

Enjoy an evening with handson activities and games designed just for you and your preschool child. You'll feel the "power" of mathematics, building a foundation for the formal school experience. Explore attributes, number sense, special sense, estimation and problem solving.



F4007D

Thursday, October 10	5:30-7:00 pm
1 session - FREE	ECFE staff
Discovery Center	EC1 and EC2

F4007F

Thursday, October 10	5:30-7:00 pm
1 session - FREE	ECFE staff
Hanover Elementary	ECFE Room

Parent Classes



Circle of Parents

Looking for a friendly, supportive place to discuss the joys and challenges of raising children? Circle of Parents is a mutual, parent led support group. Parent and staff facilitators are trained in the Circle of Parent model. A light dinner and childcare are provided. Preschool and school aged children are welcome in the childcare setting. *Provided by ECFE and Crisis Nursery.* **Registration required** - Contact Crisis Nursery/Kindred Family Services at **763.271.1680**.

Tuesdays, September 10 - December 17 5:15 - 7:15 pm (No class Oct. 15, Nov. 5)

Montrose Early Education Center ECFE Room
Diane Mastel/Patty Lammers

Fee: 15 sessions - FREE!

Parenting 8-7-7 Closed Facebook Group

Parenting can be difficult in the age of social media. How could a parent know which websites offer research based parenting strategies and tips?

Join licensed Parent Educator, Andrea Jonasson, through a closed facebook format to investigate, navigate, and celebrate parenting children birth through 8 years old.

Just Coffee

This class is designed to be a casual conversation about parenting, transition to the formal school experience and connecting to other parents in the community. Just Coffee is a FREE coffee group, with a child care component, led by a licensed parent educator. Join us for coffee when your schedule allows. You MUST register for childcare.

F4411A

Fridays, October 25 - November 22

Montrose Early Education Center
Andrea Jonasson

10:30 - 11:30 am
ECFE Room

Fee: 5 week sessions - \$10/child

Parent Coaching

An ECFE Parent Educator will visit with you and your birth to 5 year old children at your home or at ECFE. Visits can include:

- Playtime with your child
- **Time to talk** and problem solve ways to meet your family's needs
- Resources and ideas on parenting, child development and community services
- Free! Call ECFE at 763.682.8780 for more information

Call ECFE at 763.682.8780 for availability

Spring Into Preschool

(Age 2.5 by September 1, 2019)

A preschool class for our youngest learners. For the parent, on designated dates, participation in a parent group led by a Parent Educator. Sibling care is available..

4034B

September 19 - Family Day! Meet the teacher and return completed paperwork mailed out in August

Thursdays, September 19 - May 7 8 - 9:30 am (No class Oct 17, Nov 28, Dec 26, Jan 2, Jan 9, Apr 2)
Discovery Center Room EC1, EC4
Sibling Care Room EC6
Patty Lammers/Diane Mastel

Spring Into Preschool Payment Information

8 monthly payments due August 15, 2019 - March 15, 2020

Each payment \$42/month
Sibling Care: One-time payment \$25/family



Ready Set Grow Preschool

3 years old by September 1, 2019

Nurture and explore friendships, routines and building of social skills. Activities include storytelling, fingerplay, music, art, large muscle play and free choice. Teachers plan activities based on the Creative Curriculum and observe children using the Teaching Strategies Gold Assessment.

2 DAY - Buffalo 4205A Mon, Wed 8 - 10 am September 9 - May 13 Discovery Center Room EC2 Staff **2 DAY - Hanover**Wed, Fri
8:15 - 10:15 am
September 11 - May 13
Hanover Elementary
ECFE Room
Annette Rabusch

Ready Set Grow (3-4 years) Payment Information

9 monthly payments due August 15, 2019 - April 15, 2020

Each payment \$90/month

Ready Set Grow Preschool

4 years old by September 1, 2019

That special year before Kindergarten will focus on friendships, skill building and age appropriate academic experiences. Teachers use Creative Curriculum, Second Step, Handwriting Without Tears and TS Gold to prepare for growth and development.

4 DAY - Buffalo 4206A Mon, Tue, Wed, Thur 12 - 3 pm September 9 - May 14 Discovery Center Room EC2 Jen Robeck

4 DAY - Buffalo 4206F Mon, Tue, Wed, Thur 12 - 3 pm September 9 - May 14 Discovery Center Room M5 Staff 4 DAY - Buffalo 4206D Mon, Tue, Wed, Thur 12 - 3 pm September 9 - May 14 Discovery Center Room M4 Miranda Krause

3 or 4 DAY - Hanover 4206G Mon, Tue, Wed, Thur 11:15 am - 2:15 pm September 9 - May 14 Hanover Elementary ECFE Room Annette Rabusch

Ready Set Grow (4-5 years) Payment Information

9 monthly payments due August 15, 2019 – April 15, 2020

\$180/payment - 3 sessions/week \$224/payment - 4 sessions/week



What does this mean? MN's one to four star rating system measures best practices identified by research that help children succeed. Scholarships

may be awarded to qualifying families whose children attend MN Parent Aware star-rated programs. To apply for a preschool voucher, contact the ECFE office or Milestones, at 800.288.8549.

Early Childhood Screening (ages 3-5 years)

Screening will check your child's overall development. The state of Minnesota recommends all children be screened before their 4th birthday in order to start kindergarten in any Minnesota public school. Screening is required within 90 days of beginning ECFE preschool. Call 763.682.8408 or 763.682.8780 to schedule.

Screening Dates			
<u>Buffalo</u>	<u>Hanover</u>	<u>Montrose</u>	
September 4, 5, 20	September 6	September 13	
October 25	November 25	October 11	
November 1, 8, 15, 22, 23		November 26	
December 6, 13			



Boo Bash 2019

SATURDAY, OCTOBER 26

Family Friendly Events - Costumes Welcome!

These events are brought to you in partnership with Great River Regional Library, Buffalo Chamber of Commerce, City of Buffalo, Early Childhood Family Education and the Opening Doors Program (adults with disabilities age 16+)

When	What	Where	Fee and Description
11 am-1 pm	ECFE in the park	Sturges Park	FREE seasonal activities for families
1-1:15 pm	Walking the Pumpkin Path	Buffalo Lake to the Library	FREE event
1:15 pm	Story time	Buffalo Library	FREE event
2-4 pm	Buffalo Chamber of Commerce Trick or Treating	Downtown Buffalo Participating Merchants	FREE event
4:10-4:30 pm	Costume Parade	Discovery Center Gym	FREE event Children's costume parade
4:30-6:30 pm	ECFE and Opening Doors Halloween Dance Please register by October 18	Discovery Center Gym	\$7 per person DJ spins the tunes Costumes are encouraged Sand-WITCH, chips and water included Register online bhmschools.ce.eleyo.com or call 763.682.8770 F302B - Opening Doors participants F302EC - ECFE participants









Resources & Information



Every Family Counts!

Are you on the school census?

Being on the census ensures that you will receive ECFE mailings, notified of Early Childhood Screening and receive kindergarten information when your child becomes eligible to attend. Call 763.682.8737 if you:

- Recently had a baby or adopted a child
- Moved to this district and/or changed your address
- Did not receive this catalog in the mail





ECFE

Child Care Connection

Provider Education

This unique class is held in your childcare home. Early Childhood Family Education staff come into your childcare setting for 4 weeks 1 hour each week. ECFE Staff will develop information specific to your needs and spend an hour with you and the children in your care.

Topics for discussion could include:

child development, challenging behavior, social emotional development, healthy nutrition, etc.

Dates and times will be scheduled when you call. Call 763.682.8780 today!

F4142

Fee: FREE!

Buffalo Public Library 1,000 Books Before Kindergarten

The 1000 Books Foundation is a non-profit whose objective is to promote reading to newborns, infants, and toddlers. Visit **1000booksbeforekindergarten.org** or call the Buffalo Library at 763.682.2753 for information.

Monday: 10 am - 8 pm Tuesday: 10 am - 8 pm Wednesday: 10 am - 8 pm

Thursday: 12 pm - 8 pm Friday: 11 am - 5 pm Saturday: 10 am - 2 pm Sunday: Closed Location: 18 NW Lake Blvd

Buffalo MN 55313



Thank you summer ECFE partners...

- City of Buffalo Parks and Buffalo Days Committee for ECFE Summer Park events
- Buffalo Public Library and MN Legacy funds for ECFE in the Park
- City of Buffalo Water Treatment Plant supporting Little Sprouts Garden Club

ECFE Partners







West Adult Basic Education





BHM Food Service



Buffalo Courts Apartments





Resources & Information



A BIG Family Fair Thank You to....

All the 2019 Family Fair vendors, donors and supporters! We raised \$1,600 for the ECFE program. Funds were used to purchase infant/toddler toys, materials to support the Pyramid Model Innovation, STEM materials and classroom technology upgrades for children's use.

Thanks to the following agencies and individuals for their participation:

Buck's Pizza; Buffalo Books; Buffalo Culver's; Emagine Movie Theatre; Evelyn's Wine Bar; Fleet Farm- Monticello; Huikko's Bowling Center; Buffalo Jimmy John Subs; Monticello Community Center; RiverCity Extreme; Sterling Drug; Buffalo Kiwanis Club; BHS Culinary Club; City of Buffalo Fire/Police/Park and Rec; Wright County Public Health; Buffalo Days Royalty; BHM Community Education; BHM School Board; Dr. Scott Thielman



ECFE Mission & Goals

"The ECFE mission is to support and strengthen parents - the first and most important teachers in a young child's life." Our goals are to:

- Support parents in their child-rearing efforts
- Teach parents about child development and parenting techniques
- Give children opportunities to discover and learn with their parents
- Provide inclusive, developmentally appropriate preschool classes with parent participation
- Encourage a smooth transition to kindergarten and parents' involvement during the school-age years
- Provide information on community resources available to parents and children

Early Childhood Family Education Advisory Council

You are invited to join other parents of young children, who meet together at Discovery Center during the program year, to provide input from a parent perspective, about BHM ECFE programs: including Ready Set Grow Preschool, Spring Into Preschool, ECFE Parent/Child classes and Early Childhood Screening. The meetings take place 6 - 7:15 pm, at the Discovery Center in Buffalo, with childcare provided with prior notice on the following dates: October 7, November 11, January 6, February 3, March 2, April 6, May 4. Join the ECFE Parent Advisory Council and their work to support BHM Early Childhood programs and receive a 10% discount on your ECFE fees/tuition! For more information contact Barbara Eckberg IMH-E II, ECFE Coordinator, 763.682.8753 or beckberg@bhmschools.org

Weather Cancellations

In the event of severe weather, Community Education/ECFE closings will be announced on KRWC 1360 AM radio and the district website:

bhmschools.org

- All Day Closure: Community Education/ECFE classes do not meet when District 877 schools are closed for the day due to severe weather
- Two Hour Late Start: Morning classes are canceled (including Family Learning). Classes that begin at 12 pm or after will be held as scheduled



CLOSED DUE
TO
WEATHER
SCHOOL CLOSED

Check out our Facebook page for cancellations and closing



Resources & Information

Fare For All

Want to save \$\$\$ on food? Food distributions will be held at Zion Lutheran Church, 1200 Highway 25, in Buffalo. For information, please visit: fareforall.org or call 763.450.3880. *Note: No income guidelines.*

Blessing Closet

Zion Lutheran Church, Buffalo, MN Children clothing, backpacks, school supplies. Call 763.682.1245 or visit online at **zionbuffalo.org** for dates and times.

Baby Cafe

Buffalo Baby Café is a drop-in service to help you reach your breast-feeding goals. There will be refreshments and snacks available for you to enjoy as you visit with trained breastfeeding health professionals and other mothers. A scale is available to weigh your baby as well as breastfeeding resources and information for you to take home. There is *no cost* and *no registration* required to participate—just come as you are!

Wednesdays, 10 am - 12 pm Wright County Historical Society 2001 Hwy 25 N, Buffalo



Learn to Swim

Parent Child and **Preschool** swimming lessons are offered year-round through Community Education. Register at **bhmschools.ce.eleyo.com** or by calling 763.682.8770.

Bring the family to **Open Swim & Gym** at the Buffalo Community Middle School most Sundays, 2 - 4 pm. Check the Community Education catalog or the web site for details. Fee is \$5 per person or \$10 per family.

Jr Bison Gymnastics

Non-Competitive Program offered through Community Education.

Parent/Child Classes

(boys & girls, age 18 month to 3 years)

Preschool Classes

(boys & girls, age 3-5 years)

Multiple class sections, and Gymnastics Open Gym, are being offered this fall. For more information, or to register, visit **bhmschools.ce.eleyo. com** or call Community Education at 763.682.8770.



KinderKids

All Day Childcare with Preschool for 3 - 5 Year Olds

KinderKids is a full day care program for 3-5 year olds not yet in school. We offer ½ day care, full day care, and wrap-around care for those enrolled in the district ECFE program. For more information call Lori Trogstad at 763.682.8787 or visit bhmschools.org



Family Resources

Beyond the Yellow Ribbon - Military Families Support Services
Buffalo Hospital Service
Child Care Resource and Referral
Crisis Nursery - Wright County
Early Intervention Services 0-3 years
Four County Mental Health Crisis Response Team
Help Me Grow - Statewide Early Intervention/Child Development
Little KidKare - Montrose
Love INC - Big Woods
Poison Control
Rivers of Hope - family abuse prevention
Wright County Community Action: energy assistance
Wright County Child Passenger safety seats
Wright County Child Protection
Wright County Resource Guide

1.888.291.9811
763.271.1680
763.682.6361
310.253.5555
helpmegrowmn.org
763.682.8473
763.682.6821
1.800.222.1222
763.295.3433
320.963.6500
763.682.7516
763.682.7400

612.669.9664

763.682.1212

co.wright.mn.us/documentcenter/view/1751

Sliding Fee Scale & Registration



ECFE Sliding Fee Scale Find your class fee based on your family's income. # of sessions 12 sessions 13 sessions 14 sessions 15 sessions 1 child 2+ child 1 child 2+ child 1 child 2+ child 1 child 2+ child 0 - 19.999\$12 \$15 \$13 \$16 \$14 \$17 \$15 \$18 20,000-39.999 \$36 \$40 \$43 \$42 \$46 \$45 \$49 \$39 \$70 40,000-59,999 \$60 \$75 \$75 \$80 \$65 \$65 \$70 60,000-79,999 \$84 \$90 \$91 \$97 \$98 \$104 \$105 \$111 80,000-99,999 \$108 \$115 \$117 \$124 \$126 \$132 \$135 \$142 100,000+ \$120 \$128 \$130 \$138 \$140 \$148 \$150 \$158 If you have questions, please call ECFE at 763.682.8780.

5 Ways to Register

Online bhmschools.ce.eleyo.com

By Mail

Community Education/ECFE 301 2nd Avenue NE, Buffalo

By Phone

763.682.8780 ECFE 763.682.8770 Community Ed

By Fax

763 682-8795 (24 hours)

In Person

Community Education Office, 301 2nd Ave NE, Buffalo. If our offices are closed, use the **24 hour drop box** at the east entrance (Door 1)

Am I in?

Yes! We will notify you if the class is full or canceled

Refunds

- If we cancel a class, you will be notified and your money refunded
- If you cancel, notify us at least one week prior to the start of class and we will refund your tuition. Cancellations received within one week prior to the start of class will be subject to a \$5 service fee, or you may choose a full refund in the form of a credit voucher. No refunds are given after the class start date

Reg Mail to: ECFE Registration, 301 online at bhmschools.ce.eleyo information. You are notified of	.com, or call 763.682.8780	with your credit card
Child's Name(Last)	(First)	Entered
Date of Birth		-
Parent's Name 1(Last)	(First)	
Address		
(Street)	(City)	(Zip)
Email		-
Home/Cell Phone	workPhone	
Parent's Name 2(Last	:) (First	<u></u>
Address(Street)	(City)	(Zip)
Email	. ,,	(ΣΙΡ)
Home/Cell Phone		-
	Class Name	Fee
Cash Check #		
Card #		Exp. Date



301 2nd Avenue NE Buffalo, MN 55313 Phone: 763.682.8780

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DATED MATERIAL Please Deliver Promptly

Look Inside For.



Power Up with Math

3-5 year olds will feel the "power" of mathematics, building a foundation for the formal school experience. See page 5 for details.

Spring Into Preschool and Ready Set Grow Preschool

Preschool classes still available for children ages 2.5 to 5 years old in Buffalo, Hanover and Montrose. See page 6 for details.



Boo Bash 2019

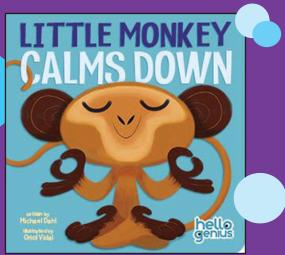


SATURDAY, **OCTOBER 26**

Family Friendly Events **Costumes Welcome!**

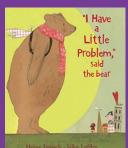
> See page 7 for all the details.

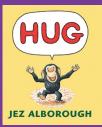
Coming Winter 2020!

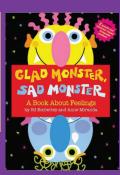


Parents and children alike will enjoy this story about teaching self soothing strategies.

Join ECFE this fall and winter for this and other one-time parent child classes









763.682.8780 bhmschools.org