

Registration Information

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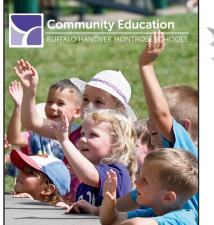
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Top 10 Facility Use School Locations





"This summer more than 1,600 people enjoyed our *Music in the Park Series* held at Sturges Park in Buffalo. This annual series is sponsored by BHM Schools Early Childhood Family Education program"

Good to Know

Weather Cancellations

- Community Education and ECFE classes do not meet when school is closed during the day due to weather.
- 2-Hour Late Start: No morning ECFE classes.
- KidKare sites remain open.

Senior 62+ Gold Card

Residents of the Buffalo-Hanover-Montrose School District, age 62 and older, are eligible for a Senior 62+ Gold Card and the following benefits:

- Attendance at most school events (band, theater, musicals, athletic events) free of charge unless designated otherwise (i.e. MSHSL Section or State events, fundraisers, etc.)
- Discount on some Community Education classes and activities. Percentage and availability differ based on activity.

How do I get a Senior 62+ Gold Card?

- Come to the Community Education office, 301 2nd Ave NE, Buffalo with your ID. Our office is located inside Discovery Elementary School building.
- We will verify your address is within school district boundaries. Once verified you are a resident of BHM School district, you will be issued a Card.



Registration Information

General Information

3 Ways to Register

Online: bhmschools.ce.eleyo.com

• Call: 763.682.8770

In-Person: We welcome in-person registration

Office Hours

• 8 am - 4 pm, Monday - Friday

The office will be closed September 1, November 27, 28, December 24, 25, 31

Class Confirmations

All class confirmations are sent via email. Please provide a current email address for your confirmation. If you do not have an email address, assume you are in the class and that it will be held at the time and place indicated. We will contact you via email or phone if there is a change. Please provide a daytime phone number so we can reach you if a class is cancelled. Community Education assumes no responsibility for reaching those who do not provide an email or daytime phone number.

Meet Our Team

Sharon Beise, Receptionist/Registration 763.682.8776 | sbeise@bhmschools.org

Lynn Botts, ECFE Secretary 763.682.8782 | lbotts@bhmschools.org

Dr. Eric Erlandson, Director 763.682.8751 | eerlandson@bhmschools.org

Terrisa Fisher, Adult Basic Education 763.682.8509 | tfisher@bhmschools.org

Jen Greenhagen, ECFE Coordinator 763.682.8753 | jgreenhagen@bhmschools.org

Michelle Hoefling, Director's Secretary 763.682.8774 | mhoeflin@bhmschools.org

Sheila Johnson, Aquatics/Facility Use/Opening Doors 763.682.8752 | sjohnso@bhmschools.org

Bridget Lindeman, Adult & Youth Enrichment 763.682.8733 | blindeman@bhmschools.org

Tiffany Lund, KidKare 763.682.8787 | tlund@bhmschools.org

Todd Lunning, Recreation 763.682.8176 | tlunning@bhmschools.org

Register Early

Many sessions fill quickly. Sessions will be cancelled approximately one week prior to the start date if sufficient enrollment is not received. Help us avoid the disappointment of class cancellations by registering early.

Cancellation Policy

If you need to cancel a registration, you must notify us at 763.682.8770 or email commed@ bhmschools.org at least five full working days before the class begins (see grid below). We will refund the class fee minus a \$5.00 processing fee. Full refunds will be issued for classes that are cancelled by Community Education. Refunds will not be given within five business days of the start date or after the class has started. We purchase supplies and commit to our instructors based on enrollment.

First Day of Class	Five Day Cancel by 9 am
Monday	Monday
Tuesday	Tuesday
Wednesday	Wednesday
Thursday	Thursday
Friday	Friday
Saturday	Monday
Sunday	Monday



Screening & Information

Early Childhood Screening



Do you have a child between the ages of 3-5 years old?

Early Childhood Screening is a free and simple check of how your child is growing, developing, and learning. Screening is tailored for your child's age, there is no pass or fail!

Register online today!

bhmschools.ce.eleyo.com or scan code below.

This free screening includes:

- Cognitive development
- Large and small muscle development
- Language and communication skills
- Social and emotional development
- Vision and hearing
- Height and weight
- Health history
- Immunization review



Questions, call ECFE 763.682.8780

ECFE Sliding Fee Scale				
Yearly Household Income	13+ Week Class	2nd Child		
\$0-19,999	Fee Waived	Fee Waived		
\$20,000-\$34,999	\$20	\$10		
\$35,000-\$49,999	\$65	\$15		
\$50,000-\$74,999	\$120	\$20		
\$75,000-\$99,999	\$165	\$25		

Budget tight?

All families are eligible to partipate in the ECFE program. Please contact the ECFE office for financial assistance at **763.682.8780**

COMMUNITY PARTNERS











Are you on the school census?

Every family counts!



Ensure that you receive communications from the school district, call **763.682.8737** if you:

- Recently had or adopted a child
- Moved to this district and/or changed your address
- Did not receive this catalog in the mail

ECFE is an Early Childhood Family Education and School Readiness program.

- aged birth to kindergarten cludes expectant parents.
- Education and are funded and fees.
- the child's first learning en-
- To learn more contact ECFE at 763.682.8780.







Bison Preschool & Special Events



Bison Preschool

The Bison Preschool program offers educational programs intentionally designed for our youngest learners ages 2.5 years to Kindergarten entrance.

Locations

- Discovery Center, Buffalo
- Hanover Elementary
- Parkside Elementary, Buffalo
- Montrose Early Ed Center
- Tatanka Elementary, Buffalo

Little Bison Preschool

Children ages 2.5-3.5 by Sept 1, 2025

Bison Preschool

Children ages 3-5 by Sept 1, 2025

For availability and more information visit **bhmschools.org/preschool-classes**

Baby Bison Bags

We want to welcome your little one to our Bison family with a *FREE* gift from ECFE! Stop by the ECFE office to pick up a **Baby Bison Bags** containing a book, a Bison onesie and child development information. Call ECFE office at **763.682.8780** or email **jgreenhagen@bhhmschools.org** to receive your bag.



Touch-A-Truck

Friday, September 26, 10 am-1 pm Great River Regional Library 18 Lake Blvd NW, Buffalo



Stop in at the Great River Regional Library and take your picture in one of the big trucks!

FREE and open to the public!

Co-sponsored by GRRL Buffalo, the City of Buffalo, Buffalo Community Center and Buffalo-Hanover-Montrose Schools Early Childhood Family Education

ECFE Fall Festival

Saturday, October 4 10 am-12:30 pm Sturges Park, Buffalo

Celebrate the autumn season with ECFE at this **FREE** event. A variety of fall-themed activities and games for families to enjoy.

Plus, meet the ECFE team!

Questions? Call ECFE at 763.682.8780

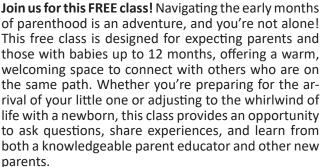


ECFE in Buffalo at Discovery Center

Registration Opens August 26 at 9 am

Welcome Baby Bison!

Ages 0-12 months, Non-Separating



This is class is led by a licensed ECFE Parent Educator and non-separating, meaning babies and parents stay together throughout the session-creating a natural environment for shared experiences and mutual support. Limit 12

F5007

Wednesdays, September 10-December 17
10:30-11:15 am (No class October 15, November 26)
13 sessions - FREE!
Room EC1 Danielle Stein

Family Learning

ECFE partners with WEST ABE (Adult Basic Education) to provide a family class. Parents have learning time with their children, study English, and participate in parenting education discussions.

ECFE se asocia con WEST ABE (Educación básica para adultos) para brindar una clase familiar. Los padres tienen tiempo de aprendizaje con sus hijos, estudian inglés y participan en debates sobre educación para padres.

F5006

Tuesdays & Thursdays, September 9 - December 18 10 am - 2 pm

(No class October 16, November 25, 27)

27 sessions - FREE! Room EC1 & M4 Danielle Stein, Nicole Tuchscherer, & Terrisa Fisher



Fall Subscription Box

Ages 1 to 5 years

Enjoy the ECFE classroom at your home with a seasonal subscription box. The box offers a fun, convenient, and enriching way to engage in hands-on learning and exploration. Pick up at the ECFE Fall Festival on Saturday, October



4. Alternative pick-up date is October 6 at ECFE in Buffalo.

F5012A

1 subscription box-\$30

Growing Together

Ages Birth to 5 years/Separating

Welcome to an exciting, mixed-age class where both children and their caregivers learn, grow, and connect together! This class is designed to nurture curiosity and foster relationships between children, parents, and caregivers. The first half of the session is filled with interactive activities that encourage bonding - children and their caregivers explore free choice play, engage in circle time, and create art together. The second half allows children to immerse themselves in play with peers, while caregivers come together with a licensed ECFE Parent Educator in a supportive circle to share insights, challenges, and experiences in parenting discussions. Limit 12

F5005A

Mondays, September 8 -December 15 8:30-10 am (No class November 3, 24)

13 sessions - sliding fee scale page 4

Room EC1 Nicole Tuchscherer/Kim Freiberg

F5005B

Mondays, September 8 -December 15 10:30 am-12 pm (No class November 3, 24)

13 sessions - sliding fee scale page 4

Room EC1 Nicole Tuchscherer/Kim Frieberg

F5005C

Wednesdays, September 10 -December 17 8:30-10 am (No class October 15, November 26)

13 sessions - sliding fee scale page 4

Room EC1 Nicole Tuchscherer/Danielle Stein

ECFE in Buffalo at Discovery Center

Toddling Bison

Ages 12-24 months, Non-Separating





As your baby grows, so do their needs. In this class, we'll dive into toddler development - focusing on communication, motor skills, socialization, and navigating the new chal-

lenges of this exciting stage. Led by a licensed ECFE Parent Educator, this interactive, non-separating session for children ages 12-24 months will include activities, songs and play that will engage both you and your toddler, all while reinforcing positive parenting techniques. Throughout, you'll build connections with other families and enjoy the benefit of learning in a relaxed, supportive enviornment. Come for the support, stay for the fun and leave empowered as a parent! Limit 12

F5008

Wednesdays September 10-December 17 11:15 am-12:30 pm (No class Oct 15, Nov 26)

13 sessions - FREE!

Room EC1 Danielle Stein

Books & Me

Ages 1 to 5 years, Non-Separating

Stay and play for a bit. Following playtime, learn how to create connections, conversations, and explore emotions, friendships, and dreams with your child through popular children's picture books. Limit 12

F5011

Fridays, September 12 - December 19 10:30-11:30 am (No class Oct 3, 17, Nov 7, 28, Dec 5)

10 sessions - sliding fee scale page 3 Room EC1

Kim Freiberg

Marvelous Mondays

Ages Birth to 5 years

Join BHM ECFE at the Buffalo Library on Monday afternoons for a story time and activity. Free and open to the public. Contact GRRL-Buffalo or BHM ECFE for more information.



griver.org/events

Mondays, September 15-December 15 4-5 pm FREE! Buffalo Public Library, **763.682.2753**

Playful Journeys

Ages Birth to 5 years, Non-Separating

For families who may, or are currently navigating or exploring Early Intervention and Early Childhood Special Education Services, seekin connection and support on their unique journey.

This class is designed to be a welcoming, non-separating space where families can connect, share experiences, and enjoy the joys of early childhood together. Parents will have the opportunity to engage in activities alongside their child, creating shared moments of learning and fun. Led by a licensed ECFE Parent Educator, the class offers a supportive environment for families navigating a range of experiences, whether their child is meeting milestones at their own pace, exploring special challenges, or discovering the world around them. Activities such as circle time, free play, sensory experiences, and creative art are tailored to engage each child in a way that feels comfortable. Limit 12

F5009

Fridays, September 12-December 19 8-9 am (No class Oct 3, 17, Nov 7, 28, Dec 5)

10 sessions - FREE!

Room EC1 Kim Freiberg

Journeys - Supporting Every Step

Ages Birth to 5 years, Separating

For families currently navigating or exploring early intervention and early childhood special education services, seeking connection and support on their unique journey.

Following the Playful Journey's clsas, we offer an optional follow-up session called "Supporting Every Step", designed to provide additional support for parents and caregivers. In a relaxed, supportive setting, you'll have the opportunity to connect with other parents, share your journey, and learn from one another. The "Supporting Every Step" class creates a safe space for discussing challenges, celebrating milestones, and building a network of friends who truly understand the experience of parenting children with diverse needs. With the guidance of a licensed ECFE Parent Educator, you'll gain valuable knowledge and confidence to support your child's growth and development every step of the way. Limit 12

F5010

Fridays, September 12 - December 19 (No class Oct 3, 17, Nov 7, 28, Dec 5)

10 sessions - FREE!

Room EC1 Kim Freiberg

9-10 am

ECFE at Hanover Elementary

Registration Opens August 26 at 9 am

Full STEAM Ahead

Ages 1 to 5 years, Non-Separating

Join us for this STEAM focused class, where curiousity meets creativity for both children and adults! This class is designed to ignite your child's imagination through hands-on activities that explore Science, Technology, Engineering, Art and Math. But it's not just for kids - parents and caregivers will also have the chance to learn, create and build alongside their little ones. Limit 12

F5013

Mondays, September 8-December 15 11 am-12 pm (No Class Nov 3, 24) 13 sessions - \$75 TBD



Welcome Baby Bison!

Ages 0-12 months, Non-Separating

Join us for this FREE class! Navigating the early months of parenthood is an adventure, and you're not alone! This free class is designed for expecting parents and those with babies up to 12 months, offering a warm, welcoming space to connect with others who are on the same path. Whether you're preparing for the arrival of your little one or adjusting to the whirlwind of life with a newborn, this class provides an opportunity to ask questions, share experiences, and learn from both a knowledgeable parent educator and other new parents.

This class is led by a licensed ECFE Parent Educator and non-separating, meaning babies and parents stay together throughout the session-creating a natural environment for shared experiences and mutual support. Limit 12

F5015

Tuesdays, September 9-December 16 10-10:45 am (No class Nov 25) 14 sessions - FREE!

Room 200 Kim Freiberg

Explore Nature - Session #1 Minnesota Seasons: A Journey Through Fall - Make & Take Non-Separating

Join us for a 7-week adventure that combines creativity, discovery, and the wonders of fall in MN! This Make & Take class invites families to create unique projects each week, inspired by the vibrant season of autumn, while also learning about the natural world. Every session includes hands-on crafting, sensory exploration, and opportunities for free play and exploration in the outdoor spaces, allowing children and parents to connect with nature. Whether it's playing in the school forest or discovering new textures in the outdoor classroom, there's always room for curiousity and fun. Plus, you'll take home your creations to continue the adventure at home! In the event of inclement weather, exploration will be moved indoors to the Early Education Classroom. Limit 12

F5014A

Tuesdays, September 9-October 21 7 sessions - \$75 Hanover Elementary School Forest

8:30-9:30 am Kim Freiberg

Explore Nature - Session #2 Exploring the Changing Seasons: Fall to Winter - Make & Take Non-Separating

Experience the shift from fall to winter in MN with this 7-week Make & Take class, where children and parents will explore the wonders of the changing seasons while creating crafts and activities to take home and enjoy. Designed to help young learners connect with the natural world, each session features engaging projects that highlight the beauty and transformations of the season. In addition to hands-on crafting and sensory exploration, there will be plenty of opportunities for free play and outdoor exploration, allowing children and parents to immerse themselves in the seasonal changes. Whether it's discovering the crispness of fall or the first signs of winter, the outdoors becomes a classroom of its own. In the event of inclement weather, exploration will take place indoors in the Early Childhood classroom. Limit 12

F5014B

Tuesdays, October 28-December 23 8: 8 sessions - \$75 (No class Nov 25)
Hanover Elementary School Forest

8:30-9:30 am Kim Freiberg

ECFE at Hanover Elementary

Toddling Bison

Ages 12-24 months, Non-Separating

As your baby grows, so do their needs. In this class, we'll dive into toddler development - focusing on communication, motor skills, socialization, and navigating the new challenges of this exciting stage. Led by a licensed ECFE Parent Educator, this interactive, nonseparating session for children ages 12-24 months will include activities, songs and play that will engage both you and your toddler, all while reinforcing positive parenting techniques. Throughout, you'll build connections with other families and enjoy the benefit of learning in a relaxed, supportive enviornment, Come for the support, stay for the fun and leave empowered as a parent! Limit 12

F5016

Tuesdays September 9-December 16 10:45-11:30 am (No class Nov 25) 14 sessions - FREE! Room 200 Kim Freiberg

Art Adventures

Age Birth to 5 years, Non-Separating

Stay and play for a bit. After playtime, celebrate the role of art in your child's development and seek to nurture their creative potential through supportive and enriching art experiences. Limit 12

F5017A

Wednesdays September 10-October 22 11 am-12 pm (No oclass Oct 15)

6 sessions - \$75 per family Room 200 TBD







Growing Together Ages Birth to 5 years/Separating

Welcome to an exciting, mixed-age class where both children and their caregivers learn, grow, and connect together! This class is designed to nurture curiosity and foster relationships between children, parents. and caregivers. The first half of the session is filled with interactive activities that encourage bonding children and their caregivers explore free choice play. engage in circle time, and create art together. The second half allows children to immerse themselves in play with peers, while caregivers come together with a licensed ECFE Parent Educator in a supportive circle to share insights, challenges, and experiences in parenting discussions. Limit 12

F5018

Fridays, September 12-December 19 8-9:30 am (No class October 3, 17, November 7, 28, Dec 5) 10 sessions - sliding fee scale page 4 Room 200 **TBD**

Books & Me

Ages 1 to 5 years, Non-Separating

Stay and play for a bit. Following playtime, learn how to create connections, conversations, and explore emotions, friendships, and dreams with your child through popular children's picture books. Limit 12

F5017B

Wednesdays, October 29-December 17 11 am-12 pm (No class Nov 26) 7 sessions - sliding fee scale page 3 Room 200 **TBD**

Fall Subscription Box

Ages 1 to 5 years

Enjoy the BHM ECFE classroom at your home with a seasonal subscription box. The box offers a fun, convenient, and enriching way to engage in hands-on learning and exploration. Pick up at the ECFE Fall Festival on Saturday, October 4. Alternative pick-up date is October 6 at ECFE in Hanover.

F5012B

1 subscription box- \$30

ECFE at Montrose Early Education Center

Explore Nature - Session #1 Minnesota Seasons: A Journey Through Fall - Make & Take

Non-Separating

Join us for a 7-week adventure that combines creativity, discovery, and the wonders of fall in MN! This Make & Take class invites families to create unique projects each week, inspired by the vibrant season of autumn, while also learning about the natural world. Every session includes hands-on crafting, sensory exploration, and opportunities for free play and exploration in the outdoor spaces, allowing children and parents to connect with nature. Whether it's playing in the school forest or discovering new textures in the outdoor classroom, there's always room for curiousity and fun. Plus, you'll take home your creations to continue the adventure at home! In the event of inclement weather, exploration will be moved indoors to the Early Education Classroom. Limit 12

F5019A

Mondays, September 8-October 20 10-11 am 7 week session - \$75 Stephanie Adelman Montrose Early Education Center's Outdoor Classroom

Explore Nature - Session #2 Exploring the Changing Seasons: Fall to Winter - Make & Take Non-Separating

Experience the shift from fall to winter in MN with this 7-week Make & Take class, where children and parents will explore the wonders of the changing seasons while creating crafts and activities to take home and enjoy. Designed to help young learners connect with the natural world, each session features engaging projects that highlight the beauty and transformations of the season. In addition to hands-on crafting and sensory exploration, there will be plenty of opportunities for free play and outdoor exploration, allowing children and parents to immerse themselves in the seasonal changes. Whether it's discovering the crispness of fall or the first signs of winter, the outdoors becomes a classroom of its own. In the event of inclement weather, exploration will take place indoors in the Early Childhood classroom. Limit 12

F5019B

Mondays, October 27-December 22 10-11 am

(No class Nov 3, 24)

7 week session - \$75 Kim Freiberg Montrose Early Education Center's Outdoor Classroom

Terrific Tuesdays

Ages 2 years to Grade 2, Separating



Join our ECFE staff for a family style pizza dinner from 5:30-6pm. After, parents will participate in a parent discussion group to learn, share experiences, and support one another in the journey of parenting. The children remain with a licensed

ECFE teacher for age appropriate activities. Limit 12

*Note class on Oct 7 will be held at Discovery Elementary in partnership with Community Education.

F5020

Tuesdays, September 9- December 16 5:30-7 pm (No class November 25)

14 sessions - sliding fee scale page 3

ECFE Room Danielle Stein & Stephanie Adelman



Fall Subscription Box

Ages 1 to 5 years

Enjoy the BHM ECFE classroom at your home with a seasonal subscription box. The box offers a fun, convenient, and enriching way to engage in hands-on learning and exploration. Pick up at the ECFE Fall Festival on Saturday, October 4. Alternative pick-up date is October 6 at ECFE in Montrose.

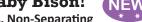
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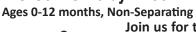
1 subscription box- \$30

ECFE at Montrose Early Education Center

Registration Opens August 26 at 9 am

Welcome Baby Bison!







Join us for this FREE class! Navigating the early months of parenthood is an adventure, and you're not alone! This free class is designed for expecting parents and those with babies up to 12 months, offering a warm, welcoming space to connect with others who are on the same path. Whether you're preparing for the arrival of your little one or adjusting to the whirlwind of

life with a newborn, this class provides an opportunity to ask questions, share experiences, and learn from both a knowledgeable parent educator and other new parents.

This class is led by a licensed ECFE Parent Educator and non-separating, meaning babies and parents stay together throughout the session-creating a natural environment for shared experiences and mutual support. Limit 12

F5022

Wednesdays, September 10-December 17
10:30-11:15 am (No class Oct 15, Nov 26)
13 sessions - FREE!
ECFE Room Kim Freiberg

Toddling Bison

Ages 12-24 months, Non-Separating

As your baby grows, so do their needs. In this class, we'll dive into toddler development - focusing on communication, motor skills, socialization, and navigating the new challenges of this exciting stage. Led by a licensed ECFE Parent Educator, this interactive, nonseparating session for children ages 12-24 months will include activities, songs and play that will engage both you and your toddler, all while reinforcing positive parenting techniques. Throughout, you'll build connections with other families and enjoy the benefit of learning in a relaxed, supportive enviornment. Come for the support, stay for the fun and leave empowered as a parent! Limit 12

F5023

Wednesdays September 10-December 17 11:15 am-12:30 pm (No class Oct 15, Nov 26) 13 sessions - FREE!

ECFE Room Stephanie Adelman

Dress for a Mess

Ages Birth to 5 years, Non-Separating

Come prepared to get messy! This class embraces the iov of messiness, allowing little ones to express themselves freely while engaging in a variety of sensory-rich activities. Join us for a delightful adventure where getting messy is not just encouraged - it's celebrated! Sensory activities could include playdough play, shaving cream, and sensory table fun. Limit 12



F5021A

Wednesdays, September 10 - October 22 9-10 am (No class October 15) 6 sessions - \$75 Kim Freiberg

Art Adventures

Ages birth to 5 years, Non-Separating

Stay and play for a bit. After playtime, celebrate the role of art in your child's devlopment and seek to nurture their creative potential through supportive and entriching art experiences. Limit 12

F5021B

Wednesdays, October 29-December 17 9-10 am (No class Nov 26)
7 sessions - \$75 session Kim Freiberg



School-Based Childcare



KidKare is... a school-based childcare program for children ages 3-12, offered through Buffalo-Hanover-Montrose Community Education. Conveniently located within your child's school, KidKare provides flexible, high-quality care Monday-Friday, 6 am - 6 pm. We offer a variety of attendance options to accommodate the needs of most families. KidKare extends your child's learning day while providing a safe, engaging, and fun environment.

KidKare KinderKids (Age 3-5)

Our KinderKids program features theme-based activities that support social-emotional development, academic readiness, art, science, and learning through play. We offer several care options, including morning-only, afternoon-only, full-day, and wrap-around care for children enrolled in Bison Preschool. (See page 5 for more information on Bison Preschool or call ECFE at 763.682.8780.)



School-Age (Grade K-6)

Our school-age program offers care before school, after school, and on early release days, with flexible scheduling options to meet your family's needs. Children can choose from a wide variety of activities including arts and crafts, science experiments, outdoor play, gym games, and more. Our program provides a structured, supportive environment where children can explore, create, and build friendships.



Non-School Days

KidKare is open most non-school weekdays and provides full-day care for enrolled children. Our dedicated staff plan engaging activities to keep kids entertained, learning, and active throughout the day. These special days may also include field trips, special events, or unique projects to enhance the experience. Whether it's a teacher workshop day or holiday break, KidKare is here to support your family's care needs.



Summer

KidKare offers a full-day summer program filled with engaging, handson experiences. We plan weekly themes that include a variety of fun and educational activities to keep kids learning, exploring, and active throughout the day. The summer schedule also includes field trips, special events and creative projects designed to make each week memorable. It's a safe, enriching environment where summer fun meets learning and friendships grow.



KidKare Staff

Our KidKare staff are carefully selected for their passion for working with children, creativity, enthusiasm, and sense of responsibility. The safety and well-being of your child is our top priority. All Site Lead Supervisors and Supervisors participate in professional development, and are certified in CPR and First Aid. We meet children where they are developmentally and strive to create a program that kids are excited to be a part of.



School-Based Childcare



Registration

Note: We are currently full with an active waitlist for the 2025-26 school year.

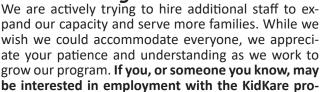
Online registration opens twice per year—once for our school-year session and once for our summer session. A priority registration window is offered to currently enrolled KidKare families before we open spots to new families. Families must reapply each session. Registrations are accepted on a first-come, first-served basis and continue until sites are full. Families on the waitlist will be contacted if space becomes available and we have the necessary staffing to accommodate additional children. You will receive an email notification when a spot becomes available, followed by a confirmation once enrollment is approved. Waitlists are reset at the end of each sesson, so families must reapply each session.

Attendance Options & Rates

KidKare offers flexible scheduling, allowing families to customize their child's attendance each week based on their needs—as long as schedules are submitted by the week prior to care. We charge a daily rate, with weekly fees automatically deducted from the payment method provided at registration.

KidKare rates can be found on our website at **bhmschools.org/kidkare-information**

We are Hiring!



gram, please contact Tiffany Lund at 763.682.8787.

More Information

- Visit **bhmschools.org/kidkare** for program details and our Parent Handbook.
- To register or be placed on a waitlist, visit bhmschools.ce.eleyo.com. Click on KidKare Program and follow the prompts.
- A \$50 non-refundable registration fee per family.
- Auto-Pay is required for all KidKare accounts.



Locations

KidKare Coordinator

Tiffany Lund

301 2nd Ave NE, Buffalo, 763.682.8787 tlund@bhmschools.org

Parkside Elementary

207 3rd St NE, Buffalo, 763.682.8746 *Serves Discovery and Parkside students

Hanover Elementary

274 LaBeaux Ave NE, Hanover, 763.682.0873

Northwinds Elementary

1111 7th Ave NW, Buffalo, 763.682.8830

Montrose Elementary School of Innovation 100 2nd St S, Montrose, 763.682.8360

Tatanka Elementary STEM School 703 8th St NE, Buffalo, 763.682.8631



Crafty Creations (Ages 5-12 years)

Get ready for some crafty fun, and artistic exploration! Kids will become origami experts as they learn how to create some adorable origami critters, discover the beauty of crystals, and even build their own loom and learn to weave. Join us for a fantastic adventure in the world of arts and crafts!

F6040

Monday, September 15-October 6 2:30-3:30 pm 4 sessions - \$90 Kidcreate Studio Discovery Center Room 202

3D Printing: Minecraft Inspired (Grades 3-7)

Learn the ins and outs of 3D printing with Tinker-CAD! Students will learn to design their own custom mobs and Minecraft-inspired creations. One design will be printed offline and mailed home. Minecraft is a Mojang Studios trademark. This class is not affiliated with them. See full class description online for home Technical Requirements.

F6084

Saturday, September 20 & 27 9-11 am 2 sessions-\$85 Tech Academy Online Class from Home

Karate (Grade K-5)

Karate is a great tool for learning self-discipline, respect for self and others, keeping fit, building confidence and character development. Trained professional instructors specialize in helping kids develop a healthy body and mind. Sign up for multiple sessions - new skills each week! Class includes a free uniform!

F6011A

Tuesdays, September 16-October 7 2:30-3:15 pm 4 sessions -\$45 Buffalo Dojo Discovery Elementary Cafeteria

F6011B

Tuesdays, October 21 - November 11 2:30-3:15 pm 4 sessions -\$45 Buffalo Dojo Discovery Elementary Cafeteria

F6011C

Tuesdays, November 18 - December 9 2:30-3:15 pm 4 sessions -\$45 Buffalo Dojo Discovery Elementary Cafeteria

F6010A

Wednesdays, September 17-October 8 2:30-3:15 pm 4 sessions -\$45 Buffalo Dojo Hanover Elementary Gym/Cafeteria

F6010B

Wednesdays, October 22-November 12 2:30-3:15 pm 4 sessions -\$45 Buffalo Dojo Hanover Elementary Gym/Cafeteria

F6010C

Wednesdays, November 19-December 102:30-3:15 pm 4 sessions -\$45 Buffalo Dojo Hanover Elementary Gym/Cafeteria

Critters & Color: Fall Art Fun

(Grades K-5)

Young artists will explore a variety of materials and techniques as they create colorful, animal-themed projects, including a mixed media squirrel collage, a cozy mouse scene with pumpkin village, and a silhouette cat at sunset. Each week brings a new project and a chance to experiment with different art styles while building confidence and having fun. All supplies included—just bring your imagination!

F6090

Tuesday, September 23, 30, October 7 2:30 - 3:30 pm 3 sessions - \$55 KidzArt Hanover Elementary Room 309



These classes held at Artistic Me. 205 5th Street NE, Buffalo. Parents may drop off their child at Artistic Me or choose to have your child meet at the Community Education office in the Discovery Center to walk with a chaperone to Artistic Me. Please call Bridget at 763.682.8733 to make arrangements. Everyone will pick up at Artistic Me.





Fall Pumpkins

Pumpkins are a great way to decorate for fall. Make your pumpkin extra special by learning some new decorating techniques

2:45-3:45 pm

2:45-4:45 pm

Tea Lights

This little tea light votive would make a great gift item or a nice addition to the family décor. This artistic piece of fused glass is made with small pieces of glass created



into a design. Note: younger artists will be done within an hour but older participants may take longer.

F6060A (Grades K-1) Thursday, September 18 1 session - \$49

F6060B (Grades 2-5)

Thursday, September 18 1 session - \$49

F6062A (Grades 1-2)

Thursday, November 6 1 session - \$49

2:45-3:45 pm

F6062B (Grades 3-5)

Thursday, November 6 1 session - \$49

2:45-4:15 pm

Glass Ornaments



ments. Using clear glass shapes, colorful glass pieces, noodles, stringers and dots. Note: younger artists will be done within an hour but older participants may take longer.

You will create 4 orna-

2:45-3:45 pm

F6063A (Grades K-2) Thursday, November 20

ments to choose from.

2:45-3:30 pm 1 session - \$42



F6061A (Grades K-2) Thursday, October 9

F6061B (Grades 3-5) Thursday, October 9

1 session - \$49

1 session - \$49

2:45-4:45 pm

F6063B (Grades 3-5)

Thursday, November 20 1 session - \$42

2:45-4:15 pm

Stand Up Snowman

Create a fun snowman using fusible glass, stringers and bits of glass for snow. This sun catcher will stand on its own with this unique stand-up design.

F6064 (Grades 3-5)

Thursday, December 11 1 session - \$55

2:45-4:45 pm





Champion Force Cheer (Ages 4-17)

This fun course will teach students popular cheers, chants, choreographed pom/dance routines, jumps, splits, parade marching techniques, and other skills that are required for school cheerleading tryouts. Improve self-confidence, physical fitness and overall coordination. Register online at erp.championforce. com/onlineregistration and use class #16325

- Thursdays, September 11-December 11
- (No class Oct 16)
- Division 1 (ages 4-6): 6 pm
- ◆ Division 2 (ages 7-9): 6:45 pm
- Division 3 (ages 10 & up): 7:30 pm
- One-time registration fee \$10 and \$9 per class (this can be paid weekly)
- Parkside Elementary Cafeteria

Children's Self-Defense (Ages 4-14) & Safety Awareness

Young Americans School of Self-Defense

Students are instructed in self-defense, emergency notifications, physical techniques and abduction safety. This program promotes self-confidence, physical fitness, personal empowerment, and respect for others. New students will earn the yellow belt and ranking students will earn advanced belts. Instructors are certified black belts trained in run, yell, tell and stranger danger curricula.

- Registration Night is September 18
- 6:30 7:30 pm
- Registration fee is \$5 per student
- Discovery Center Gym
- Classes Thursdays, September 25-December 18
- (No class Oct 16, Nov 6, 27)
- Beginners: 6:30 7:15 pm
- Intermediate/Advanced: 7:30 -8:15 pm
- Weekly class fee is \$9
- Discovery Center Cafeteria

Intro to RC Racing (Grades K-8)

Interested in RC Cars? Want to try racing them on a track? Then come join us as we explore what makes them work and get to try them out. Participants will leave with a better understanding and get some time testing out their driving skills on a few different types of RC Cars. Participants can use RC Cars provided or use their own on approval.

F6080

Monday, October 6 6-7 pm 1 session - \$25 Discovery Center East Gym

RC Car Racing (Grades K-12)

Are you a more experienced RC Racing driver? Want to drive RC Cars on a track? Then come join us and you can test your driving skills on a few different types of RC Cars. Participants can use RC Cars provided or use their own on approval.

F6081

Monday, October 6 7:15-8:15 pm 1 session - \$25 Discovery Center East Gym

Myths & Legends: Medieval Art Adventure (Grades K-5)

Journey back to the Medieval Times, where brave knights defended their lands, kings and queens ruled mighty castles, and mythical creatures roamed. Step into a world of fantasy and legend as you design your own medi-



eval kingdom map, sculpt a mythical creature from clay, create a personalized coat of arms banner, and bring a fierce dragon to life in a cave drawing. Let your imagination soar in this artistic adventure through the Middle Ages!

F6091A

Wednesday, October 8 - November 19 2:30 - 3:30 pm (no class Oct 15) 6 sessions - \$105 KidzArt Discovery Center Room 202

F6091B

Tuesday, October 14 - November 18 2:30 - 3:30 pm 6 sessions - \$105 KidzArt Hanover Elementary Room 309





Discover the World of SPANISH! (Grades K-5)

Through lively songs, games, and dynamic activities, your child will develop essential Spanish skills in a fun and supportive environment. This session, embark on an exciting journey with ¡Vamos a Viajar! (Let's Travel!) and ¡Vamos a Explorar! (Let's Explore!)— where students learn key travel phrases, order on a plane, use passports, barter at markets, and order at restaurants—all in Spanish!

¡Vamos a Viajar! (Let's Travel!)

Wednesdays, October 15 - December 10 4:15-5 pm (No class Nov 26)

8 sessions - \$150 Futura Language Professionals
Online - Live Virtual

Vamos a Viajar y Explorar

F6006 (Discounted fee for Fall and Spring)

Wednesdays, October 15 - December 10 **(No class Nov 26)**Wednesdays, February 25 - April 15 4:15-5 pm
16 sessions - \$260 Futura Language Professionals
Online - Live Virtual

Middle School Spanish Prep: Ignite your Language Journey! (Grades 6-8)

Ignite Your Language Journey is an exciting 8-week LIVE virtual Spanish class for middle school students, designed to build a strong base for future Spanish success. Students will learn advanced vocabulary, verb conjugations, and essential conversation skills through interactive lessons, games, and cultural exploration, including traditions like Hispanic Heritage Month and Día de los Muertos. Give your child the building blocks for a lifetime of Spanish learning! Online portal resources and practice tools included.

F6008A

Mondays, October 20 - December 15 3:30-4:15 pm

(No class Nov 24)

8 sessions - \$150 Futura Language Professionals

Online - Live Virtual

F6008B

Mondays, October 20 - December 15 4:45-5:30 pm

(No class Nov 24)

8 sessions - \$150 Futura Language Professionals

Online - Live Virtual

Middle School Spanish Prep: Ignite your Language Journey! (Grades 6-8)

Ignite your middle schooler's enthusiasm for Spanish with this exciting LIVE virtual class! Over two 8-week sessions, students will learn Spanish conversation basics, advanced vocabulary, and verb conjugations through interactive games and cultural stories. This engaging class sets them up for future success in Spanish while building skills they'll use for a lifetime. Online portal resources and practice tools included.

F6009A (Discounted fee for Fall and Spring)

Mondays, October 20 - December 15 **(No class Nov 24)**Mondays, February 23 - April 13 3:30-4:15 pm
16 sessions - \$260 Futura Language Professionals
Online - Live Virtual

F6009B (Discounted fee for Fall and Spring)

Mondays, October 20 - December 15 **(No class Nov 24)** Mondays, February 23 - April 13 4:45-5:30 pm 16 sessions - \$260 Futura Language Professionals Online - Live Virtual

YouTube Video Production

Shorts & Reels

(Grades 3-7)

Learn the art of producing video shorts for TikTok, You-Tube, and Instagram. Students will learn to edit videos, add motion graphics, and special effects while practicing storytelling and film production techniques. See full class description online for home Technical Requirements.

F6082

Saturday, October 11 9-11 am 1 sessions-\$45 Tech Academy Online Class from Home

Star Wars Coding (Grades 2-5) Learn to create an interactive 2D video game using

Learn to create an interactive 2D video game using your favorite Star Wars characters! Scratch is a dragand-drop creative coding platform developed by MIT. Basic computer skills are required. Star Wars is a registered trademark of Lucasfilm Ltd. LLC. This camp is not affiliated with them. See full class description online for home Technical Requirements.

F6083

Wednesday, October 22 1 session-\$35 Online Class from Home 6-7:30 pm Tech Academy



Movie Lovers Art Camp (Ages 5-12)

Ready for a camp that will bring your love of movies to life? Get ready to create miniature version of "SpongeBob's Bikini Bottom", master mini mischievous "Minions", and express themselves creatively and musically with the cast of "Sing" and many more! So, grab your popcorn and your sense of adventure we'll see you at camp! Please pack a cold lunch, nut free snack and drink for your child.

F6041

Wednesday, October 15 9 am - 3:30 pm 1 session - \$120 Kidcreate Discovery Center Room 202



Babysitting 101

(Ages 10-13)

This course is best suited for 10 to 13-year-olds interested in learning the current practices of caring for young children and how to manage their babysitting business. Students will learn safety and injury prevention, CPR, first aid basics, feeding and caring for infants and how to handle behavior problems. Students receive a reference book, handouts, babysitting bag and first aid kit. Students should bring a bag lunch and water bottle.

F6002

Friday, October 17 1 session - \$75 Discovery Center 8:30 am-4 pm Emergency Outfitters Commons B

Ghostly Goo

(Ages 5-12)

Slippery, slimy, spooky... BOO! It's Halloween, so we're making ghostly goo! Create your very own Halloween slime, then dress it up in a spooky jar to keep it in. Monsters, bats, ghosts, pumpkins and more what creepy creature will you make?

F6042

Monday, October 27 2:30-3:30 pm 1 session - \$29 Kidcreate Discovery Center Room 202



A Day with Monet

(Ages 5-12)

See the world through the eyes of Claude Monet. Beautiful bridges, water lilies and birch trees are just a few of the things that will inspire your young artist during this class. We'll learn about Claude Monet and the style of art he helped make famous as we create reproductions of Monet's masterpieces. Please pack a cold lunch, nut free snack and drink for your child.

F6043

Monday, November 3 9 am - 3:30 pm 1 session - \$120 Kidcreate **Discovery Center** Room 202

Glow in the Dark Owl

(Ages 5-12)

Get vour child ехcited about turning out the lights and going to bed! Inspired by Van Gogh's The Starry



Night, we will create a mesmerizing works of art using glow in the dark paints and glitter glue. Students will have access to a variety of art materials to imagine and create their owls complete with glow in the dark wide eyes. These projects will BRIGHTEN up their world after the lights go out at night.

F6044

Monday, November 10	2:30-3:30 pm
1 session - \$29	Kidcreate
Discovery Center	Room 202

Handmade for the Holidays No School (Ages 5-12 years)



This is your child's chance to come and create handcrafted gifts. Great gifts that mom, dad, grandma, grandpa, and of course that favorite teacher would love to receive. We'll be making picture frames, wooden trinket boxes, clay mosaics, and more in this class. What great keepsakes! Wrap them up as gifts or keep them for yourself. Please pack a cold lunch, nut free snack and drink for your child.

F6045

100-15	
Wednesday, November 26	9 am-3:30 pm
1 session - \$120	Kidcreate
Discovery Center	Room 202



Frosty Fun Art Workshop (Grades K-5)

Celebrate the magic of the season in this festive afterschool art workshop! Young artists will draw a cozy cup of hot cocoa with marshmallow friends and a gingerbread buddy, create a whimsical penguin snow globe using markers, and decorate a mini wooden sled featuring a cheerful snowman. With step-by-step instruction, students will explore drawing, coloring, and decorative painting techniques while embracing the joy of winter creativity. Perfect for all skill levels, this class is a great way to get into the holiday spirit and create artwork to treasure!

F6092A

Tuesday, December 2, 9, 16	2:30 - 3:30 pm
3 sessions - \$55	KidzArt
Hanover Elementary	Room 309

F6092B

Wednesday, December 3, 10, 17 2:30 - 3:30 pm 3 sessions - \$55 KidzArt Discovery Elementary Room 202

Santa Slime

(Ages 5-12) Welcome to Santa Slime Time, where kids get to unleash their creativity and make ooey-gooey

ing slime, students will get to decorate a festive Santa-themed jar, perfect for storing their ooey-gooey

slime! In addition to mak-



creations in. Get ready for a hands-on, sensory experience that will leave everyone feeling jolly and full of holiday cheer!

F6046

1 00 70	
Monday, December 15	2:30-3:30 pm
1 session - \$29	Kidcreate
Discovery Center	Room 202



Dino Science

(Ages 5-12)

Step into a world of prehistoric adventure with us in this science class all about dinosaurs. Young scientists will explore the exciting era of dinosaurs through fun activities and educational discoveries. We will unleash curiosity and become dino experts, all while having a ROARING good time! Please pack a nut free snack and drink for your child.

F6047

Tuesday, December 30 1 session - \$60 Discovery Center 9 am - 12 pm Kidcreate Room 202

Artsy Glow Party

(Ages 5-12)

Blacklights? Check! Glow sticks? Check! Neon art supplies to light up the night? Check and check! This class is so much fun! Come create a colorful art project using special fluorescent art materials that really glow under blacklight. After we create, we'll turn up the music, turn on the blacklights and get the glow party started. Please pack a nut free snack and drink for your child.

F6048

Tuesday, December 30 1 session - \$60 Discovery Center 1 - 4 pm Kidcreate Room 202

DNR Certified Youth Snowmobile Safety (Age 11+)

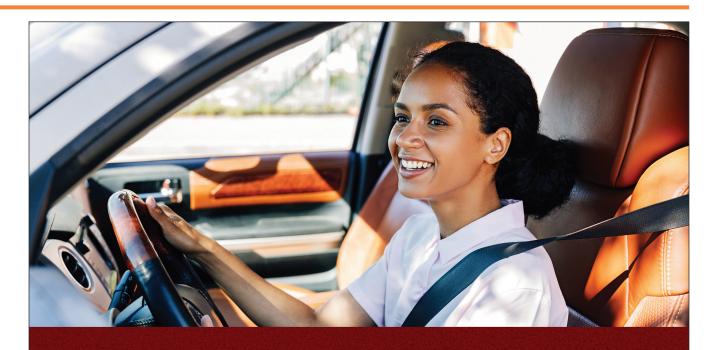
- Check-In: 8:45 am. Parents or legal guardians must be present for check-in and are encouraged to attend at least the first hour of class.
- Class Time: 9 am. Once students have completed their road course and finalized paperwork they will be ready to be picked-up. We expect pick-up will be between 1-3 pm.
- Requirements: Must be 11 years of age before class start date and have completed the online course in order to be eligible to take this class. The DNR online course can be taken at dnr.state. mn.us/safety/vehicle/snowmobile/index.html.
- Visit the DNR website for a list of things each attendee <u>MUST</u> bring to the class at dnr.state. mn.us/safety/vehicle/snowmobile/index.html
- Participants must pre-register to attend.



F6202

Saturday, December 13 1 session - \$5 Buffalo Snowriders Snowmobile Club Northwinds Elementary 8:45 am-3 pm

Cafeteria



DRIVER EDUCATION

BHM COMMUNITY EDUCATION

Register NOW for fall classes!

Fall A Session

Mondays & Wednesdays September 8 - October 8 3:35-6:35 pm 10 sessions - \$465 (Classroom & BTW) Buffalo High School

Fall B Session

Mondays & Wednesdays
October 20 - November 24 (No class Nov 3)
3:35-6:35 pm
10 sessions - \$465 (Classroom & BTW)
Buffalo High School

Our Program Includes...

- 30-hours of classroom instruction
- All classroom supplies and materials
- 6-hours of Behind-the-Wheel (BTW)
- All instruction is with a licensed teacher you can trust
- Convenient location at Buffalo High School

★ New! Online Class

We are now offering self-paced online instruction for students. You may work on the course up to 3 hours per day, any time. You have a full 90 days to complete the course, but you can complete the course in as little as 10 days.

Registration is fast and easy at **bhmschools.ce.eleyo.com** or by calling 763.682.8770

Recreation & Sports



BUFFALO GIRLS SOCCER ACADEMY GRADES 6-8



Buffalo Girls Soccer Academy offers a clear pathway to high school soccer for committed girls in grades 6–8. Designed to complement club training, this academy builds technical skill, tactical awareness, physical conditioning, and leadership. Players train with the high school team to build confidence, understanding, and readiness for the next level. Questions, contact Josh Soukup (Buffalo Girls Varsity Coach) at info@bisongirlssoccer.com or visit bisongirlssoccer.com/buffalo-girls-academy-1

Academy Program Plan:

Class F746

- November 2025 through August 2026, broken into four seasonal sessions (see below).
- \$495 for all 4 sessions (Additional fees will be collected for training kits and related items).
- (v) Session 1: Indoor Technical Training (Nov 2025-Mar 2026)

Weekly futsal-based focused on ball control, movement, and soccer-specific speed, agility, and quickness. Fridays, 3:45-5:15 pm

November 14, 21, December 5, 12, 19 January 9, 16, 23, 30, February 6, 13, 20, 27, March 6, 13 Buffalo Community Middle School Small Gym

Session 2: Character & Tactical Development (Apr–May, 2026)

Four classroom sessions paired with four intersquad scrimmages (6v6 or 8v8). 4 Fridays in April and May, TBD

Session 3: Summer Training & Intensive Camp (Jun-Jul, 2026)

Twice-weekly technical and tactical training, plus a two-day immersive camp with gameplay, team-building, and fun. Goalkeeper training included. Dates/Time - TBD

Session 4: High School Integration (Aug 2026)

Players train with the high school team to build confidence, understanding, and readiness for the next level. Dates/Time-TBD

Registration

bhmschools.ce.eleyo.com or 763.682.8770

SPONSORED BY



New! Girls 7 on 7 Flag Football (Grades 3-12)

My7on7 & BHM Community Education are excited to launch the My7on7 Girls Fall Flag Football League this September! Open to all skill levels and communities, this non-contact league focuses on fundamentals, teamwork, and fun. Athletes will build confidence, develop new skills, and enjoy friendly competition in a supportive, empowering environment. For more information about this program, visit my7on7.com. Questions? Email info@my7on7.com or Todd Lunning, Recreation Coordinator, 763.682.8176 or tlunning@bhmschools.org.



F644

Sundays, September 7-28 3-5 pm
Buffalo Middle School Football Field
\$85 Regular Rate thru August 31 at 11:59 pm
\$125 Late Registration Rate (based on availability)

To complete registration, complete both steps: Step 1: Complete Community Education Online Registration & Payment

<u>Step 2:</u> Complete My7on7 Player Info & Waiver Form at https://my7on7.sportngin.com/register/form/842953745)

Both steps are required to secure your spot. Registration is final once both steps are complete.

Ski & Snowboarding

Grades 4-5, 6-8 & 9-12



December 8, 15, 22, January 5, 12, 26 Right After School Various Packages Available

*Package price DOES NOT include transportation. Register for transportation separately.

Take the bus or choose to drive to Powder Ridge, Kimball

*Montrose Elementary students can ride the Activity Bus to Discovery Elementary after school. However, these arrangements need to be made with Vision Transportation, 763.682.3232.

Register by Monday, November 24 to get club rates and guarantee a spot on the bus! For more information and to register, visit bhmschools.ce.eleyo.com or call Community Education at 763.682.8770.

Recreation & Sports

Amazing Athletes (Ages 2.5 - 5.5 years)

Develop your child's motor skills, hand-eye coordination, cardiovascular fitness and more! Each class encompasses two different developmental sport lessons, muscle identification and fruit or vegetable introduction, using fun activities so they can build their skills, at their own pace, in a non-competitive atmosphere. The fee for each 5-week session is \$90. Class held at Discovery Center Cafeteria.

F791A

Thursdays, September 4-October 2 4:30-5:15 pm

F791B
Thursdays, September 4-October 2 5:20-6:05 pm

F791C
Thursdays, October 9-November 20 4:30-5:15 pm
(No class Oct 16, Nov 6)

F791D

Thursdays, October 9-November 20 5:20-6:05 pm (No class Oct 16, Nov 6)

F791E

Mondays, November 24-December 22 4:30-5:16 pm

F791F

Mondays, November 24-December 22 5:20-6:05 pm

Soccer Stars-Youth Soccer (Ages 3-8)

Soccer Stars offers a super fun, age specific curriculum that is crafted to improve soccer skills, build confidence, and develop socialization skills. The fee for each 5-week session is \$90.



Session 1

F692A (3–5 years) 5 - 5:30 pm F692B (6–8 years) 5:30 - 6 pm

Wednesdays, September 3 – October 1
Buffalo High School- Bison Activity Center Court 6

Session 2

F692C (3–5 years) 5 - 5:30 pm F692D (6–8 years) 5:30 - 6 pm

Wednesdays, October 8 – November 5 Buffalo High School- Bison Activity Center

Jr. Bison Fall Volleyball (Girls. Grades 3-6)

The seven week season will include practice time and matches with other teams who are coached by volunteers on Saturday mornings at the Bison Activity Center. Games/practices will be scheduled for 75 minutes each Saturday. If you can help coach, please contact Todd Lunning, Recreation Coordina-



tor, at tlunning@bhmschools.org or 763.682.8176.

F745A (Grades 5-6)

Saturdays, September 27-November 8 8:45-10 am 7 sessions - \$85 Bison Activity Center

F745B (Grades 3-4)

Saturdays, September 27- November 8 10-11:15 am 7 sessions - \$85
Bison Activity Center

BOO-ffalo Fun Run Saturday, October 25

The course starts and finishes at Buffalo High School. There are Fun Runs for children and a 5K for runners 12 and older. All participants receive a T-Shirt and are eligible for door prize drawings and costume awards. This is a fundraiser for Buffalo High School track and cross country teams.

Race day check-in/registration begins at 10 am. Awards and prize drawings at 12:45 pm.

KIDS FUN RUNS

- F760 Age 6 and younger .5 mile at 11 am
- F770 Age 7 11 1 mile at 11:30 am
- \$20/participant (Add \$5 day of race)

F780 5K RUN

- Age 12 and older at 12 pm
- \$20 (Add \$5 day of race)

Court 6

Recreation & Sports

Competetition Basketball for Boys & Girls



Monday Workouts (Grade 3-5)

These workouts are geared towards individual skill development along with short sided competitive games built within each workout.

F710A

Mondays, September 15-October 13 6-7 pm 5 sessions - \$60 Coach Ortmann Buffalo High School Main Gym & Gym 2

CO-Ed Basketball Clinic (Grade K-2)

This 2-day clinic is for our youngest players to experience the game of basketball. We will work on basketball skills with the main emphasis being on FUN!

F710B

Mondays, October 20 & 27 6-7 pm 2 sessions- \$25 Coach Ortmann Buffalo High School Gym

Jr Bison Basketball

(Boys and Girls, Grades K-6)



Registration is OPEN!

- Register online or call Community Education by Friday, November 21.
- Players practice Saturdays before their scheduled games.
- The focus of the program is on instruction of proper techniques and FUN!
- We can't have teams without coaches! Contact Todd at tlunning@bhmschools.org or 763.682.8176 to help out.

Saturday mornings (Time for each team TBD)
January 10-February 28 Bison Activity Center
8 sessions - \$110

Register by Friday, November 21

Open Gym, Pool & Walking Track Children under age 12 must be accompanied by a parent.

Bison Activity Center (Gym & Walking Track)

Monday - Thursday, 6 - 9 pm Beginning September 2 (Closed Oct 16, Nov 26, 27, Dec 24-Jan 1)

Gym: \$5/person or \$10/family Walking: \$2/person/day or purchase a walking pass

Buffalo Middle School (Gym & Pool)

Sundays, 2 - 4 pm
*Will close at 2:15 if no attendees
September 14 - December 21
(Closed Oct 12, 19, Nov 23, 30)
\$5/person or \$10/family

Montrose Elementary (*Gym*)

Wednesdays, 6 - 7:30 pm Beginning October 22 (Closed on non-school days) Free!

Pool Information

Open Swim, Lap Swim
& Open Gym

Sundays, 2 - 4 pm September 14-December 21 (Closed Oct 12, 19, Nov 23, 30)

- To help with staffing, please arrive at 2 pm. We will close at 2:15 pm if no attendees.
- Enter door #3, lower west side.
- A lap lane is designated.
- Fee for Open Swim and/or Open Gym is \$5 per person or \$10 per family. Please bring the exact amount as we may not be able to make change.

*Please check our website for pool/gym updates.

About Our Pool

- The pool is located at the Buffalo Community Middle School on Hwy 25. Enter door 3 (facing the football fields).
- Participants are responsible for their valuables.
- Appropriate swimwear is required.
- Pool depth ranges from 3 feet 6 inches to 12 feet
- An adult must accompany children if under 52 inches in height.
- The use of approved life jackets/vests and other floatations are allowed when accompanied by an adult in the water.
- Non-swimmers wishing to watch can sit in the bleacher area.
- To use the deep end of the pool, swimmers must be able to swim the width of the pool using the American Red Cross Level 3 front crawl. Swimming ability will be at lifeguard discretion.
- Children are not allowed to jump off the diving boards into the arms of an adult in the water.
- Open swim passes available at the pool or the Community Education office. 10 individual for \$40 or 10 family for \$90.

Wright County WAVE Swim Club

For more information, visit waveswimclub.com



Pool Rental

The Buffalo Community Middle School pool is available for private use any time the pool is not scheduled. Pool rental may include birthday parties, lock-ins, gym/swim activities or aquatic conditioning for sports teams. Rental rates are \$75 per hour for In- District groups or \$90 per hour for Out-of-District groups. Fee includes 2 lifeguards. For more information, contact Sheila at 763.682.8752 or sjohnso@bhmschools.org.

Clip & Save Coupon \$5 off a Sunday pool rental

Valid until 12/14/25



Lap Swimming

- Sundays, 2 4 pm during open swim
- Cost is \$5 per visit Pay at the pool
 - *Please check our website for pool updates at bhmschools.org/open-swim-information

SWIMMING LESSONS FOR KIDS

American Red Cross Learn to Swim program offers comprehensive levels to teach students how to swim skillfully and safely. The pre-requisite for each level is the successful demonstration of skills from the preceding level. Note: The shallow end of our pool is 42" deep. **Therefore, children must be 52" in height and at least 6 years old to participate in levels 1-5.** Children under 52" in height should enroll in the Preschool program. Each level of Learn to Swim includes basic water safety and helping a swimmer in distress.

Parent & Child Aquatics (6 mo to 3 yrs) \$69

Parent and child learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control. The two levels are fun-filled and introduce water safety.

- Change body position in the water
- Learn how to play safely
- Experience wearing a life jacket
- Expectation for adult supervision
- Enter and exit the water safely
- Submerge in a rhythmic pattern

Preschool Aquatics (4–5 years old) \$69

Children are taught basic aquatic safety, survival and swimming skills, while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoy social interactions with other children. As in all Swimming and Water Safety courses, your child will always know that it's safety first.

Levels 1-5 (Min. 52" Height) \$75

Level 1: Intro to Water Skills

Orient participants to the aquatic environment and help gain basic aquatic skills. Begin to develop positive attitudes and safe practices.

Level 2: Fundamental Aquatic Skills

Build basic aquatic skills, water safety and concepts learned in level 1.

Level 3: Stroke Development

Build on the skills learned in Levels 1 and 2 to help achieve basic water competency in a pool environment. Head first entry, survival floating and treading water will be covered.

Level 4: Stroke Improvement

Improve proficiency in performing swimming strokes introduced in Level 3. Skills include swimming front crawl 25 yards, breaststroke, back crawl and butterfly 15 yards.

Level 5: Stroke Refinement

Participants refine their performance of all six swimming strokes (front and back crawl, butterfly, breaststroke, elementary backstroke and sidestroke).

Registration for lessons opens online Tuesday, August 26 at 9 am

Pool is located at the Buffalo Community Middle School. Enter door 3, lower west side.

Monday Lessons

September 8, 15, 22, 29, October 6, 13, 20

6 pm	Preschool F5201M	Parent Child F5101M	Level 1
6:30 pm	Preschool F5202M	Parent Child F5102M	F5311M
7 pm	Level 2 F5321M	Level 3 F5331M	Level 4/5 F5341M



Cooking with Tess

Join Us for Cooking Online!

Full class descriptions at bhmschools.ce.eleyo.com Classes are lead by chef Tess Georgakopoulos



Ramen Revival: Transforming a Pantry Staple into a Gourmet Feast!

Ramen noodles may be humble, but with a little creativity and flair, they can be taken to a whole new level being transformed into a restaurant-worthy meal. Join Tess for this fun filled cook-along adventure and learn to turn this humble noodle into a truly special meal using high-quality proteins, fresh vibrant vegetables, and Asian pantry stables. Learn to elevate texture and taste, marinate the protein, and prepare the vegetables and how to build bold, balanced flavors by crafting a rich full- flavorful sauce. Then discover a few simple cooking techniques for layering the ingredients and the flavors to create depth, texture, and visual appeal in every serving.

F1300

Friday, September 26 5:30 - 7:30 pm 1 session - \$40 Tess Georgakopoulos

Popular Pumpkin Spice Cinnamon Rolls + Copy Cat Panera Cinnamon Crunch Bagels

Join Chef Tess in one of her newest cook-along classes as she guides you in the step-by-step creation of the softest most delicious gooey Pumpkin Spice Cinnamon Rolls enriched with real pumpkin puree and pumpkin spice both in the pillowy dough and mouthwatering filling. They will be baked to golden perfection and topped with a pumpkin spice cream cheese frosting. You will also be guided in the creation of Panera® style Cinnamon Crunch Bagels that feature a tender, chewy interior studded with cinnamon chips and a signature crackly-sweet cinnamon topping; the perfect balance of softness and crunch, and a textural dream.

F1301

Saturday, September 27 4 - 6:30 pm 1 session - \$45 Tess Georgakopoulos

Handcrafted Ravioli Workshop

Join Chef Tess in one of her newest cook-along classes where you will learn how to make delicate pasta dough from scratch, roll it and fill it with two mouthwatering fillings—spinach and three cheese for vegetarian lovers, and a savory spinach-cheese blend with Italian sausage for those who prefer a little added kick and protein. Chef Tess will guide you through the process of stuffing and shaping the ravioli step-by-step then cooking them with your favorite sauces for an authentic experience. Regardless of your culinary background, this class will empower you with the artistry and assurance to create exquisite, homemade ravioli that delight every time.

F1302

Friday, October 10 5:30-8 pm 1 session - \$45 Tess Georgakopoulos

Mardi Gras Meets Halloween!

Take a culinary trip to New Orleans this Halloween with a festive, cook-along class, that brings the flavors of Mardi Gras to life! Participants will be guided through the step-by-step process of making fresh Muffuletta bread, making a vibrant olive and veggie giardiniera-style condiment, before assembling this iconic, flavor-packed colossal sandwich. In addition, you will be absorbed in the process of how to make a full flavored, colorful King Cake, complete with festive flair & filling, and a surprise inside, and the making of warm, powdered sugar—dusted beignets as the instructor demonstrates the making of these two beloved New Orleans sweets.

F1303

Saturday, October 25 4 - 6:30 pm 1 session - \$50 Tess Georgakopoulos

Cooking with Tess

Join Us for Cooking Online!

Full class descriptions at bhmschools.ce.eleyo.com Classes are lead by chef Tess Georgakopoulos



Pastitsio, Greek Gourmet Hot Dish & Garlic Rolls!

Learn the secrets of creating a lavish Greek Hot Dish called "Pastitsio", and a divine gourmet garlic rolls, both of which are enjoyed by Greek families around the world. Pastitsio, pronounced pas-TI-tsi-o, is a delicacy in its own right. It is a culmination of layered Greek pasta, savory spiced meat sauce, and a luxurious topping of often "mile high" cheesy béchamel sauce, baked to perfection. The soft, buttery, elegantly shaped garlic bread rolls bursting with flavor will round out a perfect the meal. Tess will also share how to create her Greek Salad dressing.

F1304

Saturday, November 8 4 - 6:30 pm 1 session - \$50 Tess Georgakopoulos

Building a Festive Mediterranean Mezze / Charcuterie Board!

The word "Mezze" refers to what we all know as finger foods and dips. Learn how to bring warmth, color, and the flavors of the Mediterranean to your fall and winter gatherings. The mezze-style charcuterie board will include four delicious scratch-made dips, warmspiced, bright Greek meatballs, and handmade pita bread. Mezze boards / platters will be rounded out with an array of fresh and pickled vegetables, olives, fruit and nuts for a vibrant crowd—pleasing spread! The board, platter, or table becomes the canvas upon which we create an edible work of art!

F1305

Saturday, November 22 4 - 6:30 pm 1 session - \$50 Tess Georgakopoulos

Winter Wonderland Monster Cookies & Stuffed NYC Cookies Workshop!

First up, MONSTER COOKIE DOUGH will be used to craft two DIFFERENT types of Monster Cookies, one of which actually looks like the beloved Cookie Monster, and the other is more of a classic albeit moist, delicious, and decadent. The dough will be used to create NYC-Style stuffed cookies filled with dreamy indulgent centers like cheesecake, and fudgy brownie. Cookies will then be created using unconventional shaping and baking techniques! Tess will also demonstrate how to stuff cookies with the Viral Dubai Chocolate, and how to create her version of a most delicious Apple Crumble Stuffed NYC—style cookie.

F1306

Friday, December 5 5:30-8 pm 1 session - \$50 Tess Georgakopoulos

Principles of Pizza Making Master Class

There is so much more to pizza than the toppings and the cheese! The satisfaction of understanding how different flours, differing yeasts, different hydrations points, proofing, developing the flavor and strengthening of the dough is an ARTFORM. There is more than one type of dough, more than one type of pizza, discovering a favorite is a never-ending journey full of mouthwatering euphoria! Tess will guide you through the intricacies of crafting gourmet pizza, using her tested Principles of Pizza Making! All participants will learn how to make a wonderful Neapolitan Style Pizza comparable to the pizza made in brick ovens from gourmet pizza restaurants!

F1307

Saturday, December 13 4 - 7 pm 1 session - \$139 Tess Georgakopoulos



Calm and Gentle Yoga

This flowing yoga class links poses to create strength, flexibility and balance. Breath awareness and breathing exercises are incorporated to help remove tension and lessen stress. A well-rounded class for a wide variety of participants and ability levels – all poses can be modified to fit the individual's flexibility level, and options are given. **Bring a yoga mat or large towel.**

F1010A

Wednesdays,September 3-24 6:30 – 7:30 pm 4 sessions - \$28 Elizabeth Muellerleile Parkside Elementary Cafeteria

F1010B

Wednesdays, October 1-29 6:30 – 7:30 pm (No class Oct 15)

4 sessions - \$28 Elizabeth Muellerleile Parkside Elementary Cafeteria

F1010C

Wednesdays, November 5-19 6:30 – 7:30 pm 3 sessions - \$21 Elizabeth Muellerleile Parkside Elementary Cafeteria

F1010D

Wednesdays, December 3-17 6:30 – 7:30 pm 3 sessions - \$21 Elizabeth Muellerleile Parkside Cafeteria

On The Wright Track Model Railroad Club Fall 2025... All Aboard!

We are an HO scale group that will teach basic construction, electrical and mechanical principles. This is also a great place for artistic ideas and creativity. Club members build and apply scenery to a module that connects with other members modules which are shown at train shows in the area. **The recommended age is 12 and up but all ages are welcome.** The club leader is an experienced model railroader.

F1232

Fridays, September 12, October 3, 24, November 21,
December 5, 19 6:30-8:30 pm
6 sessions - \$30 Tim Pacel
Discovery Center Boardroom

Easy Partner Dancing

No matter the occasion, be prepared to dance! Be one of the best dancers at your event, or just have some fun dancing together at home! Try something new to add laughter & romance into your relationship!



Taking steps from classic ballroom dances, you'll learn easy to remember mini-routines, danceable to all your favorite songs including pop, blues, rock, country and more! If you think you have no rhythm and 2 left feet, this is the perfect course for you! Couples stay dancing together and singles rotate with other singles. Casual dress.

F1268

Mondays, September 15 - October 6 7-8:30 pm 4 Sessions - \$64 Deanna Constantine Discovery Center Cafeteria

Qigong

Qigong (chee-gong) is an ancient practice that promotes holistic healing through balancing and clearing your energy fields. It is a simple yet effective method to help reduce stress and help you heal physically, emotionally, and spiritually. In this introductory class, learn about Qigong and how it can enhance the quality of your life and the lives of those around you.

Saturdays, 10 am-12 pm, \$15 per session Dates are TBD. Visit our website for class details Discovery Center, Board Room, Amee Pribyl

Crystal Bowl Sound Meditation

Enjoy the relaxing sounds of crystal singing bowls for a 60-minute sound meditation session. **Bring a yoga mat and blankets to class** so you can sit or lie down on the floor and allow yourself to immerse in the soothing vibrations. This is a great end of the day class that can reduce anxiety and stress and help facilitate a restful night sleep.

Fridays, 6:30-7:30 pm, \$25 per session Dates are TBD. Visit our website for class details Discovery Center, Board Room, Amee Pribyl

Adult Conversational Spanish Beginner Part 1

Always wanted to learn or refresh your Spanish? This class focuses on building conversational skills through interactive practice. Topics include greetings, pronunciation, numbers, food, clothing, and basic grammar. You'll engage in small conversations and explore cultural insights like word origins and dialects. Zoom access and basic computer skills required.

F1258A

Mondays, October 20-December 1 6-7 pm

(No class Nov 24)

6 sessions - \$119 Futura Language Professionals

Online - Live Virtual

F1258B

Tuesdays, October 21-December 2 6-7 pm

(No class Nov 25)

6 sessions - \$119 Futura Language Professionals

Online - Live Virtual

F1258C

Wednesdays, October 22-December 3 6-7 pm

(No class Nov 26)

6 sessions - \$119 Futura Language Professionals

Online - Live Virtual

Adult Conversational Spanish Beginner Part 2

Continue your Spanish journey in Beginner Spanish Part Two! Build on conversational skills for directions, restaurants, and everyday interactions. Learn vocabulary on weather, dates, family, and key verbs like ser and tener. Explore cultural topics on food, family, and friendships. **Open to new and returning students. Zoom access and basic computer skills required.**

F1259A

Mondays, October 20-December 1 6-7 pm

(No class Nov 24)

6 sessions - \$119 Futura Language Professionals

Online - Live Virtual

F1259B

Tuesdays, October 21-December 2 6-7 pm

(No class Nov 25)

6 sessions - \$119 Futura Language Professionals

Online - Live Virtual



Adult Conversational Spanish

Intermediate Part 1

This intermediate course helps adults improve conversation skills through interactive lessons. Topics include AR verb conjugation, infinitives, future tense, prepositions, and more. Practice making plans, discussing preferences, and explore holiday traditions in Spanish-speaking countries. Open to new students and previous Beginner Spanish Part 1 and 2 conversation participants. Zoom access and basic computer skills required.

F1260

Wednesdays, October 22-December 3 6-7 pm

(No class Nov 26)

6 sessions - \$119 Futura Language Professionals

Online - Live Virtual

Adult Conversational Spanish Spanish for Travelers

Learn Spanish for travel from the comfort of home! This live, interactive course helps adults master essential phrases for greetings, dining, and directions. With Futura's engaging approach, you'll build confidence while having fun. Perfect for beginners and those with some experience. Zoom access and basic computer skills required.

F1261

Thursdays, October 23-December 4 6-7 pm

(No class Nov 27)

6 sessions - \$119 Futura Language Professionals

Online - Live Virtual



Introduction to Screenwriting for Television or Movies

In this comprehensive session, you will learn about special screenwriting terms and formats for television and the big screen. You will also learn how to plot a story, develop characters, and execute your work in the proper screenwriting format. You will discover the difference between a Treatment, a Spec Script and a Shooting Script and when to do each. And, you'll get an inside look into the business of selling your script to agents and producers. Informative handouts for future use are included in class fee.

F1200

Friday, October 3 4-6 pm 1 session - \$35 LeeAnne Krusemark Online Via Zoom

How to Start Any Home Business + 250 Home Business Ideas!

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award winning business owner, this is probably the most comprehensive business start up workshop vou will ever find. You will discover:

- more than 250 legitimate home business ideas
- mandatory legal documentation
- many ways to market your product/service
- how to take tax deductions

Informative handouts for future use are included in class fee.

F1201

Saturday, October 4 1 session - \$35 Online Via Zoom

2-4 pm LeeAnne Krusemark

Writing Short Stories: A Beginner's Guide

Writing short stories (1,000-30,000 words) helps you discover your writing voice and how to convey your ideas. You'll learn how to bring your story to life with an engaging plot, as well as character development, action, and dialogue. You'll also learn the technical parts of crafting a short story, including structure, important character moments, and progression in the story. You'll also know what to do with your short story once completed, including editing, proofing, and publishing options.

F1202

Monday, October 6 1 session - \$35 LeeAnne Krusemark Online Via Zoom

Comedy Writing: How to Be Funny on Paper and Stage

Whether you need to make a dull work presentation more lively, mix laughter with learning in the classroom, or ultimately want to write for print/ production or perform your own stand up routine, this fast-paced session will show you how to apply humor to all aspects of your life. You will learn the anatomy a joke, how to use your powers of observation to sharpen your wit, write different types of jokes, and use humor to entertain and influence people. Informative handouts for future use are included in class fee.

F1203

Thursday, October 9 4-6 pm 1 session - \$35 LeeAnne Krusemark Online Via Zoom

An Introduction to Voiceovers

Explore the craft of voiceovers! Discover current trends, opportunities and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90 minute, one-on-one, video-chat class! Upon registration you will be contacted by Voices for All to schedule your class on the day and time of your convenience.

F1219

1 session - \$49 Online Via Zoom Voices for All

4-6 pm



Save Money with Extreme Couponing!

Learn how to save \$\$\$ every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you:

 where to find all different types of coupons, even for high

ticket items

- how to find the best coupon apps and websites
- how to match coupons with sales for maximum savings

This workshop is taught by someone who has used many couponing secrets to save thousands. Informative handouts for future use are included in class fee.

F1204

Tuesday, October 14 1 session - \$35 Online Via Zoom 4-6 pm LeeAnne Krusemark

\$Monetize\$ Websites, Blogs and Social Media with Affiliate Marketing

Earn a passive monthly income from selling other

people's products by placing a merchant-provided advertisement link on your site and get a commission for every sale, click or lead. Learn where to find 1000+ free and low cost opportunities and how to avoid



scams or links that won't offer a beneficial ROI (return on investment). Learn how to find high, recurring, and second-tier commissions. You'll also learn SEO secrets to increase your site's ranking and visibility on search engines like Google. Informative handouts for future use are included in class fee.

F1205

Wednesday, October 15 1 session - \$35 Online Via Zoom 4-6 pm LeeAnne Krusemark

Instant Piano for Busy People

Learn to play piano the way professionals do-using chords. Since this class is being held online with ZOOM you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. The course is partly lecture/demonstration and partly hands-on instruction. **Topics include:**

- How chords work in a song
- How to get more out of sheet music by reading less
- How to form the three main types of chords
- How to handle different keys and time signatures
- How to avoid "counting"
- How to simplify over 12,000 complex chords

F1112

Monday, November 24 1 session - \$69 Online via Zoom 6:30-9:30 pm Craig Coffman



Instant Guitar for Busy People

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with ZOOM, you will be able to sit at home with your guitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. **Topics include:**

- How chords work in a song
- How to form the three main types of chords
- How to tune your guitar
- Basic strumming patterns
- How to buy a good guitar (things to avoid)
- How to play along with simple tunes

F1113

Tuesday, November 25 1 session - \$69 Online via Zoom 6:30-9:30 pm Craig Coffman

Medicare 101: The Basics

This educational class is suitable for anyone who is or will become Medicare eligible soon and will help answer questions including: What if I'm going to continue working after I turn 65? How is my spouse affected by my enrollment? What is Original Medicare? What is the difference between a Medicare Supplement Plan and a Medicare Advantage Plan, and how do they work with Original Medicare? What about my prescriptions? How do I enroll in Medicare, and when should I do it? What if I don't enroll? How might my HSA impact my Medicare decision-making?

Decide When to Start Social Security

As you approach retirement, it is more important than ever to understand the role that Social Security benefits can and should play in your overall retirement income plan. Join us for an overview of how social security benefits work for you and your spouse, when and how to start receiving benefits and opportunities to increase your benefits throughout retirement.

F1214

Tuesday, October 21 6:30-7:30 pm 1 session - \$15 Thomas Scheck Discovery Center DO Conference Room

F1213A

Tuesday, September 16 5:30-6:30 pm 1 session - \$0 Natalie McClory Discovery Center Conference Room

F1213B

Tuesday, October 14 5:30-6:30 pm 1 session - \$0 Natalie McClory Discovery Center Room M3

F1213B

Tuesday, November 18 5:30-6:30 pm 1 session - \$0 Natalie McClory Discovery Center ConferenceRoom

Savvy Social Security

This workshop covers strategies for maximizing your Social Security benefits, including five factors to consider when deciding when to apply for benefits, how to minimize taxes on Social Security benefits, and how to coordinate Social Security with your other sources of retirement income.

F1216

Tuesday, September 30
6:30-7:30 pm
1 session - \$15
Discovery Center

Justin Bettinger
Conference Room

4 Hour Course: Defensive Driving

Improve your driving skills, and if you're 55 or older, get a discount on your personal auto insurance! The Defensive Driving Course teaches basic crash prevention techniques and has a proven record of reducing traffic violations and incidents. It's taught by experienced, traffic safety instructors, including current and former law enforcement. The class consists of lecture, films and discussions. There is no behind-the-wheel driving. All participants can now take a 4-hour program as their initial training. 8-hours is no longer be a requirement.

F1115A

Thursday, October 23 5-9 pm 1 session - \$35 Minnesota Safety Council Discovery Center Board Room

F1115B

Thursday, December 11 1-5 pm 1 session - \$35 Minnesota Safety Council Discovery Center Board Room

Taxes in Retirement

Description: You must pay taxes, but don't leave the IRS a tip! Understanding tax strategies and managing your tax bill are important for your financial well-being. Ignoring the tax consequences to your specific situation may result in paying more than you need to. Whether it's determining where to save for retirement, how to create a tax efficient retirement paycheck or how to pass wealth to future generations, with careful and consistent planning you can potentially reduce your lifetime tax bill.

F1215

Tuesday, October 14 6:30-7:30 pm 1 session - \$15 Thomas Scheck Discovery Center Room M3

Get on the Bus DAY TRIPS



Stillwater Day Trip Saturday, October 4

Spend the day in Stillwater with us! Take in the fall colors, shop downtown shops and browse the fall art festival. Then cruise down the St. Croix if you choose! Walking is required with both options. Wear comfortable shoes.

Option 1: F1000A - \$60

Art Festival, Fall Colors and Shop (NO cruise, Lunch on your own) Food items are available in the park

Food items are available in the park or walk uptown to various shops and eateries.

Option 2: F1000B - \$110

St. Croix Cruise and Lunch, Fall Colors, Art Festival, and Shopping

Trip Details:

- Bus departs Discovery Center, door 1, at 8:30 am
- Bus returns approx 5:30 pm
- The fee also includes motorcoach transportation and chaperone
- Deadline to register is Sept 25



A Christmas Carol at Sidekick Theatre Thursday, December 4

A wonderfully fresh look at the story of Ebenezer Scrooge and the ghostly visits he receives one Christmas Eve, this new musical rendition of the beloved Christmas tale is sure to provide a memorable experience for audiences of all ages. Narrated and accompanied by Brian Pierce as Jacob Marley and featuring some of the most talented performers and musicians in the Twin Cities, this magical production blends music, storytelling, humor, and a joyous holiday spirit. The lunch menu is: Creamy Chicken Breast, Roasted Red Potatoes, Glazed Carrots, Coleslaw, Dinner Rolls, Assorted Dessert, Coffee, Decaffeinated Coffee and Hot Tea.

F1001

- Bus departs Discovery Center, door 1, at 10:15 am
- Bus returns approx 4 pm
- The \$109 fee includes motorcoach transportation, show ticket, lunch and chaperone
- Deadline to register is Nov 20

Adults with Disabilities (Age 16+)

ABOUTUS

Opening Doors activities and classes are designed and adapted for adults with cognitive and physical disabilities.

Participants can:

Discover New Skills

Arts ~ Crafts ~ Cooking

Explore the Community

Outings ~ Theater ~ Sporting Events

Socialize and Meet People

BINGO ~ Games ~ Bowling & Pizza

The Opening Doors Program offers activities and classes in the school districts of Buffalo-Hanover-Montrose, Becker, Big Lake, Howard Lake-Waverly-Winsted and Monticello.

Looking beyond disabilities... Focusing on abilities!

◆ will open September 1 ★

Fall Highlights



Bingo & Pizza Nights

Various dates & locations, 6-7:30 pm



Halloween Dance, October 26

Discovery Elementary Gym, Buffalo, 4-6 pm



Holiday Dance, December 21

Discovery Elementary Gym, Buffalo, 3-5 pm



The Winter/Spring Opening Doors catalog will be available the beginning of January. We would love to add you to the mailing list. Call Community Education at 763.682.8770 to receive our catalog.

To learn more about *Opening Doors* or to register for classes and activities, visit us at **bhmschools.ce.eleyo.com** or call 763.682.8770.

To request the current Opening Doors catalog, call Community Education at 763.682.8770.

Sheila Johnson, Program Coordinator sjohnso@bhmschools.org 763.682.8752



Halloween Dance

Holiday Concert

Holiday Dance

Adults with Disabilities (Age 16+)

Opening Doors classes in Buffalo

Registration for classes opens September 1
To view classes in our other communities, visit our website
bhmschools.ce.eleyo.com (View All Programs and select Opening Doors)

Fall Bingo

Mark your social calendar for fun games of Bingo with fabulous prizes and a slice of pizza.

F300B	TH, Sept 25	6-7:30 pm	\$10
F301B	Tue, Oct 14	6-7:30 pm	\$10
F302B	Mon, Nov 24	6-7:30 pm	\$10

Sweet & Savory Snack Bites

We will use soft, delicious King's Hawaiian rolls and mini cocktail sausages to make a simple snack that's perfect for fall football parties or anytime.

F316B

Thursday September 11	6-7 pm
1 session - \$9	
Discovery Center	Room M3

Peanut Butter & Jelly Spider Treats

Create silly spider treats using peanut butter, jelly, crackers, and pretzel legs. Each "spider" is a tasty combination of sweet and salty!

F323B

Thursday October 2	6-7 pm
1 session - \$9	
Buffalo, Discovery Center	Room M3

Halloween Dance

Get ready to move and groove with spooky friends! Music provided by Roger from the scene. Festive tricks, treats and fun included.

F305B

Sunday October 26	4-6 pm
1 session - \$9	
Buffalo Discovery Center	Gym

No Bake Pumpkin Pie

Enjoy an evening with your friends as we prepare this delicious treat for the holidays. Everyone gets a whole pie to take home, plus a sample to eat in class.

F319B

Wednesday November 5	6-7 pm
1 session - \$9	
Discovery Center	Room M3

Toilet Paper Pumpkins

Use a variety of Autumn colored fabric to form a decorative pumpkin. We will have a fall treat to eat after.

F311B

Monday November 17	6-7 pm
1 session - \$9	
Discovery Center	Room M3

Festival of Trees

Enjoy a winter wonderland of more than 50 individually themed trees. A snack will be provided.

F306B

Thursday, December 4	5:45-7 pm
1 session - \$3	
Wright County Heritage Center	

Christmas Trees

We'll turn a simple clothespin into an adorable Christmas tree ornament using pom-poms, pipe cleaners, and a dash of creativity.

F314B

Monday December 8	6-7 pm
1 session - \$9	
Discovery Center	Room M3

Holiday Concert

Join us to hear the beautiful "Sounds of the Season".

F315B

Monday, December 15	4:30-6:30 pm
1 session - \$3	
Buffalo High School Performing Arts	Center, Door 6

Holiday Dinner & Dance

Please call Community Education between November 1-30 with names, updated contact information and any dietary restrictions. When you check in at the door, all names must be on our roster.

F307B

Sunday December 21	3-5 pm
Free, but call to reserve your spot	
Discovery Center	Gym

Adult Education & GED



FREE CLASSES

English Language Classes General Education Diploma

Adult Basic Education

ADULT BASIC EDUCATION

INTERESTED IN TAKING FREE ADULT EDUCATION CLASSES?

Let us support your educational journey toward achieving your life goals. Whether you want to improve your basic literacy skills (English-ESL, reading, and math), enhance digital skills (computer skills), earn your GED, or prepare for college and career success, we're here to help! Start anytime, classes are ongoing. WEST ABE, part of the MN Community Education, has been the local educational provider for adult learners in Wright County and beyond since 1996. Must be 17 and older, not enrolled in high school, and in need of basic educational skills.

More Information



Terrisa at 763.682.8509



bhmschools.org/adult-programs



tfisher@bhmschools.org



SCAN ME

See you soon!

the form and we will reach out

to you as soon as possible.

Adult Education & GED

We Are ABE

Buffalo Adult Basic Education classes meet at Discovery Elementary, 301 2nd Ave NE, Buffalo. All adult basic education classes are FREE. Study materials are also FREE – including textbooks, workbooks, online learning platforms, and GED practice tests. Some textbooks may be purchased in certain situations. Call 682.763.8509 or email tfisher@bhmschools.org for more information.

Academic Open Lab

ABE helps adult learners aquire or improve their math, reading or writing skills for the GED test, college entrance or employment.

Open Lab time is free!

- Begins Tuesday, September 2
- Mondays & Wednesdays, from 1:30-4 pm
- Tuesdays & Thursdays, from 6-8:30 pm
- Discovery Elementary, 301 2nd Ave NE, Buffalo, MN
- Closed same days as BHM Schools. Closed in August
- For more information, call 763.682.8509 or drop in.

Get Your GED



Each June, adult learners from several adult basic education sites around Wright County come together to be recognized for earning their General Education Development (GED) certificates. Be one of these graduates in 2025!

To get started, call Terrisa in Buffalo at 763.682.8509 or the WEST ABE manager at 763.272.2040 to locate a program near you.

English Language Class

In this welcoming environment, classes meet the needs of people whose native language is other than English, including recent immigrants, refugees, migrant workers, permanent residents and citizens. In-person classes provide opportunities for reading, writing, listening and speaking practice, at all skill levels. Classes are free!

- Tuesdays & Thursdays, from 6-8:30 pm.
- Discovery Elementary, 301 2nd AVE NE, Buffalo.
- Closed same days as BHM Schools.
- Classes held through July 31, then restart after Labor Day in September. Closed August.
- Questions, call Elizabeth at 763.682.8507 or drop in.

WHAT: Family Learning Program

- 1) parent & child time with childhood experts
- 2) parents with a parenting specialist
- 3) parents work on their own learning goals with a teacher of adults- study for GED or English language for example.

WHO: Any parent with a child(ren), 6 months to kindergarten age, U.S. born or immigrants - all are welcome.

WHERE: Discovery Elementary/ECFE, 301 2nd AVE NE, Buffalo.

WHEN: Tuesdays and Thursdays, 10 am-2 pm, September through May.



WHY: Family Learning is an interesting, fun, and friendly place where parents gain information about the upbringing and development of children. In turn, children social skills while participating in different activities such as playing, drawing, painting, music, dancing and making crafts which help to develop children's creativity, imagination, and school readiness.

HOW: Call Terrisa at **763.682.8509** or ECFE at **763.682.8780**.

Allina Health - Buffalo



Community Health Programs

Buffalo Hospital invites you to participate in one of our free classes, events and support groups this Fall by calling 763.684.7025 for more information.



303 Catlin Street, Highway 25 N., Buffalo, MN 55313

WELLNESS COACHING

Are you ready to improve your health, enhance your life balance and make lasting changes? The Health and Wellness Coaches have the training and experience to help you succeed. Common areas of focus include exercise, nutrition, sleep, and stress. Individual coaching includes appointments in person, over the phone or both. In-person coaching is available at Buffalo Hospital.

FREE STROKE SUPPORT GROUP

The Stroke Support Group provides encouragement and guidance for stroke, brain injury and head injury survivors and their loved ones, helping them to cope with physical, lifestyle and relationship changes following stroke or injury. Second Tuesday of every month, 1-2 pm, Buffalo Hospital Conference Center.

BETTER BREATHERS CLUB (COPD Support Group)

Helps patients suffering with chronic lung diseases, such as chronic bronchitis, emphysema, and asthma known as COPD (Chronic Obstructive Pulmonary Disease) get support from others through education, encouragement and fellowship. First Monday of every month, 1:30-3 pm, Willow Room (enter through Heart Center) at Buffalo Hospital. Call 763-684-3872 for more information.

THRIVING WITH CHRONIC PAIN WORKSHOP Thursdays, October 16 - November 6, 1-2 pm Conference Room D or Virtual via Microsoft

Teams

This class is designed for people who have a diagnosis of chronic pain, offering strategies for dealing with their symptoms.

HEALTHY EATING FOR BETTER HEALTH Thursdays, September 5-October 10, 12-1 pm Conference Room D and via Microsoft Teams.

This program is for people who want to learn more about how nutrition and lifestyle changes can promote better health. Class includes how to read nutrition labels, cooking skills, new information about the latest changes in the nutritional world and take a grocery store tour!

BABY CAFÉ

A family-friendly drop-in breastfeeding support group. Every Wednesday, 10 am-12 pm at the Wright County Historical Society/Heritage Society, 763-684-7630. FREE!

BIRTH CENTER TOUR

Tour our labor and delivery rooms, postpartum rooms, and nursery before the arrival of your baby. Thursday tours meet 6:30-7:30 pm, September 4, October 2, November 6 and December 4. FREE!

BUFFALO HOSPITAL GIFT SHOP

Shop the Buffalo Hospital Gift Shop and give back to your community. Your purchases go toward scholarships for high school students pursuing a career in health care.

Information about Buffalo Hospital Education programs, call 763.684.7025

City of Hanover & City of Montrose



Are you looking for a fun and meaningful way to give back to your community? Join the City of Hanover's Adopt-a-Park Program! Individuals, families, businesses, and local groups can "adopt" one of Hanover's parks and commit to a simple monthly clean-up.

Pick up litter

Check playground equipment



🎊 Keep our parks safe, clean & inviting



Supplies provided by the City!

Just once a month is all it takes to make a BIG difference! Sign up today at hanovermn.org or call City Hall at 763.497.3777.

Let's work together to keep our parks shining!







City of Buffalo



City of Buffalo & Wright County Parks





Great River Regional Library



18 NW Lake Blvd

Buffalo, MN 55313

10:00 - 2:00

Race to the Library

We're challenging students to see how many visits their school can make to the library throughout the month of September. Each time you visit the library to look at materials or check something out; receive a sticker to place next to your school's name. For grades kindergarten to 12 th grade, including homeschoolers. Month of September During library open hours

Register? Questions? 763.682.2753

Teen Book Share Club Bring any book each month, discuss with the group, and discover new favorites. For ages

5:00 to 6:00 p.m.

Fall Preschool Storytime

Each storytime will engage children's curiosity, while developing important literacy skills and fostering a life-long love of reading and learning. Books are selected for developmental ages 3 to 6, but all ages welcome. Sponsored by Friends of the Buffalo Library.

Wednesdays, Sept. 10, 17, & 24, and Oct. 1, 8, 15, 22, & 29 10:30 to 11:30 a.m.

Adult Book Club

Enjoy discussion of a book from GRRL Book Club Kit Collection each month. Bring your own suggestions for future book club discussions!

Request more information and check out this month's book at the Buffalo Circulation Desk. For adults. Limit 15.

Thursdays, Sept. 18 and Oct. 16 6:30 to 7:30 p.m.

Family Movie Night-Coco Grab the whole family and join us for movie night at the library! Dress in comfy clothes and grab a blanket or pillow. Free popcorn will be people attending. Sponsored by Friends of the Buffalo Tuesday, Oct. 21 6:00 to 7:30 p.m.

The place to dream, believe and achieve



Top 10

Why attend BHM?

- **1.** BHM Schools provides *regionally unmatched opportunities* in academics, arts and activities.
- **2.** The comprehensive PreK-12 Portrait of a Graduate provides a *clear framework of skills* students will develop at every level of their education in BHM Schools, emphasizing rigorous academics, opportunity knowledge and student agency.
- **3.** BHS offers nearly 40 College in the Schools courses, *more than double* any other high school in Wright County or the Lake Conference. In all, 86.5% of the Class of 2025 graduated with credits on a college transcript, and annual family savings for college tuition equals nearly \$2 million.
- **4.** The unique Quest program is available to *nurture* and challenge gifted and talented students, some of whom regularly go on to become National Merit scholars.
- **5.** The district has *award-winning arts programs*, including band, choir, orchestra and theatre.

- **6.** BHS is home to *nationally recognized* FFA, journalism and BPA programs, and perennial state-level Knowledge Bowl and Mock Trial teams.
- **7.** Our *highly rated* preschool programs feed into the elementary level, where families can choose from their excellent neighborhood schools or pick locations with multi-age looping, a STEM emphasis or a STEAM focus.
- **8.** Many of our outstanding staff members have been recognized as *leaders in their field* at the state and national levels.
- **9.** Active community support is evident through career days, mentorship programs, AVID tutors, financial support and more.
- **10.** College and career opportunities are highlighted from elementary through high school, showing students where their learning can lead and *equipping them to dream, believe and achieve*.

Facility Use

BHM Schools - Facility Use

Buffalo-Hanover-Montrose Schools is proud to open our doors to the community. Our schools, gyms, fields, and meeting spaces are valuable resources that we're committed to making accessible for youth programs, community groups, organizations, and residents.

To make reserving and using our spaces easier, faster, and more convenient, we are transitioning to a new online reservation system – Eleyo. This modern platform will streamline how facility use requests are submitted, approved, and managed.

What's New with Eleyo?

- 24/7 Online Access Reserve school facilities anytime, anywhere.
- Real-Time Availability See open dates and times instantly, no more back-andforth.
- Faster Approvals Requests move through the system more quickly and efficiently.
- Secure Online Payments Convenient payment options right in the system.
- Mobile-Friendly Works on your phone, tablet, or computer.

Why This Matters for You

Whether you're organizing a youth sports league, hosting a community meeting, or planning a special event, Eleyo makes it easier to find and reserve the right space for your needs. This new system ensures transparency, efficiency, and better communication—so you can focus on your event instead of paperwork.

We're excited to make this transition and believe Eleyo will make accessing BHM facilities smoother and more user-friendly than ever. More details and instructions for using the new system will be available soon on our website.

Questions about reserving a space?

Coordinator

Sheila Johnson

Phone

763.682.8752

Coming this year!



BHM School Locations

Buffalo Community Middle School 1300 Hwy 25 N, Buffalo, MN 55313

Buffalo High School 877 Bison Blvd, Buffalo, MN 55313

Discovery Elementary School 301 2nd Ave, NE, Buffalo, MN 55313

Hanover Elementary School 274 LaBeaux Ave NE, Hanover, MN 55341

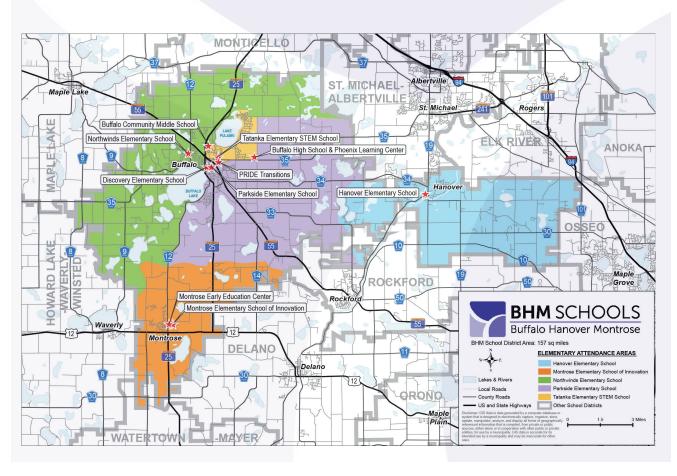
Montrose Early Education Center 115 2nd St S, Montrose, MN 55363 Montrose Elementary School of Innovation 100 2nd St S, Montrose, MN 55363

Northwinds Elementary School 1111 7th Ave NW, Buffalo, MN 55313

Parkside Elementary School 207 3rd St NE, Buffalo, MN 55313

PRIDE Transitions 800 8th St NE, Buffalo, MN 55313

Tatanka Elementary STEM School 703 8th St NE, Buffalo, MN 55313





301 NE 2nd Ave, Buffalo, MN 55313 763.682.8770 bhmschools.org

The place to dream, believe and achieve.

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*****ECRWSS**
Resident, School District 877
Buffalo-Hanover-Montrose Schools

Bring Your Family!

Touch-A-Truck

Friday, September 26, 10 am-1 pm Great River Regional Library 18 Lake Blvd NW, Buffalo



Stop in at the Library and take your picture in one of the big trucks!

FREE and open to the public!

Co-sponsored by GRRL Buffalo, the City of Buffalo, Buffalo-Hanover-Montrose Schools Early Childhood Family Education and Buffalo Community Center.

ECFE Fall Festival

Saturday, October 4 10 am-12:30 pm Sturges Park, Buffalo

Celebrate the autumn season with ECFE at this **FREE** event. A variety of fall-themed activities and games for families to enjoy.

Plus, meet the ECFE team!

Questions? Call ECFE at 763.682.8780

