Catch a free meal!



Free meals this summer for all kids age 18 and under! SUMMER FOOD PROGRAM

June 12 – August 23



AUGUST 2019				
Monday	Tuesday	Wednesday	Thursday	Friday
7/29 <u>Breakfast</u> Snack Bread	7/30 <u>Breakfast</u> Breakfast Pizza	7/31 <u>Breakfast</u> Long John	8/1 Breakfast Homemade Muffin & Yogurt	8/2 Breakfast Cinnamon Roll
Lunch Chicken Patty Sandwich w/Seasoned Potato Wedges	<u>Lunch</u> Spaghetti w/Meat Sauce, Garlic Toast & Caesar Salad	<u>Lunch</u> French Toast Sticks OR Cereal w/Scrambled Eggs & Fruit Juice	<u>Lunch</u> Taco in a Bag w/Fresh Fixings	Lunch Teriyaki Chicken, Seasoned Brown Rice, Steamed Broccoli & Fortune Cookie
8/5 Breakfast Toaster Pastry	8/6 <u>Breakfast</u> Mini Pancakes	8/7 Breakfast Whole Grain Banana Bread	8/8 Breakfast Egg & Cheese Breakfast Sandwich	8/9 Breakfast Breakfast Bar & Yogurt
<u>Lunch</u> Personal Pan Pizza w/Sorbet	<u>Lunch</u> Burger Bar w/Fresh Fixings & Curly Fries	<u>Lunch</u> Beef or Chicken Super Nachos w/Fresh Fixings	<u>Lunch</u> Deli Sandwich w/Sun Chips & Rice Krispie Bar	Lunch Pancakes & Fruit Toppings or Cereal & Yogurt Served w/Hashbrown
8/12	8/13	8/14	8/15	Wedge & Fruit Juice
Breakfast Snack Bread	Breakfast Breakfast Pizza	Breakfast Whole Grain Long John	Breakfast Homemade Muffin & Yogurt	Breakfast Cinnamon Roll
Lunch BBQ Chicken Sandwich, Baked Cheetos & Cookie	<u>Lunch</u> Mini Corn Dogs, Baked Beans & Tator Tots	<u>Lunch</u> Chicken Bites w/Mashed Potatoes, Gravy & Dinner Roll	Lunch Garlic Cheese Bread w/Marinara Sauce & Fruit Crisp	Lunch Waffle Sticks or Cereal Served w/ Sausage & Fruit Juice
8/19 Breakfast Toaster Pastry	8/20 Breakfast Mini Pancakes	8/21 Breakfast Whole Grain Banana Bread	8/22 Breakfast Egg & Cheese Breakfast Sandwich	8/23 Breakfast Breakfast Bar & Yogurt
Lunch Teriyaki Chicken, Seasoned Brown Rice, Steamed Broccoli & Fortune Cookie	Lunch Spaghetti w/Meat Sauce, Garlic Toast & Caesar Salad	Lunch French Toast Sticks or Cereal Served w/ Scrambled Eggs & Fruit Juice	<u>Lunch</u> Taco in a Bag w/Fresh Fixings	Lunch Chicken Patty Sandwich w/Seasoned Potato Wedges

Discovery Elementary 301 2nd Ave NE Buffalo

Montrose Elementary 100 2nd St S Montrose Northwinds Elementary 1111 7th Ave NW Buffalo

Adults are welcome to eat with their children.

Adult Breakfast: \$2.50

Adult Lunch: \$4.25

QUESTIONS:

763-682-8477