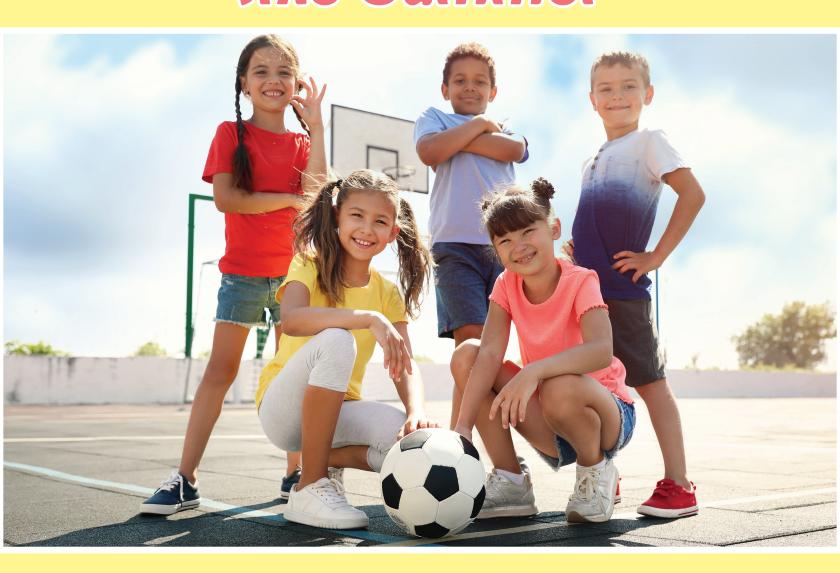


Community Education

BUFFALO HANOVER MONTROSE SCHOOLS

Summer 2023

Play and Learn this Summer



The place to dream, believe and achieve.

763.682.8770 BHMSCHOOLS.CE.ELEYO.COM Girls Sports Sampler, p. 13 Summer Sport Camps, p. 15-17 Outdoor Games, p. 25, 27, 29 Adult Open Pickleball, p. 31

Welcome to Community Education

REGISTER ONLINE TODAY! BHMSCHOOLS.CE.ELEYO.COM

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Online Registration

Easy Ways to Register

- Online at bhmschools.ce.eleyo.com
- Phone at 763.682.8770
- In-Person or Mail at 301 2nd Ave NE, Buffalo

<u>Registration</u>

- Register at least one-week prior to start date. Classes with low enrollment may be canceled at that time.
- Once registered, an email confirmation will be sent to you if an email address is provided.
- Cancellations within 48 business hours of the class is assessed a \$5 service fee. If we cancel a class, you will be notified and your payment refunded.

Weather Cancellations

- Closings posted on district website bhmschools.org, Facebook and on KRWC radio.
- Community Education/ECFE classes do not meet when BHM schools are closed due to weather.
- KidKare sites remain open.

UCare

 Eligible UCare members may get up to a \$15 discount on many Community Education classes. Provide your UCare member ID number when registering.

Office Location: Discovery Center, 301 2nd Ave NE, Buffalo (East side, door #1)

Office Hours: 8 am - 4 pm, Monday-Friday

Office Closed: May 29, July 3, 4
Office Telephone: 763.682.8770

Web Sites:

Online Registration **bhmschools.ce.eleyo.com** School District **bhmschools.org/community-ed**





Join Us for Summer ECFE in the Park!

These family friendly activities are held at Sturges Park in Buffalo, unless otherwise noted, on Tuesdays, 10:30-11:30 am. Sign in with staff onsite.

In the event of rain, a post will be made on the BHM ECFE facebook page.

Rain location will be the Discovery Center Gym. Enter door 6.

June 13 Royal Ball in the Park

*Griffing Park

Kick off Buffalo Days with kings, queens, princes and princesses for a morning of song and dance at Griffing Park. A free crown for all the littles in attendance!

Meet at Griffing Park west side shelter at 10:30 am.

June 20 Rachael Kroog & Kid Power

Join the Kid Power movement with dance, music, laughs and good times. Kid Power is Kind Power! **Meet at Sturges Park bandshell at 10:30 am.**

June 27 Will Hale and the Tadpole Parade

Kids are the stars of this interactive musical show of songs, drums, harmonica and guitar. **Meet at Sturges Park bandshell at 10:30 am.**

July 11 Music & Dance of the Andes

This colorful program shares the beauty of music, language and story telling from the country of Chili. Join us for an interactive morning exploring the culture of the Andes Mountain region. **Meet at Sturges Park bandshell at 10:30 am.**

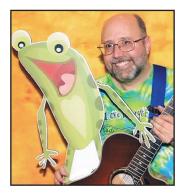
July 18 Rockin' Woody

Music, juggling and sing-a-longs all rolled into one action-packed show. It's a WONDERFUL Day for FUN! **Meet at Sturges Park bandshell at 10:30 am.**

July 25 Hooperina - Hooperina will entertain and engage audiences of all ages with one of our favorite toys... a hula hoop. You are welcome to bring your own hula hoop to join in the fun! Meet at Sturges Park bandshell at 10:30 am.



Rachael Kroog, June 20



Will Hale and the Tadpole Parade, June 27



Hooperina, July 25

■■■ Classes & Screening



Picnic in the Park

Bring your picnic lunch and join your ECFE friends at the park. Free parent/child friendly activities provided. (Limit 25)



11 am-12 pm Emily Pearson

SU4001A

Thursday, June 15 1 session- FREE Sturges Park, Buffalo

SU4001B

Thursday, June 22 11 am-12 pm 1 session- FREE Emily Pearson Montrose Early Education Center, Montrose

SU4001C

Thursday, June 29 1 session- FREE Cardinal Park, Hanover 11 am-12 pm Emily Pearson

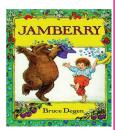
ECFE Summer Book Groups

(Birth to Kindergarten Entrance)

This is a non-separating group for children and their grown-up. There will be a teacher led book circle time followed by fun activites specific to the book's theme. Each family will receive a copy of the featured book! (Limit 12)

Jamberry

Hat and boot in hand, a boy and a bear set off on a delicious romp through Berryland. They frolic in strawberry fields, rumble in blackberry brambles and topple their canoeberry with blueberries.



SU4044A

Thursday, July 13 1 session- \$5 per family Discovery Center, Buffalo 11 am-12 pm Emily Pearson Room EC1

Summer Song

Bees buzz, birds sing and children roll in the grass to feel the heat of the summer sun. With striking verbal imagery, repetition and alliteration, the author introduces basic concepts of language and the summer season.



SU4044B

Thursday, July 27 1 session- \$5 per family Discovery Center, Buffalo 11 am-12 pm Emily Pearson Room EC1

ECFE Summer Stay and Play (Birth to Kindergarten Entrance)

This is a non-separating group where children explore our early childhood environment. We encourage messy play and art activities for you and your little ones! Stay as little or as long as you want. (Limit 15)

SU4054A

Thursdays, June 15, 22, 29, July 13, 27 9:30-11:30 am 5 sessions- Free Emily Pearson Discovery Center, Buffalo Room EC2



Are You on the School Census?

Ensure you receive communications from the school district. Call 763.682.8737 if you:
Recently had or adopted a child.
Moved to this district or changed your address.
Did not receive this catalog in the mail.



Early Childhood Screening (Ages 3-5 years)

Screening will check your child's overall development. The state of Minnesota recommends all children be screened before their 4th birthday in order to start kindergarten in any Minnesota public school. Screening is required within 90 days of beginning ECFE preschool. Call 763.682.8408 or 763.682.8780 to schedule. Appointments are available in Buffalo on the following dates:

August 8, 9, 10





(Age 3-5 by September 1, 2022)

Join Miss Emily as she extends the preschool year through school readiness activities designed to strengthen kindergarten readiness skills in the areas of language and literacy, mathematics, social/emotional skills, large and fine motor skills and the arts. Students will participate in free breakfast and lunch as part of the daily schedule. Questions, please contact Barbara at beckberg@bhmschools.org or 763.682.8753. (Limit 20 children)

SU4206J

Monday, Wednesday, Friday, June 12-30 8:30-11:30 am 9 sessions - Free Emily Pearson/Kristi Brundin Discovery Center, Buffalo Room EC2



Preschool Fall 2023-2024

Ready Set Grow Preschool 2023-24

- Kindergarten readiness skill development for 3 - 5 year old children.
- 9 months/33 weeks for 2-5 days/week in 2.5 or 3 hour sessions.
- Buffalo, Hanover and Montrose sites.

Spring Into Preschool 2023-2024

- Social/emotional skill development to prepare
 2.5 3.5 year old children for preschool in a parent/child preschool class.
- Monday, Wednesday or Thursday mornings
- Parents attend designated dates at our Buffalo, Hanover or Montrose sites.

NEW!

Nature Based Preschool in Hanover and Montrose



For more information about all our preschool options as well as availability, times and fees, visit us at **bhmschools.org** (Click Community Ed tab, then Early Childhood Family Education) or call **763.682.8780**.



Amazing Tots (Age 18 months - 2.5 years)

Amazing Tots is a guided, discovery-based program that helps kids engage in structured physical activities tailored specifically for toddlers. Classes are designed to meet the attention span and physical needs of each child. * Parent participation is required.

SU790

Thursdays, June 8-July 6 4:30-5 pm 5 sessions - \$85
Discovery Center Gym

Amazing Athletes (Age 2.5 - 5 years)

Develop your child's motor skills, hand-eye coordination, and cardiovascular fitness. Each class encompasses two different developmental sport lessons, muscle identification and fruit or vegetable introduction, using fun activities to build their skills, at their own pace, in a non-competitive atmosphere.

* Parent participation is encouraged.

SP791

Thursdays, June 8-July 6 5:10-5:55 pm 5 sessions - \$85
Discovery Center Gym



Science, Technology, Engineering, Arts, Mathmatics

STEAM Camp

(**Ages 4-5**)

Join Miss Jen for a week long STEAM Camp, preparing children for the upcoming Kindergarten experience. Activities will focus on kindergarten readiness skills in the areas of science, technology, engineering, the arts and mathematics. Breakfast and lunch included in the activities of the day. (Limit 10 children)

SU4006A

Monday-Thursday, August 14-17 8:30 am-12 pm 4 sessions - \$40 per child Jen Robeck Discovery Center, Buffalo Room EC2

May Classes



Dojo Karate (Grade K-5)

Karate is a great tool for learning self-discipline, respect for self and others, keeping fit, building confidence and character development. Trained professional instructors specialize in helping kids develop a healthy body and mind. New skills each week. **Class includes a free uniform!**

SP6073C

Tuesdays, May 9-30 2:30-3:15 pm 4 sessions -\$45 Buffalo Dojo Hanover Elementary New Gym

Fishing Class (Grade 3 to Adult)

School of Fish is taught by pro angler and fishing TV show host Mike Frisch. Students learn about lakes, finding fish in those lakes and great ways to catch the fish. Students also learn to tie a fishing knot and rig and use a slip-bobber setup. Most importantly, however, graduates leave class with the knowledge, skills and equipment to go fishing!

Included in the class:

- Rod & Reel
- Hannay's Marine/School of Fish T-shirt
- Tackle box and tackle
- School of Fish full color workbook
- One adult is invited to attend with student provided they share one equipment packet.

SP6077

Monday, May 15 1 session - \$60 Discovery Center



6-8:30 pm Mike Frisch Cafeteria

Fidgets, Games & Music

Learn how to use Popit fidgets to create candy, make music and play games! We will play games, dance, listen/make music and much more! EVERYONE will bring home at least one fidget of choice. If you are good



(Grade K-5)

POP IT 😉

at games, and with some luck, many more fidgets may be yours! Have a great time with friends!

SP6093

Friday, May 19 1 session - \$20 Montrose Elementary 2:30-4 pm Charlene Bzdok Room 211



She Leads

(Grade 5-8)

Join *Play Bold Spring Summit with Her Next Play.* This is an experience designed to provide athletes with team building and discussions to encourage growth and development as athletes and leaders. During this event, athletes will explore concepts of sports related to playing bold, using productive self-talk, practicing effective communication and developing their leadership identity. Participants will learn what it means to play bold, improve communication and grow as a leader.

SP6000

Saturday, May 20 12:30-3:30 pm 1 session - \$30 Her Next Play Buffalo Community Middle School Gym

Spring Cookie Decorating (Grade K-5)

Have fun with your friends and enjoy cookie decorating! At the end of class, you will bring home beautifully decorated spring cookies for your family. Yum! A fun activity is also planned while the cookies are drying.

SP6095

Wednesday, May 24 1 session - \$20 Montrose Elementary



2:30-4 pm Charlene Bzdok Room 211

(Ages 6+)

Kid's Create Camp

We will be making five projects during our time together. It'll be a busy week with water color, yarn, acrylic block paint, using things from our house to make art and wood painted decor. Projects include: water color and glue animal art, block art canvas bag, yarn land-scape canvas, wood painted décor - 4th of July (fireworks and stars) and multi media cards that we will be sending to our service men and women. **Drink provided feel free to bring a small snack.**

SU6088

Monday-Friday, June 12-16 9:30-11:30 am 5 sessions - \$160 Studio 527 Discovery Center Room 202



3D Engineering: Architectural

& Structural Design (Grades 1-5)

Bring your imagination to life. Become a master brick-layer and use our special architectural LEGO® kits to build your creations. Be an architect as you learn the principles of construction. The main goal of the course is to introduce the concept of 3-dimensions and their role in design. Students will construct buildings, structures, towers, castles, and more within teams. Students will learn construction principles and use math skills to experiment with scale and size, staggering vs. stacking bricks, and more. We will build houses with removable roofs, castles with turrets, and towers of strength! It might just be impossible to exhaust the creative potential of LEGO® bricks. With an active imagination as your guide, there are endless possibilities. Students will be working in pairs.

SU6060

Monday-Thursday, June 12-15 9 am-12 pm 4 sessions - \$130 Tech Academy Discovery Center Room 204



Summer

High School Drivers Education

Our program includes 30-hours of classroom instruction <u>AND</u> 6-hours of Behind-the-Wheel (BTW) instruction with a licensed teacher.

June Sessions - 2023

All sessions are Monday-Friday for two-weeks

SUDE23A	June 12-23	8-11 am	Buffalo
SUDE23B	June 12-23	8-11 am	Hanover
SUDE23C	June 12-23	11:15 am-2:15 pm	Buffalo

10 classroom sessions & 6 BTW hours - \$395 Make-Up: Monday, June 26, 8-11 am, in Buffalo

July Sessions - 2023

All sessions are Monday-Friday for two-weeks

SUDE23D	July 10-21	8-11 am	Buffalo
SUDE23E	July 10-21	5-8 pm	Buffalo
SUDE23F	July 31-Aug 11	8-11 am	Montrose

10 classroom sessions & 6 BTW hours - \$395

Buffalo Make-Up: Monday, July 24, 8-11 am

Montrose Make-Up: Friday, August 11, 11 am-2 pm

Parent & Student Safety Presentation

Soon to be drivers and their parents of BHM Community Education Driver's Education program can attend this presentation. This safety presentation helps new drivers and their parents prepare for getting behind the wheel. **Students must pre-register.**

SUDE-Safety 3

Wednesday, July 12 6:30-8 pm 1 session - \$10 Safe Communities of Wright County Buffalo High School Performing Arts Center

Minecraft Mod Development: Portals & New Dimensions (Grades 2-6)

MCreator is an excellent tool for learning Minecraft modding and software programming concepts. Students should be comfortable with keyboarding and, of course, playing Minecraft! Take home your mods to share with family and friends.

SU6061

Monday-Thursday, June 12-15
4 sessions - \$130
Discovery Center

1-4 pm
Tech Academy
Room 204

S'more Crates (Ages 10+)

We will build and decorate a s'more crate. We will be using small hand tools for this project and finish it off with 3 jars to hold the s'more supplies. You'll be ready for a summer night around the campfire.

SU6089

Tuesday, June 13 1 session - \$42 Discovery Center



1-3 pm Studio 527 Room 202

Ice Cream Science (Grades K-5)

Designed for youth to have FUN while learning science concepts (inquiry based). We will be using the simplest of techniques (freezer bags and ice) - but also teach other methods of the business in today's world.

SU6085

Tuesday, June 13 12 – 1:30 pm 1 session - \$30 Charlene Bzdok Montrose Elementary 211

Fidgets, Games and Music (Grades 5-8)

Learn how to use Popit fidgets to create candy, make music and play games. We will play games, dance, listen/make music and more using fidgets. EVERYONE will bring home at least one fidget of choice and with some luck many more fidgets will be yours!

SU6086

Tuesday, June 13 2:30 – 4:30pm 1 session - \$25 Charlene Bzdok Montrose Elementary 211

SEA LIFE at Mall of America

Field Trip

(Grades K-5)

Explore the creatures that live in our lakes, rivers and oceans through interactive, hands-on experiences. From feeling the spiny skin of a sea star to gazing at sharks swimming overhead, spend the day exploring over 11



zones, thousands of sea creatures and over 200 species in an immersive setting. Funded by Elementary and Secondary School Emergency Relief Funds (ESSER).

SU6001

Wednesday, June 14 1 session - Free Discovery Center 8:30 am-2 pm

Meet at Door 1



Children's Theatre Company: An American Tail Field Trip (Grades 2-8)

An army of cats forces young Fievel Mousekewitz and his family to escape from Russia by boat. When a storm at sea separates them, Fievel arrives alone in the vast city of New York. Despite everything stacked against him, Fievel clings to his dreams of a better life and reuniting with his family. Are they somewhere out there? Funded by Elementary and Secondary School Emergency Relief Funds (ESSER).

SU6002

Thursday, June 15 8:45 am-1:45 pm 1 session - Free Discovery Center Meet at Door 1



Self-Defense/Safety Awareness (Ages 4-14)

Students are instructed in self-defense, emergency notifications, physical techniques and abduction safety. We promote self confidence, physical fitness, personal empowerment and respect for others. Instructors are certified black belts trained in run, yell, tell and stranger danger curricula.

Registration Night

Thursday, June 15 6:30-7:30 pm Registration fee is \$5 per student Discovery Center Cafeteria

Class Information

Thursdays, June 22 - August 24 **(No class July 6)**Beginner 6:30-7:15 pm, All others 7:30-8:15 pm
Weekly class fee is \$8 per student
Discovery Center

Cafeteria

90% of self-defense is awareness.
Only 10% is physical!

Fencing (Age 6-adult)

Fencing is a vigorous sport, for the entire family, that develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. Fencing utilizes natural body movement to create simple and effective self-protection techniques. Sword Play provides everything needed to fence. **Dress comfortably for freedom of movement** (long sweat pants and running shoes).

SU679

Monday-Friday, June 19-23 1:30-3 pm 5 sessions - \$112 Swordplay Discovery Center Cafeteria

Wilderness Inquiry Canoe Field Trip (Grades 5-8)

This Mississippi River canoe day trip goes from Hidden Falls Regional Park to Harriet Island. Participants paddle in a 10-person North canoe that includes a stop for lunch, educational activities, gear and equipment, safety instruction



and Wilderness Inquiry guides. Connect with the environment, see the community from a new perspective and bond as a team. Funded by Elementary and Secondary School Emergency Relief Funds (ESSER).

SU6003

Friday, June 23 8:30 am – 4 pm 1 session - Free Discovery Center Meet at Door 1

4th of July Cookie Decorating (Grades K-5)

It's Independence Day! Come and celebrate this holiday with your friends and decorate some 4th of July themed cookies. At the end of this class you will bring home some beautifully decorated cookies for your family... yum! A fun class activity is also planned while the cookies are drying.

SU6084

Monday, June 26 12 - 1:30 pm 1 session - \$25 Charlene Bzdok Montrose Elementary 211

Video Production for YouTube

(Grades 3-7)

Learn the tricks pro filmmakers use for better shots, lighting and sound, and use of film editing software. Students also work on a group unboxing or product review video. Edit your video, add transitions and special effects, and insert a soundtrack. Finally, share your finished video with the world. Bring a USB drive (at least 8 GB).

SU6062

Monday-Thursday, June 26-29 9 am-12 pm 4 sessions - \$130 Tech Academy Discovery Center Room 204

Intro to 3D Printing & CAD

(**Grades 3-7**)

Students design 3D objects using Tinker-CAD and the 3D slicing program Cura to bring their creations to life. From industrial design and manufacturing to software and hard-



ware engineering, the 3D printing industry is booming. This course is ideal for students who like to draw, design, imagine, and see their creations come to life. Printing and material fees are included. Students will get to bring home two of their 3D creations.

SU6063

Monday-Thursday, June 26-29 1-4 pm 4 sessions - \$150 Tech Academy Discovery Center Room 204

Roblox with KidCreate (Ages 5-12)

Calling all Robloxians! Take a step out of the virtual world and into the coolest art camp ever! We'll create with clay, paint, and more as we sculpt a classic Roblox Noob. Whether you're a hardcore gamer or more of a Noob, this is the perfect camp for you. Please pack a nut free snack and drink for your child.

SU6087

Wednesday, June 28 1-4 pm 1 session - \$42 KidCreate Discovery Center Room 202

Side Kick Theater- The Pirates of Treasure Island Field Trip (Ages 5+)

Sail off on a fantastic musical excursion of pirates, treasure maps and high seas adventures. Packed with action, hysterical hijinks and enthralling music that is great fun for all ages and includes the audience in the action. Funded by Elementary and Secondary School Emergency Relief Funds (ESSER)..



SU6004

Friday, June 30 11 am – 2:30 pm Discovery Center Meet at Door 1 1 session - Free

July Classes

Summer Fun Cake Pop (Grade K-8)

Cake pops are made for kids, and now they can make their own! We'll teach you how to combine just the right amount of cake crumbs and buttercream icing to create tasty cake pops in fun designs! You will learn to read a recipe and follow directions, how to melt candy melts and practice kitchen safety. Bring home some beautifully decorated Cake Pops for your family!

SU6094

Thursday, July 6 3-4:30 pm 1 session - \$30 Charlene Bzdok Montrose Elementary Room 211

Oopsy Goopsy Art

Grab your friends and get ready for a messy good time. We get our hands dirty as we explore and play with paint, clay, Paper-Mache, and simply sloppy supplies. Paint a seahorse on canvas, decorate a trinket box with Sculpey Clay, make tie-dye, and more. Dress for mess and artistic success!

SU6090

Monday-Thursday, July 10-13 4 sessions - \$130 Discovery Center

(**Grades 1-5**)



1:30-4 pm KidzArt Room 202

(Ages 10+)

Framed Animal Pop Art

Paint with squeegees, card stock and paint markers to make a fun brightly colored project of your cat or dog. We'll finish the piece by putting it in a 10x10 frame. Instructor will reach out the week before class to



get a picture of the participant's dog or cat.

SU6093

Tuesday, July 18 1-2:30 pm 1 session - \$40 Studio 527 Discovery Center Room 204

July Classes

Visit bhmschools.ce.eleyo.com to check out additional summer classes not listed in this catalog such as art classes at Artistic Me.

Summer Orchestra Camp

(Incoming Grades 8-9)

Join your fellow orchestra friends in a week-long summer camp to help maintain your playing skills during the summer! The day camp will include large ensemble work, sectionals, working with high school orchestra mentors and listening to special performances by guest artists. The camp session will conclude with a concert for family and friends. This class is for students who have a minimum of two years experience playing the violin, viola, cello, or bass.

SU6005

Monday-Friday, July 10-14 9 am-12 pm 5 sessions - \$60 Maddie Eicher and Kristine Wiese Buffalo High School Orchestra/Band Room



Summer Orchestra Camp (Incoming Grades 10-12)

This is an orchestra experience for students looking for a moderate challenge in a relaxed and fun environment. The day camp will include large ensemble work, sectionals, and listening to special performances by our guest artists. The camp session will conclude with a concert for family and friends. This class is for students who have a minimum of three years experience playing the violin, viola, cello, or bass.

SU6006

Monday-Thursday, July 10-13 Friday, July 14 5 sessions - \$140 Buffalo High School 11 am-4 pm 9 am-12 pm Kristine Wiese Orchestra/Band Room

RC Car Racing

(Grade 2-8)

Interested in RC Cars? Want to try racing them on a track? Then come join us for some fun as we explore what makes them work and try them out. Participants will leave with a better understanding of the hobby, and get some time testing out their driving skills on a few different types of RC Cars and Trucks. Participants can bring their own RC Cars on approval from Party Crashers RC Racing.

SU6080A

Tuesday, July 18 6-7:10 pm 1 session - \$20 Party Crashers RC Racing Discovery Center Cafeteria

SU6080B

Tuesday, July 18 7:20-8:30 pm 1 session - \$20 Party Crashers RC Racing Discovery Center Cafeteria

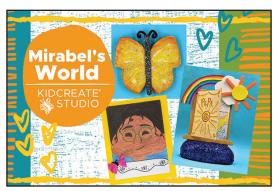
Mirabel's World

(Ages 4-9)

Do you wish you were a part of the Madrigal family? Here's your chance to discover your own magical powers! In this truly enchanted camp, we'll paint, sculpt with air-dry clay, and even sing along to some of your favorite tunes while creating dazzling clay butterflies, magical bedroom doors, Colombian rainforest creatures and so much more. Come join Mirabel, Isabella, Antonio and the rest of the Madrigals as you explore the enchanted side of creativity! Please pack a nut free snack and drink for your child each day.

SU6091

Tuesday-Thursday, July 18, 19, 20 1-4 pm 3 sessions - \$120 KidCreate Studio Discovery Center Rm 202



July Classes

World Travelers Art Adventure

(Grades 1-5)

Spend four exciting days exploring different countries through art and architecture. Learn how to draw the KidzArt way! Experiment with watercolors, pastels, collage, painting, sculpture, drawing and more. Draw the Sphinx on sandpaper, fold a paper kimono using origami techniques, and paint the Eiffel tower at sunset. Create your own "passport" to stamp each day after your art journey.



SU6092

Monday-Thursday, July 24-27 1:30-4 pm 4 sessions - \$130 Discovery Center Room 202

Summer / Beach Themed Cookies

(Grades K-8)

Come and have some fun with your friends and enjoy summer cookie decorating! At the end of this class, you will bring home some beautifully decorated summer and beach themed cookies for your family... yum! A fun class activity is also planned while the cookies are drying.

SU6095

Tuesday, July 25 3-4:30 pm 1 session - \$30 Montrose Elementary Room 211



Extreme Robotics: Battlebots

(Grades 3-7)

This camp will energize and excite students by combining the LEGO® building systems versatility and the Mindstorms EV3 (the most sophisticated microcomputer brick ever made by LEGO®). Working each day in teams, students will construct fun LEGO® models, experiment with programs, and compete in robotic challenges. Robot building, block programming, and teamwork will be part of each days activities. The final challenges will be centered around hitting targets and a sumo battle. Students will be working in small teams of 2-3.

SU6064

Monday-Thursday, July 31 – August 3 9 am-12 pm 4 sessions - \$130 Tech Academy Discovery Center Gym East

Multiplayer Minecraft: Skyblock Creator

(Grades 1-5)

Work as a team to create a custom Skyblock World in Minecraft. Use creativity and Redstone to create this floating world. Students will get a copy of the world map to take home and expand on. Basic computer skills are needed (this includes good keyboard and mouse skills). We will be using the PC/Java edition of Minecraft. Bring a USB drive to save your games on the last day.

SU6065

Monday-Thursday, July 31-August 3 1-4 pm 4 sessions - \$130 Tech Academy Discovery Center Room 204



August Classes

Sensational Slime

(Ages 4-9)

Once you've mixed up a batch of our fabulous fluffy slime, try your hand at our special bubblegum scented silly putty slime. We're sure you'll think slime is sensational too! Please pack a nut free snack and drink for your child.

SU6096

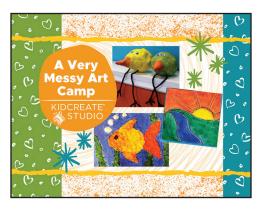
Tuesday, August 1 1-4 pm 1 session - \$42 Kidcreate Studio Discovery Center Room 202

A Very Messy Art Camp (Ages 5-12)

We'll paint with plaster, sculpt with gooey gunk, make papier mache birds and fling paint like Jackson Pollock. We will even learn some art terms along the way. After all, being a kid is messy business! Please pack a nut free snack and drink for your child each day.

SU6097

Monday-Thursday, August 7-10 9 am - 12 pm 4 sessions - \$135 Kidcreate Studio Discovery Center Room 202



Popit Fidget Chocolate Bar Creations

(Grades K-8)

Come and have some fun with your friends while making beautifully designed chocolate bars! At the end of this class you will bring home your own Popit Fidget of choice as well as some chocolate for your family... Yum! Some fun games planned to win more fidgets!

SU6098

Thursday, August 10 3:30-5 pm 1 session - \$30 Charlene Bzdok Montrose Elementary Room 211



Ninja Anywhere Course

(Ages 4-16)

Ninja Anywhere is bringing an unforgettable customized ninja fitness event to your community. This is sure to deliver laughs, smiles and even some education along the way! **You must pre-register.**

SU6007A (Ages 4 - 9)

Wednesday, August 9	12:45-1:45 pm
1 session - \$10	
Discovery Center	Parking Lot

SU6007B (Ages 10 - 16)

Wednesday, August 9	1:45-2:45 pm
1 session - \$10	
Discovery Center	Parking Lot

Play Bold! Girls Sports Sampler Camp (Grades 5-8)

The *Play Bold* camp provides girls of all athletic abilities with the opportunity to learn, play, grow, and have FUN through various sports and leadership activities. This class is open to girls of all experience levels and no equipment is necessary. Our goal is to help girls develop their athletic abilities, while also having fun and teaching important leadership skills that can be applied both on and off the field. Girls will participate in a wide range of sports and will learn valuable team-building and communication skills. Our experienced coaches and staff are dedicated to creating a positive and supportive environment where girls can thrive, build self-confidence, and make lasting friendships.

SU6000

Monday-Wednesday, August 14, 15, 16 9 am-3 pm 3 sessions - \$100 Discovery Center Room 204





Jr. Bison Track Meet (Boys and Girls, Grades K-6)

This event is held rain or shine! Bison Varsity Track Coach Scott Palmer, along with assistant coaches and track members, run this one day event with the emphasis on FUN! Students participate in up to 4 events in their age group. Bison Youth Track T-shirt included.

SP6440

Saturday, May 20 9 -11:30 am (Check-in at 9 am)

1 session- \$20

Bison Activity Center at Buffalo High School

Bison Training

(Entering grades 9-12 at Buffalo High School)

Appropriate training methods are taught to produce stronger, more coordinated and confident athletes. This program includes dynamic flexibility, movement preparation, acceleration, footwork, speed, agility and strength training. The goal is to build athletes with good training habits and a solid foundation of efficient movement with strength and speed.

Monday - Thursday,
June 12 - August 3 (No training week of July 3)
Fee: \$150/session or
\$125/session if registered for a CE summer sports camp

\$125/session if registered for a CE summer sports camp Head Bison Strength Coach Austin Youngmark Buffalo High School Weight Room

 SU750A
 6-7:15 am
 SU750D
 9-10:15 am

 SU750B
 7-8:15 am
 SU750E
 10-11:15 am

 SU750C
 8-9:15 am
 SU750E
 11 am-12:15 pm



Ir Bison Football Fall 2023

The *Jr Bison Youth Football* program is designed for students entering grades 1-6 in the fall of 2023. At the time of this publication, we do not have all the details for the program ready to publish. Watch our website on/about July 1 and also for a communication to be sent out to parents.





Recreation in the Parks

- Pop-Up Rec is a drop-in neighborhood park program for children ages 6 - 12 coordinated by BHM Community Education.
- Kids can come and go as they please.
- Park leaders assist kids in a variety of activities including games, sports, arts, and crafts.
- All Pop-Up Rec site activities are FREE and no registration is necessary.
- Park sites may not operate in inclement weather. Park closing decisions are made by staff at each site. Some *Pop-Up Rec* sites have shelters and may operate in the rain.

Dates: June 19-22, June 26-29

July 10-13, July 17-20, July 24-27

Time: 1-4 pm

Locations:

- Greenbriar Park, Monday thru Thursday
- Lions Park, Monday thru Thursday









- Register for the grade the student will attend in the fall of 2023-24 school year.
- For planning purposes, please register at least <u>ONE WEEK</u> prior to the start of camp.
- Fast, easy, convenient... Register online at bhmschools.ce.eleyo.com.
- Most camps will not meet during mandated black out week, July 3-7.

Bison Buddies Basketball Camp SU712A Gr. K-2 June 26-28 (M, T, W) SU712B Gr. K-2 July 10-12 (M, T, W)	Bison Activity Center 10-11 am 1-2 pm	\$55 T-shirt/B \$55 T-shirt/B	Ortmann all included all included
Boys Youth Basketball Camp SU710A Gr. 3-5 June 12-14 (M, T, W) SU710B Gr. 3-5 June 19-21 (M, T, W)	Bison Activity Center 10-11:15 am 10-11:15 am	\$60 \$60	/arsity Staff
Boys Middle School Basketball Camp SU710C Gr. 6-8 June 12-28 and July 10-26 (M,	Bison Activity Center T, W) 8:30-9:45 am	\$130	/arsity Staff
Boys Varsity Basketball Camp SU710D Gr. 9-12 June 12-28 and July 10-26 (M,	Bison Activity Center T, W) 7-8:15 am	\$165	/arsity Staff
Girls START UP Basketball Camp SU711A Gr. K-2 June 12-15 (M-Th)	Bison Activity Center 8:15-9:45 am	\$75	/arsity Staff
Girls Youth Basketball Camp SU711B Gr. 3-5 June 12-15 (M-Th)	Bison Activity Center 9:45-11 am	\$75	/arsity Staff
Girls Middle School Basketball Camp SU711C Gr. 6-8 June 19-22 (M-Th)	Bison Activity Center 8:15-10:30 am	\$75	/arsity Staff
Girls High School Basketball Camp SU711D Gr. 9-12 June 12-15 (M-Th)	BHS Main Gym 11:30 am-1 pm	\$75	/arsity Staff
Girls Hot Shot/1 x 1 Basketball Camp SU711E Gr. 4-8 June 19-22 (M-Th) SU711F Gr. 9-12 July 10-12 (M, T, W) SU711G Gr. 9-12 July 17-19 (M, T, W)	BHS Main Gym 10:45 am-12:15 pm 8:15-10:15 am 8:15-10:15 am	\$75 \$75 \$75 \$75	arsity Staff/
Bison Basketball Co-Ed Shooting Camp SU713A Gr. 4-8 July 10-12 (M, T, V	Bison Activity Center V) 10-11:15 am	\$60	Ortmann
Bison Basketball Ball Handling/Scoring Camp SU713B Gr. 4-8 July 17-19 (M, T, V	Bison Activity Center V) 10-11:15 am	\$60	Ortmann

■■■ Youth Recreation







- Register for the grade the student will attend in the fall of 2023-24 school year.
- For planning purposes, please register at least **ONE WEEK** prior to the start of camp.
- Fast, easy, convenient... Register online at bhmschools.ce.eleyo.com.
- Most camps will not meet during mandated black out week July 3-7.

Youth Ter SU715A SU715B SU715C	nnis Camps Ages 5-6 Ages 5-6 Ages 5-6	June 19-2	L5 (M-Th) 22 (M-Th) 29 (M-Th)	9-9:50 am 9-9:50 am 9-9:50 am	Discover Discover Discover	y Courts y Courts	en/Lee \$50 \$50 \$50
SU715D SU715E SU715F	Ages 7-8 Ages 7-8 Ages 7-8	June 19-2	15 (M-Th) 22 (M-Th) 29 (M-Th)	10-10:50 am 10-10:50 am 10-10:50 am	Discover Discover Discover	y Courts	\$50 \$50 \$50
SU715G SU715H SU715I	Ages 9-12 Ages 9-12 Ages 9-12	June 19-2	L5 (M-Th) 22 (M-Th) 29 (M-Th)	11:10 am-12 pm 11:10 am-12 pm 11:10 am-12 pm	Middle S	chool Courts chool Courts chool Courts	\$50 \$50 \$50
Bison Elit SU717A	te Tennis Ca Varsity Playe			High School Cour July 10-27 (M-Th		Watl \$340	-
Bison Int SU717B	ermediate T Gr. 8-JV	ennis Ca		High School Cour July 10-27 (M-Th		Watl pm \$340	-
Bison Mic SU717C	ddle School Gr. 6-8	Tennis Ca		o High School Cou I July 10-27 (M-Th		Watl m \$215	-
Gymnast SU716	ics Camp Gr. 6-12		Buffalo High Sc June 13-July 27		9:30 am-12 pm	BHS (\$330	Coaches
Football V SU721A	WR/QB/DB C Gr. 5-9	Camp	Buffalo High Sc June 12-15 (M	hool Football Field -Th)	ds 10-11:15 am	Lacho \$60	owitzer
Football (SU721B	Offense/Defe Gr. 5-9	ense Line	Camp B June 26-29 (M	uffalo High School -Th)	Football Fields 10-11:15 am	Lacho \$60	owitzer







- Register for the grade the student will attend in the fall of 2023-24 school year.
- For planning purposes, please register at least <u>ONE WEEK</u> prior to the start of camp.
- Fast, easy, convenient... Register online at bhmschools.ce.eleyo.com.
- Most camps will not meet during mandated black out week July 3-7.

Youth Co- SU724A	Ed Volleyball (Gr. 1-4	Camp June 19-22 (M-Th)	Buffalo	High School Main Gym 9-10 am		Varsity Coaches \$60	
Intermedi SU724B	ate Youth Volle Gr. 5-8	<mark>eyball Camp</mark> June 12-15 (M-Th)	Buffalo	High School Main Gym 9-10:30 am		Varsity Coaches \$80	
Intermedi SU724C	ate Youth Volle Gr. 5-8	eyball Camp July 17-20 (M-Th)	Buffalo	High School Main Gym 9-10:30 am		Varsity Coaches \$80	
	eyball Varsity Gr. 9-12	Camp July 10-25 (M, T)	Buffalo	High School Main Gym 5-7 pm		Varsity Coaches \$75	
Bison Girl SU723A	s Competitive Gr. 8-12	Summer Soccer Cam June 14-30 & July 12-21		Bison West Fields 8-9:45 am		Varsity Coaches \$150	
Girls Soco SU723B	c <mark>er Goalkeepe</mark> Gr. 8-12	r Camp June 14-30 & July 12-21	(W, F)	Bison West Fields 8-9:45 am		Varsity Coaches \$150	
Jr Bison Y SU723C	outh Girls Soc Gr. 5-8	ccer Camp June 14-30 (W, F)		Bison West Fields 10-11 am		Varsity Coaches \$50	
Boys Soco SU722A	cer Advanced Gr. 9-12	Camp June 12-July 27 (M, T, Th)	Bison Field East 7:45-10:15 am		Varsity Coaches \$135	
Boys Soco SU722B	<mark>cer Intermedia</mark> Gr. 6-8	<mark>ite Camp</mark> June 12-July 27 (M, T, Th)	Bison Field East 9:15-10:30 am		Varsity Coaches \$135	
Boys Soco SU722C	cer June Found Gr. 3-5	dation Camp June 26, 27, 29 (M, T, Th)	Bison Field East 10:30-11:30 am	Varsity	Coaches & Players \$60	
Boys Soco SU722D	cer July Found Gr. 3-5			Bison Field East 10:30-11:30 am	Varsity	Coaches & Players \$60	

Jr Bison Gymnastics

No classes week of July 3

Classes held in the Buffalo High School Gymnastics Room







Parent & Child

(Boys and Girls, Ages 18 months - 3 years)

Parent/guardian will assist your child on the equipment learning basic shapes and movements to improve balance, strength and coordination. Obstacle courses will be set up along with the trampoline and foam pit.

SU687

Mondays, June 12-August 21 10:30-11:15 am (No class July 3)

10 sessions - \$120

Preschool

(Boys and Girls, Ages 3 - 5 years)

Learn basic shapes and positions for core gymnastics. Focus is on having fun while introducing basic gymnastics skills while improving balance, strength and coordination. Obstacle courses, trampoline and foam pit.

SU680A

Mondays, June 12-August 21 11:15 am-12 pm (No class July 3)

10 sessions - \$120

SU680B

Tuesdays, June 13-August 22 4:30-5:15 pm

(No class July 4)

10 sessions - \$120

SU680C

Wednesdays, June 14-August 23 5-5:45 pm

(No class July 5)

10 sessions - \$120

Boys Beginners (Ages 5+)

Basics of core gymnastics skills on floor, vault and bars. Focus on building strength and coordination. Obstacle course will be set up. (Max 20)

SP684

Tuesdays, June 13-August 22

5:30-6:30 pm

(No class July 4) 10 sessions - \$150

Girls Beginners (Ages 5+)

Learn basic gymnastics shapes and skills on all 4 events. Focus is on improving balance, strength, flexibility and coordination. To move up to next level will need a strong bridge, handstand and cartwheel on floor, pullover on bars with spot and correctly hit a springboard.

SU688A

Mondays, June 12-August 21 1-2 pm

(No class July 3)

10 sessions - \$150

SU688B

Wednesdays, June 14-August 23 6-7 pm

(No class July 5)

10 sessions - \$150

SU688C

Thursdays, June 15-August 24 3:30-4:30

(No class July 6)

10 sessions - \$150

Jr Bison Gymnastics

No classes week of July 3

Classes held in the Buffalo High School Gymnastics Room





5-6 pm



Tumbling (Girls, Ages 6+)

Focus is on acrobatic skills utilizing the trampolines, floor and foam pit. Great for dancers and cheerleaders!

SP685

Mondays, June 12-August 21 (No class July 3)

10 sessions - \$150

Advanced (Girls, Ages 8+)

Continue working on more advanced skills on all 4 events.

Vault: Handstand flatback and handsprings

Bars: Skills from Intermediate level and introduce one-leg circles, tap swings, front hip circles, kips, squat ons

Beam: Continue basics on low and high beams jumps, turns, handstands, cartwheels, mounts and dismounts

Floor: Skilled cartwheels, roundoffs, back bends and kickovers

SU683A

Mondays, June 12-August 21 3:30-5 pm (No class July 3)

10 sessions - \$200

SU683B

Thursdays, June 15-August 24 6-7:30 pm

(No class July 6) 10 sessions - \$200

Intermediate (Girls, Ages 7+)

Continue learning gymnastics skills on all 4 events.

Vault: Forward roll and handstand flatback Bars: Pullovers, casts, back hip circles, glides

Beam: Basics on low and high beams

Floor: Various cartwheels, roundoffs, back bends

and kickovers

SU682A

Mondays, June 12-August 21 2:15-3:30 pm

(No class July 3) 10 sessions - \$170

SU682B

Wednesdays, June 14-August 23 7-8:15 pm

(No class July 5) 10 sessions - \$170

SU682C

Thursdays, June 15-August 24 4:45-6 pm

(No class July 6)

10 sessions - \$170

Open Gymnastics Gym

Open gym is for students registered in the Jr Bison Gymnastics program to explore and get used to equipment, practice gymnastics skills and have lots of FUN! All ages welcome. Fee is \$10/student/visit (cash or check at the door).

> Tuesdays, June 13-August 22 6:30-7:30 pm (No July 4)

Open Swim & Descriptions

Summer **Open Swim**

Mondays & Wednesdays 1-2:30 pm **June 19-July 26** (Closed July 3 & 5)

- Note: We will close at 1:15 pm if no attendees
- Buffalo Community Middle **School Pool**
- Enter door 3, lower west side
- A lap lane is designated
- \$5/person or \$10/family



About Our Pool

- The pool is located at the Buffalo Community Middle School. Enter door #3 (facing football field)
- Locker rooms are available to change after lessons
- Appropriate swim wear required
- Pool depth ranges from 3 feet 6 inches to 12 feet
- An adult must accompany children if under 48 inches in height
- The use of approved life jackets/ vests and other floatations are allowed when accompanied by an adult in the water
- To use the deep end of the pool, swimmers must be able to swim the width of the pool using the American Red Cross Level 3 front crawl. Swimming ability will be at the lifeguard's discretion
- Children are not allowed to jump off the diving boards into the arms of an adult in the water



Parent and Child Aquatics (6 months to 3 years) Fee: \$64

Parents and children learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The two levels are fun-filled and introduce water safety.

- Learn how to play safely
- Experience wearing a life jacket
- Change body position in the water

 Expectation for adult supervision
 - Enter and exit the water safely
 - Submerge in a rhythmic pattern

Preschool Aquatics (4–5 years old) Fee: \$64

Children are taught basic aquatic safety, survival and swimming skills, while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoy social interactions with other children. As in all Swimming and Water Safety courses, your child will always know that it's safety first.

Group Swim - Levels 1 to 6 (Age 6+)

Level 1: Intro to Water Skills

Orient participants to the aquatic environment and help gain basic aquatic skills. Begin to develop positive attitudes and safe practices around water.

Level 2: Fundamental Aquatic Skills

Build on basic aquatic skills, water safety and concepts learned in level 1.

Level 3: Stroke Development

Build on the skills learned in Levels 1 and 2 to help participants achieve basic water competency in a pool environment. Head first entry, survival floating and treading water will be covered.

Level 4: Stroke Improvement

Improve participants' proficiency in performing the swimming strokes that were introduced in Level 3. Skills include swimming front crawl 25 yards, breaststroke, back crawl and butterfly 15 yards.

Level 5: Stroke Refinement Level 6: Personal Water Safety

Participants refine their performance of all six swimming strokes (front and back crawl, butterfly, breaststroke, elementary backstroke and sidestroke).



Be your Best in the water...

Strong swimmers make confident kids!

* Parent and Child Aquatics

* Preschool Aquatics 25 minute lessons Fee: 8-lessons, \$64 Learn to Swim: Levels 1-6

45 minute lessons Fee: 8-lessons, \$69

The pool is located at the Buffalo Community Middle School. Enter door 3.

Pool Session A June 19 - 29 (Monday-Thursday)						
10 am	Level 1	Level 2	Level 3/4			
	SU5311A	SU5321A	SU5331A			
11 am	Level 1	Level 2	Level 5/6			
	SU5312A	SU5322A	SU5351A			
12 pm	Pre-School	Pre-School	Parent Child			
	SU5201A	SU5202A	SU5001A			

Pool Session C July 24 - August 3 (Monday-Thursday)					
10 am	Level 1	Level 2	Level 3		
	SU5311C	SU5321C	SU5331C		
11 am	Level 1	Level 2	Level 4/5		
	SU5312C	SU5322C	SU5341C		
12 pm	Pre-School	Pre-School	Parent Child		
	SU5201C	SU5202C	SU5001C		

Pool Session B July 10-20 (Monday-Thursday)					
10 am	Level 1	Level 2	Level 3/4		
	SU5311B	SU5321B	SU5331B		
11 am	Level 1	Level 2	Level 5		
	SU5312B	SU5322B	SU5351B		
12 pm	Pre-School	Pre-School	Parent Child		
	SU5201B	SU5202B	SU5001B		





Tiffany Lund, 763.682.8787 or tlund@bhmschools.org

KidKare provides high quality child care in a safe, nurturing and fun atmosphere. Our amazingly creative staff keep your child engaged all summer with a variety of indoor and outdoor activities.

- Summer KidKare sites will be open June 14 August 25, 6 am – 6:30 pm.
- Closed July 4, August 4 (Buffalo site only) and August 28 through September 4.
- Summer sites in Buffalo, Hanover and Montrose.
- Northwinds, Parkside and Tatanka KidKare sites will be combined as Buffalo KidKare at Northwinds Elementary, June 14 - August 4. On August 7, all three Buffalo sites (Northwinds, Parkside, and Tatanka) will be open until August 25.
- Weekly themes with age appropriate activities include science, arts and crafts, gym games, outside play and more!
- ◆ All students entering grades 2 7 will participate in the Summer Sun Block program (see below).



We are currently full for the summer.

Contact Tiffany Lund if you wish to be placed on a waiting list at tlund@bhmschools.org or 763.682.8787.

2023-24 School Year Registration

- Open for current families June 26
- Open for new families July 10
- Online at bhmschools.ce.eleyo.com



Sermoner San Block

Summer KidKare students entering grades 2-7 will participate in the Summer Sun Block enrichment program at no extra charge. **See page 24-29** for class descriptions.

Enrichment classes for students entering grades 2-7

- Block A: June 19-29
- Block B: July 10-20
- ◆ Block C: July 24-August 3
- Three 1-hour classes (8:30 am, 9:30 am, 10:30 am)
- Students from Hanover and Montrose will be bussed to Northwinds Elementary School for Sun Block classes.



Summer Contract Rates:

 Daily
 Half Day

 First Child
 \$38.50
 \$26.50

 Add'l Children
 \$36.50
 \$24.50

\$50 non-refundable family registration fee includes summer <u>and</u> 2023-24 school year.

Summer KidKare Sites:

Tatanka Elementary Open August 7-25

763.682.8631

Hanover Elementary Open June 14-August 25 763.682.0873

Montrose Elementary Open June 14-August 25 763.682.8360 Northwinds Elementary Open June 14-August 25 763.682.8830

Parkside Elementary Open August 7-25 763.682.8746

Summer

stay on top of his or her academic skills in reading, writing, math and science all while having fun! Students can also explore their creative side with a variety of art classes. In addition, students will stay active with recreation and outdoor games. No matter what classes you choose, you can count on a summer of learning and fun! Classes fill quickly... early registration is encouraged.





Block A

M-Th, June 19 - 29

Block B

M-Th, July 10 - July 20

Block C

M-Th, July 24 - August 3

- Hour 1 8:30-9:30 am
- Hour 2 9:30-10:30 am
- Hour 3 10:30-11:30 am

*Schedule confirmations will be mailed to homes one-week prior to the start of each block.



Classes held at Northwinds Elementary School, 1111 7th Ave NW in Buffalo. Centralized bussing is available (see Bussing info to the right).



For students entering grades 2-7 in fall 2023



\$59 per class \$69 Babysitting Basics



Centralized bussing to/from Northwinds Elementary School is available from district elementary schools. The bus picks up and drops off the student at the elementary school you choose. Centralized bussing provided at no additional cost. Students should register for all 3 hours each block to utilize bussing. If registering online, don't forget to register for "SunBlock Transportation", then choose the school your child will be picked up/dropped off.

Summer Food Program

It is the districts intention to offer a summer meal program. Watch for more details to be posted on the district website.



Currently KidKare is full for summer. Contact Tiffany to be placed on the waiting list, tlund@bhmschools.org or 763.682.8787. Students attending the summer schoolage care program, will participate in *Summer SunBlock* classes for no additional fee for most classes.

Register for Summer SunBlock classes online bhmschools.ce.eleyo.com or call Community Ed at 763.682.8770.

■ ■ Block A Classes (Entering Grades 2-7 in Fall 2023)

Block A: June 19 - June 29

Monday-Thursday for 2-weeks

\$59 per class



Arts & Crafts

Creativity is allowing yourself to make mistakes, art is knowing which ones to keep. In this class you will learn new artistic techniques that will help you discover your inner artist!

Class#	Time	Grades
SU1A1	8:30 – 9:30 am	2-3
SU1A2	9:30 - 10:30 am	2-3
SU1A3	10:30 – 11:30 am	2-3

Gym Games

Run, jump, throw, tag...play some of your favorite classic gym games and learn some new ones too!

Class#	Time	<u>Grades</u>
SU2A1	8:30 - 9:30 am	4-7
SU2A2	9:30 - 10:30 am	4-7
SU2A3	10:30 - 11:30 am	2-3

Dojo Karate

Karate is a great tool for learning self-discipline, respect for self and others, keeping fit, building confidence and character development. Trained professional instructors specialize in helping kids develop a healthy body and mind.

Class#	Time	<u>Grades</u>
SU3A1	8:30 – 9:30 am	2-7
SU3A2	9:30 - 10:30 am	2-7
SU3A3	10:30 – 11:30 am	2-7

Knitting with a Loom

Come learn how to knit with a round loom to make a fun hat. Looms will be provided.

Class#	Time	Grades
SU4A1	8:30 - 9:30 am	4-7
SU4A2	9:30 - 10:30 am	4-7
SU4A3	10:30 - 11:30 am	4-7

Master Builders

Calling all future engineers! Come create with building bricks. We will think, plan and then build creations like never before.

Class#	Time	Grades
SU5A1	8:30 – 9:30 am	4-7
SU5A2	9:30 - 10:30 am	4-7
SU5A3	10:30 – 11:30 am	4-7

Memory Keepers

Design and create a scrapbook from scratch! Learn how to organize your photos to tell your story of family, friends and special events. There will be scrapbooking tools and supplies provided. Please bring your own pictures to class.

Class#	Time	Grades
SU6A1	8:30 - 9:30 am	4-7
SU6A2	9:30 - 10:30 am	4-7
SU6A3	10:30 - 11:30 am	4-7

Mini Masterpieces: Exploring Art History with Hands-On Projects

Join us as we dive into the history of art through learning basic art concepts, art history, creativity and design.

Class#	Time	Grades
SU7A1	8:30 – 9:30 am	2-3
SU7A2	9:30 - 10:30 am	2-3
SU7A3	10:30 – 11:30 am	2-3

Block A: June 19 - June 29

Monday-Thursday for 2-weeks

\$59 per class

Native American Arts and Crafts

Learn about Native American culture and art. Create culturally sensitive Native arts and crafts including beading, clay pottery and painting to tell a story.

Class #	Time	Grades
SU8A1	8:30 - 9:30 am	2-3
SU8A2	9:30 - 10:30 am	2-3
SU8A3	10:30 - 11:30 am	2-3

Outdoor Games

Learn sportsmanship, teamwork, cooperation and the value of health and exercise. Join us to enjoy all the different games and activities kids can play outside.

Class#	Time	Grades
SU9A1	8:30 - 9:30 am	2-3
SU9A2	9:30 - 10:30 am	2-3
SU9A3	10:30 - 11:30 am	4-7

Paint 'til You Faint

Create a painting project each day using different mediums such as resist, condensed milk, acrylics, yarn, puffy paint, bubbles, marble, salt, blow art, canvas and watercolors



Class#	Time	Grades
SU10A1	8:30 - 9:30 am	2-3
SU10A2	9:30 - 10:30 am	2-3
SU10A3	10:30 - 11:30 am	2-3

Weaving Wonders

Explore a variety of weaving techniques and materials. Projects include: Intro to weaving with paper fish and woven baby turtle, yarn dolls, weaving a rainbow on a cloud plate, cardboard loom weaving, embroidery hoop weaving and woven bowls.

Class#	Time	<u>Grades</u>
SU12A1	8:30 - 9:30 am	2-3
SU12A2	9:30 - 10:30 am	2-3
SU12A3	10:30 - 11:30 am	2-3

Social and Emotional Learning

Social and Emotional Learning helps to form the foundation of how students interact with their peers, respond to stressors, and process their thoughts and feelings both in and out of the classroom. Students will

Relationships Self Awareness Social Awareness Self Management Decison Making

learn self-monitor and self-management strategies, be able to identify their feelings, as well as become more knowledgeable on topics that also lead to improvement of executive function skills. Students will develop self-awareness skills to be successful across settings, show empathy, and make responsible, caring decisions that impact themselves and those around them.

Class#	Time	Grades
SU11A1	8:30 – 9:30 am	2-3
SU11A2	9:30 - 10:30 am	2-3
SU11A3	10:30 - 11:30 am	2-3

Wild West Workshop

Yeehaw! Saddle up for a hands-on learning experience, creativity and expanding your imagination. Projects include paper banjo + lasso prop, cow ring toss + paper cup horse puppets, "wanted photos" + name cowboy boot, paper bag vest + bolo tie, creating "own cowboy name" and more!

Class#	Time	Grades
SU13A1	8:30 - 9:30 am	2-3
SU13A2	9:30 - 10:30 am	2-3
SU13A3	10:30 - 11:30 am	2-3

Adventures in Scratch Computer Coding

Students will explore the exciting and creative world of computer programming by using Scratch, a free online software coding program developed by the MIT Media Lab. Learners will combine creativity with logic to create and code games with audio, video, animated characters and more!

Class#	Time	Grades
SU14A1	8:30 - 9:30 am	4-7
SU14A2	9:30 - 10:30 am	4-7
SU14A3	10:30 - 11:30 am	4-7

■ ■ Block B Classes (Entering Grades 2-7 in Fall 2023)

Block B: July 10-July 20

Monday-Thursday for 2-weeks

\$59 per class

Arts & Crafts

Creativity is allowing yourself to make mistakes, art is knowing which ones to keep. In this class you will learn new artistic techniques that will help you discover your inner artist!

Class#	Time	<u>Grades</u>
SU1B1	8:30 - 9:30 am	2-3
SU1B2	9:30 - 10:30 am	2-3
SU1B3	10:30 - 11:30 am	2-3



Get creative with a different art project every day! Art projects include: paper bag fish, crab craft, octopus craft, backpack tags, bookmarks, monsters, lanterns, firefly jars, smores craft and nature craft.

Class#	Time	<u>Grades</u>
SU2B1	8:30 - 9:30 am	2-3
SU2B2	9:30 - 10:30 am	2-3
SU2B3	10:30 - 11:30 am	2-3

Craft Camp

Create fun and usable crafts in a camplike atmosphere. Projects include: duct tape pouch and feather, cloud dough and tiny art drawing, tin foil pictures and plaster of paris beetles, neon mason twine bracelets, abstract tissue paper art and T-shirt yarn wall hanging.

Class#	Time	<u>Grades</u>
SU3B1	8:30 - 9:30 am	2-3
SU3B2	9:30 - 10:30 am	2-3
SU3B3	10:30 - 11:30 am	2-3





Engineering and Building

This class is hands-on building with simple everyday items. In this class you will get to build a form of transportation, try to build the strongest bridge and design a living environment.

Class#	Time	Grades
SU4B1	8:30 - 9:30 am	4-7
SU4B2	9:30 - 10:30 am	4-7
SU4B3	10:30 - 11:30 am	4-7

Gym Games

Run, jump, throw, tag...play some of your favorite classic gym games and learn some new ones too!

Class#	Time	Grades
SU5B1	8:30 – 9:30 am	2-3
SU5B2	9:30 - 10:30 am	2-3
SU5B3	10:30 – 11:30 am	4-7

Dojo Karate

Karate is a great tool for learning self-discipline, respect for self and others, keeping fit, building confidence and character development. Trained professional instructors specialize in helping kids develop a healthy body and mind.

Class#	Time	Grades
SU6B1	8:30 - 9:30 am	2-7
SU6B2	9:30 - 10:30 am	2-7
SU6B3	10:30 - 11:30 am	2-7

Block B: July 10-July 20

Monday-Thursday for 2-weeks

\$59 per class

Social and Emotional Learning

Social and Emotional Learning helps to form the foundation of how students interact with their peers, respond to stressors, and process their thoughts and feelings both in and out of the classroom. Students will learn self-monitor and self-management strategies, be able to identify their feelings, as well as become more knowledgeable on topics that also lead to improvement of executive function skills. Students will develop self-awareness skills to be successful across settings, show empathy, and make responsible, caring decisions that impact themselves and those around them.

Class#	Time	Grades
SU13B1	8:30 - 9:30 am	2-3
SU13B2	9:30 - 10:30 am	2-3
SU13B3	10:30 - 11:30 am	2-3

Knitting with a Loom

Come learn how to knit with a round loom to make a fun hat. Looms will be provided.

Class#	Time	Grades
SU7B1	8:30 - 9:30 am	4-7
SU7B2	9:30 - 10:30 am	4-7
SU7B3	10:30 - 11:30 am	4-7



Mini Masterpieces: Exploring Art History with Hands-On Projects

Join us as we dive into the history of art through learning basic art concepts, art history, creativity and design.

Class#	Time	Grades
SU12B1	8:30 - 9:30 am	4-7
SU12B2	9:30 - 10:30 am	4-7
SU12B3	10:30 - 11:30 am	4-7



Native American Arts & Crafts

Learn about Native American culture and art. Create culturally sensitive Native arts and crafts including beading, clay pottery and painting to tell a story.

Class#	Time	Grades
SU8B1	8:30 - 9:30 am	4-7
SU8B2	9:30 - 10:30 am	4-7
SU8B3	10:30 - 11:30 am	4-7

Outdoor Games

Learn sportsmanship, teamwork, cooperation and the value of health and exercise. Join us to enjoy all the different games and activities kids can play outside.

Class#	Time	Grades
SU9B1	8:30 - 9:30 am	4-7
SU9B2	9:30 - 10:30 am	4-7
SU9B3	10:30 - 11:30 am	2-3

Wilderness Workshop

Gear up for hands-on learning, creativity and expanding your imagination. Projects include DIY bird feeders, twig owl, wooden name tag, DIY wind chime, nature tree, paper plate nature island, seed art and more!

Class#	Time	Grades
SU10B1	8:30 - 9:30 am	4-7
SU10B2	9:30 - 10:30 am	4-7
SU10B3	10:30 - 11:30 am	4-7

■ ■ Block C Classes (Entering Grades 2-7 in Fall 2023)

Block C: July 24-August 3

Monday-Thursday for 2-weeks

\$59 per class
Babysitting Class \$69

American Red Cross Babysitting

(Fee: \$69)

Learn how to be professional and responsible as a caregiver. Topics include how to respond to an emergency, characteristics of different age groups, age-appropriate play activities, and basic child care skills. Stu-



dents who meet the course criteria will be awarded a Red Cross Babysitting certificate. Bring a baby doll to practice your skills on. Discounts do not apply.

Class#	Time	<u>Grades</u>
SU1C1	8:30 - 9:30 am	4-7
SU1C2	9:30 – 10:30 am	4-7
SU1C3	10:30 – 11:30 am	4-7

Arts & Crafts

Creativity is allowing yourself to make mistakes, art is knowing which ones to keep. In this class you will learn new artistic techniques that will help you discover your inner artist!

Class #	<u>Time</u>	<u>Grades</u>
SU2C1	8:30 - 9:30 am	2-3
SU2C2	9:30 - 10:30 am	2-3
SU2C3	10:30 - 11:30 am	2-3

Craft Camp

Create fun and usable crafts in a camplike atmosphere. Projects include: Duct tape pouch and feather, cloud dough and tiny art drawing, Tin foil pictures and plaster of paris beetles, neon mason twine bracelets, abstract tissue paper art and T-shirt yarn wall hanging

Class#	Time	Grades
SU3C1	8:30 – 9:30 am	4-7
SU3C2	9:30 - 10:30 am	4-7
SU3C3	10:30 - 11:30 am	4-7

Dinosaurs and Fossils

Join us for this Dino-Mite Class! Learn all about dinosaurs, through videos, play, art and games. We'll even make our own dinosaur silhouette art project (watercolor paint sky, cut out dino shape). We'll finish off the class with Dinosaur Bingo and Trivia!

Class#	Time	Grades
SU4C1	8:30 - 9:30 am	2-3
SU4C2	9:30 - 10:30 am	2-3
SU4C3	10:30 - 11:30 am	2-3

Games Unplugged

Each day there will be multiple classic and new games to play. Daily themes are: dice games, card games, board games (also creating them) and group games (indoors and out).

Class#	Time	Grades
SU5C1	8:30 - 9:30 am	2-3
SU5C2	9:30 - 10:30 am	2-3
SU5C3	10:30 - 11:30 am	2-3

Gym Games

Run, jump, throw, tag... play some of your favorite classic gym games and learn some new ones too!

Class#	Time	Grades
SU6C1	8:30 - 9:30 am	4-7
SU6C2	9:30 - 10:30 am	2-3
SU6C3	10:30 - 11:30 am	4-7



Block C: July 24-August 3

Monday-Thursday for 2-weeks

\$59 per class
Babysitting Class \$69



Outdoor Games

Learn sportsmanship, teamwork, cooperation and the value of health and exercise. Join us to enjoy all the different games and activities kids can play outside.

Class #	Time	Grades
SU10C1	8:30 - 9:30 am	2-3
SU10C2	9:30 – 10:30 am	4-7
SU10C3	10:30 - 11:30 am	2-3

Dojo Karate

Karate is a great tool for learning self-discipline, respect for self and others, keeping fit, building confidence and character development. Trained professional instructors specialize in helping kids develop a healthy body and mind.

Class#	Time	Grades
SU7C1	8:30 - 9:30 am	2-7
SU7C2	9:30 - 10:30 am	2-7
SU7C3	10:30 - 11:30 am	2-7

Knitting with a Loom

Come learn how to knit with a round loom to make a fun hat. All materials will be provided.

Class#	Time	Grades
SU8C1	8:30 - 9:30 am	4-7
SU8C2	9:30 - 10:30 am	4-7
SU8C3	10:30 - 11:30 am	4-7

Summer Celebration

In this class we will celebrate summer with fun games and crafts each week.

Class#	Time	Grades
SU11C1	8:30 – 9:30 am	2-3
SU11C2	9:30 - 10:30 am	2-3
SU11C3	10:30 - 11:30 am	2-3

Master Builders

Calling all future engineers! Come create with building bricks. We will think, plan and then build creations like never before.

Class#	Time	<u>Grades</u>
SU9C1	8:30 – 9:30 am	2-3
SU9C2	9:30 - 10:30 am	2-3
SU9C3	10:30 – 11:30 am	2-3

Wilderness Workshop

Gear up for a hands-on learning experience, creativity and expanding your imagination. Projects include DIY bird feeders, twig owl, wooden name tag, DIY wind chime, nature tree, paper plate nature island, seed art and more!

Class#	Time	Grades
SU12C1	8:30 - 9:30 am	2-3
SU12C2	9:30 - 10:30 am	2-3
SU12C3	10:30 - 11:30 am	2-3

Crystal Sound Bowl Meditation

Enjoy the relaxing sounds of crystal singing bowls for a relaxing meditation session. **Bring a yoga mat and blankets** where you can sit or lie down on the floor and allow yourself to immerse in the soothing vibrations. This is a great end of the day class that can reduce anxiety and stress and help facilitate a restful night sleep. June 29 class will include gongs.

SP1261C

Thursday, May 25	6:30-7:30 pm
1 session - \$25	Amee Pribyl
Discovery Center	Room 204

SU1261A

Thursday, June 29	6:30-7:30 pm
1 session - \$25	Amee Pribyl
Discovery Center	Board Room

SU1261B

Thursday, July 27	6:30-7:30 pm
1 session - \$25	Amee Pribyl
Discovery Center	Board Room

SU1261C

Thursday, August 31	6:30-7:30 pm
1 session - \$25	Amee Pribyl
Discovery Center	Board Room

Looking beyond disabilities... Focusing on abilities!

Opening Doors activities are designed and adapted for adults, age 16+, with cognitive and physical disabilities. To learn more about *Opening Doors* or to register for activities, visit us at bhmschools.ce.eleyo.com or call 763.682.8770.

Summer Highlights Include:

Concerts in the Park, Wright County Demolition Derby, Fishing Fortever and Birthday Bash.

To request the current Opening Doors catalog, call Community Education at 763.682.8770.

Sheila Johnson, Program Coordinator sjohnso@bhmschools.org 763.682.8752

Qigong on Thursdays

Qigong is an ancient practice that promotes holistic healing through balancing and clearing your energy fields. It is a simple yet effective method to help you reduce stress and help you to heal physically, emotionally, and spiritually. This basic introductory class will learn about Qigong and how it can enhance the quality of your life and the lives of those around you.

SU1260A

Thursday, June 1-29	5-6 pm
(No class June 15)	
4 sessions - \$49	Amee Pribyl
Discovery Center	Boardroom

SU1260B

Thursday, July 13-August 3	5-6 pm
4 sessions - \$49	Amee Pribyl
Discovery Center	Boardroom

SP1260C

Thursday, August 10-31	5-6 pm
4 sessions - \$49	Amee Pribyl
Discovery Center	Boardroom

Qigong for health & wellness



Qigong Saturday Sampler

Sample the benefits of Qigong without committing to a multi-session class. Qigong will enhance the quality of your life and the lives around you. Join us to experience this activity and further enhance your Qigong work. This practice is open to all levels.

SU1257A

Saturday, June 10	10 am-12 pm
1 session - \$15	Amee Pribyl
Discovery Center	Board Room

SU1257B

Saturday, July 8	10 am-12 pm
1 session - \$15	Amee Pribyl
Discovery Center	Board Room

SU1257C

Saturday, August 12	10 am-12 pm
1 session - \$15	Amee Pribyl
Discovery Center	Board Room

Calm and Gentle Yoga

This flowing yoga class links poses to create strength, flexibility and balance. Breath awareness and breathing exercises are incorporated to help remove tension and lessen stress. A well-rounded class for a wide variety of participants and ability levels - all poses can be modified to fit the individual's flexibility level, and options are given. Please bring a yoga mat or large towel.

SU1262A

Wednesdays, June 7 - 28 6:30-7:30 pm 4 sessions - \$28 Elizabeth Muellerleile **Discovery Center Board Room**

SU1262B

Wednesdays, July 12 - August 2 6:30-7:30 pm 4 sessions - \$28 Elizabeth Muellerleile **Discovery Center Board Room**

SU1262C

Wednesdays, August 9 - 30 6:30-7:30 pm 4 sessions - \$28 Elizabeth Muellerleile **Discovery Center Board Room**



Open Pickle Ball

Drop in and play the game of pickleball with your neighbors or friends or make new friends! Arrange to play other nights of the week too if you want. Be sure to bring a water bottle as there is not a drinking fountain on site. Please bring your own racquet and pickleballs. If you're looking for a game, visit playtimescheduler.com.

Wednesdays, June 7-July 26 6-8 pm 8 weeks - Free **Buffalo Community Middle School** Pickleball/Tennis Courts



Line Dancing with Billie

Always wanted to try something new? Look no further than this beginner line dance lesson class. It will be fun and easy to follow. Line dance lessons with Billie are perfect for groups of all ages and experience levels.

SP1269C

6:15-8:15 pm Tuesday, May 30 1 session - \$10 Billie Timmerman **Discovery Center** Gym East

SU1269A

Tuesday, June 27 6:15-8:15 pm 1 session - \$10 Billie Timmerman **Discovery Center** Gym East

SU1269B

6:15-8:15 pm Tuesday, July 25 1 session - \$10 Billie Timmerman **Discovery Center** Gym East

Easy Partner Dancing

No matter the occasion, you'll be prepared to dance! Be one of the best dancers at your next special event. Or, attend as a way to have 4 fun date nights with your partner. Try something new to add laughter & romance into your relationship! Taking steps from classic ballroom dances, you'll learn easy to remember miniroutines, danceable to all your favorite songs including pop, blues, rock, country and more. If you think you have no rhythm and 2 left feet, this is the perfect course for you! Couples stay dancing together and singles rotate with other singles. Casual dress.

SU1268

Thursdays, July 13 - August 3 7-8:30 pm 4 sessions - \$64 Deanna Constantine **Discovery Center** East Gym

■■■ Home & Hobby



Dog Obedience

This eight-week class is for all breeds of dogs 5 months and older. In this class we will work on heeling on leash, sit, down, stay, stand for groom and vet examination. We will work on good manners around people and other dogs. Students should bring a regular buckle collar, 6- foot leash (no flexi-leads) and plenty of soft dog treats to class. Classes are held indoors in a heated/ AC facility with matted floors at Water's Edge Dog Center. Dogs need to be up to date on vaccinations including distemper, rabies, parvo, and bordetella (optional). Young handlers are welcome accompanied by a parent.

SU1270A

Tuesdays, May 23 - July 18 8-9 pm (No class July 4) 8 sessions - \$160 Water's Edge Retrievers Dog Center

SU1270B

Tuesdays, June 20 - August 15 7-8 pm (No class July 4)
8 sessions - \$160
Water's Edge Retrievers Dog Center

SU1270C

Tuesdays, July 25 - September 12 8-9 pm 8 sessions - \$160 Water's Edge Retrievers Dog Center

SU1270D

Tuesdays, August 22 - October 10 7-8 pm 8 sessions - \$160 Water's Edge Retrievers Dog Center



Paranormal Investigating 101

You've seen it on TV, now you can learn the basics of ghost hunting and paranormal investigations. You'll see evidence from actual investigations, discover what equipment works best, and learn ethics and proper investigation techniques. What does it take to run an investigation? We'll cover what you need to know from start to finish. You'll even have a chance to get handson experience with equipment and techniques during a mini-investigation at the end of class.

SP1202

Thursday, May 25 7-9:30 pm 1 session - \$45 Heidi Steffens Discovery Center Board Room

Paranormal Investigating 102

You've learned the basics in Paranormal Investigating 101, now let's put your skills to the test with a full investigation! We'll split into groups to investigate and come together at the end to compare notes. Bring any equipment you may have to use during class. We will have a few pieces of equipment to borrow as well.

Prerequisite: Paranormal Investigating 101

SU1202

Thursday, June 22 7-9:30 pm 1 session - \$50 Heidi Steffens Discovery Center Board Room



About the Instructor

Heidi Steffens is the owner of My Spirit Experience spiritual center, a Master Reiki Instructor, and a Paranormal Investigator. She is the organizer of MPRS (Minnesota Paranormal Research Society) founded in 2008, co-hosts The Gathering - a

weekly paranormal radio show, and hosts a podcast (My Spirit Experience Podcast) on the spiritual and paranormal. Heidi holds a Bachelor of Elemental Studies and a Master of Shamanic Intuitional Practices. She is focused on helping people navigate their healing and soul-purpose paths in this world as well as working with lost or unwelcome spirits as the lines between planes and dimensions become more and more intertwined.





The Assassination of President John F. Kennedy: An In-Depth Analysis

This year marks the 60th anniversary of the tragic assassination of President Kennedy. This course will exam the discrepancies between the Warren Commission, that investigated the assassination for ten months and published their findings in September 1964; along with the conclusions reached by the United States House of Representatives that investigated the assassination for thirty-one months and published their report in March 1979. Participants in this class will develop a rounded perspective regarding many of the controversies surrounding the assassination of President Kennedy. There will be ample time for comments and questions.

David Yorks: A Brief Biography



David is a retired Minnesota small business owner with a Bachelor's and Master's Degree in American History. He has a fifty-five-year interest in the Kennedy presidency and has attended many national conferences regarding the assassination.

He has met with witnesses of the assassination and doctors who attended the President on that fateful day.

SU1267

Tuesday & Wednesday, August 1 & 2 1-3 pm 2 sessions - \$20 David Yorks Discovery Center Conference Room



On The Wright Track Model Railroad Club 2022-2023

The club will not meet this summer but will return in the fall with Tim. See you then!

Instant Piano for Busy People

Learn to play piano the way professionals do using chords while sitting at your piano or keyboard at home. This course includes an online book and online follow up video lessons to continue your practice and study on your own. An optional periodic online question and answer session is also included along with a recording of the class. The course is partly lecture/demonstration and partly hands on instruction.

- How chords work in a song
- Get more out of sheet music by reading less of it
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid "counting"
- How to simplify over 12,000 complex chords

SU1263A

Tuesday, June 6	6:30-9:30 pm
1 session - \$59	Craig Coffman
Online via Zoom	

SU1263B

Tuesday, June 13	6:30-9:30 pm
1 session - \$59	Craig Coffman
Online via Zoom	



Instant Guitar for Busy People

This crash course will teach you basic chords and get you playing along with your favorite songs right away. You are able to sit at home with your guitar and take this class without any pressure. The class includes an online book and online follow-up video lessons to continue your practice and study on your own. An optional periodic online question and answer session is also included along with a recording of the class.

- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

SU1264A

Wednesday, June 7	6:30-9:30 pm
1 session - \$59	Craig Coffman
Online via Zoom	_

SU1264B

Wednesday, June 14	6:30-9:30 pm
1 session - \$59	Craig Coffman
Online via Zoom	_

■■■ *Technology/Business*



Grow Your Business with Instagram

What can you do on Instagram that can result in huge growth for your customer base and sales? We've got the answers you need in this fun beginner level class to grow your business with Instagram. You'll learn the key steps needed in order to improve your company bottom line and also gain more followers. Plus, you'll learn to make your content irresistible and have fun in the process! Follow-up support is also included from the instructor and students are encouraged to reach out with questions at any time before or after the class has concluded. Each class recording will be sent to all registered students so that they do not have to attend at the exact designated time.

SP1231

Tuesday, May 16 1 session - \$22 Online via Zoom

Create Your Own YouTube Channel

Learn the basics to create and begin your very own YouTube channel. Join the world's largest media platform to share your hobbies, advice, instructions, gifts and more with the world and your audience! We'll walk you through a step-by-step process so that you can get started today! Follow-up support is also included from the instructor and students are encouraged to reach out with questions at any time before or after the class has concluded. Each class recording will be sent to all registered students so that they do not have to attend at the exact designated time.

SU1230

Tuesday, June 6 1 session - \$22 Online via Zoom 12-1 pm Nickie Welsh

What In the World are NFTs?

Learn what you need to know about this digital asset in today's technology world. You'll leave the class with a basic understanding of what an NFT exactly is, how it's used and their impact on the future for music, artists and digital creators! Follow-up support is also included from the instructor and students are encouraged to reach out with questions at any time before or after the class has concluded. Each class recording will be sent to all registered students so that they do not have to attend at the exact designated time.

SU1231

Thursday, June 8 1 session - \$22 Online via Zoom 12-1 pm Nickie Welsh

How to Use Uber for Transportation Independence

Do you hate to drive in bad weather or when it's dark outside? Expand your transportation options and independence through the ride sharing service, Uber. In this training workshop, students will learn the basics and gain the knowledge on how to use Uber if needed. We'll also cover how to use Uber at major airports so that you can travel with confidence and use Uber anywhere in the world (without having to ask a friend

for a ride). No experience required and training materials will be provided for each attendee. Each class recording will be sent to all registered students so that they do not have to attend at the exact designated time.

SP1233

Tuesday, May 30 1 session - \$22 Online via Zoom 12-1 pm Nickie Welsh

12-1 pm

Nickie Welsh



Seniors/Retirement/Money



If you are age 55 or older, save money on your car insurance premiums and become a better driver! You will receive a certificate of completion to provide to your insurance company. Attendance at both sessions is required. Class is offered via Zoom. You can either join us in the classroom or join from home.

SU1237A

Monday & Tuesday, June 5 & 6 1:30-5:30 pm 2 sessions - \$35 MN Safety Council Discovery Center Board Room

SU1237B

Wednesday & Thursday, August 9 & 10 1-5 pm 2 sessions - \$35 MN Safety Council Discovery Center Room 204

Defensive Driving - 4 Hour Refresher

If you have taken a state approved 8-hour Defensive Driving Course in the past, you can renew your car insurance discount by taking this state-approved, 4-Hour Refresher Course. You will receive a certificate of completion to provide to your insurance company. Class is offered via Zoom. You can either join us in the classroom or join from home.

SU1238A

Thursday, June 29 1-5 pm 1 session - \$35 MN Safety Council Discovery Center Board Room

SU1238B

Tuesday, July 18 9 am-1 pm 1 session - \$35 MN Safety Council Discovery Center Conference Room

Planning for Lifetime Income in Retirement

A multiple decade retirement is essentially a problem of income. This class is about the nature of the retirement income problem — and the solution. The whole point of retirement income planning is trying to make sure your income outlives you, not the other way around. It is critical that you plan for your income and understand your needs to ensure a successful retirement.

SU1217

Tuesday, June 27 1 session - \$15 Discovery Center



Savvy Social Security

Learn strategies for maximizing your Social Security including five factors to consider when deciding when to apply for benefits and how to minimize taxes.

SU1215

Tuesday, June 27 6:30-7:30 pm 1 Session - \$15 Kyle Barck Discovery Center Board Room

Medicare 101: The Basics

Join us to learn about enrolling in Medicare. This informational class is suitable for anyone who is or will become Medicare eligible and will help answer all your questions about Medicare.

SU1213A

Tuesday, July 11 1 session - \$15 Discovery Center

SU1213B

Tuesday, August 29 1 session - \$15 Discovery Center



5:30-6:30 pm Chris McClory Board Room

5:30-6:30 pm Chris McClory Board Room

Keeping More of Your Wealth

Whether it's determining where to save for retirement, how to create a tax efficient retirement paycheck or determine how to bequeath assets, with careful and consistent planning you can potentially reduce the impact of taxes on your financial picture.

SU1218

Tuesday, July 186:30 - 7:30pm1 session - \$15Thomas ScheckDiscovery CenterConference Room

5 Keys to Retire Fearlessly

What do you need to know before you retire?

SU1214

Tuesday, July 25 1 session - \$15 Discovery Center



6:30-7:30 pm Kyle Barck Board Room

College Planning 101

Learn the basics of funding a college education.

SU1216

Tuesday, August 296:30-7:30 pm1 session - \$15Kyle BarckDiscovery CenterBoard Room

Get on the bus with Community Ed!









Old Log Theatre Million Dollar Quartet Thursday, June 22

The musical captures the memorable day when four Rock n' Roll greats made music history. On December 4, 1956, an auspicious twist of fate brought together Johnny Cash, Jerry Lee Lewis, Carl Perkins, and Elvis Presley at Sun Records' storefront studio in Memphis, TN. The man who made it happen was the "Father of Rock'n'Roll," Sam Phillips, who discovered them all. This was the only occasion the four legends-to-be played together, and it has come to be known as one of the greatest rock jam sessions of all time.

Lunch included: Bone-out short rib with mashed potatoes, green beans and au jus, chicken breast with roasted red potatoes, green beans and a sherry cream sauce or vegetarian pasta. Made with house marinara and fresh vegetables. Includes dinner roll, dessert, coffee or tea.

SU1203

- ◆ Bus departs Discovery Center, door 1, at 10:15 am
- Bus returns to Buffalo approximately 4 pm
- \$99 fee includes motorcoach transportation, lunch, show ticket and chaperone



James J. Hill House Tour Wednesday, July 12

Discover the splendor of Minnesota's Downton Abbey, a 36,000-square-foot Gilded Age mansion, and imagine what life was like for the Hill family, their servants, workers, and guests. Take a 60 minute guided tour and then explore the art gallery, which features Minnesota art and artists. We will stop at Sweeney's Saloon for lunch. Lunch is on your own and is not covered in the cost of the trip.

SU1204

- Bus departs Discovery Center, door 1, at 9:30 am
- Bus returns approximately 3:30 pm
- \$60 fee includes motorcoach transporation, tour ticket and chaperone



Twins Baseball at Target Field Wednesday, July 26

Join us for an afternoon at Target Field as the Minnesota Twins take on the Seattle Mariners. Game time is 12:10 pm. Seats are in the lower level and in the shade.

SU1205

- Bus departs Discovery Center, door 1, at 10:30 am
- Bus returns to Buffalo approximately 4 pm
- \$75 fee includes motorcoach transportation, game ticket and chaperone



Riverboat on the Mississippi Tuesday, August 8

A narrated cruise takes you along the southern route of the Grand Rounds Scenic Byway and Heritage Trail system, along the University of Minnesota Campus riverfront, under the stunning 35W Bridge, through the lower St. Anthony Falls Lock system showcasing views of the St. Anthony Falls, the historic Stone Arch Bridge, amazing river bluffs with views of the amazing downtown Minneapolis skyline as we show you the best the Mississippi River has to offer!



Beat Boom! A British Invasion Celebration, Sidekick Theatre Thursday, August 17

Pop culture in the U.S. was forever changed on a Sunday night in February 1964 when half of the country tuned in to watch the debut of the Beatles on the Ed Sullivan Show. Within a week, British pop music swept across America and dominated the charts and the airwaves. The British were coming! "Beat Boom" showcases your favorite Sidekick Theatre musicians performing iconic songs from the British Invasion, including "You Really Got Me" (The Kinks), "Satisfaction" (The Rolling Stones) and "Do Wah Diddy Diddy" (Manfred Mann).

Lunch includes: Honey Garlic Chicken served with Rice Pilaf, Teriyaki Green Beans, dinner roll, Chef's choice dessert, coffee and tea.

SU1207

- Bus departs Discovery Center, door 1, at 10:15 am
- Bus returns approximately 4 pm
- \$99 includes motorcoach transportation, show ticket, lunch and chaperone

SU1208

- Bus departs Discovery Center, door 1, at 10 am
- Bus returns approximately 4 pm
- \$99 fee includes motorcoach transportation, riverboat cruise, lunch and chaperone

WEST Adult Basic Education (ABE)

WEST Adult Basic Education programs are supported by regional community education departments including Buffalo Community Education. Programs are to help adults age 17 years or older (who are not enrolled in high school) develop basic skills. Visit **westabe.org** for more information or call Terrisa at **763.682.8509**.

ABE Academic Open Labs

ABE helps adult learners who want to acquire or improve their math, reading, or writing skills. Some learners might need to brush up on their skills before taking the GED tests or college entrance exam, for example. Others are learning information for the first time. Day and evening classes are available.

- Discovery Center, 301 2nd Ave NE, Buffalo, Rm M4
- Mondays & Wednesdays, 1:30-4 pm
- Tuesdays & Thursdays, 6-8:30 pm
- Closed July 3 & 4
- Closed the month of August through Labor Day
- Closed same days as BHM Schools
- Call 763.682.8509 or drop in

GED Preparation – see ABE Academic Open Lab

English Language (ELL/ESL) Class

Learners improve their speaking, listening, reading, and writing skills in English. This friendly, multi-level group meets two nights a week.

- Discovery Center, 301 2nd Ave NE, Buffalo, Rm M5
- Tuesdays & Thursdays 6-8:30 pm (Closed July 4)
- Closed the month of August through Labor Day
- Closed same days as BHM Schools
- Call **763.682.8507** or drop in

Reading Classes

There are two reading classes available: one for adults who struggle to "get the word off the page" and another for adults who can read but do not understand everything they read. Pre-registration and reading assessments are required for these classes. Call Terrisa at **763.682.8509** for more information.

Family Learning

WEST Adult Basic Education (ABE) partners with Early Childhood Family Education (ECFE) to offer this family literacy class. Parents study English or prepare for the GED, participate



in parenting education and have learning time with their children. Children must be pre-school age. Call 763.682.8780 for more information and to register for the fall class beginning in September. Space is limited.



The GED® in Minnesota

To Get Started: Register online at **ged.com**

<u>Eligibility:</u> If you are 19 years old, do not have a recognized high school diploma and are not currently enrolled in high school, you are eligible to take the GED®.

<u>Getting an Age Waiver:</u> If you are 17 or 18 years old and are not currently enrolled in high school, you must apply for an age waiver before testing.

Once You Pass All the Tests in the GED: The MN Department of Education will mail your official diploma.

Warning! Misleading GED Claims

The Tests of General Educational Development developed by GED Testing Service® are administered only under the direction of Pearson VUE® and GED Testing Service. Any other GED diploma not issued by the Minnesota Department of Education may not be accepted by employers, colleges and universities or the military.

Minnesota Adult Literacy Hotline: To find an approved ABE program, visit hotline.mnabe.org, call 1.800.222.1990 or text 612.424.1211.

Rewarding Volunteer Opportunities

As a volunteer, you can make a difference! Learn how you can use your unique talents and skills to assist adult learners. Literacy Minnesota provides an information session via a webinar. If you decide to pursue volunteering with adults, the four hour Foundations of Adult Education Tutoring required by the MN Dept of Ed is also provided by Literacy Minnesota by webinar. Questions? Contact Kelly at krynda@literacymn.org or 651-251-9074. For questions about local placement, call volunteer coordinator Elizabeth at 763.682.8507.







Bison Fishing Forever is offering free two-hour fishing trips for children and their adult chaperone on Lake Pulaski. For groups of 8 or less on a comfortable pontoon. Life jackets, fishing rods, and bait are provided. Trips run 3x per day Mon-Thur during the summer. Scan the QR or visit the Buffalo Community Center website to find out more information.

Bringing family and friends together!

Community Education Buffalo-Hanover-Montrose Schools 301 NE 2nd Ave Buffalo, MN 55313 763.682.8770





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*****ECRWSS**
Resident, School District 877
Buffalo-Hanover-Montrose Schools

Hello Summer!

Join Community Education to play and learn this summer!

Register Online at bhmschools.ce.eleyo.com

Summer SunBlock



A great way for your child to stay on top of their academic skills in reading, writing, math and science all while having fun!



- Three "Blocks" to choose from between June 19 and July 24.
- Morning class times.
- See page 23 for all the details.

Activities for Youth



Sea Life at Mall of America page 8



Sport Camps page 15-17



Swim Lessons page 20-21

Activities for Adults



Line Dancing & Partner Dancing page 31



Dog Obedience page 32



Day Trips pages 36-37