

Early Childhood Family Education

BUFFALO HANOVER MONTROSE SCHOOLS

Winter/Spring 2023

We're Excited to See You!



What's Inside ...

- Mixed Ages Parent Child Classes
- Preschool Opportunities
- Early Childhood Screening
- Recreation and Parent Information



Community Education BUFFALO HANOVER MONTROSE SCHOOLS

763.682.8780 bhmschools.org bhmschools.ce.eleyo.com





Welcome to Early Childhood Family Education



Barbara Eckberg

From the Coordinator.....

Research has shown that the skills your child needs to be successful in the future are social and emotional skills! The more socially skilled children are, the more likely they are to succeed in school. Because this is so important for your child, we are implementing the **Pyramid Model** in our Ready Set Grow, Kid Kare and Early Childhood Special Education programs. Please contact me, Barbara Eckberg, at 763.682.8753 if you have any questions.



What's Inside.....

Parent Child Classes 3-4
Preschool 5
Preschool Screening5
Parent Activities 6
Recreation & Information 7

ECFE Advisory Council

You are invited to join other parents of young children, to provide input from a parent perspective about BHM ECFE programs. The meetings take place virtually 6 15- 7:15 pm on the 2nd Monday of each month (January 9, February 13, March 13, April 10, and May 8). Join the ECFE Parent Advisory Council to support BHM Early Childhood programs and receive a 10% discount on your ECFE fees/tuition. For more information contact Barbara Eckberg, ECFE Coordinator, at beckberg@bhmschools.org or 763.682.8753.

ECFE Mission & Goals

Our mission is to, "support and strengthen parents who are the first and most important teacher in a child's life." **Our goals are to:**

- Support parents in their child rearing efforts
- Teach parents about child development and parenting techniques
- Give children opportunities to discover and learn
- Provide inclusive, developmentally appropriate preschool classes with parent participation
- Encourage a smooth transition to kindergarten
- Provide information on community resources

Every Family Counts!

Being on the census ensures you will receive ECFE mailings, notified of Early Childhood Screening and receive kindergarten information when your child becomes eligible. Call 763.682.8737 if you:

- Recently had a baby or adopted a child
- Moved to the district and/or changed your address
- Did not receive this catalog in the mail



What Happens in a Parent/Child Class

Class begins with activities for parents and children together.



Parents separate from children for discussion facilitated by a Parent Educator.



Children remain with an Early Childhood Educator for an age-appropriate education.





ECFE Mixed Ages

Separating parent group classes for birth to 5 years by September 1, 2022

Parents and children have playtime together, then parents separate and have a discussion led by a parent educator. For children, playtime continues with a children's educator. Activities for children 6 months to Kindergarten entrance include stories, snack time and active play. Topics for parent discussions are based on parent needs. Children under 6 months are invited to stay with parents. (Limit 10)

Buffalo Classes



W4005A

Mondays, January 9 - May 8 8:30-10:15 am (No class Jan 16, Feb 20, Apr 3) Discovery Center Patty Lammers/Danielle Stein Fee: 15 week session - Sliding fee scale

W4005B

Mondays, January 9 - May 8 10:30 am-12:15 pm (No class Jan 16, Feb 20, Apr 3) Discovery Center Room EC1 & EC4 Patty Lammers/Danielle Stein Fee: 15 week session - Sliding fee scale

W4005C

Tuesdays, January 3 - May 9 8:30-10:15 am (No class April 4) Discovery Center Room EC1 & EC4 Patty Lammers/Kristi Brundin Fee: 18 week session - Sliding fee scale

W4005D

Wednesdays, January 4 - May 10 8:30-10:15 am (No class Mar 29, Apr 5) Discovery Center Room EC1 & EC4 Patty Lammers/Kristi Brundin Fee: 17 week session - Sliding fee scale

Marvelous Mondays (Age birth-5 years)

Join us for a non-separating family storytime hosted by ECFE. Program includes books read aloud, a story based activity or craft and time to browse the library shelves. **Registration is required by calling the library.** (Limit 30)

5:30-6:30 pm FREE! Buffalo Public Library 763.682.2753 griver.org/events

Hanover Classes

W4005F

Tuesdays, January 3 - May 9 8:30-10:15 am (No class April 4) Hanover Elementary ECFE Rooms Julie Kirkpatrick/Sarah LaPointe Fee: 18 week session - Sliding fee scale

W4005G

Thursdays, January 5 - May 11 8:30-10:15 am (No class Mar 30, Apr 6) Hanover Elementary ECFE Rooms Nicole Tuchscherer/Sarah LaPointe Fee: 17 week session - Sliding fee scale

Montrose Classes

W4005H

Wednesdays, January 4 - May 10 8:30-10:15 am (No class Mar 29, Apr 5) Montrose Early Ed Center ECFE Rooms Dana Pearson/Danielle Stein Fee: 17 week session - Sliding fee scale

Terrific Tuesdays

(Age 2-Grade 2)

Join a parent educator for a family style pizza dinner from 5:30-6 pm. After, parents and children will separate with parents participating in parent talk time while children remain with an ECFE teacher. A final circle and story close out the evening. (Limit 12)

W4100A

Tuesdays, January 3 - May 9 5:30 -7 pm **(No class April 4)** Montrose Early Ed Center ECFE Room 18 week session - Sliding Fee Kristi Brundin/Danielle Stein

ECFE Sliding Fee Scale

Find your class fee based on your family's income.

# of sessions	15	16	17	18	2nd Child
0-19,999	\$18	\$20	\$22	\$24	\$5
20,000-39.999	\$48	\$51	\$54	\$57	\$6
40,000-59,999	\$79	\$82	\$85	\$88	\$7
60,000-79,999	\$110	\$113	\$116	\$119	\$8
80,000-99,999	\$141	\$144	\$147	\$150	\$9
100,000+	\$172	\$175	\$178	\$181	\$10

If you have questions, please call ECFE at 763.682.8780.



Registration opens December 13

Sprinkles (Ages 2-6 years)

Join us for an afternoon of confectionary fun as we frost and decorate cookies, bars and cakes. Take home a plate of colorful sweet treats at the end of the class.

W4301

Wednesday, December 28 1 session - \$15 per family Discovery Center 1-2 pm ECFE Staff Rooms EC1 & EC2



ECFE Evening Story Time

Each session includes playtime, circle time and fun activities around the book's theme. (Non-separating). (Limit 12 per class)

No Two Alike

Follow a pair of birds on a snowflakefilled journey through a gorgeous winter landscape to explore how everything everywhere is wonderfully unique—from branches and leaves to forests and trees to friends and loved o



forests and trees to friends and loved ones. Each family receives a copy of, *No Two Alike*.

W4044A (Ages 1-5 years)

Thursday, January 26 1 session - \$10 per family Discovery Center 5:30-6:45 pm Kristi Brundin Room EC1

Two Dogs on a Trike

Join us for a mathematical adventure featuring Two Dogs on a Trike. We'll meet furry friends in different kinds of vehicles, as we count up to ten. A sneaky appearance by a feline friend makes counting all the more fun. Each family receives a copy of, *Two Dogs on a Trike*.



W4044B (Ages 1-5 years)

Thursday, March 16 1 session - \$10 per family Discovery Center 5:30-6:45 pm Kristi Brundin Room EC 1

Mini Melody Music

(Age 1 year to Kindergarten entrance)

Songs, musical instruments and dance create a fun filled hour for you and your little one. Enjoy a snack and an age-appropriate parent/caregiver musical activity to take home. (Limit 12)

W4032 (Non-Separating)

Tuesdays, January 10-March 28 Hanover Elementary \$15 per family 11 am-12 pm Room 200 Julie Kirkpatrick

Daytime Stay and Play

(Birth – Kindergarten Entrance)

Non-separating parent-child group, where parents participate in incidental parent education experiences and children have the opportunity to explore age-appropriate activities in a fun new environment. (Limit 15)

W4054A

Wednesdays, January 4-May 10	10:15-11:15 am
(No class Mar 29, Apr 5)	
Montrose Early Ed Center	ECFE Rooms
FREE- register online or upon arrivalECFE St	aff

W4054B

Fridays January 6-May 12 10:45-11:45 am (No class Jan 27, Mar 3, 31, Apr 7) Discovery Center Room EC1 FREE-register online or upon arrival ECFE Staff

W4054C

Thursdays January 5-May 11	10:30-11:30 am
(No class Mar 30, Apr 6)	
Hanover Elementary	Room 200
FREE-register online or upon arrival E	CFE Staff

Journeys

For families who may, or are currently, accessing Early Intervention Services

Parents and children birth to 5 years, explore activities designed just for them. Children participate in story time, snack time and active play. Parents work with a parent educator, connecting to their parenting community and discuss the joys and challenges of parenting a child with special needs. (Limit 10)

W4005J

Fridays, January 6 - May 19 (No class Jan 27, Mar 3, 31, Apr 7) Discovery Center 16 week session - Free!

8:30-10:15 am

Room EC1 & EC4 Kristi Brundin



4 Star Rated! Preschool



Parent Aware Rated Program

What does this mean? MN's one to four star rating system measures best practices identified by research that help children succeed. **Scholarships may be awarded to qualifying families whose children attend MN Parent Aware star-rated programs.** To apply for a preschool scholarship, contact the ECFE office or Milestones, at 800.288.8549. Call 763.682.8780 for availability.



Spring Into Preschool

2.5-3.5 year olds by September 1, 2022

A preschool class designed for our youngest learners. For parents, on designated dates one-time per month, participation in a parent group sharing joys and challenges.

4034A (Montrose) Mondays, January 9-May 15, 8:30-10 am
4034C (Hanover) Fridays, January 6-May 19, 8:30-10 am
4034D (Buffalo) Wednesdays, January 4-May 17 10:30 am-12 pm

Spring Into Preschool Payment Information

\$50 registration fee plus 5 monthly payments due January 30 - May 30, 2023

Each payment \$45/month

Ready Set Grow Preschool (in Buffalo)

3-4 year old and 3 - 5 year old by September 1, 2022

Children are invited to nurture and explore friendships, build routines and social skills. Activities include language and literacy, art, large and fine motor activities, math and free choice. Teachers plan activities based on Pyramid Model, Creative Curriculum and access children's development using the Teaching Strategies Gold Assessment.

4205B (3-4 Year Old) Tue & Thur, January 3-May 18, 8-10 am **4205F (3-5 Year Old)** Mon & Thur, January 9-May 18, 12-3 pm

Ready Set Grow Preschool Payment Information

\$50 registration fee plus 5 monthly payments due January 30 - May 30, 2023

2-Day, 3-4 Year Olds, Each payment \$93/month 4-Day, 3-5 Year Olds, Each payment \$240/month

Ready Set Grow Preschool

4 -5 year old by September 1, 2022

Children are invited to nurture and explore friendships, build routines and social skills. Activities include language and literacy, art, large and fine motor activities, math and free choice. Teachers plan activities based on Pyramid Model, Creative Curriculum and access children's development using the Teaching Strategies Gold Assessment.

4206A (Buffalo) Mon-Thur, January 9-May 18, 12-3 pm **4206C (Buffalo)** Mon-Thur, January 9-May 18, 12-3 pm **4206H (Hanover)** Mon-Fri, January 9-May 19, 8-10:15 am

Ready Set Grow Preschool (4-5 Year Olds) Payment Information

\$50 registration fee plus 5 monthly payments due January 30 - May 30, 2023 Each payment \$240/month

Early Childhood Screening (Ages 3-5 years)



Screening will check your child's overall development. The State of Minnesota recommends all children be screened before their 5th birthday in order to start kindergarten in any Minnesota public school. Screening is required within 90 days of beginning ECFE preschool. Call 763.682.8408 (Sept-May) or 763.682.8780 (summer) to schedule.

Screening Dates at Buffalo Discovery Center February 10, 24, March 10, 17, 24, 29, 30, April 21, 28, May 12, 26



Parent Activities



ECFE To Go Bags

ECFE To Go Bags are take home activity bags for parents and their little one to do together. *ECFE To Go Bags* contain activities designed to support your child's emerging skills in the areas of social/emotional, language and literacy, fine motor and mathematics. *ECFE To Go bags* are picked up and dropped off inside door 1 at Discovery Center, Monday-Friday, 8 am-4 pm or by special arrangement on Fridays until 5 pm. Check out one bag per week for 12 weeks. (No bags week of Feb 20 & April 3).

4029A (0-2 years old) January 23 - April 17 \$25 per family, 12 weeks/bags **4029B (2-5 years old)** January 23 - April 17 \$25 per family, 12 weeks/bags

Family Learning

Parents with young children who want to:

- work on a GED diploma
- prepare to go back to college or into the job market
- · work on individual education needs
- be better prepared to help their child with learning
- have time to discuss the challenges of parenting

Cll at 763.682.8780 to inquire about registration. Limited transportation available. School lunch provided.

F4029

Tuesdays & Thursdays, January 3 - May 25 10 am - 2 pm (No class April 4, 6) Discovery Center Rooms EC1 & M4 No Fee Kristi Brundin, Patty Lammers, Terrisa Fisher

Parent Coaching

An ECFE Parent Educator will visit virtually or in an ECFE classroom with you. Visits can include:

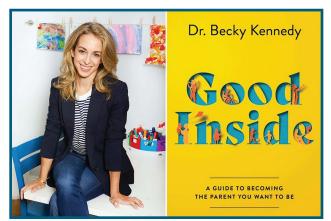
- Time to talk and problem solve ways to meet your family's needs
- Resources and ideas on parenting, child development and community services
- Free for families with children ages birth to kindergarten entrance
- Contact Barbara, ECFE Coordinator, at 763.682.8753 or beckberg@bhmschools.org for more information

Good Inside by Becky Kennedy

Join parent educator, Sarah LaPointe, to explore and discuss, *Good Inside* by Becky Kennedy. Dr. Becky shares her parenting philosophy, complete with actionable strategies that help parents move from uncertainty and selfblame to confidence and sturdy leadership. If you would like additional parenting strategies that feel comfortable, that feel empowering and prove to be effective, join this book group. *The Good Inside* introduces us to a model that prioritizes connecting with our kids over correcting them. Childcare provided for ages 1-5 years. Limit 12 children in childcare. **Book included in fee.**

4401A

Fridays, February 17-March 2410:30-11:30 am(No class March 3, 31)Sarah LaPointe5 sessions - \$25 per familySarah LaPointeHanover ElementaryRoom 200/Parent Education Room





Recreation & Information



Community Education Recreation Opportunities

QuickStart Winter Tennis (Age 4-5)

See class description online or in the winter Community Education catalog.

Sundays, December 4, 11, January 8, 15, 29, February 5 12-12:45 pm 6 sessions - \$84 Bison Activity Center

Amazing Tots (Age 18 months - 2.5 years)

Amazing Tots is a guided, discovery-based program that helps kids engage in structured physical activities tailored specifically for toddlers. Classes are designed to meet the attention span and physical needs of each child.

* Parent participation is required.

5 sessions - \$85 at Parkside Elementary cafeteria

W790 Thursdays, January 19-February 16	4:30-5 pm
SP790A Thursdays, March 2-30	4:30-5 pm
SP790B Thursdays, April 20-May 18	4:30-5 pm

Amazing Athletes (Age 2.5 - 5 years)

Develop your child's motor skills, hand-eye coordination, and cardiovascular fitness. Each class encompasses two different developmental sport lessons, muscle identification and fruit or vegetable introduction, using fun activities to build their skills, at their own pace, in a non-competitive atmosphere. * **Parent participation is encouraged.**

5 sessions - \$85 at Parkside Elementary cafeteria

W791 Thursdays, January 19-February 16	5:10-5:55 pm
SP791B Thursdays, March 2-30	5:10-5:55 pm
SP791C Thursdays, April 20-May 18	5:10-5:55 pm

Bison Baby Bags

We want to welcome your little one to our Bison Family, with a gift from ECFE. Stop by to pick up a Baby Bison Bag containing a book, a Bison onesie and child development information. Can't make it in, we are happy to deliver!



Coming Attractions

Join our Bison Family!

You're invited to join one of our many preschool options designed for children ages 2.5 to Kindergarten. New for 2023-2024...

Pick-A-Day Preschool Nature-Based Preschool Full Day Preschool

Look for the Preschool Registration Catalog mailing February 1st.



<u>3 Ways to Register</u>

Online bhmschools.ce.eleyo.com

By Phone 763.682.8780 ECFE 763.682.8770 Community Ed

In Person

Community Education/ECFE Office 301 2nd Ave NE, Buffalo (Door 1) If office is closed, use the **24 hour drop box**.

Weather Cancellations

In the event of severe weather, ECFE and Community Education closings will be announced on KRWC 1360 AM radio and the district website **bhmschools.org**.

- All Day Closure: ECFE/Community Education classes do not meet when District 877 schools are closed for the day due to severe weather.
- Two Hour Late Start: Morning classes are canceled (including Family Learning). Classes that begin at 11:15 am or after will be held as scheduled.
- Check out ECFE Facebook page for cancellations and closing.



301 2nd Avenue NE Buffalo, MN 55313 Phone: 763.682.8780

Non-Profit Org. U.S. Postage PAID Permit No. 32324 Twin Cities, MN

DATED MATERIAL **Please Deliver Promptly**



So much to see and do at Family Fair!



Dozens of parent and child activities AND entertainment!



Silent Auction Baskets







Community Center Toy Shop



Entertainment by, Wonderful World of Woody





Substitute ECFE Assistants Contact Barbara at beckberg@bhmschools.org or 763.682.8753

School-Age Care (2-6 pm) Contact Tiffany at tlund@bhmschools.org or 763.682.8787

Aquatic Instructors & Lifeguards Contact Sheila at sjohnso@bhmschools.org or 763.682.8752

