



Community Education

BUFFALO HANOVER MONTROSE SCHOOL

Winter 2021

Let's Cook Together!

Pages 19-20



The place to
**dream, believe
and achieve.**

BHMSCHOOLS.CE.ELEYO.COM

763.682.8770

Welcome to Community Education

Register Online Today!

bhmschools.ce.eleyo.com

Easy Ways to Register!



Online bhmschools.ce.eleyo.com



Phone 763.682.8770



Fax 763.682.8795



Mail or In-Person
301 2nd Ave NE
Buffalo, MN 55313



Community Education

BUFFALO HANOVER MONTROSE SCHOOLS

Office Location:

Discovery Center, 301 2nd Ave NE, Buffalo
(East side, door #1)

Office Hours: 8 am - 4 pm, Monday-Friday

Office Closed: December 24, 25, 31, January 1,
February 15

Office Telephone:
763.682.8770

Office Fax:
763.682.8795

Web Sites:

Online Registration bhmschools.ce.eleyo.com
School District bhmschools.org/community-ed

Registration

- ♦ **Registration and payment is required to attend classes.** Once registered, you will receive an email class confirmation if an email address is provided
- ♦ **Please register at least one week prior to the class start date.** Decisions about class cancellations are made one-week prior to the class start date
- ♦ **Cancellations** within 7-days of the class start date assessed a \$5 service fee. Some classes/programs may have a specific cancellation and refund policy. If we cancel a class, you will be notified and your payment refunded

Weather Cancellations

- ♦ Community Education/ECFE classes do not meet when BHM schools are closed due to weather
- ♦ Closings posted on district website bhmschools.org Facebook and on KRWC radio
- ♦ 2-Hour Late Start: No morning ECFE classes
- ♦ KidKare sites remain open

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BUFFALO HANOVER
MONTROSE SCHOOLS

KidKare Child Care Program

Welcoming Age 3 to Grade 6

KidKare is a school based child care program located at Hanover Elementary, Montrose Elementary, Northwinds Elementary, Parkside Elementary and Tatanka Elementary Schools. We are open 6 am - 6:30 pm Monday through Friday and on most non-school days.

KidKare School Age Care extends your child's learning day while providing high quality care in a safe and fun environment. We offer flexible scheduling with before and after school care, non-school day care, and summer care. Our exceptional staff provide a variety of indoor and outdoor activities for your child!

KidKare KinderKids is a full day care program for children ages 3 - 5 not yet in school. Our staff teach theme based activities that include social and emotional skills, art and science, and learning through play. We offer flexible scheduling with ½ day care, full day care, and care that wraps around your child's ECCE class!



Daily Rates	1st Child	Add'l Child(ren)
Before School	\$6	\$5.50
Full Day	\$36	\$34
Wrap around ECCE	\$30	\$28
1/2 Day (am or pm)	\$25	\$23
After School	\$12.50	\$11.50

For more information

1. Visit bhmschools.org (click community ed tab)
2. Call Tiffany Lund, KidKare Coordinator, at 763.682.8787 or email tlund@bhmschools.org
3. Check us out on Facebook BHM Schools KidKare



High School Drivers Education

Classroom and Behind-the-Wheel

Online registration for Winter & Spring classes at bhmschools.ce.eleyo.com

Online Distance Learning Classroom: Students will access the Google Meet classroom for their 30-hours of instruction using their BHM district issued email address. If a student does not attend BHM Schools, contact Community Education at commed@bhmschools.org to have an email assigned to him/her.

Behind-the-Wheel (BTW) Instruction: 6-hours of Behind-the-Wheel instruction with a Certified Safety Instructor. Typically, BTW sessions are scheduled 30 days apart, allowing for practice driving time with parents in-between lessons.

Winter - 2021

Tuesdays & Thursdays, January 5-February 4
5-8 pm, online distance learning
10 classroom sessions & 6 BTW - \$360
Make-Up Session: Friday, February 5, 5-8 pm, online

Spring A - 2021

Mondays & Wednesdays, February 8-March 15
5-8 pm, online distance learning
10 classroom sessions & 6 BTW - \$360
Make-Up Session: Wednesday, March 17, 5-8 pm, online

Spring B - 2021

Tuesdays & Thursdays, April 13-May 13
5-8 pm, online distance learning
10 classroom sessions & 6 BTW - \$360
Make-Up Session: Tuesday, May 18, 5-8 pm, online

NEW: The Dept of Motor Vehicle is now requiring parents to schedule an appointment for the Knowledge Test OR the test can be taken online at home. Visit drive.mn.gov to schedule the test at a testing location or to request to take the test online.

Parent Child Classes

ECFE Mixed Ages

Separating parent group classes for children birth to 5 years by September 1, 2020

Parents and children have playtime together, then parents separate and have a discussion led by a parent educator. For children, playtime continues with a children's educator. Activities for children 6 months to Kindergarten entrance include stories, snack time and active play. Topics for parent discussions are based on parent needs. Children under 6 months are invited to stay with parents. (Limit 10)

Buffalo Classes

W4005A

Mondays, January 11 - April 12
8:30-10:15 am
Discovery Center Room EC1
Patty Lammers/Andrea Jonasson
Fee: 11 week session - Sliding fee scale

W4005B

Mondays, January 11 - April 12
10:30 am-12:15 pm
Discovery Center Room EC1
Patty Lammers/Andrea Jonasson
Fee: 11 week session - Sliding fee scale

W4005G

Mondays, January 11 - April 12
5:30-7 pm
Discovery Center Room EC1
Annette Rabusch/Andrea Jonasson
Fee: 11 week session - Sliding fee scale

W4005C

Tuesdays, January 12 - March 30
8:30-10:15 am
Discovery Center Room EC1
Patty Lammers/Diane Mastel
Fee: 12 week session - Sliding fee scale

W4005D

Wednesdays, January 13 - March 31
8:30-10:15 am
Discovery Center Room EC1
Patty Lammers/Diane Mastel
Fee: 12 week session - Sliding fee scale

W4005E

Wednesdays, January 13 - March 31
10:30 am - 12:15 pm
Discovery Center Room EC1
Patty Lammers/Diane Mastel
Fee: 12 week session - Sliding fee scale

Hanover Classes

W4005K

Tuesdays, January 12 - March 30
8:30-10:15 am
Hanover Elementary ECFE Rooms
Jen Dismang/Andrea Jonasson
Fee: 12 week session - Sliding fee scale

W4005L

Thursdays, January 14 - April 1
8:30-10:15 am
Hanover Elementary ECFE Rooms
Jen Dismang/Andrea Jonasson
Fee: 12 week session - Sliding fee scale

Montrose Classes

W4005I

Tuesdays, January 12 - March 30
5:30-7 pm
Montrose Early Ed Center ECFE Rooms
Jen Dismang/Andrea Jonasson
Fee: 12 week session - Sliding fee scale

W4005H

Wednesdays, January 13 - March 31
8:30-10:15 am
Montrose Early Ed Center ECFE Rooms
Jen Dismang/Andrea Jonasson
Fee: 12 week session - Sliding fee scale



**Check Out
BHM ECFE
"To Go Bags"
Page 7**

ECFE Sliding Fee Scale

Find your class fee based on your family's income.

# of sessions	11 sessions		12 sessions	
	1 child	2+ child	1 child	2+ child
0-19,999	\$14	\$19	\$15	\$20
20,000-39,999	\$36	\$42	\$39	\$45
40,000-59,999	\$67	\$74	\$70	\$77
60,000-79,999	\$98	\$106	\$101	\$109
80,000-99,999	\$129	\$138	\$132	\$141
100,000+	\$160	\$170	\$163	\$173

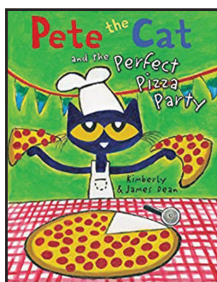
If you have questions, please call ECFE at 763.682.8780.

Pete the Cat and the Perfect Pizza Party

Join Pete the Cat in a groovy pizza party you don't want to miss. Pete invites his friends to build the perfect pizza. Each family will receive a copy of this book.

W4007E (Ages Birth- 5 years)

Thursday, December 3 5:30-7 pm
\$15 per family
Buffalo Discovery Center Room EC1

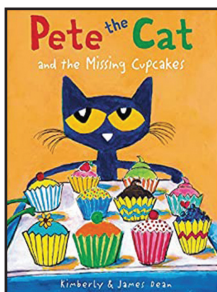


Pete the Cat and the Missing Cupcakes

As Pete and his friends prepare for a party by baking cupcakes, they find that some of the cupcakes are missing. Help Pete and his friends find the missing goodies. Each family will receive a copy of this book.

W4007J (Ages Birth- 5 years)

Thursday, December 17 5:30-7 pm
\$15 per family
Montrose Early Education Center ECFE Room

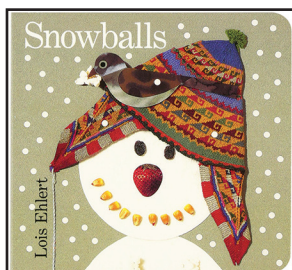


Snowballs

Explore ice and snow with scoops, cups and pails. Build a snowman family, using paper, glue, and natural materials, while enjoying this wintertime favorite book. Each family will receive a copy of this book.

W4208A (Ages 2-5 years)

Thursday, January 14 5:30-7 pm
\$15 per family
Buffalo Discovery Center Room EC1

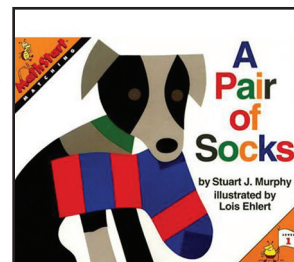


A Pair of Socks

Young children will learn about matching, an important early math skill, as a lonely striped sock searches the house for its mate. They may be inspired to practice this skill in their own sock drawers! Each family will receive a copy of this book.

W4208B (Ages 2-5 years)

Thursday, March 4 6:15-7:15 pm
\$15 per family
Hanover Elementary ECFE Room



Goodnight Construction Site

Explore how materials come together to make homes for people and animals with windows, doors, entrances and exits using blocks, cardboard, paper, twigs and wood. We'll cut, glue, tape, staple and tie to create a unique BUILD! Finish the session with this story. Each family will receive a copy of this book.

W4208C (Ages 2-5 years)

Thursday, March 18 5:30-7 pm
\$15 per family
Montrose Early Education Center ECFE Room



Journeys

For families who may, or are currently, accessing Early Intervention Services

Parents and children birth to 5 years, explore parent/child activities designed just for them. Parents and children separate, with children remaining with the early childhood teacher. Children participate in story time, snack time and active play. Parents work with a parent educator, connecting to their parenting community and discuss the joys and challenges of parenting a child with special needs.

W4005F

Fridays, January 15 - April 16 8:30-10:15 am
(No class Jan 29, Apr 2, 9)
Discovery Center Room EC1 & EC4
Diane Mastel/Patty Lammers
11 week session - Free!

Playtime in the Park Wednesdays, 10-11:30 am

Dress for the weather and join us as we travel around town, meeting families, spending time together, enjoying the outdoors. We'll bring the chalk, bubbles, parachute and snack. New to the area? We'd love to meet you...at the park! **Sign up onsite. Free!**

Sturges Park	April 28
West Pulaski Park	May 5
Methodist Church Park	May 12
Buffalo Hills Park	May 19



What does this mean? MN's one to four star rating system measures best practices identified by research that help children succeed. **Scholarships may be awarded to qualifying families whose children attend MN Parent Aware star-rated programs.** To apply for a preschool scholarship, contact the ECFE office or Milestones, at 800.288.8549. Call ECFE at 763.682.8780 for availability.

Join us for Fall 2021 Preschool Virtual Open House February 6, 6:15-7:15 pm

Spring Into Preschool - Buffalo 2.5 year olds by September 1, 2020

A preschool class for our youngest learners. For the parents, on designated dates, participation in a parent group led by a Parent Educator.

4034B

Thursdays, 8:15-9:45 am Patty Lammers/Diane Mastel
Buffalo - Discovery Center Room EC1

Parent Education Days: December 3, January 14, February 4, March 4, April 15. Parents and children come to class together and stay together

Spring Into Preschool Payment Information

\$50 registration fee plus

4 monthly payments due January 15 - April 15, 2021

Each payment \$42/month

Ready Set Grow Preschool - Buffalo 3 - 4 year old by September 1, 2020

Nurture and explore friendships, routines and building of social skills. Activities include storytelling, fingerplay, music, art, large muscle play and free choice. Teachers plan activities based on the Creative Curriculum and observe children using the Teaching Strategies Gold Assessment.

4205B

Tuesdays & Thursdays, 8 - 10 am Jen Robeck
Buffalo - Discovery Center Room EC2

4205C

Tuesdays & Thursdays, 8 - 10 am Miranda Weber
Buffalo - Discovery Center Room M4

Ready Set Grow Preschool (3-4 Year Olds) Payment Information

\$50 registration fee plus

5 monthly payments due January 15 - May 15, 2021

Each payment \$93/month

Ready Set Grow Preschool - Online 3-5 year old by September 1, 2020

Our licensed early childhood teachers will spend time, through a digital platform, creating a partnership with you and building a relationship with your child. We design activities to support your child's growth and development, through live time and recorded lessons. Many of the hands-on activities will be supported through the materials contained in the PreK Bison Pack. Just like our face-to-face preschool classes, Ready Set Grow online uses creative curriculum, Handwriting without Tears and Second Step Social Emotional curriculum.

4207A

Monday-Thursday, 12-12:45 pm Emily Pearson
PreK Bison packet pick-up at Discovery Center in Buffalo
Wednesdays and Thursdays between 8 am-4 pm

Ready Set Grow Preschool - Online Payment Information

\$50 registration fee plus

5 monthly payments due January 15 - May 15, 2021

Each payment \$85/month

Ready Set Grow Preschool - Buffalo 4 - 5 year old by September 1, 2020

Nurture and explore friendships, routines and building of social skills. Activities include storytelling, fingerplay, music, art, large muscle play and free choice. Teachers plan activities based on the Creative Curriculum and observe children using the Teaching Strategies Gold Assessment.

4206A

Monday-Thursday, 12-3 pm Jen Robeck
Buffalo - Discovery Center Room EC2

Ready Set Grow Preschool (4-5 Year Olds) Payment Information

\$50 registration fee plus you choose number of days

5 monthly payments due December 15 - April 15, 2021

2-Days/Week: Each payment \$130/month

3-Days/Week: Each payment \$187/month

4-Days/Week: Each payment \$240/month

New! BHM ECFE To Go Bags

Join our Bison Family! ECFE is offering take home activity bags made just for parents and their little ones to do together! **BHM ECFE To Go Bags**, developed by our licensed teachers, contain social-emotional, language and literacy, mathematics, fine motor and science activities and books. Online access to licensed parent educators and internet links to relevant parent education topics is also included. Register based on your child's age, then pick-up your BHM ECFE To Go Bag at our ECFE Office, located at 301 2nd Avenue NE in Buffalo on one of the dates indicated. Return the books and bag to us at the end of the session. **Fee is \$20 per session.**

W4029A (Birth - 2 Years of Age)

January 15- February 12
Pick-up: January 11-14

W4029B (2-4 Years of Age)

January 15- February 12
Pick-up: January 11-14

W4029C (Birth - 2 Years of Age)

February 19- March 19
Pick-up: February 16-19



W4029D (2-4 Years of Age)

February 19- March 19
Pick-up: February 16-19

W4029E (Birth - 2 Years of Age)

March 22- April 22
Pick-up: March 15-19

W4029F (2-4 Years of Age)

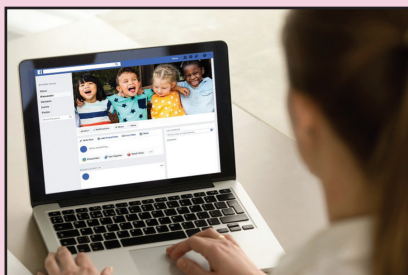
March 22-April 22
Pick-up: March 15-19

Parenting 8-7-7 Closed Facebook Group



Parenting can be difficult in the age of social media. How could a parent know which websites offer research based parenting strategies and tips?

Join licensed Parent Educator, Andrea Jonasson, through a closed facebook format to investigate, navigate, and celebrate parenting children birth through 8 years old. Visit **Parenting877** on Facebook.



Parent Coaching

An ECFE Parent Educator will visit virtually or in an ECFE classroom with you. Visits can include:

- ♦ **Time to talk** and problem solve ways to meet your family's needs
- ♦ **Resources** and ideas on parenting, child development and community services
- ♦ **Free** for families with children ages birth to kindergarten entrance
- ♦ Contact Barbara, ECFE Coordinator, at 763.682.8753 or beckberg@bhmschools.org for more information



Are You on the School Census?



BHM SCHOOLS
Buffalo Hanover Montrose

Being on the census ensures that you will receive ECFE mailings, be notified of Early Childhood Screening and receive kindergarten information when your child becomes eligible to attend. **Call 763.682.8737 if you:**

- ♦ Recently had a baby or adopted a child
- ♦ Moved to this district and/or changed your address
- ♦ Did not receive this catalog in the mail

Early Childhood Screening (ages 3-5 years)

Screening will check your child's overall development. The state of Minnesota recommends all children be screened before their 4th birthday in order to start kindergarten in any Minnesota public school. **Screening is required within 90 days of beginning ECFE preschool. Call 763.682.8408 or 763.682.8780 to schedule.** Appointments available in Buffalo and Montrose.

■ ■ ■ *Enrichment*



These classes are held at Artistic Me - 205 5th Street NE, Buffalo. Students may meet at the Community Education office at Discovery Center at 1:45 pm and walk to Artistic Me with a chaperone, or parents may bring their student to Artistic Me. **All parents will pick up their student at Artistic Me after class.**

Artistic Me: Fingerprint Mugs (Grades K - 5)



Create your own 12 ounce mug using underglaze pencils and fingerprint art. You decide the design and how your mug will look. Items will be picked up at a later date at Artistic Me.

W697

Thursday, December 10
1 session - \$17

2 - 3 pm
Artistic Me, Buffalo

Artistic Me: Fused Glass Ornaments (Grades 1-5)



You will create four ornaments including a snow globe, bell, wreath and a star. This class will use some glass that may have sharp edges. Students must be able to use tweezers and follow

safety guidelines. Items will be fired and picked up at a later date at Artistic Me.

W698

Tuesday, December 15
1 session - \$35

2 - 3 pm
Artistic Me, Buffalo

Heart Plate (Grades K-5)



This heart shape is a perfect background for your creation. Fill the heart with a design, write a message or create a valentine. The finished item will be fired and slumped into

a shallow bowl that can be used for trinkets or candies. Items will need to be picked up at a later date after being fired.

W699

Thursday, January 21
1 session - \$38

2 - 3 pm
Artistic Me, Buffalo

Artistic Me: A Picture is Worth a Thousand Words (Grade K-5)



If you like puzzles you will love stacking bits and pieces of glass into a pattern to make a beautiful picture frame. After the design is complete it will be fired in our in house kiln and a picture frame will be applied to the back. Items will be picked up at a later date at Artistic Me.

W691

Thursday, January 7
1 session - \$28

2 - 3 pm
Artistic Me, Buffalo

Artistic Me: Roll a Picasso Game Day (Grade 1-5)



Picasso created some memorable pieces of art and this mug will become your own masterpiece. Using a game board you will roll a dice to determine which Picasso style facial feature you will be adding to your mug. Items will be picked up at a later date at Artistic Me.

W690

Thursday, February 18
1 session - \$20

2:45 - 3:45 pm
Artistic Me, Buffalo



Register at least one-week prior to start date.
Some classes fill quickly.
Those with low enrollment may be canceled at that time.



**GRINCH
SLIME**



KidCreate: Grinch Slime (Ages 4-9)

Calling all mess-makers!!! Nothing is better than slime, and nothing says Holidays more than everyone's favorite nasty-wasty mean one, Mr. Grinch! Come learn a secret slime recipe as you mix up your own batch of glittery green Grinch Slime. We guarantee all Grinches' hearts will grow three sizes in this class. Please bring a nut free snack and beverage to class.

W692

Tuesday, December 29
1 session: \$35
Discovery Center

9 am - 12 pm

Room 202

Glitter Crush with Kidcreate Studio (ages 4 - 9)

Come glitter crush with us as we create projects that sparkle and shine. In this class your artist will sculpt a dolphin out of air-dry clay, and then we'll cover it with everyone's favorite thing - GLITTER! Please pack a nut free snack and drink for your child.



W693

Friday, January 29
1 session - \$37
Discovery Center

9 am - 12 pm

Room EC1

Valentine's Candy Mosaic with Kidcreate Studio (ages 4 - 9)

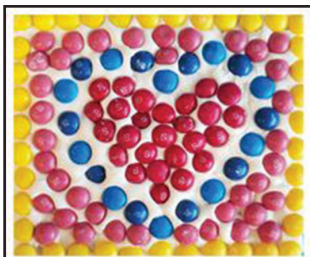
It's Valentine's Day and romance is in the air. Sign your kids up for some fun on their own while you enjoy an evening out with your Valentine. The kids will create a heart-themed mosaic made out of frosting and skittles. Art doesn't get any sweeter than that! Please pack a nut free snack and drink for your child.

W694

Saturday, February 13
1 session - \$37
Discovery Center

5:30 - 8:30 pm

Room EC1



KidzArt: Create & Make! (Grades K - 6)

Enjoy the endless artistic possibilities of art! You will work with a variety of materials to create exciting and original art pieces including (but not limited to) clay, collage materials, watercolor paint, and much more! So, join us as our experienced instructors ignite your creativity and passion for art.



W695A

Mondays, January 25 - March 8
(No class Feb. 15)
6 sessions: \$83
Hanover Elementary

1:50 - 2:50 pm

Art Room

W695B

Tuesdays, January 19 - February 23
6 sessions: \$83
Hanover Elementary

1:50 - 2:50 pm

Art Room

Crochet Club-Cowl & Pom Pom Bunny (Grade 3 - 8)

Want to learn to crochet? We will learn the basics of crochet and make a cowl and pom pom bunny. (Those with previous experience will learn a new stitch while making the cowl.) No experience necessary. **All supplies are included!**



W696

Saturday, February 20
1 session - \$43
Discovery Center

9:30 am - 12 pm

Room EC4

■ ■ ■ Enrichment

Prairie Fire Children's Theatre... Scenes From a Suitcase Present:

Prairie Fire Children's Theatre's new program "Scenes from a Suitcase", featuring PFCT's musical production of THE WIZARD OF OZ, was created in response to the restrictions caused by COVID. "Scenes from a Suitcase" will bring a quality theatre experience to students while incorporating new safety guidelines. The "Suitcase" series still captures the fun and magic of a PFCT show.



One professional actor/director from the staff of Prairie Fire Children's Theatre will play the scarecrow and direct up to 40 children that are needed for two casts to play the roles of DOROTHY, TOTO, THE MUNCHKINS, GLINDA THE GOOD WITCH, THE TINMAN, THE COWARDLY LION, THE WIZARD, THE WICKED WITCH OF THE WEST, THE FLYING MONKEYS, AND THE YELLOW BRICK ROAD. The casts will also have the opportunity to create/bring their own make-up and costumes pieces! **The final performances will be filmed, edited, and shared via a link sent to the parent's email address.**

W610A

Monday - Friday, February 22 - 26
5 sessions - \$69
Discovery Center

2:30 - 4:30 pm
Auditorium

W610B

Monday - Friday, February 22 - 26
5 sessions - \$69
Discovery Center

5 - 7 pm
Auditorium

Fencing (Ages 6-Adult)

Fencing is a fun sport the entire family can enjoy together. Fencing is a vigorous sport that requires and develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. Fencing utilizes natural body movement to create simple and effective self-protection techniques. Sword Play provides everything needed to fence (mask, jacket, gloves, and sword). The fencer need only come dressed comfortably for freedom of movement including long sweat pants and running shoes. Limited scholarships are available through Sword Play for those with financial need. We welcome both adults and students in this class!

W679A

Saturdays, January 16 - February 20
6 sessions - \$79
Parkside Elementary

8:15 - 9:15 am
Gym

W679B

Saturdays, February 27 - April 10
(No class April 3)
6 sessions - \$79
Parkside Elementary

8:15 - 9:15 am
Gym

Youth Hunter Gun Safety

For boys and girls 11 years old by January 1, 2021. Students who complete all the requirements receive a MN Dept of Natural Resources Firearms Safety Certificate. **Questions contact Jerry Veches at 763.269.2583, M-F, 8 am-8 pm.**

Registration:

- ◆ Register by calling Jerry Veches at 763.269.2583, January 11-25, Monday-Friday, 8 am-8 pm
- ◆ Class dates are Tuesdays, February 2-April 13 (no class April 6), 7-9 pm, at Buffalo High School
- ◆ Due to Covid-19 restrictions, class size will be limited. Call to secure your spot
- ◆ **Birth certificate required! Student can not participate without a birth certificate**
- ◆ Local fee is \$7.50. An additional \$7.50 DNR fee will be paid directly to the DNR online. This information given at registration
- ◆ Co-sponsored by Buffalo Conservation Club, MN DNR and Community Education



Karate Basics (Grade K-5)

Karate is a great tool for learning self-discipline, respect for self and others, keeping fit, building confidence and character development. Trained professional instructors specialize in helping kids develop a healthy body and mind. Sign up for one or both sessions - new skills each week. **Classes include a free uniform!**

W674A

Thursdays, January 7 – 28
4 sessions - \$42
Hanover Elementary

1:45-2:30 pm
DoJo Karate
Gym

W674B

Thursdays, February 4 – 25
4 sessions - \$42
Hanover Elementary

2:30-3:15 pm
DoJo Karate
Gym

W673A

Wednesdays, January 6 – 27
4 sessions - \$42
Montrose Elementary

1:45-2:30 pm
DoJo Karate
Gym

W673B

Wednesdays, February 3 – 24
4 sessions - \$42
Montrose Elementary

2:30-3:15 pm
DoJo Karate
Gym



Register at least one-week prior to start date. Some classes fill quickly. Those with low enrollment may be canceled at that time.

Our programming follows the recommendations and guidance from the Minnesota Department of Education and the Minnesota Department of Health to provide you and your family a safe learning environment. Hygiene practices and cleaning protocols are in place.

Children's Self-Defense/ Safety Awareness (ages 4 - 14)

Students are instructed by **Young Americans School of Self Defense** in self-defense, emergency notifications, physical techniques and abduction safety. This program promotes self confidence, physical fitness, personal empowerment, and respect for others. New students will earn the yellow belt and ranking students will earn advanced belts. Instructors are certified black belts trained in run, yell, tell and stranger danger curricula. Questions, call 952.997.7732 or Community Education.

Registration Night

- ◆ Thursday, February 25, 6:30-7:30 pm
- ◆ Registration fee: \$5 per student
- ◆ Discovery Center, Cafeteria

Class Information

- ◆ Thursdays, March 4 - May 13
- ◆ **(No class April 8)**
- ◆ Beginner students: 6:30 - 7:15 pm
- ◆ Intermediate/advanced students: 7:30 - 8:15 pm
- ◆ Weekly class fee: \$7
- ◆ Discovery Center, Cafeteria

Cheer America: Cheerleading and Pom-Pom Class (age 4 - 14)

This fun course will teach students popular cheers, chants, choreographed pom/dance routines, jumps, splits, parade marching techniques, and other skills that are required for school cheerleading tryouts. Improve self confidence, physical fitness and overall coordination. Questions, call 952.997.7732 or Community Education.



Registration Night

- ◆ Tuesday, February 23, 6:30-7:30 pm
- ◆ Registration fee: \$5 per student
- ◆ Discovery Center, Cafeteria

Class Information

- ◆ Tuesdays, March 2 - May 11
- ◆ **(No class April 6)**
- ◆ Ages 4-8: 6:30-7:15 pm
- ◆ Ages 9 and older: 7:30-8:15 pm
- ◆ Weekly class fee: \$7
- ◆ Discovery Center, Cafeteria

■ ■ ■ Enrichment



codrone

CoDrone Stay-At-Home Camp (Grades 3-9)

COR Robotics' Stay-At-Home camps provide an awesome opportunity to keep your child engaged, entertained, and challenged. The camps will utilize fun and exciting CoDrone kits which will enable students to have fun while learning to program. The CoDrone kits will include 2 drones. Both drones use a block based programming language which is perfect for entry level programmers. Students will program their drones to fly around and complete missions. When they've mastered their programming, students can pair their drones to a Bluetooth device and battle each other in a game of aerial laser tag.

Students need the following at home: a computer with Bluetooth 4.0, internet access and a tablet or smartphone.

The kits will be picked-up and dropped-off at the Community Education office on the dates listed below.

W642

Materials pick-up: Monday, January 11, 8 am-3 pm
Materials drop-off: Monday, January 25, 8 am-3 pm
14 day rental - \$75



Community Education is offering a variety of online cooking classes the entire family can enjoy.
See pages 19-20 for all the details!

Science Explorers: The Science of Slime and Crazy Catapults

(Ages 8+ if working with adult, 12+ if working only with adult supervision)

Have fun with two hands-on STEM topics...Slime and Catapults. In this DIY kit, you will first investigate the chemical reaction that creates slime. Mix up your own batches of Glow, Silky, and Foam Slimes as you discover why slime is delightfully bouncy, stretchy and gooey. Then, build three different catapults to examine how levers, energy, and Newton's Laws of Motion all work together as you fling ping-pong balls while practicing your launching and aiming skills. This kit is more than hands-on...it's hands in! **The kit will be mailed right to your door!**

The kit includes: 3 bowls with lids for slime storage, 2 measure cups, 1 oz each, 1 bottle of glue, 4 oz, 1 oz liquid starch, 1 oz liquid laundry detergent, 1/4 teaspoon borax, 1/4 teaspoon glow powder, 2 T. foam pellets, 1 package of Model Magic, 2 colors of tempera paint, 1/4 teaspoon each, 3 straws, 4 craft sticks for mixing, 11 large craft sticks, 35 regular craft sticks, 1 roll of 1/2-inch tape, 3 small paper cups, 3 balls, 1 dowel, 4 rubber bands, 1 straw at 1-inch long, The Science of Slime Activity Guide, Crazy Catapults Activity Guide

Items Not Included: Water, Paper Towels, Scissors

Warning: Items in this kit are for external use only. Do not eat or drink any substance contained in this kit. Keep out of eyes, nose, and mouth.

W643

\$45 per kit (Mailed to your home)

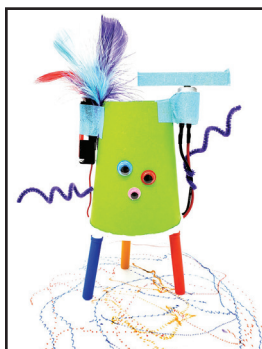


SCIENCE EXPLORERS



Science Explorers: Ph Testing and Art Bot

(Ages 8+ if working with adult, 12+ if working only with adult supervision)



Have fun with two STEM topics...engineering and chemistry with pH. Take your first steps into engineering by designing and building your own **Art-Bot**. Using the Activity Guide, with detailed picture instructions, the fun begins as you build your own **Art-Bot** with a motor, battery holder and more! Then, give your robot a personality with the craft supplies included in the kit. This STEM kit is not just hands-on....it is hands-in. Then, step into your own science lab to test the pH of six everyday substances. The exciting part of testing for pH is that the mixture changes color. The final color will indicate if the substance tested is an acid, a base or a neutral. This experiment will have your child excited about the science side of STEM! Plus, enough pH indicator will be provided so this experiment can be conducted again to test other items found around your home. **This kit will be mailed right to your door!**

The kit includes: 1-AA battery, 1-AA battery holder, 1 hobby motor, 1.5 volt with wires, 1 piece of cardboard with pre-punched holes, 1 paper clip, 2 metal fasteners, 1 large paper cup, 1 clothespin half, 3 markers, 4 pipe cleaners, 6 pom-poms, 6 wiggle eyes, 3 feathers, 4 4x4 inch construction paper, 1 pipette (dropper), 1 tsp of dried purple cabbage extract, 1 tsp of citric acid, 1 tsp of baking soda, 1 tsp of salt, 1 tsp of sugar, 1 tsp of vinegar powder, 1 tsp of alum, 1 craft stick, 1 spoon, Activity Guide for Art Bot and ph Testing

The kit includes: 1-AA battery, 1-AA battery holder, 1 hobby motor, 1.5 volt with wires, 1 piece of cardboard with pre-punched holes, 1 paper clip, 2 metal fasteners, 1 large paper cup, 1 clothespin half, 3 markers, 4 pipe cleaners, 6 pom-poms, 6 wiggle eyes, 3 feathers, 4 4x4 inch construction paper, 1 pipette (dropper), 1 tsp of dried purple cabbage extract, 1 tsp of citric acid, 1 tsp of baking soda, 1 tsp of salt, 1 tsp of sugar, 1 tsp of vinegar powder, 1 tsp of alum, 1 craft stick, 1 spoon, Activity Guide for Art Bot and ph Testing

Items not included with kit: tape, glue, scissors, paper, 2-7 clear cups and optional paper towels

Warning: Choking hazard. Toy contains a small ball. Not for children under 3 years. The motor's shaft spins at 1500 rpm, so keep the shaft away from eyes, face and hair. Items in this kit are for external use only. Do not eat or drink any substance contained in this kit. Keep out of eyes, nose, and mouth. Contains citric acid, a naturally occurring weak acid found in fruit. Wash hands after conducting experiments. If left on hands, it can cause skin irritation.

W644

\$39 per kit (Mailed to your home)



Science Explorers: Crazy Chemistry (pre-recorded)

Grades 2 - 6

Join Science Explorers in a virtual laboratory as we become crazy chemists! We will investigate the Periodic Table and learn about its families with fun and exciting experiments as we discover the science side of STEM. We will break some chemical bonds, get messy with polymers and much more. Our classes are hands-on... so be ready for a mess! Crazy Chemistry Kit contains an outline and much of the materials needed to complete this pre-recorded class. **A 30-day link will be provided to access a private video on YouTube.**

Kit Includes: an outline to indicate supplies needed for each experiment, blank Periodic Table, pH color chart, dropper and spoon, 30ml measuring cup, Magic Snow, purple cabbage extract, magnesium powder, vinegar and citric acid powder, baking soda, salt and rice, liquid starch and glue, iodine weakened with water, storage bowl with lid, shaving cream travel size, nail, sand paper, and more.

Items not included with kit: internet access, tablet or a laptop/computer to view the pre-recorded class, a person who can be available to help with any technical or experiment difficulties, non-carpet workspace, near a sink, that can get messy (kitchen table), sink and water, crayons or colored pencils, towel or paper towel for spills, pitcher, cups and bowls, scissors, plate, 10 pennies. optional: old markers, tray to help contain spills, tape.

Warning: Items in this kit are for external use only. Do not eat or drink any substance contained in this kit. Keep out of eyes, nose, and mouth. This kit contains citric acid, which is a naturally occurring weak acid found in fruit. Wash hands after conducting experiments. If left on hands, can cause skin irritation. Toy contains functional sharp point. Not for children under 4 years of age.

W645

\$69 per kit (Mailed to your home)

■ ■ ■ Enrichment

GPA Booster (Grades 9-12)

Not only is high school GPA the number one consideration for college admissions and scholarship money, but is the biggest indicator of success once a student steps on campus. The GPA booster program can help students taking general, advanced and even college level classes. Our highly qualified online tutors use the latest technology to assist students with homework, studying for tests and promote a growth mindset. The student and tutor meet weekly 1-5 hours to assure consistent coursework. **Please allow 5-10 days from registration to schedule your the tutor.**

Family Information:

- ♦ Academic All Star Tutoring (AAST) will contact the family to learn about the student's academic history and goals to begin the process of selecting a tutor
- ♦ AAST will match each child with an outstanding tutor to help in specific subject areas
- ♦ The tutor will help the student understand the material by supporting homework tasks, as well as studying for tests and quizzes

W1000

Package options:

8 hours - \$449, 12 hours - \$659, 20 hours - \$1,079
Ongoing, December 1-February 28, Time to be arranged

Study Skills Development (Grades 5-12)

Does your child study, but still have difficulty on tests? Is a lack of organization hurting your child's grades? We can help your child feel more successful and positive about school! Due to the unforeseen challenges of our schools recently, children and parents have been stretched in new ways. We can come beside families to help reduce the stress! **Please allow 5-10 days from registration to schedule your the tutor.**



The development includes:

- ♦ The award winning online Mindprint Cognitive Assessment to determine how a student learns best.
- ♦ Individually tailored study skills to help a student complete homework/tasks in a more efficient and productive manner, as well as retain information to perform better on tests.
- ♦ A 60-minute virtual consultation with an educational specialist to discuss the assessment results and best practice study skills.

W1001

Fee: \$199

College Application Essay Workshop (Grades 10-12)

A great college essay is a must when applying to selective colleges and universities. There are many students applying who also have a great academic resume, including excellent grades, top test scores and a challenging course load. This course will help students stand out by showcasing personality, interests and the contributions they will bring to campus. And, this must be done in a format that shows that a student can write well. Students will be guided on how to write the most common essays needed for college applications, including a Personal Statement, the Common Application Essay and Supplemental Essays.

W1002

December 8, 15, 17

4-5:30 pm

3 sessions - \$119

Discovery Center

District Office Conf Room

(Note: If the course is unable to be held in-person due to Covid-19 policy, it will be moved online.)

PrepStar Live Online ACT Class

Even though there has been an increase in the number of colleges and universities going "Test Optional", it does not mean that a student would not benefit from submitting an ACT score to enhance the chance of admission, as well as merit scholarship aid. PrepStar Live will be led by an ACT expert with years of teaching experience. The live class format will be held online using a highly interactive format to help students prepare for the important exam. Students will be able to review the recorded class sessions at any time to make sure they understand the content.

The class includes:

- ♦ Effective strategies
- ♦ Essential content review
- ♦ 2 full ACT practice tests at home with proctored guidance
- ♦ Online testing guidance
- ♦ Immediate scoring with detailed score reports from practice tests

W1003

Cost per student: \$199

Live Instructor led classes:

Thursdays, February 4 – March 11

7-8 pm

Virtual Practice tests:

Saturdays, February 6 & March 6

9 am-12:30 pm

Note: Students must order the Official ACT Prep Guide 2020-21 edition, which can easily be found online.

Buffalo High School
Gymnastics Gym

Jr. Bison Gymnastics Noncompetitive Program

Community
Education
BHM SCHOOLS



Beginner 1 - (Girls, age 5-7)

Focus on learning basic positions and core skills for all 4 events. Max is 8 per class.

Fee: \$80

W681A

Mondays, January 11 - February 22 6:45-7:45 pm
(No class Feb. 15)

W681B

Wednesdays, January 6 - February 24 6:30-7:30 pm

Intermediate - (Girls, Age 7 +)

Focus on strength and technique for all 4 events. **Skill requirement:** Cartwheel and bridge on floor.

Fee: \$90

W682A

Mondays, January 11 - February 22 6:30-7:45 pm
(No class Feb. 15)

W682B

Wednesdays, January 6 - February 24 6:45-8 pm



Advanced - (Age 8 +, experience & evaluation)

Focus on strength and technique on more advanced skills in all 4 events. **Skill requirement:** roundoff back and back walkover on floor and pullover on bars.

Fee: \$105

W683

Tuesdays, January 12 - February 23 6:30-8 pm
(No class Feb. 16)



Hanover Youth Ball

Programs for boys and girls ages 5-16. Season runs mid-late April to mid-July with pre-season clinics/practices in February/March. **Online registration** takes place in February at hanoveryouthball.org. Questions, contact Missy Thompson at missy@hanoveryouthball.org



Holiday Open Gym

December 28, 29, 30 5-8 pm

Bison Activity Center

\$5/person or \$10/family



■ ■ ■ Pool Information & Lesson Descriptions



Note to Parents...

Due to Covid-19 safety precautions, a parent/adult is needed in the water with their swim student Level 2 and younger.

About Our Pool

- ♦ The pool is located at the Buffalo Community Middle School. Enter door #3 (facing football field)
- ♦ Locker rooms will be available to change out of wet suits after lessons
- ♦ Appropriate swimwear is required
- ♦ Pool depth ranges from 3 feet 6 inches to 12 feet
- ♦ An adult must accompany children if under 48 inches in height
- ♦ The use of approved life jackets/ vests and other floatations are allowed when **accompanied by an adult in the water**
- ♦ To use the deep end of the pool, swimmers must be able to swim the width of the pool using the American Red Cross Level 3 front crawl. Swimming ability will be at the lifeguard's discretion
- ♦ Children are not allowed to jump off the diving boards into the arms of an adult in the water

Register at least one-week

prior to start date.

Classes fill quickly!



Parent and Child Aquatics
Preschool Aquatics
 25 minute, semi-private
 Fee: 4-sessions, \$59

Learn to Swim: Levels 1-6
 45 minute, semi-private
 Fee: 4-sessions, \$64

The pool is located at the Buffalo Community Middle School. Enter door 3, lower west side.

Parent and Child Aquatics (6 months to 3 years) Fee: \$59

Parents and children learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The two levels are fun-filled and introduce water safety.

Parent Child 1

- ♦ Change body position in the water
- ♦ Learn how to play safely
- ♦ Experience wearing a life jacket

Parent Child 2

- ♦ Expectation for adult supervision
- ♦ Enter and exit the water safely
- ♦ Submerge in a rhythmic pattern



Preschool Aquatics (4-5 years old) Fee: \$59

Children are taught basic aquatic safety, survival and swimming skills, while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoy social interactions with other children. As in all Swimming and Water Safety courses, your child will always know that it's safety first.



Learn to Swim Levels 1-5 (Age 6+) Fee: \$64

Level 1: Intro to Water Skills

Orient participants to the aquatic environment and help gain basic aquatic skills. Begin to develop positive attitudes and safe practices around water.

Level 2: Fundamental Aquatic Skills

Build on basic aquatic skills, water safety and concepts learned in level 1.

Level 3: Stroke Development

Build on the skills learned in Levels 1 and 2 to help participants achieve basic water competency in a pool environment. Head first entry, survival floating and treading water will be covered.

Level 4: Stroke Improvement

Improve participants' proficiency in performing the swimming strokes that were introduced in Level 3. Skills include swimming front crawl 25 yards, breaststroke, back crawl and butterfly 15 yards.

Level 5/6: Stroke Refinement, Personal Water Safety

Participants refine their performance of all six swimming strokes (front and back crawl, butterfly, breaststroke, elementary backstroke and sidestroke).

Swimming Lessons



Monday Lessons

January 4, 11, 18, 25

6:30 pm	Pre-School W5201MJ	Pre-School W5202MJ	Parent & Child W5000MJ
7 pm	Level 1 W5311MJ	Level 2 W5321MJ	Level 3 W5331MJ

February 1, 8, 22, March 1

6:30 pm	Level 1 W5311MF	Level 2 W5321MF	Level 3 W5331MF
7:30 pm	Level 3 W5332MF	Level 4 W5341MF	Level 5/6 W5351MF

March 8, 15, 22, 29

6:30 pm	Pre-School W5201MM	Pre-School W5202MM	Parent & Child W5000MM
7 pm	Level 1 W5311MM	Level 2 W5321MM	Level 3 W5331MM



Wednesday Lessons

January 6, 13, 20, 27

6:30 pm	Level 1 W5311WJ	Level 2 W5321WJ	Level 3 W5331WJ
7:30 pm	Level 3 W5332WJ	Level 4 W5341WJ	Level 5/6 W5351WJ

February 3, 10, 17, 24

6:30 pm	Pre-School W5201WF	Pre-School W5202WF	Parent & Child W5000WF
7 pm	Level 1 W5311WF	Level 2 W5321WF	Level 3 W5331WF

March 3, 10, 17, 24

6:30 pm	Level 1 W5311WM	Level 2 W5321WM	Level 3 W5331WM
7:30 pm	Level 3 W5332WM	Level 4 W5341WM	Level 5/6 W5351WM



Fees: \$59, 25-minute, semi-private lessons
\$64, 45-minute, semi-private lessons

* A parent/adult is needed in the water with their swim student level 2 and younger.

Saturday Lessons

January 9, 16, 23, 30

10 am	Level 1 W5311SJ	Level 2 W5321SJ	Level 3 W5331SJ
11 am	Level 4 W5341SJ	Level 5 W5351SJ	Level 6 W5361SJ
12 pm	Pre-School W5201SJ	Pre-School W5202SJ	Parent & Child W5000SJ
12:30 pm	Level 1 W5312SJ	Level 2 W5322SJ	Level 3 W5332SJ

February 6, 13, 20, 27

10 am	Level 1 W5311SF	Level 2 W5321SF	Level 3 W5331SF
11 am	Level 4 W5341SF	Level 5 W5351SF	Level 6 W5361SF
12 pm	Pre-School W5201SF	Pre-School W5202SF	Parent & Child W5000SF
12:30 pm	Level 1 W5312SF	Level 2 W5322SF	Level 3 W5332SF

March 6 13, 20, 27

10 am	Level 1 W5311SM	Level 2 W5321SM	Level 3 W5331SM
11 am	Level 4 W5341SM	Level 5 W5351SM	Level 6 W5361SM
12 pm	Pre-School W5201SM	Pre-School W5202SM	Parent & Child W5000SM
12:30 pm	Level 1 W5312SM	Level 2 W5322SM	Level 3 W5332SM

Recreation & Fitness



Spinning

(Ages 16 and up)

Experience the power of the mind-body connection in this ultimate indoor cycling adventure. Personalized for all fitness levels. You will use specially designed Lemond Spinner Bikes which enable you to select your own level of intensity. Imagine yourself cruising through a rainforest, climbing a snow-peaked mountain or racing in the Tour de France—all done to stimulating music.

W803

Wednesdays, January 6 - February 24
8 sessions - \$48
Buffalo Community Middle School

6:30-7:15pm
Susie Super
Weight Room
enter door #3

Register for classes at least one-week prior to the start date. Classes with low enrollment will be canceled at that time.

Fitness Yoga

This class combines traditional yoga with modern fitness moves. It is a flowing, heat building workout that will make you sweat. An excellent workout designed to lengthen and strengthen your muscles. **Wear comfortable work-out clothing.**

W804A

Tuesdays, January 5 - February 23
8 sessions - \$48
Hanover Elementary

6:30-7:30 pm
Edith Engnell
New Gym

W804B

Thursdays, January 7 - February 25
8 sessions - \$48
Hanover Elementary

6:30-7:30 pm
Edith Engnell
New Gym

Bison Activity Center Open Gym

Monday - Thursday, beginning January 4

(Closed Feb. 15) 6 - 9 pm

\$5/person or \$10/family

Holiday Open Gym

December 28, 29, 30 5-8 pm

\$5/person or \$10/family

Indoor Walking at Bison Activity Center

Monday - Thursday, beginning January 4

(Closed Feb. 15) 6 - 9 pm

\$3/person/day or season walking pass (onsite)

T'ai Chi

T'ai Chi is an ancient Chinese system of movements for health and self-defense. By doing T'ai Chi you will enhance your well-being by providing your cells with more oxygen giving you more stamina and vitality. T'ai Chi is great for relaxation, stress reduction, quieting the mind, enhancing energy, relieving aches and pains, and it helps promote better balance and control of your body. **Wear loose fitting, comfortable clothes. Instructor is Ed O'Donnell of Buffalo Karate Association.**

W802

Tuesdays, January 5 - February 23
Beginner (First time): 6:30-7:45 pm
Intermediate/Advanced: 7:45-9 pm
8 sessions- \$48/first person and \$20 each add'l family member
Tatanka Elementary Cafeteria





Online Holiday Cookie Bake and Decorate

Are you looking to start or continue a holiday cookie baking and decorating tradition? Consider registering for this On-Line, Live, Family Friendly Fun Holiday Cookie Class for beginners. Gather your family for baking and decorating, or treat yourself to some quality personal fun time. Learn how to make Royal Icing and the basics for decorating cookies with it at home. Participants will be baking the cookies ahead of time so that they are ready to decorate at the start of class. A PDF with two of the instructor's personal sugar cookie recipes, and a list of ingredients and supplies needed for the Royal Icing will be provided a week before the class, to provide time for shopping and baking. The recipes will include a soft and chewy sugar cookie, and a denser crisp sugar cookie. Participants can choose to bake one or the other or both using your favorite cookie cutters! A gingerbread person proves to be a lot of fun to decorate year after year and some time will definitely be spent on this in addition to other holiday shapes. No fancy decorating tips or bags will be needed. We will be using simple plastic sandwich bags to decorate.

This class will take part on Zoom, a free on-line software. Participants will receive instructions on how to access the class prior to it starting. As an added bonus, the instructor has created a private group on Facebook exclusively for participants of her cooking classes. Everyone will receive an invite to the group although joining is optional. The group will provide an opportunity for members to ask questions, share their own creations, and interact with other participants. Come join the fun! **Registration deadline is December 8 so we have time to send you the information.**

W1200

Wednesday, December 16 7-8:30 pm
1 session \$39 (One registration fee includes participants from the same household only)
Online class via Zoom Tess Georgakopoulos

Instant Pot 101 - Live

Demystify the electric pressure cooker / multi-cooker called the Instant Pot® during a LIVE VIRTUAL class! Learn the foundations of cooking and care, and how to make a few amazingly satisfying dishes in the Instant Pot. Breakfast, Lunch / Dinner, and Dessert menu items will be demonstrated. In addition to an Instant Pot® Yogurt Tutorial, menu items will include Creamy Steel-Cut Oatmeal or Egg Bites, either Creamy-Cheesy Tuscan Chicken with Pasta or Creamy-Cheesy Broccoli Chicken with Pasta, and luscious Lava Cakes or dreamy Banana Bread. Menu items on the day of the class will depend on ingredients that are on hand. There will be time for a Q & A session as well. A PDF with the Instructor's Original Recipes will be provided, and will include other tips and terminology that will help build Instant Pot® confidence and creativity.

This class will take place on Zoom, a free on-line software. Participants will receive instructions on how to access the class prior to it starting. As an added bonus, the instructor has created a private group on Facebook exclusively for participants of her cooking classes. Everyone will receive an invite to the group although joining is optional. The group will provide an opportunity for members to ask questions, share their own creations, interact with other participants and support each other on their Instant Pot® journey. Come join the fun! **Registration deadline January 7 so we have time to send you the information.**

W1201

Saturday, January 16 3:30 - 5 pm
1 session \$29 (One registration fee includes participants from the same household only)
Online class via Zoom Tess Georgakopoulos



■■■ Cooking

Instant Pot® Make Ahead Freezer Meals!

Have dinner ready in no time on a busy day. Have some fun participating in this virtual Instant Pot® Demonstration Style class! Learn the foundations of preparing homemade nourishing make-ahead freezer meals for your Instant Pot®! Meals can go straight from your freezer to your Instant Pot®. Four or five make-ahead meals will be prepared for the freezer during this class. Meals will include a variety of protein, vegetable, and starch ingredients. Two examples include Sweet and Zesty Meatballs (to be served over rice or noodles), and Greek Lemon Garlic and Herbed Chicken. Many recipes can be made with ingredients that are probably already on hand. Have your questions answered by the instructor, interact with other participants as you cook, and increase your confidence in using your Instant Pot®.

Participants will receive a detailed professionally made handout of the instructor's personal recipes. The handout will also include labels that can be printed out with instructions for cooking.

This class will take place on Zoom; a free on-line software. Participants will receive instructions on how to access the class prior to it starting. As an added bonus, the instructor has created a private group on Facebook exclusively for participants of her cooking classes. Everyone will receive an invite to the group although joining is optional. The group will provide an opportunity for members to ask questions, share their own creations, interact with other participants and support each other on their Instant Pot® journey. Come join the fun!

Note: Please know that every attempt will be made to keep to these wonderful menu items. Given current circumstances however, the instructor may have to make substitutions. **Registration deadline is January 28 so we have time to send you the information.**

W1202

Saturday, February 6 3:30 - 5 pm
1 session \$29 (One registration fee includes participants from the same household only)
Online class via Zoom Tess Georgakopoulos



Pizza Palooza! Homemade Pizza Wonders!

Have some fun participating in this virtual Pizza COOK-ALONG class! Learn how to make your own homemade pizza with homemade dough a variety of ways! Pizza Menu choices dishes for this class will include Party Pan Pizza, Cast-Iron Deep Dish, and Pizza Pinwheels OR stuffed Pizza Rolls! Choose which ones you would like to make and watch a demonstration of the others.

Make lasting memories in your kitchen if you decide to have your children, your spouse or your partner join you! Children absolutely love getting involved in the kitchen and will enjoy creating pizza with you as well! Have your questions answered by the instructor, and interact with other participants as you cook-along. While cooking-along is loads of fun, it is optional.

Participants will receive the instructors personal recipe for the dough ahead of time and a list of ingredients at least a week in advance of the class to allow time for shopping and preparation.

This class will take place on Zoom, a free on-line software. Participants will receive instructions on how to access the class prior to it starting. As an added bonus, the instructor has created a private group on Facebook exclusively for participants of her cooking classes. Everyone will receive an invite to the group although joining is optional. The group will provide an opportunity for members to ask questions, share their own creations, interact with other participants and support one another in your cooking journey! Come join the fun!

Note: Please know that every attempt will be made to keep to these wonderful menu items. Given current circumstances however, the instructor may have to make substitutions. **Registration deadline is February 25 so we have time to send you the information.**

W1203

Saturday, March 6 3:30 - 5:30 pm
1 session \$35 (One registration fee includes participants from the same household only)
Online class via Zoom Tess Georgakopoulos



Crochet a Cowl

Adult Beginner/Advanced Beginner

Want to learn to crochet? Afraid to try? Come learn with teacher and crochet designer, Abbey Swanson of The Firefly Hook. Everyone leaves with a warm cowl around their neck! If you have crochet experience, you will learn a new stitch, or two, and expand your crochet skills. No experience necessary. **All supplies included!**

W1204

Tuesday, January 26

6 - 8:30 pm

1 session - \$39

Abbey Swanson, The Firefly Hook

Discovery Center

DO Office Conference Room



Crochet Spa Basket & Washcloths

Adult Beginner/Advanced Beginner

Want to learn to crochet? Come learn with crochet teacher and designer, Abbey Swanson! We will make a spa basket and washcloths. We will finish the spa basket and one wash cloth in class. You will be sent home with a hook and yarn to make 2 more washcloths. No experience necessary. **All supplies included!**

W1205

Tuesday, March 23

6 - 8:30 pm

1 session - \$45

Abbey Swanson of The Firefly Hook

Discovery Center

DO Conference Room

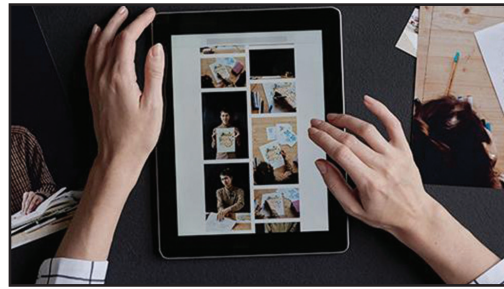


Photo Organizing -Online Class

Got a photo mess...photographs in a box, drawer, suitcase, cell phone, camera chip, external hard drive, or all of the above? Are they securely backed up? The number one goal is to **SAVE - ORGANIZE - SHARE** your photos. Discover alternatives to get every printed/digital photo, video and memorabilia in one location...from scanning to storage and organization. You'll leave with options to access every photo you own...and be able to share them with family and friends. **A Zoom invite will be sent to you after you complete the registration, don't forget to include your email address in your profile.**

W1236

Thursday, February 11

7-8:30 pm

1 session - \$19

Susan DeJute

Online class via Zoom



Register at least one-week prior to start date. Those with low enrollment may be canceled at that time.

Our programming follows the recommendations and guidance from the Minnesota Department of Education and the Minnesota Department of Health to provide you and your family a safe learning environment. Hygiene practices and cleaning protocols are in place.

Ballroom Dancing for Beginners

(Open to partnered adults and teens age 16+)

Practice steps and turns in popular ballroom dances, including swing, waltz, foxtrot, salsa, and more. The perfect course for anyone getting married or preparing for an upcoming event. Have a fun-filled weekly date while acquiring a skill to last a lifetime. Dance moves are easy and you're sure to be successful! **Dance exclusively with your own partner and social distancing maintained in spacious cafeteria. Masks covering mouth and nose required for duration of class.**

W1268

Mondays, January 18 - February 8

7-8:30 pm

4 sessions - \$59/person

Parkside Elementary

Gym



■ ■ ■ Home & Hobby

Puppy Training

This six-week class is for all breeds of puppies, age 8 weeks to 4 months old. Each class begins with 15 minutes of puppy play and socialization. Throughout the six-weeks, we work on basic obedience including leash walking, sit, down and stay.

We address issues as needed such as biting, house breaking, crate training, etc. Classes are held indoors in a heated/AC facility with matted floors. Puppies should have their first set of shots including first Parvo/distemper and Bordatella (optional). Young handlers are welcome accompanied by a parent. **Students should bring a regular buckle collar, 6- foot leash and plenty of soft dog treats to class. Register to begin any Monday night.**



W1239

Mondays, ongoing beginning January 4 6-7 pm
(let us know when you wish to begin)
6 sessions - \$100 Dan Rode
Water's Edge Dog Center

Dog Obedience

This eight-week class is for all breeds of dogs 5 months and older. We work on heeling on leash, sit, down, stay, stand for groom and vet exam. We also work on good manners around people and other dogs. Classes are held indoors in a heated/AC facility with matted floors. Dogs need to be up to date on vaccinations including distemper, rabies, parvo, and bordatella (optional). Young handlers are welcome accompanied by a parent. **Students should bring a regular buckle collar, 6- foot leash (no flexi-leads) and plenty of soft dog treats to class.**

W1238A

Tuesdays, January 5 - February 23 7-8 pm
8 sessions - \$130 Dan Rode
Water's Edge Dog Center

W1238B

Tuesdays, February 2 - March 23 8-9 pm
8 sessions - \$130 Dan Rode
Water's Edge Dog Center

Register for classes at least one-week prior to the start date. Classes with low enrollment will be canceled at that time.

Buffalo Model RailRoad Club

This class will introduce you to the basic construction, electrical and mechanical principles. This club is great for artistic ideas and encourages creativity. These activities help members understand the importance of transportation history and industry trends for the future. Recommended age is eight years and up. Club leader is an experienced model railroader

W1232

Fridays, January 8, 22, February 19, March 19, April 2, 16
6:30-8:30 pm
6 sessions - \$18 (New 2021 Membership) Jim Aulick
Discovery Center Board Room



Into to Model Railroading

This class covers the basics of eras, scales, track alternatives, engines, rolling stock, accessories, scenery, costs of the hobby and the hot topics of DC vs. DCC and now sound. Learn the step by step process of building a model railroad. Model railroading has changed a lot and this course will bring you up to date. Adults, especially those young at heart, and families are welcome

W1231

Thursday, January 21 6:30-8:30 pm
1 session - \$10 per person or \$19 per 3 family members
Discovery Center Jim Aulick
Room 204

Intro to Voiceover

Explore the fun, rewarding possibilities of the voiceover industry! Discover current trends and how they make it easy and affordable for just about anyone to get involved. You will learn about different types of voiceovers and tools you will need to find success. Your instructor, a professional voice actor from Voices For All, will take notes as you read a real script in this one-on-one video chat setting and offer coaching to improve your delivery. You will receive a professional voiceover evaluation later. One-time, 90-minute, introductory class for \$30. Learn more at voicesforall.com



Hypnosis: Weight Loss, Stop Smoking and Chewing Tobacco

Hypnosis can help you control your eating habits and cravings. You will stop over eating and snacking in between meals and in the evening. Learn to eat healthy and get motivated to walk and exercise.

If tobacco is controlling your life, health and money, hypnosis can help you stop smoking and/or chewing without withdrawal, cravings or weight gain.

- ◆ **Monday, February 22**
- ◆ **Discovery Center Board Room**
- ◆ **All participants check-in at 5:45 pm**
- ◆ 6 pm Introductions for all
- ◆ \$59 one session or \$119 for both sessions
- ◆ Includes reinforcement CD and free reinforcement
- ◆ Lifetime members – No charge
- ◆ Bring a pillow, blanket or sleeping bag for added comfort

W1208A 6:45-7:45 pm - Weight Loss Hypnosis

W1208B 7:45-8:45 pm - Smoking and tobacco Hypnosis

W1208C 6:45-8:45 pm - Both Weight Loss and Smoking

Acupressure to Assist Weight Loss (Virtual/Online)

Acupressure is a Chinese healing technique that involves pressing or massaging key points on the body to stimulate energy flow through pathways called meridians. When the points that regulate metabolism, digestion and thyroid function are blocked or out of balance, losing weight will seem like an impossible task. In this workshop, you will learn the main pressure points that help strengthen thyroid function, boost metabolism, control appetite, decrease food cravings, reduce stress eating and strengthen the entire digestive system. **Registration Deadline January 15 (so we have time to send you the information).**

W1207

Tuesday, January 26

1 session - \$35

Online class via Zoom

6 - 7:30 pm

Janice Novak

Overcome Your Carbohydrate Cravings

Ever had a day where you can't stop eating? Do you crave starches, snack foods, and sweets and find the more you eat, the more you want to eat? Is your snacking out of control? In this workshop, we will discuss a two-week plan that will STOP your cravings (no kidding!), help you lose weight and help keep your insulin levels balanced. Overcoming carb cravings is not a matter of willpower but of biology. stop the vicious cycle of food craving and weight gain. No hype – just the facts. **Registration Deadline March 2 (so we have time to send you the information).**

W1211

Thursday, March 11

1 session - \$35

Online class via Zoom

6 – 7:30 pm

Janice Novak

The Ancient Art of Hand Yoga

Mudras, or 'yoga of the hands', has been recognized for centuries as a simple yet effective healing tool. In ancient India, mudras believed to be the key to spiritual, mental and physical wellbeing and that regular practice of the hand positions can rejuvenate body and mind. The hand positions are easy to do, take minutes to perform and can be done almost anywhere at any time. Mudras can also be used to help relieve numerous conditions such as anxiety, stress, digestive issues, weight loss, bloating, insomnia and so many more. **Registration Deadline January 22 (so we have time to send you the information).**

W1209

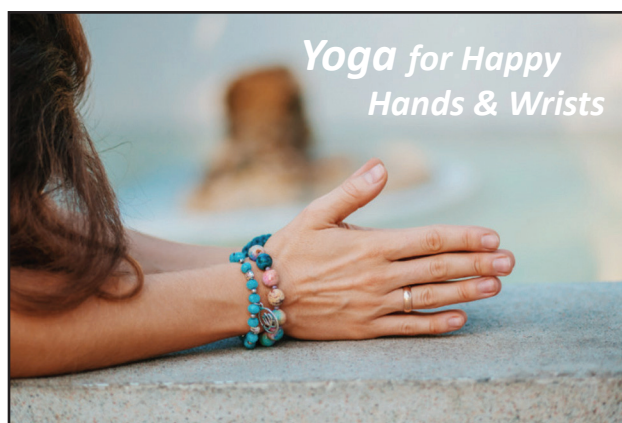
Wednesday, February 3

1 session - \$35

Online class via Zoom

6 - 7:30 pm

Janice Novak



Health & Wellness

Acupressure to Relieve Stress, Anxiety, Insomnia, Sinus Problems and More!

Acupressure is an ancient healing art and self-help tool. It can offer great relief with no side effects and help you feel your best. Along with the specific points to help relieve stress, insomnia, anxiety, irritability and even weight gain, learn the Nine Master Pressure Points which are the most helpful and most frequently prescribed to help and assist every system in your body. **Registration Deadline February 5 (so we have time to send you the information).**

W1210

Thursday, February 18
1 session - \$35
Online class via Zoom

6 - 7:30 pm
Janice Novak

JUST BREATHE! Techniques to Calm, Center and Balance

Breathing in specific ways can have amazing and powerful healing benefits on mind and body. Breath work is the single most powerful thing you can practice for improving energy levels, health and well-being. In this workshop, you will learn ancient breathing exercises that will: neutralize stress by reprogramming your nervous system; increase energy and vitality; increase brain function; improve immune response; decrease depression and anxiety; and actually help strengthen your back and abs from the inside out. A simple and powerful technique for optimum health of mind and body is absolutely free and right under your nose.

Registration Deadline March 12 (so we have time to send you the information).

W1212

Tuesday, March 23
1 session - \$35
Online class via Zoom

6 - 7:30 pm
Janice Novak



Self-Care 101: Prioritizing Yourself in a Busy World

Today's busy world can make it challenging to focus on your well-being. Create a plan to jump-start your self-care practice. Learn the benefits of self-care, managing your energy, saying "no" and asking for help. Leave with tangible ideas on physical, emotional, spiritual and mental self-care. The goal is to have you leave feeling motivated and equipped to use the self-care techniques to cultivate your own practice. **A Zoom invite will be sent to you after you complete the registration, don't forget to include your email address in your profile.**

W1263

Tuesday, January 19
1 session - \$15
Online class via Zoom

6:30-7:30 pm
Shoma Hokanson

Calm and Gentle Yoga

Join Elizabeth to create strength, flexibility and balance in this flowing Yoga class. Breath awareness and breathing exercise are incorporated to help remove tension and stress. A well-rounded class for a wide variety of participants and ability levels, all poses can be modified to fit an individual's flexibility level. Please bring a yoga mat or a large towel.

W1262A

Wednesdays, January 6 - February 10
6 sessions - \$42
Parkside Elementary

6:30-7:30 pm
Elizabeth Muellerleile
Cafeteria

W1262B

Wednesdays, February 17 - March 24
6 sessions - \$42
Parkside Elementary

6:30-7:30 pm
Elizabeth Muellerleile
Cafeteria

Registration is easy online at bhmschools.ce.eleyo.com

Qigong

Qigong (chee-gong) is an ancient practice that promotes holistic healing through balancing and clearing your energy fields. It is a simple yet effective method to help you reduce stress and help you to heal physically, emotionally, and spiritually. This basic introductory class will learn about Qigong and how it can enhance the quality of your life and the lives of those around you. Join certified Instructor Amee Pribyl.

W1260

Thursdays, January 7-February 18
7 session - \$69
Discovery Center

5-6 pm
Amee Pribyl
Board Room



Qigong Saturday Sampler

Come sample the benefits of Qigong. Qigong will enhance the quality of your life and the lives around you. Join us on Saturdays to experience the activity and further enhance your Qigong work. This practice is open for those just interested to all levels.

W1257C

Saturday, January 9
1 session - \$5
Discovery Center

10 am-12 pm
Amee Pribyl
Board Room

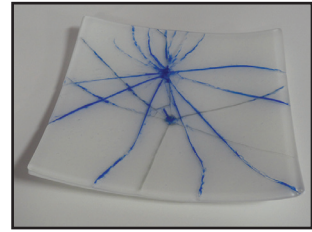
W1257D

Saturday, February 13
1 session - \$5
Discovery Center

10 am-12 pm
Amee Pribyl
Board Room

Let's get Crackin!

Create this one of a kind 8" x 8" plate using a ball peen hammer! For this project the glass will be broken and then re-assembled in the exact way that it broke. Add a contrasting color of glass frit for a fun unique one of a kind plate. Projects will need to be picked up at a later date when kiln firings are complete.



W1220

Thursday, January 21
1 session - \$48
Artistic Me, Buffalo

6:30-8 pm
Mary Randell

Fused Glass Fish

What would summer be in the land of 10,000 lakes without a little fishing? This whimsical fish is such a fun project and every fish turns out unique.

Create your fish using colorful strips of opaque and transparent glass that you cut and stack to create the shape.



W1221

Thursday, February 11
1 session - \$38
Artistic Me, Buffalo

6:30-8 pm
Mary Randell

Bird Chime

Create your own wind chime with this fun bird shape and a nana bell. This cute little bird will be a favorite hanging in the window or from a tree branch. Decorate this bird shape using colorful bits of glass. We will fire the glass and provide all the components needed for you to complete your chime.



W1222

Wednesday, March 10
1 session - \$27
Artistic Me, Buffalo

6:30-8 pm
Mary Randell

■■■ Seniors/Financial/Retirement

8 Hour Defensive Driving

If you are 55 or older, save money on your car insurance and become a better driver! The course is classroom - no driving or test. You will receive a certificate of completion to provide to your insurance company. Attendance at both sessions is required to receive credit.

W1235

Saturdays, February 20 & 27
2 sessions - \$29
Discovery Center

8:30 am-12:30 pm
MN Safety Council
Board Room

4-Hour Defensive Driving Refresher

Renew your 3 year car insurance discount by taking this state-approved refresher course. The course is classroom - no driving or test. You will receive a certificate of completion to provide to your insurance company.

W1234A

Monday, January 18
1 session - \$25
Discovery Center

8:30 am -12:30 pm
MN Safety Council
Board Room

W1234B

Tuesday, March 30
1 session - \$25
Discovery Center

5:15 - 9:15 pm
MN Safety Council
Board Room

Planning For the Future: Balancing Today and Tomorrow

Learn ways to make the most of the resources available to you today to help you live your best life now and in the future. We will discuss strategies to prepare you for retirement and how to efficiently get there by taking a proactive approach towards your financial goals.

W1218

Tuesday, January 12
1 session - \$15
Discovery Center

6:30-7:30 pm
Tom Scheck
Room 204



Wise Financial Retirement Decisions

There are decisions in retirement that need to be made such as when to claim social security benefits, minimizing taxes, taking required minimum distributions (RMDs) and managing investment risk. We will also discuss ways to make an impact on people and causes you care about as well as other estate considerations.

W1219

Tuesday, February 9
1 session - \$15
Online, don't forget to give us your email address

6:30-7:30 pm
Tom Scheck

Medicare 101

Understand how Medicare works, how to enroll and what options are available. We provide an overview of Medicare (Parts A & B), explain prescription drug coverage (Part D), and discuss how Medicare Advantage Plans (Part C) work. If you are already enrolled in Medicare, we will explain why the Annual Enrollment Period (AEP) matters to you and what to do about it.



W1213 (in-person)

Wednesday, January 20
1 session - \$15
Discovery Center

6-7 pm
Chris McClory
DO Conference Room

W1214 (online)

Wednesday, January 27
1 session - \$15
Online (Don't forget to include your email address)

6-7 pm
Chris McClory

Don't worry, Retire Happy

In retirement, every day can be like Saturday. That's a lot of time to fill and it's important to have a plan. Learn from financial expert Tom Hegna's book, Don't Worry, Retire Happy: 7 Steps to a Secure Retirement.

W1215

Tuesday, January 26
1 session - \$15
Discovery Center

6:30-7:30 pm
Justin Bettinger
DO Conference Room

Savvy Tax Strategies

This workshop helps attendees learn how an efficient retirement tax strategy can help avoid mistakes — and help keep more of their hard-earned money.

W1216

Tuesday, February 23
1 session - \$15
Discovery Center

6:30-7:30 pm
Justin Bettinger
DO Conference Room

Savvy Social Security

Learn strategies for maximizing Social Security benefits, including five factors to consider when deciding to apply for benefits, how to minimize taxes on Social Security benefits and how to coordinate Social Security with your other sources of retirement income.

W1217

Tuesday, March 23
1 session - \$15
Discovery Center

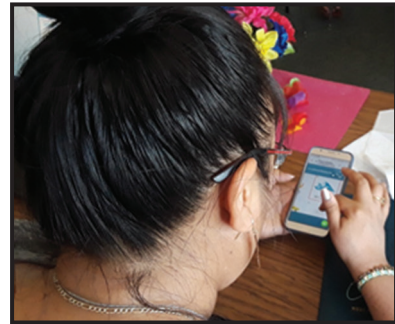
6:30-7:30 pm
Justin Bettinger
Room 204

WEST Adult Basic Education (ABE)

WEST ABE is the educational service provider for adults in the west metro area. Local programs, such as the one in Buffalo, help adults age 17 years and older to develop their academic skills. Visit westabe.org for regional program information. **See below for opportunities offered by WEST ABE through Buffalo Community Education.**

Study even during Social Distancing!

Distance learning platforms AND the support of an instructor are both available to new and continuing students even when classes are unable to meet face-to-face. Contact the instructor to make a plan just for you.



ABE Academic Study

ABE studies help adult learners who want to gain skills in math, reading, and writing. Some learners choose to focus on preparation for the GED® (General Education Development) tests. Teacher support, materials, and online study tools continue even if face-to-face classes are postponed due to social distancing orders. When in-person classes resume, there are day and evening classes offered.

- ♦ Mondays & Wednesdays, 12-2:30 pm
- ♦ Tuesdays & Thursdays, 6-8:30 pm
- ♦ PRIDE Building, 800 8th St. NE, Buffalo
- ♦ Closed when BHM Schools are closed
- ♦ Open every month except August
- ♦ Call the instructor to begin at 763.682.8688

GED® Preparation - See ABE Academic Study

English Language (ELL/ESL) Class

Learners improve their speaking, listening, reading, and writing skills in English. Access to Rosetta Stone is available to enrolled students. When social distancing orders are not in effect, this group meets two evenings a week.

- ♦ Tuesdays & Thursdays, 6-8:30 pm
- ♦ PRIDE Building, 800 8th St. NE, Buffalo
- ♦ Closed when BHM Schools are closed
- ♦ Open every month except August
- ♦ Call the instructor to begin at 763.682.8687

Reading Classes

There are two reading classes available: one for adults who struggle to “get the word off the page” and another for adults who can read but do not understand everything they read. Pre-registration and reading assessments are required for these classes. **Call Terrisa at 763.682.8688 for more information.**

Distance Learning

Free Access to Online Platforms

Enrolled adult learners can study anytime and anywhere with support from a WEST ABE teacher. Terrisa, the teacher, can assist learners using a number of platforms such as Edmentum, Khan Academy, MobyMax, Rosetta Stone, and USALearns. Get started right away! **Call Terrisa at 763.682.8688 for more information.**

General Education Development (GED®) Information

Warning Regarding Misleading GED® Claims - The State of Minnesota GED® Diploma cannot be earned or obtained on the internet or through correspondence programs. The GED® tests are administered only under the direction of Pearson VUE and the GED® Testing Service; most testing sites are within public school buildings so testing may not be available during social distancing orders.

For current information, visit GED.com, education.mn.gov/MDE/dse/abe/index.htm or call the testing center in Monticello at 763.272.2040.

First GED® Test Free (while funding lasts)

GED® testers in Minnesota can now get the first test in each subject free by entering code **MNGED30** when scheduling and paying for testing, while funding lasts.



***Many GED® testers need help studying. Contact instructor Terrisa for help 763.682.8688.**

■ ■ ■ Adults with Disabilities (age 16+)

What is Opening Doors?

Opening Doors is a program for Adults with Disabilities ages 16 and older. The program offers activities in the school districts of Buffalo-Hanover-Montrose, Big Lake, Becker, Howard Lake-Waverly-Winsted and Monticello. Specialized activities offer educational, social, life skill and recreation learning opportunities for persons with a disability. **Only activities in the Buffalo area are listed in this catalog.** To see activities in the other school districts, visit bhmschools.ce.eleyo.com, or request the current Opening Doors catalog by calling 763.682.8770.



Looking beyond disabilities... Focusing on abilities!

Holiday Card Creation

Let us help you with your holiday greetings. We make some festive cards for you to share with your family and friends. 'Tis the season to send well wishes!

F318B

Monday, December 7
1 Session - \$9
Buffalo - Discovery Center

6:30-7:30 pm

Room 204

Bowling Pizza Party at McPete's

Join us at our new location, McPete's in Big Lake, for pizza and a round of bowling with your friends.

F340D

Friday, January 15
1 session - \$16 bowling & pizza or \$8 for pizza
Big Lake- McPete's Lanes

6-7:30 pm



Friday Night Bingo

Bring yourself, maybe a date, and your luck! Fun prizes will add to the excitement of the evening. Mark your calendar for a night of BINGO! **If we cannot meet in-person (due to Covid 19 requirements), we will host Virtual Bingo via Zoom**, so make sure you give us your email so we can send you the invite along with directions on how to login! **Please register 5 days ahead of time so we have time to get everything organized!**

F380F

Tuesday, December 22
1 session \$10 client/\$6 for Virtual Bingo
Buffalo - Discovery Center
(with online option if needed)

6-8 pm

Board Room



Register at least one-week prior to start date. Those with low enrollment may be canceled at that time.

Adults with Disabilities (Age 16+) ■ ■ ■

UNO & Ice Cream

Come celebrate the first day of winter with an evening of UNO! We will enjoy an ice cream treat while we play a couple rounds of UNO. Here's to the winter solstice!



F319B

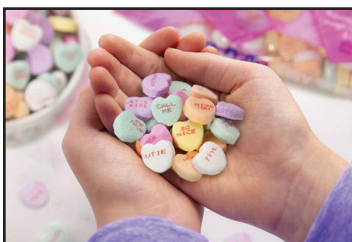
Monday, December 21
1 session - \$10
Buffalo - Discovery Center

6:30-7:30 pm

Room 204

Valentine Treat Bags

Bring your creativity for some unique treat bag creations. We will assemble these treat bags and fill them with a wide assortment of Valentine goodies. We also will put your mind to work with a Valentine word search. This activity will have something for everyone!



W306B

Tuesday, February 9
1 session - \$7
Buffalo - Discovery Center

6-7 pm

Room 204

Pinecone Snowman

This little fellow is adorable. Using a pinecone, paint and a bead this little snowman will come to life right before your eyes.



W307B

Tuesday, February 23
6-7 pm
1 session - \$7
Buffalo - Discovery Center
Board Room

Pajama Bingo

Bring your pajamas! Come dressed in your best nightwear for a round of Bingo. There will be an extra door prize for the most festive nightwear. Of course we will have usual Bingo prizes too! **We won't have pizza available until the pandemic is over, so make sure you eat dinner before our event.**

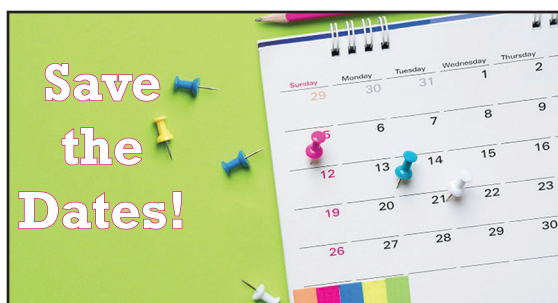


W308B

Friday, February 26
1 Session - \$7
Buffalo - Discovery Center

6-7:30 pm

Board Room



St Patrick's Day After Party

W301B

Saturday, March 20
1 session - \$5
St Francis Xavier Catholic School, Fellowship Hall

4-6:30 pm

2021 Annual Spring Talent Show

W303B

Wednesday, April 14, 6:30 pm, Rehearsal
Thursday, April 15, 6:30 pm, Performance
2 sessions - \$5 (Performers)
Buffalo - Discovery Center
Auditorium
Tickets (required): \$2/person or \$5/family/group home

Spring Fling Dinner and Dance

W305BL

Friday, May 14
1 session - \$7
Big Lake Independence Elementary
Cafeteria

Request an Opening Doors winter/spring catalog for a full listing of class offerings in all five communities by calling 763.682.8770.

Ney Park Nature Center

- Most activities below require pre-registration. To pre-register, or for more information, visit the website at co.wright.mn.us/parks, Facebook at [WrightParksMN](https://www.facebook.com/WrightParksMN), email parksandrecreation@co.wright.mn.us or call 763.684.2387/763.682.7894, Monday-Friday, 8 am-3 pm
- The Ney Nature Center is located 1.5 miles north of Maple Lake off County Road 8. Follow the brown directional signs. The address is 5212 73rd St NW, Maple Lake, MN.

Dog Sledding with Silent Run Adventures

(All Ages)

We will be at the East Unit of Robert Ney Regional Park, and things will look a little different. We will not have the presentation we normally do, but you will get a little longer ride in exchange. Also, come dressed for the weather as we will not have an indoor facility for you at the East Unit. Space limited.

Evening Mush

Friday, January 8 4-6 pm or 6:30-8:30 pm
Fee: \$25 per person (Ages 5 and under free with paid adult)

Daytime Mush

Saturday, January 9 8:30-10:30 am, 11 am-1 pm or 2-4 pm
Fee: \$25 per person (Ages 5 and under free with paid adult)

Lantern Cross Country Ski (All Ages)

The trails will be groomed and lit with lanterns to help guide you through the winter wonderland of Ney Park. Warm your toes fireside as you enjoy sweet treats and warm drinks.

Saturday, January 23 or Saturday, February 20 6-9 pm
Fee: No charge
(Optional ski rental \$5. Ski sizes limited. Must do in advance.)

Moonlight Snowshoe Adventure (Ages 5 & Up)

It's time to discover winter's wonders off the beaten path as we venture to and through areas accessible only by snowshoe in winter. Join local naturalist David Grack on this snowshoe trek through Ney Park. **Either bring your own snowshoes or reserve a pair when you register.**

Thursday, January 28 7-8:30 pm
Fee: \$7 per person (Limit of 15 participants)

"Virtual" Woodworking for Wildlife (All Ages)

After you register, you will come to the Parks and Recreation Office in Buffalo to pick up your birdfeeder kit. Then on February 6 at 2 pm, we will provide you a link to a video that will take you through the class. It will cover topics of placement, food type, bird type and walk you through the birdfeeder's construction step by step.

Saturday, February 6 2-3:30 pm
Fee: \$7 per birdfeeder (Limit 2 per family)

Family Snowshoe (All Ages)

It's time to discover winter's wonders off the beaten path as we venture to and through areas accessible only by snowshoe in winter. Join local naturalist David Grack on this snowshoe trek through Ney Park. **Either bring your own snowshoes or reserve a pair from the nature center.**

Sunday, February 7 2-3:30 pm
Fee: \$7 per person (Limit of 15 participants)

Sweetheart Snowshoe/Boot Hike (All Ages)

Bring your sweetheart for a romantic stroll through the woods around Ney pond. Inside the Nature Center, due to COVID guidelines, you need to reserve equipment in advance. We will also not have warm drinks available like in the past.

Saturday, February 13 6-9 pm
Fee: No charge
(Advanced snowshoe rental is \$5 - sizes are limited)

Winter Bird Watching (All Ages)

Join us for a winter morning hike and bird watching. A short presentation on what birds live in Minnesota during the winter and the best ways to attract birds to your yard! Bring binoculars! Max 10.

Saturday, March 6 9-10:30 a.m.
Fee: \$5 per person

Winter Stargazing (All Ages)

Observe the night sky and learn about winter constellations. This event will include a short presentation, a short hike, and of course, stargazing!

Friday, March 12 6:30-8 p.m.
Fee: No Charge, but registration is required

"Virtual" Buckthorn Hiking Sticks (Ages 5 & Up)

Learn about invasive species, how to identify buckthorn shrubs, and why it's important to remove them from the Park System and your home. You will be sent a link to the virtual platform the week of the event.

Saturday, March 13 2-3:30 pm
Fee: No Charge

Ney Park Nature Center Information

The Ney Park Nature Center is open Saturday's and Sunday's January 2-March 7, 2021 for the public to enjoy. Rent Cross-Country Skis or snowshoes for \$5 per day! No charge for park and building visitation.



*Community Education offers activities
for every age group!*

Register Today!



Community Education Registration Form

Mail to: Community Education Registration, 301 2nd Avenue NE, Buffalo, MN 55313

Participant Name _____ (Youth) DOB _____ Grade _____
(Last) (First)

Parent/Guardian (if applicable) _____




Address _____
(Street) (City) (Zip)

Primary Phone # _____ Daytime Phone # _____

*Email _____ Special Needs/Allergies _____
(Receive class confirmation and payment receipt)

Course Title	Course #	Fee
_____	_____	_____
_____	_____	_____
_____	_____	_____

Check # _____ TOTAL \$ _____

Card Type (Circle One)    # _____ - _____ - _____ Exp. Date _____

UCare # (if applicable) _____

Fast and easy... Register online at bhmschools.ce.eleyo.com

Community Education
 Buffalo-Hanover-Montrose Schools
 301 NE 2nd Ave
 Buffalo, MN 55313
 763.682.8770
www.bhmschools.org/community-ed



Non-Profit Org.
 U.S. Postage
 PAID
 Princeton, MN 55371
 Permit No. 81

*****ECRWSS**

Resident, School District 877
 Buffalo-Hanover-Montrose Schools

Dated Material, Please Deliver Promptly

Visit us Online bhmschools.ce.eleyo.com

Community Ed is Here For You!



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Science Explorers
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Weight Loss, page 23
 Prioritize Yourself
 page 24



Ballroom Dance
 page 21



Welcome Kindergarteners!

Let's get ready for kindergarten! If your child will be 5 by September 1, 2021 you can enroll your child for the 2021-22 school year in Buffalo-Hanover-Montrose Schools. All incoming kindergarten students need to complete ECFE screening—see p. 7 for more information. Because of COVID-19 restrictions, registration nights will likely be virtual. Schools will share more detailed information with families prior to their registration night. *If you miss registration night, please contact your child's neighborhood school to register.*

February 16 | 6:30 p.m. Montrose Elementary
 School of Innovation
 (Accepting open enrollment.)
 February 22 | 6:30 p.m. Tatanka Elementary
 STEM School
 (Accepting open enrollment.)
 February 25 | 6 p.m. Northwinds Elementary
 March 1 | 6 p.m. Hanover Elementary
 March 2 | 6:30 p.m. *Discovery Elementary
 March 4 | 6:30 p.m. Parkside Elementary
 (*DE entrance is based on a lottery—Application deadline is Feb 8, 2021)

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