



Winter/Spring  
2019-20

# Early Childhood Family Education

BUFFALO HANOVER MONTROSE SCHOOLS

## *Building Relationships at ECFE*

Registration Opens  
November 26 at 8 am



### *What's Inside ...*

- Pyramid Model Innovation
- Mixed Ages Parent Child Classes
- Parent Child Book Series
- Early Childhood Screening
- ECFE Family Fair



Community Education

BUFFALO HANOVER MONTROSE SCHOOLS

763.682.8780 [bhmschools.org](http://bhmschools.org)





# Welcome to Early Childhood Family Education



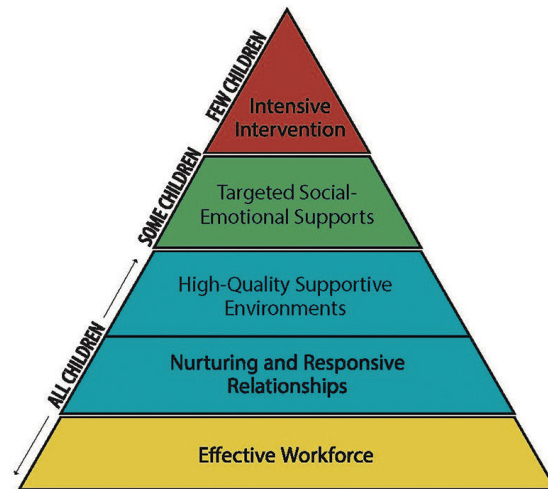
Barbara Eckberg

## From the Coordinator.....

Research has shown that the skills your child needs to be successful in the future are social and emotional skills! The more socially skilled children are, the more likely they are to succeed in school. Because this is so important for your child, we are implementing the **Pyramid Model** in our Ready Set Grow, Kid Kare and Early Childhood Special Education programs.

## What is the Pyramid Model?

The Pyramid Model is a framework for supporting the social and emotional development of our children. The goal of the Pyramid Model is to create an environment of success by designing classrooms that promote engagement in learning and by building positive relationships among children, families, and staff. In our use of the Pyramid Model, our classroom staff will work together to ensure that all children understand behavior expectations, receive instruction in social skills, and those children who demonstrate a need for additional support, receive individual supports from the teaching team.



## What's Inside.....

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## What Happens in a Parent and Child Class...



Class begins with activities for parents and children together.



Parents separate from children for discussion, facilitated by a Parent Educator.



Children remain with an Early Childhood Educator for age-appropriate education.



# Parent Child Classes



## Infant Class

**(0-9 month old and their parents)**

Enjoy exploring the "firsts" during the first few months with your new baby. You are invited to gather with other parents of infants to learn about the development of your 0-9 month old, facilitated by licensed parent educator, Diane Mastel.



**Hey, registration for ECFE  
classes opens at 8 am  
November 26**

### W4000B

Tuesdays, February 4 - March 3

8:30-9:30 am

5 sessions - FREE

Discovery Center

Diane Mastel

Room EC1

**ECFE is an Early Childhood Family Education and School Readiness program.**

We provide parent education, together with early childhood education, for parents and their children aged birth to kindergarten enrollment. This also includes expectant parents. Parents and children participate in classes, parent discussion groups, home visits, or special events. We are part of Community Education and are funded by a local tax levy, state aid, and fees. Classes are taught by licensed early childhood or parent educators. We believe that "home is the child's first learning environment and parents are the child's first and most important teachers." **To learn more call 763.682.8780.**

## Mixed Ages

**Separating parent group classes for children birth to 5 years by September 1, 2019**

Parents and children have playtime together, then parents separate and have a discussion led by a parent educator. For children, playtime continues with a children's educator. Activities for children 6 months to Kindergarten entrance include stories, snack time and active play. Topics for parent discussions are based on parent needs. Children under 6 months are invited to stay with parents. (Limit 12)

### W4005A (Buffalo)

Mondays, January 13 - May 4

8:30-10:15 am

**(No class Jan. 20, 27, Feb. 17, Mar. 30)**

Discovery Center Room EC1 & EC4

Patty Lammers/Andrea Jonasson

Fee: 13 week session - Sliding fee scale

### W4005B (Buffalo)

Mondays, January 13 - May 4

10:30 am-12:15 pm

**(No class Jan. 20, 27, Feb. 17, Mar. 30)**

Discovery Center Room EC1 & EC4

Patty Lammers/Andrea Jonasson

Fee: 13 week session - Sliding fee scale



### W4005C (Buffalo)

Wednesdays, January 15 - April 29

8:30-10:15 am

**(No class March 25, April 1)**

Discovery Center Room EC1 & EC4

Patty Lammers/Diane Mastel

Fee: 14 week session - Sliding fee scale

### W4005E (Hanover)

Tuesdays, January 14 - April 28

8:30-10:15 am

**(No class March 31)**

Hanover Elementary ECFE Rooms

Jen Dismang/Andrea Jonasson

Fee: 15 week session - Sliding fee scale

### W4005G (Montrose)

Wednesdays, January 15 - April 29

8:30-10:15 am

**(No class March 25, April 1)**

Montrose Early Ed Center ECFE Rooms

Jen Dismang/Andrea Jonasson

Fee: 14 week session - Sliding fee scale

### W4005D (Buffalo)

Wednesdays, January 15 - April 29

10:30 am-12:15 pm

**(No class March 25, April 1)**

Discovery Center Room EC1 & EC4

Patty Lammers/Diane Mastel

Fee: 14 week session - Sliding fee scale

### W4005F (Hanover)

Thursdays, January 16 - April 30

8:30-10:15 am

**(No class Feb. 13, Mar. 26, Apr. 2)**

Hanover Elementary ECFE Rooms

Jen Dismang/Andrea Jonasson

Fee: 13 week session - Sliding fee scale



**ECFE** Sliding fee scale on page 11



## Parent Child Classes

Explore parent/child activities designed just for parents and children birth to 5 years. This gently-separating class will focus on parents and children who want some time together...after the childcare day, with a grandparent, or other important adult in the life of a young child. We will create a great environment of activities, circle time, get "messy" with paint, sand, and sensory table activities.

### Marvelous Mondays in Buffalo

#### W4005J

Mondays, January 13 - May 4 5:30 - 7 pm  
(No class Jan. 20, 27, Feb. 17, Mar. 30)  
Discovery Center Room EC1 & EC4  
Annette Rabusch/Jen Roback  
Fee: 13 week session - Sliding Fee

### Terrific Tuesdays in Montrose

#### W4005H

Tuesdays, January 14 - April 28 5:30 - 7 pm  
(No class February 25, March 3, 31)  
Montrose Early Education Center ECCE Room  
Patty Lammers/Diane Mastel  
Fee: 13 week session - Sliding Fee



Sliding fee scale on page 11

### Journeys

For families who may, or are currently, accessing

#### Early Intervention Services

Parents and children birth to 5 years, explore parent/child activities designed just for them. Parents and children separate, with children remaining with the early childhood teacher. Children participate in story time, snack time and active play. Parents work with a parent educator, connecting to their parenting community and discuss the joys and challenges of parenting a child with special needs.

#### W4008

Fridays, January 17 - May 1 8:30-10:15 am  
(No class March 27, April 3)  
Discovery Center Room EC1 & EC4  
Diane Mastel/Patty Lammers  
Fee: 14 week session - Free!



### Playtime for Everyone!

#### Children Birth-5 years and their parents/caregiver

Stop by Monday mornings to have fun in our early childhood classroom. Parents/caregivers and children stay together to participate in fun activities, meet other families with young children and find support in shared community resources. There will be new toys and activities each week, songs, fingerplays and new friends for everyone. **Registration is necessary with a one-time fee.**

#### W4054A

Mondays, February 3 - March 16 9-10:30 am  
(No class February 17)  
6 sessions - \$20 per family  
Hanover Elementary Annette Rabusch  
ECCE Room

### Bringing families together at ECCE



### Family Learning

#### Who is the Family Learning Class for?

Parents with young children who want to:

- work on a GED diploma
- prepare to go back to college or into the job market
- work on individual education needs
- be better prepared to help their child with learning
- have time to discuss the challenges of parenting

Give us a call at 763.682.8780 to inquire about registration. Limited transportation available. School lunch provided.

#### W4029

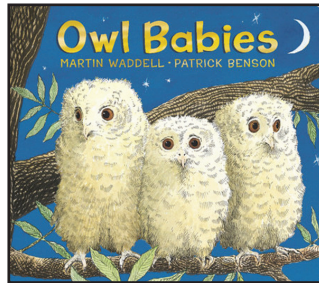
Tuesdays & Thursdays, January 7 - May 21  
10 am - 2 pm (No class Feb. 13, Mar. 31, Apr. 2)  
Discovery Center Rooms EC1 & EC4  
No Fee  
Diane Mastel, Patty Lammers, Terrisa Fisher

## Parent Child Classes



### Owl Babies

Three baby owls, Sarah, Percy and Bill wake up one night in their hole in a tree to find that their mother has gone and they wonder where she is. So they sit on a branch and wait. Parents and children will enjoy this story about the parent child relationship. **Each family receives a FREE copy of this touching story. Limit 12.**



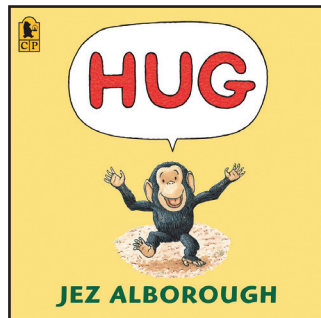
#### F4007C

Thursday, December 12  
1 session - \$5 per family  
Hanover Elementary

6-7 pm  
ECFE staff  
ECFE Room

### Hug

Bobo needs a hug. But his friends don't seem to understand. "Hug," he implores, time and again. Time and again his puzzled pals—from the smallest chameleon to the tallest giraffe—shrug and cuddle with their jungle mothers. **Each family receives a FREE copy of this endearing tribute to love and belonging. Limit 12.**



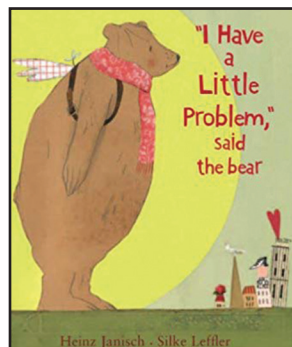
#### W4007D

Thursday, January 16  
1 session - \$5 per family  
Discovery Center

5:30-6:30 pm  
ECFE Staff  
Room EC1

### "I Have a Little Problem", said the Bear

"I Have a Little Problem," said the Bear follows a troubled bear as he tries to find someone to listen to his problem. He visits everyone from an inventor to a doctor to find someone who will listen, but everyone is quick to provide a solution before they even listen to his problem! Children and parents alike will enjoy this story about the importance of listening. **Each family receives a FREE copy of the book to take home!**



#### W4007E

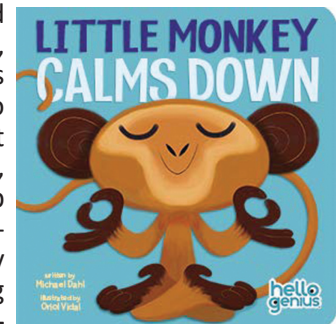
Thursday, January 30  
1 session - \$5 per family  
Discovery Center

5:30-6:30 pm  
ECFE Staff  
Room EC1

**Registration for ECFE  
classes opens at 8 am  
November 26**

### Calm Down Little Monkey

Little Monkey is having a bad day. After a major melt down, he goes to his room and uses some coping techniques to calm down. He sings a quiet song, cuddles with his blankie, and learns how take deep breaths. Parents and children alike will enjoy this story about teaching self-soothing strategies. **Each family receives a FREE copy of the book to take home!**



#### W4007F

Thursday, February 20  
1 session - \$5 per family  
Discovery Center

5:30-6:30 pm  
ECFE Staff  
Room EC 1

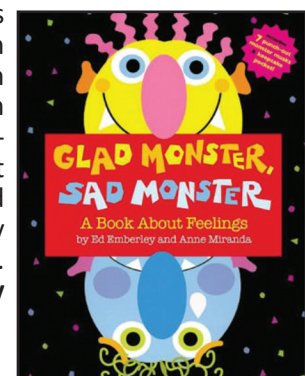
#### W4007G

Thursday, April 30  
1 session - \$5 per family  
Montrose Elementary

5:30-6:30 pm  
ECFE Staff  
ECFE Room

### Glad Monster Sad Monster

Glad Monster Sad Monster is a book about feelings with fun monster masks that children can try on and talk about times when they felt glad, sad, loving, worried, silly, angry and scared—just like the monsters! Children and parents alike will enjoy this story about the names of emotions. **Each family receives a FREE copy of the book to take home!**



#### W4007H

Thursday, March 12  
1 session - \$5 per family  
Hanover Elementary

6:30-7:30 pm  
ECFE Staff  
ECFE Room





Call ECFE at 763.682.8780 for availability

## Spring Into Preschool

2.5 year olds by January 1, 2020

A preschool class for our youngest learners. For the parents, on designated dates, participation in a parent group led by a Parent Educator. Sibling care is available with pre-registration on parent group days only.

### 4034C

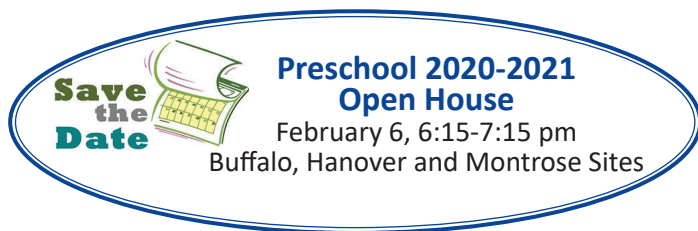
Fridays, January 17 - May 8 10:45 am - 12:15 pm  
(No class March 27, April 3)  
Discovery Center Room EC1, EC4  
Sibling Care Room EC6  
Patty Lammers/Diane Mastel

**Parent Education Days:** January 17, February 7, March 6, and April 10

**Visitation Day:** January 17 - Parents and children come to class together and stay together for this session

### Spring Into Preschool Payment Information

\$50 registration fee plus  
4 monthly payments due January 15 - April 15, 2020  
Each payment \$42/month  
Sibling Care: One-time payment \$25/family



## Early Childhood Screening (ages 3-5 years)

Screening will check your child's overall development. The state of Minnesota recommends all children be screened before their 4th birthday in order to start kindergarten in any Minnesota public school. **Screening is required within 90 days of beginning ECFE preschool. Call 763.682.8408 or 763.682.8780 to schedule. Dates are listed below.**

Buffalo	Hanover	Montrose
February 21, 22	February 7	April 10
March 6, 13, 20, 21	March 25	May 18
April 17	May 1	
May 8, 28, 29		

## Ready Set Grow Preschool - Montrose

3 - 5 year old by September 1, 2019

Nurture and explore friendships, routines and building of social skills. Activities include storytelling, fingerplay, music, art, large muscle play and free choice. Teachers plan activities based on the Creative Curriculum and observe children using the Teaching Strategies Gold Assessment.

### 4205M (2 DAY - Montrose)

Mondays & Fridays, September 23 - May 22 8 - 11 am  
(No class Jan. 3, 20, 27, Feb. 17, Mar. 27, Apr. 3)  
Montrose Early Ed Center ECFE Room  
Jen Dismang

### Ready Set Grow Preschool - Montrose Payment Information

\$50 registration fee plus  
5 monthly payments due January 15 - May 15, 2020  
Each payment \$112/month

## Ready Set Grow Preschool - Buffalo

4 - 5 year old by September 1, 2019

Nurture and explore friendships, routines and building of social skills. Activities include storytelling, fingerplay, music, art, large muscle play and free choice. Teachers plan activities based on the Creative Curriculum and observe children using the Teaching Strategies Gold Assessment.

### 4206D and F4206F

Mondays-Fridays, September 9 - May 18 12-3 pm  
(No class Nov. 25-28, Dec. 23-Jan. 2, Jan. 20, 27, Feb. 13, 17, Mar. 25, 26, 30, 31, Apr. 1, 2)  
Discovery Center Room M4 & M5  
Miranda Weber & Emily Pearson

### Ready Set Grow Preschool - Buffalo Payment Information

\$50 registration fee plus you choose number of days  
5 monthly payments due December 15 - April 15, 2020  
2-Days/Week: Each payment \$112/month  
3-Days/Week: Each payment \$180/month  
4-Days/Week: Each payment \$224/month



**What does this mean?** MN's one to four star rating system measures best practices identified by research that help children succeed. **Scholarships may be awarded to qualifying families whose children attend MN Parent Aware star-rated programs.** To apply for a preschool voucher, contact the ECFE office or Milestones, at 800.288.8549.

# Parent Classes



## Parenting 8-7-7 Closed Facebook Group



Parenting can be difficult in the age of social media. How could a parent know which websites offer research based parenting strategies and tips?

Join licensed Parent Educator, Andrea Jonasson, through a closed facebook format to investigate, navigate, and celebrate parenting children birth through 8 years old.



## Parent Coaching

An ECFE Parent Educator will visit with you and your birth to 5 year old children at your home or at ECFE. Visits can include:

- **Playtime** with your child
- **Time to talk** and problem solve ways to meet your family's needs
- **Resources** and ideas on parenting, child development and community services
- **Free!** Call ECFE at 763.682.8780 for more information

## BHM SCHOOLS EARLY CHILDHOOD FAMILY EDUCATION



### ECFE Mission & Goals

"The ECFE mission is to support and strengthen parents - the first and most important teachers in a young child's life." Our goals are to:

- Support parents in their child-rearing efforts
- Teach parents about child development and parenting techniques
- Give children opportunities to discover and learn with their parents
- Provide inclusive, developmentally appropriate preschool classes with parent participation
- Encourage a smooth transition to kindergarten and parents' involvement during the school-age years
- Provide information on community resources available to parents and children

### Early Childhood Family Education Advisory Council

You are invited to join other parents of young children, who meet together at Discovery Center during the program year, to provide input from a parent perspective about BHM ECFE programs: including Ready Set Grow Preschool, Spring Into Preschool, ECFE Parent/Child classes and Early Childhood Screening. The meetings take place 6 - 7:15 pm, at the Discovery Center in Buffalo, with childcare provided with prior notice on the following dates: January 6, February 3, March 2, April 6, May 4. Join the ECFE Parent Advisory Council and their work to support BHM Early Childhood programs and receive a 10% discount on your ECFE fees/tuition! **For more information contact** Barbara Eckberg IMH-E II, ECFE Coordinator, 763.682.8753 or [beckberg@bhm-schools.org](mailto:beckberg@bhm-schools.org)



## Special Event

*Let's celebrate the Week of the Young Child!*

# ECFE Family Fair

**FREE**

**Saturday, April 18, 10 am - 1 pm**

**Discovery Center Gym**

**FREE**



**Featuring**



**So much to see and do...**



Silent  
Auction  
Baskets



Bison  
Box Lunch



Scholastics  
Book Fair



Community  
Center  
Toy Shop



**Dozens of parent and child activities!**



Kiddie  
Fishing  
Pond



- Allina Health
- Buffalo Police Dept
- Buffalo Fire Dept
- BHM School Board
- Wright County Public Health
- Montrose Lions

Sponsored by  
BHM Early Childhood  
Family Education  
763.682.8780





# Resources & Information



**BHM SCHOOLS**  
Buffalo Hanover Montrose

## Every Family Counts!

### Are you on the school census?

Being on the census ensures that you will receive ECFE mailings, notified of Early Childhood Screening and receive kindergarten information when your child becomes eligible to attend. Call 763.682.8737 if you:

- Recently had a baby or adopted a child
- Moved to this district and/or changed your address
- Did not receive this catalog in the mail



## ECFE Child Care Connection

### Provider Education

This unique class is held in your childcare home. Early Childhood Family Education staff come into your childcare setting for 4 weeks 1 hour each week. ECFE Staff will develop information specific to your needs and spend an hour with you and the children in your care.

Topics for discussion could include:

**child development, challenging behavior, social emotional development, healthy nutrition, etc.**

Dates and times will be scheduled when you call. Call 763.682.8780 today!

**Fee: FREE!**

Childcare Providers  
and children they  
care for!

## Buffalo Public Library

### 1,000 Books Before Kindergarten

The 1000 Books Foundation is a non-profit whose objective is to promote reading to newborns, infants, and toddlers. Visit [1000booksbeforekindergarten.org](http://1000booksbeforekindergarten.org) or call 763.682.2753 for information.

Location: 18 NW Lake Blvd, Buffalo, MN

Monday: 10 am - 8 pm  
Tuesday: 10 am - 8 pm  
Wednesday: 10 am - 8 pm  
Thursday: 12 pm - 8 pm  
Friday: 11 am - 5 pm  
Saturday: 10 am - 2 pm  
Sunday: Closed



## Coming Summer 2020... ECFE Summer in the Park!

*Tricia and the Toonies*  
*Hooperina*  
*Brian Richards*  
*Teddy Bear Band*  
*Rachael Kroog and Kid Power*  
*Wonderful World of Woody*

**Watch for all the details in the summer  
ECFE catalog coming out in April!**

## ECFE Partners



**United for Youth**

**Buffalo Courts Apartments**



**West Adult Basic Education**



**BHM Food Service**



**Buffalo Parks Department**



## Resources & Information

### Fare For All

Want to save \$\$\$ on food? Food distributions will be held at Zion Lutheran Church, 1200 Highway 25, in Buffalo. For information, please visit: [fareforall.org](http://fareforall.org) or call 763.450.3880. **Note: No income guidelines.**

### Blessing Closet

Zion Lutheran Church, Buffalo, MN Children clothing, backpacks, school supplies. Call 763.682.1245 or visit online at [zionbuffalo.org](http://zionbuffalo.org) for dates and times.

### Baby Cafe

Buffalo Baby Café is a drop-in service to help you reach your breastfeeding goals. There will be refreshments and snacks available for you to enjoy as you visit with trained breastfeeding health professionals and other mothers. A scale is available to weigh your baby as well as breastfeeding resources and information for you to take home. There is **no cost** and **no registration** required to participate—just come as you are!

Wednesdays, 10 am - 12 pm  
Wright County Historical Society  
2001 Hwy 25 N, Buffalo



*Check out our Facebook page for cancellations and closing*

### Weather Cancellations

In the event of severe weather, Community Education/ECFE closings will be announced on KRWC 1360 AM radio and the district website: [bhmschools.org](http://bhmschools.org)

- **All Day Closure:** Community Education/ECFE classes do not meet when District 877 schools are closed for the day due to severe weather
- **Two Hour Late Start:** Morning classes are canceled (including Family Learning). Classes that begin at 12 pm or after are held as scheduled

## KidKare

BUFFALO HANOVER MONTROSE SCHOOLS

### KinderKids

#### All Day Childcare with Preschool for 3 - 5 Year Olds

**KinderKids** is a full day care program for 3-5 year olds not yet in school. We offer ½ day care, full day care and wrap-around care for those enrolled in the district ECCE preschool program. **For more information, call Lori Trostad at 763.682.8787 or visit [bhmschools.org/kidkare](http://bhmschools.org/kidkare)**



### Family Resources

Beyond the Yellow Ribbon - Military Families Support Services  
Buffalo Hospital Service  
Child Care Resource and Referral  
Early Intervention Services 0-3 years  
Four County Mental Health Crisis Response Team  
Help Me Grow - Statewide Early Intervention/Child Development  
Little KidKare - Montrose  
Love INC - Big Woods  
Poison Control  
Rivers of Hope - family abuse prevention  
Wright County Community Action: energy assistance  
Wright County Child Passenger safety seats  
Wright County Child Protection  
Wright County Resource Guide

612.669.9664  
763.682.1212  
1.888.291.9811  
763.682.6361  
310.253.5555  
**helpmegrowmn.org**  
763.682.8473  
763.682.6821  
1.800.222.1222  
763.295.3433  
320.963.6500  
763.682.7516  
763.682.7400

[co.wright.mn.us/documentcenter/view/1751](http://co.wright.mn.us/documentcenter/view/1751)



# Sliding Fee Scale & Registration



## ECFE Sliding Fee Scale

Find your class fee based on your family's income.

# of sessions	12 sessions		13 sessions		14 sessions		15 sessions	
	1 child	2+ child	1 child	2+ child	1 child	2+ child	1 child	2+ child
0-19,999	\$14	\$19	\$15	\$20	\$16	\$21	\$17	\$22
20,000-39,999	\$38	\$44	\$41	\$47	\$44	\$50	\$47	\$53
40,000-59,999	\$62	\$69	\$67	\$74	\$72	\$79	\$77	\$84
60,000-79,999	\$84	\$92	\$91	\$99	\$98	\$106	\$105	\$113
80,000-99,999	\$110	\$119	\$119	\$128	\$128	\$137	\$137	\$146
100,000+	\$137	\$147	\$147	\$157	\$157	\$167	\$167	\$177

If you have questions, please call ECFE at 763.682.8780.

### 5 Ways to Register

**Online**  
bhmschools.ce.eleyo.com

**By Mail**  
Community Education/ECFE  
301 2nd Avenue NE, Buffalo

**By Phone**  
763.682.8780 ECFE  
763.682.8770 Community Ed

**By Fax**  
763 682-8795 (24 hours)

**In Person**  
Community Education Office, 301  
2nd Ave NE, Buffalo. If our offices  
are closed, use the **24 hour drop  
box** at the east entrance (Door 1)

### Registration Form

Mail to: ECFE Registration, 301 2nd Avenue NE, Buffalo, MN 55313, register online at [bhmschools.ce.eleyo.com](http://bhmschools.ce.eleyo.com), or call 763.682.8780 with your credit card information. You are notified only if a class is canceled or is full.

Child's Name \_\_\_\_\_ Entered \_\_\_\_\_  
(Last) (First)

Date of Birth \_\_\_\_\_

Parent Name (1) \_\_\_\_\_  
(Last) (First)

Address \_\_\_\_\_  
(Street) (City) (Zip)

Email \_\_\_\_\_

Home/Cell Phone \_\_\_\_\_ WorkPhone \_\_\_\_\_

Parent Name (2) \_\_\_\_\_  
(Last) (First)

Address \_\_\_\_\_  
(Street) (City) (Zip)

Email \_\_\_\_\_

Home/Cell Phone \_\_\_\_\_ WorkPhone \_\_\_\_\_

**Class #** **Class Name** **Fee**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Total Due \_\_\_\_\_

\_\_\_ Cash \_\_\_ Check # \_\_\_\_\_ \_\_\_ Visa \_\_\_ MasterCard Discover

Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

### Am I in?

Yes! We will notify you if the class is full or canceled

### Refunds

- If we cancel a class, you will be notified and your money refunded
- If you cancel, notify us at least one week prior to the start of class and we will refund your tuition. Cancellations received within one week prior to the start of class will be subject to a \$5 service fee, or you may choose a full refund in the form of a credit voucher. No refunds are given after the class start date

Thank you for choosing Buffalo-Hanover-Montrose ECCE!



## Early Childhood Family Education

BUFFALO HANOVER  
MONTROSE SCHOOLS

301 2nd Avenue NE  
Buffalo, MN 55313  
Phone: 763.682.8780

Non-Profit Org.  
U.S. Postage  
PAID  
Permit No. 32324  
Twin Cities, MN

DATED MATERIAL  
Please Deliver Promptly

### Look Inside For...

Let's celebrate "Week of the Young Child"!

# ECFE Family Fair

Saturday, April 18, 10 am - 1 pm  
Discovery Center Gym

**FREE**



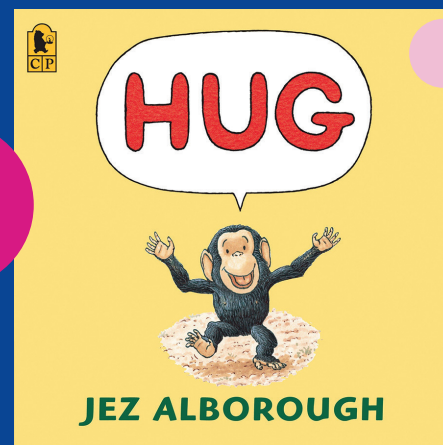
Dozens of parent and child activities!

**FREE**



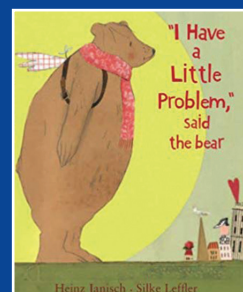
So much to see and do at Family Fair!  
See page 8 for all the details.

### Parent & Child Classes based on these popular books!

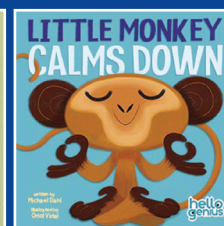


January 16, 5:30-6:30 pm, Discovery Center  
Parents and children alike will enjoy this story  
about an endearing tribute to love and belonging.

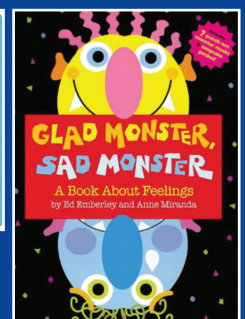
See page 5 for more details!



The importance  
of listening.  
January 30  
Discovery Center



Self-soothing  
strategies.  
February 20  
Discovery Center  
April 30  
Montrose Early  
Ed Center



Feelings and  
emotions.  
March 12  
Discovery Center



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