

# Catch a free meal!



Free meals this summer for all kids age 18 and under and individuals 19 and over with state-defined mental or physical disabilities who participate in school programs.

## BHM SCHOOLS SUMMER MEALS



### AUGUST 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<b>8/3</b> <u>Breakfast</u> Cereal  <u>Lunch</u> Uncrustable	<b>8/4</b> <u>Breakfast</u> Mini Pancakes  <u>Lunch</u> Chicken Bites Bison Box w/Cookie	<b>8/5</b> <u>Breakfast</u> Whole Grain Donut  <u>Lunch</u> French Bread Pizza*	<b>8/6</b> <u>Breakfast</u> Muffin & Yogurt and Pancake/Sausage on a Stick*  <u>Lunch</u> Nacho Bison Box and Mini corndogs w/Tator Tots*	<b>8/7</b> SUMMER FOOD SITES CLOSED
<b>8/10</b> <u>Breakfast</u> Breakfast Bar  <u>Lunch</u> Cheeseburger	<b>8/11</b> <u>Breakfast</u> Cinnamon Roll  <u>Lunch</u> Pizza Bison Box w/Rice Krispie Treat	<b>8/12</b> <u>Breakfast</u> Whole Grain Bagel  <u>Lunch</u> Hot Dog on a Bun*	<b>8/13</b> <u>Breakfast</u> Muffin & Yogurt and Fruit Smoothie  <u>Lunch</u> Chicken Wrap Bison Box and Chicken Tenders w/Mashed Potatoes*	<b>8/14</b> SUMMER FOOD SITES CLOSED
<b>8/17</b> <u>Breakfast</u> Cereal  <u>Lunch</u> Chicken Patty Sandwich	<b>8/18</b> <u>Breakfast</u> Mini Pancakes  <u>Lunch</u> Uncrustable w/Chips	<b>8/19</b> <u>Breakfast</u> Whole Grain Donut  <u>Lunch</u> Pasta w/Meat Sauce & Garlic Bread*	<b>8/20</b> <u>Breakfast</u> Muffin & Yogurt and Pancake/Sausage on a Stick*  <u>Lunch</u> Nacho Bison Box and French Toast Sticks w/Sausage & Hashbrown*	<b>8/21</b> SUMMER FOOD SITES CLOSED
<b>8/24</b> <u>Breakfast</u> Breakfast Bar  <u>Lunch</u> Pizza	<b>8/25</b> <u>Breakfast</u> Cinnamon Roll  <u>Lunch</u> Deli Sandwich w/Cookie	<b>8/26</b> <u>Breakfast</u> Brekkie Cookie  <u>Lunch</u> Chicken Alfredo w/Garlic Breadstick*	<b>8/27</b> <u>Breakfast</u> Muffin & Yogurt and Chocolate Chip Bread  <u>Lunch</u> Meat, Cheese & Cracker Bison Box and Cheese-Filled Breadstick w/Marinara Sauce*	<b>8/28</b> SUMMER FOOD SITES CLOSED

\*These meals may require some heating at home prior to consumption.

Meals are served with a variety of fruits, vegetables and a choice of milk.

**MONDAY-WEDNESDAY: Children will receive 1 lunch and 1 breakfast.**

**THURSDAY: Children will receive 2 lunches and 2 breakfasts.**

**FRIDAY: BHM SCHOOLS SUMMER FOOD SITES WILL BE CLOSED**

**Curbside meal pick-up is available Monday through Thursday from 11:00 – 1:00 at the front doors of the following locations (unless otherwise noted):**

**HANOVER ELEMENTARY – 274 Labeaux Avenue NE, Hanover**

**MONTROSE ELEMENTARY – 100 2<sup>nd</sup> Street South, Montrose**

**NORTHWINDS ELEMENTARY – 1111 7<sup>th</sup> Avenue NW, Buffalo**

**TATANKA ELEMENTARY – 703 8<sup>th</sup> Street NE, Buffalo**

**PARKSIDE ELEMENTARY – 207 3<sup>rd</sup> Street NE, Buffalo (northwest corner of the school)**

**ADULT MEALS ARE AVAILABLE FOR PURCHASE**

**Adult Breakfast: \$2.50      Adult Lunch: \$4.25**

**Exact change will be required for adult meal purchases.**

**No pre-registration is required for these meals. Children are not required to be present when meals are picked up.**

**This program is solely for the pick-up of meals and meals will not be consumed on-site. We encourage families to continue to be proactive in reducing the risk of COVID-19 by not congregating at the school site once meals have been distributed.**

**Questions??? [abarkley@bhmschools.org](mailto:abarkley@bhmschools.org)**