

# **Early Childhood Family Education**

## **BUFFALO HANOVER MONTROSE SCHOOLS**

Fall 2023



Sweater Weather is better together at ECHH

bhmschools.ce.eleyo.com 763.682.8780



Registration opens online August 22 at 8 am



## **Welcome to Early Childhood Family Education**

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#### What is the Pyramid Model?

The Pyramid Model is a framework for supporting the social and emotional development of our children. The goal of the Pyramid Model is to create an environment of success by designing classrooms that promote engagement in learning and by building positive relationships among children, families and staff. In our use of the Pyramid Model, our classroom staff will work together to ensure that all children understand behavior expectations, receive instruction in social skills, and those children who demonstrate a need for additional support, receive individual supports from the teaching team.

### **New ECFE Opportunities!**

Parent Book Study Simplicity Parenting pg 3
Discover Nature pg 4
Parent Workshop The Big Bed pg 6
Little Artists pg 6

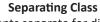


#### What Happens in a Parent/Child Class

Class begins with activities for parents and children together. ....

#### **Non-Separating Class**

Parents and Children stay together for the class time.



Parents separate for discussion facilitated by a Parent Educator.



Children remain with an Early Childhood Educator for an age-appropriate education.

#### **ECFE Mission & Goals**

"Our mission is to support and strengthen parents - the first and most important teacher in a child's life." Our goals are to:

- Support parents in their child-rearing efforts
- Teach parents about child development and parenting techniques
- Give children opportunities to discover and learn with their parents
- Provide inclusive, developmentally appropriate preschool classes with parent participation
- Encourage a smooth transition to kindergarten and parents' involvement during the school-age years
- Provide information on community resources available to parents and children



What does this mean? MN's one to four star rating system measures best practices identified by research that help children succeed. Scholarships may be awarded to qualifying families whose children attend MN Parent Aware 4-Star Rated programs. To apply for a preschool voucher, contact the ECFE office or Milestones, at 800.288.8549.

## **Supporting Families**









#### Family Learning

Parents with young children who want to:

- work on a GED diploma
- prepare to go back to college or into the job market
- · work on individual education needs
- be better prepared to help their child with learning
- have time to discuss the challenges of parenting Give us a call at 763.682.8780 to inquire about registration. Limited transportation may be available. School lunch provided. Ready Set Grow Preschool is provided if age-eligible children FREE of charge.

#### F4029

Tuesdays & Thursdays, September 12 - December 21 10 am - 2 pm

(No class Sept 26, Oct 19, Nov 21, 23)

Discovery Center Rooms EC1 & M4
No Fee ECFE Staff and Terrisa Fisher

#### **Parent Coaching**

An ECFE Parent Educator visits with you, virtually or at one of our ECFE classroom locations. A coaching visit is designed to help families plan for reponses to challenging child behaviors, bedtime routines, mealtimes, and other parenting concerns. Parent coaching is free of charge. Call ECFE at 763-682-8753 for more details.



#### **Baby Bison Bags**

We want to welcome your little one to our Bison Family with a gift from ECFE! Stop by to pick up a Baby Bison Bag containing a book, a Bison onsie, and child development information. Can't make it in? We are happy to deliver!

#### **ECFE To Go Bags**

**ECFE To Go Bags** are take home activity bags for parents and their little ones, birth-kindergarten entrance, to do together. Bags contain activities designed to support your child's emerging skills in the areas of social/emotional, language, literacy, and motor skills. Each bag also contains materials that support parents in their most important role. We will contact you prior to first week of pick up to share information about the contents of the bag based on your child's age.

#### 4022A (Age 0-5 years old)

Discovery Center, pick up and drop off inside door #1, Monday-Friday from 8am-2pm

September 25 - December 11 (No bags the week of November 20) \$25 per family, 12 weeks/bags

#### 4022B (Age 0-5 years old)

Hanover Elementary, pick up and drop off inside door #1, Monday through Friday from 8am-2pm September 25 - December 11 (No bags the week of November 20) \$25 per family, 12 weeks/bags

#### **Simplicity Parenting Book Class**

#### (Age 1-5 years)

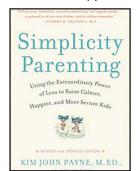
Join others in your parenting community for a discussion based on the book *Simplicity Parenting: Using the Extraordinary Power of Less to Raise Calmer, Happier, More Secure Kids* by Kim Payne, M.ED.. Each family will receive a copy of the

book. Limit 12 children

#### F4001A

Tuesdays Nov. 7, 14, 28 and Dec. 5, 12, 19 10:45am-12:15 pm Hanovery Elementary Room 200 Fee: \$15 per family

Catherine Frisbie/Julie Kirkpatrick





## Non-Separating Parent Child Classes

#### Preschool STEM Lab - New! (Age 1-5 years)

Join Miss Nicole in the exploration of science, math, and building activites for parents/grandparents and

children.



#### F4006 Mondays, Sept 11-Dec 18 11am-12 pm

(No class Oct. 2, Nov. 20, Dec. 4, 11) Hanover Elementary Room 200 Fee: FREE! Nicole Tuchscherer

#### Stay and Play

(Age Birth-Kindergarten Entrance)

Non-separating parent-child group, where parents participate in incidental parent education experiences and children have the opportunity to explore age-appropriate activities in a fun new environment. Class max 20

#### F4054A

Fridays, September 15-December 15	10:45-11:45 am
(No class Oct. 20, Nov. 10, 24)	
Discovery Center	Room EC1
Fee: FREE!	ECFE Staff

#### F4054R

1 10010	
Fridays, September 15-December 15	10:15-11:15 am
(No class Oct. 20, Nov. 10, 24)	

Hanover Elementary Room 200 Fee: FREE! Nicole Tuchscherer

#### F4054C

Fridays, September 15-December 15 10:30-11:30 am (No class Oct. 20, Nov. 10, 24)

**ECFE Rooms** Montrose Early Ed Center Fee: FREE! Catherine Frisbie

#### Mini Melody Music

#### (Age Birth – Kindergarten Entrance)

Songs, musical instruments, and dance create a fun filled hour for you and your little one. Enjoy a snack and an ageappropriate parent/caregiver musical activity take home.

#### F4032

Tuesdays, Sept. 12, 19 and Oct. 3, 10, 17, 24

10:45am-12:15pm

Hanover Elementary Room 200

Julie Kirkpatrick/Catherine Frisbie Fee: 6 week session-Sliding Fee Scale

#### **ECFE Evening Story Time**

Our staff will design age-appropriate activities focused on a particular early childhood book title. Each session offers playtime, circle time and fun activities around the book's theme. (Non-separating). Limit 10 per class.

#### Mary Lyn Ray Story of Stars

(Age 2-5 years)

Mary Lyn Ray Story of Stars promotes imagination and is filled with themes about friendship, self-esteem, and more. Age-appropriate activities surrounding stars. Each family will receive a copy of the book.



#### F4044A

Thursday, October 12 **Discovery Center** \$15 per family

5:30-6:30 pm Room EC1 **Patty Lammers** 

#### Love is for Roaring

(Age 2-5 years)

Everyone needs love but we don't all enjoy hugs and kisses. Mike Kerr's sweet tale shares how there are many different ways to show love. Each family will receive a copy of the book.



#### F4044B

Thursday, December 14 Montrose Early Ed Center \$15 per family

5:30-6:30 pm **ECFE Rooms** Patty Lammers

#### Discover Nature - New!

#### (Age 1-5 years)

Children and their parent(s) are invited to join us in our outdoor classroom for an hour of exploration and age-appropriate science investigations. Please dress for the outdoor weather conditions. Funded by MN DNR No Child Left Inside grant program.

Mondays, Sept 11-Dec 18 10-11am (No class Oct. 2, Nov. 20, Dec. 11) Montrose Early Ed Center ECFE Room/Nature-Based Classroom

Fee: FREE! ECFE Staff

#### F4042B

Thursdays, Sept 14-Dec 21 10:45-11:45am

(No class Oct 19, Nov 23)

Hanover Elementary playground

Fee: FREE! Catherine Frisbie



DEPARTMENT OF NATURAL RESOURCES

## Separating Parent Child Classes



#### **Mixed Ages**

## Separating parent group classes for children age birth to 5 years by September 1, 2023

Separating Parent/Child classes are designed for parents and children to learn together through age-appropriate activites and circle time. Then parents and children will separate, with parents joining a licensed parent educator to discuss current parenting topics. Children remain with the licensed classroom teacher for an experience designed just for them. Children under 6 months are invited to stay with parents. (Limit 10)

#### F4005A (Buffalo)

Mondays, Sept 11 - Dec 18 8:30-10:15am

(No class Oct. 2, Nov. 20, Dec. 11)

Discovery Center Room EC1 & EC4
Julie Kirkpatrick/Catherine Frisbie
Fee: 11 week session - Sliding fee scale

#### F4005B (Buffalo)

Mondays, Sept 11 - Dec 18 10:30am-12:15pm

(No class Oct. 2, Nov. 20, Dec. 11)

Discovery Center Room EC1 & EC4
Julie Kirkpatrick/Catherine Frisbie
Fee: 11 week session - Sliding fee scale

#### F4005C (Buffalo)

Tuesdays, Sept 12 - Dec 19 8-9:30 am

(No class Sept. 26, Nov. 21)

Discovery Center Room EC1 & EC4 Patty Lammers/Danielle Stein

Fee: 13 week session - Sliding fee scale

#### F4005D (Buffalo)

Wednesdays, Sept 13-Dec 20 8:15-10 am

(No class Oct. 18, Nov. 22)

Discovery Center Room EC1 & EC4 Patty Lammers/Catherine Frisbie Fee: 13 week session - Sliding fee scale

#### F4005F (Hanover)

Tuesdays, Sept 12 - Dec 19 8-9:30 am

(No class Sept. 26, Nov. 21)

Hanover Elementary Room 200 Julie Kirkpatrick/Catherine Frisbie Fee: 13 week session - Sliding fee scale

#### F4005G (Hanover)

Thursdays, Sept 14 - Dec 21 8-9:30 am

(No class Oct. 19, Nov. 23)

Hanover Elementary Room 200 Nicole Tuchscherer/Catherine Frisbie Fee: 13 week session - Sliding fee scale

#### F4005E (Montrose)

Fridays, Sept 15-Dec 15 8:15-10 am

(No class Oct. 20, Nov. 10, 24)

Fee: 13 week session - Sliding fee scale



#### **ECFE Sliding Fee Scale**

Find your class fee based on your family's income.

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# of sessions	11	13	2nd Child	
0-19,999	\$14	\$16	\$5	
20,000-39.999	\$36	\$42	\$6	
40,000-59,999	\$67	\$73	\$7	
60,000-79,999	\$98	\$104	\$8	
80,000-99,999	\$129	\$135	\$9	
100,000+	\$160	\$166	\$10	



#### **Terrific Tuesdays**

#### (Age 2-Grade 2)

Join our ECFE staff for a family style pizza dinner from 5:30-6pm. After, parents will participate in a parent discussion group and children remain with a licensed ECFE teacher. (Limit 12)

#### F4100 (Separating)

Tuesdays, September 12- December 19 5:30-7 pm

(No class Sept. 26, Nov. 21) Montrose Early Ed Center Danielle Stein 13 sessions- Sliding fee scale

#### **Journeys**

#### (Age birth- 6 years)

For families who may, or are currently accessing Early Intervention Services. Parents will join a parent educator for discussion about the joys and challenges of parenting, while the children remain with a licensed teacher and enjoy activities designed just for them. Evening class includes light meal.

\*Please register for 1 section only.

#### F4008B

Fridays, Sept 15-Dec 15 8:30-10:15am

(No class Oct. 20, Nov. 10, 24)

Discovery Center Rooms EC1 & EC4 ECFE Staff

#### F4008A

Fee: Free!

Wednesdays, Sept 13-Dec 20 5:30 - 7pm

(No class Oct. 18, Nov. 22)

Montrose Early Ed Center

ECFE Rooms

Patty Lammers/Catherine Frisbie

Fee: Free!



## Special Events & Preschool

#### The Big Bed

#### (Age 1-5 years old)

Join us for an evening parent workshop about bed time routines, sleep, and making it all work. Facilitated by Angie Klinefelter, MS, LMFT, IMH-E. Handouts for parents are included to assist with night time sleep issues



PLUS a free copy of *The Big Bed* for each family. FREE childcare provided for children ages 1 year to kindergarten entrance. (Limit for childcare: 30 children, Limit for adults: 50)

#### F4001B Child Care

Thursday, November 9 Discovery Center Fee: FREE! 5:30-7 pm Room EC1 and EC2 ECFE Staff

#### Discover Nature at the Hanover School Forest





Children and their parent(s) are invited to join us in our outdoor classroom for an hour of exploration and age-appropriate science investigations. Meet at the Hanover Elementary Playground for a trip into the Hanover School Forest. Please dress for the outdoor weather conditions. Funded by MN DNR No Child Left Inside grant program.

#### F4032E

Saturday, October 28 10-11am Hanover Elementary Playground

Fee: FREE!

Catherine Frisbie/Becky Commerford

#### Little Artists-Celebrate Halloween!

#### (Age 1-5 years old)

Join our non-separating Boo bash with age appropriate art activities designed for parents and children to do together. Limit 12 children



#### F4030

Tuesday, October 31 10:45am-12:15pm Hanover Elementary Room 200 Fee: \$5 per family Julie Kirkpatrick/Catherine Frisbie

## Join our Bison Family!

#### **Spring Into Preschool**

#### (Age 2.5 by September 1, 2023)

A preschool class for our youngest learners. For the parents, on six designated dates, required participation in a parent group led by a Parent Educator.

Openings available in sections:

4034A, 4034B, 4034D

#### **Spring Into Preschool Payment Information**

\$50 registration fee plus 8 monthly payments of \$45 due

October 30 - May 30, 2024

#### **Ready Set Grow Preschool**

#### (Age 3-5 years old by September 1, 2023)

Nurture and explore friendships, routines and building of social skills. Activities include storytelling, fingerplay, music, art, large muscle play and free choice. Teachers plan activities based on the Creative Curriculum and observe children using the Teaching Strategies Gold Assessment.

**Openings available in sections:** 

4206A, 4206C, 4206D, 4207B

### Ready Set Grow (3-5 year olds) Payment Information

\$50 registration fee plus 9 monthly payments

due September 30 - May 30 2 days at Buffalo - \$120 per month 4 days at Buffalo - \$240 per month 5 days at Hanover- \$215 per month

#### **Marvelous Mondays**



#### (Age birth-5 years)

Join BHM ECFE at the Buffalo Library on Monday evenings for a story time and activity. Free and open to the public. Contact GRRL-Buffalo or BHM ECFE for more information. griver.org/events

Mondays

5:30-6:30 pm

FREE! Buffalo Pu

Buffalo Public Library 763.682.2753



The Child and Teen Checkups program provides FREE medical, dental, and vision checkups to Wright County residents who are age 20 or younger and enrolled in Medical Assistance. Contact your health care plan to set up an appointment with a participating provider today!

## **Screening & Registration**



#### Join ECFE Advisory

Council!

Receive 10% off class fees/ tuition

You are invited to join other parents of young children, who meet together at Discovery Center during the program year. To provide input from a parent perspective about BHM ECFE programs including: Ready Set Grow, Spring Into Preschool, ECFE Parent/Child classes, and Early Childhood Screening. The meetings take place 6:15-7:15pm-virtually: Sept 11, Oct 9, Nov 13, Jan 8, Feb 12, Mar 11, Apr 8, May 6.

Please call the ECFE Coordinator at 763.682.8753 for more information.

# Are you on the school census? Every family counts!



Ensure that you receive communications from the school district. Call 763.682.8737 if you:

- Recently had or adopted a child
- Moved to this district and/or changed your address
- Did not receive this catalog in the mail



#### **Early Childhood Screening**

(Age 3-5 years)

Screening will check your child's overall development. The State of Minnesota recommends all children be screened before their 5th birthday in order to start kindergarten in any Minnesota public school. Screening is required within 90 days of beginning ECFE preschool. Call 763.682.8408 (Sept-May) or 763.682.8780 (June-August) to schedule.

#### **Screening Dates at Buffalo Discovery Center**

October 27 December 1, 6, 15 November 1, 3, 17, 20, 21

#### Registration is Easy!

#### Online

bhmschools.ce.eleyo.com

#### **By Phone**

763.682.8780 ECFE 763.682.8770 Community Ed

#### In Person

301 2nd Ave NE, Buffalo, 55313
If our offices are closed, use the **24 hour drop box** east entrance to Discovery
Center, by door #1





Online Registration

#### **Budget Tight?**

All families are eligible to participate in the ECFE program. Please contact the Coordinator at 763.682.8753.

#### Am I in?

We notify you only if the class is full or canceled.

#### **Refunds**

- If we cancel a class, you are notified and your money refunded
- Cancellations received within one week prior to the start of class is subject to a \$5 service fee. No refunds given after class begins

#### **Weather Cancellations**

In the event of severe weather, Community Education/ECFE closings will be announced on KRWC 1360 AM radio and the district website:

#### bhmschools.org

**All Day Closure**: Community Education/ECFE classes do not meet when District 877 schools are closed for the day due to severe weather

**Two Hour Late Start:** Morning classes are canceled (including Family Learning). Classes that begin at 11:15 am or after will be held as scheduled

Check out our Facebook page for cancellations and closings



**301 2nd Avenue NE Buffalo, MN 55313** Phone: 763.682.8780

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DATED MATERIAL
Please Deliver Promptly

## **ECFE Family-Friendly Fall Activities**

#### **Fall Festival**



## Saturday, October 7 10 am-12:30 pm at Sturges Park

- This FREE event will serve as a "welcome" and "welcome back" for our youngest learners and their families
- FREE parent/child friendly activities
- No registration required... see you there!
- Questions, call ECFE 763.682.8780

#### Touch-A-Truck



## Tuesday, September 26 10am-lpm

- Stop in at the Great River Regional Library, 18 Lake Blvd NW, and take your picture in one of the big trucks!
- FREE and open to the public
- Co-sponsored by GRRL Buffalo, the City of Buffalo, Buffalo Community Center, and BHM Early Childhood Family Education

